

1.- 100 m Braza Feminino (TIM)

2023-12-03 10:00

ABSO_F

1	1093459	FRANCO CAL, Alba	91	CFVLUGO	1:23.31	0.0
	50 m:	100 m:	1:23.31	1:23.31		
2	1037173	GONZALEZ BLANCO, Patricia	00	MOLEMOS	1:26.41	0.0
	50 m:	100 m:	1:26.41	1:26.41		
3	1037951	SOILAN FERNANDEZ, Raquel	01	CFVLUGO	1:31.60	0.0
	50 m:	100 m:	1:31.60	1:31.60		
4	1038199	SABUZ FORNEIRO, Andrea	98	POURENSE	1:34.47	0.0
	50 m:	100 m:	1:34.47	1:34.47		
5	1238682	BARCA PENSADO, Maria	96	ADFOGAR	1:37.51	0.0
	50 m:	100 m:	1:37.51	1:37.51		
6	1143598	MIRA VAZQUEZ, Marta	81	ESCUALOS	1:38.12	0.0
	50 m:	100 m:	1:38.12	1:38.12		
7	1115644	FERNÁNDEZ JUAN, María	98	CIDSANTI	1:40.16	0.0
	50 m:	100 m:	1:40.16	1:40.16		
8	1244421	DE MARTIN MIGUEL, Ana Asunción	80	ESCUALOS	1:41.23	0.0
	50 m:	100 m:	1:41.23	1:41.23		
9	1228048	ALVAREZ SOUTO, Claudia	01	ESCUALOS	1:44.45	0.0
	50 m:	100 m:	1:44.45	1:44.45		
10	1191499	GONZALEZ MACIA, Alba	94	MOLEMOS	1:48.41	0.0
	50 m:	100 m:	1:48.41	1:48.41		
11	1141313	MIRA VAZQUEZ, Paula	86	ESCUALOS	1:51.34	0.0
	50 m:	100 m:	1:51.34	1:51.34		
12	1189938	LOPEZ RODRIGUEZ, Adela Elena	68	POURENSE	1:52.59	0.0
	50 m:	100 m:	1:52.59	1:52.59		
13	1143230	HAGEN, Grit	83	VALDEORR	1:52.94	0.0
	50 m:	100 m:	1:52.94	1:52.94		
14	1037939	CASTRO MAESTRE, Isaura	69	CFVLUGO	1:53.71	0.0
	50 m:	100 m:	1:53.71	1:53.71		
15	1204918	MARTINEZ GARCIA, Susana	91	MOLEMOS	1:54.28	0.0
	50 m:	100 m:	1:54.28	1:54.28		
16	1143898	GONZALEZ FERNANDEZ, Coral.M	87	ESCUALOS	1:54.50	0.0
	50 m:	100 m:	1:54.50	1:54.50		
17	1141514	DEIRA BARCALA, Silvia	74	ARZUA	1:57.66	0.0
	50 m:	100 m:	1:57.66	1:57.66		
18	1207084	MAZAIRO CASTRO, Carmen	73	ESCUALOS	2:00.22	0.0
	50 m:	100 m:	2:00.22	2:00.22		

19	1127105	PEREIRA ALONSO, Isabel	61	ADFOGAR	2:00.65	0.0
	50 m:	100 m: 2:00.65 2:00.65				
20	1202971	PEREZ PEREZ, Sonia	72	ESCUALOS	2:02.48	0.0
	50 m:	100 m: 2:02.48 2:02.48				
21	1239790	CARBALLEIRA LOIS, Barbara	76	ESCUALOS	2:12.88	0.0
	50 m:	100 m: 2:12.88 2:12.88				
22	1215890	FERNANDEZ PARADA, Clara	93	POURENSE	2:54.63	0.0
	50 m:	100 m: 2:54.63 2:54.63				
BAI	1039023	GARCIA RODRIGUEZ, Uxia	00	MOLEMOS		0,0
BAI	1199453	FILGUEIRAS OLMO, Helena	04	POR-MIÑA		0,0
BAI	1039437	BALADO LOPEZ, Ana Maria	61	POURENSE		0,0
DNI	1250483	RODRIGUEZ RODRIGUEZ, Eva	93	VALDEORR		0,0

2.- 100 m Braza Masculino (TIM)

2023-12-03 10:00

ABSO_M

1	1076287	PAZOS ALONSO, Josue	86	ESCUALOS	1:18.17	0.0
	50 m:	100 m: 1:18.17			1:18.17	
2	1119327	SUAREZ FERNÁNDEZ, Santiago	95	MOLEMOS	1:19.27	0.0
	50 m:	100 m: 1:19.27			1:19.27	
3	1143897	SEVILLA AROCA, Javier	83	ESCUALOS	1:21.51	0.0
	50 m:	100 m: 1:21.51			1:21.51	
4	1143601	NOGUEIRA-PINTO CRESPO, Hugo	78	ESCUALOS	1:21.63	0.0
	50 m:	100 m: 1:21.63			1:21.63	
5	1143890	FORTES NOVOA, Martiño	88	ESCUALOS	1:23.53	0.0
	50 m:	100 m: 1:23.53			1:23.53	
6	1010047	GARCIA REBOLO, Alejandro	75	POURENSE	1:24.46	0.0
	50 m:	100 m: 1:24.46			1:24.46	
7	1041444	FERNANDEZ VARELA, Pablo J.	84	ADFOGAR	1:25.90	0.0
	50 m:	100 m: 1:25.90			1:25.90	
8	1231581	RODRÍGUEZ SALGADO, Manuel	75	CIDSANTI	1:26.02	0.0
	50 m:	100 m: 1:26.02			1:26.02	
9	1084706	ESCUDEIRO PEREIRA, Santiago	77	POURENSE	1:26.59	0.0
	50 m:	100 m: 1:26.59			1:26.59	
10	1218108	IGLESIAS LAPIDO, Miguel	85	CFVLUGO	1:27.33	0.0
	50 m:	100 m: 1:27.33			1:27.33	
11	1216460	FRANCISCO MACÍAS, Simón	96	POURENSE	1:31.16	0.0
	50 m:	100 m: 1:31.16			1:31.16	
12	1251854	CARBALLO CABEZAS, Enrique	76	POURENSE	1:31.45	0.0
	50 m:	100 m: 1:31.45			1:31.45	
13	1141504	BOUSO FUENTECILLA, Fernando	71	ESCUALOS	1:31.71	0.0
	50 m:	100 m: 1:31.71			1:31.71	
14	1203519	KRUGLOV, Mykola	85	ESCUALOS	1:31.77	0.0
	50 m:	100 m: 1:31.77			1:31.77	
15	1174449	FERNANDEZ ARRUTI, Jose Angel	59	CIDSANTI	1:35.24	0.0
	50 m:	100 m: 1:35.24			1:35.24	
16	1249224	GONZALEZ SANCHEZ, Luis Federico	92	CIDSANTI	1:35.60	0.0
	50 m:	100 m: 1:35.60			1:35.60	
17	1178895	CRESPO PÉREZ, Albarino	70	ESCUALOS	1:35.86	0.0
	50 m:	100 m: 1:35.86			1:35.86	
18	1038104	PEREZ ARIAS, Hector	71	POR-MIÑA	1:36.97	0.0
	50 m:	100 m: 1:36.97			1:36.97	

