

Prueba 1
28/12/2023 - 18:57

Fem., 50m Libre

Absoluto Femenino
Resultados Final

RG	25.60	, GARCIA SILVA ANTIA	GALAICO	29/12/2021
RC	25.60	, GARCIA SILVA ANTIA	GALAICO	29/12/2021

Clasificación	AN		Tiempo	ABSO	JUNI
Final A					
1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	26.17	19,00 - MMG
2.	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL	27.04	16,00 -
3.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	27.17	14,00 -
4.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	27.33	13,00 -
5.	CONS GESTIDO, Henar Diana	02	RCN VIGO	27.50	12,00 -
6.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	27.73	11,00 -
Final B					
7.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	27.55	10,00 -
8.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	27.73	9,00 -
9.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	27.78	- -
10.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	27.93	8,00 -
11.	GONZÁLEZ TOJO, Raquel	99	CIDADE SANTIAGO	28.00	7,00 -
12.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	28.54	6,00 -



Prueba 1
28/12/2023 - 9:30

Fem., 50m Libre

Absoluto Femenino
Resultados Prelim

RG	25.60	, GARCIA SILVA ANTIA	GALAICO	29/12/2021
RC	25.60	, GARCIA SILVA ANTIA	GALAICO	29/12/2021

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Femenino					
1.	06	C. N. PONTEAREAS	26.97	- 19,00	A
2.	07	VIGO RIAS BAIXAS	27.59	- 16,00	B
3.	07	C. N. PORTAMIÑA	27.77	- 14,00	B
4.	06	C. N. PONTEAREAS	27.99	- 13,00	B
5.	08	A. D. FOGAR	28.22	4,00	12,00
6.	08	C. N. MOS	28.70	2,00	11,00
7.	08	C. N. CULLEREDO	28.72	1,00	10,00
8.	07	C. MARINA FERROL	28.93	-	9,00
9.	08	C. N. MOS	29.15	-	7,50
	06	RCN VIGO	29.15	-	7,50
11.	08	C. N. REDONDELA	29.36	-	6,00
12.	08	C. N. MOS	29.38	-	-
13.	08	C. N. MOS	29.40	-	-
14.	08	PABELLON OURENSE	29.42	-	4,50
	08	C. N. PORTAMIÑA	29.42	-	4,50
16.	07	C. N. GALAICO	29.55	-	3,00
17.	06	C. N. ARTEIXO	29.59	-	2,00
18.	07	C. N. XOVE	29.65	-	1,00
19.	06	C. FLUVIAL LUGO	29.74	-	-
20.	08	C. N. PORTAMIÑA	29.79	-	-
21.	07	C. N. CORUÑA	29.93	-	-
22.	08	VIGO RIAS BAIXAS	29.95	-	-
23.	07	S. DEP. BOIRO	30.01	-	-
24.	06	C. N. XOVE	30.05	-	-
25.	07	C. MARINA FERROL	30.30	-	-
26.	08	C. N. XOVE	30.48	-	-
27.	08	CIDADE SANTIAGO	30.56	-	-
28.	07	C. N. PORTAMIÑA	30.61	-	-
29.	08	RCN VIGO	30.68	-	-
30.	08	C. FLUVIAL LUGO	30.81	-	-
31.	08	C. N. CULLEREDO	30.92	-	-

Absoluto Femenino

1.	05	C. N. PONTEAREAS	26.18	-	-	A MMG
2.	96	C. N. FERROL	26.96	-	-	A
3.	06	C. N. PONTEAREAS	26.97	-	19,00	A
4.	10	S. DEP. BOIRO	27.51	-	-	A
5.	02	VIGO RIAS BAIXAS	27.52	-	-	A
6.	02	RCN VIGO	27.58	-	-	A



Prueba 1, Fem., 50m Libre, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI	
7.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	27.59	- 16,00	B
8.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	27.77	- 14,00	B
9.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	27.84	-	B
10.	GONZÁLEZ TOJO, Raquel	99	CIDADE SANTIAGO	27.85	-	B
11.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	27.99	- 13,00	B
12.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	28.07	-	B
13.	CONS GESTIDO, Victoria Anna	05	RCN VIGO	28.20	5,00	-
14.	MOURELLE PENA, Carla	08	A. D. FOGAR	28.22	4,00	12,00
15.	FREIJE TORNEIRO, Aroa	98	C. N. PORTAMIÑA	28.45	-	-
16.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	28.52	3,00	-
17.	MARTINEZ OTERO, Eva	08	C. N. MOS	28.70	2,00	11,00
18.	HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	28.72	1,00	10,00
19.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	28.84	-	-
	ANEIROS DOPICO, Laura	00	C. MARINA FERROL	28.84	-	-
21.	CANO ROSALES, Laura	04	C. N. GALAICO	28.90	-	-
22.	BALADO PENA, Celtia	07	C. MARINA FERROL	28.93	-	9,00
23.	SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	29.15	-	7,50
	GROBA COMESAÑA, Noa	06	RCN VIGO	29.15	-	7,50
25.	CARRIL GONZALEZ, Eva	02	PABELLON OURENSE	29.29	-	-
26.	ILLAN LAMAS, Aroa	10	C. N. PORTAMIÑA	29.35	-	-
27.	DOVAL CASTRO, Carla	08	C. N. REDONDELA	29.36	-	6,00
28.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	29.38	-	-
29.	HERMIDA ALONSO, Antia	08	C. N. MOS	29.40	-	-
30.	BLANCO MENDEZ, Claudia	08	PABELLON OURENSE	29.42	-	4,50
	VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	29.42	-	4,50
32.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	29.55	-	3,00
33.	GARCÍA NAYA, Irene	06	C. N. ARTEIXO	29.59	-	2,00
34.	BUJAN ROUCO, Enma	07	C. N. XOVE	29.65	-	1,00
35.	PARDO PIÑEIRO, Maria	06	C. FLUVIAL LUGO	29.74	-	-
36.	ROIS PRADO, Marta	08	C. N. PORTAMIÑA	29.79	-	-
37.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	29.93	-	-
38.	PEREIRA-BORRAJO VAYO, Marta	08	VIGO RIAS BAIXAS	29.95	-	-
39.	PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	30.01	-	-
40.	BARRO ALVAREZ, Emilia	06	C. N. XOVE	30.05	-	-
41.	REY CONESA, Carolina	04	C. N. FERROL	30.12	-	-
42.	BELLO ARMADA, Andrea	99	C. N. CULLEREDO	30.26	-	-
43.	CARRASCO DE CASTRO, Ana	07	C. MARINA FERROL	30.30	-	-
44.	CORTIÑAS LAIÑO, Carla	05	CIDADE SANTIAGO	30.33	-	-
45.	RAMOS DAYAN, Sabela	08	C. N. XOVE	30.48	-	-
46.	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	30.55	-	-
47.	ALONSO GARCÍA, María	08	CIDADE SANTIAGO	30.56	-	-
48.	MARTINEZ MORAN, Esther	07	C. N. PORTAMIÑA	30.61	-	-
49.	IGLESIAS NOGUEIRAS, Ayla	08	RCN VIGO	30.68	-	-
50.	SANCHEZ VAZQUEZ, Carmen	99	C. N. PORTAMIÑA	30.77	-	-
51.	CUGINI LENCE, Emma	08	C. FLUVIAL LUGO	30.81	-	-



Prueba 1, Fem., 50m Libre, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI
52. MARTIN VEIRA, Alicia	08	C. N. CULLEREDO	30.92	-	-
Baja FEIJOO GOMEZ, Eva	04	PABELLON OURENSE		-	-



Prueba 2
28/12/2023 - 18:52

Masc., 50m Libre

Absoluto Masculino
Resultados Final

RG	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Final A					
1.		VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	22.45 19,00 -
2.		NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	23.02 16,00 -
3.		ARES BARRAL, Anton	00	C. N. PANAS	23.30 14,00 -
4.		SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	23.54 13,00 -
5.		PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	23.67 12,00 -
6.		BRAVO CONDE, Cristian	00	C. N. PANAS	23.97 11,00 -
Final B					
7.		RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	23.80 - -
8.		SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	23.83 10,00 -
9.		LEVCHENKO, Nikita	08	C. N. ARZUA	24.04 12,00 -
10.		CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	24.21 8,00 -
11.		ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	24.34 7,00 -
12.		GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	24.44 6,00 -



Prueba 2
28/12/2023 - 9:42

Masc., 50m Libre

Absoluto Masculino
Resultados Prelim

RG	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Masculino					
1.	08	C. N. ARZUA	23.83	- 19,00	B MMG
2.	07	C. N. GALAICO	24.47	1,50	15,00
	07	RCN VIGO	24.47	1,50	15,00
4.	06	C. N. CORUÑA	24.62	- 13,00	
5.	08	A. D. FOGAR	24.87	- 12,00	
6.	08	VIGO RIAS BAIXAS	24.94	- 11,00	
7.	07	VIGO RIAS BAIXAS	25.09	- 10,00	
8.	07	C. N. GALAICO	25.31	- 9,00	
9.	08	CIDADE SANTIAGO	25.48	- 8,00	
10.	07	C. FLUVIAL LUGO	25.57	- 7,00	
11.	06	PABELLON OURENSE	25.73	- 6,00	
12.	07	C. N. PORTAMIÑA	25.94	- 5,00	
13.	07	C. N. CULLEREDO	26.05	- 4,00	
14.	07	CIDADE SANTIAGO	26.18	- 3,00	
15.	07	C. N. XOVE	26.33	- 2,00	
16.	08	C. N. REDONDELA	26.38	- 1,00	
17.	06	C. N. MONFORTE	26.39	-	-
18.	06	C. N. PORTAMIÑA	26.45	-	-
19.	07	C. N. CORUÑA	26.63	-	-
20.	07	C. N. PORTAMIÑA	26.87	-	-
21.	07	PABELLON OURENSE	26.92	-	-
22.	07	C. N. PONTEAREAS	27.61	-	-
23.	08	A. D. FOGAR	28.01	-	-

Absoluto Masculino

1.	03	C. N. PORTAMIÑA	22.81	-	- A
2.	03	C. N. PORTAMIÑA	23.19	-	- A
3.	00	C. N. PANAS	23.25	-	- A
4.	04	S. DEP. BOIRO	23.41	-	- A
5.	00	C. N. PANAS	23.62	-	- A
6.	05	C. N. MONFORTE	23.78	-	- A
7.	08	C. N. ARZUA	23.83	- 19,00	B MMG
8.	04	C. N. FERROL	23.87	-	- B
9.	03	C. N. PORTAMIÑA	23.94	-	- B
10.	02	PABELLON OURENSE	24.19	-	- B
11.	03	C. N. ARTEIXO	24.22	-	- B
12.	02	A. D. FOGAR	24.34	-	- ?
	02	PABELLON OURENSE	24.34	5,00	- ?
14.	04	A. D. FOGAR	24.37	4,00	-



Prueba 2, Masc., 50m Libre, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO	JUNI
15. MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO	24.43	3,00	-
16. PEREZ GARCIA, Iker	07	C. N. GALAICO	24.47	1,50	15,00
PAZOS IGLESIAS, André	07	RCN VIGO	24.47	1,50	15,00
18. GALAN VICENTE, Pablo	02	A. D. FOGAR	24.49	-	-
19. LOSADA JIMENEZ, Alvaro	99	C. N. FERROL	24.50	-	-
20. LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL	24.61	-	-
21. ETAYO GARCÍA, Oscar	06	C. N. CORUÑA	24.62	-	13,00
22. RIVAS PEREIRA, Jorge	97	C. N. PANAS	24.83	-	-
23. UCHA NIETO, Jacobo	97	C. N. GALAICO	24.84	-	-
24. CARREIRA POSADA, Jorge	00	C. N. PANAS	24.85	-	-
25. RIVAS TORRES, Paulo	08	A. D. FOGAR	24.87	-	12,00
26. PINO LORENZO, Brais	01	C. N. PONTEAREAS	24.94	-	-
RODRIGUEZ VIEITEZ, Hugo	08	VIGO RIAS BAIXAS	24.94	-	11,00
28. LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	25.04	-	-
29. BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	25.05	-	-
30. ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	25.08	-	-
31. PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	25.09	-	10,00
32. BARROS DA SILVA, Pedro	07	C. N. GALAICO	25.31	-	9,00
SIMON COTELO, Manuel	01	C. N. PANAS	25.31	-	-
34. DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	25.33	-	-
35. BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	25.34	-	-
36. LOUREIRO GONZALEZ, Roi	08	CIDADE SANTIAGO	25.48	-	8,00
37. MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	25.57	-	7,00
38. PEDRE SALIDO, Julio	03	C. N. FERROL	25.59	-	-
39. DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	25.64	-	-
40. ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO	25.65	-	-
41. LAZIEIEV NEMERSKIY, Aleksandr	09	C. N. ARZUA	25.69	-	-
42. PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE	25.73	-	6,00
43. PISO SEÑORAN, Alejandro	03	C. N. GALAICO	25.79	-	-
44. BASADRE GARCIA, Enrique	07	C. N. PORTAMIÑA	25.94	-	5,00
45. CANCELA GOMEZ, Hugo	03	C. N. PONTEAREAS	26.03	-	-
46. RODA MARQUEZ, Joao Victor	07	C. N. CULLEREDO	26.05	-	4,00
47. PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	26.18	-	3,00
48. SENDINO GESTOSO, Roi	01	C. N. CORUÑA	26.21	-	-
49. RODRIGUEZ BARREIRA, Mateo	07	C. N. XOVE	26.33	-	2,00
50. GONZALEZ GARCIA, Martin	08	C. N. REDONDELA	26.38	-	1,00
51. LOPEZ RODRIGUEZ, Hugo	06	C. N. MONFORTE	26.39	-	-
52. MENDEZ GARCIA, Xoan	06	C. N. PORTAMIÑA	26.45	-	-
53. LAGO CASTILLO, Diego	07	C. N. CORUÑA	26.63	-	-
54. POZO GALLEGO, Brais	07	C. N. PORTAMIÑA	26.87	-	-
55. NOGUEIRA-PINTO BLANCO, Hugo	07	PABELLON OURENSE	26.92	-	-
56. ESPERÓN RODRÍGUEZ, Rodrigo	07	C. N. PONTEAREAS	27.61	-	-
57. ESMORIS SIERRA, Hugo	08	A. D. FOGAR	28.01	-	-
DSQ RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	-	-	-

Saída anticipada



Prueba 2, Masc., 50m Libre, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
Baja	LOBELLE GONZALEZ, Ivan	89	C. FLUVIAL LUGO		-	-
Baja	JUNCAL MOREIRA, Pablo	01	C. N. GALAICO		-	-
Baja	CAMPOS VARELA, Sergio	96	C. N. PANAS		-	-



Prueba 2
28/12/2023

Masc., 50m Libre

Absoluto Masculino
Resultados Desempate Prelim

RG	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN	Tempo	ABSO	JUNI	
1. ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	24.00	-	-
2. CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	24.13	-	-



Prueba 3
28/12/2023 - 9:55

Fem., 400m Libre

Absoluto Femenino
Resultados

RG	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
RC	4:10.82	, GOMEZ CORTES, BEATRIZ	GALAICO	28/12/2019

Clasificación	AN		Tempo	ABSO	JUNI	
Junior Femenino						
1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	4:19.27	16,00	19,00
	50m: 29.67 29.67 150m: 1:34.51 32.71 250m: 2:40.52 32.85 350m: 3:46.93 33.25					
	100m: 1:01.80 32.13 200m: 2:07.67 33.16 300m: 3:13.68 33.16 400m: 4:19.27 32.34					
2.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	4:30.06	12,00	16,00
	50m: 30.45 30.45 150m: 1:37.72 34.34 250m: 2:46.77 34.49 350m: 3:56.54 34.89					
	100m: 1:03.38 32.93 200m: 2:12.28 34.56 300m: 3:21.65 34.88 400m: 4:30.06 33.52					
3.	RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	4:45.45	5,00	14,00
	50m: 32.01 32.01 150m: 1:42.72 35.84 250m: 2:55.75 36.56 350m: 4:09.14 36.83					
	100m: 1:06.88 34.87 200m: 2:19.19 36.47 300m: 3:32.31 36.56 400m: 4:45.45 36.31					
4.	PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	4:47.11	4,00	13,00
	50m: 33.25 33.25 150m: 1:44.68 35.66 250m: 2:56.72 36.04 350m: 4:10.36 37.21					
	100m: 1:09.02 35.77 200m: 2:20.68 36.00 300m: 3:33.15 36.43 400m: 4:47.11 36.75					
5.	BABARRO LOPEZ, Maria	08	PABELLON OURENSE	4:52.57	-	12,00
	50m: 32.33 32.33 150m: 1:43.54 36.03 250m: 2:57.41 37.10 350m: 4:13.92 38.60					
	100m: 1:07.51 35.18 200m: 2:20.31 36.77 300m: 3:35.32 37.91 400m: 4:52.57 38.65					
6.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	4:52.65	-	11,00
	50m: 33.01 33.01 150m: 1:45.87 37.02 250m: 3:00.18 37.15 350m: 4:15.74 37.73					
	100m: 1:08.85 35.84 200m: 2:23.03 37.16 300m: 3:38.01 37.83 400m: 4:52.65 36.91					
7.	COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	4:53.45	-	10,00
	50m: 33.77 33.77 150m: 1:47.04 37.02 250m: 3:01.60 37.22 350m: 4:16.68 37.61					
	100m: 1:10.02 36.25 200m: 2:24.38 37.34 300m: 3:39.07 37.47 400m: 4:53.45 36.77					
8.	PIÑEIRO FERNANDEZ, Antia	08	RCN VIGO	4:53.88	-	9,00
	50m: 33.16 33.16 150m: 1:46.19 36.71 250m: 2:59.69 36.55 350m: 4:15.93 38.60					
	100m: 1:09.48 36.32 200m: 2:23.14 36.95 300m: 3:37.33 37.64 400m: 4:53.88 37.95					
9.	MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	4:53.97	-	8,00
	50m: 32.21 32.21 150m: 1:44.38 36.63 250m: 2:59.79 38.05 350m: 4:15.82 37.91					
	100m: 1:07.75 35.54 200m: 2:21.74 37.36 300m: 3:37.91 38.12 400m: 4:53.97 38.15					
10.	CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	4:54.96	-	7,00
	50m: 33.62 33.62 150m: 1:46.60 36.55 250m: 3:01.85 37.68 350m: 4:17.99 38.02					
	100m: 1:10.05 36.43 200m: 2:24.17 37.57 300m: 3:39.97 38.12 400m: 4:54.96 36.97					
11.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	4:56.69	-	6,00
	50m: 32.78 32.78 150m: 1:45.39 36.89 250m: 3:00.76 38.11 350m: 4:18.62 39.19					
	100m: 1:08.50 35.72 200m: 2:22.65 37.26 300m: 3:39.43 38.67 400m: 4:56.69 38.07					
12.	ORTEGO PORTA, Aldara	07	C. N. GALAICO	4:58.57	-	5,00
	50m: 33.75 33.75 150m: 1:49.95 38.36 250m: 3:07.45 39.07 350m: 4:23.49 37.92					
	100m: 1:11.59 37.84 200m: 2:28.38 38.43 300m: 3:45.57 38.12 400m: 4:58.57 35.08					
13.	NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS	5:01.08	-	4,00
	50m: 35.29 35.29 150m: 1:50.83 37.57 250m: 3:07.09 38.36 350m: 4:23.64 38.35					
	100m: 1:13.26 37.97 200m: 2:28.73 37.90 300m: 3:45.29 38.20 400m: 5:01.08 37.44					



Prueba 3, Fem., 400m Libre, Junior Femenino

Clasificación	AN	Tempo	ABSO	JUNI
14. FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE 5:09.16	-	-
50m: 33.80 33.80	150m: 1:51.37	39.59	250m: 3:10.46	39.51
100m: 1:11.78 37.98	200m: 2:30.95	39.58	300m: 3:49.99	39.53
			350m: 4:30.44	40.45
			400m: 5:09.16	38.72
15. MARTINEZ MORAN, Esther	07	C. N. PORTAMIÑA 5:09.37	-	-
50m: 32.87 32.87	150m: 1:50.93	39.91	250m: 3:10.83	40.11
100m: 1:11.02 38.15	200m: 2:30.72	39.79	300m: 3:50.72	39.89
			350m: 4:30.85	40.13
			400m: 5:09.37	38.52
16. MARTIN VEIRA, Alicia	08	C. N. CULLEREDO 5:11.40	-	-
50m: 34.90 34.90	150m: 1:51.16	38.55	250m: 3:09.98	39.76
100m: 1:12.61 37.71	200m: 2:30.22	39.06	300m: 3:50.52	40.54
			350m: 4:31.58	41.06
			400m: 5:11.40	39.82
Baja CUGINI LENCE, Emma	08	C. FLUVIAL LUGO	-	-

Absoluto Femenino

1. CARRON MUIÑA, Carla	05	C. N. PONTEAREAS 4:13.19	19,00	-
50m: 29.19 29.19	150m: 1:32.53	31.74	250m: 2:36.94	31.92
100m: 1:00.79 31.60	200m: 2:05.02	32.49	300m: 3:09.35	32.41
			350m: 3:41.12	31.77
			400m: 4:13.19	32.07
2. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA 4:19.27	16,00	19,00
50m: 29.67 29.67	150m: 1:34.51	32.71	250m: 2:40.52	32.85
100m: 1:01.80 32.13	200m: 2:07.67	33.16	300m: 3:13.68	33.16
			350m: 3:46.93	33.25
			400m: 4:19.27	32.34
3. FEIJOO GOMEZ, Eva	04	PABELLON OURENSE 4:26.50	14,00	-
50m: 30.24 30.24	150m: 1:37.29	33.72	250m: 2:44.47	33.74
100m: 1:03.57 33.33	200m: 2:10.73	33.44	300m: 3:18.20	33.73
			350m: 3:52.48	34.28
			400m: 4:26.50	34.02
4. CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA 4:29.85	13,00	-
50m: 30.21 30.21	150m: 1:36.98	33.75	250m: 2:46.16	34.73
100m: 1:03.23 33.02	200m: 2:11.43	34.45	300m: 3:21.41	35.25
			350m: 3:56.40	34.99
			400m: 4:29.85	33.45
5. VILLARNOVO PAZOS, Lucia	08	C. N. FERROL 4:30.06	12,00	16,00
50m: 30.45 30.45	150m: 1:37.72	34.34	250m: 2:46.77	34.49
100m: 1:03.38 32.93	200m: 2:12.28	34.56	300m: 3:21.65	34.88
			350m: 3:56.54	34.89
			400m: 4:30.06	33.52
6. BARROS DA SILVA, Sofia	09	C. N. GALAICO 4:36.01	11,00	-
50m: 31.42 31.42	150m: 1:39.34	34.39	250m: 2:49.34	35.25
100m: 1:04.95 33.53	200m: 2:14.09	34.75	300m: 3:24.82	35.48
			350m: 4:00.67	35.85
			400m: 4:36.01	35.34
7. VEIGA SOUTO, Ana	98	C. N. ARTEIXO 4:39.34	10,00	-
50m: 31.49 31.49	150m: 1:41.46	35.32	250m: 2:52.66	35.53
100m: 1:06.14 34.65	200m: 2:17.13	35.67	300m: 3:28.40	35.74
			350m: 4:04.37	35.97
			400m: 4:39.34	34.97
8. INSUA REY, Carmela	09	A. D. FOGAR 4:40.66	9,00	-
50m: 32.18 32.18	150m: 1:42.29	35.35	250m: 2:53.99	35.83
100m: 1:06.94 34.76	200m: 2:18.16	35.87	300m: 3:30.01	36.02
			350m: 4:06.31	36.30
			400m: 4:40.66	34.35
9. CANALDA RAMOS, Laura	09	C. N. CORUÑA 4:41.35	8,00	-
50m: 31.80 31.80	150m: 1:41.68	35.26	250m: 2:53.23	35.97
100m: 1:06.42 34.62	200m: 2:17.26	35.58	300m: 3:29.50	36.27
			350m: 4:05.88	36.38
			400m: 4:41.35	35.47
10. PARDO CHAS, Eva	04	C. N. FERROL 4:42.73	7,00	-
50m: 31.60 31.60	150m: 1:41.32	35.34	250m: 2:53.51	36.10
100m: 1:05.98 34.38	200m: 2:17.41	36.09	300m: 3:30.06	36.55
			350m: 4:06.96	36.90
			400m: 4:42.73	35.77

Prueba 3, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN							Tempo	ABSO	JUNI		
11.	GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS	4:43.21	6,00	-						
	50m: 31.48 31.48	150m: 1:42.38	36.08	250m: 2:55.89	36.79	350m: 4:09.82	36.99					
	100m: 1:06.30 34.82	200m: 2:19.10	36.72	300m: 3:32.83	36.94	400m: 4:43.21	33.39					
12.	RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	4:45.45	5,00	14,00						
	50m: 32.01 32.01	150m: 1:42.72	35.84	250m: 2:55.75	36.56	350m: 4:09.14	36.83					
	100m: 1:06.88 34.87	200m: 2:19.19	36.47	300m: 3:32.31	36.56	400m: 4:45.45	36.31					
13.	PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	4:47.11	4,00	13,00						
	50m: 33.25 33.25	150m: 1:44.68	35.66	250m: 2:56.72	36.04	350m: 4:10.36	37.21					
	100m: 1:09.02 35.77	200m: 2:20.68	36.00	300m: 3:33.15	36.43	400m: 4:47.11	36.75					
14.	ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	4:48.74	-	-						
	50m: 33.35 33.35	150m: 1:45.75	36.54	250m: 2:58.67	36.41	350m: 4:11.99	36.91					
	100m: 1:09.21 35.86	200m: 2:22.26	36.51	300m: 3:35.08	36.41	400m: 4:48.74	36.75					
15.	FREIJE TORNEIRO, Aroa	98	C. N. PORTAMIÑA	4:49.69	-	-						
	50m: 31.55 31.55	150m: 1:44.75	37.17	250m: 2:59.76	37.55	350m: 4:14.71	37.31					
	100m: 1:07.58 36.03	200m: 2:22.21	37.46	300m: 3:37.40	37.64	400m: 4:49.69	34.98					
16.	CAMPOS TATO, Uxia	05	PABELLON OURENSE	4:51.02	-	-						
	50m: 31.87 31.87	150m: 1:45.12	37.25	250m: 2:59.97	37.62	350m: 4:14.87	37.57					
	100m: 1:07.87 36.00	200m: 2:22.35	37.23	300m: 3:37.30	37.33	400m: 4:51.02	36.15					
17.	ROCHA GONZALEZ, Gisele	09	C. N. GALAICO	4:52.29	-	-						
	50m: 32.78 32.78	150m: 1:45.23	36.81	250m: 2:59.71	37.43	350m: 4:15.60	38.13					
	100m: 1:08.42 35.64	200m: 2:22.28	37.05	300m: 3:37.47	37.76	400m: 4:52.29	36.69					
18.	BABARRO LOPEZ, Maria	08	PABELLON OURENSE	4:52.57	-	12,00						
	50m: 32.33 32.33	150m: 1:43.54	36.03	250m: 2:57.41	37.10	350m: 4:13.92	38.60					
	100m: 1:07.51 35.18	200m: 2:20.31	36.77	300m: 3:35.32	37.91	400m: 4:52.57	38.65					
19.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	4:52.65	-	11,00						
	50m: 33.01 33.01	150m: 1:45.87	37.02	250m: 3:00.18	37.15	350m: 4:15.74	37.73					
	100m: 1:08.85 35.84	200m: 2:23.03	37.16	300m: 3:38.01	37.83	400m: 4:52.65	36.91					
20.	COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	4:53.45	-	10,00						
	50m: 33.77 33.77	150m: 1:47.04	37.02	250m: 3:01.60	37.22	350m: 4:16.68	37.61					
	100m: 1:10.02 36.25	200m: 2:24.38	37.34	300m: 3:39.07	37.47	400m: 4:53.45	36.77					
21.	ILLAN LAMAS, Aroa	10	C. N. PORTAMIÑA	4:53.75	-	-						
	50m: 32.25 32.25	150m: 1:45.76	37.14	250m: 3:01.03	37.90	350m: 4:17.28	37.96					
	100m: 1:08.62 36.37	200m: 2:23.13	37.37	300m: 3:39.32	38.29	400m: 4:53.75	36.47					
22.	PIÑEIRO FERNANDEZ, Antia	08	RCN VIGO	4:53.88	-	9,00						
	50m: 33.16 33.16	150m: 1:46.19	36.71	250m: 2:59.69	36.55	350m: 4:15.93	38.60					
	100m: 1:09.48 36.32	200m: 2:23.14	36.95	300m: 3:37.33	37.64	400m: 4:53.88	37.95					
23.	MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	4:53.97	-	8,00						
	50m: 32.21 32.21	150m: 1:44.38	36.63	250m: 2:59.79	38.05	350m: 4:15.82	37.91					
	100m: 1:07.75 35.54	200m: 2:21.74	37.36	300m: 3:37.91	38.12	400m: 4:53.97	38.15					
24.	CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	4:54.96	-	7,00						
	50m: 33.62 33.62	150m: 1:46.60	36.55	250m: 3:01.85	37.68	350m: 4:17.99	38.02					
	100m: 1:10.05 36.43	200m: 2:24.17	37.57	300m: 3:39.97	38.12	400m: 4:54.96	36.97					
25.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	4:56.69	-	6,00						
	50m: 32.78 32.78	150m: 1:45.39	36.89	250m: 3:00.76	38.11	350m: 4:18.62	39.19					
	100m: 1:08.50 35.72	200m: 2:22.65	37.26	300m: 3:39.43	38.67	400m: 4:56.69	38.07					



Prueba 3, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN						Tiempo	ABSO	JUNI
26. ORTEGO PORTA, Aldara	07	C. N. GALAICO		4:58.57	-	5,00			
50m: 33.75 33.75	150m: 1:49.95	38.36	250m: 3:07.45	39.07	350m: 4:23.49	37.92			
100m: 1:11.59 37.84	200m: 2:28.38	38.43	300m: 3:45.57	38.12	400m: 4:58.57	35.08			
27. SEGOVIA CARBALLO, Paula	00	C. N. FERROL		5:00.90	-	-			
50m: 33.33 33.33	150m: 1:47.23	37.43	250m: 3:05.15	39.23	350m: 4:24.04	39.53			
100m: 1:09.80 36.47	200m: 2:25.92	38.69	300m: 3:44.51	39.36	400m: 5:00.90	36.86			
28. NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS		5:01.08	-	4,00			
50m: 35.29 35.29	150m: 1:50.83	37.57	250m: 3:07.09	38.36	350m: 4:23.64	38.35			
100m: 1:13.26 37.97	200m: 2:28.73	37.90	300m: 3:45.29	38.20	400m: 5:01.08	37.44			
29. FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE		5:09.16	-	-			
50m: 33.80 33.80	150m: 1:51.37	39.59	250m: 3:10.46	39.51	350m: 4:30.44	40.45			
100m: 1:11.78 37.98	200m: 2:30.95	39.58	300m: 3:49.99	39.53	400m: 5:09.16	38.72			
30. MARTINEZ MORAN, Esther	07	C. N. PORTAMIÑA		5:09.37	-	-			
50m: 32.87 32.87	150m: 1:50.93	39.91	250m: 3:10.83	40.11	350m: 4:30.85	40.13			
100m: 1:11.02 38.15	200m: 2:30.72	39.79	300m: 3:50.72	39.89	400m: 5:09.37	38.52			
31. MARTIN VEIRA, Alicia	08	C. N. CULLEREDO		5:11.40	-	-			
50m: 34.90 34.90	150m: 1:51.16	38.55	250m: 3:09.98	39.76	350m: 4:31.58	41.06			
100m: 1:12.61 37.71	200m: 2:30.22	39.06	300m: 3:50.52	40.54	400m: 5:11.40	39.82			
32. SEOANE BAHILLO, Sara	00	RCN VIGO		5:11.78	-	-			
50m: 33.18 33.18	150m: 1:48.83	38.75	250m: 3:09.34	40.68	350m: 4:31.83	41.34			
100m: 1:10.08 36.90	200m: 2:28.66	39.83	300m: 3:50.49	41.15	400m: 5:11.78	39.95			
Baja CUGINI LENCE, Emma	08	C. FLUVIAL LUGO			-	-			



Prueba 4
28/12/2023 - 10:22

Masc., 1500m Libre

Absoluto Masculino
Resultados

RG	15:10.59	, BRION SAMPEDRO, IVAN	RIVEIRA	27/11/2009
RC	15:20.65	, DAVILA LUSTRES, MANUEL	RIVEIRA	29/12/2017

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Masculino

1. MANEIROS PAZ, Mario	06	C. N. FERROL	16:12.05	14,00	19,00	
50m: 27.80 27.80	450m: 4:42.02	32.42	850m: 9:04.04	32.80	1250m: 13:27.40	33.32
100m: 57.99 30.19	500m: 5:14.31	32.29	900m: 9:36.68	32.64	1300m: 14:00.91	33.51
150m: 1:29.03 31.04	550m: 5:47.19	32.88	950m: 10:09.76	33.08	1350m: 14:33.49	32.58
200m: 2:00.52 31.49	600m: 6:19.96	32.77	1000m: 10:42.71	32.95	1400m: 15:06.75	33.26
250m: 2:32.47 31.95	650m: 6:52.67	32.71	1050m: 11:15.64	32.93	1450m: 15:39.97	33.22
300m: 3:04.68 32.21	700m: 7:25.41	32.74	1100m: 11:48.52	32.88	1500m: 16:12.05	32.08
350m: 3:37.24 32.56	750m: 7:58.08	32.67	1150m: 12:21.11	32.59		
400m: 4:09.60 32.36	800m: 8:31.24	33.16	1200m: 12:54.08	32.97		
2. MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	16:27.66	13,00	16,00	
50m: 30.27 30.27	450m: 4:43.78	31.98	850m: 9:07.09	33.35	1250m: 13:37.82	34.34
100m: 1:01.70 31.43	500m: 5:16.04	32.26	900m: 9:40.32	33.23	1300m: 14:12.22	34.40
150m: 1:33.48 31.78	550m: 5:48.30	32.26	950m: 10:13.77	33.45	1350m: 14:46.41	34.19
200m: 2:05.20 31.72	600m: 6:20.81	32.51	1000m: 10:47.69	33.92	1400m: 15:20.67	34.26
250m: 2:36.52 31.32	650m: 6:53.77	32.96	1050m: 11:21.40	33.71	1450m: 15:54.94	34.27
300m: 3:08.18 31.66	700m: 7:26.73	32.96	1100m: 11:55.62	34.22	1500m: 16:27.66	32.72
350m: 3:39.80 31.62	750m: 8:00.24	33.51	1150m: 12:29.43	33.81		
400m: 4:11.80 32.00	800m: 8:33.74	33.50	1200m: 13:03.48	34.05		
3. PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	16:31.74	12,00	14,00	
50m: 28.51 28.51	450m: 4:49.01	32.89	850m: 9:14.39	33.33	1250m: 13:43.35	33.74
100m: 59.88 31.37	500m: 5:22.14	33.13	900m: 9:47.51	33.12	1300m: 14:17.88	34.53
150m: 1:32.19 32.31	550m: 5:55.12	32.98	950m: 10:21.06	33.55	1350m: 14:51.81	33.93
200m: 2:05.01 32.82	600m: 6:28.25	33.13	1000m: 10:54.20	33.14	1400m: 15:26.23	34.42
250m: 2:38.02 33.01	650m: 7:01.25	33.00	1050m: 11:27.94	33.74	1450m: 16:00.66	34.43
300m: 3:10.45 32.43	700m: 7:34.44	33.19	1100m: 12:01.72	33.78	1500m: 16:31.74	31.08
350m: 3:43.58 33.13	750m: 8:07.62	33.18	1150m: 12:35.38	33.66		
400m: 4:16.12 32.54	800m: 8:41.06	33.44	1200m: 13:09.61	34.23		
4. CUBEIRO ROSENDE, Xoel	07	C. N. LICEO	16:47.18	11,00	13,00	
50m: 28.62 28.62	450m: 4:51.93	33.87	850m: 9:25.98	34.30	1250m: 14:01.04	33.87
100m: 1:00.04 31.42	500m: 5:26.29	34.36	900m: 10:00.44	34.46	1300m: 14:35.63	34.59
150m: 1:32.59 32.55	550m: 5:59.90	33.61	950m: 10:34.86	34.42	1350m: 15:09.46	33.83
200m: 2:05.34 32.75	600m: 6:34.65	34.75	1000m: 11:09.00	34.14	1400m: 15:42.59	33.13
250m: 2:38.35 33.01	650m: 7:09.02	34.37	1050m: 11:43.46	34.46	1450m: 16:16.19	33.60
300m: 3:11.49 33.14	700m: 7:43.69	34.67	1100m: 12:18.33	34.87	1500m: 16:47.18	30.99
350m: 3:44.71 33.22	750m: 8:17.56	33.87	1150m: 12:52.67	34.34		
400m: 4:18.06 33.35	800m: 8:51.68	34.12	1200m: 13:27.17	34.50		
5. GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	17:08.67	10,00	12,00	
50m: 28.85 28.85	450m: 4:58.21	34.34	850m: 9:38.49	35.21	1250m: 14:17.79	35.62
100m: 1:00.68 31.83	500m: 5:32.77	34.56	900m: 10:13.74	35.25	1300m: 14:53.67	35.88
150m: 1:33.94 33.26	550m: 6:07.92	35.15	950m: 10:48.55	34.81	1350m: 15:27.24	33.57
200m: 2:07.37 33.43	600m: 6:42.79	34.87	1000m: 11:23.35	34.80	1400m: 16:02.04	34.80
250m: 2:40.95 33.58	650m: 7:17.99	35.20	1050m: 11:57.87	34.52	1450m: 16:35.70	33.66
300m: 3:15.11 34.16	700m: 7:52.71	34.72	1100m: 12:32.99	35.12	1500m: 17:08.67	32.97
350m: 3:49.39 34.28	750m: 8:27.65	34.94	1150m: 13:07.59	34.60		
400m: 4:23.87 34.48	800m: 9:03.28	35.63	1200m: 13:42.17	34.58		



Prueba 4, Masc., 1500m Libre, Junior Masculino

Clasificación	AN		Tiempo		ABSO	JUNI					
6. PREGO GROBA, Brais	08		C. N. PONTEAREAS 17:16.89		7,00	11,00					
50m:	29.65	29.65	450m:	5:02.22	34.48	850m:	9:42.15	34.69	1250m:	14:22.26	34.63
100m:	1:02.43	32.78	500m:	5:37.36	35.14	900m:	10:16.96	34.81	1300m:	14:57.14	34.88
150m:	1:36.15	33.72	550m:	6:12.17	34.81	950m:	10:52.34	35.38	1350m:	15:31.83	34.69
200m:	2:10.61	34.46	600m:	6:47.05	34.88	1000m:	11:27.41	35.07	1400m:	16:06.61	34.78
250m:	2:44.68	34.07	650m:	7:22.10	35.05	1050m:	12:02.50	35.09	1450m:	16:40.88	34.27
300m:	3:18.57	33.89	700m:	7:56.96	34.86	1100m:	12:37.79	35.29	1500m:	17:16.89	36.01
350m:	3:53.05	34.48	750m:	8:31.75	34.79	1150m:	13:12.89	35.10			
400m:	4:27.74	34.69	800m:	9:07.46	35.71	1200m:	13:47.63	34.74			
7. GARCÍA AFONSO, Alexis	07		C. N. FERROL 17:18.93		5,00	10,00					
50m:	30.17	30.17	450m:	4:59.28	34.91	850m:	9:38.56	34.52	1250m:	14:22.49	35.69
100m:	1:02.11	31.94	500m:	5:33.67	34.39	900m:	10:13.64	35.08	1300m:	14:58.60	36.11
150m:	1:34.44	32.33	550m:	6:09.01	35.34	950m:	10:49.35	35.71	1350m:	15:34.58	35.98
200m:	2:07.42	32.98	600m:	6:43.72	34.71	1000m:	11:24.42	35.07	1400m:	16:10.15	35.57
250m:	2:41.05	33.63	650m:	7:18.84	35.12	1050m:	11:59.82	35.40	1450m:	16:45.28	35.13
300m:	3:15.17	34.12	700m:	7:54.06	35.22	1100m:	12:35.31	35.49	1500m:	17:18.93	33.65
350m:	3:49.80	34.63	750m:	8:28.82	34.76	1150m:	13:11.14	35.83			
400m:	4:24.37	34.57	800m:	9:04.04	35.22	1200m:	13:46.80	35.66			
8. SOUTO RAMOS, Manuel	07		A. D. FOGAR 17:24.76		4,00	9,00					
50m:	29.10	29.10	450m:	4:57.30	34.51	850m:	9:37.27	35.36	1250m:	14:23.98	36.29
100m:	1:00.90	31.80	500m:	5:31.66	34.36	900m:	10:12.94	35.67	1300m:	15:00.23	36.25
150m:	1:34.27	33.37	550m:	6:06.23	34.57	950m:	10:48.31	35.37	1350m:	15:36.95	36.72
200m:	2:07.20	32.93	600m:	6:41.11	34.88	1000m:	11:23.81	35.50	1400m:	16:13.38	36.43
250m:	2:40.43	33.23	650m:	7:15.97	34.86	1050m:	11:59.45	35.64	1450m:	16:49.62	36.24
300m:	3:14.20	33.77	700m:	7:51.22	35.25	1100m:	12:35.44	35.99	1500m:	17:24.76	35.14
350m:	3:48.28	34.08	750m:	8:26.74	35.52	1150m:	13:11.57	36.13			
400m:	4:22.79	34.51	800m:	9:01.91	35.17	1200m:	13:47.69	36.12			
9. DIAZ RODRIGUEZ, Ivan	08		C. N. PORTAMIÑA 17:28.31		-	8,00					
50m:	30.84	30.84	450m:	5:08.87	35.29	850m:	9:50.11	35.44	1250m:	14:32.98	35.46
100m:	1:04.39	33.55	500m:	5:44.17	35.30	900m:	10:25.29	35.18	1300m:	15:08.62	35.64
150m:	1:38.66	34.27	550m:	6:19.17	35.00	950m:	11:00.77	35.48	1350m:	15:43.82	35.20
200m:	2:13.20	34.54	600m:	6:54.26	35.09	1000m:	11:36.15	35.38	1400m:	16:19.15	35.33
250m:	2:48.26	35.06	650m:	7:29.67	35.41	1050m:	12:11.23	35.08	1450m:	16:54.56	35.41
300m:	3:23.30	35.04	700m:	8:04.63	34.96	1100m:	12:47.06	35.83	1500m:	17:28.31	33.75
350m:	3:58.26	34.96	750m:	8:39.49	34.86	1150m:	13:22.50	35.44			
400m:	4:33.58	35.32	800m:	9:14.67	35.18	1200m:	13:57.52	35.02			
10. GAVIEIRO MONTERO, Raul	07		C. N. PORTAMIÑA 17:32.40		-	-					
50m:	30.27	30.27	450m:	5:02.22	34.87	850m:	9:45.29	35.58	1250m:	14:34.68	36.29
100m:	1:03.23	32.96	500m:	5:37.01	34.79	900m:	10:21.53	36.24	1300m:	15:10.88	36.20
150m:	1:36.20	32.97	550m:	6:12.45	35.44	950m:	10:57.44	35.91	1350m:	15:47.20	36.32
200m:	2:09.83	33.63	600m:	6:47.50	35.05	1000m:	11:33.63	36.19	1400m:	16:22.65	35.45
250m:	2:43.70	33.87	650m:	7:23.03	35.53	1050m:	12:09.78	36.15	1450m:	16:57.99	35.34
300m:	3:18.06	34.36	700m:	7:58.32	35.29	1100m:	12:45.63	35.85	1500m:	17:32.40	34.41
350m:	3:52.52	34.46	750m:	8:34.25	35.93	1150m:	13:21.83	36.20			
400m:	4:27.35	34.83	800m:	9:09.71	35.46	1200m:	13:58.39	36.56			