19	1143605	FERNANDEZ MARTINEZ, Alberto	71	ESCUALOS	1:38.40	0.0
	50 m:	100 m: 1:38.40			1:38.40	
20	1238677	MARIÑO GONZALEZ, Ramón	80	POURENSE	1:38.50	0.0
	50 m:	100 m: 1:38.50			1:38.50	
21	1252284	FERNANDEZ PEREIRA, Carlos	79	POURENSE	1:38.73	0.0
	50 m:	100 m: 1:38.73			1:38.73	
22	1201621	ALONSO ORTIZ, Mariano	76	CFVLUGO	1:39.19	0.0
	50 m:	100 m: 1:39.19			1:39.19	
23	1174679	DE MARTIN DIAZ, Ruben	76	POURENSE	1:39.42	0.0
	50 m:	100 m: 1:39.42			1:39.42	
24	1199899	DOMINGUEZ PHILOCREON, Ticiano	81	CIDSANTI	1:39.91	0.0
	50 m:	100 m: 1:39.91			1:39.91	
25	1075601	MOURIZ LOMBAO, Fco. Javier	75	POR-MIÑA	1:40.15	0.0
	50 m:	100 m: 1:40.15			1:40.15	
26	1180234	SÁNCHEZ SECO, Manuel	68	ESCUALOS	1:43.20	0.0
	50 m:	100 m: 1:43.20			1:43.20	
27	1191914	CARNERO FIRVIDA, Jose Ramón	74	ESCUALOS	1:43.83	0.0
	50 m:	100 m: 1:43.83			1:43.83	
28	1223126	ALVAREZ FERRIN, Pablo	84	CIDSANTI	1:45.38	0.0
	50 m:	100 m: 1:45.38			1:45.38	
29	1200126	TABOADA CALVELO, Jose Carlos	79	SALESTRA	1:46.48	0.0
	50 m:	100 m: 1:46.48			1:46.48	
30	1144698	CADAVID NUÑEZ, Jose	70	POURENSE	1:48.33	0.0
	50 m:	100 m: 1:48.33			1:48.33	
31	1244388	DIEZ RODRIGUEZ, Ignacio J.	72	POR-MIÑA	1:52.64	0.0
	50 m:	100 m: 1:52.64			1:52.64	
32	1240096	IVANCHENKO, Yurii	53	POURENSE	1:54.11	0.0
	50 m:	100 m: 1:54.11			1:54.11	
33	1057905	GURIDI HUERTA, Jesus M.	68	CFVLUGO	1:56.63	0.0
	50 m:	100 m: 1:56.63			1:56.63	
34	1075770	RODRIGUEZ BASANTA, Fco. Jose	61	VALDEORR	1:59.50	0.0
	50 m:	100 m: 1:59.50			1:59.50	
35	1197604	ARAUJO FERNÁNDEZ, Jose	71	ESCUALOS	2:01.95	0.0
	50 m:	100 m: 2:01.95			2:01.95	
36	1208795	LORENZO GONZALEZ-VISO, Carlos	71	POURENSE	2:03.83	0.0
	50 m:	100 m: 2:03.83			2:03.83	
37	1075589	SANCHEZ VAZQUEZ, Jesus	62	POR-MIÑA	2:04.00	0.0
	50 m:	100 m: 2:04.00			2:04.00	



LIGA GALEGA MÁSTER XOR. 2 OUTRA
Rosario Dueñas. Piscina de 50 m. Cronometraxe manual.

38	1251233	GONZALEZ SANDEZ, Carlos	79	VALDEORR	2:06.71	0.0
	50 m:	100 m: 2:06.71 2:06.71				
39	1039360	POSE MATO, Cesar	83	ADFOGAR	2:19.49	0.0
	50 m:	100 m: 2:19.49 2:19.49				
BAI	1146934	DIEGUEZ ARANDA, Hector	73	POR-MIÑA		0,0
BAI	1196051	BELISARIO PERAZA, Rafael E	72	ADFOGAR		0,0

3.- 200 m Costas Mixto (TIM)

2023-12-03 10:00

20+_F

1	1228009	SOUTIÑO RAMIREZ, Carmen Victoria	01	POR-MIÑA	3:06.77	0.0
	50 m:	100 m: 1:30.82	1:30.82	150 m:	200 m: 3:06.77	1:35.95
2	1228048	ALVAREZ SOUTO, Claudia	01	ESCUALOS	3:37.56	0.0
	50 m:	100 m: 1:49.64	1:49.64	150 m:	200 m: 3:37.56	1:47.92

25+_F

1	1038199	SABUZ FORNEIRO, Andrea	98	POURENSE	2:54.22	0.0
	50 m:	100 m: 1:23.65	1:23.65	150 m:	200 m: 2:54.22	1:30.57

30+_M

1	1010948	CAMPAÑA BARROS, Adrian	90	CIDSANTI	2:44.88	0.0
	50 m:	100 m: 1:20.63	1:20.63	150 m:	200 m: 2:44.88	1:24.25

35+_F

1	1143898	GONZALEZ FERNANDEZ, Coral.M	87	ESCUALOS	4:10.67	0.0
	50 m:	100 m: 2:05.13	2:05.13	150 m:	200 m: 4:10.67	2:05.54

35+_M

1	1089000	TABOADA VILA, Alberto	87	POURENSE	2:25.64	0.0
	50 m:	100 m: 1:10.85	1:10.85	150 m:	200 m: 2:25.64	1:14.79
2	1226258	BERNARDEZ FERRO, Juan Jose	87	CIDSANTI	2:53.88	0.0
	50 m:	100 m: 1:24.49	1:24.49	150 m:	200 m: 2:53.88	1:29.39

40+_F

1	1013486	GONZALEZ RODRIGUEZ, Maria	82	CIDSANTI	2:51.27	0.0
	50 m:	100 m: 1:23.81	1:23.81	150 m:	200 m: 2:51.27	1:27.46
2	1143597	SANCHEZ LEDO, Cira	81	ESCUALOS	3:10.29	0.0
	50 m:	100 m: 1:35.20	1:35.20	150 m:	200 m: 3:10.29	1:35.09
3	1075224	BROZOS VAZQUEZ, Elena María	82	CIDSANTI	4:36.66	0.0
	50 m:	100 m: 2:14.78	2:14.78	150 m:	200 m: 4:36.66	2:21.88

40+_M

1	1143899	PEREZ LOPEZ, Manuel	81	ESCUALOS	3:27.10	0.0
	50 m:	100 m: 1:41.98	1:41.98	150 m:	200 m: 3:27.10	1:45.12
2	1214823	GONZALEZ PEÑAS, David	84	POR-MIÑA	3:28.39	0.0
	50 m:	100 m: 1:43.82	1:43.82	150 m:	200 m: 3:28.39	1:44.57
3	1039360	POSE MATO, Cesar	83	ADFOGAR	4:38.16	0.0
	50 m:	100 m: 2:19.13	2:19.13	150 m:	200 m: 4:38.16	2:19.03

45+_F

1	1143894	DE LORENZO FERNANDEZ, Maria	78	ESCUALOS	3:33.29	0.0
	50 m:	100 m: 1:47.54	1:47.54	150 m:	200 m: 3:33.29	1:45.75
2	1119241	VIDAL BELLO, Mara	77	VALDEORR	4:32.87	0.0
	50 m:	100 m: 2:14.67	2:14.67	150 m:	200 m: 4:32.87	2:18.20
DVI	1250484	VAZQUEZ GONZALEZ, Yolanda	76	VALDEORR		0,0
45+_M						
1	1244353	TATO FUENTES, Victor	79	ADFOGAR	2:50.98	0.0
	50 m:	100 m: 1:24.82	1:24.82	150 m:	200 m: 2:50.98	1:26.16
2	1144267	FINS SEOANE, Juan Miguel	77	SALESTRA	3:03.84	0.0
	50 m:	100 m: 1:30.40	1:30.40	150 m:	200 m: 3:03.84	1:33.44
3	1141502	TRONCOSO CAAMAÑO, Fernando	75	ESCUALOS	3:50.50	0.0
	50 m:	100 m: 1:55.69	1:55.69	150 m:	200 m: 3:50.50	1:54.81
50+_F						
1	1228008	OJEA DE CASTRO, Macarena	73	POR-MIÑA	3:19.29	0.0
	50 m:	100 m: 1:38.01	1:38.01	150 m:	200 m: 3:19.29	1:41.28
2	1144710	RODRIGUEZ VAZQUEZ, Maria Teresa	72	POURENSE	4:30.63	0.0
	50 m:	100 m: 2:13.84	2:13.84	150 m:	200 m: 4:30.63	2:16.79
3	1144696	SEARA JALON, Monica	70	POURENSE	5:10.65	0.0
	50 m:	100 m: 2:29.91	2:29.91	150 m:	200 m: 5:10.65	2:40.74
50+_M						
1	1040137	QUINTAS BARROS, Jesus C.	73	ESCUALOS	3:02.87	0.0
	50 m:	100 m:		150 m:	200 m: 3:02.87	3:02.87
2	1178895	CRESPO PÉREZ, Albarino	70	ESCUALOS	3:53.13	0.0
	50 m:	100 m: 1:53.59	1:53.59	150 m:	200 m: 3:53.13	1:59.54
3	1076526	REBANAL ALFAYA, Fernando	71	VALDEORR	4:11.43	0.0
	50 m:	100 m: 2:01.20	2:01.20	150 m:	200 m: 4:11.43	2:10.23
BAI	1144601	PUENTE DÍAZ, Javier	71	CIDSANTI		0,0
55+_F						
1	1189938	LOPEZ RODRIGUEZ, Adela Elena	68	POURENSE	4:04.63	0.0
	50 m:	100 m: 2:01.35	2:01.35	150 m:	200 m: 4:04.63	2:03.28
2	1144697	ACEVEDO REGO, Ermitas	66	POURENSE	4:33.98	0.0
	50 m:	100 m: 2:20.88	2:20.88	150 m:	200 m: 4:33.98	2:13.10
55+_M						
1	1037161	TOME NOGUEIRA, Alberto M.	68	ADFOGAR	3:30.70	0.0
	50 m:	100 m: 1:43.34	1:43.34	150 m:	200 m: 3:30.70	1:47.36
DNI	1127250	RODRIGUEZ LOPEZ, Eloy Jesus	68	VALDEORR		0,0

60+_F

1	1144231	PEREZ GALLARDO, Teresa	64	POURENSE	5:37.53	0.0
	50 m:	100 m: 2:47.70	150 m:	200 m: 5:37.53	2:49.83	

60+_M

1	1075770	RODRIGUEZ BASANTA, Fco. Jose	61	VALDEORR	4:28.30	0.0
	50 m:	100 m:	150 m:	200 m: 4:28.30	4:28.30	

2	1143536	BLANCO PEREZ, Angel	64	POURENSE	4:31.84	0.0
	50 m:	100 m: 2:18.50	150 m:	200 m: 4:31.84	2:13.34	

BAI	1040281	MARTINEZ BERJANO, Jose Manuel	63	MOLEMOS		0,0
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65+_M

1	1170858	CODESIDO LOPEZ, José	59	CIDSANTI	3:29.87	0.0
	50 m:	100 m: 1:39.07	150 m:	200 m: 3:29.87	1:50.80	

2	1191492	TIMIRAOS CARRASCO, Luis	56	POURENSE	6:46.29	0.0
	50 m:	100 m: 3:24.54	150 m:	200 m: 6:46.29	3:21.75	