Prueba 4, Masc., 1500m Libre, Junior Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
11. GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	17:39.17	-	7,00	
50m: 30.84 30.84	450m: 5:06.72	34.69	850m: 9:50.70	35.64	1250m: 14:38.40	36.61
100m: 1:04.46 33.62	500m: 5:42.20	35.48	900m: 10:26.25	35.55	1300m: 15:15.05	36.65
150m: 1:39.10 34.64	550m: 6:17.34	35.14	950m: 11:01.56	35.31	1350m: 15:51.16	36.11
200m: 2:13.86 34.76	600m: 6:52.74	35.40	1000m: 11:37.62	36.06	1400m: 16:27.40	36.24
250m: 2:48.25 34.39	650m: 7:27.46	34.72	1050m: 12:13.58	35.96	1450m: 17:03.80	36.40
300m: 3:22.39 34.14	700m: 8:03.16	35.70	1100m: 12:49.45	35.87	1500m: 17:39.17	35.37
350m: 3:56.87 34.48	750m: 8:39.03	35.87	1150m: 13:25.67	36.22		
400m: 4:32.03 35.16	800m: 9:15.06	36.03	1200m: 14:01.79	36.12		
12. ORTEGO PORTA, Andre	07	C. N. GALAICO	17:58.24	-	6,00	
50m: 31.66 31.66	450m: 5:17.81	35.97	850m: 10:05.72	36.08	1250m: 14:56.68	36.63
100m: 1:06.82 35.16	500m: 5:53.92	36.11	900m: 10:41.78	36.06	1300m: 15:33.25	36.57
150m: 1:42.46 35.64	550m: 6:29.86	35.94	950m: 11:18.35	36.57	1350m: 16:09.65	36.40
200m: 2:18.27 35.81	600m: 7:05.87	36.01	1000m: 11:54.41	36.06	1400m: 16:46.40	36.75
250m: 2:54.10 35.83	650m: 7:41.95	36.08	1050m: 12:30.50	36.09	1450m: 17:22.89	36.49
300m: 3:29.85 35.75	700m: 8:17.91	35.96	1100m: 13:06.94	36.44	1500m: 17:58.24	35.35
350m: 4:05.94 36.09	750m: 8:53.67	35.76	1150m: 13:43.78	36.84		
400m: 4:41.84 35.90	800m: 9:29.64	35.97	1200m: 14:20.05	36.27		
13. MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO	18:08.62	-	5,00	
50m: 30.23 30.23	450m: 5:15.04	36.99	850m: 10:11.62	37.09	1250m: 15:09.20	37.45
100m: 1:03.97 33.74	500m: 5:52.81	37.77	900m: 10:48.28	36.66	1300m: 15:45.80	36.60
150m: 1:38.75 34.78	550m: 6:30.42	37.61	950m: 11:25.37	37.09	1350m: 16:22.93	37.13
200m: 2:14.25 35.50	600m: 7:06.84	36.42	1000m: 12:02.72	37.35	1400m: 17:00.04	37.11
250m: 2:49.90 35.65	650m: 7:41.89	35.05	1050m: 12:40.45	37.73	1450m: 17:35.39	35.35
300m: 3:25.79 35.89	700m: 8:19.13	37.24	1100m: 13:17.25	36.80	1500m: 18:08.62	33.23
350m: 4:01.41 35.62	750m: 8:56.93	37.80	1150m: 13:54.71	37.46		
400m: 4:38.05 36.64	800m: 9:34.53	37.60	1200m: 14:31.75	37.04		
14. GONZALEZ PREGO, Xose	08	C. N. CORUÑA	18:19.57	-	4,00	
50m: 30.67 30.67	450m: 5:18.35	37.17	850m: 10:18.35	37.80	1250m: 15:19.53	37.32
100m: 1:05.02 34.35	500m: 5:55.40	37.05	900m: 10:56.51	38.16	1300m: 15:56.51	36.98
150m: 1:39.73 34.71	550m: 6:33.13	37.73	950m: 11:33.82	37.31	1350m: 16:33.68	37.17
200m: 2:15.29 35.56	600m: 7:10.38	37.25	1000m: 12:11.74	37.92	1400m: 17:10.33	36.65
250m: 2:51.33 36.04	650m: 7:47.68	37.30	1050m: 12:49.59	37.85	1450m: 17:46.27	35.94
300m: 3:27.70 36.37	700m: 8:25.25	37.57	1100m: 13:27.32	37.73	1500m: 18:19.57	33.30
350m: 4:04.13 36.43	750m: 9:06.17	40.92	1150m: 14:04.68	37.36		
400m: 4:41.18 37.05	800m: 9:40.55	34.38	1200m: 14:42.21	37.53		
15. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	18:19.87	-	3,00	
50m: 31.35 31.35	450m: 5:16.32	36.66	850m: 10:14.24	37.12	1250m: 15:16.83	37.61
100m: 1:04.76 33.41	500m: 5:53.33	37.01	900m: 10:51.93	37.69	1300m: 15:59.38	42.55
150m: 1:39.64 34.88	550m: 6:30.83	37.50	950m: 11:30.27	38.34	1350m: 16:31.29	31.91
200m: 2:15.10 35.46	600m: 7:08.31	37.48	1000m: 12:07.87	37.60	1400m: 17:09.02	37.73
250m: 2:50.78 35.68	650m: 7:45.19	36.88	1050m: 12:45.74	37.87	1450m: 17:45.91	36.89
300m: 3:27.00 36.22	700m: 8:22.28	37.09	1100m: 13:23.37	37.63	1500m: 18:19.87	33.96
350m: 4:03.22 36.22	750m: 8:59.74	37.46	1150m: 14:01.36	37.99		
400m: 4:39.66 36.44	800m: 9:37.12	37.38	1200m: 14:39.22	37.86		



Prueba 4, Masc., 1500m Libre, Junior Masculino

Clasificación	AN	Club	Tiempo	ABSO	JUNI
16.	08	C. N. PONTEAREAS	18:22.77	-	2,00
50m:	31.05	31.05	450m:	5:17.06	36.73
100m:	1:05.63	34.58	500m:	5:54.31	37.25
150m:	1:40.75	35.12	550m:	6:31.64	37.33
200m:	2:16.29	35.54	600m:	7:09.29	37.65
250m:	2:51.91	35.62	650m:	7:46.82	37.53
300m:	3:27.76	35.85	700m:	8:24.84	38.02
350m:	4:03.87	36.11	750m:	9:02.41	37.57
400m:	4:40.33	36.46	800m:	9:39.87	37.46
850m:	10:17.63	37.76	900m:	10:55.05	37.42
950m:	11:32.36	37.31	1000m:	12:10.10	37.74
1050m:	12:48.01	37.91	1100m:	13:25.82	37.81
1150m:	14:03.82	38.00	1200m:	14:41.64	37.82
1250m:	15:19.56	37.92	1300m:	15:56.96	37.40
1350m:	16:34.14	37.18	1400m:	17:11.18	37.04
1450m:	17:47.74	36.56	1500m:	18:22.77	35.03
17.	07	CIDADE SANTIAGO	18:24.48	-	1,00
50m:	32.16	32.16	450m:	5:26.98	37.29
100m:	1:07.83	35.67	500m:	6:03.99	37.01
150m:	1:44.44	36.61	550m:	6:41.84	37.85
200m:	2:21.22	36.78	600m:	7:19.22	37.38
250m:	2:58.30	37.08	650m:	7:56.61	37.39
300m:	3:35.46	37.16	700m:	8:33.49	36.88
350m:	4:12.42	36.96	750m:	9:11.11	37.62
400m:	4:49.69	37.27	800m:	9:48.41	37.30
850m:	10:26.37	37.96	900m:	11:03.96	37.59
950m:	11:41.47	37.51	1000m:	12:18.87	37.40
1050m:	12:56.62	37.75	1100m:	13:33.79	37.17
1150m:	14:11.13	37.34	1200m:	14:47.88	36.75
1250m:	15:24.64	36.76	1300m:	16:00.80	36.16
1350m:	16:38.21	37.41	1400m:	17:14.01	35.80
1450m:	17:50.42	36.41	1500m:	18:24.48	34.06
18.	07	C. Del Mar De San Arr	18:24.58	-	-
50m:	33.14	33.14	450m:	5:30.72	37.36
100m:	1:09.84	36.70	500m:	6:08.29	37.57
150m:	1:46.83	36.99	550m:	6:45.36	37.07
200m:	2:24.10	37.27	600m:	7:22.65	37.29
250m:	3:01.37	37.27	650m:	8:00.16	37.51
300m:	3:38.87	37.50	700m:	8:37.99	37.83
350m:	4:16.01	37.14	750m:	9:15.46	37.47
400m:	4:53.36	37.35	800m:	9:51.27	35.81
850m:	10:28.16	36.89	900m:	11:04.79	36.63
950m:	11:41.53	36.74	1000m:	12:17.95	36.42
1050m:	12:54.77	36.82	1100m:	13:31.70	36.93
1150m:	14:08.35	36.65	1200m:	14:45.47	37.12
1250m:	15:22.55	37.08	1300m:	15:59.53	36.98
1350m:	16:36.02	36.49	1400m:	17:13.72	37.70
1450m:	17:50.34	36.62	1500m:	18:24.58	34.24
DSQ	08	C. N. LICEO		-	-
<i>Saída anticipada</i>					
DSQ	07	C. N. PONTEAREAS		-	-
<i>Retirado</i>					
Baja	08	SPORTING CASINO		-	-

Absoluto Masculino

1.	03	VIGO RIAS BAIXAS	14:58.31	26,00	-	RG
50m:	27.14	27.14	450m:	4:24.78	30.05	30.14
100m:	56.29	29.15	500m:	4:55.04	30.26	29.97
150m:	1:25.95	29.66	550m:	5:25.08	30.04	30.73
200m:	1:55.68	29.73	600m:	5:55.22	30.14	30.75
250m:	2:25.21	29.53	650m:	6:25.36	30.14	30.44
300m:	2:55.06	29.85	700m:	6:55.40	30.04	28.13
350m:	3:24.84	29.78	750m:	7:25.61	30.21	
400m:	3:54.73	29.89	800m:	7:55.49	29.88	
850m:	8:25.54	30.05	900m:	8:55.86	30.32	
950m:	9:26.23	30.37	1000m:	9:56.63	30.40	
1050m:	10:26.90	30.27	1100m:	10:57.14	30.24	
1150m:	11:27.68	30.54	1200m:	11:58.15	30.47	
1250m:	12:28.29					
1300m:	12:58.26					
1350m:	13:28.99					
1400m:	13:59.74					
1450m:	14:30.18					
1500m:	14:58.31					

Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación			AN			Tempo	ABSO	JUNI				
2.	GARCÍA CASTRO, Mateo		05	C. N. ARTEIXO		15:34.36	16,00	-				
	50m:	27.32	27.32	450m:	4:29.63	30.60	850m:	8:40.95	31.70	1250m:	12:57.10	32.22
	100m:	56.64	29.32	500m:	5:00.62	30.99	900m:	9:12.57	31.62	1300m:	13:29.30	32.20
	150m:	1:26.83	30.19	550m:	5:31.67	31.05	950m:	9:44.26	31.69	1350m:	14:01.03	31.73
	200m:	1:57.26	30.43	600m:	6:02.92	31.25	1000m:	10:15.95	31.69	1400m:	14:32.40	31.37
	250m:	2:27.54	30.28	650m:	6:34.41	31.49	1050m:	10:47.82	31.87	1450m:	15:03.60	31.20
	300m:	2:57.91	30.37	700m:	7:06.10	31.69	1100m:	11:20.00	32.18	1500m:	15:34.36	30.76
	350m:	3:28.48	30.57	750m:	7:37.66	31.56	1150m:	11:52.35	32.35			
	400m:	3:59.03	30.55	800m:	8:09.25	31.59	1200m:	12:24.88	32.53			
3.	MANEIRO PAZ, Mario		06	C. N. FERROL		16:12.05	14,00	19,00				
	50m:	27.80	27.80	450m:	4:42.02	32.42	850m:	9:04.04	32.80	1250m:	13:27.40	33.32
	100m:	57.99	30.19	500m:	5:14.31	32.29	900m:	9:36.68	32.64	1300m:	14:00.91	33.51
	150m:	1:29.03	31.04	550m:	5:47.19	32.88	950m:	10:09.76	33.08	1350m:	14:33.49	32.58
	200m:	2:00.52	31.49	600m:	6:19.96	32.77	1000m:	10:42.71	32.95	1400m:	15:06.75	33.26
	250m:	2:32.47	31.95	650m:	6:52.67	32.71	1050m:	11:15.64	32.93	1450m:	15:39.97	33.22
	300m:	3:04.68	32.21	700m:	7:25.41	32.74	1100m:	11:48.52	32.88	1500m:	16:12.05	32.08
	350m:	3:37.24	32.56	750m:	7:58.08	32.67	1150m:	12:21.11	32.59			
	400m:	4:09.60	32.36	800m:	8:31.24	33.16	1200m:	12:54.08	32.97			
4.	MASSO ROIG, Martin		07	VIGO RIAS BAIXAS		16:27.66	13,00	16,00				
	50m:	30.27	30.27	450m:	4:43.78	31.98	850m:	9:07.09	33.35	1250m:	13:37.82	34.34
	100m:	1:01.70	31.43	500m:	5:16.04	32.26	900m:	9:40.32	33.23	1300m:	14:12.22	34.40
	150m:	1:33.48	31.78	550m:	5:48.30	32.26	950m:	10:13.77	33.45	1350m:	14:46.41	34.19
	200m:	2:05.20	31.72	600m:	6:20.81	32.51	1000m:	10:47.69	33.92	1400m:	15:20.67	34.26
	250m:	2:36.52	31.32	650m:	6:53.77	32.96	1050m:	11:21.40	33.71	1450m:	15:54.94	34.27
	300m:	3:08.18	31.66	700m:	7:26.73	32.96	1100m:	11:55.62	34.22	1500m:	16:27.66	32.72
	350m:	3:39.80	31.62	750m:	8:00.24	33.51	1150m:	12:29.43	33.81			
	400m:	4:11.80	32.00	800m:	8:33.74	33.50	1200m:	13:03.48	34.05			
5.	PEREZ FERNANDEZ, Brais		07	C. N. PORTAMIÑA		16:31.74	12,00	14,00				
	50m:	28.51	28.51	450m:	4:49.01	32.89	850m:	9:14.39	33.33	1250m:	13:43.35	33.74
	100m:	59.88	31.37	500m:	5:22.14	33.13	900m:	9:47.51	33.12	1300m:	14:17.88	34.53
	150m:	1:32.19	32.31	550m:	5:55.12	32.98	950m:	10:21.06	33.55	1350m:	14:51.81	33.93
	200m:	2:05.01	32.82	600m:	6:28.25	33.13	1000m:	10:54.20	33.14	1400m:	15:26.23	34.42
	250m:	2:38.02	33.01	650m:	7:01.25	33.00	1050m:	11:27.94	33.74	1450m:	16:00.66	34.43
	300m:	3:10.45	32.43	700m:	7:34.44	33.19	1100m:	12:01.72	33.78	1500m:	16:31.74	31.08
	350m:	3:43.58	33.13	750m:	8:07.62	33.18	1150m:	12:35.38	33.66			
	400m:	4:16.12	32.54	800m:	8:41.06	33.44	1200m:	13:09.61	34.23			
6.	CUBEIRO ROSENDE, Xoel		07	C. N. LICEO		16:47.18	11,00	13,00				
	50m:	28.62	28.62	450m:	4:51.93	33.87	850m:	9:25.98	34.30	1250m:	14:01.04	33.87
	100m:	1:00.04	31.42	500m:	5:26.29	34.36	900m:	10:00.44	34.46	1300m:	14:35.63	34.59
	150m:	1:32.59	32.55	550m:	5:59.90	33.61	950m:	10:34.86	34.42	1350m:	15:09.46	33.83
	200m:	2:05.34	32.75	600m:	6:34.65	34.75	1000m:	11:09.00	34.14	1400m:	15:42.59	33.13
	250m:	2:38.35	33.01	650m:	7:09.02	34.37	1050m:	11:43.46	34.46	1450m:	16:16.19	33.60
	300m:	3:11.49	33.14	700m:	7:43.69	34.67	1100m:	12:18.33	34.87	1500m:	16:47.18	30.99
	350m:	3:44.71	33.22	750m:	8:17.56	33.87	1150m:	12:52.67	34.34			
	400m:	4:18.06	33.35	800m:	8:51.68	34.12	1200m:	13:27.17	34.50			



Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
7. GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	17:08.67	10,00	12,00	
50m: 28.85 28.85	450m: 4:58.21	34.34	850m: 9:38.49	35.21	1250m: 14:17.79	35.62
100m: 1:00.68 31.83	500m: 5:32.77	34.56	900m: 10:13.74	35.25	1300m: 14:53.67	35.88
150m: 1:33.94 33.26	550m: 6:07.92	35.15	950m: 10:48.55	34.81	1350m: 15:27.24	33.57
200m: 2:07.37 33.43	600m: 6:42.79	34.87	1000m: 11:23.35	34.80	1400m: 16:02.04	34.80
250m: 2:40.95 33.58	650m: 7:17.99	35.20	1050m: 11:57.87	34.52	1450m: 16:35.70	33.66
300m: 3:15.11 34.16	700m: 7:52.71	34.72	1100m: 12:32.99	35.12	1500m: 17:08.67	32.97
350m: 3:49.39 34.28	750m: 8:27.65	34.94	1150m: 13:07.59	34.60		
400m: 4:23.87 34.48	800m: 9:03.28	35.63	1200m: 13:42.17	34.58		
8. TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	17:12.50	9,00	-	
50m: 29.20 29.20	450m: 4:56.52	34.02	850m: 9:37.89	35.61	1250m: 14:19.76	35.35
100m: 1:01.19 31.99	500m: 5:30.77	34.25	900m: 10:13.37	35.48	1300m: 14:53.99	34.23
150m: 1:34.27 33.08	550m: 6:05.27	34.50	950m: 10:48.41	35.04	1350m: 15:28.47	34.48
200m: 2:07.44 33.17	600m: 6:40.12	34.85	1000m: 11:23.51	35.10	1400m: 16:03.46	34.99
250m: 2:40.90 33.46	650m: 7:15.55	35.43	1050m: 11:58.33	34.82	1450m: 16:37.96	34.50
300m: 3:14.63 33.73	700m: 7:51.17	35.62	1100m: 12:33.69	35.36	1500m: 17:12.50	34.54
350m: 3:48.61 33.98	750m: 8:26.64	35.47	1150m: 13:09.09	35.40		
400m: 4:22.50 33.89	800m: 9:02.28	35.64	1200m: 13:44.41	35.32		
9. GUTIERREZ MARIÑO, Santiago	02	PABELLON OURENSI	17:15.21	8,00	-	
50m: 30.36 30.36	450m: 5:03.59	34.33	850m: 9:40.30	35.28	1250m: 14:21.78	35.40
100m: 1:04.00 33.64	500m: 5:38.05	34.46	900m: 10:15.32	35.02	1300m: 14:56.87	35.09
150m: 1:37.99 33.99	550m: 6:12.13	34.08	950m: 10:50.60	35.28	1350m: 15:31.91	35.04
200m: 2:12.34 34.35	600m: 6:46.34	34.21	1000m: 11:25.84	35.24	1400m: 16:06.75	34.84
250m: 2:46.20 33.86	650m: 7:20.82	34.48	1050m: 12:00.94	35.10	1450m: 16:41.56	34.81
300m: 3:20.40 34.20	700m: 7:55.29	34.47	1100m: 12:36.24	35.30	1500m: 17:15.21	33.65
350m: 3:54.79 34.39	750m: 8:30.03	34.74	1150m: 13:11.39	35.15		
400m: 4:29.26 34.47	800m: 9:05.02	34.99	1200m: 13:46.38	34.99		
10. PREGO GROBA, Brais	08	C. N. PONTEAREAS	17:16.89	7,00	11,00	
50m: 29.65 29.65	450m: 5:02.22	34.48	850m: 9:42.15	34.69	1250m: 14:22.26	34.63
100m: 1:02.43 32.78	500m: 5:37.36	35.14	900m: 10:16.96	34.81	1300m: 14:57.14	34.88
150m: 1:36.15 33.72	550m: 6:12.17	34.81	950m: 10:52.34	35.38	1350m: 15:31.83	34.69
200m: 2:10.61 34.46	600m: 6:47.05	34.88	1000m: 11:27.41	35.07	1400m: 16:06.61	34.78
250m: 2:44.68 34.07	650m: 7:22.10	35.05	1050m: 12:02.50	35.09	1450m: 16:40.88	34.27
300m: 3:18.57 33.89	700m: 7:56.96	34.86	1100m: 12:37.79	35.29	1500m: 17:16.89	36.01
350m: 3:53.05 34.48	750m: 8:31.75	34.79	1150m: 13:12.89	35.10		
400m: 4:27.74 34.69	800m: 9:07.46	35.71	1200m: 13:47.63	34.74		
11. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	17:17.07	6,00	-	
50m: 29.13 29.13	450m: 5:02.59	34.91	850m: 9:44.08	35.03	1250m: 14:24.64	34.69
100m: 1:01.82 32.69	500m: 5:37.82	35.23	900m: 10:19.25	35.17	1300m: 14:59.56	34.92
150m: 1:35.52 33.70	550m: 6:12.79	34.97	950m: 10:54.43	35.18	1350m: 15:34.65	35.09
200m: 2:09.83 34.31	600m: 6:48.14	35.35	1000m: 11:29.63	35.20	1400m: 16:09.62	34.97
250m: 2:44.02 34.19	650m: 7:23.20	35.06	1050m: 12:04.81	35.18	1450m: 16:44.25	34.63
300m: 3:18.38 34.36	700m: 7:58.49	35.29	1100m: 12:40.22	35.41	1500m: 17:17.07	32.82
350m: 3:52.92 34.54	750m: 8:33.57	35.08	1150m: 13:14.95	34.73		
400m: 4:27.68 34.76	800m: 9:09.05	35.48	1200m: 13:49.95	35.00		



Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
12. GARCÍA AFONSO, Alexis	07		C. N. FERROL		17:18.93	5,00 10,00
50m: 30.17 30.17	450m: 4:59.28	34.91	850m: 9:38.56	34.52	1250m: 14:22.49	35.69
100m: 1:02.11 31.94	500m: 5:33.67	34.39	900m: 10:13.64	35.08	1300m: 14:58.60	36.11
150m: 1:34.44 32.33	550m: 6:09.01	35.34	950m: 10:49.35	35.71	1350m: 15:34.58	35.98
200m: 2:07.42 32.98	600m: 6:43.72	34.71	1000m: 11:24.42	35.07	1400m: 16:10.15	35.57
250m: 2:41.05 33.63	650m: 7:18.84	35.12	1050m: 11:59.82	35.40	1450m: 16:45.28	35.13
300m: 3:15.17 34.12	700m: 7:54.06	35.22	1100m: 12:35.31	35.49	1500m: 17:18.93	33.65
350m: 3:49.80 34.63	750m: 8:28.82	34.76	1150m: 13:11.14	35.83		
400m: 4:24.37 34.57	800m: 9:04.04	35.22	1200m: 13:46.80	35.66		
13. SOUTO RAMOS, Manuel	07		A. D. FOGAR		17:24.76	4,00 9,00
50m: 29.10 29.10	450m: 4:57.30	34.51	850m: 9:37.27	35.36	1250m: 14:23.98	36.29
100m: 1:00.90 31.80	500m: 5:31.66	34.36	900m: 10:12.94	35.67	1300m: 15:00.23	36.25
150m: 1:34.27 33.37	550m: 6:06.23	34.57	950m: 10:48.31	35.37	1350m: 15:36.95	36.72
200m: 2:07.20 32.93	600m: 6:41.11	34.88	1000m: 11:23.81	35.50	1400m: 16:13.38	36.43
250m: 2:40.43 33.23	650m: 7:15.97	34.86	1050m: 11:59.45	35.64	1450m: 16:49.62	36.24
300m: 3:14.20 33.77	700m: 7:51.22	35.25	1100m: 12:35.44	35.99	1500m: 17:24.76	35.14
350m: 3:48.28 34.08	750m: 8:26.74	35.52	1150m: 13:11.57	36.13		
400m: 4:22.79 34.51	800m: 9:01.91	35.17	1200m: 13:47.69	36.12		
14. LOPEZ TURÍÑO, Hugo	09		C. N. LICEO		17:26.84	- -
50m: 29.98 29.98	450m: 5:07.71	34.82	850m: 9:46.69	34.83	1250m: 14:29.99	35.96
100m: 1:03.85 33.87	500m: 5:42.53	34.82	900m: 10:21.53	34.84	1300m: 15:06.13	36.14
150m: 1:38.65 34.80	550m: 6:17.38	34.85	950m: 10:56.50	34.97	1350m: 15:42.13	36.00
200m: 2:13.44 34.79	600m: 6:52.01	34.63	1000m: 11:31.81	35.31	1400m: 16:16.97	34.84
250m: 2:48.25 34.81	650m: 7:26.77	34.76	1050m: 12:07.28	35.47	1450m: 16:52.55	35.58
300m: 3:23.18 34.93	700m: 8:01.72	34.95	1100m: 12:43.12	35.84	1500m: 17:26.84	34.29
350m: 3:58.21 35.03	750m: 8:36.92	35.20	1150m: 13:17.96	34.84		
400m: 4:32.89 34.68	800m: 9:11.86	34.94	1200m: 13:54.03	36.07		
15. DIAZ RODRIGUEZ, Ivan	08		C. N. PORTAMIÑA		17:28.31	- 8,00
50m: 30.84 30.84	450m: 5:08.87	35.29	850m: 9:50.11	35.44	1250m: 14:32.98	35.46
100m: 1:04.39 33.55	500m: 5:44.17	35.30	900m: 10:25.29	35.18	1300m: 15:08.62	35.64
150m: 1:38.66 34.27	550m: 6:19.17	35.00	950m: 11:00.77	35.48	1350m: 15:43.82	35.20
200m: 2:13.20 34.54	600m: 6:54.26	35.09	1000m: 11:36.15	35.38	1400m: 16:19.15	35.33
250m: 2:48.26 35.06	650m: 7:29.67	35.41	1050m: 12:11.23	35.08	1450m: 16:54.56	35.41
300m: 3:23.30 35.04	700m: 8:04.63	34.96	1100m: 12:47.06	35.83	1500m: 17:28.31	33.75
350m: 3:58.26 34.96	750m: 8:39.49	34.86	1150m: 13:22.50	35.44		
400m: 4:33.58 35.32	800m: 9:14.67	35.18	1200m: 13:57.52	35.02		
16. GAVIEIRO MONTERO, Raul	07		C. N. PORTAMIÑA		17:32.40	- -
50m: 30.27 30.27	450m: 5:02.22	34.87	850m: 9:45.29	35.58	1250m: 14:34.68	36.29
100m: 1:03.23 32.96	500m: 5:37.01	34.79	900m: 10:21.53	36.24	1300m: 15:10.88	36.20
150m: 1:36.20 32.97	550m: 6:12.45	35.44	950m: 10:57.44	35.91	1350m: 15:47.20	36.32
200m: 2:09.83 33.63	600m: 6:47.50	35.05	1000m: 11:33.63	36.19	1400m: 16:22.65	35.45
250m: 2:43.70 33.87	650m: 7:23.03	35.53	1050m: 12:09.78	36.15	1450m: 16:57.99	35.34
300m: 3:18.06 34.36	700m: 7:58.32	35.29	1100m: 12:45.63	35.85	1500m: 17:32.40	34.41
350m: 3:52.52 34.46	750m: 8:34.25	35.93	1150m: 13:21.83	36.20		
400m: 4:27.35 34.83	800m: 9:09.71	35.46	1200m: 13:58.39	36.56		



Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI	
17. GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	17:39.17	-	7,00		
50m: 30.84	30.84	450m: 5:06.72	34.69	850m: 9:50.70	35.64	1250m: 14:38.40	36.61
100m: 1:04.46	33.62	500m: 5:42.20	35.48	900m: 10:26.25	35.55	1300m: 15:15.05	36.65
150m: 1:39.10	34.64	550m: 6:17.34	35.14	950m: 11:01.56	35.31	1350m: 15:51.16	36.11
200m: 2:13.86	34.76	600m: 6:52.74	35.40	1000m: 11:37.62	36.06	1400m: 16:27.40	36.24
250m: 2:48.25	34.39	650m: 7:27.46	34.72	1050m: 12:13.58	35.96	1450m: 17:03.80	36.40
300m: 3:22.39	34.14	700m: 8:03.16	35.70	1100m: 12:49.45	35.87	1500m: 17:39.17	35.37
350m: 3:56.87	34.48	750m: 8:39.03	35.87	1150m: 13:25.67	36.22		
400m: 4:32.03	35.16	800m: 9:15.06	36.03	1200m: 14:01.79	36.12		
18. PENAS CAYADO, Fernando	09	SPORTING CASINO	17:54.53	-	-		
50m: 29.88	29.88	450m: 5:08.39	34.97	850m: 10:00.44	37.05	1250m: 14:54.28	36.17
100m: 1:03.94	34.06	500m: 5:44.31	35.92	900m: 10:37.09	36.65	1300m: 15:30.64	36.36
150m: 1:38.45	34.51	550m: 6:20.69	36.38	950m: 11:14.08	36.99	1350m: 16:07.09	36.45
200m: 2:13.45	35.00	600m: 6:56.80	36.11	1000m: 11:50.68	36.60	1400m: 16:43.52	36.43
250m: 2:48.02	34.57	650m: 7:33.39	36.59	1050m: 12:27.71	37.03	1450m: 17:19.31	35.79
300m: 3:23.21	35.19	700m: 8:09.80	36.41	1100m: 13:04.45	36.74	1500m: 17:54.53	35.22
350m: 3:58.51	35.30	750m: 8:46.47	36.67	1150m: 13:41.66	37.21		
400m: 4:33.42	34.91	800m: 9:23.39	36.92	1200m: 14:18.11	36.45		
19. ORTEGO PORTA, Andre	07	C. N. GALAICO	17:58.24	-	6,00		
50m: 31.66	31.66	450m: 5:17.81	35.97	850m: 10:05.72	36.08	1250m: 14:56.68	36.63
100m: 1:06.82	35.16	500m: 5:53.92	36.11	900m: 10:41.78	36.06	1300m: 15:33.25	36.57
150m: 1:42.46	35.64	550m: 6:29.86	35.94	950m: 11:18.35	36.57	1350m: 16:09.65	36.40
200m: 2:18.27	35.81	600m: 7:05.87	36.01	1000m: 11:54.41	36.06	1400m: 16:46.40	36.75
250m: 2:54.10	35.83	650m: 7:41.95	36.08	1050m: 12:30.50	36.09	1450m: 17:22.89	36.49
300m: 3:29.85	35.75	700m: 8:17.91	35.96	1100m: 13:06.94	36.44	1500m: 17:58.24	35.35
350m: 4:05.94	36.09	750m: 8:53.67	35.76	1150m: 13:43.78	36.84		
400m: 4:41.84	35.90	800m: 9:29.64	35.97	1200m: 14:20.05	36.27		
20. MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO	18:08.62	-	5,00		
50m: 30.23	30.23	450m: 5:15.04	36.99	850m: 10:11.62	37.09	1250m: 15:09.20	37.45
100m: 1:03.97	33.74	500m: 5:52.81	37.77	900m: 10:48.28	36.66	1300m: 15:45.80	36.60
150m: 1:38.75	34.78	550m: 6:30.42	37.61	950m: 11:25.37	37.09	1350m: 16:22.93	37.13
200m: 2:14.25	35.50	600m: 7:06.84	36.42	1000m: 12:02.72	37.35	1400m: 17:00.04	37.11
250m: 2:49.90	35.65	650m: 7:41.89	35.05	1050m: 12:40.45	37.73	1450m: 17:35.39	35.35
300m: 3:25.79	35.89	700m: 8:19.13	37.24	1100m: 13:17.25	36.80	1500m: 18:08.62	33.23
350m: 4:01.41	35.62	750m: 8:56.93	37.80	1150m: 13:54.71	37.46		
400m: 4:38.05	36.64	800m: 9:34.53	37.60	1200m: 14:31.75	37.04		
21. GONZALEZ PREGO, Xose	08	C. N. CORUÑA	18:19.57	-	4,00		
50m: 30.67	30.67	450m: 5:18.35	37.17	850m: 10:18.35	37.80	1250m: 15:19.53	37.32
100m: 1:05.02	34.35	500m: 5:55.40	37.05	900m: 10:56.51	38.16	1300m: 15:56.51	36.98
150m: 1:39.73	34.71	550m: 6:33.13	37.73	950m: 11:33.82	37.31	1350m: 16:33.68	37.17
200m: 2:15.29	35.56	600m: 7:10.38	37.25	1000m: 12:11.74	37.92	1400m: 17:10.33	36.65
250m: 2:51.33	36.04	650m: 7:47.68	37.30	1050m: 12:49.59	37.85	1450m: 17:46.27	35.94
300m: 3:27.70	36.37	700m: 8:25.25	37.57	1100m: 13:27.32	37.73	1500m: 18:19.57	33.30
350m: 4:04.13	36.43	750m: 9:06.17	40.92	1150m: 14:04.68	37.36		
400m: 4:41.18	37.05	800m: 9:40.55	34.38	1200m: 14:42.21	37.53		



Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI	
22. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	18:19.87	-	3,00		
50m: 31.35	31.35	450m: 5:16.32	36.66	850m: 10:14.24	37.12	1250m: 15:16.83	37.61
100m: 1:04.76	33.41	500m: 5:53.33	37.01	900m: 10:51.93	37.69	1300m: 15:59.38	42.55
150m: 1:39.64	34.88	550m: 6:30.83	37.50	950m: 11:30.27	38.34	1350m: 16:31.29	31.91
200m: 2:15.10	35.46	600m: 7:08.31	37.48	1000m: 12:07.87	37.60	1400m: 17:09.02	37.73
250m: 2:50.78	35.68	650m: 7:45.19	36.88	1050m: 12:45.74	37.87	1450m: 17:45.91	36.89
300m: 3:27.00	36.22	700m: 8:22.28	37.09	1100m: 13:23.37	37.63	1500m: 18:19.87	33.96
350m: 4:03.22	36.22	750m: 8:59.74	37.46	1150m: 14:01.36	37.99		
400m: 4:39.66	36.44	800m: 9:37.12	37.38	1200m: 14:39.22	37.86		
23. LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	18:22.77	-	2,00		
50m: 31.05	31.05	450m: 5:17.06	36.73	850m: 10:17.63	37.76	1250m: 15:19.56	37.92
100m: 1:05.63	34.58	500m: 5:54.31	37.25	900m: 10:55.05	37.42	1300m: 15:56.96	37.40
150m: 1:40.75	35.12	550m: 6:31.64	37.33	950m: 11:32.36	37.31	1350m: 16:34.14	37.18
200m: 2:16.29	35.54	600m: 7:09.29	37.65	1000m: 12:10.10	37.74	1400m: 17:11.18	37.04
250m: 2:51.91	35.62	650m: 7:46.82	37.53	1050m: 12:48.01	37.91	1450m: 17:47.74	36.56
300m: 3:27.76	35.85	700m: 8:24.84	38.02	1100m: 13:25.82	37.81	1500m: 18:22.77	35.03
350m: 4:03.87	36.11	750m: 9:02.41	37.57	1150m: 14:03.82	38.00		
400m: 4:40.33	36.46	800m: 9:39.87	37.46	1200m: 14:41.64	37.82		
24. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	18:24.48	-	1,00		
50m: 32.16	32.16	450m: 5:26.98	37.29	850m: 10:26.37	37.96	1250m: 15:24.64	36.76
100m: 1:07.83	35.67	500m: 6:03.99	37.01	900m: 11:03.96	37.59	1300m: 16:00.80	36.16
150m: 1:44.44	36.61	550m: 6:41.84	37.85	950m: 11:41.47	37.51	1350m: 16:38.21	37.41
200m: 2:21.22	36.78	600m: 7:19.22	37.38	1000m: 12:18.87	37.40	1400m: 17:14.01	35.80
250m: 2:58.30	37.08	650m: 7:56.61	37.39	1050m: 12:56.62	37.75	1450m: 17:50.42	36.41
300m: 3:35.46	37.16	700m: 8:33.49	36.88	1100m: 13:33.79	37.17	1500m: 18:24.48	34.06
350m: 4:12.42	36.96	750m: 9:11.11	37.62	1150m: 14:11.13	37.34		
400m: 4:49.69	37.27	800m: 9:48.41	37.30	1200m: 14:47.88	36.75		
25. GARAIZABAL DE LA MONTAÑA, Carlo	07	C. Del Mar De San Arr	18:24.58	-	-		
50m: 33.14	33.14	450m: 5:30.72	37.36	850m: 10:28.16	36.89	1250m: 15:22.55	37.08
100m: 1:09.84	36.70	500m: 6:08.29	37.57	900m: 11:04.79	36.63	1300m: 15:59.53	36.98
150m: 1:46.83	36.99	550m: 6:45.36	37.07	950m: 11:41.53	36.74	1350m: 16:36.02	36.49
200m: 2:24.10	37.27	600m: 7:22.65	37.29	1000m: 12:17.95	36.42	1400m: 17:13.72	37.70
250m: 3:01.37	37.27	650m: 8:00.16	37.51	1050m: 12:54.77	36.82	1450m: 17:50.34	36.62
300m: 3:38.87	37.50	700m: 8:37.99	37.83	1100m: 13:31.70	36.93	1500m: 18:24.58	34.24
350m: 4:16.01	37.14	750m: 9:15.46	37.47	1150m: 14:08.35	36.65		
400m: 4:53.36	37.35	800m: 9:51.27	35.81	1200m: 14:45.47	37.12		
DSQ	BAO PURRIÑOS, Manuel	08	C. N. LICEO	-	-		
	<i>Saída anticipada</i>						
DSQ	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	-	-		
	<i>Retirado</i>						
Baja	SOBRINO NOGALES, Sebastian	08	SPORTING CASINO	-	-		



Prueba 5
28/12/2023 - 19:12

Fem., 200m Estilos

Absoluto Femenino
Resultados Final

RG	2:10.93	, GOMEZ CORTES, BEATRIZ	GALAICO	01/12/2013
RC	2:12.89	, GOMEZ CORTES, BEATRIZ	GALAICO	19/12/2014

Clasificación	AN			Tempo	ABSO	JUNI
Final A						
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:19.62	19,00	-
	50m: 30.38 30.38	100m: 1:06.87	36.49	150m: 1:45.46	38.59	200m: 2:19.62 34.16
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:22.99	16,00	-
	50m: 30.68 30.68	100m: 1:08.24	37.56	150m: 1:49.11	40.87	200m: 2:22.99 33.88
3.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	2:24.80	14,00	-
	50m: 30.47 30.47	100m: 1:08.60	38.13	150m: 1:49.49	40.89	200m: 2:24.80 35.31
4.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	2:26.48	13,00	-
	50m: 32.29 32.29	100m: 1:10.11	37.82	150m: 1:52.62	42.51	200m: 2:26.48 33.86
5.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:29.95	12,00	-
	50m: 32.25 32.25	100m: 1:10.43	38.18	150m: 1:54.92	44.49	200m: 2:29.95 35.03
6.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:31.21	11,00	-
	50m: 32.27 32.27	100m: 1:10.11	37.84	150m: 1:55.99	45.88	200m: 2:31.21 35.22
Final B						
7.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:31.86	10,00	-
	50m: 32.93 32.93	100m: 1:12.54	39.61	150m: 1:56.80	44.26	200m: 2:31.86 35.06
8.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	2:34.11	9,00	-
	50m: 34.23 34.23	100m: 1:14.47	40.24	150m: 1:59.67	45.20	200m: 2:34.11 34.44
9.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	2:34.29	8,00	-
	50m: 34.63 34.63	100m: 1:15.67	41.04	150m: 1:59.44	43.77	200m: 2:34.29 34.85
10.	VIDAL RODRIGUEZ, Mara	10	C. N. GALAICO	2:36.84	-	-
	50m: 34.59 34.59	100m: 1:14.12	39.53	150m: 2:01.59	47.47	200m: 2:36.84 35.25
11.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	2:39.31	7,00	-
	50m: 32.07 32.07	100m: 1:14.14	42.07	150m: 2:02.44	48.30	200m: 2:39.31 36.87
12.	LOPEZ FRANCO, Maria	07	A. D. FOGAR	2:43.61	-	-
	50m: 34.71 34.71	100m: 1:17.46	42.75	150m: 2:03.43	45.97	200m: 2:43.61 40.18



Prueba 5
28/12/2023 - 11:37

Fem., 200m Estilos

Absoluto Femenino
Resultados Prelim

RG	2:10.93	, GOMEZ CORTES, BEATRIZ	GALAICO	01/12/2013
RC	2:12.89	, GOMEZ CORTES, BEATRIZ	GALAICO	19/12/2014

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Femenino						
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:19.48	- 19,00	A
	50m: 30.34 30.34	100m: 1:06.11	35.77 150m: 1:45.82	39.71	200m: 2:19.48	33.66
2.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:28.21	- 16,00	A
	50m: 32.05 32.05	100m: 1:08.26	36.21 150m: 1:53.74	45.48	200m: 2:28.21	34.47
3.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:31.03	- 14,00	A
	50m: 32.27 32.27	100m: 1:10.95	38.68 150m: 1:55.11	44.16	200m: 2:31.03	35.92
4.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:32.95	- 13,00	B
	50m: 32.73 32.73	100m: 1:11.92	39.19 150m: 1:57.89	45.97	200m: 2:32.95	35.06
5.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	2:34.54	- 12,00	B
	50m: 34.83 34.83	100m: 1:14.80	39.97 150m: 1:58.60	43.80	200m: 2:34.54	35.94
6.	LOPEZ FRANCO, Maria	07	A. D. FOGAR	2:39.01	- 11,00	B
	50m: 32.84 32.84	100m: 1:12.28	39.44 150m: 1:58.94	46.66	200m: 2:39.01	40.07
7.	CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	2:41.57	- 10,00	
	50m: 34.20 34.20	100m: 1:16.25	42.05 150m: 2:03.38	47.13	200m: 2:41.57	38.19
8.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	2:47.89	-	-
	50m: 34.89 34.89	100m: 1:17.68	42.79 150m: 2:06.56	48.88	200m: 2:47.89	41.33

Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:19.48	- 19,00	A
	50m: 30.34 30.34	100m: 1:06.11	35.77 150m: 1:45.82	39.71	200m: 2:19.48	33.66
2.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	2:24.39	-	- A
	50m: 30.29 30.29	100m: 1:08.18	37.89 150m: 1:49.44	41.26	200m: 2:24.39	34.95
3.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:25.72	-	- A
	50m: 30.55 30.55	100m: 1:08.44	37.89 150m: 1:50.04	41.60	200m: 2:25.72	35.68
4.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	2:26.66	-	- A
	50m: 32.82 32.82	100m: 1:10.05	37.23 150m: 1:53.13	43.08	200m: 2:26.66	33.53
5.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:28.21	- 16,00	A
	50m: 32.05 32.05	100m: 1:08.26	36.21 150m: 1:53.74	45.48	200m: 2:28.21	34.47
6.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:31.03	- 14,00	A
	50m: 32.27 32.27	100m: 1:10.95	38.68 150m: 1:55.11	44.16	200m: 2:31.03	35.92
7.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	2:32.34	-	- B
	50m: 33.14 33.14	100m: 1:12.34	39.20 150m: 1:57.27	44.93	200m: 2:32.34	35.07
8.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:32.95	- 13,00	B
	50m: 32.73 32.73	100m: 1:11.92	39.19 150m: 1:57.89	45.97	200m: 2:32.95	35.06



Prueba 5, Fem., 200m Estilos, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI
9. ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	2:34.54	-	12,00 B
50m: 34.83 34.83	100m: 1:14.80	39.97 150m: 1:58.60	43.80	200m: 2:34.54	35.94
10. HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	2:35.94	-	- B
50m: 31.85 31.85	100m: 1:12.24	40.39 150m: 1:59.42	47.18	200m: 2:35.94	36.52
11. VIDAL RODRIGUEZ, Mara	10	C. N. GALAICO	2:38.13	-	- B
50m: 34.57 34.57	100m: 1:13.04	38.47 150m: 2:02.69	49.65	200m: 2:38.13	35.44
12. LOPEZ FRANCO, Maria	07	A. D. FOGAR	2:39.01	-	11,00 B
50m: 32.84 32.84	100m: 1:12.28	39.44 150m: 1:58.94	46.66	200m: 2:39.01	40.07
13. CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	2:41.57	-	10,00
50m: 34.20 34.20	100m: 1:16.25	42.05 150m: 2:03.38	47.13	200m: 2:41.57	38.19
14. MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	2:47.89	-	-
50m: 34.89 34.89	100m: 1:17.68	42.79 150m: 2:06.56	48.88	200m: 2:47.89	41.33
DSQ SEOANE BAHILLO, Sara	00	RCN VIGO		-	-
<i>Viraxe irregular</i>					



Prueba 6
28/12/2023 - 19:02

Masc., 200m Estilos

Absoluto Masculino
Resultados Final

RG	2:00.52	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	28/12/2019
RC	2:00.52	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	28/12/2019

Clasificación				AN				Tiempo	ABSO	JUNI	
Final A											
1.	ALVAREZ FERNANDEZ, Borja			96	C. FLUVIAL LUGO			2:04.66	19,00	-	
	50m:	26.98	26.98	100m:	58.80	31.82	150m:	1:35.68	36.88	200m:	2:04.66 28.98
2.	NAVARRO LOSADA, Sergi			07	C. N. FERROL			2:07.18	16,00	-	
	50m:	27.53	27.53	100m:	57.78	30.25	150m:	1:37.91	40.13	200m:	2:07.18 29.27
3.	MOURE DOVAL, Jose			99	C. N. MONFORTE			2:09.64	14,00	-	
	50m:	27.29	27.29	100m:	59.58	32.29	150m:	1:38.07	38.49	200m:	2:09.64 31.57
4.	FARO MARTINEZ, Yoel			07	C. N. PONTEAREAS			2:12.02	13,00	-	
	50m:	28.90	28.90	100m:	1:03.52	34.62	150m:	1:40.51	36.99	200m:	2:12.02 31.51
5.	CARRERA COSTAS, Martin			96	C. N. PONTEAREAS			2:12.99	12,00	-	
	50m:	29.67	29.67	100m:	1:04.52	34.85	150m:	1:41.84	37.32	200m:	2:12.99 31.15
6.	DEL RIO REGUEIRA, Marcos			93	C. N. ARTEIXO			2:14.06	11,00	-	
	50m:	28.49	28.49	100m:	1:03.93	35.44	150m:	1:42.88	38.95	200m:	2:14.06 31.18
Final B											
7.	SOUTO VILAS, Jorge			07	A. D. FOGAR			2:13.75	10,00	-	
	50m:	29.30	29.30	100m:	1:02.31	33.01	150m:	1:41.64	39.33	200m:	2:13.75 32.11
8.	LOPEZ FERNANDEZ, Martin			04	PABELLON OURENSE			2:14.05	9,00	-	
	50m:	29.94	29.94	100m:	1:03.18	33.24	150m:	1:43.45	40.27	200m:	2:14.05 30.60
9.	ALONSO VIDAL, Teo			07	VIGO RIAS BAIXAS			2:15.92	8,00	-	
	50m:	29.69	29.69	100m:	1:05.57	35.88	150m:	1:45.66	40.09	200m:	2:15.92 30.26
10.	FRAGA SAL, Alexandre			06	C. N. PORTAMIÑA			2:16.35	7,00	-	
	50m:	30.08	30.08	100m:	1:05.20	35.12	150m:	1:46.08	40.88	200m:	2:16.35 30.27
11.	INFESTAS CARAZO, Samuel			03	RCN VIGO			2:18.82	6,00	-	
	50m:	29.63	29.63	100m:	1:06.07	36.44	150m:	1:46.69	40.62	200m:	2:18.82 32.13
12.	MARTINEZ MARTINEZ, Marcos			03	C. N. PONTEAREAS			2:19.29	-	-	
	50m:	30.26	30.26	100m:	1:05.93	35.67	150m:	1:46.60	40.67	200m:	2:19.29 32.69



Prueba 6
28/12/2023 - 11:51

Masc., 200m Estilos

Absoluto Masculino
Resultados Prelim

RG	2:00.52	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	28/12/2019
RC	2:00.52	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	28/12/2019