70+_M

1	1076165	GARCIA COLOMO, Manuel Ramon	54	POURENSE	3:45.32	0.0
	50 m:	100 m: 1:51.70	150 m:	200 m: 3:45.32	1:53.62	

4.- 50 m Bolboreta Feminino (TIM)

2023-12-03 10:00

ABSO_F

1	1037951	SOILAN FERNANDEZ, Raquel	01	CFVLUGO	31.63	0.0
2	1037173	GONZALEZ BLANCO, Patricia	00	MOLEMOS	31.81	0.0
3	1180232	FKEOUI OMARI, Salma	82	ESCUALOS	39.07	0.0
4	1228009	SOUTIÑO RAMIREZ, Carmen Victoria	01	POR-MIÑA	40.42	0.0
5	1236745	RODRIGUEZ GONZÁLEZ, Raquel	93	MOLEMOS	41.51	0.0
6	1076172	GARCIA COLOMO, M. Cristina	62	POURENSE	42.84	0.0
7	1143598	MIRA VAZQUEZ, Marta	81	ESCUALOS	46.18	0.0
8	1244421	DE MARTIN MIGUEL, Ana Asunción	80	ESCUALOS	46.49	0.0
9	1141313	MIRA VAZQUEZ, Paula	86	ESCUALOS	47.47	0.0
10	1204918	MARTINEZ GARCIA, Susana	91	MOLEMOS	47.93	0.0
11	1207084	MAZAIRO CASTRO, Carmen	73	ESCUALOS	51.84	0.0
12	1127105	PEREIRA ALONSO, Isabel	61	ADFOGAR	53.03	0.0
13	1191499	GONZALEZ MACIA, Alba	94	MOLEMOS	55.35	0.0
14	1119241	VIDAL BELLO, Mara	77	VALDEORR	58.76	0.0
15	1144710	RODRIGUEZ VAZQUEZ, Maria Teresa	72	POURENSE	1:01.32	0.0
BAI	1199453	FILGUEIRAS OLMO, Helena	04	POR-MIÑA		0,0
BAI	1039023	GARCIA RODRIGUEZ, Uxia	00	MOLEMOS		0,0
NPR	1193947	ALCALDE BALADO, Tania	86	CIDSANTI		0,0

5.- 50 m Bolboreta Masculino (TIM)

2023-12-03 10:00

ABSO_M

1	1119327	SUAREZ FERNÁNDEZ, Santiago	95	MOLEMOS	29.11	0.0
2	1243174	SONEIRA REBOREDO, Oscar	75	CIDSANTI	29.41	0.0
3	1204916	BALLESTER IBAÑEZ, Edgar	91	MOLEMOS	29.48	0.0
4	1246147	LOPEZ LOPEZ, Jaime Borja	00	POR-MIÑA	29.82	0.0
5	1076173	FERNANDEZ NUÑEZ, Santiago	63	CIDSANTI	31.20	0.0
6	1084706	ESCUDERO PEREIRA, Santiago	77	POURENSE	31.74	0.0
7	1203519	KRUGLOV, Mykola	85	ESCUALOS	31.92	0.0
8	1038104	PEREZ ARIAS, Hector	71	POR-MIÑA	32.05	0.0
9	1231581	RODRÍGUEZ SALGADO, Manuel	75	CIDSANTI	32.09	0.0
10	1247553	MUIÑO LOPEZ, Iago	77	CIDSANTI	32.32	0.0
11	1143601	NOGUEIRA-PINTO CRESPO, Hugo	78	ESCUALOS	33.51	0.0
12	1075601	MOURIZ LOMBAO, Fco. Javier	75	POR-MIÑA	33.74	0.0
13	1218108	IGLESIAS LAPIDO, Miguel	85	CFVLUGO	34.70	0.0
14	1198276	VAZQUEZ VEGA, Alberto	04	CIDSANTI	34.80	0.0
15	1010047	GARCIA REBOLO, Alejandro	75	POURENSE	35.23	0.0
16	1086708	ABUIN ARES, Manuel	87	CIDSANTI	35.28	0.0
17	1143890	FORTES NOVOA, Martiño	88	ESCUALOS	35.72	0.0
18	1251854	CARBALLO CABEZAS, Enrique	76	POURENSE	36.35	0.0
19	1144584	ALVAREZ SILVA, Ruben	81	ESCUALOS	36.73	0.0
20	1199189	IGLESIAS DE LA TORRE, Felipe	76	POURENSE	38.68	0.0
21	1226258	BERNARDEZ FERRO, Juan Jose	87	CIDSANTI	38.78	0.0
22	1037161	TOME NOGUEIRA, Alberto M.	68	ADFOGAR	39.34	0.0
23	1216460	FRANCISCO MACÍAS, Simón	96	POURENSE	39.99	0.0
24	1144070	FERNÁNDEZ MELÉNDEZ, Andrés	95	VALDEORR	43.08	0.0
25	1191914	CARNERO FIRVIDA, Jose Ramón	74	ESCUALOS	43.87	0.0
26	1203306	DURO GONZALEZ, Antonio	74	SALESTRA	45.50	0.0
27	1240096	IVANCHENKO, Yurii	53	POURENSE	46.02	0.0

28	1232980	PICALLO MATO, Adrian	95	SALESTRA	48.37	0.0
29	1078844	FERNÁNDEZ FERNÁNDEZ, José Luis	74	CIDSANTI	48.38	0.0
30	1075589	SANCHEZ VAZQUEZ, Jesus	62	POR-MIÑA	50.34	0.0
31	1141497	QUIÑONES GARCIA, Benito	74	VALDEORR	50.36	0.0
32	1193949	LAMELO OTERO, Ramón Jesus	68	CIDSANTI	52.67	0.0
33	1197604	ARAUJO FERNÁNDEZ, Jose	71	ESCUALOS	54.76	0.0
34	1106828	TRILLO CARLIN, Jose Fdo.	68	ADFOGAR	1:05.22	0.0
BAI	1143896	PERDIZ GONZALEZ, Jose Ramon	58	ESCUALOS		0,0
BAI	1040281	MARTINEZ BERJANO, Jose Manuel	63	MOLEMOS		0,0
BAI	1093448	VAZQUEZ ESMORIS, Pablo	79	ADFOGAR		0,0
BAI	1144601	PUENTE DÍAZ, Javier	71	CIDSANTI		0,0
BAI	1092303	MEIJIDE GIADAS, Diego	00	CIDSANTI		0,0
BAI	1217804	SUAREZ URRUZOLA, Leo	00	CIDSANTI		0,0

6.- 200 m Libre Mixta (TIM)

2023-12-03 10:00

ABSO_F

1	1093459	FRANCO CAL, Alba	91	CFVLUGO	2:19.32	0.0
	50 m:	100 m: 1:06.48 1:06.48	150 m:	200 m: 2:19.32 1:12.84		
2	1013486	GONZALEZ RODRIGUEZ, Maria	82	CIDSANTI	2:27.47	0.0
	50 m:	100 m: 1:10.79 1:10.79	150 m:	200 m: 2:27.47 1:16.68		
3	1076172	GARCIA COLOMO, M. Cristina	62	POURENSE	2:55.86	0.0
	50 m:	100 m: 1:22.30 1:22.30	150 m:	200 m: 2:55.86 1:33.56		
4	1180232	FKEOUI OMARI, Salma	82	ESCUALOS	2:56.66	0.0
	50 m:	100 m: 1:28.80 1:28.80	150 m:	200 m: 2:56.66 1:27.86		
5	1228008	OJEA DE CASTRO, Macarena	73	POR-MIÑA	2:57.06	0.0
	50 m:	100 m: 1:28.47 1:28.47	150 m:	200 m: 2:57.06 1:28.59		
6	1236745	RODRIGUEZ GONZÁLEZ, Raquel	93	MOLEMOS	2:58.54	0.0
	50 m:	100 m: 1:23.27 1:23.27	150 m:	200 m: 2:58.54 1:35.27		
7	1143597	SANCHEZ LEDO, Cira	81	ESCUALOS	3:07.19	0.0
	50 m:	100 m: 1:31.96 1:31.96	150 m:	200 m: 3:07.19 1:35.23		
8	1141514	DEIRA BARCALA, Silvia	74	ARZUA	3:14.31	0.0
	50 m:	100 m: 1:34.81 1:34.81	150 m:	200 m: 3:14.31 1:39.50		
9	1037939	CASTRO MAESTRE, Isaura	69	CFVLUGO	3:17.74	0.0
	50 m:	100 m: 1:36.31 1:36.31	150 m:	200 m: 3:17.74 1:41.43		
10	1238682	BARCA PENSADO, Maria	96	ADFOGAR	3:23.32	0.0
	50 m:	100 m: 1:35.58 1:35.58	150 m:	200 m: 3:23.32 1:47.74		
11	1202971	PEREZ PEREZ, Sonia	72	ESCUALOS	3:25.50	0.0
	50 m:	100 m: 1:39.31 1:39.31	150 m:	200 m: 3:25.50 1:46.19		
12	1143230	HAGEN, Grit	83	VALDEORR	3:33.25	0.0
	50 m:	100 m: 1:41.50 1:41.50	150 m:	200 m: 3:33.25 1:51.75		
13	1075224	BROZOS VAZQUEZ, Elena María	82	CIDSANTI	3:49.31	0.0
	50 m:	100 m: 1:48.11 1:48.11	150 m:	200 m: 3:49.31 2:01.20		
14	1250483	RODRIGUEZ RODRIGUEZ, Eva	93	VALDEORR	3:56.27	0.0
	50 m:	100 m: 1:49.32 1:49.32	150 m:	200 m: 3:56.27 2:06.95		
15	1144697	ACEVEDO REGO, Ermitas	66	POURENSE	4:04.13	0.0
	50 m:	100 m: 2:05.00 2:05.00	150 m:	200 m: 4:04.13 1:59.13		
16	1250484	VAZQUEZ GONZALEZ, Yolanda	76	VALDEORR	4:07.79	0.0
	50 m:	100 m: 2:03.94 2:03.94	150 m:	200 m: 4:07.79 2:03.85		
17	1144695	RODRIGUEZ LOPEZ, Rosa	75	POURENSE	4:08.43	0.0
	50 m:	100 m: 1:56.53 1:56.53	150 m:	200 m: 4:08.43 2:11.90		
18	1144231	PEREZ GALLARDO, Teresa	64	POURENSE	4:39.58	0.0
	50 m:	100 m: 2:18.35 2:18.35	150 m:	200 m: 4:39.58 2:21.23		

19	1239790	CARBALLEIRA LOIS, Barbara	76	ESCUALOS	4:51.40	0.0
	50 m:	100 m: 2:20.02	2:20.02	150 m:	200 m: 4:51.40	2:31.38
20	1215890	FERNANDEZ PARADA, Clara	93	POURENSE	5:00.21	0.0
	50 m:	100 m: 2:23.35	2:23.35	150 m:	200 m: 5:00.21	2:36.86
21	1250481	MENDEZ ABELAIRA, Jessica	82	VALDEORR	5:30.29	0.0
	50 m:	100 m: 2:30.43	2:30.43	150 m:	200 m: 5:30.29	2:59.86
BAI	1039437	BALADO LOPEZ, Ana Maria	61	POURENSE		0,0
BAI	1143894	DE LORENZO FERNANDEZ, Maria	78	ESCUALOS		0,0