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Masculino						
1.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:06.45	- 19,00	A
	50m: 27.30 27.30	100m: 57.97	30.67 150m: 1:36.75	38.78	200m: 2:06.45	29.70
2.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:11.69	- 16,00	A
	50m: 28.36 28.36	100m: 1:02.55	34.19 150m: 1:39.47	36.92	200m: 2:11.69	32.22
3.	SOUTO VILAS, Jorge	07	A. D. FOGAR	2:13.93	- 14,00	B
	50m: 28.16 28.16	100m: 1:02.18	34.02 150m: 1:41.66	39.48	200m: 2:13.93	32.27
4.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	2:15.67	- 13,00	B
	50m: 28.82 28.82	100m: 1:04.72	35.90 150m: 1:44.69	39.97	200m: 2:15.67	30.98
5.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:17.15	- 12,00	B
	50m: 29.86 29.86	100m: 1:05.14	35.28 150m: 1:44.50	39.36	200m: 2:17.15	32.65
6.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:19.76	- 11,00	
	50m: 30.67 30.67	100m: 1:06.55	35.88 150m: 1:46.69	40.14	200m: 2:19.76	33.07
7.	GOMEZ PUMARIÑO, Samuel	08	C. N. PORTAMIÑA	2:19.82	3,00	10,00
	50m: 30.13 30.13	100m: 1:04.98	34.85 150m: 1:45.49	40.51	200m: 2:19.82	34.33
8.	RABANAL FREIRE, German	07	C. N. PORTAMIÑA	2:20.25	-	-
	50m: 29.27 29.27	100m: 1:04.52	35.25 150m: 1:47.96	43.44	200m: 2:20.25	32.29
9.	DÍAZ RODAS, Aarón	07	C. N. ARTEIXO	2:20.71	- 9,00	
	50m: 29.38 29.38	100m: 1:05.77	36.39 150m: 1:46.62	40.85	200m: 2:20.71	34.09
10.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	2:21.36	- 8,00	
	50m: 29.46 29.46	100m: 1:05.54	36.08 150m: 1:48.99	43.45	200m: 2:21.36	32.37
11.	FRAGA VISOS, Teo	08	CIDADE SANTIAGO	2:22.27	- 7,00	
	50m: 30.71 30.71	100m: 1:07.68	36.97 150m: 1:48.35	40.67	200m: 2:22.27	33.92
12.	SUBIRAN GOMEZ, Pedro	08	C. FLUVIAL LUGO	2:27.24	- 6,00	
	50m: 30.86 30.86	100m: 1:09.59	38.73 150m: 1:54.68	45.09	200m: 2:27.24	32.56
13.	CADAVID RIBEIRO, Tiziano	08	PABELLON OURENSE	2:27.38	- 5,00	
	50m: 31.57 31.57	100m: 1:10.50	38.93 150m: 1:51.92	41.42	200m: 2:27.38	35.46
14.	CILLERO GARCÍA, Antón	08	C. Del Mar De San Am	2:28.39	- 4,00	
	50m: 31.62 31.62	100m: 1:11.10	39.48 150m: 1:53.88	42.78	200m: 2:28.39	34.51
15.	LONGUEIRA GILDA, Martín	07	C. Del Mar De San Am	2:29.09	- 3,00	
	50m: 32.03 32.03	100m: 1:09.74	37.71 150m: 1:55.18	45.44	200m: 2:29.09	33.91
Baja	ALBES ALVARIÑO, David	06	A. DEP. NT. NARON		-	-



Prueba 6, Masc., 200m Estilos, Prelim

Absoluto Masculino

1.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:06.45	-	19,00	A
	50m: 27.30 27.30	100m: 57.97	30.67 150m: 1:36.75	38.78	200m: 2:06.45	29.70	
2.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	2:11.20	-	-	A
	50m: 27.56 27.56	100m: 1:00.44	32.88 150m: 1:38.60	38.16	200m: 2:11.20	32.60	
3.	MOURE DOVAL, Jose	99	C. N. MONFORTE	2:11.43	-	-	A
	50m: 27.10 27.10	100m: 59.86	32.76 150m: 1:38.93	39.07	200m: 2:11.43	32.50	
4.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:11.69	-	16,00	A
	50m: 28.36 28.36	100m: 1:02.55	34.19 150m: 1:39.47	36.92	200m: 2:11.69	32.22	
5.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	2:12.73	-	-	A
	50m: 28.22 28.22	100m: 1:03.06	34.84 150m: 1:42.16	39.10	200m: 2:12.73	30.57	
6.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:13.92	-	-	A
	50m: 29.68 29.68	100m: 1:04.41	34.73 150m: 1:42.42	38.01	200m: 2:13.92	31.50	
7.	SOUTO VILAS, Jorge	07	A. D. FOGAR	2:13.93	-	14,00	B
	50m: 28.16 28.16	100m: 1:02.18	34.02 150m: 1:41.66	39.48	200m: 2:13.93	32.27	
8.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	2:15.26	-	-	B
	50m: 29.11 29.11	100m: 1:04.45	35.34 150m: 1:44.33	39.88	200m: 2:15.26	30.93	
9.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	2:15.67	-	13,00	B
	50m: 28.82 28.82	100m: 1:04.72	35.90 150m: 1:44.69	39.97	200m: 2:15.67	30.98	
10.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:17.15	-	12,00	B
	50m: 29.86 29.86	100m: 1:05.14	35.28 150m: 1:44.50	39.36	200m: 2:17.15	32.65	
11.	MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	2:17.68	-	-	B
	50m: 29.74 29.74	100m: 1:04.08	34.34 150m: 1:45.49	41.41	200m: 2:17.68	32.19	
12.	INFESTAS CARAZO, Samuel	03	RCN VIGO	2:17.98	-	-	B
	50m: 29.17 29.17	100m: 1:05.43	36.26 150m: 1:45.59	40.16	200m: 2:17.98	32.39	
13.	LAZIEIEV NEMERSKIY, Aleksandr	09	C. N. ARZUA	2:18.89	5,00	-	
	50m: 30.34 30.34	100m: 1:04.61	34.27 150m: 1:47.33	42.72	200m: 2:18.89	31.56	
14.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	2:19.71	4,00	-	
	50m: 28.02 28.02	100m: 1:01.44	33.42 150m: 1:44.75	43.31	200m: 2:19.71	34.96	
15.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:19.76	-	11,00	
	50m: 30.67 30.67	100m: 1:06.55	35.88 150m: 1:46.69	40.14	200m: 2:19.76	33.07	
16.	GOMEZ PUMARIÑO, Samuel	08	C. N. PORTAMIÑA	2:19.82	3,00	10,00	
	50m: 30.13 30.13	100m: 1:04.98	34.85 150m: 1:45.49	40.51	200m: 2:19.82	34.33	
17.	RABANAL FREIRE, German	07	C. N. PORTAMIÑA	2:20.25	-	-	
	50m: 29.27 29.27	100m: 1:04.52	35.25 150m: 1:47.96	43.44	200m: 2:20.25	32.29	
18.	PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS	2:20.51	-	-	
	50m: 29.82 29.82	100m: 1:04.92	35.10 150m: 1:45.90	40.98	200m: 2:20.51	34.61	
19.	DÍAZ RODAS, Aarón	07	C. N. ARTEIXO	2:20.71	-	9,00	
	50m: 29.38 29.38	100m: 1:05.77	36.39 150m: 1:46.62	40.85	200m: 2:20.71	34.09	
20.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	2:21.36	-	8,00	
	50m: 29.46 29.46	100m: 1:05.54	36.08 150m: 1:48.99	43.45	200m: 2:21.36	32.37	



Prueba 6, Masc., 200m Estilos, Prelim, Absoluto Masculino

Clasificación	AN	Tiempo	ABSO	JUNI
21. FRAGA VISOS, Teo 50m: 30.71 30.71 100m: 1:07.68 36.97 150m: 1:48.35 40.67 200m: 2:22.27 33.92	08 CIDADE SANTIAGO	2:22.27	-	7,00
22. GARRIDO BRUN, Jacobo 50m: 29.90 29.90 100m: 1:06.63 36.73 150m: 1:50.98 44.35 200m: 2:22.41 31.43	02 C. N. PANAS	2:22.41	-	-
23. CIDRÁS PÉREZ, Fabián 50m: 29.14 29.14 100m: 1:05.71 36.57 150m: 1:49.85 44.14 200m: 2:24.83 34.98	05 RCN VIGO	2:24.83	-	-
24. SUBIRAN GOMEZ, Pedro 50m: 30.86 30.86 100m: 1:09.59 38.73 150m: 1:54.68 45.09 200m: 2:27.24 32.56	08 C. FLUVIAL LUGO	2:27.24	-	6,00
25. CADAVID RIBEIRO, Tiziano 50m: 31.57 31.57 100m: 1:10.50 38.93 150m: 1:51.92 41.42 200m: 2:27.38 35.46	08 PABELLON OURENSE	2:27.38	-	5,00
26. CILLERO GARCÍA, Antón 50m: 31.62 31.62 100m: 1:11.10 39.48 150m: 1:53.88 42.78 200m: 2:28.39 34.51	08 C. Del Mar De San Am	2:28.39	-	4,00
27. LONGUEIRA GILDA, Martín 50m: 32.03 32.03 100m: 1:09.74 37.71 150m: 1:55.18 45.44 200m: 2:29.09 33.91	07 C. Del Mar De San Am	2:29.09	-	3,00
DSQ VAZQUEZ LIZ, Alejandro <i>Viraje irregular</i>	03 C. N. PORTAMIÑA		-	-
Baja ALBES ALVARIÑO, David	06 A. DEP. NT. NARON		-	-
Baja PARDO PERNAS, Martin	02 C. FLUVIAL LUGO		-	-



Prueba 7
28/12/2023 - 19:40

Fem., 50m Braza

Absoluto Femenino
Resultados Final

RG	31.58	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	19/04/2009
RC	32.33	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/12/2011

Clasificación	AN		Tiempo	ABSO	JUNI
Final A					
1.	06	C. N. PONTEAREAS	33.24	19,00	-
2.	06	A. D. FOGAR	33.32	16,00	-
3.	10	C. N. MONFORTE	34.65	14,00	-
4.	08	C. N. MOS	35.09	13,00	-
5.	07	C. N. PORTAMIÑA	35.31	12,00	-
6.	05	C. N. GALAICO	35.38	11,00	-
Final B					
7.	02	RCN VIGO	34.77	10,00	-
8.	08	C. N. CULLEREDO	35.28	9,00	-
9.	07	A. D. FOGAR	35.93	8,00	-
10.	08	S. DEP. BOIRO	35.97	7,00	-
11.	08	C. N. PORTAMIÑA	36.32	6,00	-
12.	05	RCN VIGO	36.52	5,00	-



Prueba 7
28/12/2023 - 12:11

Fem., 50m Braza

Absoluto Femenino
Resultados Prelim

RG	31.58	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	19/04/2009
RC	32.33	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/12/2011

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Femenino					
1.	06	C. N. PONTEAREAS	32.99	- 19,00	A
2.	06	A. D. FOGAR	33.13	- 16,00	A
3.	08	C. N. MOS	35.11	- 14,00	A
4.	07	C. N. PORTAMIÑA	35.14	- 13,00	A
5.	08	C. N. CULLEREDO	35.38	- 12,00	B
6.	07	A. D. FOGAR	35.88	- 11,00	B
7.	08	C. N. PORTAMIÑA	36.10	- 10,00	B
8.	08	S. DEP. BOIRO	36.23	- 9,00	B
9.	07	SPORTING CASINO	36.49	4,00	8,00
10.	06	C. N. MONFORTE	36.93	- 7,00	
11.	08	CIDADE SANTIAGO	37.03	- 5,50	
	07	S. DEP. BOIRO	37.03	- 5,50	
13.	08	C. N. XOVE	37.05	- 4,00	
14.	08	A. D. FOGAR	37.25	-	-
15.	08	C. N. MOS	37.50	- 3,00	
16.	08	C. N. REDONDELA	37.94	- 2,00	
17.	06	A. D. FOGAR	38.26	-	-
18.	07	C. N. ARTEIXO	38.36	- 1,00	
DSQ	08	CIDADE SANTIAGO		-	-
		<i>Saída anticipada</i>			

Absoluto Femenino

1.	06	C. N. PONTEAREAS	32.99	- 19,00	A
2.	06	A. D. FOGAR	33.13	- 16,00	A
3.	10	C. N. MONFORTE	34.27	-	A MMG
4.	05	C. N. GALAICO	34.99	-	A
5.	08	C. N. MOS	35.11	- 14,00	A
6.	07	C. N. PORTAMIÑA	35.14	- 13,00	A
7.	08	C. N. CULLEREDO	35.38	- 12,00	B
8.	02	RCN VIGO	35.40	-	B
9.	07	A. D. FOGAR	35.88	- 11,00	B
10.	08	C. N. PORTAMIÑA	36.10	- 10,00	B
11.	08	S. DEP. BOIRO	36.23	- 9,00	B
12.	05	RCN VIGO	36.40	-	B
13.	07	SPORTING CASINO	36.49	4,00	8,00
14.	05	PABELLON OURENSE	36.57	3,00	-
15.	05	C. N. FERROL	36.58	2,00	-
16.	09	RCN VIGO	36.59	-	-
17.	04	C. N. GALAICO	36.73	1,00	-



Prueba 7, Fem., 50m Braza, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI
18. BAZ VIDEIRA, Paula	09	RCN VIGO	36.80	-	-
19. ARIAS PACHECO, Elena	06	C. N. MONFORTE	36.93	-	7,00
20. BLANCO IGLESIAS, Carmen	08	CIDADE SANTIAGO	37.03	-	5,50
PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	37.03	-	5,50
22. AGUSTI LOPEZ, Erin	08	C. N. XOVE	37.05	-	4,00
23. MOURELLE PENA, Carla	08	A. D. FOGAR	37.25	-	-
24. LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	37.26	-	-
25. SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	37.50	-	3,00
26. BELLO ARMADA, Andrea	99	C. N. CULLEREDO	37.57	-	-
27. GARCIA RODRIGUEZ, Andrea	10	C. MARINA FERROL	37.81	-	-
28. DOVAL CASTRO, Carla	08	C. N. REDONDELA	37.94	-	2,00
29. BOTANA PEDREIRA, Lola	06	A. D. FOGAR	38.26	-	-
30. RODRIGUEZ VIÑA, Valeria	09	A. D. FOGAR	38.33	-	-
31. CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	38.36	-	1,00
32. ANEIROS DOPICO, Laura	00	C. MARINA FERROL	38.44	-	-
33. MARTINEZ GARCIA, Uxia	09	VIGO RIAS BAIXAS	38.54	-	-
DSQ CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO		-	-

Saída anticipada



Prueba 8
28/12/2023 - 19:35

Masc., 50m Braza

Absoluto Masculino
Resultados Final

RG	28.04	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	28.04	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Final A					
1.		PÉREZ LORENZO, Manuel	28.53	19,00	- MMG
2.		NOVO LOPEZ, Brais	28.96	16,00	-
3.		GÓMEZ MESÍAS, Miguel Ángel	29.56	14,00	-
4.		PARCERO AREOSO, Xoel	29.59	16,00	- MMG
5.		LOPEZ FRANCO, Martin	29.70	12,00	-
DSQ		SEIJO BERMUDEZ, Daniel <i>Nado irregular</i>		11,00	-
Final B					
7.		ALVAREZ ALVAREZ, Hector	29.59	10,00	-
8.		SUAREZ MATO, Yoel	29.82	9,00	-
9.		GRAÑA DEL SOLAR, Miguel	30.59	11,00	-
10.		PISO SEÑORAN, Alejandro	30.70	7,00	-
11.		FARO MARTINEZ, Yoel	30.76	6,00	-
12.		VAZQUEZ FERNANDEZ, Nicolas	30.84	5,00	-



Prueba 8
28/12/2023 - 12:20

Masc., 50m Braza

Absoluto Masculino
Resultados Prelim

RG	28.04	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	28.04	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Masculino					
1.	07	PARCERO AREOSO, Xoel	29.71	- 19,00	A MMG
2.	08	GRAÑA DEL SOLAR, Miguel	29.99	- 16,00	B MMG
3.	07	FARO MARTINEZ, Yoel	30.32	- 14,00	B
4.	06	VAZQUEZ FERNANDEZ, Nicolas	30.57	- 13,00	B
5.	07	LAGO CASTILLO, Diego	30.99	2,00	12,00
6.	06	SOBRINO BUJIA, Mateo	31.51	- 11,00	
7.	08	ROCHA GONZALEZ, Olivier	32.82	- 10,00	
8.	07	RODRÍGUEZ COUSO, Miguel	32.96	- 9,00	
9.	06	RODRIGUEZ DEL RIO, Miguel	33.55	- 8,00	
10.	08	FERNANDEZ BLANCO, Anton	33.69	- 7,00	
11.	07	POZO GALLEGU, Brais	33.99	- 6,00	
12.	08	GONZALEZ GARCIA, Martin	34.01	- 5,00	
13.	06	PEREZ TEIJEIRA, Iago	34.25	- 4,00	
14.	07	MUNIN CANDAL, Eric	34.47	- 3,00	
15.	08	GONZALEZ PREGO, Xose	35.49	- 2,00	
16.	08	JUSTO MILANI, Daniel	37.47	-	-

Absoluto Masculino

1.	05	PÉREZ LORENZO, Manuel	28.69	-	-	A MMG
2.	03	NOVO LOPEZ, Brais	29.24	-	-	A
3.	07	PARCERO AREOSO, Xoel	29.71	- 19,00		A MMG
4.	03	GÓMEZ MESÍAS, Miguel Ángel	29.82	-	-	A
5.	01	LOPEZ FRANCO, Martin	29.83	-	-	A
6.	04	SEIJO BERMUDEZ, Daniel	29.91	-	-	A
7.	00	ALVAREZ ALVAREZ, Hector	29.93	-	-	B
8.	08	GRAÑA DEL SOLAR, Miguel	29.99	- 16,00		B MMG
9.	04	SUAREZ MATO, Yoel	30.04	-	-	B
10.	07	FARO MARTINEZ, Yoel	30.32	- 14,00		B
11.	06	VAZQUEZ FERNANDEZ, Nicolas	30.57	- 13,00		B
12.	03	PISO SEÑORAN, Alejandro	30.67	-	-	B
13.	09	CARRIL FERNANDEZ, Nicolas	30.73	4,00		MMG
14.	00	LEAL FERNANDEZ, Cibran	30.82	-	-	
15.	92	RODRIGUEZ PENA, Alejandro	30.96	3,00		
16.	07	LAGO CASTILLO, Diego	30.99	2,00	12,00	
17.	97	DOPICO REY, Anton	31.18	1,00		
18.	05	FERNANDEZ DEL VALLE, Ivan	31.19	-	-	
19.	03	VAZQUEZ LIZ, Alejandro	31.22	-	-	
20.	95	PEDROUZO ARES, Miguel	31.28	-	-	
21.	01	PICALLO MARANTE, Sergio	31.30	-	-	



Prueba 8, Masc., 50m Braza, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO	JUNI	
22.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	31.33	-	-
23.	PEREZ TIERRA, Ismael	02	C. N. MONFORTE	31.34	-	-
24.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	31.49	-	-
25.	FUENTEFRIA FERNANDEZ, Anxo	09	A. D. FOGAR	31.51	-	-
	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	31.51	-	11,00
27.	BRAVO CUENCA, Pablo	00	C. N. PANAS	31.57	-	-
28.	BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	31.64	-	-
29.	SUAREZ FERNÁNDEZ, Santiago	95	C. N. MONFORTE	32.04	-	-
30.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	32.50	-	-
31.	ROCHA GONZALEZ, Olivier	08	C. N. GALAICO	32.82	-	10,00
32.	BELTRAN FREIRIA, Oskar	04	C. N. MOS	32.85	-	-
33.	IGLESIAS PIÑEIRO, Carlos	76	A. D. FOGAR	32.89	-	-
34.	RODRÍGUEZ COUSO, Miguel	07	C. N. FERROL	32.96	-	9,00
35.	ARES MIRAGAYA, Adrian	00	C. N. PANAS	33.15	-	-
36.	PINO LORENZO, Brais	01	C. N. PONTEAREAS	33.48	-	-
37.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	33.55	-	8,00
38.	FERNANDEZ BLANCO, Anton	08	C. MARINA FERROL	33.69	-	7,00
39.	POZO GALLEGO, Brais	07	C. N. PORTAMIÑA	33.99	-	6,00
40.	GONZALEZ GARCIA, Martin	08	C. N. REDONDELA	34.01	-	5,00
41.	PEREZ TEIJEIRA, Iago	06	C. N. XOVE	34.25	-	4,00
42.	MUNIN CANDAL, Eric	07	CIDADE SANTIAGO	34.47	-	3,00
43.	GONZALEZ PREGO, Xose	08	C. N. CORUÑA	35.49	-	2,00
44.	JUSTO MILANI, Daniel	08	C. N. MOS	37.47	-	-



Prueba 9
28/12/2023 - 19:53

Fem., 100m Mariposa

Absoluto Femenino
Resultados Final

RG	1:00.85	, GOMEZ CORTES, BEATRIZ	GALAICO	27/12/2013
RC	1:00.85	, GOMEZ CORTES, BEATRIZ	GALAICO	27/12/2013

Clasificación AN Tiempo ABSO JUNI

Final A

1.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:03.31	19,00	-
	50m: 30.25 30.25	100m: 1:03.31	33.06			
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:03.59	16,00	-
	50m: 29.83 29.83	100m: 1:03.59	33.76			
3.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	1:03.81	14,00	-
	50m: 29.14 29.14	100m: 1:03.81	34.67			
4.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	1:04.57	13,00	-
	50m: 30.62 30.62	100m: 1:04.57	33.95			
5.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:07.24	12,00	-
	50m: 31.26 31.26	100m: 1:07.24	35.98			
6.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	1:07.89	-	-
	50m: 31.53 31.53	100m: 1:07.89	36.36			

Final B

7.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	1:06.74	11,00	-
	50m: 31.38 31.38	100m: 1:06.74	35.36			
8.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	1:07.62	10,00	-
	50m: 31.78 31.78	100m: 1:07.62	35.84			
9.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	1:07.63	9,00	-
	50m: 32.98 32.98	100m: 1:07.63	34.65			
10.	CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL	1:09.88	8,00	-
	50m: 32.89 32.89	100m: 1:09.88	36.99			
11.	HERMIDA ALONSO, Antia	08	C. N. MOS	1:10.32	7,00	-
	50m: 32.79 32.79	100m: 1:10.32	37.53			
12.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	1:10.51	6,00	-
	50m: 33.09 33.09	100m: 1:10.51	37.42			



Prueba 9
28/12/2023 - 12:28

Fem., 100m Mariposa

Absoluto Femenino
Resultados Prelim

RG	1:00.85	, GOMEZ CORTES, BEATRIZ	GALAICO	27/12/2013
RC	1:00.85	, GOMEZ CORTES, BEATRIZ	GALAICO	27/12/2013

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Femenino								
1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:03.20	33.83	1:03.20	- 19,00	A
	50m: 29.37 29.37	100m:						
2.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	1:07.19	36.35	1:07.19	- 16,00	A
	50m: 30.84 30.84	100m:						
3.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	1:08.28	36.24	1:08.28	- 14,00	B
	50m: 32.04 32.04	100m:						
4.	CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL	1:08.68	36.84	1:08.68	- 13,00	B
	50m: 31.84 31.84	100m:						
5.	HERMIDA ALONSO, Antia	08	C. N. MOS	1:08.85	36.55	1:08.85	- 12,00	B
	50m: 32.30 32.30	100m:						
6.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	1:09.71	36.90	1:09.71	- 11,00	B
	50m: 32.81 32.81	100m:						
7.	BALADO PENA, Celtia	07	C. MARINA FERROL	1:10.37	38.36	1:10.37	4,00	10,00
	50m: 32.01 32.01	100m:						
8.	INSUA FREITAS, Catalina	08	C. N. ARTEIXO	1:13.45	38.73	1:13.45	- 9,00	
	50m: 34.72 34.72	100m:						
9.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	1:13.56	40.14	1:13.56	- 8,00	
	50m: 33.42 33.42	100m:						
10.	OZORES CHOUZA, Lara	06	S. DEP. BOIRO	1:13.72	39.96	1:13.72	- 7,00	
	50m: 33.76 33.76	100m:						
11.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:13.86	38.68	1:13.86	- 6,00	
	50m: 35.18 35.18	100m:						
12.	FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	1:15.64	40.94	1:15.64	- -	
	50m: 34.70 34.70	100m:						
13.	GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	1:16.68	43.01	1:16.68	- -	
	50m: 33.67 33.67	100m:						
DSQ	LADRA CAMPO, Martina	08	C. FLUVIAL LUGO				- -	
	<i>Saída anticipada</i>							

Absoluto Femenino

1.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:02.87	33.77	1:02.87	- -	A
	50m: 29.10 29.10	100m:						
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:03.20	33.83	1:03.20	- 19,00	A
	50m: 29.37 29.37	100m:						



Prueba 9, Fem., 100m Mariposa, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
3.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	1:03.49	-	- A
	50m: 29.55 29.55	100m: 1:03.49	33.94			
4.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	1:04.76	-	- A
	50m: 30.44 30.44	100m: 1:04.76	34.32			
5.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:05.25	-	- A
	50m: 30.82 30.82	100m: 1:05.25	34.43			
6.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	1:07.19	-	16,00 A
	50m: 30.84 30.84	100m: 1:07.19	36.35			
7.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	1:07.84	-	- B
	50m: 33.30 33.30	100m: 1:07.84	34.54			
8.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	1:08.18	-	- B
	50m: 31.48 31.48	100m: 1:08.18	36.70			
9.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	1:08.28	-	14,00 B
	50m: 32.04 32.04	100m: 1:08.28	36.24			
10.	CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL	1:08.68	-	13,00 B
	50m: 31.84 31.84	100m: 1:08.68	36.84			
11.	HERMIDA ALONSO, Antia	08	C. N. MOS	1:08.85	-	12,00 B
	50m: 32.30 32.30	100m: 1:08.85	36.55			
12.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	1:09.71	-	11,00 B
	50m: 32.81 32.81	100m: 1:09.71	36.90			
13.	CHANS FANEGO, Paula	03	C. N. FERROL	1:09.79	5,00	-
	50m: 31.67 31.67	100m: 1:09.79	38.12			
14.	BALADO PENA, Celtia	07	C. MARINA FERROL	1:10.37	4,00	10,00
	50m: 32.01 32.01	100m: 1:10.37	38.36			
15.	LOPEZ GOMEZ, Antia	09	C. MARINA FERROL	1:10.59	3,00	-
	50m: 33.30 33.30	100m: 1:10.59	37.29			
16.	CONS GESTIDO, Victoria Anna	05	RCN VIGO	1:11.80	-	-
	50m: 32.65 32.65	100m: 1:11.80	39.15			
17.	INSUA FREITAS, Catalina	08	C. N. ARTEIXO	1:13.45	-	9,00
	50m: 34.72 34.72	100m: 1:13.45	38.73			
18.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	1:13.56	-	8,00
	50m: 33.42 33.42	100m: 1:13.56	40.14			
19.	OZORES CHOUZA, Lara	06	S. DEP. BOIRO	1:13.72	-	7,00
	50m: 33.76 33.76	100m: 1:13.72	39.96			
20.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:13.86	-	6,00
	50m: 35.18 35.18	100m: 1:13.86	38.68			
21.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	1:13.96	-	-
	50m: 33.84 33.84	100m: 1:13.96	40.12			
22.	FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	1:15.64	-	-
	50m: 34.70 34.70	100m: 1:15.64	40.94			



Prueba 9, Fem., 100m Mariposa, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
23.	GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	1:16.68	-	-
	50m: 33.67 33.67	100m: 1:16.68	43.01			
DSQ	LADRA CAMPO, Martina	08	C. FLUVIAL LUGO		-	-
	<i>Saída anticipada</i>					



Prueba 10
28/12/2023 - 19:45

Masc., 100m Mariposa

Absoluto Masculino
Resultados Final

RG	52.37	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2015
RC	52.37	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2015

Clasificación AN Tiempo ABSO JUNI

Final A

1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	55.26	19,00	-
	50m: 25.71 25.71 100m: 55.26		29.55			
2.	GARCIA GARAY, Marcos	01	C. N. PANAS	56.48	16,00	-
	50m: 26.41 26.41 100m: 56.48		30.07			
3.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	57.18	14,00	-
	50m: 26.65 26.65 100m: 57.18		30.53			
4.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	57.86	13,00	-
	50m: 27.02 27.02 100m: 57.86		30.84			
5.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	58.71	12,00	-
	50m: 27.44 27.44 100m: 58.71		31.27			
6.	BRAVO CONDE, Cristian	00	C. N. PANAS	58.91	11,00	-
	50m: 27.31 27.31 100m: 58.91		31.60			

Final B

7.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	58.27	10,00	-
	50m: 27.24 27.24 100m: 58.27		31.03			
8.	FERNANDEZ DOMINGUEZ, Alberto	87	A. D. FOGAR	58.43	9,00	-
	50m: 27.36 27.36 100m: 58.43		31.07			
9.	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	58.59	8,00	-
	50m: 27.24 27.24 100m: 58.59		31.35			
10.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	58.61	-	-
	50m: 26.49 26.49 100m: 58.61		32.12			
11.	REY PITA, Simon	04	A. D. FOGAR	58.70	7,00	-
	50m: 27.18 27.18 100m: 58.70		31.52			
12.	RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	59.51	-	-
	50m: 27.70 27.70 100m: 59.51		31.81			



Prueba 10
28/12/2023 - 12:38

Masc., 100m Mariposa

Absoluto Masculino
Resultados Prelim

RG	52.37	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2015
RC	52.37	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2015

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Masculino								
1.	TEIJEIRO PRADO, Xoel		06	C. FLUVIAL LUGO	55.83	-	19,00	A
	50m: 26.19	26.19	100m: 55.83	29.64				
2.	VARELA PASANDÍN, Alejandro		06	C. N. ARTEIXO	58.26	-	16,00	A
	50m: 27.25	27.25	100m: 58.26	31.01				
3.	DIAZ COUCE, Ruben		06	C. N. FERROL	59.76	6,00	14,00	
	50m: 27.67	27.67	100m: 59.76	32.09				
4.	ESTEVEZ CRESPO, Hugo		06	PABELLON OURENSE	1:00.03	5,00	13,00	
	50m: 27.26	27.26	100m: 1:00.03	32.77				
5.	RIVAS TORRES, Paulo		08	A. D. FOGAR	1:00.06	-	12,00	
	50m: 27.93	27.93	100m: 1:00.06	32.13				
6.	BARROS DA SILVA, Pedro		07	C. N. GALAICO	1:01.70	-	11,00	
	50m: 28.74	28.74	100m: 1:01.70	32.96				
7.	SOBRINO BUJIA, Mateo		06	C. N. CULLEREDO	1:02.35	-	10,00	
	50m: 28.65	28.65	100m: 1:02.35	33.70				
8.	ROIS PRADO, Luis		08	C. N. PORTAMIÑA	1:02.74	-	9,00	
	50m: 28.52	28.52	100m: 1:02.74	34.22				
9.	GAVIEIRO MONTERO, Raul		07	C. N. PORTAMIÑA	1:03.22	-	8,00	
	50m: 30.07	30.07	100m: 1:03.22	33.15				
10.	DÍAZ DOMÍNGUEZ, Ricardo		07	C. N. ARTEIXO	1:04.36	-	7,00	
	50m: 30.21	30.21	100m: 1:04.36	34.15				
11.	GIL-RIVERA BARBEITO, Pablo		06	A. D. FOGAR	1:05.52	-	6,00	
	50m: 30.15	30.15	100m: 1:05.52	35.37				
12.	SOBRINO NOGALES, Sebastian		08	SPORTING CASINO	1:06.18	-	5,00	
	50m: 31.08	31.08	100m: 1:06.18	35.10				
13.	GARAZIBAL DE LA MONTAÑA, Carlo		07	C. Del Mar De San Am	1:07.03	-	4,00	
	50m: 30.81	30.81	100m: 1:07.03	36.22				

Absoluto Masculino

1.	TEIJEIRO PRADO, Xoel		06	C. FLUVIAL LUGO	55.83	-	19,00	A
	50m: 26.19	26.19	100m: 55.83	29.64				
2.	GARCIA GARAY, Marcos		01	C. N. PANAS	56.79	-	-	A
	50m: 26.68	26.68	100m: 56.79	30.11				
3.	VAZQUEZ LOPEZ, Martin		03	C. N. PORTAMIÑA	56.91	-	-	A
	50m: 25.83	25.83	100m: 56.91	31.08				



Prueba 10, Masc., 100m Mariposa, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO	JUNI
4. LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	57.67	-	- A
50m: 26.78 26.78	100m: 57.67	30.89			
5. BRAVO CONDE, Cristian	00	C. N. PANAS	58.13	-	- A
50m: 27.04 27.04	100m: 58.13	31.09			
6. VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	58.26	- 16,00	A
50m: 27.25 27.25	100m: 58.26	31.01			
7. SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	58.38	-	- B
50m: 27.39 27.39	100m: 58.38	30.99			
8. FERNANDEZ DOMINGUEZ, Alberto	87	A. D. FOGAR	58.47	-	- B
50m: 26.89 26.89	100m: 58.47	31.58			
9. RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	58.67	-	- B
50m: 27.09 27.09	100m: 58.67	31.58			
10. DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	58.87	-	- B
50m: 27.22 27.22	100m: 58.87	31.65			
11. REY PITA, Simon	04	A. D. FOGAR	59.01	-	- B
50m: 27.32 27.32	100m: 59.01	31.69			
12. RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	59.20	-	- B
50m: 27.14 27.14	100m: 59.20	32.06			
13. GALAN VICENTE, Pablo	02	A. D. FOGAR	59.72	-	-
50m: 27.30 27.30	100m: 59.72	32.42			
14. DIAZ COUCE, Ruben	06	C. N. FERROL	59.76	6,00 14,00	
50m: 27.67 27.67	100m: 59.76	32.09			
15. ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	1:00.03	5,00 13,00	
50m: 27.26 27.26	100m: 1:00.03	32.77			
16. RIVAS TORRES, Paulo	08	A. D. FOGAR	1:00.06	- 12,00	
50m: 27.93 27.93	100m: 1:00.06	32.13			
17. FERRON GUTIERREZ, Juan	03	C. N. MOS	1:00.07	4,00	-
50m: 27.87 27.87	100m: 1:00.07	32.20			
18. CARREIRA POSADA, Jorge	00	C. N. PANAS	1:00.09	-	-
50m: 27.91 27.91	100m: 1:00.09	32.18			
19. QUIROGA RAMOS, Noel	00	PABELLON OURENSE	1:00.38	3,00	-
50m: 28.65 28.65	100m: 1:00.38	31.73			
20. RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	1:00.40	2,00	-
50m: 27.82 27.82	100m: 1:00.40	32.58			
21. GUITIANO LOPEZ, Xabier	05	A. D. FOGAR	1:00.57	-	-
50m: 28.18 28.18	100m: 1:00.57	32.39			
22. MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO	1:00.96	1,00	-
50m: 28.46 28.46	100m: 1:00.96	32.50			
23. CIDRÁS PÉREZ, Fabián	05	RCN VIGO	1:01.46	-	-
50m: 28.34 28.34	100m: 1:01.46	33.12			



Prueba 10, Masc., 100m Mariposa, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
24.	BARROS DA SILVA, Pedro	07	C. N. GALAICO	1:01.70	-	11,00
	50m: 28.74 28.74	100m: 1:01.70	32.96			
25.	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	1:02.35	-	10,00
	50m: 28.65 28.65	100m: 1:02.35	33.70			
26.	UCHA NIETO, Jacobo	97	C. N. GALAICO	1:02.63	-	-
	50m: 28.59 28.59	100m: 1:02.63	34.04			
27.	ROIS PRADO, Luis	08	C. N. PORTAMIÑA	1:02.74	-	9,00
	50m: 28.52 28.52	100m: 1:02.74	34.22			
28.	GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA	1:03.22	-	8,00
	50m: 30.07 30.07	100m: 1:03.22	33.15			
29.	FERNANDEZ DEL VALLE, Ivan	05	PABELLON OURENSE	1:03.46	-	-
	50m: 29.57 29.57	100m: 1:03.46	33.89			
30.	DÍAZ DOMÍNGUEZ, Ricardo	07	C. N. ARTEIXO	1:04.36	-	7,00
	50m: 30.21 30.21	100m: 1:04.36	34.15			
31.	GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	1:05.52	-	6,00
	50m: 30.15 30.15	100m: 1:05.52	35.37			
32.	SOBRINO NOGALES, Sebastian	08	SPORTING CASINO	1:06.18	-	5,00
	50m: 31.08 31.08	100m: 1:06.18	35.10			
33.	GARAZABAL DE LA MONTAÑA, Carlo	07	C. Del Mar De San Am	1:07.03	-	4,00
	50m: 30.81 30.81	100m: 1:07.03	36.22			
Baja	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS		-	-



Prueba 11
28/12/2023 - 20:11

Fem., 200m Espalda

Absoluto Femenino
Resultados Final

RG	2:10.70	, CERNADAS GONZALEZ ANA	CFVLUGO	25/11/2022
RC	2:10.70	, CERNADAS GONZALEZ ANA	CFVLUGO	25/11/2022

Clasificación	AN	Tempo	ABSO	JUNI
Final A				
1. CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO 2:13.51	19,00	-
50m: 31.43 31.43 100m: 1:04.89		33.46 150m: 1:38.98 34.09	200m: 2:13.51	34.53
2. BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS 2:20.89	16,00	-
50m: 34.14 34.14 100m: 1:09.78		35.64 150m: 1:46.27 36.49	200m: 2:20.89	34.62
3. SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO 2:23.74	14,00	-
50m: 33.19 33.19 100m: 1:09.42		36.23 150m: 1:46.46 37.04	200m: 2:23.74	37.28
4. CAMBA PRADA, Alexia	05	PABELLON OURENSE 2:24.06	13,00	-
50m: 32.73 32.73 100m: 1:09.46		36.73 150m: 1:47.37 37.91	200m: 2:24.06	36.69
5. REQUEJO FERNANDEZ, Irene	10	PABELLON OURENSE 2:24.62	12,00	-
50m: 34.09 34.09 100m: 1:11.03		36.94 150m: 1:48.05 37.02	200m: 2:24.62	36.57
DSQ BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	11,00	-
<i>Viraje irregular</i>				
Final B				
7. GIL GARNACHO, Carlota	09	SPORTING CASINO 2:26.89	10,00	-
50m: 34.98 34.98 100m: 1:12.52		37.54 150m: 1:50.42 37.90	200m: 2:26.89	36.47
8. VEIGA SOUTO, Ana	98	C. N. ARTEIXO 2:27.06	9,00	-
50m: 34.43 34.43 100m: 1:11.45		37.02 150m: 1:49.60 38.15	200m: 2:27.06	37.46
9. EIJO GIL, Naiara	06	C. N. PONTEAREAS 2:29.38	8,00	-
50m: 34.88 34.88 100m: 1:12.55		37.67 150m: 1:51.30 38.75	200m: 2:29.38	38.08
10. MARTÍNEZ NOVOA, Ángela	04	RCN VIGO 2:29.70	7,00	-
50m: 35.79 35.79 100m: 1:13.98		38.19 150m: 1:52.44 38.46	200m: 2:29.70	37.26
11. ALBES ALVARÍÑO, Paula	03	A. DEP. NT. NARON 2:31.22	6,00	-
50m: 35.67 35.67 100m: 1:14.06		38.39 150m: 1:53.04 38.98	200m: 2:31.22	38.18
12. GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS 2:31.65	5,00	-
50m: 36.39 36.39 100m: 1:15.47		39.08 150m: 1:53.88 38.41	200m: 2:31.65	37.77



Prueba 11
28/12/2023 - 12:52

Fem., 200m Espalda

Absoluto Femenino
Resultados Prelim

RG	2:10.70	, CERNADAS GONZALEZ ANA	CFVLUGO	25/11/2022
RC	2:10.70	, CERNADAS GONZALEZ ANA	CFVLUGO	25/11/2022

Clasificación			AN			Tiempo	ABSO	JUNI		
Junior Femenino										
1.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	2:19.29	-	19,00	A			
	50m: 32.99 32.99	100m: 1:08.11	35.12 150m: 1:43.65	35.54	200m: 2:19.29	35.64				
2.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	2:21.29	-	16,00	A			
	50m: 33.86 33.86	100m: 1:09.48	35.62 150m: 1:46.05	36.57	200m: 2:21.29	35.24				
3.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:23.18	-	14,00	A			
	50m: 33.49 33.49	100m: 1:09.54	36.05 150m: 1:46.14	36.60	200m: 2:23.18	37.04				
4.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	2:28.83	-	13,00	B			
	50m: 33.67 33.67	100m: 1:10.79	37.12 150m: 1:49.22	38.43	200m: 2:28.83	39.61				
5.	SUAREZ RIPOLL, Lia	07	CIDADE SANTIAGO	2:33.03	4,00	12,00				
	50m: 35.62 35.62	100m: 1:13.99	38.37 150m: 1:53.58	39.59	200m: 2:33.03	39.45				
6.	LEMA SIMAL, Nuria	07	C. N. ARTEIXO	2:35.70	-	11,00				
	50m: 36.32 36.32	100m: 1:14.83	38.51 150m: 1:55.34	40.51	200m: 2:35.70	40.36				
7.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	2:37.06	1,00	10,00				
	50m: 37.83 37.83	100m: 1:17.23	39.40 150m: 1:57.58	40.35	200m: 2:37.06	39.48				
8.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	2:37.14	-	9,00				
	50m: 36.27 36.27	100m: 1:15.46	39.19 150m: 1:56.22	40.76	200m: 2:37.14	40.92				
9.	NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS	2:37.99	-	8,00				
	50m: 38.35 38.35	100m: 1:19.05	40.70 150m: 1:59.21	40.16	200m: 2:37.99	38.78				
10.	VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	2:38.45	-	7,00				
	50m: 35.75 35.75	100m: 1:15.48	39.73 150m: 1:57.21	41.73	200m: 2:38.45	41.24				
11.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	2:38.50	-	6,00				
	50m: 37.61 37.61	100m: 1:18.62	41.01 150m: 1:59.71	41.09	200m: 2:38.50	38.79				
12.	VILLAR ARCEO, Iria	08	C. N. CORUÑA	2:40.79	-	5,00				
	50m: 36.71 36.71	100m: 1:17.70	40.99 150m: 1:59.42	41.72	200m: 2:40.79	41.37				
13.	PIÑEIRO FERNANDEZ, Antia	08	RCN VIGO	2:41.26	-	4,00				
	50m: 38.03 38.03	100m: 1:18.46	40.43 150m: 1:59.62	41.16	200m: 2:41.26	41.64				
14.	SANCHEZ SUEIRO, Nayr	08	PABELLON OURENSE	2:45.12	-	3,00				
	50m: 38.92 38.92	100m: 1:19.65	40.73 150m: 2:02.63	42.98	200m: 2:45.12	42.49				

Absoluto Femenino

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	2:14.14	-	-	A			
	50m: 31.33 31.33	100m: 1:04.35	33.02 150m: 1:38.46	34.11	200m: 2:14.14	35.68				
2.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	2:19.29	-	19,00	A			
	50m: 32.99 32.99	100m: 1:08.11	35.12 150m: 1:43.65	35.54	200m: 2:19.29	35.64				



Prueba 11, Fem., 200m Espalda, Prelim, Absoluto Femenino

Clasificación	AN	Tempo	ABSO	JUNI
3. BLANCO ROUCO, Carmen 50m: 33.86 33.86 100m: 1:09.48	06	VIGO RIAS BAIXAS 35.62 150m: 1:46.05 36.57	2:21.29	- 16,00 A 200m: 2:21.29 35.24
4. REQUEJO FERNANDEZ, Irene 50m: 33.07 33.07 100m: 1:09.27	10	PABELLON OURENSE 36.20 150m: 1:46.88 37.61	2:21.94	- - A MMG 200m: 2:21.94 35.06
5. SÁNCHEZ BELLO, Eva 50m: 33.49 33.49 100m: 1:09.54	07	C. N. ARTEIXO 36.05 150m: 1:46.14 36.60	2:23.18	- 14,00 A 200m: 2:23.18 37.04
6. CAMBA PRADA, Alexia 50m: 33.42 33.42 100m: 1:09.89	05	PABELLON OURENSE 36.47 150m: 1:46.92 37.03	2:24.07	- - A 200m: 2:24.07 37.15
7. VEIGA SOUTO, Ana 50m: 35.02 35.02 100m: 1:11.68	98	C. N. ARTEIXO 36.66 150m: 1:48.64 36.96	2:25.70	- - B 200m: 2:25.70 37.06
8. GIL GARNACHO, Carlota 50m: 35.46 35.46 100m: 1:13.22	09	SPORTING CASINO 37.76 150m: 1:51.79 38.57	2:28.77	- - B 200m: 2:28.77 36.98
9. EIJO GIL, Naiara 50m: 33.67 33.67 100m: 1:10.79	06	C. N. PONTEAREAS 37.12 150m: 1:49.22 38.43	2:28.83	- 13,00 B 200m: 2:28.83 39.61
10. ALBES ALVARIÑO, Paula 50m: 34.59 34.59 100m: 1:12.71	03	A. DEP. NT. NARON 38.12 150m: 1:51.40 38.69	2:29.90	- - B 200m: 2:29.90 38.50
11. GONZALEZ GONZALEZ, Iara 50m: 34.41 34.41 100m: 1:11.91	09	VIGO RIAS BAIXAS 37.50 150m: 1:51.93 40.02	2:30.92	- - B 200m: 2:30.92 38.99
12. MARTÍNEZ NOVOA, Ángela 50m: 33.61 33.61 100m: 1:10.66	04	RCN VIGO 37.05 150m: 1:50.41 39.75	2:31.05	- - B 200m: 2:31.05 40.64
13. SUAREZ RIPOLL, Lia 50m: 35.62 35.62 100m: 1:13.99	07	CIDADE SANTIAGO 38.37 150m: 1:53.58 39.59	2:33.03	4,00 12,00 200m: 2:33.03 39.45
14. GUERRA RODRIGUEZ, Zaida 50m: 36.43 36.43 100m: 1:15.40	10	PABELLON OURENSE 38.97 150m: 1:55.34 39.94	2:34.22	- - 200m: 2:34.22 38.88
15. SALVANTE LAGO, Ainhoa 50m: 35.37 35.37 100m: 1:14.88	03	C. N. FERROL 39.51 150m: 1:54.97 40.09	2:34.76	3,00 - 200m: 2:34.76 39.79
16. CARRASCO DE CASTRO, Marina 50m: 35.68 35.68 100m: 1:14.74	10	C. MARINA FERROL 39.06 150m: 1:54.99 40.25	2:35.32	2,00 - 200m: 2:35.32 40.33
17. LEMA SIMAL, Nuria 50m: 36.32 36.32 100m: 1:14.83	07	C. N. ARTEIXO 38.51 150m: 1:55.34 40.51	2:35.70	- 11,00 200m: 2:35.70 40.36
18. ESTEVEZ MONTES, Naroa 50m: 37.83 37.83 100m: 1:17.23	08	C. N. PONTEAREAS 39.40 150m: 1:57.58 40.35	2:37.06	1,00 10,00 200m: 2:37.06 39.48
19. SAAVEDRA BUIDE, Paula 50m: 36.27 36.27 100m: 1:15.46	07	C. N. PORTAMIÑA 39.19 150m: 1:56.22 40.76	2:37.14	- 9,00 200m: 2:37.14 40.92
20. NUÑEZ PARDO, Laura 50m: 38.35 38.35 100m: 1:19.05	08	VIGO RIAS BAIXAS 40.70 150m: 1:59.21 40.16	2:37.99	- 8,00 200m: 2:37.99 38.78
21. CABANAS DEL RIO, Carla 50m: 36.47 36.47 100m: 1:16.10	09	SPORTING CASINO 39.63 150m: 1:57.22 41.12	2:38.07	- - 200m: 2:38.07 40.85
22. VAZQUEZ LIZ, Mireia 50m: 35.75 35.75 100m: 1:15.48	08	C. N. PORTAMIÑA 39.73 150m: 1:57.21 41.73	2:38.45	- 7,00 200m: 2:38.45 41.24



Prueba 11, Fem., 200m Espalda, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI
23. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	2:38.50	-	6,00
50m: 37.61 37.61	100m: 1:18.62	41.01	150m: 1:59.71	41.09	200m: 2:38.50 38.79
24. VILLAR ARCEO, Iria	08	C. N. CORUÑA	2:40.79	-	5,00
50m: 36.71 36.71	100m: 1:17.70	40.99	150m: 1:59.42	41.72	200m: 2:40.79 41.37
25. PIÑEIRO FERNANDEZ, Antia	08	RCN VIGO	2:41.26	-	4,00
50m: 38.03 38.03	100m: 1:18.46	40.43	150m: 1:59.62	41.16	200m: 2:41.26 41.64
26. SANCHEZ SUEIRO, Nayr	08	PABELLON OURENSE	2:45.12	-	3,00
50m: 38.92 38.92	100m: 1:19.65	40.73	150m: 2:02.63	42.98	200m: 2:45.12 42.49
DSQ LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA		-	-
<i>Sáida anticipada</i>					



Prueba 12
28/12/2023 - 20:01

Masc., 200m Espalda

Absoluto Masculino
Resultados Final

RG	1:55.19	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	29/11/2009
RC	1:58.81	, CAMPOS VARELA, SERGIO	NCORUÑA	30/12/2016

Clasificación				AN				Tiempo	ABSO	JUNI		
Final A												
1.	NAVARRO LOSADA, Sergi			07	C. N. FERROL			1:59.27	22,00	- MMG		
	50m:	28.20	28.20	100m:	58.12	29.92	150m:	1:28.85	30.73	200m:	1:59.27	30.42
2.	ORECHIA, Agustín			06	CIDADE SANTIAGO			2:05.06	16,00	-		
	50m:	29.61	29.61	100m:	1:01.76	32.15	150m:	1:34.16	32.40	200m:	2:05.06	30.90
3.	SUAREZ MARTINEZ, Diego			08	SPORTING CASINO			2:06.44	14,00	-		
	50m:	29.64	29.64	100m:	1:01.58	31.94	150m:	1:33.98	32.40	200m:	2:06.44	32.46
4.	VARELA PASANDÍN, Manuel			06	C. N. ARTEIXO			2:06.93	13,00	-		
	50m:	29.84	29.84	100m:	1:01.74	31.90	150m:	1:34.38	32.64	200m:	2:06.93	32.55
5.	DIAZ- BECERRA LOPEZ, Anton			05	C. N. PORTAMIÑA			2:16.02	12,00	-		
	50m:	32.09	32.09	100m:	1:06.74	34.65	150m:	1:42.01	35.27	200m:	2:16.02	34.01
6.	ARIAS FRANCO, Odei			06	C. N. MONFORTE			2:35.72	11,00	-		
	50m:	36.92	36.92	100m:	1:16.20	39.28	150m:	1:55.90	39.70	200m:	2:35.72	39.82
Final B												
7.	QUIROGA RAMOS, Yago			05	PABELLON OURENSE			2:09.98	10,00	-		
	50m:	31.70	31.70	100m:	1:04.79	33.09	150m:	1:38.02	33.23	200m:	2:09.98	31.96
8.	CARBALLO RODRIGUEZ, Enrique			07	PABELLON OURENSE			2:10.56	9,00	-		
	50m:	31.87	31.87	100m:	1:06.11	34.24	150m:	1:38.57	32.46	200m:	2:10.56	31.99
9.	MERZLYAKOV KOSTOMAROV, Mikha			07	PABELLON OURENSE			2:10.88	-	-		
	50m:	31.53	31.53	100m:	1:04.72	33.19	150m:	1:38.66	33.94	200m:	2:10.88	32.22
10.	ÁLVAREZ VÁZQUEZ, Gael			07	RCN VIGO			2:14.58	8,00	-		
	50m:	31.76	31.76	100m:	1:06.34	34.58	150m:	1:41.02	34.68	200m:	2:14.58	33.56
11.	ALVAREZ REPARAZ, Alejandro			04	C. N. GALAICO			2:15.05	7,00	-		
	50m:	31.58	31.58	100m:	1:06.32	34.74	150m:	1:41.10	34.78	200m:	2:15.05	33.95
12.	SOUTO VILAS, Jorge			07	A. D. FOGAR			2:38.07	6,00	-		
	50m:	36.98	36.98	100m:	1:16.25	39.27	150m:	1:57.15	40.90	200m:	2:38.07	40.92

Prueba 12
28/12/2023 - 13:14

Masc., 200m Espalda

Absoluto Masculino
Resultados Prelim

RG	1:55.19	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	29/11/2009
RC	1:58.81	, CAMPOS VARELA, SERGIO	NCORUÑA	30/12/2016

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Masculino						
1.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:00.49	- 19,00	A MMG
	50m: 27.81 27.81 100m: 57.72		29.91 150m: 1:29.43	31.71	200m: 2:00.49	31.06
2.	ORECHIA, Agustín	06	CIDADE SANTIAGO	2:05.92	- 16,00	A
	50m: 28.67 28.67 100m: 1:00.43		31.76 150m: 1:33.34	32.91	200m: 2:05.92	32.58
3.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	2:07.49	- 14,00	A
	50m: 30.16 30.16 100m: 1:02.34		32.18 150m: 1:34.84	32.50	200m: 2:07.49	32.65
4.	SUAREZ MARTINEZ, Diego	08	SPORTING CASINO	2:07.94	- 13,00	A
	50m: 29.28 29.28 100m: 1:00.95		31.67 150m: 1:34.28	33.33	200m: 2:07.94	33.66
5.	ARIAS FRANCO, Odei	06	C. N. MONFORTE	2:11.07	- 12,00	A
	50m: 30.59 30.59 100m: 1:03.94		33.35 150m: 1:37.81	33.87	200m: 2:11.07	33.26
6.	MERZLYAKOV KOSTOMAROV, Mikhai	07	PABELLON OURENSE	2:11.30	- 11,00	B
	50m: 31.27 31.27 100m: 1:04.01		32.74 150m: 1:37.71	33.70	200m: 2:11.30	33.59
7.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	2:12.35	- 10,00	B
	50m: 29.73 29.73 100m: 1:01.75		32.02 150m: 1:36.62	34.87	200m: 2:12.35	35.73
8.	ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO	2:14.56	- 9,00	B
	50m: 31.11 31.11 100m: 1:05.14		34.03 150m: 1:40.57	35.43	200m: 2:14.56	33.99
9.	SOUTO VILAS, Jorge	07	A. D. FOGAR	2:14.68	- 8,00	B
	50m: 31.93 31.93 100m: 1:06.14		34.21 150m: 1:41.28	35.14	200m: 2:14.68	33.40
10.	MONTOTO SUAREZ, Pablo	07	C. N. Ordes	2:18.04	3,00	7,00
	50m: 32.60 32.60 100m: 1:07.67		35.07 150m: 1:43.58	35.91	200m: 2:18.04	34.46
11.	PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	2:18.21	2,00	6,00
	50m: 33.08 33.08 100m: 1:08.12		35.04 150m: 1:42.93	34.81	200m: 2:18.21	35.28
12.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	2:18.38	- 5,00	
	50m: 31.20 31.20 100m: 1:05.79		34.59 150m: 1:42.03	36.24	200m: 2:18.38	36.35
13.	RABANAL FREIRE, German	07	C. N. PORTAMIÑA	2:18.61	- 4,00	
	50m: 31.68 31.68 100m: 1:06.32		34.64 150m: 1:42.93	36.61	200m: 2:18.61	35.68
14.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	2:19.25	- 3,00	
	50m: 32.45 32.45 100m: 1:07.03		34.58 150m: 1:43.57	36.54	200m: 2:19.25	35.68
15.	BASADRE GARCIA, Enrique	07	C. N. PORTAMIÑA	2:19.77	- 2,00	
	50m: 30.44 30.44 100m: 1:04.88		34.44 150m: 1:42.12	37.24	200m: 2:19.77	37.65
16.	PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO	2:20.30	- 1,00	
	50m: 32.63 32.63 100m: 1:07.56		34.93 150m: 1:43.62	36.06	200m: 2:20.30	36.68
17.	FRAGA VISOS, Teo	08	CIDADE SANTIAGO	2:20.95	-	-
	50m: 33.50 33.50 100m: 1:09.17		35.67 150m: 1:45.71	36.54	200m: 2:20.95	35.24



Prueba 12, Masc., 200m Espalda, Prelim, Junior Masculino

Clasificación	AN	Tempo	ABSO	JUNI
18. DE SAN JUAN GARCIA, Nicolas	07	C. N. PORTAMIÑA 2:21.20	-	-
50m: 32.29 32.29 100m: 1:07.54		35.25 150m: 1:44.73 37.19	200m: 2:21.20	36.47
19. ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA 2:21.38	-	-
50m: 32.11 32.11 100m: 1:07.89		35.78 150m: 1:44.99 37.10	200m: 2:21.38	36.39
20. SANTÍN MÉNDEZ, Rubén	07	RCN VIGO 2:22.38	-	-
50m: 31.63 31.63 100m: 1:07.16		35.53 150m: 1:44.65 37.49	200m: 2:22.38	37.73
21. GUNCHE BARREIRO, Paulo	07	C. N. REDONDELA 2:24.55	-	-
50m: 32.57 32.57 100m: 1:09.58		37.01 150m: 1:47.27 37.69	200m: 2:24.55	37.28
22. MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO 2:25.84	-	-
50m: 33.23 33.23 100m: 1:10.68		37.45 150m: 1:49.08 38.40	200m: 2:25.84	36.76
23. LONGUEIRA GILDA, Martín	07	C. Del Mar De San Am 2:26.03	-	-
50m: 34.51 34.51 100m: 1:11.58		37.07 150m: 1:48.92 37.34	200m: 2:26.03	37.11
24. MUNIN CANDAL, Eric	07	CIDADE SANTIAGO 2:27.72	-	-
50m: 35.74 35.74 100m: 1:12.55		36.81 150m: 1:50.35 37.80	200m: 2:27.72	37.37
25. MERA TATO, Hugo	06	C. N. ARZUA 2:29.59	-	-
50m: 35.83 35.83 100m: 1:13.26		37.43 150m: 1:51.52 38.26	200m: 2:29.59	38.07
26. RODRIGUEZ ARIAS, Jacobo	08	PABELLON OURENSE 2:31.90	-	-
50m: 35.64 35.64 100m: 1:15.21		39.57 150m: 1:54.60 39.39	200m: 2:31.90	37.30
27. ORTEGO PORTA, Andre	07	C. N. GALAICO 2:33.03	-	-
50m: 35.34 35.34 100m: 1:13.90		38.56 150m: 1:53.66 39.76	200m: 2:33.03	39.37
28. PRIETO ALVITE, Diego	08	C. N. ARTEIXO 2:35.06	-	-
50m: 35.37 35.37 100m: 1:14.67		39.30 150m: 1:54.98 40.31	200m: 2:35.06	40.08
29. REY MUNIN, Alonso	08	CIDADE SANTIAGO 2:40.80	-	-
50m: 37.27 37.27 100m: 1:18.02		40.75 150m: 1:59.77 41.75	200m: 2:40.80	41.03

Absoluto Masculino

1. NAVARRO LOSADA, Sergi	07	C. N. FERROL 2:00.49	-	19,00 A	MMG
50m: 27.81 27.81 100m: 57.72		29.91 150m: 1:29.43 31.71	200m: 2:00.49	31.06	
2. ORECHIA, Agustín	06	CIDADE SANTIAGO 2:05.92	-	16,00 A	
50m: 28.67 28.67 100m: 1:00.43		31.76 150m: 1:33.34 32.91	200m: 2:05.92	32.58	
3. VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO 2:07.49	-	14,00 A	
50m: 30.16 30.16 100m: 1:02.34		32.18 150m: 1:34.84 32.50	200m: 2:07.49	32.65	
4. SUAREZ MARTINEZ, Diego	08	SPORTING CASINO 2:07.94	-	13,00 A	
50m: 29.28 29.28 100m: 1:00.95		31.67 150m: 1:34.28 33.33	200m: 2:07.94	33.66	
5. DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA 2:10.03	-	-	A
50m: 29.55 29.55 100m: 1:01.69		32.14 150m: 1:34.76 33.07	200m: 2:10.03	35.27	
6. ARIAS FRANCO, Odei	06	C. N. MONFORTE 2:11.07	-	12,00 A	
50m: 30.59 30.59 100m: 1:03.94		33.35 150m: 1:37.81 33.87	200m: 2:11.07	33.26	
7. MERZLYAKOV KOSTOMAROV, Mikha	07	PABELLON OURENSE 2:11.30	-	11,00 B	
50m: 31.27 31.27 100m: 1:04.01		32.74 150m: 1:37.71 33.70	200m: 2:11.30	33.59	



Prueba 12, Masc., 200m Espalda, Prelim, Absoluto Masculino

Clasificación	AN	Tempo	ABSO	JUNI
8. CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE2:12.35	-	10,00 B
50m: 29.73 29.73 100m: 1:01.75		32.02 150m: 1:36.62 34.87	200m: 2:12.35 35.73	
9. QUIROGA RAMOS, Yago	05	PABELLON OURENSE2:12.69	-	- B
50m: 30.58 30.58 100m: 1:03.49		32.91 150m: 1:37.10 33.61	200m: 2:12.69 35.59	
10. ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO 2:14.56	-	9,00 B
50m: 31.11 31.11 100m: 1:05.14		34.03 150m: 1:40.57 35.43	200m: 2:14.56 33.99	
11. SOUTO VILAS, Jorge	07	A. D. FOGAR 2:14.68	-	8,00 B
50m: 31.93 31.93 100m: 1:06.14		34.21 150m: 1:41.28 35.14	200m: 2:14.68 33.40	
12. ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO 2:15.20	-	- B
50m: 31.77 31.77 100m: 1:05.94		34.17 150m: 1:40.88 34.94	200m: 2:15.20 34.32	
13. SIMON COTELO, Manuel	01	C. N. PANAS 2:15.46	5,00	-
50m: 31.62 31.62 100m: 1:05.73		34.11 150m: 1:40.70 34.97	200m: 2:15.46 34.76	
14. COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS 2:15.60	4,00	-
50m: 31.72 31.72 100m: 1:05.37		33.65 150m: 1:40.82 35.45	200m: 2:15.60 34.78	
15. MONTOTO SUAREZ, Pablo	07	C. N. Ordes 2:18.04	3,00	7,00
50m: 32.60 32.60 100m: 1:07.67		35.07 150m: 1:43.58 35.91	200m: 2:18.04 34.46	
16. PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS 2:18.21	2,00	6,00
50m: 33.08 33.08 100m: 1:08.12		35.04 150m: 1:42.93 34.81	200m: 2:18.21 35.28	
17. LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL 2:18.22	1,00	-
50m: 31.96 31.96 100m: 1:06.58		34.62 150m: 1:42.54 35.96	200m: 2:18.22 35.68	
18. REY MUNIN, Tomas	06	CIDADE SANTIAGO 2:18.38	-	5,00
50m: 31.20 31.20 100m: 1:05.79		34.59 150m: 1:42.03 36.24	200m: 2:18.38 36.35	
19. RABANAL FREIRE, German	07	C. N. PORTAMIÑA 2:18.61	-	4,00
50m: 31.68 31.68 100m: 1:06.32		34.64 150m: 1:42.93 36.61	200m: 2:18.61 35.68	
20. MASSO ROIG, Martin	07	VIGO RIAS BAIXAS 2:19.25	-	3,00
50m: 32.45 32.45 100m: 1:07.03		34.58 150m: 1:43.57 36.54	200m: 2:19.25 35.68	
21. MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS 2:19.36	-	-
50m: 32.19 32.19 100m: 1:06.89		34.70 150m: 1:42.76 35.87	200m: 2:19.36 36.60	
22. BASADRE GARCIA, Enrique	07	C. N. PORTAMIÑA 2:19.77	-	2,00
50m: 30.44 30.44 100m: 1:04.88		34.44 150m: 1:42.12 37.24	200m: 2:19.77 37.65	
23. PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO 2:20.30	-	1,00
50m: 32.63 32.63 100m: 1:07.56		34.93 150m: 1:43.62 36.06	200m: 2:20.30 36.68	
24. FRAGA VISOS, Teo	08	CIDADE SANTIAGO 2:20.95	-	-
50m: 33.50 33.50 100m: 1:09.17		35.67 150m: 1:45.71 36.54	200m: 2:20.95 35.24	
25. DE SAN JUAN GARCIA, Nicolas	07	C. N. PORTAMIÑA 2:21.20	-	-
50m: 32.29 32.29 100m: 1:07.54		35.25 150m: 1:44.73 37.19	200m: 2:21.20 36.47	
26. ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA 2:21.38	-	-
50m: 32.11 32.11 100m: 1:07.89		35.78 150m: 1:44.99 37.10	200m: 2:21.38 36.39	
27. SANTÍN MÉNDEZ, Rubén	07	RCN VIGO 2:22.38	-	-
50m: 31.63 31.63 100m: 1:07.16		35.53 150m: 1:44.65 37.49	200m: 2:22.38 37.73	



Prueba 12, Masc., 200m Espalda, Prelim, Absoluto Masculino

Clasificación	AN	Tiempo	ABSO	JUNI
28. LOPEZ VARELA, Anton	09	2:22.42	-	-
50m: 32.61 32.61 100m: 1:08.20	C. N. ARZUA	35.59 150m: 1:45.48 37.28	200m: 2:22.42	36.94
29. GUNCHE BARREIRO, Paulo	07	2:24.55	-	-
50m: 32.57 32.57 100m: 1:09.58	C. N. REDONDELA	37.01 150m: 1:47.27 37.69	200m: 2:24.55	37.28
30. MENDEZ-BENEGASSI FDEZ., Adrian	08	2:25.84	-	-
50m: 33.23 33.23 100m: 1:10.68	C. N. GALAICO	37.45 150m: 1:49.08 38.40	200m: 2:25.84	36.76
31. LONGUEIRA GILDA, Martín	07	2:26.03	-	-
50m: 34.51 34.51 100m: 1:11.58	C. Del Mar De San Am	37.07 150m: 1:48.92 37.34	200m: 2:26.03	37.11
32. MUNIN CANDAL, Eric	07	2:27.72	-	-
50m: 35.74 35.74 100m: 1:12.55	CIDADE SANTIAGO	36.81 150m: 1:50.35 37.80	200m: 2:27.72	37.37
33. MERA TATO, Hugo	06	2:29.59	-	-
50m: 35.83 35.83 100m: 1:13.26	C. N. ARZUA	37.43 150m: 1:51.52 38.26	200m: 2:29.59	38.07
34. RODRIGUEZ ARIAS, Jacobo	08	2:31.90	-	-
50m: 35.64 35.64 100m: 1:15.21	PABELLON OURENSE	39.57 150m: 1:54.60 39.39	200m: 2:31.90	37.30
35. ORTEGO PORTA, Andre	07	2:33.03	-	-
50m: 35.34 35.34 100m: 1:13.90	C. N. GALAICO	38.56 150m: 1:53.66 39.76	200m: 2:33.03	39.37
36. PRIETO ALVITE, Diego	08	2:35.06	-	-
50m: 35.37 35.37 100m: 1:14.67	C. N. ARTEIXO	39.30 150m: 1:54.98 40.31	200m: 2:35.06	40.08
37. REY MUNIN, Alonso	08	2:40.80	-	-
50m: 37.27 37.27 100m: 1:18.02	CIDADE SANTIAGO	40.75 150m: 1:59.77 41.75	200m: 2:40.80	41.03
Baja NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	-	-



Prueba 13
28/12/2023 - 13:50

Fem., 4 x 200m Libre

Junior Femenino
Resultados

RG	8:11.00	GALAICO	GALAICO	28/12/2016
RC	8:11.00	GALAICO	GALAICO	28/12/2016

Clasificación

				Tempo	ABSO	JUNI
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	8:56.30	-	38,00
	MOURENZA ROCHA, Sofia	07	29.48 31.85	32.64	33.07	2:07.04
	LOPEZ-FREIRE FRANCIA, Carmen	07	29.23 35.13	36.78	36.71	2:17.85
	MOURENZA ROCHA, Ines	07	28.58 32.93	33.78	33.37	2:08.66
	MUÑOZ GAVINO, Paula	08	31.54 36.34	37.84	37.03	2:22.75
2.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	9:04.04	-	32,00
	CARBALLO GONZALEZ, Sofia	06	30.12 32.69	33.44	34.01	2:10.26
	ESTEVEZ MONTES, Naroa	08	32.57 34.67	35.25	35.13	2:17.62
	EIJO GIL, Naiara	06	32.31 35.72	36.50	36.61	2:21.14
	BORGE JUSTE, Ines	06	30.50 34.15	35.22	35.15	2:15.02
3.	C. N. ARTEIXO 1		C. N. ARTEIXO	9:08.63	-	28,00
	SÁNCHEZ BELLO, Eva	07	30.29 33.18	33.80	34.02	2:11.29
	RODRÍGUEZ RODRÍGUEZ, Paula	08	31.69 35.08	35.83	34.88	2:17.48
	CARBALLIDO NAYA, Claudia	07	32.07 35.76	36.96	37.75	2:22.54
	SUAREZ DOSIL, Claudia	07	31.52 35.34	35.56	34.90	2:17.32
4.	RCN VIGO 1		RCN VIGO	9:18.32	-	26,00
	MARTÍNEZ NOVOA, Silvia	06	32.05 35.58	36.32	35.14	2:19.09
	GROBA COMESAÑA, Noa	06	30.81 34.86	35.84	36.42	2:17.93
	CAL FERNÁNDEZ, Victoria	08	29.38 34.39	36.74	36.81	2:17.32
	PIÑEIRO FERNANDEZ, Antia	08	32.54 36.29	37.73	37.42	2:23.98
5.	A. D. FOGAR 1		A. D. FOGAR	9:24.58	-	24,00
	MOURELLE PENA, Carla	08	30.98 33.70	35.10	36.30	2:16.08
	LOPEZ FRANCO, Maria	07	31.98 35.47	37.34	37.74	2:22.53
	JIMENEZ COPPA, Carla M.	06	31.67 35.65	37.08	35.58	2:19.98
	PEDREIRA GALEGO, Xiana	06	34.05 36.99	39.40	35.55	2:25.99
6.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	9:25.02	-	22,00
	PARDAVILA DAVILA, Ainoa	08	31.91 34.67	36.09	36.03	2:18.70
	PEREIRA-BORRAJO VAYO, Marta	08	31.28 36.01	38.36	38.30	2:23.95
	NUÑEZ PARDO, Laura	08	32.85 37.47	37.18	35.56	2:23.06
	GIRALDEZ MARTINEZ, Nerea	07	30.82 34.91	36.76	36.82	2:19.31
7.	C. N. MOS 1		C. N. MOS	9:29.18	-	20,00
	HERMIDA ALONSO, Antia	08	31.17 35.49	36.50	37.47	2:20.63
	PEREIRO RODRIGUEZ, Carolina	08	31.89 37.27	39.49	40.19	2:28.84
	SALGUEIRIÑO ÁLVAREZ, Noa	08	31.47 35.25	36.27	34.89	2:17.88
	MARTINEZ OTERO, Eva	08	32.06 35.51	37.31	36.95	2:21.83
8.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	9:30.79	-	18,00
	LADRA CAMPO, Martina	08	31.42 34.94	35.91	35.77	2:18.04
	PARDO PIÑEIRO, Maria	06	31.03 36.16	37.71	36.55	2:21.45
	CUGINI LENCE, Emma	08	32.18 37.25	38.88	38.27	2:26.58
	GONZALEZ IGLESIAS, Nerea	07	32.25 36.32	37.73	38.42	2:24.72
9.	S. DEP. BOIRO 1		S. DEP. BOIRO	9:37.44	-	16,00
	RAMOS MÍGUEZ, Leyre	06	32.99 36.09	38.23	38.54	2:25.85
	VILARNOVO SUÁREZ, Noelia	06	31.62 35.00	36.70	36.76	2:20.08
	PÉREZ LORENZO, Celia	07	31.78 37.46	40.07	39.29	2:28.60
	SÁNCHEZ TOJA, Candela	08	31.26 35.65	37.97	38.03	2:22.91



Prueba 13, Fem., 4 x 200m Libre, Junior Femenino

Clasificación				Tiempo	ABSO	JUNI
10.	C. N. GALAICO 1		C. N. GALAICO	9:41.08	-	-
	PEREIRA URGAL, Maria	08	32.88 37.34	39.65	39.51	2:29.38
	FARIÑA MARTINEZ, Paula	07	31.15 35.48	37.08	36.47	2:20.18
	ORTEGO PORTA, Aldara	07	31.55 36.88	38.39	35.04	2:21.86
	MELLID LOSADA, Anxela	07	31.94 37.25	40.25	40.22	2:29.66



Prueba 14
28/12/2023 - 14:08

Masc., 4 x 100m Libre

Junior Masculino
Resultados

RG	3:24.09	CNFERRO		CNFERRO	27/12/2008
RC	3:24.09	CNFERRO		CNFERRO	27/12/2008

Clasificación

Tiempo ABSO JUNI

Rank	Club	Time	Time	Time	Time	Time	Time	Time
1.	C. N. FERROL 1			3:37.68	-	38,00		
	NAVARRO LOSADA, Sergi	07	24.97	52.06	GARCÍA AFONSO, Alexis	07	25.91	55.17
	DIAZ COUCE, Ruben	06	25.80	55.42	MANEIROS PAZ, Mario	06	26.46	55.03
2.	VIGO RIAS BAIXAS 1			3:39.18	-	32,00		
	RODRIGUEZ VIEITEZ, Hugo	08	26.36	55.23	ALONSO VIDAL, Teo	07	25.85	54.38
	MASSO ROIG, Martin	07	26.72	54.95	PIÑEIRO RODRIGUEZ, Samuel	07	25.36	54.62
3.	C. N. GALAICO 1			3:40.11	-	28,00		
	PEREZ GARCIA, Iker	07	25.93	54.16	VAZQUEZ COSTA, Miguel	06	26.35	55.16
	BARROS DA SILVA, Pedro	07	25.78	54.43	VAZQUEZ FERNANDEZ, Nicolas	06	26.59	56.36
4.	A. D. FOGAR 1			3:40.22	-	26,00		
	RIVAS TORRES, Paulo	08	26.43	54.89	SOUTO VILAS, Jorge	07	25.52	54.18
	SOUTO RAMOS, Manuel	07	25.27	53.86	GIL-RIVERA BARBEITO, Pablo	06	27.28	57.29
5.	PABELLON OURENSE 1			3:40.69	-	23,00		
	CARBALLO RODRIGUEZ, Enrique	07	26.59	55.49	ESTEVEZ CRESPO, Hugo	06	26.12	54.99
	MERZLYAKOV KOSTOMAROV, Mii07ail		26.44	55.05	PAZ RODRIGUEZ, Aritz	06	26.14	55.16
	C. N. PORTAMIÑA 1			3:40.69	-	23,00		
	GOMEZ PUMARIÑO, Samuel	08	26.44	55.83	FRAGA SAL, Alexandre	06	26.23	55.19
	PEREZ FERNANDEZ, Brais	07	25.47	53.85	MENDEZ GARCIA, Xoan	06	25.99	55.82
7.	RCN VIGO 1			3:45.40	-	20,00		
	PAZOS IGLESIAS, André	07	26.29	56.00	SANTÍN MÉNDEZ, Rubén	07	26.73	56.36
	OUBIÑA SÁNCHEZ, Pedro	07	27.74	57.80	ÁLVAREZ VÁZQUEZ, Gael	07	26.05	55.24
8.	C. N. CORUÑA 1			3:47.37	-	18,00		
	GOMEZ LIMIA, Pablo	06	26.40	56.15	ETAYO GARCIA, Oscar	06	25.86	54.52
	ALCALDE MAHIA, Jun Bin	08	27.83	58.56	LAGO CASTILLO, Diego	07	27.28	58.14
9.	CIDADE SANTIAGO 1			3:47.82	-	16,00		
	LOUREIRO GONZALEZ, Roi	08	26.75	57.25	ORECHIA, Agustín	06	25.54	54.80
	REY MUNIN, Tomas	06	27.66	59.21	PARCERO AREOSO, Xoel	07	27.06	56.56
10.	C. N. ARTEIXO 1			3:50.50	-	14,00		
	VARELA PASANDÍN, Manuel	06	26.93	56.81	DÍAZ RODAS, Aarón	07	27.43	57.22
	VARELA PASANDÍN, Alejandro	06	26.36	55.16	DÍAZ DOMÍNGUEZ, Ricardo	07	28.82	1:01.31
11.	C. N. PONTEAREAS 1			3:54.60	-	12,00		
	GONZALEZ ESTEVEZ, Yoel	07	26.81	55.89	LEIROS FERNANDEZ, Lucas	08	28.89	59.95
	PREGO GROBA, Brais	08	27.50	59.29	ESPERÓN RODRÍGUEZ, Rodrigo	07	27.94	59.47
12.	C. Del Mar De San Amaro 1			3:57.65	-	10,00		
	PEREZ MOURE, Nicolas	06	28.23	1:00.13	CILLERO GARCÍA, Antón	08	27.27	57.57
	LONGUEIRA GILDA, Martín	07	28.46	59.58	GARAIZABAL DE LA MONTAÑA, los	07	29.06	1:00.37
13.	C. FLUVIAL LUGO 1			3:58.39	-	8,00		
	MORENO TEJEIRO, Andre	07	26.70	56.18	PALLIN BUJAN, Hector	08	28.03	59.62
	SUBIRAN GOMEZ, Pedro	08	27.74	58.19	LEGASPI GARCIA, Carlos	08	31.63	1:04.40



Prueba 15
28/12/2023 - 18:00

Masc., 4 x 50m Estilos

Absoluto Masculino
Resultados

RG	1:41.65	ARZUA	ARZUA	28/12/2019
RC	1:41.65	ARZUA	ARZUA	28/12/2019

Clasificación

			Tiempo	ABSO	JUNI	
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	1:42.63	38,00	-
	VAZQUEZ LOPEZ, Martin	03	25.26	BALBOA BLANCO, Ivan	94	25.90
	NOVO LOPEZ, Brais	03	28.78	RODRIGUEZ SANCOSMED, Pablo	03	22.69
2.	C. N. PANAS 1		C. N. PANAS	1:44.52	32,00	-
	CARNEIRO VIQUEIRA, Xabier	00	27.25	GARCIA GARAY, Marcos	01	25.27
	ARES BARRAL, Anton	00	28.73	BRAVO CONDE, Cristian	00	23.27
3.	A. D. FOGAR 1		A. D. FOGAR	1:44.71	28,00	-
	ABELEIRA ALVAREZ, Carlos	02	26.73	REY PITA, Simon	04	25.36
	LOPEZ FRANCO, Martin	01	29.05	SUAREZ MATO, Yoel	04	23.57
4.	C. N. FERROL 1		C. N. FERROL	1:45.78	29,00	-
	NAVARRO LOSADA, Sergi	07	26.27	LOSADA JIMÉNEZ, Sergio	04	25.44
	SEJO BERMUDEZ, Daniel	04	29.99	LOSADA JIMENEZ, Alvaro	99	24.08
5.	C. N. MONFORTE 1		C. N. MONFORTE	1:45.85	24,00	-
	ARIAS FRANCO, Odei	06	26.59	PEREZ TIERRA, Ismael	02	26.20
	MOURE DOVAL, Jose	99	30.44	PONTON RODRIGUEZ, Javier	05	22.62
6.	PABELLON OURENSE 1		PABELLON OURENSE	1:46.34	22,00	-
	QUIROGA RAMOS, Yago	05	27.63	CIVEIRA CORRAL, Samuel	02	26.27
	ALVAREZ ALVAREZ, Hector	00	28.95	CIVEIRA CORRAL, Raul	02	23.49
7.	C. N. GALAICO 1		C. N. GALAICO	1:47.78	20,00	-
	SANCHEZ LOUZAN, Daniel	98	26.25	UCHA NIETO, Jacobo	97	26.65
	VAZQUEZ FERNANDEZ, Nicolas	06	30.69	PEREZ GARCIA, Iker	07	24.19
8.	C. N. ARTEIXO 1		C. N. ARTEIXO	1:48.01	18,00	-
	VARELA PASANDÍN, Manuel	06	28.22	RUIBAL CABALLERO, Manuel Fco.	03	26.41
	GÓMEZ MESÍAS, Miguel Ángel	03	28.74	DEL RIO REGUEIRA, Marcos	93	24.64
9.	CIDADE SANTIAGO 1		CIDADE SANTIAGO	1:49.46	16,00	-
	REY MUNIN, Tomas	06	29.42	ORECHIA, Agustín	06	26.08
	PARCERO AREOSO, Xoel	07	29.18	LOUREIRO GONZALEZ, Roi	08	24.78
10.	RCN VIGO 1		RCN VIGO	1:49.50	14,00	-
	RODRIGUEZ PENA, Alejandro	92	27.79	CIDRÁS PÉREZ, Fabián	05	26.87
	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	30.61	PAZOS IGLESIAS, André	07	24.23
11.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	1:50.73	12,00	-
	GONZALEZ ESTEVEZ, Yoel	07	28.67	RODRIGUEZ DOMINGUEZ, Fco. Jav	04	27.54
	FARO MARTINEZ, Yoel	07	30.40	PINO LORENZO, Brais	01	24.12
12.	C. N. ARZUA 1		C. N. ARZUA	1:52.29	10,00	-
	LOPEZ VARELA, Anton	09	30.62	LEVCHENKO, Nikita	08	25.79
	CARRIL FERNANDEZ, Nicolas	09	30.58	LAZIEIEV NEMERSKIY, Aleksandr	09	25.30
13.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	1:52.91	8,00	-
	PIÑEIRO RODRIGUEZ, Samuel	07	29.59	ALONSO VIDAL, Teo	07	27.57
	PASTORIZA SANTA CLARA, Jorge	97	30.96	RODRIGUEZ VIEITEZ, Hugo	08	24.79



Prueba 15, Masc., 4 x 50m Estilos, Absoluto Masculino

Clasificación			Tiempo	ABSO	JUNI	
14.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	1:53.04	6,00	-
	NUÑEZ SUAREZ, Antón	05	29.64	TEIJEIRO PRADO, Xoel	06	26.09
	MORENO TEIJEIRO, Hugo	05	32.25	MORENO TEIJEIRO, Andre	07	25.06
15.	C. N. CORUÑA 1		C. N. CORUÑA	1:54.54	4,00	-
	ALCALDE MAHIA, Jun Bin	08	30.41	PICALLO MARANTE, Sergio	01	27.05
	PEDROUZO ARES, Miguel	95	31.58	SENDINO GESTOSO, Roi	01	25.50
16.	SPORTING CASINO 1		SPORTING CASINO	1:57.04	5,00	-
	SUAREZ MARTINEZ, Diego	08	26.66	SOBRINO NOGALES, Sebastian	08	30.20
	GERVENO PRADA, Luis	09	33.52	PENAS CAYADO, Fernando	09	26.66
17.	C. N. CULLEREDO 1		C. N. CULLEREDO	1:57.45	-	-
	ARIAS GONZALEZ, Hector	05	32.24	RODA MARQUEZ, Joao Victor	07	28.97
	SOBRINO BUJIA, Mateo	06	30.75	CHACON ALVAREZ, Alejandro	05	25.49
Baja	A. DEP. NT. NARON 1		A. DEP. NT. NARON		-	-



Prueba 16
28/12/2023 - 18:12

Fem., 4 x 50m Estilos

Absoluto Femenino
Resultados

RG	1:57.13	NCORUÑA	NCORUÑA	18/04/2009
RC	1:59.20	NCORUÑA	NCORUÑA	28/12/2012

Clasificación			Tiempo	ABSO	JUNI	
1.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	1:57.98	41,00	- RC
	EIJO GIL, Naiara 06	31.33	LEMONS FERNANDEZ, Iria 06			28.15
	CARBALLO GONZALEZ, Sofia 06	32.90	CARRON MUIÑA, Carla 05			25.60
2.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	1:57.99	32,00	-
	LOPEZ-FREIRE FRANCIA, Celia 10	30.83	MOURENZA ROCHA, Ines 07			28.23
	MOURENZA ROCHA, Sofia 07	31.90	LOPEZ-FREIRE FRANCIA, Carmen 07			27.03
3.	RCN VIGO 1		RCN VIGO	2:01.04	28,00	-
	SOLER LOMBA, Rosalía 00	30.33	RODRÍGUEZ ALONSO, Julia 05			29.24
	CONS GESTIDO, Henar Diana 02	33.46	CONS GESTIDO, Victoria Anna 05			28.01
4.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	2:03.26	26,00	-
	BLANCO ROUCO, Carmen 06	31.23	RODRIGUEZ RODRIGUEZ, Nina 02			28.68
	GONZALEZ GONZALEZ, Iara 09	36.05	ALVAREZ PAZOS, Maria 07			27.30
5.	C. N. ARTEIXO 1		C. N. ARTEIXO	2:04.84	24,00	-
	SÁNCHEZ BELLO, Eva 07	31.34	SUAREZ DOSIL, Claudia 07			31.78
	GÓMEZ MESÍAS, Alba 00	33.54	VEIGA SOUTO, Ana 98			28.18
6.	C. N. FERROL 1		C. N. FERROL	2:05.20	22,00	-
	VILLARNOVO PAZOS, Lucia 08	31.69	CHANS FANEGO, Paula 03			29.98
	LEIVAS ROCA, Candela 05	36.77	LOPEZ SANMARTIN, Nerea 96			26.76
7.	C. N. MOS 1		C. N. MOS	2:05.23	20,00	-
	MARTINEZ OTERO, Eva 08	31.55	HERMIDA ALONSO, Antia 08			30.35
	PEREIRO RODRIGUEZ, Carolina 08	34.89	SALGUEIRIÑO ÁLVAREZ, Noa 08			28.44
8.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	2:08.03	18,00	-
	CERNADAS GONZALEZ, Ana 04	29.24	LADRA CAMPO, Martina 08			31.80
	PARDO PIÑEIRO, Maria 06	38.87	BUSTO LOPEZ, Ana 04			28.12
9.	CIDADE SANTIAGO 1		CIDADE SANTIAGO	2:08.35	16,00	-
	SUAREZ RIPOLL, Lia 07	32.95	GONZÁLEZ TOJO, Raquel 99			30.27
	CAAMAÑO LOPEZ, Xiana 08	35.81	CORTIÑAS LAIÑO, Carla 05			29.32
10.	A. D. FOGAR 1		A. D. FOGAR	2:08.42	14,00	-
	LOPEZ FRANCO, Maria 07	34.05	RODRIGUEZ VIÑA, Valeria 09			32.35
	JIMENEZ COPPA, Carla M. 06	33.25	MOURELLE PENA, Carla 08			28.77
11.	C. N. GALAICO 1		C. N. GALAICO	2:08.56	12,00	-
	VIDAL RODRIGUEZ, Mara 10	33.21	FARIÑA MARTINEZ, Paula 07			32.37
	FERNANDEZ PRIETO, Nayara 05	34.87	BARROS DA SILVA, Sofia 09			28.11
12.	SPORTING CASINO 1		SPORTING CASINO	2:09.10	10,00	-
	BORRAZAS RODRIGUEZ, Noa 08	30.99	GIL GARNACHO, Carlota 09			31.75
	NISTAL PALACIOS, Mariña 07	37.22	COUCEIRO BARREIRO, Marta 07			29.14
13.	C. MARINA FERROL 1		C. MARINA FERROL	2:11.48	8,00	-
	CARRASCO DE CASTRO, Marina 10	34.26	LOPEZ GOMEZ, Antia 09			30.79
	GARCIA RODRIGUEZ, Andrea 10	38.15	ANEIROS DOPICO, Laura 00			28.28



Prueba 16, Fem., 4 x 50m Estilos, Absoluto Femenino

Clasificación			Tiempo	ABSO	JUNI	
14.	A. DEP. NT. NARON 1		A. DEP. NT. NARON	2:12.73	6,00	-
	ALBES ALVARIÑO, Paula	03	32.39	LÓPEZ BOUZA, Andrea	06	33.61
	LOPEZ RAMUDO, Icia	04	36.79	PEREZ MARTINEZ, Sara	10	29.94
15.	C. N. CULLEREDO 1		C. N. CULLEREDO	2:13.25	4,00	-
	GUIRADO AGRA, Sofia	09	34.59	FEAL DEVESA, Carlota	09	32.67
	HERNAEZ GONZALEZ, Paula	08	36.17	BELLO ARMADA, Andrea	99	29.82
DSQ	PABELLON OURENSE 1		PABELLON OURENSE		-	-
	REQUEJO FERNANDEZ, Irene, CAMPOS TATO, Uxia, FEIJOO GOMEZ, Eva, CAMBA PRADA, Alexia					



Prueba 17
28/12/2023 - 20:35

Masc., 4 x 100m Libre

Absoluto Masculino
Resultados

RG	3:24.09	CNFERRO	CNFERRO	27/12/2008
RC	3:24.09	CNFERRO	CNFERRO	27/12/2008

Clasificación

				Tempo	ABSO	JUNI		
1.	C. N. PORTAMIÑA 1				C. N. PORTAMIÑA 3:23.79	45,00	-	RG
	NOVO LOPEZ, Brais	03	24.44	50.72	DIAZ- BECERRA LOPEZ, Anton	05	24.94	52.96
	RODRIGUEZ SANCOSMED, Pablo	03	24.06	51.16	VAZQUEZ LOPEZ, Martin	03	23.20	48.95
2.	C. FLUVIAL LUGO 1				C. FLUVIAL LUGO 3:28.53	32,00	-	
	PARDO PERNAS, Martin	02	25.13	52.62	MARTINEZ SUAREZ, Diego	99	24.96	52.62
	TEJEIRO PRADO, Xoel	06	24.56	51.55	ALVAREZ FERNANDEZ, Borja	96	24.43	51.74
3.	C. N. PANAS 1				C. N. PANAS 3:31.08	28,00	-	
	ARES BARRAL, Anton	00	25.14	52.15	CARREIRA POSADA, Jorge	00	24.59	53.45
	GARCIA GARAY, Marcos	01	24.99	52.71	BRAVO CONDE, Cristian	00	24.92	52.77
4.	PABELLON OURENSE 1				PABELLON OURENSE 3:32.01	26,00	-	
	QUIROGA RAMOS, Yago	05	25.78	53.61	CIVEIRA CORRAL, Samuel	02	24.88	53.10
	LOPEZ FERNANDEZ, Martin	04	24.97	53.49	CIVEIRA CORRAL, Raul	02	25.04	51.81
5.	A. D. FOGAR 1				A. D. FOGAR 3:32.32	24,00	-	
	GALAN VICENTE, Pablo	02	25.43	53.08	SOUTO RAMOS, Manuel	07	25.40	53.59
	ABELEIRA ALVAREZ, Carlos	02	24.71	52.80	SUAREZ MATO, Yoel	04	25.98	52.85
6.	C. N. MONFORTE 1				C. N. MONFORTE 3:32.51	22,00	-	
	MOURE DOVAL, Jose	99	24.88	51.82	ARIAS FRANCO, Odei	06	25.96	54.79
	PONTON RODRIGUEZ, Javier	05	24.78	52.38	PEREZ TIERRA, Ismael	02	25.13	53.52
7.	C. N. FERROL 1				C. N. FERROL 3:33.77	20,00	-	
	SEIJO BERMUDEZ, Daniel	04	25.93	53.05	LOSADA JIMENEZ, Alvaro	99	25.49	54.47
	NAVARRO LOSADA, Sergi	07	24.83	51.94	PEDRE SALIDO, Julio	03	26.31	54.31
8.	C. N. ARTEIXO 1				C. N. ARTEIXO 3:35.48	18,00	-	
	GÓMEZ MESÍAS, Miguel Ángel	03	25.83	53.94	DEL RIO REGUEIRA, Marcos	93	25.46	53.55
	GARCÍA CASTRO, Mateo	05	25.10	52.72	DEL RIO REGUEIRA, Ruben	93	26.25	55.27
9.	C. N. GALAICO 1				C. N. GALAICO 3:36.37	16,00	-	
	PEREZ GARCIA, Iker	07	26.25	55.91	BOUZAS PEDREIRA, Tomas	98	25.67	54.74
	SANCHEZ LOUZAN, Daniel	98	25.12	52.00	UCHA NIETO, Jacobo	97	25.74	53.72
10.	S. DEP. BOIRO 1				S. DEP. BOIRO 3:36.60	14,00	-	
	SANLÉS DIESTE, Hugo	04	24.88	51.35	CAO HERMO, Breixo	10	26.79	56.16
	PÉREZ LORENZO, Manuel	05	24.47	51.07	ABELLEIRA GÓMEZ, Miguel A.	06	27.45	58.02
11.	C. N. ARZUA 1				C. N. ARZUA 3:40.27	15,00	-	
	LEVCHENKO, Nikita	08	25.72	52.82	LOPEZ VARELA, Anton	09	26.87	56.76
	LAZIEIEV NEMERSKIY, Aleksandr	09	25.95	54.81	CARRIL FERNANDEZ, Nicolas	09	26.18	55.88
12.	RCN VIGO 1				RCN VIGO 3:41.30	10,00	-	
	PAZOS IGLESIAS, André	07	26.27	55.43	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	25.85	54.94
	RODRIGUEZ PENA, Alejandro	92	25.37	55.59	INFESTAS CARAZO, Samuel	03	26.23	55.34
13.	C. N. PONTEAREAS 1				C. N. PONTEAREAS 3:44.46	8,00	-	
	RODRIGUEZ DOMINGUEZ, Fco. Jav04		26.82	56.26	PINO LORENZO, Brais	01	25.62	55.42
	GONZALEZ ESTEVEZ, Yoel	07	26.68	56.27	CANCELA GOMEZ, Hugo	03	27.07	56.51