ABSO_M

1	1231535	GOMEZ MARQUEZ, Hugo	83	POURENSE	2:10.82	0.0
	50 m:	100 m: 1:04.72	1:04.72	150 m:	200 m: 2:10.82	1:06.10
2	1243174	SONEIRA REBOREDO, Oscar	75	CIDSANTI	2:19.74	0.0
	50 m:	100 m: 1:07.73	1:07.73	150 m:	200 m: 2:19.74	1:12.01
3	1246147	LOPEZ LOPEZ, Jaime Borja	00	POR-MIÑA	2:20.92	0.0
	50 m:	100 m: 1:04.26	1:04.26	150 m:	200 m: 2:20.92	1:16.66
4	1143897	SEVILLA AROCA, Javier	83	ESCUALOS	2:23.07	0.0
	50 m:	100 m: 1:08.33	1:08.33	150 m:	200 m: 2:23.07	1:14.74
5	1041444	FERNANDEZ VARELA, Pablo J.	84	ADFOGAR	2:25.37	0.0
	50 m:	100 m: 1:09.73	1:09.73	150 m:	200 m: 2:25.37	1:15.64
6	1076287	PAZOS ALONSO, Josue	86	ESCUALOS	2:25.64	0.0
	50 m:	100 m: 1:09.89	1:09.89	150 m:	200 m: 2:25.64	1:15.75
7	1010948	CAMPAÑA BARROS, Adrian	90	CIDSANTI	2:26.14	0.0
	50 m:	100 m: 1:10.01	1:10.01	150 m:	200 m: 2:26.14	1:16.13
8	1144267	FINS SEOANE, Juan Miguel	77	SALESTRA	2:27.28	0.0
	50 m:	100 m: 1:09.96	1:09.96	150 m:	200 m: 2:27.28	1:17.32
9	1040137	QUINTAS BARROS, Jesus C.	73	ESCUALOS	2:28.87	0.0
	50 m:	100 m: 1:12.73	1:12.73	150 m:	200 m: 2:28.87	1:16.14
10	1244353	TATO FUENTES, Victor	79	ADFOGAR	2:29.06	0.0
	50 m:	100 m: 1:14.35	1:14.35	150 m:	200 m: 2:29.06	1:14.71
11	1232980	PICALLO MATO, Adrian	95	SALESTRA	2:38.44	0.0
	50 m:	100 m: 1:14.82	1:14.82	150 m:	200 m: 2:38.44	1:23.62
12	1086708	ABUIN ARES, Manuel	87	CIDSANTI	2:38.45	0.0
	50 m:	100 m: 1:15.05	1:15.05	150 m:	200 m: 2:38.45	1:23.40
13	1226234	COTELO SENANDE, Alberto	88	ADFOGAR	2:41.09	0.0
	50 m:	100 m: 1:15.83	1:15.83	150 m:	200 m: 2:41.09	1:25.26
14	1144584	ALVAREZ SILVA, Ruben	81	ESCUALOS	2:43.80	0.0
	50 m:	100 m: 1:19.77	1:19.77	150 m:	200 m: 2:43.80	1:24.03

15	1143899	PEREZ LOPEZ, Manuel	81	ESCUALOS	2:44.20	0.0
	50 m:	100 m: 1:18.76	1:18.76	150 m:	200 m: 2:44.20	1:25.44
16	1170858	CODESIDO LOPEZ, José	59	CIDSANTI	2:50.82	0.0
	50 m:	100 m: 1:23.18	1:23.18	150 m:	200 m: 2:50.82	1:27.64
17	1249224	GONZALEZ SANCHEZ, Luis Federico	92	CIDSANTI	2:52.59	0.0
	50 m:	100 m: 1:20.57	1:20.57	150 m:	200 m: 2:52.59	1:32.02
18	1214823	GONZALEZ PEÑAS, David	84	POR-MIÑA	2:53.16	0.0
	50 m:	100 m: 1:24.82	1:24.82	150 m:	200 m: 2:53.16	1:28.34
19	1199899	DOMINGUEZ PHILOCREON, Ticiano	81	CIDSANTI	2:53.40	0.0
	50 m:	100 m: 1:21.02	1:21.02	150 m:	200 m: 2:53.40	1:32.38
20	1174449	FERNANDEZ ARRUTI, Jose Angel	59	CIDSANTI	2:53.93	0.0
	50 m:	100 m: 1:25.02	1:25.02	150 m:	200 m: 2:53.93	1:28.91
21	1170841	BASTIDA CAMPOS, Alejandro	82	SALESTRA	2:56.90	0.0
	50 m:	100 m: 1:25.48	1:25.48	150 m:	200 m: 2:56.90	1:31.42
22	1203306	DURO GONZALEZ, Antonio	74	SALESTRA	2:58.30	0.0
	50 m:	100 m: 1:25.85	1:25.85	150 m:	200 m: 2:58.30	1:32.45
23	1180234	SÁNCHEZ SECO, Manuel	68	ESCUALOS	2:59.47	0.0
	50 m:	100 m: 1:28.29	1:28.29	150 m:	200 m: 2:59.47	1:31.18
24	1141504	BOUSO FUENTECILLA, Fernando	71	ESCUALOS	3:00.75	0.0
	50 m:	100 m: 1:26.85	1:26.85	150 m:	200 m: 3:00.75	1:33.90
25	1076165	GARCIA COLOMO, Manuel Ramon	54	POURENSE	3:02.70	0.0
	50 m:	100 m: 1:31.79	1:31.79	150 m:	200 m: 3:02.70	1:30.91
26	1143605	FERNANDEZ MARTINEZ, Alberto	71	ESCUALOS	3:03.57	0.0
	50 m:	100 m: 1:31.49	1:31.49	150 m:	200 m: 3:03.57	1:32.08
27	1201621	ALONSO ORTIZ, Mariano	76	CFVLUGO	3:04.17	0.0
	50 m:	100 m: 1:28.61	1:28.61	150 m:	200 m: 3:04.17	1:35.56
28	1057905	GURIDI HUERTA, Jesus M.	68	CFVLUGO	3:04.81	0.0
	50 m:	100 m: 1:29.79	1:29.79	150 m:	200 m: 3:04.81	1:35.02
29	1141502	TRONCOSO CAAMAÑO, Fernando	75	ESCUALOS	3:04.99	0.0
	50 m:	100 m: 1:32.65	1:32.65	150 m:	200 m: 3:04.99	1:32.34
30	1078844	FERNÁNDEZ FERNÁNDEZ, José Luis	74	CIDSANTI	3:09.67	0.0
	50 m:	100 m: 1:32.82	1:32.82	150 m:	200 m: 3:09.67	1:36.85
31	1147211	BLANCO HORTAS, Jose Ramon	74	POR-MIÑA	3:09.72	0.0
	50 m:	100 m: 1:32.34	1:32.34	150 m:	200 m: 3:09.72	1:37.38
32	1223126	ALVAREZ FERRIN, Pablo	84	CIDSANTI	3:09.80	0.0
	50 m:	100 m: 1:28.51	1:28.51	150 m:	200 m: 3:09.80	1:41.29
33	1193949	LAMELO OTERO, Ramón Jesus	68	CIDSANTI	3:12.76	0.0
	50 m:	100 m: 1:33.19	1:33.19	150 m:	200 m: 3:12.76	1:39.57