Prueba 17, Masc., 4 x 100m Libre, Absoluto Masculino

Clasificación					Tiempo	ABSO	JUNI	
14.	C. N. CULLEREDO 1			C. N. CULLEREDO	3:50.55	6,00	-	
	ARIAS GONZALEZ, Hector	05	27.95	59.54	SOBRINO BUJIA, Mateo	06	27.05	57.02
	RODA MARQUEZ, Joao Victor	07	27.50	57.04	CHACON ALVAREZ, Alejandro	05	26.71	56.95
Baja	A. DEP. NT. NARON 1			A. DEP. NT. NARON		-	-	
Baja	CIDADE SANTIAGO 1			CIDADE SANTIAGO		-	-	
Baja	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS		-	-	



Prueba 18
28/12/2023 - 20:53

Fem., 4 x 200m Libre

Absoluto Femenino
Resultados

RG	8:11.00	GALAICO	GALAICO	28/12/2016
RC	8:11.00	GALAICO	GALAICO	28/12/2016

Clasificación

				Tiempo	ABSO	JUNI	
1.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	8:25.98	38,00	-	
	CARRON MUIÑA, Carla	05	27.60	30.13	31.32	31.96	2:01.01
	FARO MARTINEZ, Carla	03	28.97	32.06	34.01	34.53	2:09.57
	CARBALLO GONZALEZ, Sofia	06	29.62	32.29	33.38	32.98	2:08.27
	LEMOS FERNANDEZ, Iria	06	28.52	32.12	34.19	32.30	2:07.13
2.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	8:28.60	32,00	-	
	MOURENZA ROCHA, Ines	07	28.89	32.17	32.60	32.32	2:05.98
	CANDO SANTOS, Raquel	03	28.90	32.23	33.60	33.41	2:08.14
	MOURENZA ROCHA, Sofia	07	28.77	32.18	32.86	32.39	2:06.20
	SANTAS VAZQUEZ, Laura	09	29.37	32.25	33.69	32.97	2:08.28
3.	C. N. ARTEIXO 1		C. N. ARTEIXO	8:47.38	28,00	-	
	VEIGA SOUTO, Ana	98	30.92	33.60	34.55	34.06	2:13.13
	GÓMEZ MESÍAS, Alba	00	27.87	31.49	32.72	31.99	2:04.07
	SÁNCHEZ BELLO, Eva	07	29.85	33.21	34.41	34.17	2:11.64
	ALVITE BERGARA, Nerea	99	32.03	34.95	35.70	35.86	2:18.54
4.	PABELLON OURENSE 1		PABELLON OURENSE	8:52.38	26,00	-	
	FEJOO GOMEZ, Eva	04	28.60	31.32	31.76	32.54	2:04.22
	CAMBA PRADA, Alexia	05	29.02	33.38	35.24	34.45	2:12.09
	BABARRO LOPEZ, Maria	08	31.31	34.83	36.19	36.17	2:18.50
	REQUEJO FERNANDEZ, Irene	10	30.97	35.21	35.76	35.63	2:17.57
5.	RCN VIGO 1		RCN VIGO	8:55.03	24,00	-	
	RODRÍGUEZ ALONSO, Julia	05	29.94	32.35	33.48	33.70	2:09.47
	MARTÍNEZ NOVOA, Silvia	06	31.76	34.83	35.61	34.89	2:17.09
	GROBA COMESAÑA, Noa	06	30.68	34.69	35.54	35.70	2:16.61
	MARTÍNEZ NOVOA, Ángela	04	29.62	33.57	34.43	34.24	2:11.86
6.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	8:55.66	22,00	-	
	CERNADAS GONZALEZ, Ana	04	29.11	31.02	32.03	32.24	2:04.40
	LADRA CAMPO, Martina	08	31.17	34.79	35.85	35.21	2:17.02
	BUSTO LOPEZ, Ana	04	29.56	34.59	35.97	36.14	2:16.26
	PARDO PIÑEIRO, Maria	06	31.09	35.33	36.72	34.84	2:17.98
7.	C. N. FERROL 1		C. N. FERROL	9:00.02	20,00	-	
	VILLARNOVO PAZOS, Lucia	08	30.02	32.24	32.83	33.23	2:08.32
	PARDO CHAS, Eva	04	30.30	33.24	34.57	34.57	2:12.68
	REY CONESA, Carolina	04	31.37	36.21	37.44	37.53	2:22.55
	CARRASCO BOUZAMAYOR, Sabela	08	31.39	34.91	35.52	34.65	2:16.47
8.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	9:01.80	18,00	-	
	ALVAREZ PAZOS, Maria	07	30.43	33.59	34.78	35.41	2:14.21
	GONZALEZ GONZALEZ, Iara	09	30.70	34.69	35.98	35.54	2:16.91
	RODRIGUEZ RODRIGUEZ, Nina	02	31.76	35.14	35.90	35.27	2:18.07
	BLANCO ROUCO, Carmen	06	30.40	33.60	34.48	34.13	2:12.61
9.	C. N. GALAICO 1		C. N. GALAICO	9:10.70	16,00	-	
	BARROS DA SILVA, Sofia	09	30.26	33.01	34.11	34.23	2:11.61
	VIDAL RODRIGUEZ, Mara	10	31.13	35.35	36.80	35.44	2:18.72
	FARIÑA MARTINEZ, Paula	07	32.04	35.63	36.50	35.14	2:19.31
	ROCHA GONZALEZ, Gisele	09	31.83	35.91	37.08	36.24	2:21.06



Prueba 18, Fem., 4 x 200m Libre, Absoluto Femenino

Clasificación				Tempo	ABSO	JUNI
10.	SPORTING CASINO 1		SPORTING CASINO	9:20.02	14,00	-
	BORRAZAS RODRIGUEZ, Noa	08	30.22 33.03	33.98	33.24	2:10.47
	GIL GARNACHO, Carlota	09	32.37 37.34	37.46	35.53	2:22.70
	CABANAS DEL RIO, Carla	09	33.06 36.87	38.47	38.00	2:26.40
	COUCEIRO BARREIRO, Marta	07	33.15 35.55	36.33	35.42	2:20.45
11.	C. N. CULLEREDO 1		C. N. CULLEREDO	9:36.56	-	-
	MARTIN VEIRA, Alicia	08	34.17 37.98	39.70	39.12	2:30.97
	GUIRADO AGRA, Sofia	09	30.40 36.11	38.31	38.58	2:23.40
	FEAL DEVESA, Carlota	09	33.10 35.66	37.36	37.22	2:23.34
	HERNAEZ GONZALEZ, Paula	08	31.10 35.20	36.53	36.02	2:18.85



Prueba 19
29/12/2023 - 9:30

Masc., 400m Libre

Absoluto Masculino
Resultados

RG	3:50.73	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/12/2010
RC	3:50.95	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	27/12/2008

Clasificación	AN		Tiempo		ABSO	JUNI		
Junior Masculino								
1.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:06.64	14,00	19,00		
	50m: 27.73 27.73	150m: 1:28.43	30.97	250m: 2:31.88	31.71	350m: 3:35.78	31.94	
	100m: 57.46 29.73	200m: 2:00.17	31.74	300m: 3:03.84	31.96	400m: 4:06.64	30.86	
2.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	4:07.56	13,00	16,00		
	50m: 28.36 28.36	150m: 1:30.24	31.30	250m: 2:32.86	31.04	350m: 3:36.02	31.84	
	100m: 58.94 30.58	200m: 2:01.82	31.58	300m: 3:04.18	31.32	400m: 4:07.56	31.54	
3.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	4:07.76	12,00	14,00		
	50m: 28.60 28.60	150m: 1:30.66	31.43	250m: 2:33.79	31.71	350m: 3:37.30	31.85	
	100m: 59.23 30.63	200m: 2:02.08	31.42	300m: 3:05.45	31.66	400m: 4:07.76	30.46	
4.	PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	4:07.94	11,00	13,00		
	50m: 27.57 27.57	150m: 1:30.45	32.05	250m: 2:33.90	30.46	350m: 3:36.65	31.58	
	100m: 58.40 30.83	200m: 2:03.44	32.99	300m: 3:05.07	31.17	400m: 4:07.94	31.29	
5.	SOUTO RAMOS, Manuel	07	A. D. FOGAR	4:11.15	9,00	12,00		
	50m: 27.85 27.85	150m: 1:30.38	31.82	250m: 2:35.42	32.10	350m: 3:40.30	32.18	
	100m: 58.56 30.71	200m: 2:03.32	32.94	300m: 3:08.12	32.70	400m: 4:11.15	30.85	
6.	CUBEIRO ROSENDE, Xoel	07	C. N. LICEO	4:14.49	7,00	11,00		
	50m: 27.87 27.87	150m: 1:30.56	32.04	250m: 2:35.73	32.74	350m: 3:42.52	33.70	
	100m: 58.52 30.65	200m: 2:02.99	32.43	300m: 3:08.82	33.09	400m: 4:14.49	31.97	
7.	GARCÍA AFONSO, Alexis	07	C. N. FERROL	4:15.75	6,00	10,00		
	50m: 28.41 28.41	150m: 1:31.48	31.88	250m: 2:36.31	32.56	350m: 3:43.05	33.31	
	100m: 59.60 31.19	200m: 2:03.75	32.27	300m: 3:09.74	33.43	400m: 4:15.75	32.70	
8.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	4:15.77	5,00	9,00		
	50m: 28.97 28.97	150m: 1:32.45	31.82	250m: 2:37.68	32.55	350m: 3:44.76	33.75	
	100m: 1:00.63 31.66	200m: 2:05.13	32.68	300m: 3:11.01	33.33	400m: 4:15.77	31.01	
9.	GOMEZ PUMARIÑO, Samuel	08	C. N. PORTAMIÑA	4:18.68	2,00	8,00		
	50m: 28.32 28.32	150m: 1:31.40	32.06	250m: 2:37.61	33.28	350m: 3:45.24	34.11	
	100m: 59.34 31.02	200m: 2:04.33	32.93	300m: 3:11.13	33.52	400m: 4:18.68	33.44	
10.	RODRIGUEZ VIEITEZ, Hugo	08	VIGO RIAS BAIXAS	4:20.05	-	-		
	50m: 28.12 28.12	150m: 1:31.82	32.21	250m: 2:38.13	33.20	350m: 3:46.46	34.50	
	100m: 59.61 31.49	200m: 2:04.93	33.11	300m: 3:11.96	33.83	400m: 4:20.05	33.59	
11.	MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	4:20.36	-	7,00		
	50m: 28.97 28.97	150m: 1:33.18	32.25	250m: 2:39.97	33.31	350m: 3:47.34	33.82	
	100m: 1:00.93 31.96	200m: 2:06.66	33.48	300m: 3:13.52	33.55	400m: 4:20.36	33.02	
12.	DIAZ RODRIGUEZ, Ivan	08	C. N. PORTAMIÑA	4:22.74	-	-		
	50m: 28.86 28.86	150m: 1:35.10	33.48	250m: 2:42.53	33.67	350m: 3:50.84	34.32	
	100m: 1:01.62 32.76	200m: 2:08.86	33.76	300m: 3:16.52	33.99	400m: 4:22.74	31.90	
13.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	4:24.62	-	6,00		
	50m: 28.79 28.79	150m: 1:33.24	32.85	250m: 2:42.16	34.87	350m: 3:51.34	34.65	
	100m: 1:00.39 31.60	200m: 2:07.29	34.05	300m: 3:16.69	34.53	400m: 4:24.62	33.28	



Prueba 19, Masc., 400m Libre, Junior Masculino

Clasificación	AN	Tempo	ABSO	JUNI
14. DIAZ-BECERRA LOPEZ, Pedro	07	C. N. PORTAMIÑA 4:25.40	-	-
50m: 29.27 29.27 150m: 1:35.05 33.42 250m: 2:42.28 33.11 350m: 3:51.30 34.92				
100m: 1:01.63 32.36 200m: 2:09.17 34.12 300m: 3:16.38 34.10 400m: 4:25.40 34.10				
15. ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO 4:26.00	-	5,00
50m: 29.56 29.56 150m: 1:35.57 33.21 250m: 2:43.32 33.95 350m: 3:52.10 34.59				
100m: 1:02.36 32.80 200m: 2:09.37 33.80 300m: 3:17.51 34.19 400m: 4:26.00 33.90				
16. FRAGA VISOS, Teo	08	CIDADE SANTIAGO 4:26.45	-	4,00
50m: 30.82 30.82 150m: 1:37.37 33.80 250m: 2:45.31 33.95 350m: 3:53.34 34.17				
100m: 1:03.57 32.75 200m: 2:11.36 33.99 300m: 3:19.17 33.86 400m: 4:26.45 33.11				
17. SUBIRAN GOMEZ, Pedro	08	C. FLUVIAL LUGO 4:27.88	-	3,00
50m: 29.88 29.88 150m: 1:37.21 34.13 250m: 2:44.81 33.64 350m: 3:52.65 33.31				
100m: 1:03.08 33.20 200m: 2:11.17 33.96 300m: 3:19.34 34.53 400m: 4:27.88 35.23				
18. PREGO GROBA, Brais	08	C. N. PONTEAREAS 4:30.96	-	2,00
50m: 29.34 29.34 150m: 1:36.03 34.16 250m: 2:45.94 35.31 350m: 3:56.64 35.46				
100m: 1:01.87 32.53 200m: 2:10.63 34.60 300m: 3:21.18 35.24 400m: 4:30.96 34.32				
19. DÍAZ RODAS, Aarón	07	C. N. ARTEIXO 4:32.02	-	1,00
50m: 30.22 30.22 150m: 1:36.88 34.01 250m: 2:46.51 35.03 350m: 3:57.10 35.34				
100m: 1:02.87 32.65 200m: 2:11.48 34.60 300m: 3:21.76 35.25 400m: 4:32.02 34.92				
20. LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS 4:33.87	-	-
50m: 30.11 30.11 150m: 1:37.57 34.69 250m: 2:48.09 35.44 350m: 3:59.41 35.51				
100m: 1:02.88 32.77 200m: 2:12.65 35.08 300m: 3:23.90 35.81 400m: 4:33.87 34.46				
21. SANTÍN MÉNDEZ, Rubén	07	RCN VIGO 4:36.29	-	-
50m: 29.19 29.19 150m: 1:35.75 33.85 250m: 2:46.57 35.29 350m: 3:59.59 36.44				
100m: 1:01.90 32.71 200m: 2:11.28 35.53 300m: 3:23.15 36.58 400m: 4:36.29 36.70				
22. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO 4:37.06	-	-
50m: 30.19 30.19 150m: 1:36.96 34.25 250m: 2:48.50 35.92 350m: 4:01.48 36.67				
100m: 1:02.71 32.52 200m: 2:12.58 35.62 300m: 3:24.81 36.31 400m: 4:37.06 35.58				
23. BAO PURRIÑOS, Manuel	08	C. N. LICEO 4:38.20	-	-
50m: 31.33 31.33 150m: 1:39.71 34.67 250m: 2:50.88 35.85 350m: 4:03.27 36.29				
100m: 1:05.04 33.71 200m: 2:15.03 35.32 300m: 3:26.98 36.10 400m: 4:38.20 34.93				
24. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO 4:39.33	-	-
50m: 30.50 30.50 150m: 1:38.89 34.88 250m: 2:51.75 36.68 350m: 4:04.53 36.44				
100m: 1:04.01 33.51 200m: 2:15.07 36.18 300m: 3:28.09 36.34 400m: 4:39.33 34.80				
25. RODRIGUEZ ARIAS, Jacobo	08	PABELLON OURENSE 4:49.74	-	-
50m: 30.55 30.55 150m: 1:42.11 36.65 250m: 2:57.22 37.88 350m: 4:13.18 37.77				
100m: 1:05.46 34.91 200m: 2:19.34 37.23 300m: 3:35.41 38.19 400m: 4:49.74 36.56				

Absoluto Masculino

1. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO 3:53.90	19,00	-
50m: 27.12 27.12 150m: 1:24.79 28.99 250m: 2:23.73 29.75 350m: 3:24.39 30.29				
100m: 55.80 28.68 200m: 1:53.98 29.19 300m: 2:54.10 30.37 400m: 3:53.90 29.51				
2. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO 4:00.09	16,00	-
50m: 27.35 27.35 150m: 1:26.60 29.87 250m: 2:26.78 30.08 350m: 3:28.64 31.18				
100m: 56.73 29.38 200m: 1:56.70 30.10 300m: 2:57.46 30.68 400m: 4:00.09 31.45				

Prueba 19, Masc., 400m Libre, Absoluto Masculino

Clasificación			AN				Tiempo	ABSO	JUNI			
3.	MANEIROS PAZ, Mario		06	C. N. FERROL			4:06.64	14,00	19,00			
	50m:	27.73	27.73	150m:	1:28.43	30.97	250m:	2:31.88	31.71	350m:	3:35.78	31.94
	100m:	57.46	29.73	200m:	2:00.17	31.74	300m:	3:03.84	31.96	400m:	4:06.64	30.86
4.	ALONSO VIDAL, Teo		07	VIGO RIAS BAIXAS			4:07.56	13,00	16,00			
	50m:	28.36	28.36	150m:	1:30.24	31.30	250m:	2:32.86	31.04	350m:	3:36.02	31.84
	100m:	58.94	30.58	200m:	2:01.82	31.58	300m:	3:04.18	31.32	400m:	4:07.56	31.54
5.	MASSO ROIG, Martin		07	VIGO RIAS BAIXAS			4:07.76	12,00	14,00			
	50m:	28.60	28.60	150m:	1:30.66	31.43	250m:	2:33.79	31.71	350m:	3:37.30	31.85
	100m:	59.23	30.63	200m:	2:02.08	31.42	300m:	3:05.45	31.66	400m:	4:07.76	30.46
6.	PEREZ FERNANDEZ, Brais		07	C. N. PORTAMIÑA			4:07.94	11,00	13,00			
	50m:	27.57	27.57	150m:	1:30.45	32.05	250m:	2:33.90	30.46	350m:	3:36.65	31.58
	100m:	58.40	30.83	200m:	2:03.44	32.99	300m:	3:05.07	31.17	400m:	4:07.94	31.29
7.	CIVEIRA CORRAL, Raul		02	PABELLON OURENSE			4:10.91	10,00	-			
	50m:	28.27	28.27	150m:	1:29.82	31.34	250m:	2:34.15	32.56	350m:	3:39.20	32.56
	100m:	58.48	30.21	200m:	2:01.59	31.77	300m:	3:06.64	32.49	400m:	4:10.91	31.71
8.	SOUTO RAMOS, Manuel		07	A. D. FOGAR			4:11.15	9,00	12,00			
	50m:	27.85	27.85	150m:	1:30.38	31.82	250m:	2:35.42	32.10	350m:	3:40.30	32.18
	100m:	58.56	30.71	200m:	2:03.32	32.94	300m:	3:08.12	32.70	400m:	4:11.15	30.85
9.	GARRIDO BRUN, Jacobo		02	C. N. PANAS			4:14.46	8,00	-			
	50m:	28.89	28.89	150m:	1:31.47	31.77	250m:	2:36.67	32.88	350m:	3:42.93	32.97
	100m:	59.70	30.81	200m:	2:03.79	32.32	300m:	3:09.96	33.29	400m:	4:14.46	31.53
10.	CUBEIRO ROSENDE, Xoel		07	C. N. LICEO			4:14.49	7,00	11,00			
	50m:	27.87	27.87	150m:	1:30.56	32.04	250m:	2:35.73	32.74	350m:	3:42.52	33.70
	100m:	58.52	30.65	200m:	2:02.99	32.43	300m:	3:08.82	33.09	400m:	4:14.49	31.97
11.	GARCÍA AFONSO, Alexis		07	C. N. FERROL			4:15.75	6,00	10,00			
	50m:	28.41	28.41	150m:	1:31.48	31.88	250m:	2:36.31	32.56	350m:	3:43.05	33.31
	100m:	59.60	31.19	200m:	2:03.75	32.27	300m:	3:09.74	33.43	400m:	4:15.75	32.70
12.	GOMEZ LIMIA, Pablo		06	C. N. CORUÑA			4:15.77	5,00	9,00			
	50m:	28.97	28.97	150m:	1:32.45	31.82	250m:	2:37.68	32.55	350m:	3:44.76	33.75
	100m:	1:00.63	31.66	200m:	2:05.13	32.68	300m:	3:11.01	33.33	400m:	4:15.77	31.01
13.	GUTIERREZ MARIÑO, Santiago		02	PABELLON OURENSE			4:16.94	4,00	-			
	50m:	29.21	29.21	150m:	1:34.16	32.68	250m:	2:39.78	32.73	350m:	3:45.33	32.52
	100m:	1:01.48	32.27	200m:	2:07.05	32.89	300m:	3:12.81	33.03	400m:	4:16.94	31.61
14.	INFESTAS CARAZO, Samuel		03	RCN VIGO			4:17.18	3,00	-			
	50m:	29.14	29.14	150m:	1:32.38	31.99	250m:	2:37.67	32.80	350m:	3:44.59	33.59
	100m:	1:00.39	31.25	200m:	2:04.87	32.49	300m:	3:11.00	33.33	400m:	4:17.18	32.59
15.	GOMEZ PUMARIÑO, Samuel		08	C. N. PORTAMIÑA			4:18.68	2,00	8,00			
	50m:	28.32	28.32	150m:	1:31.40	32.06	250m:	2:37.61	33.28	350m:	3:45.24	34.11
	100m:	59.34	31.02	200m:	2:04.33	32.93	300m:	3:11.13	33.52	400m:	4:18.68	33.44
16.	RODRIGUEZ VIEITEZ, Hugo		08	VIGO RIAS BAIXAS			4:20.05	-	-			
	50m:	28.12	28.12	150m:	1:31.82	32.21	250m:	2:38.13	33.20	350m:	3:46.46	34.50
	100m:	59.61	31.49	200m:	2:04.93	33.11	300m:	3:11.96	33.83	400m:	4:20.05	33.59
17.	PEREZ PAZ, Dario		05	C. N. PONTEAREAS			4:20.08	1,00	-			
	50m:	29.15	29.15	150m:	1:34.45	32.99	250m:	2:41.41	33.60	350m:	3:48.06	33.41
	100m:	1:01.46	32.31	200m:	2:07.81	33.36	300m:	3:14.65	33.24	400m:	4:20.08	32.02



Prueba 19, Masc., 400m Libre, Absoluto Masculino

Clasificación	AN							Tiempo	ABSO	JUNI		
18.	MORENO TEJEIRO, Andre	07	C. FLUVIAL LUGO	4:20.36	-	7,00						
	50m: 28.97 28.97	150m: 1:33.18	32.25	250m: 2:39.97	33.31	350m: 3:47.34	33.82					
	100m: 1:00.93 31.96	200m: 2:06.66	33.48	300m: 3:13.52	33.55	400m: 4:20.36	33.02					
19.	FERRON GUTIERREZ, Juan	03	C. N. MOS	4:21.40	-	-						
	50m: 29.27 29.27	150m: 1:33.47	32.32	250m: 2:39.67	33.40	350m: 3:47.68	34.42					
	100m: 1:01.15 31.88	200m: 2:06.27	32.80	300m: 3:13.26	33.59	400m: 4:21.40	33.72					
20.	PEDRE SALIDO, Julio	03	C. N. FERROL	4:22.00	-	-						
	50m: 28.28 28.28	150m: 1:32.18	32.06	250m: 2:37.31	32.75	350m: 3:42.01	31.39					
	100m: 1:00.12 31.84	200m: 2:04.56	32.38	300m: 3:10.62	33.31	400m: 4:22.00	39.99					
21.	RODRÍGUEZ RODRÍGUEZ, Germán	05	C. N. FERROL	4:22.47	-	-						
	50m: 29.11 29.11	150m: 1:34.29	33.05	250m: 2:41.70	33.79	350m: 3:49.13	33.79					
	100m: 1:01.24 32.13	200m: 2:07.91	33.62	300m: 3:15.34	33.64	400m: 4:22.47	33.34					
22.	DIAZ RODRIGUEZ, Ivan	08	C. N. PORTAMIÑA	4:22.74	-	-						
	50m: 28.86 28.86	150m: 1:35.10	33.48	250m: 2:42.53	33.67	350m: 3:50.84	34.32					
	100m: 1:01.62 32.76	200m: 2:08.86	33.76	300m: 3:16.52	33.99	400m: 4:22.74	31.90					
23.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	4:24.62	-	6,00						
	50m: 28.79 28.79	150m: 1:33.24	32.85	250m: 2:42.16	34.87	350m: 3:51.34	34.65					
	100m: 1:00.39 31.60	200m: 2:07.29	34.05	300m: 3:16.69	34.53	400m: 4:24.62	33.28					
24.	DIAZ-BECERRA LOPEZ, Pedro	07	C. N. PORTAMIÑA	4:25.40	-	-						
	50m: 29.27 29.27	150m: 1:35.05	33.42	250m: 2:42.28	33.11	350m: 3:51.30	34.92					
	100m: 1:01.63 32.36	200m: 2:09.17	34.12	300m: 3:16.38	34.10	400m: 4:25.40	34.10					
25.	ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	4:26.00	-	5,00						
	50m: 29.56 29.56	150m: 1:35.57	33.21	250m: 2:43.32	33.95	350m: 3:52.10	34.59					
	100m: 1:02.36 32.80	200m: 2:09.37	33.80	300m: 3:17.51	34.19	400m: 4:26.00	33.90					
26.	PENAS CAYADO, Fernando	09	SPORTING CASINO	4:26.05	-	-						
	50m: 28.79 28.79	150m: 1:33.81	32.87	250m: 2:41.85	34.20	350m: 3:51.77	35.08					
	100m: 1:00.94 32.15	200m: 2:07.65	33.84	300m: 3:16.69	34.84	400m: 4:26.05	34.28					
27.	FRAGA VISOS, Teo	08	CIDADE SANTIAGO	4:26.45	-	4,00						
	50m: 30.82 30.82	150m: 1:37.37	33.80	250m: 2:45.31	33.95	350m: 3:53.34	34.17					
	100m: 1:03.57 32.75	200m: 2:11.36	33.99	300m: 3:19.17	33.86	400m: 4:26.45	33.11					
28.	SUBIRAN GOMEZ, Pedro	08	C. FLUVIAL LUGO	4:27.88	-	3,00						
	50m: 29.88 29.88	150m: 1:37.21	34.13	250m: 2:44.81	33.64	350m: 3:52.65	33.31					
	100m: 1:03.08 33.20	200m: 2:11.17	33.96	300m: 3:19.34	34.53	400m: 4:27.88	35.23					
29.	PREGO GROBA, Brais	08	C. N. PONTEAREAS	4:30.96	-	2,00						
	50m: 29.34 29.34	150m: 1:36.03	34.16	250m: 2:45.94	35.31	350m: 3:56.64	35.46					
	100m: 1:01.87 32.53	200m: 2:10.63	34.60	300m: 3:21.18	35.24	400m: 4:30.96	34.32					
30.	DÍAZ RODAS, Aarón	07	C. N. ARTEIXO	4:32.02	-	1,00						
	50m: 30.22 30.22	150m: 1:36.88	34.01	250m: 2:46.51	35.03	350m: 3:57.10	35.34					
	100m: 1:02.87 32.65	200m: 2:11.48	34.60	300m: 3:21.76	35.25	400m: 4:32.02	34.92					
31.	LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	4:33.87	-	-						
	50m: 30.11 30.11	150m: 1:37.57	34.69	250m: 2:48.09	35.44	350m: 3:59.41	35.51					
	100m: 1:02.88 32.77	200m: 2:12.65	35.08	300m: 3:23.90	35.81	400m: 4:33.87	34.46					
32.	SANTÍN MÉNDEZ, Rubén	07	RCN VIGO	4:36.29	-	-						
	50m: 29.19 29.19	150m: 1:35.75	33.85	250m: 2:46.57	35.29	350m: 3:59.59	36.44					
	100m: 1:01.90 32.71	200m: 2:11.28	35.53	300m: 3:23.15	36.58	400m: 4:36.29	36.70					



Prueba 19, Masc., 400m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
33. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	4:37.06	-	-	
50m: 30.19 30.19	150m: 1:36.96	34.25	250m: 2:48.50	35.92	350m: 4:01.48	36.67
100m: 1:02.71 32.52	200m: 2:12.58	35.62	300m: 3:24.81	36.31	400m: 4:37.06	35.58
34. BAO PURRIÑOS, Manuel	08	C. N. LICEO	4:38.20	-	-	
50m: 31.33 31.33	150m: 1:39.71	34.67	250m: 2:50.88	35.85	350m: 4:03.27	36.29
100m: 1:05.04 33.71	200m: 2:15.03	35.32	300m: 3:26.98	36.10	400m: 4:38.20	34.93
35. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	4:39.33	-	-	
50m: 30.50 30.50	150m: 1:38.89	34.88	250m: 2:51.75	36.68	350m: 4:04.53	36.44
100m: 1:04.01 33.51	200m: 2:15.07	36.18	300m: 3:28.09	36.34	400m: 4:39.33	34.80
36. RODRIGUEZ ARIAS, Jacobo	08	PABELLON OURENSE	4:49.74	-	-	
50m: 30.55 30.55	150m: 1:42.11	36.65	250m: 2:57.22	37.88	350m: 4:13.18	37.77
100m: 1:05.46 34.91	200m: 2:19.34	37.23	300m: 3:35.41	38.19	400m: 4:49.74	36.56



Prueba 20
29/12/2023 - 9:55

Fem., 800m Libre

Absoluto Femenino
Resultados

RG	8:18.69	, GOMEZ CORTES, BEATRIZ	GALAICO	14/12/2014
RC	8:29.22	, VILAS VIDAL, MARIA	RIVEIRA	30/12/2012

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Femenino

1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	9:00.79	-	19,00			
	50m: 30.26 30.26		250m: 2:43.97 34.04			450m: 5:00.80 34.46		650m: 7:18.63 34.57	
	100m: 1:02.84 32.58		300m: 3:18.08 34.11			500m: 5:35.03 34.23		700m: 7:53.19 34.56	
	150m: 1:36.29 33.45		350m: 3:52.43 34.35			550m: 6:09.45 34.42		750m: 8:27.80 34.61	
	200m: 2:09.93 33.64		400m: 4:26.34 33.91			600m: 6:44.06 34.61		800m: 9:00.79 32.99	
2.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	9:18.40	-	16,00			
	50m: 31.08 31.08		250m: 2:48.91 34.85			450m: 5:09.53 35.37		650m: 7:31.91 35.72	
	100m: 1:04.62 33.54		300m: 3:24.00 35.09			500m: 5:45.08 35.55		700m: 8:07.91 36.00	
	150m: 1:39.10 34.48		350m: 3:59.04 35.04			550m: 6:20.66 35.58		750m: 8:44.09 36.18	
	200m: 2:14.06 34.96		400m: 4:34.16 35.12			600m: 6:56.19 35.53		800m: 9:18.40 34.31	
3.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	9:49.37	-	14,00			
	50m: 34.29 34.29		250m: 3:01.80 37.14			450m: 5:30.12 37.41		650m: 7:59.64 37.35	
	100m: 1:10.79 36.50		300m: 3:38.67 36.87			500m: 6:07.28 37.16		700m: 8:36.69 37.05	
	150m: 1:47.80 37.01		350m: 4:15.82 37.15			550m: 6:44.56 37.28		750m: 9:13.91 37.22	
	200m: 2:24.66 36.86		400m: 4:52.71 36.89			600m: 7:22.29 37.73		800m: 9:49.37 35.46	
4.	RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	9:49.75	-	13,00			
	50m: 33.17 33.17		250m: 2:59.21 36.82			450m: 5:28.24 37.15		650m: 7:58.86 37.47	
	100m: 1:09.11 35.94		300m: 3:36.33 37.12			500m: 6:05.92 37.68		700m: 8:36.46 37.60	
	150m: 1:45.88 36.77		350m: 4:13.65 37.32			550m: 6:43.66 37.74		750m: 9:13.68 37.22	
	200m: 2:22.39 36.51		400m: 4:51.09 37.44			600m: 7:21.39 37.73		800m: 9:49.75 36.07	
5.	PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	9:54.28	-	12,00			
	50m: 34.30 34.30		250m: 3:02.38 37.13			450m: 5:30.86 37.43		650m: 8:00.91 37.68	
	100m: 1:11.21 36.91		300m: 3:39.26 36.88			500m: 6:08.23 37.37		700m: 8:38.77 37.86	
	150m: 1:48.34 37.13		350m: 4:16.23 36.97			550m: 6:45.75 37.52		750m: 9:17.10 38.33	
	200m: 2:25.25 36.91		400m: 4:53.43 37.20			600m: 7:23.23 37.48		800m: 9:54.28 37.18	
6.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	9:55.62	-	11,00			
	50m: 35.24 35.24		250m: 3:07.39 37.87			450m: 5:37.95 37.19		650m: 8:08.04 37.55	
	100m: 1:13.13 37.89		300m: 3:45.01 37.62			500m: 6:15.39 37.44		700m: 8:44.80 36.76	
	150m: 1:51.45 38.32		350m: 4:22.78 37.77			550m: 6:52.85 37.46		750m: 9:21.06 36.26	
	200m: 2:29.52 38.07		400m: 5:00.76 37.98			600m: 7:30.49 37.64		800m: 9:55.62 34.56	
7.	MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	9:55.81	-	10,00			
	50m: 33.15 33.15		250m: 3:02.08 37.58			450m: 5:33.93 38.10		650m: 8:06.66 37.80	
	100m: 1:09.42 36.27		300m: 3:39.82 37.74			500m: 6:12.18 38.25		700m: 8:44.13 37.47	
	150m: 1:46.71 37.29		350m: 4:17.61 37.79			550m: 6:50.13 37.95		750m: 9:20.98 36.85	
	200m: 2:24.50 37.79		400m: 4:55.83 38.22			600m: 7:28.86 38.73		800m: 9:55.81 34.83	
8.	BABARRO LOPEZ, Maria	08	PABELLON OURENSI	10:00.04	-	9,00			
	50m: 33.01 33.01		250m: 3:02.19 37.82			450m: 5:34.35 37.77		650m: 8:07.04 38.38	
	100m: 1:09.37 36.36		300m: 3:40.13 37.94			500m: 6:12.18 37.83		700m: 8:44.73 37.69	
	150m: 1:46.58 37.21		350m: 4:18.23 38.10			550m: 6:50.57 38.39		750m: 9:22.65 37.92	
	200m: 2:24.37 37.79		400m: 4:56.58 38.35			600m: 7:28.66 38.09		800m: 10:00.04 37.39	



Prueba 20, Fem., 800m Libre, Junior Femenino

Clasificación	AN	Tempo	ABSO	JUNI
9. CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO 10:06.06	-	8,00
50m: 34.07 34.07	250m: 3:02.71 36.83	450m: 5:35.63 38.18	650m: 8:11.15 39.06	
100m: 1:11.36 37.29	300m: 3:40.54 37.83	500m: 6:14.92 39.29	700m: 8:50.27 39.12	
150m: 1:48.84 37.48	350m: 4:18.91 38.37	550m: 6:53.32 38.40	750m: 9:29.10 38.83	
200m: 2:25.88 37.04	400m: 4:57.45 38.54	600m: 7:32.09 38.77	800m: 10:06.06 36.96	
10. PIÑEIRO FERNANDEZ, Antia	08	RCN VIGO 10:12.68	-	7,00
50m: 35.15 35.15	250m: 3:05.63 38.38	450m: 5:41.56 39.22	650m: 8:17.27 38.43	
100m: 1:11.92 36.77	300m: 3:44.23 38.60	500m: 6:20.60 39.04	700m: 8:56.21 38.94	
150m: 1:49.69 37.77	350m: 4:23.23 39.00	550m: 6:59.68 39.08	750m: 9:34.96 38.75	
200m: 2:27.25 37.56	400m: 5:02.34 39.11	600m: 7:38.84 39.16	800m: 10:12.68 37.72	
11. COUCEIRO BARREIRO, Marta	07	SPORTING CASINO 10:22.98	-	-
50m: 35.85 35.85	250m: 3:11.73 39.47	450m: 5:49.03 39.27	650m: 8:27.08 39.19	
100m: 1:14.13 38.28	300m: 3:50.79 39.06	500m: 6:28.62 39.59	700m: 9:06.88 39.80	
150m: 1:53.09 38.96	350m: 4:29.87 39.08	550m: 7:08.45 39.83	750m: 9:45.45 38.57	
200m: 2:32.26 39.17	400m: 5:09.76 39.89	600m: 7:47.89 39.44	800m: 10:22.98 37.53	

Absoluto Femenino

1. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA 9:00.79	-	19,00
50m: 30.26 30.26	250m: 2:43.97 34.04	450m: 5:00.80 34.46	650m: 7:18.63 34.57	
100m: 1:02.84 32.58	300m: 3:18.08 34.11	500m: 5:35.03 34.23	700m: 7:53.19 34.56	
150m: 1:36.29 33.45	350m: 3:52.43 34.35	550m: 6:09.45 34.42	750m: 8:27.80 34.61	
200m: 2:09.93 33.64	400m: 4:26.34 33.91	600m: 6:44.06 34.61	800m: 9:00.79 32.99	
2. ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS 9:12.84	-	-
50m: 30.79 30.79	250m: 2:47.59 34.48	450m: 5:07.02 34.98	650m: 7:27.59 35.24	
100m: 1:04.27 33.48	300m: 3:22.33 34.74	500m: 5:42.05 35.03	700m: 8:03.17 35.58	
150m: 1:38.53 34.26	350m: 3:57.04 34.71	550m: 6:17.08 35.03	750m: 8:38.53 35.36	
200m: 2:13.11 34.58	400m: 4:32.04 35.00	600m: 6:52.35 35.27	800m: 9:12.84 34.31	
3. VILLARNOVO PAZOS, Lucia	08	C. N. FERROL 9:18.40	-	16,00
50m: 31.08 31.08	250m: 2:48.91 34.85	450m: 5:09.53 35.37	650m: 7:31.91 35.72	
100m: 1:04.62 33.54	300m: 3:24.00 35.09	500m: 5:45.08 35.55	700m: 8:07.91 36.00	
150m: 1:39.10 34.48	350m: 3:59.04 35.04	550m: 6:20.66 35.58	750m: 8:44.09 36.18	
200m: 2:14.06 34.96	400m: 4:34.16 35.12	600m: 6:56.19 35.53	800m: 9:18.40 34.31	
4. CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA 9:22.02	-	-
50m: 30.77 30.77	250m: 2:48.33 35.18	450m: 5:12.36 36.52	650m: 7:36.34 35.94	
100m: 1:04.10 33.33	300m: 3:24.02 35.69	500m: 5:48.75 36.39	700m: 8:12.40 36.06	
150m: 1:38.40 34.30	350m: 3:59.82 35.80	550m: 6:24.59 35.84	750m: 8:47.72 35.32	
200m: 2:13.15 34.75	400m: 4:35.84 36.02	600m: 7:00.40 35.81	800m: 9:22.02 34.30	
5. PEREZ GARCIA-PICHER, Ana	98	RCN VIGO 9:22.65	-	-
50m: 32.84 32.84	250m: 2:53.37 35.55	450m: 5:15.25 35.42	650m: 7:37.74 35.81	
100m: 1:07.61 34.77	300m: 3:28.81 35.44	500m: 5:50.77 35.52	700m: 8:13.29 35.55	
150m: 1:42.57 34.96	350m: 4:04.48 35.67	550m: 6:26.35 35.58	750m: 8:48.07 34.78	
200m: 2:17.82 35.25	400m: 4:39.83 35.35	600m: 7:01.93 35.58	800m: 9:22.65 34.58	
6. VEIGA SOUTO, Ana	98	C. N. ARTEIXO 9:33.52	-	-
50m: 31.44 31.44	250m: 2:54.03 36.65	450m: 5:20.96 36.48	650m: 7:46.18 36.16	
100m: 1:05.85 34.41	300m: 3:31.29 37.26	500m: 5:57.28 36.32	700m: 8:22.69 36.51	
150m: 1:41.17 35.32	350m: 4:07.85 36.56	550m: 6:33.59 36.31	750m: 8:58.80 36.11	
200m: 2:17.38 36.21	400m: 4:44.48 36.63	600m: 7:10.02 36.43	800m: 9:33.52 34.72	



Prueba 20, Fem., 800m Libre, Absoluto Femenino

Clasificación	AN		Tiempo		ABSO	JUNI	
7. PARDO CHAS, Eva	04	C. N. FERROL	9:38.78	-	-		
50m: 32.16	32.16	250m: 2:55.56	36.43	450m: 5:22.16	36.77	650m: 7:49.25	36.71
100m: 1:07.13	34.97	300m: 3:32.15	36.59	500m: 5:58.82	36.66	700m: 8:26.08	36.83
150m: 1:43.18	36.05	350m: 4:08.63	36.48	550m: 6:35.74	36.92	750m: 9:02.76	36.68
200m: 2:19.13	35.95	400m: 4:45.39	36.76	600m: 7:12.54	36.80	800m: 9:38.78	36.02
8. CANALDA RAMOS, Laura	09	C. N. CORUÑA	9:39.09	-	-		
50m: 32.57	32.57	250m: 2:55.26	36.29	450m: 5:21.34	36.89	650m: 7:49.36	37.13
100m: 1:07.35	34.78	300m: 3:31.53	36.27	500m: 5:58.28	36.94	700m: 8:26.55	37.19
150m: 1:43.03	35.68	350m: 4:07.82	36.29	550m: 6:35.17	36.89	750m: 9:03.67	37.12
200m: 2:18.97	35.94	400m: 4:44.45	36.63	600m: 7:12.23	37.06	800m: 9:39.09	35.42
9. GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS	9:44.73	-	-		
50m: 32.63	32.63	250m: 2:57.66	36.25	450m: 5:25.71	37.02	650m: 7:55.34	37.78
100m: 1:08.13	35.50	300m: 3:34.57	36.91	500m: 6:02.71	37.00	700m: 8:32.29	36.95
150m: 1:44.81	36.68	350m: 4:11.72	37.15	550m: 6:39.96	37.25	750m: 9:09.69	37.40
200m: 2:21.41	36.60	400m: 4:48.69	36.97	600m: 7:17.56	37.60	800m: 9:44.73	35.04
10. INSUA REY, Carmela	09	A. D. FOGAR	9:44.80	-	-		
50m: 34.16	34.16	250m: 3:00.65	37.03	450m: 5:28.67	37.15	650m: 7:57.62	37.33
100m: 1:10.27	36.11	300m: 3:37.58	36.93	500m: 6:05.55	36.88	700m: 8:34.71	37.09
150m: 1:46.81	36.54	350m: 4:14.39	36.81	550m: 6:43.20	37.65	750m: 9:11.34	36.63
200m: 2:23.62	36.81	400m: 4:51.52	37.13	600m: 7:20.29	37.09	800m: 9:44.80	33.46
11. ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	9:49.37	-	14,00		
50m: 34.29	34.29	250m: 3:01.80	37.14	450m: 5:30.12	37.41	650m: 7:59.64	37.35
100m: 1:10.79	36.50	300m: 3:38.67	36.87	500m: 6:07.28	37.16	700m: 8:36.69	37.05
150m: 1:47.80	37.01	350m: 4:15.82	37.15	550m: 6:44.56	37.28	750m: 9:13.91	37.22
200m: 2:24.66	36.86	400m: 4:52.71	36.89	600m: 7:22.29	37.73	800m: 9:49.37	35.46
12. RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	9:49.75	-	13,00		
50m: 33.17	33.17	250m: 2:59.21	36.82	450m: 5:28.24	37.15	650m: 7:58.86	37.47
100m: 1:09.11	35.94	300m: 3:36.33	37.12	500m: 6:05.92	37.68	700m: 8:36.46	37.60
150m: 1:45.88	36.77	350m: 4:13.65	37.32	550m: 6:43.66	37.74	750m: 9:13.68	37.22
200m: 2:22.39	36.51	400m: 4:51.09	37.44	600m: 7:21.39	37.73	800m: 9:49.75	36.07
13. ROCHA GONZALEZ, Gisele	09	C. N. GALAICO	9:53.86	-	-		
50m: 33.05	33.05	250m: 3:00.17	37.37	450m: 5:30.41	37.85	650m: 8:02.13	37.97
100m: 1:08.92	35.87	300m: 3:37.62	37.45	500m: 6:08.27	37.86	700m: 8:40.10	37.97
150m: 1:45.68	36.76	350m: 4:15.07	37.45	550m: 6:46.35	38.08	750m: 9:17.86	37.76
200m: 2:22.80	37.12	400m: 4:52.56	37.49	600m: 7:24.16	37.81	800m: 9:53.86	36.00
14. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	9:54.23	-	-		
50m: 34.37	34.37	250m: 3:03.05	37.01	450m: 5:32.03	37.38	650m: 8:01.70	37.55
100m: 1:11.28	36.91	300m: 3:40.11	37.06	500m: 6:09.21	37.18	700m: 8:39.41	37.71
150m: 1:48.80	37.52	350m: 4:17.37	37.26	550m: 6:46.67	37.46	750m: 9:17.43	38.02
200m: 2:26.04	37.24	400m: 4:54.65	37.28	600m: 7:24.15	37.48	800m: 9:54.23	36.80
15. PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	9:54.28	-	12,00		
50m: 34.30	34.30	250m: 3:02.38	37.13	450m: 5:30.86	37.43	650m: 8:00.91	37.68
100m: 1:11.21	36.91	300m: 3:39.26	36.88	500m: 6:08.23	37.37	700m: 8:38.77	37.86
150m: 1:48.34	37.13	350m: 4:16.23	36.97	550m: 6:45.75	37.52	750m: 9:17.10	38.33
200m: 2:25.25	36.91	400m: 4:53.43	37.20	600m: 7:23.23	37.48	800m: 9:54.28	37.18



Prueba 20, Fem., 800m Libre, Absoluto Femenino

Clasificación	AN		Tiempo		ABSO	JUNI
16. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	9:55.62	-	11,00	
50m: 35.24 35.24	250m: 3:07.39 37.87	450m: 5:37.95 37.19	650m: 8:08.04 37.55			
100m: 1:13.13 37.89	300m: 3:45.01 37.62	500m: 6:15.39 37.44	700m: 8:44.80 36.76			
150m: 1:51.45 38.32	350m: 4:22.78 37.77	550m: 6:52.85 37.46	750m: 9:21.06 36.26			
200m: 2:29.52 38.07	400m: 5:00.76 37.98	600m: 7:30.49 37.64	800m: 9:55.62 34.56			
17. MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	9:55.81	-	10,00	
50m: 33.15 33.15	250m: 3:02.08 37.58	450m: 5:33.93 38.10	650m: 8:06.66 37.80			
100m: 1:09.42 36.27	300m: 3:39.82 37.74	500m: 6:12.18 38.25	700m: 8:44.13 37.47			
150m: 1:46.71 37.29	350m: 4:17.61 37.79	550m: 6:50.13 37.95	750m: 9:20.98 36.85			
200m: 2:24.50 37.79	400m: 4:55.83 38.22	600m: 7:28.86 38.73	800m: 9:55.81 34.83			
18. BABARRO LOPEZ, Maria	08	PABELLON OURENSI	10:00.04	-	9,00	
50m: 33.01 33.01	250m: 3:02.19 37.82	450m: 5:34.35 37.77	650m: 8:07.04 38.38			
100m: 1:09.37 36.36	300m: 3:40.13 37.94	500m: 6:12.18 37.83	700m: 8:44.73 37.69			
150m: 1:46.58 37.21	350m: 4:18.23 38.10	550m: 6:50.57 38.39	750m: 9:22.65 37.92			
200m: 2:24.37 37.79	400m: 4:56.58 38.35	600m: 7:28.66 38.09	800m: 10:00.04 37.39			
19. CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	10:06.06	-	8,00	
50m: 34.07 34.07	250m: 3:02.71 36.83	450m: 5:35.63 38.18	650m: 8:11.15 39.06			
100m: 1:11.36 37.29	300m: 3:40.54 37.83	500m: 6:14.92 39.29	700m: 8:50.27 39.12			
150m: 1:48.84 37.48	350m: 4:18.91 38.37	550m: 6:53.32 38.40	750m: 9:29.10 38.83			
200m: 2:25.88 37.04	400m: 4:57.45 38.54	600m: 7:32.09 38.77	800m: 10:06.06 36.96			
20. PIÑEIRO FERNANDEZ, Antia	08	RCN VIGO	10:12.68	-	7,00	
50m: 35.15 35.15	250m: 3:05.63 38.38	450m: 5:41.56 39.22	650m: 8:17.27 38.43			
100m: 1:11.92 36.77	300m: 3:44.23 38.60	500m: 6:20.60 39.04	700m: 8:56.21 38.94			
150m: 1:49.69 37.77	350m: 4:23.23 39.00	550m: 6:59.68 39.08	750m: 9:34.96 38.75			
200m: 2:27.25 37.56	400m: 5:02.34 39.11	600m: 7:38.84 39.16	800m: 10:12.68 37.72			
21. COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	10:22.98	-	-	
50m: 35.85 35.85	250m: 3:11.73 39.47	450m: 5:49.03 39.27	650m: 8:27.08 39.19			
100m: 1:14.13 38.28	300m: 3:50.79 39.06	500m: 6:28.62 39.59	700m: 9:06.88 39.80			
150m: 1:53.09 38.96	350m: 4:29.87 39.08	550m: 7:08.45 39.83	750m: 9:45.45 38.57			
200m: 2:32.26 39.17	400m: 5:09.76 39.89	600m: 7:47.89 39.44	800m: 10:22.98 37.53			



Prueba 21
29/12/2023 - 18:51

Masc., 100m Estilos

Absoluto Masculino
Resultados Final

RG	54.77	, GARCIA SOTO, MARCOS	CNFERRO	02/12/2010
RC	55.33	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2013

Clasificación AN Tiempo ABSO JUNI

Final A

1.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	57.83	19,00	-
	50m: 26.15 26.15 100m: 57.83		31.68			
2.	MOURE DOVAL, Jose	99	C. N. MONFORTE	58.18	16,00	-
	50m: 27.06 27.06 100m: 58.18		31.12			
3.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	59.00	14,00	-
	50m: 27.84 27.84 100m: 59.00		31.16			
4.	PEREZ TIERRA, Ismael	02	C. N. MONFORTE	1:01.10	13,00	-
	50m: 28.02 28.02 100m: 1:01.10		33.08			
5.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	1:01.66	12,00	-
	50m: 28.85 28.85 100m: 1:01.66		32.81			

Baja SANCHEZ LOUZAN, Daniel 98 C. N. GALAICO 11,00 -

Final B

7.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	1:01.45	10,00	-
	50m: 28.22 28.22 100m: 1:01.45		33.23			
8.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	1:01.59	9,00	-
	50m: 28.53 28.53 100m: 1:01.59		33.06			
9.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	1:01.64	8,00	-
	50m: 29.07 29.07 100m: 1:01.64		32.57			
10.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	1:01.67	7,00	-
	50m: 28.43 28.43 100m: 1:01.67		33.24			
11.	CARREIRA POSADA, Jorge	00	C. N. PANAS	1:02.35	6,00	-
	50m: 28.92 28.92 100m: 1:02.35		33.43			
12.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	1:02.76	5,00	-
	50m: 28.76 28.76 100m: 1:02.76		34.00			



Prueba 21
29/12/2023 - 10:28

Masc., 100m Estilos

Absoluto Masculino
Resultados Prelim

RG	54.77	, GARCIA SOTO, MARCOS	CNFERRO	02/12/2010
RC	55.33	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2013

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Masculino								
1.	ESTEVEZ CRESPO, Hugo		06	PABELLON OURENSE	1:01.67	-	19,00	B
	50m: 28.08 28.08	100m: 1:01.67		33.59				
2.	VARELA PASANDÍN, Manuel		06	C. N. ARTEIXO	1:02.15	-	16,00	B
	50m: 28.66 28.66	100m: 1:02.15		33.49				
3.	DIAZ COUCE, Ruben		06	C. N. FERROL	1:02.81	-	14,00	
	50m: 28.58 28.58	100m: 1:02.81		34.23				
4.	FRAGA SAL, Alexandre		06	C. N. PORTAMIÑA	1:03.09	2,00	13,00	
	50m: 29.47 29.47	100m: 1:03.09		33.62				
5.	ROIS PRADO, Luis		08	C. N. PORTAMIÑA	1:06.08	-	12,00	
	50m: 29.60 29.60	100m: 1:06.08		36.48				
6.	RODRIGUEZ BARREIRA, Mateo		07	C. N. XOVE	1:07.77	-	11,00	
	50m: 31.11 31.11	100m: 1:07.77		36.66				
7.	NOGUEIRA-PINTO BLANCO, Hugo		07	PABELLON OURENSE	1:09.39	-	10,00	
	50m: 31.96 31.96	100m: 1:09.39		37.43				

Absoluto Masculino

1.	ALVAREZ FERNANDEZ, Borja		96	C. FLUVIAL LUGO	59.06	-	-	A
	50m: 26.64 26.64	100m: 59.06		32.42				
2.	SEIJO BERMUDEZ, Daniel		04	C. N. FERROL	59.41	-	-	A
	50m: 27.74 27.74	100m: 59.41		31.67				
3.	MOURE DOVAL, Jose		99	C. N. MONFORTE	59.47	-	-	A
	50m: 27.13 27.13	100m: 59.47		32.34				
4.	SANCHEZ LOUZAN, Daniel		98	C. N. GALAICO	59.56	-	-	A
	50m: 27.12 27.12	100m: 59.56		32.44				
5.	CIVEIRA CORRAL, Samuel		02	PABELLON OURENSE	1:01.17	-	-	A
	50m: 28.04 28.04	100m: 1:01.17		33.13				
6.	PEREZ TIERRA, Ismael		02	C. N. MONFORTE	1:01.18	-	-	A
	50m: 27.08 27.08	100m: 1:01.18		34.10				
7.	ESTEVEZ CRESPO, Hugo		06	PABELLON OURENSE	1:01.67	-	19,00	B
	50m: 28.08 28.08	100m: 1:01.67		33.59				
8.	LOSADA JIMÉNEZ, Sergio		04	C. N. FERROL	1:01.80	-	-	B
	50m: 28.26 28.26	100m: 1:01.80		33.54				
9.	CARREIRA POSADA, Jorge		00	C. N. PANAS	1:01.88	-	-	B
	50m: 28.26 28.26	100m: 1:01.88		33.62				



Prueba 21, Masc., 100m Estilos, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
10.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	1:01.95	-	- B
	50m: 28.44 28.44	100m: 1:01.95	33.51			
11.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	1:02.15	-	16,00 B
	50m: 28.66 28.66	100m: 1:02.15	33.49			
12.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	1:02.23	-	- B
	50m: 28.94 28.94	100m: 1:02.23	33.29			
13.	BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	1:02.54	4,00	-
	50m: 28.65 28.65	100m: 1:02.54	33.89			
14.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	1:02.80	3,00	-
	50m: 28.70 28.70	100m: 1:02.80	34.10			
15.	DIAZ COUCE, Ruben	06	C. N. FERROL	1:02.81	-	14,00
	50m: 28.58 28.58	100m: 1:02.81	34.23			
16.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	1:03.09	2,00	13,00
	50m: 29.47 29.47	100m: 1:03.09	33.62			
17.	PISO SEÑORAN, Alejandro	03	C. N. GALAICO	1:03.43	-	-
	50m: 30.96 30.96	100m: 1:03.43	32.47			
18.	PASTORIZA SANTACLARA, Jorge	97	VIGO RIAS BAIXAS	1:03.46	1,00	-
	50m: 29.67 29.67	100m: 1:03.46	33.79			
19.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	1:04.66	-	-
	50m: 30.56 30.56	100m: 1:04.66	34.10			
20.	BRAVO CUENCA, Pablo	00	C. N. PANAS	1:04.73	-	-
	50m: 30.00 30.00	100m: 1:04.73	34.73			
21.	SUAREZ FERNÁNDEZ, Santiago	95	C. N. MONFORTE	1:04.77	-	-
	50m: 29.90 29.90	100m: 1:04.77	34.87			
22.	ROIS PRADO, Luis	08	C. N. PORTAMIÑA	1:06.08	-	12,00
	50m: 29.60 29.60	100m: 1:06.08	36.48			
23.	RODRIGUEZ ARES, Alejandro	00	C. N. PORTAMIÑA	1:06.73	-	-
	50m: 30.96 30.96	100m: 1:06.73	35.77			
24.	RODRIGUEZ BARREIRA, Mateo	07	C. N. XOVE	1:07.77	-	11,00
	50m: 31.11 31.11	100m: 1:07.77	36.66			
25.	NOGUEIRA-PINTO BLANCO, Hugo	07	PABELLON OURENSE	1:09.39	-	10,00
	50m: 31.96 31.96	100m: 1:09.39	37.43			
DSQ	BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA		-	-
	<i>Viraje irregular</i>					
Baja	MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO		-	-



Prueba 22
29/12/2023 - 18:43

Fem., 100m Estilos

Absoluto Femenino
Resultados Final

RG	1:02.79	, GOMEZ CORTES, BEATRIZ	GALAICO	12/12/2010
RC	1:03.91	, MARTINEZ CANOSA, RAQUEL	NCORUÑA	28/12/2013

Clasificación AN Tiempo ABSO JUNI

Final A

1.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:06.86	19,00	-
	50m: 31.11 31.11 100m: 1:06.86		35.75			
2.	CONS GESTIDO, Henar Diana	02	RCN VIGO	1:07.84	16,00	-
	50m: 32.61 32.61 100m: 1:07.84		35.23			
3.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:08.81	14,00	-
	50m: 31.39 31.39 100m: 1:08.81		37.42			
4.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:09.09	13,00	-
	50m: 31.92 31.92 100m: 1:09.09		37.17			
5.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	1:09.56	12,00	-
	50m: 32.00 32.00 100m: 1:09.56		37.56			
6.	CHANS FANEGO, Paula	03	C. N. FERROL	1:10.63	11,00	-
	50m: 31.55 31.55 100m: 1:10.63		39.08			

Final B

7.	CANO ROSALES, Laura	04	C. N. GALAICO	1:09.99	10,00	-
	50m: 32.19 32.19 100m: 1:09.99		37.80			
8.	SANTISO PRADO, Ana Maria	96	PABELLON OURENSE	1:10.31	9,00	-
	50m: 31.87 31.87 100m: 1:10.31		38.44			
9.	LOPEZ FRANCO, Maria	07	A. D. FOGAR	1:11.39	8,00	-
	50m: 33.11 33.11 100m: 1:11.39		38.28			
10.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	1:13.24	7,00	-
	50m: 34.17 34.17 100m: 1:13.24		39.07			
11.	CARRIL GONZALEZ, Eva	02	PABELLON OURENSE	1:13.81	6,00	-
	50m: 33.95 33.95 100m: 1:13.81		39.86			

Baja LOPEZ SANMARTIN, Nerea 96 C. N. FERROL - -



Prueba 22
29/12/2023 - 10:40

Fem., 100m Estilos

Absoluto Femenino
Resultados Prelim

RG	1:02.79	, GOMEZ CORTES, BEATRIZ	GALAICO	12/12/2010
RC	1:03.91	, MARTINEZ CANOSA, RAQUEL	NCORUÑA	28/12/2013

Clasificación		AN		Tiempo	ABSO	JUNI
Junior Femenino						
1.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:08.06	-	19,00 A
	50m: 31.25 31.25	100m: 1:08.06	36.81			
2.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:08.79	-	16,00 A
	50m: 32.00 32.00	100m: 1:08.79	36.79			
3.	LOPEZ FRANCO, Maria	07	A. D. FOGAR	1:11.37	-	14,00 B
	50m: 33.20 33.20	100m: 1:11.37	38.17			
4.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	1:11.46	-	13,00 B
	50m: 33.58 33.58	100m: 1:11.46	37.88			
5.	CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL	1:13.02	-	12,00
	50m: 33.26 33.26	100m: 1:13.02	39.76			
6.	PARDO PIÑEIRO, Maria	06	C. FLUVIAL LUGO	1:13.23	2,00	11,00
	50m: 33.72 33.72	100m: 1:13.23	39.51			
7.	HERMIDA ALONSO, Antia	08	C. N. MOS	1:13.74	-	10,00
	50m: 33.03 33.03	100m: 1:13.74	40.71			
8.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	1:13.86	-	9,00
	50m: 34.43 34.43	100m: 1:13.86	39.43			
9.	CERDEIRA TEIJEIRA, Clara	08	C. N. PORTAMIÑA	1:14.29	-	8,00
	50m: 35.05 35.05	100m: 1:14.29	39.24			
10.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	1:15.46	-	7,00
	50m: 35.92 35.92	100m: 1:15.46	39.54			
11.	ARIAS PACHECO, Elena	06	C. N. MONFORTE	1:15.71	-	6,00
	50m: 35.33 35.33	100m: 1:15.71	40.38			
12.	IGLESIAS NOGUEIRAS, Ayla	08	RCN VIGO	1:16.56	-	5,00
	50m: 34.62 34.62	100m: 1:16.56	41.94			

Absoluto Femenino

1.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:08.06	-	19,00 A
	50m: 31.25 31.25	100m: 1:08.06	36.81			
2.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:08.79	-	16,00 A
	50m: 32.00 32.00	100m: 1:08.79	36.79			
3.	CONS GESTIDO, Henar Diana	02	RCN VIGO	1:09.19	-	- A
	50m: 33.04 33.04	100m: 1:09.19	36.15			
4.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	1:09.27	-	- A
	50m: 31.78 31.78	100m: 1:09.27	37.49			



Prueba 22, Fem., 100m Estilos, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
5.	CHANS FANEGO, Paula	03	C. N. FERROL	1:09.55	-	- A
	50m: 31.42 31.42	100m: 1:09.55	38.13			
6.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:09.67	-	- A
	50m: 31.66 31.66	100m: 1:09.67	38.01			
7.	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL	1:10.24	-	- B
	50m: 32.38 32.38	100m: 1:10.24	37.86			
8.	CANO ROSALES, Laura	04	C. N. GALAICO	1:10.60	-	- B
	50m: 32.13 32.13	100m: 1:10.60	38.47			
9.	SANTISO PRADO, Ana Maria	96	PABELLON OURENSE	1:11.09	-	- B
	50m: 32.23 32.23	100m: 1:11.09	38.86			
10.	LOPEZ FRANCO, Maria	07	A. D. FOGAR	1:11.37	-	14,00 B
	50m: 33.20 33.20	100m: 1:11.37	38.17			
11.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	1:11.46	-	13,00 B
	50m: 33.58 33.58	100m: 1:11.46	37.88			
12.	CARRIL GONZALEZ, Eva	02	PABELLON OURENSE	1:12.08	-	- B
	50m: 32.53 32.53	100m: 1:12.08	39.55			
13.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	1:12.22	-	-
	50m: 32.91 32.91	100m: 1:12.22	39.31			
	LOPEZ FERNANDEZ, Aitana	09	C. N. PORTAMIÑA	1:12.22	5,00	-
	50m: 33.72 33.72	100m: 1:12.22	38.50			
15.	MARTINEZ GARCIA, Uxia	09	VIGO RIAS BAIXAS	1:12.38	4,00	-
	50m: 34.10 34.10	100m: 1:12.38	38.28			
16.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	1:12.44	3,00	-
	50m: 33.72 33.72	100m: 1:12.44	38.72			
17.	CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL	1:13.02	-	12,00
	50m: 33.26 33.26	100m: 1:13.02	39.76			
18.	PARDO PIÑEIRO, Maria	06	C. FLUVIAL LUGO	1:13.23	2,00	11,00
	50m: 33.72 33.72	100m: 1:13.23	39.51			
19.	GUDÍN PÉREZ, Andrea	10	C. N. MONFORTE	1:13.50	1,00	-
	50m: 33.58 33.58	100m: 1:13.50	39.92			
20.	HERMIDA ALONSO, Antia	08	C. N. MOS	1:13.74	-	10,00
	50m: 33.03 33.03	100m: 1:13.74	40.71			
21.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	1:13.86	-	9,00
	50m: 34.43 34.43	100m: 1:13.86	39.43			
22.	CERDEIRA TEIJEIRA, Clara	08	C. N. PORTAMIÑA	1:14.29	-	8,00
	50m: 35.05 35.05	100m: 1:14.29	39.24			
23.	CORTIÑAS LAIÑO, Carla	05	CIDADE SANTIAGO	1:14.80	-	-
	50m: 32.87 32.87	100m: 1:14.80	41.93			
24.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	1:15.46	-	7,00
	50m: 35.92 35.92	100m: 1:15.46	39.54			



Prueba 22, Fem., 100m Estilos, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
25.	REY CONESA, Carolina	04	C. N. FERROL	1:15.54	-	-
	50m: 34.22 34.22	100m: 1:15.54	41.32			
26.	ARIAS PACHECO, Elena	06	C. N. MONFORTE	1:15.71	-	6,00
	50m: 35.33 35.33	100m: 1:15.71	40.38			
27.	IGLESIAS NOGUEIRAS, Ayla	08	RCN VIGO	1:16.56	-	5,00
	50m: 34.62 34.62	100m: 1:16.56	41.94			
28.	SANCHEZ VAZQUEZ, Carmen	99	C. N. PORTAMIÑA	1:18.90	-	-
	50m: 35.04 35.04	100m: 1:18.90	43.86			
DSQ	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO		-	-
	<i>Nado irregular</i>					



Prueba 23
29/12/2023 - 19:10

Masc., 200m Braza

Absoluto Masculino
Resultados Final

RG	2:10.13	, LEIRO ALVAREZ, LUIS	RCNVIGO	27/11/2009
RC	2:15.08	, LEIRO ALVAREZ, LUIS	RCNVIGO	29/12/2010

Clasificación	AN		Tempo	ABSO	JUNI
Final A					
1. NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	2:17.84	19,00	-
50m: 30.30 30.30	100m: 1:04.83	34.53	150m: 1:40.95	36.12	200m: 2:17.84 36.89
2. ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	2:22.52	16,00	-
50m: 31.55 31.55	100m: 1:07.08	35.53	150m: 1:44.19	37.11	200m: 2:22.52 38.33
3. FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:23.40	14,00	-
50m: 32.43 32.43	100m: 1:08.95	36.52	150m: 1:45.93	36.98	200m: 2:23.40 37.47
4. GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	2:23.44	13,00	-
50m: 31.54 31.54	100m: 1:06.95	35.41	150m: 1:44.48	37.53	200m: 2:23.44 38.96
5. PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	2:24.75	12,00	-
50m: 32.50 32.50	100m: 1:08.71	36.21	150m: 1:46.63	37.92	200m: 2:24.75 38.12
6. FUENTEFRIA FERNANDEZ, Anxo	09	A. D. FOGAR	2:26.69	11,00	-
50m: 33.17 33.17	100m: 1:10.64	37.47	150m: 1:48.61	37.97	200m: 2:26.69 38.08
Final B					
7. LOPEZ FRANCO, Martin	01	A. D. FOGAR	2:26.85	10,00	-
50m: 32.15 32.15	100m: 1:10.38	38.23	150m: 1:49.90	39.52	200m: 2:26.85 36.95
8. VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	2:27.01	9,00	-
50m: 32.89 32.89	100m: 1:10.22	37.33	150m: 1:48.91	38.69	200m: 2:27.01 38.10
9. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:27.78	8,00	-
50m: 33.84 33.84	100m: 1:11.82	37.98	150m: 1:49.84	38.02	200m: 2:27.78 37.94
10. GRAÑA DEL SOLAR, Miguel	08	A. DEP. NT. NARON	2:28.97	7,00	-
50m: 32.93 32.93	100m: 1:10.87	37.94	150m: 1:49.75	38.88	200m: 2:28.97 39.22
11. PICALLO MARANTE, Sergio	01	C. N. CORUÑA	2:30.05	6,00	-
50m: 33.95 33.95	100m: 1:11.58	37.63	150m: 1:50.50	38.92	200m: 2:30.05 39.55
12. LAGO CASTILLO, Diego	07	C. N. CORUÑA	2:31.11	5,00	-
50m: 33.37 33.37	100m: 1:10.95	37.58	150m: 1:50.66	39.71	200m: 2:31.11 40.45



Prueba 23
29/12/2023 - 10:50

Masc., 200m Braza

Absoluto Masculino
Resultados Prelim

RG	2:10.13	, LEIRO ALVAREZ, LUIS	RCNVIGO	27/11/2009
RC	2:15.08	, LEIRO ALVAREZ, LUIS	RCNVIGO	29/12/2010

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Masculino						
1.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	2:23.10	- 19,00	A
	50m: 32.23 32.23	100m: 1:08.41	36.18 150m: 1:45.17	36.76	200m: 2:23.10	37.93
2.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:26.57	- 16,00	A
	50m: 32.29 32.29	100m: 1:08.60	36.31 150m: 1:46.74	38.14	200m: 2:26.57	39.83
3.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	2:28.29	- 14,00	B
	50m: 32.94 32.94	100m: 1:10.21	37.27 150m: 1:49.22	39.01	200m: 2:28.29	39.07
4.	GRAÑA DEL SOLAR, Miguel	08	A. DEP. NT. NARON	2:28.32	- 13,00	B
	50m: 32.60 32.60	100m: 1:10.40	37.80 150m: 1:49.19	38.79	200m: 2:28.32	39.13
5.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:35.58	- 12,00	
	50m: 34.30 34.30	100m: 1:13.81	39.51 150m: 1:54.82	41.01	200m: 2:35.58	40.76
6.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	2:35.79	1,00	11,00
	50m: 32.54 32.54	100m: 1:10.86	38.32 150m: 1:51.88	41.02	200m: 2:35.79	43.91
7.	GOMEZ PUMARIÑO, Samuel	08	C. N. PORTAMIÑA	2:37.98	- 10,00	
	50m: 35.46 35.46	100m: 1:15.21	39.75 150m: 1:56.11	40.90	200m: 2:37.98	41.87
8.	CADAVID RIBEIRO, Tiziano	08	PABELLON OURENSE	2:40.72	- 9,00	
	50m: 35.03 35.03	100m: 1:15.32	40.29 150m: 1:57.41	42.09	200m: 2:40.72	43.31
9.	POZO GALLEGO, Brais	07	C. N. PORTAMIÑA	2:41.19	- 8,00	
	50m: 35.25 35.25	100m: 1:15.62	40.37 150m: 1:58.48	42.86	200m: 2:41.19	42.71
10.	PREGO GROBA, Brais	08	C. N. PONTEAREAS	2:41.70	- 7,00	
	50m: 36.00 36.00	100m: 1:17.41	41.41 150m: 2:00.07	42.66	200m: 2:41.70	41.63
11.	CILLERO GARCÍA, Antón	08	C. Del Mar De San Am	2:42.57	- 6,00	
	50m: 37.02 37.02	100m: 1:18.72	41.70 150m: 2:00.48	41.76	200m: 2:42.57	42.09
12.	FERNANDEZ BLANCO, Anton	08	C. MARINA FERROL	2:43.04	- 5,00	
	50m: 35.68 35.68	100m: 1:16.38	40.70 150m: 1:59.64	43.26	200m: 2:43.04	43.40
13.	RODRÍGUEZ COUSO, Miguel	07	C. N. FERROL	2:46.06	- 4,00	
	50m: 36.00 36.00	100m: 1:17.60	41.60 150m: 2:01.79	44.19	200m: 2:46.06	44.27
DSQ	GONZALEZ PREGO, Xose <i>Viraje irregular</i>	08	C. N. CORUÑA		-	-
Baja	ALBES ALVARIÑO, David	06	A. DEP. NT. NARON		-	-



Prueba 23, Masc., 200m Braza, Prelim

Absoluto Masculino

1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	2:18.13	-	-	A
	50m: 30.86 30.86	100m: 1:05.48	34.62 150m: 1:41.34	35.86	200m: 2:18.13	36.79	
2.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	2:20.78	-	-	A
	50m: 31.47 31.47	100m: 1:06.94	35.47 150m: 1:43.51	36.57	200m: 2:20.78	37.27	
3.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	2:23.10	-	19,00	A
	50m: 32.23 32.23	100m: 1:08.41	36.18 150m: 1:45.17	36.76	200m: 2:23.10	37.93	
4.	ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	2:24.50	-	-	A
	50m: 32.54 32.54	100m: 1:09.67	37.13 150m: 1:46.61	36.94	200m: 2:24.50	37.89	
5.	FUENTEFRIA FERNANDEZ, Anxo	09	A. D. FOGAR	2:25.96	-	-	A MMG
	50m: 32.49 32.49	100m: 1:09.53	37.04 150m: 1:47.22	37.69	200m: 2:25.96	38.74	
6.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:26.57	-	16,00	A
	50m: 32.29 32.29	100m: 1:08.60	36.31 150m: 1:46.74	38.14	200m: 2:26.57	39.83	
7.	VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	2:27.49	-	-	B
	50m: 32.12 32.12	100m: 1:08.59	36.47 150m: 1:47.26	38.67	200m: 2:27.49	40.23	
8.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	2:28.29	-	14,00	B
	50m: 32.94 32.94	100m: 1:10.21	37.27 150m: 1:49.22	39.01	200m: 2:28.29	39.07	
9.	GRAÑA DEL SOLAR, Miguel	08	A. DEP. NT. NARON	2:28.32	-	13,00	B
	50m: 32.60 32.60	100m: 1:10.40	37.80 150m: 1:49.19	38.79	200m: 2:28.32	39.13	
10.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:28.47	-	-	B
	50m: 33.91 33.91	100m: 1:11.64	37.73 150m: 1:50.01	38.37	200m: 2:28.47	38.46	
11.	LOPEZ FRANCO, Martin	01	A. D. FOGAR	2:29.34	-	-	B
	50m: 32.09 32.09	100m: 1:08.48	36.39 150m: 1:46.76	38.28	200m: 2:29.34	42.58	
12.	PICALLO MARANTE, Sergio	01	C. N. CORUÑA	2:29.50	-	-	B
	50m: 33.47 33.47	100m: 1:10.11	36.64 150m: 1:48.71	38.60	200m: 2:29.50	40.79	
13.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	2:29.53	-	-	
	50m: 33.48 33.48	100m: 1:11.48	38.00 150m: 1:49.62	38.14	200m: 2:29.53	39.91	
14.	FERNANDEZ DEL VALLE, Ivan	05	PABELLON OURENSE	2:30.18	4,00	-	
	50m: 33.14 33.14	100m: 1:11.34	38.20 150m: 1:50.70	39.36	200m: 2:30.18	39.48	
15.	PEDROUZO ARES, Miguel	95	C. N. CORUÑA	2:30.66	-	-	
	50m: 33.55 33.55	100m: 1:12.06	38.51 150m: 1:50.78	38.72	200m: 2:30.66	39.88	
16.	CARRIL FERNANDEZ, Nicolas	09	C. N. ARZUA	2:32.04	3,00	-	
	50m: 33.38 33.38	100m: 1:11.83	38.45 150m: 1:51.91	40.08	200m: 2:32.04	40.13	
17.	DOPICO REY, Anton	97	C. N. FERROL	2:33.63	2,00	-	
	50m: 34.51 34.51	100m: 1:13.86	39.35 150m: 1:52.97	39.11	200m: 2:33.63	40.66	
18.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:35.58	-	12,00	
	50m: 34.30 34.30	100m: 1:13.81	39.51 150m: 1:54.82	41.01	200m: 2:35.58	40.76	
19.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	2:35.79	1,00	11,00	
	50m: 32.54 32.54	100m: 1:10.86	38.32 150m: 1:51.88	41.02	200m: 2:35.79	43.91	
20.	GOMEZ PUMARIÑO, Samuel	08	C. N. PORTAMIÑA	2:37.98	-	10,00	
	50m: 35.46 35.46	100m: 1:15.21	39.75 150m: 1:56.11	40.90	200m: 2:37.98	41.87	



Prueba 23, Masc., 200m Braza, Prelim, Absoluto Masculino

Clasificación	AN	Tiempo	ABSO	JUNI
21. CADAVID RIBEIRO, Tiziano 50m: 35.03 35.03 100m: 1:15.32	08	PABELLON OURENSE 2:40.72 40.29 150m: 1:57.41 42.09	-	9,00 200m: 2:40.72 43.31
22. POZO GALLEGO, Brais 50m: 35.25 35.25 100m: 1:15.62	07	C. N. PORTAMIÑA 2:41.19 40.37 150m: 1:58.48 42.86	-	8,00 200m: 2:41.19 42.71
23. PREGO GROBA, Brais 50m: 36.00 36.00 100m: 1:17.41	08	C. N. PONTEAREAS 2:41.70 41.41 150m: 2:00.07 42.66	-	7,00 200m: 2:41.70 41.63
24. GERVENO PRADA, Luis 50m: 36.23 36.23 100m: 1:17.37	09	SPORTING CASINO 2:42.45 41.14 150m: 1:59.82 42.45	-	- 200m: 2:42.45 42.63
25. CILLERO GARCÍA, Antón 50m: 37.02 37.02 100m: 1:18.72	08	C. Del Mar De San Am ^e 2:42.57 41.70 150m: 2:00.48 41.76	-	6,00 200m: 2:42.57 42.09
26. FERNANDEZ BLANCO, Anton 50m: 35.68 35.68 100m: 1:16.38	08	C. MARINA FERROL 2:43.04 40.70 150m: 1:59.64 43.26	-	5,00 200m: 2:43.04 43.40
27. RODRÍGUEZ COUSO, Miguel 50m: 36.00 36.00 100m: 1:17.60	07	C. N. FERROL 2:46.06 41.60 150m: 2:01.79 44.19	-	4,00 200m: 2:46.06 44.27
DSQ GONZALEZ PREGO, Xose <i>Viraje irregular</i>	08	C. N. CORUÑA	-	-
Baja ALBES ALVARIÑO, David	06	A. DEP. NT. NARON	-	-



Prueba 24
29/12/2023 - 19:00

Fem., 200m Braza

Absoluto Femenino
Resultados Final

RG	2:25.29	, GOMEZ CORTES, BEATRIZ	GALAICO	29/12/2011
RC	2:25.29	, GOMEZ CORTES, BEATRIZ	GALAICO	29/12/2011

Clasificación			AN			Tempo	ABSO	JUNI		
Final A										
1.	CARBALLO GONZALEZ, Sofia		06	C. N. PONTEAREAS		2:33.03	17,50	-		
	50m:	34.81 34.81	100m:	1:14.45	39.64	150m:	1:53.95	39.50	200m:	2:33.03 39.08
	MOURENZA ROCHA, Sofia		07	C. N. PORTAMIÑA		2:33.03	17,50	-		
	50m:	34.80 34.80	100m:	1:13.45	38.65	150m:	1:52.84	39.39	200m:	2:33.03 40.19
3.	JIMENEZ COPPA, Carla M.		06	A. D. FOGAR		2:41.85	14,00	-		
	50m:	35.47 35.47	100m:	1:16.29	40.82	150m:	1:58.71	42.42	200m:	2:41.85 43.14
4.	FARO MARTINEZ, Carla		03	C. N. PONTEAREAS		2:43.57	13,00	-		
	50m:	36.59 36.59	100m:	1:17.68	41.09	150m:	2:00.33	42.65	200m:	2:43.57 43.24
5.	PAZOS IGLESIAS, Elisa		09	RCN VIGO		2:49.67	12,00	-		
	50m:	38.17 38.17	100m:	1:21.05	42.88	150m:	2:05.54	44.49	200m:	2:49.67 44.13
6.	LEIVAS ROCA, Candela		05	C. N. FERROL		2:50.59	11,00	-		
	50m:	38.59 38.59	100m:	1:22.44	43.85	150m:	2:06.97	44.53	200m:	2:50.59 43.62
Final B										
7.	PEREIRO RODRIGUEZ, Carolina		08	C. N. MOS		2:50.60	10,00	-		
	50m:	38.16 38.16	100m:	1:21.68	43.52	150m:	2:06.29	44.61	200m:	2:50.60 44.31
8.	SARAIVA HAGE, Andrea C.		05	RCN VIGO		2:51.68	9,00	-		
	50m:	38.30 38.30	100m:	1:21.84	43.54	150m:	2:06.55	44.71	200m:	2:51.68 45.13
9.	HERNAEZ GONZALEZ, Paula		08	C. N. CULLEREDO		2:51.75	8,00	-		
	50m:	39.58 39.58	100m:	1:23.80	44.22	150m:	2:08.29	44.49	200m:	2:51.75 43.46
10.	CAMPOS TATO, Uxia		05	PABELLON OURENSE		2:52.50	7,00	-		
	50m:	39.60 39.60	100m:	1:22.97	43.37	150m:	2:07.73	44.76	200m:	2:52.50 44.77
11.	LOPEZ RAMUDO, Icia		04	A. DEP. NT. NARON		2:56.66	6,00	-		
	50m:	40.03 40.03	100m:	1:24.62	44.59	150m:	2:10.17	45.55	200m:	2:56.66 46.49
12.	GUDÍN PÉREZ, Andrea		10	C. N. MONFORTE		2:58.10	5,00	-		
	50m:	39.36 39.36	100m:	1:24.78	45.42	150m:	2:11.45	46.67	200m:	2:58.10 46.65



Prueba 24
29/12/2023 - 11:10

Fem., 200m Braza

Absoluto Femenino
Resultados Prelim

RG	2:25.29	, GOMEZ CORTES, BEATRIZ	GALAICO	29/12/2011
RC	2:25.29	, GOMEZ CORTES, BEATRIZ	GALAICO	29/12/2011

Clasificación			AN			Tiempo	ABSO	JUNI		
Junior Femenino										
1.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	2:35.94	-	19,00	A			
	50m: 35.52 35.52	100m: 1:16.02	40.50 150m: 1:56.51	40.49	200m: 2:35.94	39.43				
2.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:36.15	-	16,00	A			
	50m: 35.24 35.24	100m: 1:14.33	39.09 150m: 1:55.10	40.77	200m: 2:36.15	41.05				
3.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	2:42.70	-	14,00	A			
	50m: 35.83 35.83	100m: 1:17.81	41.98 150m: 2:00.09	42.28	200m: 2:42.70	42.61				
4.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	2:49.67	-	13,00	B			
	50m: 38.03 38.03	100m: 1:21.10	43.07 150m: 2:05.86	44.76	200m: 2:49.67	43.81				
5.	HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	2:53.78	-	12,00	B			
	50m: 38.53 38.53	100m: 1:22.41	43.88 150m: 2:07.96	45.55	200m: 2:53.78	45.82				
6.	BLANCO IGLESIAS, Carmen	08	CIDADE SANTIAGO	2:54.91	4,00	11,00				
	50m: 40.82 40.82	100m: 1:26.33	45.51 150m: 2:11.52	45.19	200m: 2:54.91	43.39				
7.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	2:59.79	-	10,00				
	50m: 38.98 38.98	100m: 1:23.22	44.24 150m: 2:11.41	48.19	200m: 2:59.79	48.38				
8.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	3:01.39	-	9,00				
	50m: 40.94 40.94	100m: 1:26.44	45.50 150m: 2:13.36	46.92	200m: 3:01.39	48.03				
9.	SANCHEZ SUEIRO, Nayr	08	PABELLON OURENSE	3:03.50	-	8,00				
	50m: 41.57 41.57	100m: 1:27.75	46.18 150m: 2:15.52	47.77	200m: 3:03.50	47.98				
10.	CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	3:03.77	-	-				
	50m: 40.48 40.48	100m: 1:26.50	46.02 150m: 2:14.89	48.39	200m: 3:03.77	48.88				

Absoluto Femenino

1.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	2:35.94	-	19,00	A			
	50m: 35.52 35.52	100m: 1:16.02	40.50 150m: 1:56.51	40.49	200m: 2:35.94	39.43				
2.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:36.15	-	16,00	A			
	50m: 35.24 35.24	100m: 1:14.33	39.09 150m: 1:55.10	40.77	200m: 2:36.15	41.05				
3.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	2:42.70	-	14,00	A			
	50m: 35.83 35.83	100m: 1:17.81	41.98 150m: 2:00.09	42.28	200m: 2:42.70	42.61				
4.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	2:42.83	-	-	A			
	50m: 36.13 36.13	100m: 1:17.34	41.21 150m: 1:59.48	42.14	200m: 2:42.83	43.35				
5.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	2:49.23	-	-	A			
	50m: 37.93 37.93	100m: 1:20.61	42.68 150m: 2:04.57	43.96	200m: 2:49.23	44.66				
6.	LEIVAS ROCA, Candela	05	C. N. FERROL	2:49.61	-	-	A			
	50m: 38.26 38.26	100m: 1:21.48	43.22 150m: 2:05.01	43.53	200m: 2:49.61	44.60				



Prueba 24, Fem., 200m Braza, Prelim, Absoluto Femenino

Clasificación					AN					Tiempo	ABSO	JUNI
7.	PEREIRO RODRIGUEZ, Carolina				08	C. N. MOS				2:49.67	-	13,00 B
	50m:	38.03	38.03	100m:	1:21.10	43.07	150m:	2:05.86	44.76	200m:	2:49.67	43.81
8.	GUDÍN PÉREZ, Andrea				10	C. N. MONFORTE				2:53.33	-	- B
	50m:	37.92	37.92	100m:	1:20.58	42.66	150m:	2:06.23	45.65	200m:	2:53.33	47.10
9.	LOPEZ RAMUDO, Icia				04	A. DEP. NT. NARON				2:53.55	-	- B
	50m:	39.87	39.87	100m:	1:23.74	43.87	150m:	2:08.58	44.84	200m:	2:53.55	44.97
10.	HERNAEZ GONZALEZ, Paula				08	C. N. CULLEREDO				2:53.78	-	12,00 B
	50m:	38.53	38.53	100m:	1:22.41	43.88	150m:	2:07.96	45.55	200m:	2:53.78	45.82
11.	CAMPOS TATO, Uxia				05	PABELLON OURENSE				2:54.04	-	- B
	50m:	38.82	38.82	100m:	1:23.31	44.49	150m:	2:09.14	45.83	200m:	2:54.04	44.90
12.	SARAIVA HAGE, Andrea C.				05	RCN VIGO				2:54.27	-	- B
	50m:	38.86	38.86	100m:	1:23.45	44.59	150m:	2:09.22	45.77	200m:	2:54.27	45.05
13.	BLANCO IGLESIAS, Carmen				08	CIDADE SANTIAGO				2:54.91	4,00	11,00
	50m:	40.82	40.82	100m:	1:26.33	45.51	150m:	2:11.52	45.19	200m:	2:54.91	43.39
14.	ROCHA GONZALEZ, Gisele				09	C. N. GALAICO				2:58.37	3,00	-
	50m:	40.51	40.51	100m:	1:26.16	45.65	150m:	2:12.67	46.51	200m:	2:58.37	45.70
15.	NISTAL PALACIOS, Mariña				07	SPORTING CASINO				2:59.79	-	10,00
	50m:	38.98	38.98	100m:	1:23.22	44.24	150m:	2:11.41	48.19	200m:	2:59.79	48.38
16.	GARCIA RODRIGUEZ, Andrea				10	C. MARINA FERROL				3:00.70	-	-
	50m:	39.82	39.82	100m:	1:25.44	45.62	150m:	2:11.92	46.48	200m:	3:00.70	48.78
17.	CABANAS DEL RIO, Carla				09	SPORTING CASINO				3:01.11	-	-
	50m:	41.30	41.30	100m:	1:27.20	45.90	150m:	2:14.13	46.93	200m:	3:01.11	46.98
18.	MARTINEZ ZABALA, Sunai				07	PABELLON OURENSE				3:01.39	-	9,00
	50m:	40.94	40.94	100m:	1:26.44	45.50	150m:	2:13.36	46.92	200m:	3:01.39	48.03
19.	SANCHEZ SUEIRO, Nayr				08	PABELLON OURENSE				3:03.50	-	8,00
	50m:	41.57	41.57	100m:	1:27.75	46.18	150m:	2:15.52	47.77	200m:	3:03.50	47.98
20.	CARBALLIDO NAYA, Claudia				07	C. N. ARTEIXO				3:03.77	-	-
	50m:	40.48	40.48	100m:	1:26.50	46.02	150m:	2:14.89	48.39	200m:	3:03.77	48.88



Prueba 25
29/12/2023 - 19:38

Masc., 100m Espalda

Absoluto Masculino
Resultados Final

RG	53.46	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013
RC	53.46	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013

Clasificación			AN		Tiempo	ABSO	JUNI
Final A							
1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	53.57	19,00	-	
	50m: 26.14 26.14 100m: 53.57		27.43				
2.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	55.63	16,00	-	MMG
	50m: 26.84 26.84 100m: 55.63		28.79				
3.	ORECHIA, Agustín	06	CIDADE SANTIAGO	56.86	14,00	-	
	50m: 27.93 27.93 100m: 56.86		28.93				
4.	SUAREZ MARTINEZ, Diego	08	SPORTING CASINO	58.68	13,00	-	
	50m: 27.65 27.65 100m: 58.68		31.03				
5.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	59.21	12,00	-	
	50m: 28.91 28.91 100m: 59.21		30.30				
Baja	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO		11,00	-	
Final B							
7.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	58.87	10,00	-	
	50m: 29.13 29.13 100m: 58.87		29.74				
8.	CARNEIRO VIQUEIRA, Xabier	00	C. N. PANAS	59.45	9,00	-	
	50m: 29.35 29.35 100m: 59.45		30.10				
9.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	1:00.07	8,00	-	
	50m: 29.45 29.45 100m: 1:00.07		30.62				
10.	RODRIGUEZ PENA, Alejandro	92	RCN VIGO	1:00.45	7,00	-	
	50m: 29.47 29.47 100m: 1:00.45		30.98				
11.	REY PITA, Simon	04	A. D. FOGAR	1:00.65	6,00	-	
	50m: 29.49 29.49 100m: 1:00.65		31.16				
12.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	1:00.85	5,00	-	
	50m: 29.77 29.77 100m: 1:00.85		31.08				



Prueba 25
29/12/2023 - 11:25

Masc., 100m Espalda

Absoluto Masculino
Resultados Prelim

RG	53.46	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013
RC	53.46	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Masculino								
1.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	55.84	3,00	19,00	A	MMG
	50m: 26.94 26.94	100m: 55.84	28.90					
2.	ORECHIA, Agustín	06	CIDADE SANTIAGO	57.02	-	16,00	A	
	50m: 27.97 27.97	100m: 57.02	29.05					
3.	SUAREZ MARTINEZ, Diego	08	SPORTING CASINO	58.58	-	14,00	A	
	50m: 28.18 28.18	100m: 58.58	30.40					
4.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	58.79	-	13,00	A	
	50m: 28.72 28.72	100m: 58.79	30.07					
5.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	59.89	-	12,00	B	
	50m: 28.83 28.83	100m: 59.89	31.06					
6.	SOUTO VILAS, Jorge	07	A. D. FOGAR	1:00.17	-	11,00		
	50m: 28.96 28.96	100m: 1:00.17	31.21					
7.	ARIAS FRANCO, Odei	06	C. N. MONFORTE	1:00.56	4,00	10,00		
	50m: 28.73 28.73	100m: 1:00.56	31.83					
8.	GUNCHE BARREIRO, Paulo	07	C. N. REDONDELA	1:01.15	-	9,00		
	50m: 29.46 29.46	100m: 1:01.15	31.69					
9.	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	1:01.17	-	8,00		
	50m: 29.95 29.95	100m: 1:01.17	31.22					
10.	ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO	1:01.46	-	7,00		
	50m: 29.84 29.84	100m: 1:01.46	31.62					
11.	BASADRE GARCIA, Enrique	07	C. N. PORTAMIÑA	1:02.21	-	6,00		
	50m: 29.97 29.97	100m: 1:02.21	32.24					
12.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	1:03.12	-	5,00		
	50m: 30.43 30.43	100m: 1:03.12	32.69					
13.	PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO	1:04.41	-	4,00		
	50m: 31.15 31.15	100m: 1:04.41	33.26					
14.	ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	1:04.94	-	3,00		
	50m: 31.70 31.70	100m: 1:04.94	33.24					
15.	RABANAL FREIRE, German	07	C. N. PORTAMIÑA	1:05.01	-	2,00		
	50m: 31.61 31.61	100m: 1:05.01	33.40					
16.	DE SAN JUAN GARCIA, Nicolas	07	C. N. PORTAMIÑA	1:05.18	-	-		
	50m: 31.77 31.77	100m: 1:05.18	33.41					
17.	MONTOTO SUAREZ, Pablo	07	C. N. Ordes	1:05.29	-	1,00		
	50m: 31.84 31.84	100m: 1:05.29	33.45					