34	1200126	TABOADA CALVELO, Jose Carlos	79	SALESTRA	3:13.56	0.0
	50 m:	100 m: 1:29.88	1:29.88	150 m:	200 m: 3:13.56	1:43.68
35	1141497	QUIÑONES GARCIA, Benito	74	VALDEORR	3:16.04	0.0
	50 m:	100 m: 1:31.46	1:31.46	150 m:	200 m: 3:16.04	1:44.58
36	1143536	BLANCO PEREZ, Angel	64	POURENSE	3:18.14	0.0
	50 m:	100 m: 1:36.21	1:36.21	150 m:	200 m: 3:18.14	1:41.93
37	1144070	FERNÁNDEZ MELÉNDEZ, Andrés	95	VALDEORR	3:18.62	0.0
	50 m:	100 m: 1:35.96	1:35.96	150 m:	200 m: 3:18.62	1:42.66
38	1076526	REBANAL ALFAYA, Fernando	71	VALDEORR	3:25.13	0.0
	50 m:	100 m: 1:34.73	1:34.73	150 m:	200 m: 3:25.13	1:50.40
39	1208795	LORENZO GONZALEZ-VISO, Carlos	71	POURENSE	3:26.19	0.0
	50 m:	100 m: 1:38.88	1:38.88	150 m:	200 m: 3:26.19	1:47.31
40	1144698	CADAVID NUÑEZ, Jose	70	POURENSE	3:45.08	0.0
	50 m:	100 m: 1:49.13	1:49.13	150 m:	200 m: 3:45.08	1:55.95
41	1127250	RODRIGUEZ LOPEZ, Eloy Jesus	68	VALDEORR	3:46.53	0.0
	50 m:	100 m: 1:45.35	1:45.35	150 m:	200 m: 3:46.53	2:01.18
42	1240470	RODRIGUEZ BLANCO, Jose Francisco	76	POURENSE	3:50.69	0.0
	50 m:	100 m: 1:38.79	1:38.79	150 m:	200 m: 3:50.69	2:11.90
43	1106828	TRILLO CARLIN, Jose Fdo.	68	ADFOGAR	3:52.92	0.0
	50 m:	100 m: 1:54.56	1:54.56	150 m:	200 m: 3:52.92	1:58.36
44	1143896	PERDIZ GONZALEZ, Jose Ramon	58	ESCUALOS	4:04.73	0.0
	50 m:	100 m: 1:59.20	1:59.20	150 m:	200 m: 4:04.73	2:05.53
45	1251233	GONZALEZ SANDEZ, Carlos	79	VALDEORR	4:38.48	0.0
	50 m:	100 m: 2:15.57	2:15.57	150 m:	200 m: 4:38.48	2:22.91
46	1191492	TIMIRAOS CARRASCO, Luis	56	POURENSE	5:34.98	0.0
	50 m:	100 m: 2:48.60	2:48.60	150 m:	200 m: 5:34.98	2:46.38
BAI	1196051	BELISARIO PERAZA, Rafael E	72	ADFOGAR		0.0
BAI	1146934	DIEGUEZ ARANDA, Hector	73	POR-MIÑA		0.0
BAI	1093448	VAZQUEZ ESMORIS, Pablo	79	ADFOGAR		0.0
BAI	1217804	SUAREZ URRUZOLA, Leo	00	CIDSANTI		0.0
BAI	1144927	SUAREZ RIPOLL, Xian	03	CIDSANTI		0.0

7.- 4x50 m Estilos Feminino (TIM)

2023-12-03 10:00

ABSO_F

1	01547	ESCUALOS 04		ESCUALOS	2:45.67	0.0
	1143597	SANCHEZ LEDO, Cira	81	50 m:		
	1143598	MIRA VAZQUEZ, Marta	81	100 m:	43.58	43.58
	1180232	FKEOUI OMARI, Salma	82	150 m:		
	1244421	DE MARTIN MIGUEL, Ana Asunción	80	200 m:	2:45.67	2:02.09
2	00101	POURENSE 04		POURENSE	3:19.66	0.0
	1144696	SEARA JALON, Monica	70	50 m:		
	1189938	LOPEZ RODRIGUEZ, Adela Elena	68	100 m:	1:05.38	1:05.38
	1038199	SABUZ FORNEIRO, Andrea	98	150 m:		
	1144695	RODRIGUEZ LOPEZ, Rosa	75	200 m:	3:19.66	2:14.28
3	01688	VALDEORR 04		VALDEORR	3:35.86	0.0
	1250484	VAZQUEZ GONZALEZ, Yolanda	76	50 m:		
	1143230	HAGEN, Grit	83	100 m:	1:01.95	1:01.95
	1119241	VIDAL BELLO, Mara	77	150 m:		
	1250483	RODRIGUEZ RODRIGUEZ, Eva	93	200 m:	3:35.86	2:33.91
4	00101	POURENSE 05		POURENSE	4:02.04	0.0
	1144231	PEREZ GALLARDO, Teresa	64	50 m:		
	1144710	RODRIGUEZ VAZQUEZ, Maria Teresa	72	100 m:	1:24.38	1:24.38
	1076172	GARCIA COLOMO, M. Cristina	62	150 m:		
	1144697	ACEVEDO REGO, Ermitas	66	200 m:	4:02.04	2:37.66
BAI	POURENSE 06			POURENSE		0.0
	50 m:					
BAI	POURENSE 03			POURENSE		0.0
	50 m:					
NPR	CIDSANTI 03			CIDSANTI		0.0
	1013486	GONZALEZ RODRIGUEZ, Maria	82			
	1115644	FERNÁNDEZ JUAN, María	98			
	1193947	ALCALDE BALADO, Tania	86			
	1075224	BROZOS VAZQUEZ, Elena María	82			

8.- 4x50 m Estilos Masculino (TIM)