Prueba 25, Masc., 100m Espalda, Prelim, Junior Masculino

Clasificación	AN	Tiempo	ABSO	JUNI
18. MENDEZ-BENEGASSI FDEZ., Adrian	08	1:06.64	-	-
50m: 32.19 32.19 100m: 1:06.64	C. N. GALAICO	34.45		
19. LONGUEIRA GILDA, Martín	07	1:07.52	-	-
50m: 33.22 33.22 100m: 1:07.52	C. Del Mar De San Am	34.30		

Absoluto Masculino

1. NAVARRO LOSADA, Sergi	07	55.84	3,00	19,00	A MMG
50m: 26.94 26.94 100m: 55.84	C. N. FERROL	28.90			
2. ORECHIA, Agustín	06	57.02	-	16,00	A
50m: 27.97 27.97 100m: 57.02	CIDADE SANTIAGO	29.05			
3. VAZQUEZ LOPEZ, Martin	03	57.09	-	-	A
50m: 28.09 28.09 100m: 57.09	C. N. PORTAMIÑA	29.00			
4. SANCHEZ LOUZAN, Daniel	98	57.51	-	-	A
50m: 27.70 27.70 100m: 57.51	C. N. GALAICO	29.81			
5. SUAREZ MARTINEZ, Diego	08	58.58	-	14,00	A
50m: 28.18 28.18 100m: 58.58	SPORTING CASINO	30.40			
6. VARELA PASANDÍN, Manuel	06	58.79	-	13,00	A
50m: 28.72 28.72 100m: 58.79	C. N. ARTEIXO	30.07			
7. ABELEIRA ALVAREZ, Carlos	02	59.06	-	-	B
50m: 28.28 28.28 100m: 59.06	A. D. FOGAR	30.78			
8. DIAZ- BECERRA LOPEZ, Anton	05	59.12	-	-	B
50m: 28.42 28.42 100m: 59.12	C. N. PORTAMIÑA	30.70			
9. RODRIGUEZ PENA, Alejandro	92	59.52	-	-	B
50m: 28.21 28.21 100m: 59.52	RCN VIGO	31.31			
10. CARNEIRO VIQUEIRA, Xabier	00	59.54	-	-	B
50m: 28.82 28.82 100m: 59.54	C. N. PANAS	30.72			
11. CARBALLO RODRIGUEZ, Enrique	07	59.89	-	12,00	B
50m: 28.83 28.83 100m: 59.89	PABELLON OURENSE	31.06			
12. REY PITA, Simon	04	59.94	-	-	B
50m: 28.46 28.46 100m: 59.94	A. D. FOGAR	31.48			
13. SOUTO VILAS, Jorge	07	1:00.17	-	11,00	
50m: 28.96 28.96 100m: 1:00.17	A. D. FOGAR	31.21			
14. ARIAS FRANCO, Odei	06	1:00.56	4,00	10,00	
50m: 28.73 28.73 100m: 1:00.56	C. N. MONFORTE	31.83			
15. QUIROGA RAMOS, Noel	00	1:00.76	3,00	-	
50m: 29.77 29.77 100m: 1:00.76	PABELLON OURENSE	30.99			
16. LÓPEZ ANIDO, Nelson Andrés	00	1:00.87	2,00	-	
50m: 29.61 29.61 100m: 1:00.87	C. N. FERROL	31.26			
17. RUIBAL CABALLERO, Manuel Fco.	03	1:01.13	1,00	-	
50m: 29.72 29.72 100m: 1:01.13	C. N. ARTEIXO	31.41			



Prueba 25, Masc., 100m Espalda, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
18.	GUNCHE BARREIRO, Paulo	07	C. N. REDONDELA	1:01.15	-	9,00
	50m: 29.46 29.46	100m: 1:01.15	31.69			
19.	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	1:01.17	-	8,00
	50m: 29.95 29.95	100m: 1:01.17	31.22			
20.	ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO	1:01.46	-	7,00
	50m: 29.84 29.84	100m: 1:01.46	31.62			
21.	BASADRE GARCIA, Enrique	07	C. N. PORTAMIÑA	1:02.21	-	6,00
	50m: 29.97 29.97	100m: 1:02.21	32.24			
22.	SIMON COTELO, Manuel	01	C. N. PANAS	1:02.66	-	-
	50m: 30.56 30.56	100m: 1:02.66	32.10			
23.	ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO	1:02.71	-	-
	50m: 30.69 30.69	100m: 1:02.71	32.02			
24.	MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	1:02.95	-	-
	50m: 30.72 30.72	100m: 1:02.95	32.23			
25.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	1:03.12	-	5,00
	50m: 30.43 30.43	100m: 1:03.12	32.69			
26.	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	1:03.52	-	-
	50m: 30.92 30.92	100m: 1:03.52	32.60			
27.	PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO	1:04.41	-	4,00
	50m: 31.15 31.15	100m: 1:04.41	33.26			
28.	NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	1:04.43	-	-
	50m: 30.74 30.74	100m: 1:04.43	33.69			
29.	ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	1:04.94	-	3,00
	50m: 31.70 31.70	100m: 1:04.94	33.24			
30.	RABANAL FREIRE, German	07	C. N. PORTAMIÑA	1:05.01	-	2,00
	50m: 31.61 31.61	100m: 1:05.01	33.40			
31.	DE SAN JUAN GARCIA, Nicolas	07	C. N. PORTAMIÑA	1:05.18	-	-
	50m: 31.77 31.77	100m: 1:05.18	33.41			
32.	MONTOTO SUAREZ, Pablo	07	C. N. Ordes	1:05.29	-	1,00
	50m: 31.84 31.84	100m: 1:05.29	33.45			
33.	SUAREZ RIPOLL, Xian	03	CIDADE SANTIAGO	1:05.50	-	-
	50m: 31.35 31.35	100m: 1:05.50	34.15			
34.	MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO	1:06.64	-	-
	50m: 32.19 32.19	100m: 1:06.64	34.45			
35.	LONGUEIRA GILDA, Martín	07	C. Del Mar De San Am	1:07.52	-	-
	50m: 33.22 33.22	100m: 1:07.52	34.30			



Prueba 26
29/12/2023 - 19:30

Fem., 100m Espalda

Absoluto Femenino
Resultados Final

RG	1:00.91	, CERNADAS GONZALEZ ANA	CFVLUGO	16/12/2022
RC	1:01.34	, CERNADAS GONZALEZ ANA	CFVLUGO	26/11/2022

Clasificación AN Tiempo ABSO JUNI

Final A

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:02.13	19,00	-
	50m: 30.39 30.39	100m: 1:02.13	31.74			
2.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:04.51	16,00	-
	50m: 31.49 31.49	100m: 1:04.51	33.02			
3.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	1:05.24	14,00	-
	50m: 31.63 31.63	100m: 1:05.24	33.61			
4.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	1:05.28	13,00	-
	50m: 31.85 31.85	100m: 1:05.28	33.43			
5.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:06.65	12,00	-
	50m: 32.25 32.25	100m: 1:06.65	34.40			
6.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:07.17	11,00	-
	50m: 32.65 32.65	100m: 1:07.17	34.52			

Final B

7.	REQUEJO FERNANDEZ, Irene	10	PABELLON OURENSE	1:07.50	10,00	-
	50m: 32.78 32.78	100m: 1:07.50	34.72			
8.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:07.69	9,00	-
	50m: 32.83 32.83	100m: 1:07.69	34.86			
9.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	1:07.73	8,00	-
	50m: 32.76 32.76	100m: 1:07.73	34.97			
10.	CAMBA PRADA, Alexia	05	PABELLON OURENSE	1:08.10	7,00	-
	50m: 32.81 32.81	100m: 1:08.10	35.29			
11.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:08.50	6,00	-
	50m: 33.04 33.04	100m: 1:08.50	35.46			
12.	ALBES ALVARIÑO, Paula	03	A. DEP. NT. NARON	1:10.05	5,00	-
	50m: 33.48 33.48	100m: 1:10.05	36.57			



Prueba 26
29/12/2023 - 11:42

Fem., 100m Espalda

Absoluto Femenino
Resultados Prelim

RG	1:00.91	, CERNADAS GONZALEZ ANA	CFVLUGO	16/12/2022
RC	1:01.34	, CERNADAS GONZALEZ ANA	CFVLUGO	26/11/2022

Clasificación		AN		Tiempo	ABSO	JUNI
Junior Femenino						
1.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	1:06.07	-	19,00 A
	50m: 31.92 31.92	100m: 1:06.07	34.15			
2.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:06.11	-	16,00 A
	50m: 32.63 32.63	100m: 1:06.11	33.48			
3.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:06.15	-	14,00 A
	50m: 32.26 32.26	100m: 1:06.15	33.89			
4.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:07.85	-	13,00 B
	50m: 33.00 33.00	100m: 1:07.85	34.85			
5.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:08.17	-	12,00 B
	50m: 32.97 32.97	100m: 1:08.17	35.20			
6.	SUAREZ RIPOLL, Lia	07	CIDADE SANTIAGO	1:09.51	4,00	11,00
	50m: 33.76 33.76	100m: 1:09.51	35.75			
7.	MARTINEZ OTERO, Eva	08	C. N. MOS	1:10.07	2,00	10,00
	50m: 33.62 33.62	100m: 1:10.07	36.45			
8.	PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	1:12.38	-	9,00
	50m: 34.87 34.87	100m: 1:12.38	37.51			
9.	ROIS PRADO, Marta	08	C. N. PORTAMIÑA	1:12.64	-	8,00
	50m: 35.06 35.06	100m: 1:12.64	37.58			
10.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	1:13.26	-	-
	50m: 35.55 35.55	100m: 1:13.26	37.71			
11.	LEMA SIMAL, Nuria	07	C. N. ARTEIXO	1:13.78	-	7,00
	50m: 36.31 36.31	100m: 1:13.78	37.47			
12.	NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS	1:14.49	-	6,00
	50m: 36.40 36.40	100m: 1:14.49	38.09			
13.	BLANCO MENDEZ, Claudia	08	PABELLON OURENSE	1:14.85	-	5,00
	50m: 35.83 35.83	100m: 1:14.85	39.02			
14.	ALONSO GARCÍA, María	08	CIDADE SANTIAGO	1:15.46	-	4,00
	50m: 35.88 35.88	100m: 1:15.46	39.58			
15.	VILLAR ARCEO, Iria	08	C. N. CORUÑA	1:15.65	-	3,00
	50m: 35.79 35.79	100m: 1:15.65	39.86			
16.	BUJAN ROUCO, Enma	07	C. N. XOVE	1:16.51	-	-
	50m: 36.78 36.78	100m: 1:16.51	39.73			
17.	LÓPEZ ANIDO, Natalia	06	C. N. FERROL	1:19.55	-	-
	50m: 38.79 38.79	100m: 1:19.55	40.76			



Prueba 26, Fem., 100m Espalda, Prelim

Absoluto Femenino

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:02.40	-	-	A
	50m: 30.09 30.09	100m: 1:02.40	32.31				
2.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:04.66	-	-	A
	50m: 31.41 31.41	100m: 1:04.66	33.25				
3.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	1:05.20	-	-	A MMG
	50m: 31.73 31.73	100m: 1:05.20	33.47				
4.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	1:06.07	-	19,00	A
	50m: 31.92 31.92	100m: 1:06.07	34.15				
5.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:06.11	-	16,00	A
	50m: 32.63 32.63	100m: 1:06.11	33.48				
6.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:06.15	-	14,00	A
	50m: 32.26 32.26	100m: 1:06.15	33.89				
7.	CAMBA PRADA, Alexia	05	PABELLON OURENSE	1:06.48	-	-	B
	50m: 32.24 32.24	100m: 1:06.48	34.24				
8.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	1:07.61	-	-	B
	50m: 32.95 32.95	100m: 1:07.61	34.66				
9.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:07.85	-	13,00	B
	50m: 33.00 33.00	100m: 1:07.85	34.85				
10.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:08.17	-	12,00	B
	50m: 32.97 32.97	100m: 1:08.17	35.20				
11.	REQUEJO FERNANDEZ, Irene	10	PABELLON OURENSE	1:08.58	-	-	B
	50m: 33.13 33.13	100m: 1:08.58	35.45				
12.	ALBES ALVARIÑO, Paula	03	A. DEP. NT. NARON	1:09.32	-	-	B
	50m: 32.95 32.95	100m: 1:09.32	36.37				
13.	SUAREZ RIPOLL, Lia	07	CIDADE SANTIAGO	1:09.51	4,00	11,00	
	50m: 33.76 33.76	100m: 1:09.51	35.75				
14.	GIL GARNACHO, Carlota	09	SPORTING CASINO	1:09.78	3,00	-	
	50m: 34.05 34.05	100m: 1:09.78	35.73				
15.	MARTINEZ OTERO, Eva	08	C. N. MOS	1:10.07	2,00	10,00	
	50m: 33.62 33.62	100m: 1:10.07	36.45				
16.	SANTISO PRADO, Ana Maria	96	PABELLON OURENSE	1:10.38	-	-	
	50m: 33.89 33.89	100m: 1:10.38	36.49				
17.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	1:11.44	1,00	-	
	50m: 33.99 33.99	100m: 1:11.44	37.45				
18.	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	1:12.05	-	-	
	50m: 34.87 34.87	100m: 1:12.05	37.18				
19.	SALVANTE LAGO, Ainhoa	03	C. N. FERROL	1:12.07	-	-	
	50m: 34.44 34.44	100m: 1:12.07	37.63				
20.	PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	1:12.38	-	9,00	
	50m: 34.87 34.87	100m: 1:12.38	37.51				



Prueba 26, Fem., 100m Espalda, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
21.	ROIS PRADO, Marta	08	C. N. PORTAMIÑA	1:12.64	-	8,00
	50m: 35.06 35.06	100m: 1:12.64	37.58			
22.	CARRASCO DE CASTRO, Marina	10	C. MARINA FERROL	1:13.09	-	-
	50m: 34.90 34.90	100m: 1:13.09	38.19			
23.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	1:13.26	-	-
	50m: 35.55 35.55	100m: 1:13.26	37.71			
24.	LEMA SIMAL, Nuria	07	C. N. ARTEIXO	1:13.78	-	7,00
	50m: 36.31 36.31	100m: 1:13.78	37.47			
25.	CORTIÑAS LAIÑO, Carla	05	CIDADE SANTIAGO	1:13.83	-	-
	50m: 35.42 35.42	100m: 1:13.83	38.41			
26.	NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS	1:14.49	-	6,00
	50m: 36.40 36.40	100m: 1:14.49	38.09			
27.	BLANCO MENDEZ, Claudia	08	PABELLON OURENSE	1:14.85	-	5,00
	50m: 35.83 35.83	100m: 1:14.85	39.02			
28.	ALONSO GARCÍA, María	08	CIDADE SANTIAGO	1:15.46	-	4,00
	50m: 35.88 35.88	100m: 1:15.46	39.58			
29.	VILLAR ARCEO, Iria	08	C. N. CORUÑA	1:15.65	-	3,00
	50m: 35.79 35.79	100m: 1:15.65	39.86			
30.	MACÍAS FERNÁNDEZ, Miriam	09	C. N. ARTEIXO	1:15.83	-	-
	50m: 38.68 38.68	100m: 1:15.83	37.15			
31.	BUJAN ROUCO, Enma	07	C. N. XOVE	1:16.51	-	-
	50m: 36.78 36.78	100m: 1:16.51	39.73			
32.	LÓPEZ ANIDO, Natalia	06	C. N. FERROL	1:19.55	-	-
	50m: 38.79 38.79	100m: 1:19.55	40.76			



Prueba 27
29/12/2023 - 19:56

Masc., 200m Mariposa

Absoluto Masculino
Resultados Final

RG	1:57.37	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	17/11/2019
RC	2:00.78	, GARCIA GARAY, MARCOS	CDELMAR	28/12/2019

Clasificación	AN		Tempo	ABSO	JUNI
Final A					
1. GARCIA GARAY, Marcos	01	C. N. PANAS	2:06.36	19,00	-
50m: 27.66 27.66	100m: 59.20	31.54	150m: 1:31.90	32.70	200m: 2:06.36 34.46
2. TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	2:06.92	16,00	-
50m: 27.70 27.70	100m: 59.52	31.82	150m: 1:32.09	32.57	200m: 2:06.92 34.83
3. LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	2:08.49	14,00	-
50m: 28.17 28.17	100m: 1:00.23	32.06	150m: 1:33.22	32.99	200m: 2:08.49 35.27
4. SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	2:11.44	13,00	-
50m: 27.87 27.87	100m: 1:00.46	32.59	150m: 1:35.29	34.83	200m: 2:11.44 36.15
5. VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	2:15.11	12,00	-
50m: 29.12 29.12	100m: 1:03.32	34.20	150m: 1:38.83	35.51	200m: 2:15.11 36.28
Baja ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS		11,00	-
Final B					
7. RIVAS TORRES, Paulo	08	A. D. FOGAR	2:13.71	10,00	-
50m: 30.08 30.08	100m: 1:04.57	34.49	150m: 1:38.68	34.11	200m: 2:13.71 35.03
8. SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	2:15.74	9,00	-
50m: 30.75 30.75	100m: 1:06.49	35.74	150m: 1:41.31	34.82	200m: 2:15.74 34.43
9. GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA	2:15.83	8,00	-
50m: 30.25 30.25	100m: 1:04.57	34.32	150m: 1:40.26	35.69	200m: 2:15.83 35.57
10. TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	2:18.28	-	-
50m: 30.56 30.56	100m: 1:05.46	34.90	150m: 1:41.13	35.67	200m: 2:18.28 37.15
11. DIAZ COUCE, Ruben	06	C. N. FERROL	2:19.80	7,00	-
50m: 29.80 29.80	100m: 1:04.58	34.78	150m: 1:40.87	36.29	200m: 2:19.80 38.93



Prueba 27
29/12/2023 - 11:57

Masc., 200m Mariposa

Absoluto Masculino
Resultados Prelim

RG	1:57.37	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	17/11/2019
RC	2:00.78	, GARCIA GARAY, MARCOS	CDELMAR	28/12/2019

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Masculino						
1.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	2:05.88	- 19,00	A
	50m: 27.59 27.59	100m: 59.30	31.71 150m: 1:32.04	32.74	200m: 2:05.88	33.84
2.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	2:13.55	- 16,00	A
	50m: 29.52 29.52	100m: 1:03.02	33.50 150m: 1:37.83	34.81	200m: 2:13.55	35.72
3.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	2:13.98	- 14,00	A
	50m: 29.55 29.55	100m: 1:03.35	33.80 150m: 1:37.87	34.52	200m: 2:13.98	36.11
4.	DIAZ COUCE, Ruben	06	C. N. FERROL	2:15.37	- 13,00	B
	50m: 29.67 29.67	100m: 1:03.66	33.99 150m: 1:39.35	35.69	200m: 2:15.37	36.02
5.	GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA	2:15.46	- 12,00	B
	50m: 30.24 30.24	100m: 1:04.29	34.05 150m: 1:39.85	35.56	200m: 2:15.46	35.61
6.	RIVAS TORRES, Paulo	08	A. D. FOGAR	2:15.91	- 11,00	B
	50m: 29.03 29.03	100m: 1:02.85	33.82 150m: 1:38.58	35.73	200m: 2:15.91	37.33
7.	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	2:17.88	- 10,00	B
	50m: 29.35 29.35	100m: 1:02.93	33.58 150m: 1:38.92	35.99	200m: 2:17.88	38.96
8.	CUBEIRO ROSENDE, Xoel	07	C. N. LICEO	2:19.18	- 9,00	B
	50m: 30.16 30.16	100m: 1:05.37	35.21 150m: 1:42.24	36.87	200m: 2:19.18	36.94
9.	MERZLYAKOV KOSTOMAROV, Mikha	07	PABELLON OURENSE	2:19.49	5,00	8,00
	50m: 30.39 30.39	100m: 1:06.08	35.69 150m: 1:42.35	36.27	200m: 2:19.49	37.14
10.	DÍAZ DOMÍNGUEZ, Ricardo	07	C. N. ARTEIXO	2:19.96	4,00	7,00
	50m: 30.75 30.75	100m: 1:06.08	35.33 150m: 1:42.21	36.13	200m: 2:19.96	37.75
11.	ROIS PRADO, Luis	08	C. N. PORTAMIÑA	2:21.59	- 6,00	
	50m: 31.34 31.34	100m: 1:06.41	35.07 150m: 1:43.58	37.17	200m: 2:21.59	38.01
12.	GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	2:26.20	- 5,00	
	50m: 31.77 31.77	100m: 1:09.13	37.36 150m: 1:47.71	38.58	200m: 2:26.20	38.49
13.	GARAZABAL DE LA MONTAÑA, Carlo	07	C. Del Mar De San Am	2:31.52	- 4,00	
	50m: 32.98 32.98	100m: 1:10.63	37.65 150m: 1:50.66	40.03	200m: 2:31.52	40.86
14.	SOBRINO NOGALES, Sebastian	08	SPORTING CASINO	2:31.79	- 3,00	
	50m: 32.00 32.00	100m: 1:09.39	37.39 150m: 1:50.64	41.25	200m: 2:31.79	41.15
15.	REY MUNIN, Alonso	08	CIDADE SANTIAGO	2:44.31	- -	
	50m: 36.46 36.46	100m: 1:18.99	42.53 150m: 2:01.81	42.82	200m: 2:44.31	42.50



Prueba 27, Masc., 200m Mariposa, Prelim

Absoluto Masculino

1.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	2:05.88	-	19,00	A
	50m: 27.59 27.59	100m: 59.30	31.71 150m: 1:32.04	32.74	200m: 2:05.88	33.84	
2.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	2:09.75	-	-	A
	50m: 28.61 28.61	100m: 1:00.93	32.32 150m: 1:34.65	33.72	200m: 2:09.75	35.10	
3.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	2:10.52	-	-	A
	50m: 28.36 28.36	100m: 1:00.96	32.60 150m: 1:35.13	34.17	200m: 2:10.52	35.39	
4.	GARCIA GARAY, Marcos	01	C. N. PANAS	2:11.26	-	-	A
	50m: 29.18 29.18	100m: 1:02.21	33.03 150m: 1:36.54	34.33	200m: 2:11.26	34.72	
5.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	2:13.55	-	16,00	A
	50m: 29.52 29.52	100m: 1:03.02	33.50 150m: 1:37.83	34.81	200m: 2:13.55	35.72	
6.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	2:13.98	-	14,00	A
	50m: 29.55 29.55	100m: 1:03.35	33.80 150m: 1:37.87	34.52	200m: 2:13.98	36.11	
7.	DÍAZ COUCE, Ruben	06	C. N. FERROL	2:15.37	-	13,00	B
	50m: 29.67 29.67	100m: 1:03.66	33.99 150m: 1:39.35	35.69	200m: 2:15.37	36.02	
8.	GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA	2:15.46	-	12,00	B
	50m: 30.24 30.24	100m: 1:04.29	34.05 150m: 1:39.85	35.56	200m: 2:15.46	35.61	
9.	RIVAS TORRES, Paulo	08	A. D. FOGAR	2:15.91	-	11,00	B
	50m: 29.03 29.03	100m: 1:02.85	33.82 150m: 1:38.58	35.73	200m: 2:15.91	37.33	
10.	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	2:17.88	-	10,00	B
	50m: 29.35 29.35	100m: 1:02.93	33.58 150m: 1:38.92	35.99	200m: 2:17.88	38.96	
11.	TIMIRAO FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	2:18.48	-	-	B
	50m: 30.37 30.37	100m: 1:05.24	34.87 150m: 1:41.44	36.20	200m: 2:18.48	37.04	
12.	CUBEIRO ROSENDE, Xoel	07	C. N. LICEO	2:19.18	-	9,00	B
	50m: 30.16 30.16	100m: 1:05.37	35.21 150m: 1:42.24	36.87	200m: 2:19.18	36.94	
13.	MERZLYAKOV KOSTOMAROV, Mikhai	07	PABELLON OURENSE	2:19.49	5,00	8,00	
	50m: 30.39 30.39	100m: 1:06.08	35.69 150m: 1:42.35	36.27	200m: 2:19.49	37.14	
14.	DÍAZ DOMÍNGUEZ, Ricardo	07	C. N. ARTEIXO	2:19.96	4,00	7,00	
	50m: 30.75 30.75	100m: 1:06.08	35.33 150m: 1:42.21	36.13	200m: 2:19.96	37.75	
15.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	2:21.03	3,00	-	
	50m: 30.72 30.72	100m: 1:05.83	35.11 150m: 1:42.56	36.73	200m: 2:21.03	38.47	
16.	ROIS PRADO, Luis	08	C. N. PORTAMIÑA	2:21.59	-	6,00	
	50m: 31.34 31.34	100m: 1:06.41	35.07 150m: 1:43.58	37.17	200m: 2:21.59	38.01	
17.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	2:23.11	-	-	
	50m: 30.14 30.14	100m: 1:05.93	35.79 150m: 1:44.12	38.19	200m: 2:23.11	38.99	
18.	LOPEZ TURIÑO, Hugo	09	C. N. LICEO	2:24.71	-	-	
	50m: 31.28 31.28	100m: 1:08.21	36.93 150m: 1:46.22	38.01	200m: 2:24.71	38.49	
19.	GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	2:26.20	-	5,00	
	50m: 31.77 31.77	100m: 1:09.13	37.36 150m: 1:47.71	38.58	200m: 2:26.20	38.49	
20.	GARAZABAL DE LA MONTAÑA, Carlo	07	C. Del Mar De San Am	2:31.52	-	4,00	
	50m: 32.98 32.98	100m: 1:10.63	37.65 150m: 1:50.66	40.03	200m: 2:31.52	40.86	



Prueba 27, Masc., 200m Mariposa, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
21. SOBRINO NOGALES, Sebastian	08	SPORTING CASINO	2:31.79	-	3,00	
50m: 32.00 32.00	100m: 1:09.39	37.39 150m: 1:50.64	41.25	200m: 2:31.79	41.15	
22. DIZ NIEVES, David	04	C. N. FERROL	2:34.62	-	-	
50m: 32.51 32.51	100m: 1:11.03	38.52 150m: 1:52.07	41.04	200m: 2:34.62	42.55	
23. REY MUNIN, Alonso	08	CIDADE SANTIAGO	2:44.31	-	-	
50m: 36.46 36.46	100m: 1:18.99	42.53 150m: 2:01.81	42.82	200m: 2:44.31	42.50	
Baja QUIROGA RAMOS, Yago	05	PABELLON OURENSE	-	-	-	



Prueba 28
29/12/2023 - 19:46

Fem., 200m Mariposa

Absoluto Femenino
Resultados Final

RG	2:11.57	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014
RC	2:11.57	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014

Clasificación	AN		Tempo	ABSO	JUNI		
Final A							
1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:17.44	19,00	-	
	50m: 30.40 30.40	100m: 1:05.39	34.99	150m: 1:41.43	36.04	200m: 2:17.44	36.01
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:19.69	16,00	-	
	50m: 31.54 31.54	100m: 1:06.69	35.15	150m: 1:42.47	35.78	200m: 2:19.69	37.22
3.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	2:25.99	14,00	-	
	50m: 31.74 31.74	100m: 1:08.70	36.96	150m: 1:47.03	38.33	200m: 2:25.99	38.96
4.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	2:29.54	13,00	-	
	50m: 33.03 33.03	100m: 1:10.55	37.52	150m: 1:49.63	39.08	200m: 2:29.54	39.91
5.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	2:29.83	12,00	-	
	50m: 33.27 33.27	100m: 1:11.34	38.07	150m: 1:50.86	39.52	200m: 2:29.83	38.97
6.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:34.33	11,00	-	
	50m: 33.97 33.97	100m: 1:12.56	38.59	150m: 1:53.05	40.49	200m: 2:34.33	41.28
Final B							
7.	ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	2:32.46	10,00	-	
	50m: 34.03 34.03	100m: 1:12.27	38.24	150m: 1:51.64	39.37	200m: 2:32.46	40.82
8.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	2:36.29	9,00	-	
	50m: 33.18 33.18	100m: 1:12.15	38.97	150m: 1:53.87	41.72	200m: 2:36.29	42.42
9.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	2:41.48	-	-	
	50m: 34.29 34.29	100m: 1:14.62	40.33	150m: 1:58.21	43.59	200m: 2:41.48	43.27
10.	FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	2:45.59	-	-	
	50m: 35.96 35.96	100m: 1:17.21	41.25	150m: 2:00.15	42.94	200m: 2:45.59	45.44



Prueba 28
29/12/2023 - 12:12

Fem., 200m Mariposa

Absoluto Femenino
Resultados Prelim

RG	2:11.57	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014
RC	2:11.57	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Femenino						
1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:22.79	- 19,00	A
	50m: 30.70 30.70	100m: 1:06.66	35.96 150m: 1:44.37	37.71	200m: 2:22.79	38.42
2.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	2:28.44	- 16,00	A
	50m: 32.97 32.97	100m: 1:09.92	36.95 150m: 1:48.35	38.43	200m: 2:28.44	40.09
3.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:34.46	- 14,00	A
	50m: 34.07 34.07	100m: 1:12.73	38.66 150m: 1:52.86	40.13	200m: 2:34.46	41.60
4.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	2:36.38	- 13,00	B
	50m: 32.24 32.24	100m: 1:10.01	37.77 150m: 1:51.90	41.89	200m: 2:36.38	44.48
5.	FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	2:47.09	- 12,00	B
	50m: 36.08 36.08	100m: 1:17.69	41.61 150m: 2:01.06	43.37	200m: 2:47.09	46.03

Absoluto Femenino

1.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:22.04	-	- A
	50m: 31.89 31.89	100m: 1:07.53	35.64 150m: 1:43.93	36.40	200m: 2:22.04	38.11
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:22.79	- 19,00	A
	50m: 30.70 30.70	100m: 1:06.66	35.96 150m: 1:44.37	37.71	200m: 2:22.79	38.42
3.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	2:25.96	-	- A
	50m: 32.21 32.21	100m: 1:09.17	36.96 150m: 1:47.47	38.30	200m: 2:25.96	38.49
4.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	2:28.44	- 16,00	A
	50m: 32.97 32.97	100m: 1:09.92	36.95 150m: 1:48.35	38.43	200m: 2:28.44	40.09
5.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	2:30.43	-	- A
	50m: 33.79 33.79	100m: 1:11.71	37.92 150m: 1:50.74	39.03	200m: 2:30.43	39.69
6.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:34.46	- 14,00	A
	50m: 34.07 34.07	100m: 1:12.73	38.66 150m: 1:52.86	40.13	200m: 2:34.46	41.60
7.	ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	2:35.90	-	- B
	50m: 35.22 35.22	100m: 1:14.70	39.48 150m: 1:54.34	39.64	200m: 2:35.90	41.56
8.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	2:36.38	- 13,00	B
	50m: 32.24 32.24	100m: 1:10.01	37.77 150m: 1:51.90	41.89	200m: 2:36.38	44.48
9.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	2:41.94	-	- B
	50m: 34.45 34.45	100m: 1:14.63	40.18 150m: 1:57.12	42.49	200m: 2:41.94	44.82
10.	FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	2:47.09	- 12,00	B
	50m: 36.08 36.08	100m: 1:17.69	41.61 150m: 2:01.06	43.37	200m: 2:47.09	46.03



Prueba 29
29/12/2023 - 20:15

Masc., 100m Libre

Absoluto Masculino
Resultados Final

RG	48.62	, GARCIA SOTO, MARCOS	CNFERRO	29/12/2015
RC	48.62	, GARCIA SOTO, MARCOS	CNFERRO	29/12/2015

Clasificación AN Tiempo ABSO JUNI

Final A

1.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	51.36	19,00	-
	50m: 24.53 24.53	100m: 51.36	26.83			
2.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	51.75	16,00	-
	50m: 25.00 25.00	100m: 51.75	26.75			
3.	MOURE DOVAL, Jose	99	C. N. MONFORTE	51.97	14,00	-
	50m: 24.64 24.64	100m: 51.97	27.33			
4.	ARES BARRAL, Anton	00	C. N. PANAS	52.12	13,00	-
	50m: 25.43 25.43	100m: 52.12	26.69			
5.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	52.51	11,50	-
	50m: 25.28 25.28	100m: 52.51	27.23			
	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	52.51	11,50	-
	50m: 24.97 24.97	100m: 52.51	27.54			

Final B

7.	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	52.97	10,00	-
	50m: 24.89 24.89	100m: 52.97	28.08			
8.	GALAN VICENTE, Pablo	02	A. D. FOGAR	52.99	9,00	-
	50m: 25.33 25.33	100m: 52.99	27.66			
9.	SUAREZ MATO, Yoel	04	A. D. FOGAR	53.02	8,00	-
	50m: 25.72 25.72	100m: 53.02	27.30			
10.	LEVCHENKO, Nikita	08	C. N. ARZUA	53.38	7,00	-
	50m: 25.87 25.87	100m: 53.38	27.51			
11.	BRAVO CONDE, Cristian	00	C. N. PANAS	53.65	6,00	-
	50m: 26.31 26.31	100m: 53.65	27.34			
12.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	56.66	5,00	-
	50m: 26.35 26.35	100m: 56.66	30.31			

Prueba 29
29/12/2023 - 12:19

Masc., 100m Libre

Absoluto Masculino
Resultados Prelim

RG	48.62	, GARCIA SOTO, MARCOS	CNFERRO	29/12/2015
RC	48.62	, GARCIA SOTO, MARCOS	CNFERRO	29/12/2015

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Masculino								
1.	LEVCHENKO, Nikita		08	C. N. ARZUA		53.08	- 19,00	B
	50m: 25.50	25.50	100m: 53.08	27.58				
2.	SOUTO RAMOS, Manuel		07	A. D. FOGAR		54.56	- 16,00	
	50m: 25.83	25.83	100m: 54.56	28.73				
3.	PIÑEIRO RODRIGUEZ, Samuel		07	VIGO RIAS BAIXAS		54.69	- 14,00	
	50m: 25.93	25.93	100m: 54.69	28.76				
4.	ETAYO GARCIA, Oscar		06	C. N. CORUÑA		54.89	- 12,50	
	50m: 26.62	26.62	100m: 54.89	28.27				
	RODRIGUEZ VIEITEZ, Hugo		08	VIGO RIAS BAIXAS		54.89	- 12,50	
	50m: 26.51	26.51	100m: 54.89	28.38				
6.	GARCÍA AFONSO, Alexis		07	C. N. FERROL		54.94	- 11,00	
	50m: 26.30	26.30	100m: 54.94	28.64				
7.	BARROS DA SILVA, Pedro		07	C. N. GALAICO		55.14	- 10,00	
	50m: 26.48	26.48	100m: 55.14	28.66				
8.	FRAGA SAL, Alexandre		06	C. N. PORTAMIÑA		55.30	- 9,00	
	50m: 26.25	26.25	100m: 55.30	29.05				
9.	PAZ RODRIGUEZ, Aritz		06	PABELLON OURENSE		55.50	- 8,00	
	50m: 26.53	26.53	100m: 55.50	28.97				
10.	VAZQUEZ COSTA, Miguel		06	C. N. GALAICO		55.57	- 7,00	
	50m: 26.95	26.95	100m: 55.57	28.62				
11.	MORENO TEIJEIRO, Andre		07	C. FLUVIAL LUGO		56.00	- 6,00	
	50m: 26.67	26.67	100m: 56.00	29.33				
12.	PAZOS IGLESIAS, André		07	RCN VIGO		56.10	- 5,00	
	50m: 26.70	26.70	100m: 56.10	29.40				
13.	LOUREIRO GONZALEZ, Roi		08	CIDADE SANTIAGO		56.12	- 4,00	
	50m: 26.90	26.90	100m: 56.12	29.22				
14.	RODA MARQUEZ, Joao Victor		07	C. N. CULLEREDO		56.29	- 3,00	
	50m: 26.86	26.86	100m: 56.29	29.43				
15.	ROCHA GONZALEZ, Olivier		08	C. N. GALAICO		56.51	-	
	50m: 26.84	26.84	100m: 56.51	29.67				
16.	SANTÍN MÉNDEZ, Rubén		07	RCN VIGO		56.76	- 2,00	
	50m: 26.93	26.93	100m: 56.76	29.83				
17.	GRAÑA DEL SOLAR, Miguel		08	A. DEP. NT. NARON		56.89	- 1,00	
	50m: 27.18	27.18	100m: 56.89	29.71				



Prueba 29, Masc., 100m Libre, Prelim, Junior Masculino

Clasificación	AN		Tiempo	ABSO	JUNI
18. MENDEZ GARCIA, Xoan	06	C. N. PORTAMIÑA	57.31	-	-
50m: 27.08 27.08	100m: 57.31	30.23			
19. VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	57.34	-	-
50m: 27.19 27.19	100m: 57.34	30.15			
20. DIAZ-BECERRA LOPEZ, Pedro	07	C. N. PORTAMIÑA	57.37	-	-
50m: 27.49 27.49	100m: 57.37	29.88			
21. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	57.44	-	-
50m: 27.47 27.47	100m: 57.44	29.97			
22. GONZALEZ GARCIA, Martin	08	C. N. REDONDELA	57.49	-	-
50m: 27.20 27.20	100m: 57.49	30.29			
23. RODRIGUEZ BARREIRA, Mateo	07	C. N. XOVE	57.74	-	-
50m: 27.40 27.40	100m: 57.74	30.34			
24. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	58.60	-	-
50m: 28.05 28.05	100m: 58.60	30.55			
25. LOPEZ RODRIGUEZ, Hugo	06	C. N. MONFORTE	58.64	-	-
50m: 27.62 27.62	100m: 58.64	31.02			
26. SUBIRAN GOMEZ, Pedro	08	C. FLUVIAL LUGO	58.66	-	-
50m: 28.07 28.07	100m: 58.66	30.59			
27. NOGUEIRA-PINTO BLANCO, Hugo	07	PABELLON OURENSE	59.00	-	-
50m: 27.92 27.92	100m: 59.00	31.08			
28. ESPERÓN RODRÍGUEZ, Rodrigo	07	C. N. PONTEAREAS	59.40	-	-
50m: 28.70 28.70	100m: 59.40	30.70			
29. ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	59.98	-	-
50m: 29.17 29.17	100m: 59.98	30.81			
30. RODRIGUEZ ARIAS, Jacobo	08	PABELLON OURENSE	1:00.62	-	-
50m: 29.66 29.66	100m: 1:00.62	30.96			
DSQ PEREZ GARCIA, Iker	07	C. N. GALAICO		-	-
<i>Salida anticipada</i>					

Absoluto Masculino

1. SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	50.97	-	-	A
50m: 24.69 24.69	100m: 50.97	26.28				
2. PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	51.66	-	-	A
50m: 24.76 24.76	100m: 51.66	26.90				
3. MOURE DOVAL, Jose	99	C. N. MONFORTE	52.03	-	-	A
50m: 25.13 25.13	100m: 52.03	26.90				
4. CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	52.16	-	-	A
50m: 25.28 25.28	100m: 52.16	26.88				
5. ARES BARRAL, Anton	00	C. N. PANAS	52.17	-	-	A
50m: 24.88 24.88	100m: 52.17	27.29				



Prueba 29, Masc., 100m Libre, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
6.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	52.56	-	- A
	50m: 24.90 24.90	100m: 52.56	27.66			
7.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	52.71	-	- B
	50m: 24.72 24.72	100m: 52.71	27.99			
8.	GALAN VICENTE, Pablo	02	A. D. FOGAR	52.93	-	- B
	50m: 25.51 25.51	100m: 52.93	27.42			
9.	LEVCHENKO, Nikita	08	C. N. ARZUA	53.08	-	19,00 B
	50m: 25.50 25.50	100m: 53.08	27.58			
	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	53.08	-	- B
	50m: 25.69 25.69	100m: 53.08	27.39			
11.	BRAVO CONDE, Cristian	00	C. N. PANAS	53.34	-	- B
	50m: 25.60 25.60	100m: 53.34	27.74			
12.	SUAREZ MATO, Yoel	04	A. D. FOGAR	53.52	-	- B
	50m: 25.84 25.84	100m: 53.52	27.68			
13.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	54.02	4,00	-
	50m: 25.63 25.63	100m: 54.02	28.39			
14.	LOSADA JIMENEZ, Alvaro	99	C. N. FERROL	54.25	3,00	-
	50m: 26.05 26.05	100m: 54.25	28.20			
15.	UCHA NIETO, Jacobo	97	C. N. GALAICO	54.31	2,00	-
	50m: 26.17 26.17	100m: 54.31	28.14			
16.	SOUTO RAMOS, Manuel	07	A. D. FOGAR	54.56	-	16,00
	50m: 25.83 25.83	100m: 54.56	28.73			
17.	CARNEIRO VIQUEIRA, Xabier	00	C. N. PANAS	54.60	-	-
	50m: 26.71 26.71	100m: 54.60	27.89			
18.	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	54.64	1,00	-
	50m: 26.13 26.13	100m: 54.64	28.51			
19.	PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	54.69	-	14,00
	50m: 25.93 25.93	100m: 54.69	28.76			
20.	BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	54.85	-	-
	50m: 26.07 26.07	100m: 54.85	28.78			
21.	PEDRE SALIDO, Julio	03	C. N. FERROL	54.88	-	-
	50m: 26.50 26.50	100m: 54.88	28.38			
22.	ETAYO GARCIA, Oscar	06	C. N. CORUÑA	54.89	-	12,50
	50m: 26.62 26.62	100m: 54.89	28.27			
	RODRIGUEZ VIEITEZ, Hugo	08	VIGO RIAS BAIXAS	54.89	-	12,50
	50m: 26.51 26.51	100m: 54.89	28.38			
24.	GARCÍA AFONSO, Alexis	07	C. N. FERROL	54.94	-	11,00
	50m: 26.30 26.30	100m: 54.94	28.64			
25.	BARROS DA SILVA, Pedro	07	C. N. GALAICO	55.14	-	10,00
	50m: 26.48 26.48	100m: 55.14	28.66			



Prueba 29, Masc., 100m Libre, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
26.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	55.29	-	-
	50m: 26.41 26.41	100m: 55.29	28.88			
27.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	55.30	-	9,00
	50m: 26.25 26.25	100m: 55.30	29.05			
28.	PINO LORENZO, Brais	01	C. N. PONTEAREAS	55.34	-	-
	50m: 25.73 25.73	100m: 55.34	29.61			
29.	PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE	55.50	-	8,00
	50m: 26.53 26.53	100m: 55.50	28.97			
30.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	55.57	-	7,00
	50m: 26.95 26.95	100m: 55.57	28.62			
31.	LAZIEIEV NEMERSKIY, Aleksandr	09	C. N. ARZUA	55.58	-	-
	50m: 26.63 26.63	100m: 55.58	28.95			
32.	MORENO TEJEIRO, Andre	07	C. FLUVIAL LUGO	56.00	-	6,00
	50m: 26.67 26.67	100m: 56.00	29.33			
33.	PISO SEÑORAN, Alejandro	03	C. N. GALAICO	56.09	-	-
	50m: 26.96 26.96	100m: 56.09	29.13			
34.	PAZOS IGLESIAS, André	07	RCN VIGO	56.10	-	5,00
	50m: 26.70 26.70	100m: 56.10	29.40			
35.	CAO HERMO, Breixo	10	S. DEP. BOIRO	56.11	-	-
	50m: 26.96 26.96	100m: 56.11	29.15			
36.	LOUREIRO GONZALEZ, Roi	08	CIDADE SANTIAGO	56.12	-	4,00
	50m: 26.90 26.90	100m: 56.12	29.22			
37.	RODA MARQUEZ, Joao Victor	07	C. N. CULLEREDO	56.29	-	3,00
	50m: 26.86 26.86	100m: 56.29	29.43			
38.	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	56.30	-	-
	50m: 27.00 27.00	100m: 56.30	29.30			
39.	FERRON GUTIERREZ, Juan	03	C. N. MOS	56.44	-	-
	50m: 27.11 27.11	100m: 56.44	29.33			
40.	ROCHA GONZALEZ, Olivier	08	C. N. GALAICO	56.51	-	-
	50m: 26.84 26.84	100m: 56.51	29.67			
41.	CANCELA GOMEZ, Hugo	03	C. N. PONTEAREAS	56.64	-	-
	50m: 27.08 27.08	100m: 56.64	29.56			
42.	SANTÍN MÉNDEZ, Rubén	07	RCN VIGO	56.76	-	2,00
	50m: 26.93 26.93	100m: 56.76	29.83			
43.	INFESTAS CARAZO, Samuel	03	RCN VIGO	56.87	-	-
	50m: 27.68 27.68	100m: 56.87	29.19			
44.	GRAÑA DEL SOLAR, Miguel	08	A. DEP. NT. NARON	56.89	-	1,00
	50m: 27.18 27.18	100m: 56.89	29.71			
45.	SENDINO GESTOSO, Roi	01	C. N. CORUÑA	57.13	-	-
	50m: 27.24 27.24	100m: 57.13	29.89			



Prueba 29, Masc., 100m Libre, Prelim, Absoluto Masculino

Clasificación	AN	Tiempo	ABSO	JUNI
46. RODRÍGUEZ RODRÍGUEZ, Germán 50m: 27.67 27.67 100m: 57.20	05 C. N. FERROL	57.20	-	-
47. MENDEZ GARCIA, Xoan 50m: 27.08 27.08 100m: 57.31	06 C. N. PORTAMIÑA	57.31	-	-
48. VAZQUEZ FERNANDEZ, Nicolas 50m: 27.19 27.19 100m: 57.34	06 C. N. GALAICO	57.34	-	-
49. DIAZ-BECERRA LOPEZ, Pedro 50m: 27.49 27.49 100m: 57.37	07 C. N. PORTAMIÑA	57.37	-	-
50. OUBIÑA SÁNCHEZ, Pedro 50m: 27.47 27.47 100m: 57.44	07 RCN VIGO	57.44	-	-
51. GONZALEZ GARCIA, Martin 50m: 27.20 27.20 100m: 57.49	08 C. N. REDONDELA	57.49	-	-
52. RODRIGUEZ BARREIRA, Mateo 50m: 27.40 27.40 100m: 57.74	07 C. N. XOVE	57.74	-	-
53. RIBÓ MIGUEL, Lucas 50m: 28.05 28.05 100m: 58.60	07 CIDADE SANTIAGO	58.60	-	-
54. LOPEZ RODRIGUEZ, Hugo 50m: 27.62 27.62 100m: 58.64	06 C. N. MONFORTE	58.64	-	-
55. SUBIRAN GOMEZ, Pedro 50m: 28.07 28.07 100m: 58.66	08 C. FLUVIAL LUGO	58.66	-	-
56. NOGUEIRA-PINTO BLANCO, Hugo 50m: 27.92 27.92 100m: 59.00	07 PABELLON OURENSE	59.00	-	-
57. ESPERÓN RODRÍGUEZ, Rodrigo 50m: 28.70 28.70 100m: 59.40	07 C. N. PONTEAREAS	59.40	-	-
58. ALCALDE MAHIA, Jun Bin 50m: 29.17 29.17 100m: 59.98	08 C. N. CORUÑA	59.98	-	-
59. RODRIGUEZ ARIAS, Jacobo 50m: 29.66 29.66 100m: 1:00.62	08 PABELLON OURENSE	1:00.62	-	-
DSQ PEREZ GARCIA, Iker <i>Salida anticipada</i>	07 C. N. GALAICO	-	-	-
Baja MEIJIDE GIADAS, Diego	00 CIDADE SANTIAGO	-	-	-
Baja LOBELLE GONZALEZ, Ivan	89 C. FLUVIAL LUGO	-	-	-
Baja JUNCAL MOREIRA, Pablo	01 C. N. GALAICO	-	-	-