2023-12-03 10:00

ABSO_M

1	00101	POURENSE 03			POURENSE	2:19.41	0.0
	1089000	TABOADA VILA, Alberto	87	50 m:			
	1252284	FERNANDEZ PEREIRA, Carlos	79	100 m:	29.97	29.97	
	1216460	FRANCISCO MACÍAS, Simón	96	150 m:			
	1231535	GOMEZ MARQUEZ, Hugo	83	200 m:	2:19.41	1:49.44	
2	01295	CIDSANTI 06			CIDSANTI	2:22.31	0.0
	1170858	CODESIDO LOPEZ, José	59	50 m:			
	1174449	FERNANDEZ ARRUTI, Jose Angel	59	100 m:	41.97	41.97	
	1243174	SONEIRA REBOREDO, Oscar	75	150 m:			
	1076173	FERNANDEZ NUÑEZ, Santiago	63	200 m:	2:22.31	1:40.34	
3	01547	ESCUALOS 03			ESCUALOS	2:22.49	0.0
	1143899	PEREZ LOPEZ, Manuel	81	50 m:			
	1143890	FORTES NOVOA, Martiño	88	100 m:	44.98	44.98	
	1203519	KRUGLOV, Mykola	85	150 m:			
	1143897	SEVILLA AROCA, Javier	83	200 m:	2:22.49	1:37.51	
4	01295	CIDSANTI 04			CIDSANTI	2:22.65	0.0
	1010948	CAMPAÑA BARROS, Adrian	90	50 m:			
	1231581	RODRÍGUEZ SALGADO, Manuel	75	100 m:	35.38	35.38	
	1247553	MUIÑO LOPEZ, Iago	77	150 m:			
	1193949	LAMELO OTERO, Ramón Jesus	68	200 m:	2:22.65	1:47.27	
5	00617	ADFOGAR 04			ADFOGAR	2:23.12	0.0
	1244353	TATO FUENTES, Victor	79	50 m:			
	1041444	FERNANDEZ VARELA, Pablo J.	84	100 m:	36.40	36.40	
	1037161	TOME NOGUEIRA, Alberto M.	68	150 m:			
	1226234	COTELO SENANDE, Alberto	88	200 m:	2:23.12	1:46.72	
6	00101	POURENSE 04			POURENSE	2:23.41	0.0
	1084706	ESCUDERO PEREIRA, Santiago	77	50 m:			
	1251854	CARBALLO CABEZAS, Enrique	76	100 m:	35.23	35.23	
	1199189	IGLESIAS DE LA TORRE, Felipe	76	150 m:			
	1010047	GARCIA REBOLO, Alejandro	75	200 m:	2:23.41	1:48.18	
7	01547	ESCUALOS 04			ESCUALOS	2:26.84	0.0
	1076287	PAZOS ALONSO, Josue	86	50 m:			
	1143601	NOGUEIRA-PINTO CRESPO, Hugo	78	100 m:	38.10	38.10	
	1141504	BOUSO FUENTECILLA, Fernando	71	150 m:			
	1144584	ALVAREZ SILVA, Ruben	81	200 m:	2:26.84	1:48.74	
8	01295	CIDSANTI 03			CIDSANTI	2:33.46	0.0
	1226258	BERNARDEZ FERRO, Juan Jose	87	50 m:			
	1199899	DOMINGUEZ PHILOCREON, Ticiano	81	100 m:	36.57	36.57	
	1086708	ABUIN ARES, Manuel	87	150 m:			
	1249224	GONZALEZ SANCHEZ, Luis Federico	92	200 m:	2:33.46	1:56.89	
9	01576	SALESTRA 04			SALESTRA	2:34.10	0.0
	1170841	BASTIDA CAMPOS, Alejandro	82	50 m:			
	1200126	TABOADA CALVELO, Jose Carlos	79	100 m:	42.10	42.10	
	1144267	FINS SEOANE, Juan Miguel	77	150 m:			
	1232980	PICALLO MATO, Adrian	95	200 m:	2:34.10	1:52.00	

10	01547	ESCUALOS 05			ESCUALOS	2:45.70	0.0
	1180234	SÁNCHEZ SECO, Manuel	68	50 m:			
	1178895	CRESPO PÉREZ, Albarino	70	100 m:	43.44	43.44	
	1141502	TRONCOSO CAAMAÑO, Fernando	75	150 m:			
	1191914	CARNERO FIRVIDA, Jose Ramón	74	200 m:	2:45.70	2:02.26	
11	01156	POR-MIÑA 05			POR-MIÑA	3:10.35	0.0
	1147211	BLANCO HORTAS, Jose Ramon	74	50 m:			
	1214823	GONZALEZ PEÑAS, David	84	100 m:	54.36	54.36	
	1075589	SANCHEZ VAZQUEZ, Jesus	62	150 m:			
	1244388	DIEZ RODRIGUEZ, Ignacio J.	72	200 m:	3:10.35	2:15.99	
12	00101	POURENSE 05			POURENSE	3:15.00	0.0
	1208795	LORENZO GONZALEZ-VISO, Carlos	71	50 m:			
	1174679	DE MARTIN DIAZ, Ruben	76	100 m:	53.48	53.48	
	1144698	CADAVID NUÑEZ, Jose	70	150 m:			
	1240470	RODRIGUEZ BLANCO, Jose Francisco	76	200 m:	3:15.00	2:21.52	
13	01688	VALDEORR 05			VALDEORR	3:19.50	0.0
	1076526	REBANAL ALFAYA, Fernando	71	50 m:			
	1075770	RODRIGUEZ BASANTA, Fco. Jose	61	100 m:	46.49	46.49	
	1141497	QUIÑONES GARCIA, Benito	74	150 m:			
	1127250	RODRIGUEZ LOPEZ, Eloy Jesus	68	200 m:	3:19.50	2:33.01	
14	00101	POURENSE 06			POURENSE	4:04.85	0.0
	1191492	TIMIRAOS CARRASCO, Luis	56	50 m:			
	1240096	IVANCHENKO, Yurii	53	100 m:	1:29.30	1:29.30	
	1143536	BLANCO PEREZ, Angel	64	150 m:			
	1076165	GARCIA COLOMO, Manuel Ramon	54	200 m:	4:04.85	2:35.55	
BAI	ADFOGAR 05				ADFOGAR		0.0
	50 m:						
BAI	CIDSANTI 05				CIDSANTI		0.0
	50 m:						
BAI	CIDSANTI 01				CIDSANTI		0.0
	1144927	SUAREZ RIPOLL, Xian	03				
	1092303	MEIJIDE GIADAS, Diego	00				
	1217804	SUAREZ URRUZOLA, Leo	00				
	1198276	VAZQUEZ VEGA, Alberto	04				