Prueba 30
29/12/2023 - 20:06

Fem., 200m Libre

Absoluto Femenino
Resultados Final

RG	1:56.37	, GOMEZ CORTES, BEATRIZ	GALAICO	29/11/2013
RC	1:59.15	, GÓMEZ MESÍAS, ALBA	ARTEIXO	28/12/2019

Clasificación	AN			Tiempo	ABSO	JUNI
Final A						
1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	1:59.26	19,00	-
	50m: 27.90 27.90	100m: 57.65	29.75	150m: 1:28.07	30.42	200m: 1:59.26 31.19
2.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:02.57	16,00	-
	50m: 28.41 28.41	100m: 59.23	30.82	150m: 1:31.07	31.84	200m: 2:02.57 31.50
3.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	2:02.86	14,00	-
	50m: 28.95 28.95	100m: 59.85	30.90	150m: 1:31.37	31.52	200m: 2:02.86 31.49
4.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:10.50	13,00	-
	50m: 30.31 30.31	100m: 1:03.19	32.88	150m: 1:36.23	33.04	200m: 2:10.50 34.27
5.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	2:10.94	12,00	-
	50m: 30.60 30.60	100m: 1:03.59	32.99	150m: 1:37.56	33.97	200m: 2:10.94 33.38
6.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	2:16.93	11,00	-
	50m: 31.43 31.43	100m: 1:05.38	33.95	150m: 1:41.04	35.66	200m: 2:16.93 35.89
Final B						
7.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	2:09.23	10,00	-
	50m: 30.64 30.64	100m: 1:03.29	32.65	150m: 1:36.63	33.34	200m: 2:09.23 32.60
8.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	2:11.05	9,00	-
	50m: 30.48 30.48	100m: 1:03.51	33.03	150m: 1:37.16	33.65	200m: 2:11.05 33.89
9.	PEREZ GARCIA-PICHER, Ana	98	RCN VIGO	2:14.12	8,00	-
	50m: 32.10 32.10	100m: 1:05.60	33.50	150m: 1:39.99	34.39	200m: 2:14.12 34.13
10.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	2:14.89	7,00	-
	50m: 30.86 30.86	100m: 1:04.22	33.36	150m: 1:39.23	35.01	200m: 2:14.89 35.66
11.	PARDO CHAS, Eva	04	C. N. FERROL	2:16.11	6,00	-
	50m: 31.27 31.27	100m: 1:05.57	34.30	150m: 1:41.23	35.66	200m: 2:16.11 34.88
12.	CAMBA PRADA, Alexia	05	PABELLON OURENSE	2:16.29	5,00	-
	50m: 31.27 31.27	100m: 1:06.04	34.77	150m: 1:41.17	35.13	200m: 2:16.29 35.12



Prueba 30
29/12/2023 - 12:45

Fem., 200m Libre

Absoluto Femenino
Resultados Prelim

RG	1:56.37	, GOMEZ CORTES, BEATRIZ	GALAICO	29/11/2013
RC	1:59.15	, GÓMEZ MESÍAS, ALBA	ARTEIXO	28/12/2019

Clasificación	AN		Tempo	ABSO	JUNI
Junior Femenino					
1.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:09.40	- 19,00 A
	50m: 30.38 30.38	100m: 1:02.83	32.45 150m: 1:35.66	32.83	200m: 2:09.40 33.74
2.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	2:10.98	- 16,00 A
	50m: 29.52 29.52	100m: 1:01.62	32.10 150m: 1:36.26	34.64	200m: 2:10.98 34.72
3.	MOURELLE PENA, Carla	08	A. D. FOGAR	2:14.98	4,00 14,00
	50m: 30.50 30.50	100m: 1:04.06	33.56 150m: 1:38.56	34.50	200m: 2:14.98 36.42
4.	LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	2:16.13	2,00 13,00
	50m: 31.17 31.17	100m: 1:05.61	34.44 150m: 1:41.17	35.56	200m: 2:16.13 34.96
5.	VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	2:16.54	1,00 12,00
	50m: 31.17 31.17	100m: 1:05.27	34.10 150m: 1:40.90	35.63	200m: 2:16.54 35.64
6.	GROBA COMESAÑA, Noa	06	RCN VIGO	2:17.57	- 11,00
	50m: 30.96 30.96	100m: 1:05.36	34.40 150m: 1:41.12	35.76	200m: 2:17.57 36.45
7.	SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	2:19.42	- 10,00
	50m: 32.01 32.01	100m: 1:07.44	35.43 150m: 1:43.66	36.22	200m: 2:19.42 35.76
8.	RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	2:19.90	- 9,00
	50m: 32.31 32.31	100m: 1:07.82	35.51 150m: 1:44.11	36.29	200m: 2:19.90 35.79
9.	MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	2:20.28	- 8,00
	50m: 31.79 31.79	100m: 1:07.31	35.52 150m: 1:44.51	37.20	200m: 2:20.28 35.77
10.	BABARRO LOPEZ, Maria	08	PABELLON OURENSE	2:20.33	- 7,00
	50m: 31.59 31.59	100m: 1:06.82	35.23 150m: 1:43.78	36.96	200m: 2:20.33 36.55
11.	ORTEGO PORTA, Aldara	07	C. N. GALAICO	2:20.66	- 6,00
	50m: 32.23 32.23	100m: 1:07.66	35.43 150m: 1:45.33	37.67	200m: 2:20.66 35.33
12.	PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	2:21.22	- 5,00
	50m: 33.43 33.43	100m: 1:09.42	35.99 150m: 1:45.33	35.91	200m: 2:21.22 35.89
13.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	2:21.69	- 4,00
	50m: 31.54 31.54	100m: 1:07.12	35.58 150m: 1:44.79	37.67	200m: 2:21.69 36.90
14.	PEREIRA-BORRAJO VAYO, Marta	08	VIGO RIAS BAIXAS	2:22.36	- -
	50m: 33.81 33.81	100m: 1:10.20	36.39 150m: 1:46.66	36.46	200m: 2:22.36 35.70
15.	CUGINI LENCE, Emma	08	C. FLUVIAL LUGO	2:22.90	- 3,00
	50m: 33.24 33.24	100m: 1:10.30	37.06 150m: 1:45.98	35.68	200m: 2:22.90 36.92
16.	CARRASCO DE CASTRO, Ana	07	C. MARINA FERROL	2:22.92	- 2,00
	50m: 32.29 32.29	100m: 1:07.45	35.16 150m: 1:45.06	37.61	200m: 2:22.92 37.86
17.	BUJAN ROUCO, Enma	07	C. N. XOVE	2:23.75	- -
	50m: 32.02 32.02	100m: 1:07.79	35.77 150m: 1:45.52	37.73	200m: 2:23.75 38.23



Prueba 30, Fem., 200m Libre, Prelim, Junior Femenino

Clasificación	AN	Grupo	Equipo	Tiempo	ABSO	JUNI
18. SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	2:24.34	-	-	
50m: 33.19 33.19	100m: 1:09.61	36.42	150m: 1:47.14	37.53	200m: 2:24.34 37.20	

Absoluto Femenino

1. CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	2:02.73	-	- A
50m: 27.35 27.35	100m: 57.27	29.92	150m: 1:32.30	35.03	200m: 2:02.73 30.43
2. FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	2:03.54	-	- A
50m: 29.11 29.11	100m: 59.91	30.80	150m: 1:31.39	31.48	200m: 2:03.54 32.15
3. GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:05.81	-	- A
50m: 28.78 28.78	100m: 1:00.94	32.16	150m: 1:33.56	32.62	200m: 2:05.81 32.25
4. ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:09.40	-	19,00 A
50m: 30.38 30.38	100m: 1:02.83	32.45	150m: 1:35.66	32.83	200m: 2:09.40 33.74
5. CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	2:10.93	-	- A
50m: 30.21 30.21	100m: 1:03.12	32.91	150m: 1:37.11	33.99	200m: 2:10.93 33.82
6. VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	2:10.98	-	16,00 A
50m: 29.52 29.52	100m: 1:01.62	32.10	150m: 1:36.26	34.64	200m: 2:10.98 34.72
7. BARROS DA SILVA, Sofia	09	C. N. GALAICO	2:10.99	-	- B
50m: 29.82 29.82	100m: 1:02.83	33.01	150m: 1:36.83	34.00	200m: 2:10.99 34.16
8. OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	2:12.67	-	- B
50m: 28.86 28.86	100m: 1:01.73	32.87	150m: 1:36.22	34.49	200m: 2:12.67 36.45
9. MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	2:12.99	-	- B
50m: 30.84 30.84	100m: 1:04.60	33.76	150m: 1:38.79	34.19	200m: 2:12.99 34.20
10. CAMBA PRADA, Alexia	05	PABELLON OURENSE	2:13.30	-	- B
50m: 30.86 30.86	100m: 1:04.55	33.69	150m: 1:39.62	35.07	200m: 2:13.30 33.68
11. PEREZ GARCIA-PICHER, Ana	98	RCN VIGO	2:14.45	-	- B
50m: 31.24 31.24	100m: 1:05.33	34.09	150m: 1:39.95	34.62	200m: 2:14.45 34.50
12. PARDO CHAS, Eva	04	C. N. FERROL	2:14.53	-	- B
50m: 30.85 30.85	100m: 1:04.44	33.59	150m: 1:39.37	34.93	200m: 2:14.53 35.16
13. MOURELLE PENA, Carla	08	A. D. FOGAR	2:14.98	4,00	14,00
50m: 30.50 30.50	100m: 1:04.06	33.56	150m: 1:38.56	34.50	200m: 2:14.98 36.42
14. INSUA REY, Carmela	09	A. D. FOGAR	2:16.06	3,00	-
50m: 31.44 31.44	100m: 1:05.73	34.29	150m: 1:41.31	35.58	200m: 2:16.06 34.75
15. LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	2:16.13	2,00	13,00
50m: 31.17 31.17	100m: 1:05.61	34.44	150m: 1:41.17	35.56	200m: 2:16.13 34.96
16. VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	2:16.54	1,00	12,00
50m: 31.17 31.17	100m: 1:05.27	34.10	150m: 1:40.90	35.63	200m: 2:16.54 35.64
17. CANALDA RAMOS, Laura	09	C. N. CORUÑA	2:16.65	-	-
50m: 31.02 31.02	100m: 1:05.68	34.66	150m: 1:41.66	35.98	200m: 2:16.65 34.99
18. GROBA COMESAÑA, Noa	06	RCN VIGO	2:17.57	-	11,00
50m: 30.96 30.96	100m: 1:05.36	34.40	150m: 1:41.12	35.76	200m: 2:17.57 36.45



Prueba 30, Fem., 200m Libre, Prelim, Absoluto Femenino

Clasificación				AN				Tiempo	ABSO	JUNI		
19.	VIDAL RODRIGUEZ, Mara			10	C. N. GALAICO			2:17.96	-	-		
	50m:	31.36	31.36	100m:	1:06.78	35.42	150m:	1:42.59	35.81	200m:	2:17.96	35.37
20.	FREIJE TORNEIRO, Aroa			98	C. N. PORTAMIÑA			2:18.94	-	-		
	50m:	29.84	29.84	100m:	1:03.42	33.58	150m:	1:40.24	36.82	200m:	2:18.94	38.70
21.	SALGUEIRIÑO ÁLVAREZ, Noa			08	C. N. MOS			2:19.42	-	10,00		
	50m:	32.01	32.01	100m:	1:07.44	35.43	150m:	1:43.66	36.22	200m:	2:19.42	35.76
22.	RODRÍGUEZ RODRÍGUEZ, Paula			08	C. N. ARTEIXO			2:19.90	-	9,00		
	50m:	32.31	32.31	100m:	1:07.82	35.51	150m:	1:44.11	36.29	200m:	2:19.90	35.79
23.	MUÑOZ GAVINO, Paula			08	C. N. PORTAMIÑA			2:20.28	-	8,00		
	50m:	31.79	31.79	100m:	1:07.31	35.52	150m:	1:44.51	37.20	200m:	2:20.28	35.77
24.	BABARRO LOPEZ, Maria			08	PABELLON OURENSE			2:20.33	-	7,00		
	50m:	31.59	31.59	100m:	1:06.82	35.23	150m:	1:43.78	36.96	200m:	2:20.33	36.55
25.	ORTEGO PORTA, Aldara			07	C. N. GALAICO			2:20.66	-	6,00		
	50m:	32.23	32.23	100m:	1:07.66	35.43	150m:	1:45.33	37.67	200m:	2:20.66	35.33
26.	PARDAVILA DAVILA, Ainoa			08	VIGO RIAS BAIXAS			2:21.22	-	5,00		
	50m:	33.43	33.43	100m:	1:09.42	35.99	150m:	1:45.33	35.91	200m:	2:21.22	35.89
27.	ROCHA GONZALEZ, Gisele			09	C. N. GALAICO			2:21.58	-	-		
	50m:	31.97	31.97	100m:	1:07.95	35.98	150m:	1:45.07	37.12	200m:	2:21.58	36.51
28.	FERNANDEZ AGUION, Sara			07	C. N. CORUÑA			2:21.69	-	4,00		
	50m:	31.54	31.54	100m:	1:07.12	35.58	150m:	1:44.79	37.67	200m:	2:21.69	36.90
29.	PEREIRA-BORRAJO VAYO, Marta			08	VIGO RIAS BAIXAS			2:22.36	-	-		
	50m:	33.81	33.81	100m:	1:10.20	36.39	150m:	1:46.66	36.46	200m:	2:22.36	35.70
30.	CUGINI LENCE, Emma			08	C. FLUVIAL LUGO			2:22.90	-	3,00		
	50m:	33.24	33.24	100m:	1:10.30	37.06	150m:	1:45.98	35.68	200m:	2:22.90	36.92
31.	CARRASCO DE CASTRO, Ana			07	C. MARINA FERROL			2:22.92	-	2,00		
	50m:	32.29	32.29	100m:	1:07.45	35.16	150m:	1:45.06	37.61	200m:	2:22.92	37.86
32.	BUJAN ROUCO, Enma			07	C. N. XOVE			2:23.75	-	-		
	50m:	32.02	32.02	100m:	1:07.79	35.77	150m:	1:45.52	37.73	200m:	2:23.75	38.23
33.	SAAVEDRA BUIDE, Paula			07	C. N. PORTAMIÑA			2:24.34	-	-		
	50m:	33.19	33.19	100m:	1:09.61	36.42	150m:	1:47.14	37.53	200m:	2:24.34	37.20
34.	REY CONESA, Carolina			04	C. N. FERROL			2:24.94	-	-		
	50m:	32.37	32.37	100m:	1:08.71	36.34	150m:	1:46.59	37.88	200m:	2:24.94	38.35



Prueba 31
29/12/2023 - 13:15

Masc., 4 x 200m Libre

Junior Masculino
Resultados

RG	7:31.38	POURENSE	POURENSE	16/12/2005
RC	7:35.50	CNFERRO	CNFERRO	28/12/2008

Clasificación

				Tempo	ABSO	JUNI	
1.	C. N. FERROL 1	C. N. FERROL		7:58.98	-	38,00	
	NAVARRO LOSADA, Sergi	07	25.48	28.61	30.04	30.02	1:54.15
	DIAZ COUCE, Ruben	06	28.12	31.31	32.26	32.30	2:03.99
	GARCÍA AFONSO, Alexis	07	26.31	30.85	32.45	32.38	2:01.99
	MANEIROS PAZ, Mario	06	26.96	29.64	31.13	31.12	1:58.85
2.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA		8:03.38	-	32,00	
	GOMEZ PUMARIÑO, Samuel	08	27.30	30.30	32.31	32.51	2:02.42
	PEREZ FERNANDEZ, Brais	07	26.88	29.79	30.28	29.92	1:56.87
	FRAGA SAL, Alexandre	06	28.15	30.67	32.06	31.57	2:02.45
	GAVIEIRO MONTERO, Raul	07	27.74	30.70	31.93	31.27	2:01.64
3.	A. D. FOGAR 1	A. D. FOGAR		8:04.33	-	28,00	
	RIVAS TORRES, Paulo	08	26.91	31.12	32.57	31.59	2:02.19
	SOUTO VILAS, Jorge	07	27.68	30.50	31.68	31.52	2:01.38
	GIL-RIVERA BARBEITO, Pablo	06	27.93	31.35	32.84	32.34	2:04.46
	SOUTO RAMOS, Manuel	07	26.84	29.05	30.14	30.27	1:56.30
4.	C. N. GALAICO 1	C. N. GALAICO		8:04.46	-	26,00	
	PEREZ GARCIA, Iker	07	27.36	30.36	33.68	32.30	2:03.70
	VAZQUEZ COSTA, Miguel	06	27.17	30.11	31.46	31.02	1:59.76
	BARROS DA SILVA, Pedro	07	26.79	29.79	30.82	31.30	1:58.70
	ROCHA GONZALEZ, Olivier	08	26.69	30.56	32.72	32.33	2:02.30
5.	PABELLON OURENSE 1	PABELLON OURENSE		8:10.13	-	24,00	
	ESTEVEZ CRESPO, Hugo	06	29.42	32.41	32.83	32.45	2:07.11
	PAZ RODRIGUEZ, Aritz	06	26.95	30.79	31.85	32.14	2:01.73
	CARBALLO RODRIGUEZ, Enrique	07	27.19	29.40	30.94	31.36	1:58.89
	MERZLYAKOV KOSTOMAROV, Mikhail	07	27.27	31.47	32.00	31.66	2:02.40
6.	CIDADE SANTIAGO 1	CIDADE SANTIAGO		8:22.33	-	22,00	
	REY MUNIN, Tomas	06	29.67	33.65	34.94	34.46	2:12.72
	FRAGA VISOS, Teo	08	29.13	32.65	33.51	33.01	2:08.30
	PARCERO AREOSO, Xoel	07	28.36	31.03	31.78	31.35	2:02.52
	ORECHIA, Agustín	06	26.07	30.10	31.20	31.42	1:58.79
7.	RCN VIGO 1	RCN VIGO		8:28.79	-	20,00	
	OUBIÑA SÁNCHEZ, Pedro	07	28.94	31.87	33.42	33.43	2:07.66
	PAZOS IGLESIAS, André	07	29.07	33.19	33.56	31.59	2:07.41
	ÁLVAREZ VÁZQUEZ, Gael	07	28.80	31.90	32.70	31.75	2:05.15
	SANTÍN MÉNDEZ, Rubén	07	27.93	32.47	34.19	33.98	2:08.57
8.	C. N. CORUÑA 1	C. N. CORUÑA		8:32.07	-	18,00	
	GOMEZ LIMIA, Pablo	06	27.88	30.44	31.40	30.97	2:00.69
	ALCALDE MAHIA, Jun Bin	08	29.29	32.84	35.00	35.46	2:12.59
	ETAYO GARCIA, Oscar	06	28.19	32.47	32.99	31.87	2:05.52
	LAGO CASTILLO, Diego	07	29.18	33.32	35.22	35.55	2:13.27
9.	C. N. ARTEIXO 1	C. N. ARTEIXO		8:35.08	-	16,00	
	VARELA PASANDÍN, Alejandro	06	28.86	31.56	32.39	31.39	2:04.20
	PRIETO ALVITE, Diego	08	32.17	35.95	37.28	35.62	2:21.02
	VARELA PASANDÍN, Manuel	06	27.40	30.75	31.80	32.70	2:02.65
	DÍAZ RODAS, Aarón	07	29.34	32.31	33.12	32.44	2:07.21



Prueba 31, Masc., 4 x 200m Libre, Junior Masculino

Clasificación				Tiempo	ABSO	JUNI
10.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	8:36.69	-	14,00
	PREGO GROBA, Brais	08	29.24 33.14	34.49	33.43	2:10.30
	GONZALEZ ESTEVEZ, Yoel	07	27.45 31.15	32.01	30.68	2:01.29
	LEIROS FERNANDEZ, Lucas	08	29.61 33.19	33.83	33.15	2:09.78
	ESPERÓN RODRÍGUEZ, Rodrigo	07	29.94 33.39	35.68	36.31	2:15.32
11.	C. Del Mar De San Amaro 1		C. Del Mar De San Amaro	8:39.66	-	12,00
	CILLERO GARCÍA, Antón	08	29.86 32.33	32.13	32.79	2:07.11
	PEREZ MOURE, Nicolas	06	28.99 33.04	34.67	36.20	2:12.90
	LONGUEIRA GILDA, Martín	07	27.83 32.53	33.88	33.10	2:07.34
	GARAZABAL DE LA MONTAÑA, Carlos	07	30.39 33.26	34.26	34.40	2:12.31
Baja	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO		-	-
Baja	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS		-	-



Prueba 32
29/12/2023 - 13:45

Fem., 4 x 100m Libre

Junior Femenino
Resultados

RG	3:50.03	GALAICO		GALAICO	29/12/2016
RC	3:50.03	GALAICO		GALAICO	29/12/2016

Clasificación

Tiempo ABSO JUNI

Clasificación	Equipo	Tiempo	ABSO	JUNI	
1.	C. N. PORTAMIÑA 1 LOPEZ-FREIRE FRANCIA, Carmen 07 VAZQUEZ LIZ, Mireia 08	29.21 30.07	1:01.37 1:02.63	C. N. PORTAMIÑA 4:07.84 MOURENZA ROCHA, Sofia 07 ROIS PRADO, Marta 08	- 38,00 28.73 59.81 29.98 1:04.03
2.	C. N. PONTEAREAS 1 LEMONS FERNANDEZ, Iria 06 BORGE JUSTE, Ines 06	28.37 29.09	59.90 1:00.80	C. N. PONTEAREAS 4:11.56 EIJO GIL, Naiara 06 ESTEVEZ MONTES, Naroa 08	- 32,00 31.33 1:05.30 31.63 1:05.56
3.	C. N. MOS 1 MARTINEZ OTERO, Eva 08 SALGUEIRIÑO ÁLVAREZ, Noa 08	29.76 30.06	1:02.15 1:03.39	C. N. MOS 4:12.93 PEREIRO RODRIGUEZ, Carolina 08 HERMIDA ALONSO, Antia 08	- 28,00 30.18 1:04.80 30.30 1:02.59
4.	C. N. ARTEIXO 1 SÁNCHEZ BELLO, Eva 07 RODRÍGUEZ RODRÍGUEZ, Paula 08	29.11 31.56	1:00.96 1:05.19	C. N. ARTEIXO 4:13.75 SUAREZ DOSIL, Claudia 07 GARCÍA NAYA, Irene 06	- 26,00 30.43 1:03.50 29.98 1:04.10
5.	A. D. FOGAR 1 MOURELLE PENA, Carla 08 JIMENEZ COPPA, Carla M. 06	30.21 29.78	1:02.76 1:02.98	A. D. FOGAR 4:14.23 LOPEZ FRANCO, Maria 07 BOTANA PEDREIRA, Lola 06	- 24,00 30.40 1:04.55 30.91 1:03.94
6.	RCN VIGO 1 CAL FERNÁNDEZ, Victoria 08 IGLESIAS NOGUEIRAS, Ayla 08	30.03 31.92	1:03.00 1:07.25	RCN VIGO 4:16.00 MARTÍNEZ NOVOA, Silvia 06 GROBA COMESAÑA, Noa 06	- 22,00 30.43 1:03.52 29.61 1:02.23
7.	C. FLUVIAL LUGO 1 PARDO PIÑEIRO, Maria 06 LADRA CAMPO, Martina 08	30.26 30.12	1:03.63 1:02.42	C. FLUVIAL LUGO 4:19.86 CUGINI LENCE, Emma 08 GONZALEZ IGLESIAS, Nerea 07	- 20,00 32.21 1:06.50 31.71 1:07.31
8.	C. N. FERROL 1 VILLARNOVO PAZOS, Lucia 08 DÍAZ ARMADA, Zoe 07	29.22 31.40	1:00.71 1:06.43	C. N. FERROL 4:21.02 LÓPEZ ANIDO, Natalia 06 CARRASCO BOUZAMAYOR, Sabe08	- 18,00 34.37 1:11.57 29.88 1:02.31
9.	C. N. GALAICO 1 MELLID LOSADA, Anxela 07 FARIÑA MARTINEZ, Paula 07	31.08 30.42	1:06.17 1:03.50	C. N. GALAICO 4:23.10 ORTEGO PORTA, Aldara 07 PEREIRA URGAL, Maria 08	- 16,00 31.71 1:05.75 32.00 1:07.68
10.	VIGO RIAS BAIXAS 1 GIRALDEZ MARTINEZ, Nerea 07 PARDAVILA DAVILA, Ainoa 08	30.33 31.79	1:04.57 1:07.54	VIGO RIAS BAIXAS 4:24.45 PEREIRA-BORRAJO VAYO, Marta 08 NUÑEZ PARDO, Laura 08	- 14,00 30.61 1:05.95 31.99 1:06.39
Baja	S. DEP. BOIRO 1			S. DEP. BOIRO	- -



Prueba 33
29/12/2023 - 18:00

Fem., 4 x 50m Libre

Absoluto Femenino
Resultados

RG	1:46.68	GALAICO	GALAICO	26/11/2009
RC	1:47.23	GALAICO	GALAICO	29/12/2010

Clasificación			Tiempo	ABSO	JUNI	
1.	C. N. PONTEAREAS 1		1:47.13	41,00	-	RC
	CARRON MUIÑA, Carla	05	26.23	BORGE JUSTE, Ines	06	27.30
	FARO MARTINEZ, Carla	03	27.34	LEMONS FERNANDEZ, Iria	06	26.26
2.	C. N. PORTAMIÑA 1		1:48.94	32,00	-	
	LOPEZ-FREIRE FRANCA, Carmen	07	27.97	MOURENZA ROCHA, Ines	07	26.68
	MOURENZA ROCHA, Sofia	07	27.04	SANTAS VAZQUEZ, Laura	09	27.25
3.	RCN VIGO 1		1:49.46	28,00	-	
	RODRÍGUEZ ALONSO, Julia	05	27.98	CONS GESTIDO, Victoria Anna	05	27.86
	SOLER LOMBA, Rosalía	00	26.71	CONS GESTIDO, Henar Diana	02	26.91
4.	C. N. ARTEIXO 1		1:50.75	26,00	-	
	GÓMEZ MESÍAS, Alba	00	26.48	SUAREZ DOSIL, Claudia	07	29.25
	SÁNCHEZ BELLO, Eva	07	27.51	VEIGA SOUTO, Ana	98	27.51
5.	PABELLON OURENSE 1		1:51.02	24,00	-	
	FEIJOO GOMEZ, Eva	04	26.52	BLANCO MENDEZ, Claudia	08	28.55
	CAMBA PRADA, Alexia	05	27.79	REQUEJO FERNANDEZ, Irene	10	28.16
6.	VIGO RIAS BAIXAS 1		1:51.46	22,00	-	
	RODRÍGUEZ RODRIGUEZ, Nina	02	27.71	GONZALEZ GONZALEZ, Iara	09	28.04
	BLANCO ROUCO, Carmen	06	28.76	ALVAREZ PAZOS, Maria	07	26.95
7.	C. N. FERROL 1		1:51.72	20,00	-	
	LOPEZ SANMARTIN, Nerea	96	27.20	CHANS FANEGO, Paula	03	28.05
	CARRASCO BOUZAMAYOR, Sabe08		28.97	HERNÁNDEZ FIGUEROA, Ange Ma09		27.50
8.	C. FLUVIAL LUGO 1		1:53.35	18,00	-	
	LADRA CAMPO, Martina	08	29.13	BUSTO LOPEZ, Ana	04	28.60
	CERNADAS GONZALEZ, Ana	04	26.65	PARDO PIÑEIRO, Maria	06	28.97
9.	C. N. GALAICO 1		1:53.55	16,00	-	
	BARROS DA SILVA, Sofia	09	28.23	FERNANDEZ PRIETO, Nayara	05	27.75
	CANO ROSALES, Laura	04	28.32	FARIÑA MARTINEZ, Paula	07	29.25
10.	CIDADE SANTIAGO 1		1:54.91	14,00	-	
	GONZÁLEZ TOJO, Raquel	99	27.99	CAAMAÑO LOPEZ, Xiana	08	28.84
	CORTIÑAS LAIÑO, Carla	05	29.40	SUAREZ RIPOLL, Lia	07	28.68
11.	S. DEP. BOIRO 1		1:55.22	12,00	-	
	OVIÑA PICOS, Nadiuska	10	27.40	SÁNCHEZ TOJA, Candela	08	29.15
	GARCÍA ESPAÑA, Elena	09	29.53	PÉREZ LORENZO, Celia	07	29.14
12.	A. D. FOGAR 1		1:55.45	10,00	-	
	BOTANA PEDREIRA, Lola	06	29.76	LOPEZ FRANCO, Maria	07	29.19
	MOURELLE PENA, Carla	08	28.45	JIMENEZ COPPA, Carla M.	06	28.05
13.	C. N. MOS 1		1:55.78	8,00	-	
	MARTINEZ OTERO, Eva	08	28.54	PEREIRO RODRIGUEZ, Carolina	08	29.66
	SALGUEIRIÑO ÁLVAREZ, Noa	08	28.79	HERMIDA ALONSO, Antia	08	28.79



Prueba 33, Fem., 4 x 50m Libre, Absoluto Femenino

Clasificación			Tiempo	ABSO	JUNI	
14.	SPORTING CASINO 1		SPORTING CASINO	1:56.04	6,00	-
	GIL GARNACHO, Carlota	09	29.53	COUCEIRO BARREIRO, Marta	07	28.93
	BORRAZAS RODRIGUEZ, Noa	08	27.38	CABANAS DEL RIO, Carla	09	30.20
15.	C. MARINA FERROL 1		C. MARINA FERROL	1:58.54	4,00	-
	ANEIROS DOPICO, Laura	00	28.49	CARRASCO DE CASTRO, Marina	10	31.29
	CARRASCO DE CASTRO, Ana	07	30.05	LOPEZ GOMEZ, Antia	09	28.71
16.	C. N. CULLEREDO 1		C. N. CULLEREDO	1:59.37	2,00	-
	HERNAEZ GONZALEZ, Paula	08	29.06	RODRIGUEZ SUAREZ, Iria	07	31.35
	GUIRADO AGRA, Sofia	09	29.51	BELLO ARMADA, Andrea	99	29.45
17.	A. DEP. NT. NARON 1		A. DEP. NT. NARON	1:59.59	-	-
	PEREZ MARTINEZ, Sara	10	30.55	ALBES ALVARIÑO, Paula	03	29.26
	LÓPEZ BOUZA, Andrea	06	29.68	LOPEZ RAMUDO, Icia	04	30.10
Baja	C. N. CORUÑA 1		C. N. CORUÑA		-	-



Prueba 34
29/12/2023 - 18:12

Masc., 4 x 50m Libre

Absoluto Masculino
Resultados

RG	1:32.03	ARZUA	ARZUA	15/11/2019
RC	1:32.79	ARZUA	ARZUA	28/12/2019

Clasificación

			Tiempo	ABSO	JUNI		
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	1:32.13	41,00	-	RC
	NOVO LOPEZ, Brais 03		23.38	SANCHEZ VAZQUEZ, Antonio 04			23.59
	RODRIGUEZ SANCOSMED, Pablo 03		23.08	VAZQUEZ LOPEZ, Martin 03			22.08
2.	C. N. PANAS 1		C. N. PANAS	1:34.40	32,00	-	
	ARES BARRAL, Anton 00		23.65	CARREIRA POSADA, Jorge 00			23.66
	RIVAS PEREIRA, Jorge 97		24.01	BRAVO CONDE, Cristian 00			23.08
3.	A. D. FOGAR 1		A. D. FOGAR	1:35.14	28,00	-	
	GALAN VICENTE, Pablo 02		23.99	REY PITA, Simon 04			24.19
	ABELEIRA ALVAREZ, Carlos 02		23.38	SUAREZ MATO, Yoel 04			23.58
4.	C. N. MONFORTE 1		C. N. MONFORTE	1:35.55	26,00	-	
	PONTON RODRIGUEZ, Javier 05		23.61	MOURE DOVAL, Jose 99			23.37
	ARIAS FRANCO, Odei 06		24.46	PEREZ TIERRA, Ismael 02			24.11
5.	C. N. FERROL 1		C. N. FERROL	1:36.83	24,00	-	
	SEIJO BERMUDEZ, Daniel 04		24.17	LÓPEZ ANIDO, Nelson Andrés 00			24.24
	LOSADA JIMÉNEZ, Sergio 04		24.16	LOSADA JIMENEZ, Alvaro 99			24.26
6.	PABELLON OURENSE 1		PABELLON OURENSE	1:37.30	22,00	-	
	CIVEIRA CORRAL, Raul 02		24.15	LOPEZ FERNANDEZ, Martin 04			24.39
	QUIROGA RAMOS, Yago 05		24.69	CIVEIRA CORRAL, Samuel 02			24.07
7.	C. N. GALAICO 1		C. N. GALAICO	1:37.59	20,00	-	
	PEREZ GARCIA, Iker 07		24.48	BOUZAS PEDREIRA, Tomas 98			24.64
	SANCHEZ LOUZAN, Daniel 98		23.76	UCHA NIETO, Jacobo 97			24.71
8.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	1:38.24	18,00	-	
	RODRIGUEZ DOMINGUEZ, Fco. Jav04		24.48	COSTA FERNANDEZ, Lucas 98			24.52
	PINO LORENZO, Brais 01		23.92	CANCELA GOMEZ, Hugo 03			25.32
9.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	1:38.58	16,00	-	
	MARTINEZ SUAREZ, Diego 99		23.70	MORENO TEJEIRO, Andre 07			24.64
	TEJEIRO PRADO, Xoel 06		24.38	MORENO TEJEIRO, Hugo 05			25.86
10.	C. N. ARTEIXO 1		C. N. ARTEIXO	1:39.18	14,00	-	
	GÓMEZ MESÍAS, Miguel Ángel 03		24.27	DEL RIO REGUEIRA, Ruben 93			25.34
	DEL RIO REGUEIRA, Marcos 93		24.86	RUIBAL CABALLERO, Manuel Fco.03			24.71
11.	RCN VIGO 1		RCN VIGO	1:39.31	12,00	-	
	PAZOS IGLESIAS, André 07		24.45	RODRIGUEZ PENA, Alejandro 92			24.86
	ÁLVAREZ VÁZQUEZ, Gael 07		25.07	DOMÍNGUEZ FERNÁNDEZ, Pablo 01			24.93
12.	CIDADE SANTIAGO 1		CIDADE SANTIAGO	1:41.62	10,00	-	
	SUAREZ RIPOLL, Xian 03		26.52	ORECHIA, Agustín 06			24.52
	REY MUNIN, Tomas 06		26.12	LOUREIRO GONZALEZ, Roi 08			24.46
13.	C. N. ARZUA 1		C. N. ARZUA	1:41.90	8,00	-	
	LAZIEIEV NEMERSKIY, Aleksandr 09		25.86	LOPEZ VARELA, Anton 09			25.55
	LEVCHENKO, Nikita 08		24.08	MERA TATO, Hugo 06			26.41



Prueba 34, Masc., 4 x 50m Libre, Absoluto Masculino

Clasificación				Tiempo	ABSO	JUNI
14.	C. N. CORUÑA 1		C. N. CORUÑA	1:42.93	6,00	-
	SENDINO GESTOSO, Roi	01	25.98 ETAYO GARCIA, Oscar		06	25.06
	GOMEZ LIMIA, Pablo	06	24.83 ALCALDE MAHIA, Jun Bin		08	27.06
Baja	A. DEP. NT. NARON 1		A. DEP. NT. NARON		-	-
Baja	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS		-	-
Baja	S. DEP. BOIRO 1		S. DEP. BOIRO		-	-



Prueba 35
29/12/2023 - 20:35

Fem., 4 x 100m Libre

Absoluto Femenino
Resultados

RG	3:50.03	GALAICO		GALAICO		29/12/2016
RC	3:50.03	GALAICO		GALAICO		29/12/2016

Clasificación

					Tiempo	ABSO	JUNI	
1.	C. N. PONTEAREAS 1			C. N. PONTEAREAS	3:53.65	38,00	-	
	FARO MARTINEZ, Carla	03	28.52	CARRON MUIÑA, Carla		05	26.59	55.15
	BORGE JUSTE, Ines	06	28.56	LEMONS FERNANDEZ, Iria		06	27.81	58.31
2.	RCN VIGO 1			RCN VIGO	3:59.57	32,00	-	
	RODRÍGUEZ ALONSO, Julia	05	29.20	MARTÍNEZ NOVOA, Ángela		04	28.46	1:00.35
	SOLER LOMBA, Rosalía	00	28.17	CONS GESTIDO, Henar Diana		02	28.67	59.86
3.	C. N. ARTEIXO 1			C. N. ARTEIXO	4:00.27	28,00	-	
	GÓMEZ MESÍAS, Alba	00	27.97	VEIGA SOUTO, Ana		98	28.43	1:00.22
	SÁNCHEZ BELLO, Eva	07	28.50	SUAREZ DOSIL, Claudia		07	30.27	1:02.90
4.	C. FLUVIAL LUGO 1			C. FLUVIAL LUGO	4:02.86	26,00	-	
	LADRA CAMPO, Martina	08	30.08	BUSTO LOPEZ, Ana		04	28.55	1:01.21
	CERNADAS GONZALEZ, Ana	04	27.62	PARDO PIÑEIRO, María		06	29.45	1:02.03
5.	C. N. FERROL 1			C. N. FERROL	4:03.84	24,00	-	
	LOPEZ SANMARTIN, Nerea	96	28.79	CARRASCO BOUZAMAYOR, Sabe		08	30.30	1:02.47
	HERNÁNDEZ FIGUEROA, Ange Ma	09	29.14	VILLARNOVO PAZOS, Lucia		08	28.90	1:00.13
6.	PABELLON OURENSE 1			PABELLON OURENSE	4:06.33	22,00	-	
	FEIJOO GOMEZ, Eva	04	27.99	BABARRO LOPEZ, María		08	30.55	1:04.48
	CAMBA PRADA, Alexia	05	28.89	REQUEJO FERNANDEZ, Irene		10	29.70	1:02.64
7.	C. N. GALAICO 1			C. N. GALAICO	4:08.15	20,00	-	
	BARROS DA SILVA, Sofia	09	29.71	FERNANDEZ PRIETO, Nayara		05	28.49	1:00.66
	CANO ROSALES, Laura	04	29.01	FARIÑA MARTINEZ, Paula		07	30.20	1:04.31
8.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	4:10.53	18,00	-	
	ALVAREZ PAZOS, María	07	29.27	GONZALEZ GONZALEZ, Iara		09	29.64	1:03.53
	RODRIGUEZ RODRIGUEZ, Nina	02	30.89	BLANCO ROUCO, Carmen		06	29.26	1:01.78
9.	CIDADE SANTIAGO 1			CIDADE SANTIAGO	4:14.89	16,00	-	
	CAAMAÑO LOPEZ, Xiana	08	30.70	GONZÁLEZ TOJO, Raquel		99	28.66	1:02.26
	CORTIÑAS LAIÑO, Carla	05	30.85	SUAREZ RIPOLL, Lia		07	30.48	1:04.34
10.	SPORTING CASINO 1			SPORTING CASINO	4:15.41	14,00	-	
	GIL GARNACHO, Carlota	09	31.00	COUCEIRO BARREIRO, Marta		07	31.37	1:04.92
	BORRAZAS RODRIGUEZ, Noa	08	28.38	CABANAS DEL RIO, Carla		09	31.85	1:06.19
11.	S. DEP. BOIRO 1			S. DEP. BOIRO	4:15.61	12,00	-	
	VILARNOVO SUÁREZ, Noelia	06	31.08	GARCÍA ESPAÑA, Elena		09	30.59	1:04.64
	OUIÑA PICOS, Nadiuska	10	28.08	RAMOS MÍGUEZ, Leyre		06	31.38	1:05.60
12.	C. MARINA FERROL 1			C. MARINA FERROL	4:20.48	10,00	-	
	LOPEZ GOMEZ, Antia	09	30.91	CARRASCO DE CASTRO, Marina		10	32.01	1:07.90
	CARRASCO DE CASTRO, Ana	07	31.07	ANEIROS DOPICO, Laura		00	29.77	1:04.23
13.	C. N. CULLEREDO 1			C. N. CULLEREDO	4:23.38	8,00	-	
	BELLO ARMADA, Andrea	99	31.44	RODRIGUEZ SUAREZ, Iria		07	32.95	1:08.40
	GUIRADO AGRA, Sofia	09	30.11	HERNAEZ GONZALEZ, Paula		08	30.35	1:03.70



Prueba 35, Fem., 4 x 100m Libre, Absoluto Femenino

Clasificación					Tiempo	ABSO	JUNI	
14.	A. DEP. NT. NARON 1			A. DEP. NT. NARON	4:24.58	6,00	-	
	PEREZ MARTINEZ, Sara	10	31.69	1:06.52	ALBES ALVARIÑO, Paula	03	30.98	1:04.33
	LÓPEZ BOUZA, Andrea	06	32.05	1:07.32	LOPEZ RAMUDO, Icia	04	31.98	1:06.41
DSQ	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA		-	-	
	<i>Salida anticipada 4º posta</i>							
	MOURENZA ROCHA, Ines	07	28.47	59.21	MOURENZA ROCHA, Sofia	07	28.08	58.93
	CANDO SANTOS, Raquel	03	28.64	1:00.31	LOPEZ-FREIRE FRANCIA, Carmen	07		
Baja	C. N. CORUÑA 1			C. N. CORUÑA		-	-	



Prueba 36
29/12/2023 - 20:52

Masc., 4 x 200m Libre

Absoluto Masculino
Resultados

RG	7:31.38	POURENSE	POURENSE	16/12/2005
RC	7:35.50	CNFERRO	CNFERRO	28/12/2008

Clasificación

				Tiempo	ABSO	JUNI	
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	7:42.13	38,00	-	
	NOVO LOPEZ, Brais	03	26.20	28.67	29.53	29.60	1:54.00
	RODRIGUEZ SANCOSMED, Pablo	03	25.66	29.71	30.30	30.32	1:55.99
	SANCHEZ VAZQUEZ, Antonio	04	26.45	29.99	30.78	29.19	1:56.41
	VAZQUEZ LOPEZ, Martin	03	25.92	29.89	29.03	30.89	1:55.73
2.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	7:43.68	32,00	-	
	ALONSO VIDAL, Teo	07	27.42	29.81	30.61	30.88	1:58.72
	RODRIGUEZ VIEITEZ, Hugo	08	26.70	29.55	30.86	32.32	1:59.43
	MENDEZ PUGA, Mario	03	25.03	27.32	28.02	27.82	1:48.19
	MASSO ROIG, Martin	07	26.86	28.99	30.47	31.02	1:57.34
3.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	7:47.59	28,00	-	
	PARDO PERNAS, Martin	02	26.66	28.84	28.87	29.67	1:54.04
	TEJEIRO PRADO, Xoel	06	26.66	29.39	29.79	29.17	1:55.01
	MORENO TEJEIRO, Andre	07	27.65	31.08	31.73	31.39	2:01.85
	ALVAREZ FERNANDEZ, Borja	96	25.91	29.16	30.02	31.60	1:56.69
4.	PABELLON OURENSE 1		PABELLON OURENSE	7:49.08	26,00	-	
	QUIROGA RAMOS, Yago	05	26.88	29.36	30.36	30.98	1:57.58
	LOPEZ FERNANDEZ, Martin	04	26.80	29.42	30.93	31.76	1:58.91
	CARBALLO RODRIGUEZ, Enrique	07	26.71	29.44	30.47	31.02	1:57.64
	CIVEIRA CORRAL, Raul	02	25.59	29.08	30.02	30.26	1:54.95
5.	C. N. ARTEIXO 1		C. N. ARTEIXO	7:50.61	24,00	-	
	GARCÍA CASTRO, Mateo	05	26.32	28.10	29.08	28.51	1:52.01
	DEL RIO REGUEIRA, Marcos	93	26.42	30.26	31.19	29.99	1:57.86
	DEL RIO REGUEIRA, Ruben	93	26.56	30.35	32.34	32.37	2:01.62
	GÓMEZ MESÍAS, Miguel Ángel	03	25.92	30.25	31.07	31.88	1:59.12
6.	C. N. FERROL 1		C. N. FERROL	7:55.46	22,00	-	
	NAVARRO LOSADA, Sergi	07	26.71	28.75	29.53	29.43	1:54.42
	GARCÍA AFONSO, Alexis	07	27.18	31.13	31.81	31.91	2:02.03
	MANEIROS PAZ, Mario	06	27.35	29.93	30.80	30.37	1:58.45
	PEDRE SALIDO, Julio	03	27.20	30.14	31.05	32.17	2:00.56
7.	C. N. GALAICO 1		C. N. GALAICO	8:02.90	20,00	-	
	BARROS DA SILVA, Pedro	07	28.11	29.93	30.77	31.09	1:59.90
	VAZQUEZ COSTA, Miguel	06	27.15	30.67	31.88	31.76	2:01.46
	SANCHEZ LOUZAN, Daniel	98	26.57	30.91	30.85	29.08	1:57.41
	PEREZ GARCIA, Iker	07	26.41	31.61	33.08	33.03	2:04.13
8.	C. N. PANAS 1		C. N. PANAS	8:06.48	18,00	-	
	GARRIDO BRUN, Jacobo	02	28.13	30.67	31.84	31.41	2:02.05
	ARES BARRAL, Anton	00	26.61	29.82	30.68	30.95	1:58.06
	GARCIA GARAY, Marcos	01	27.59	30.59	31.65	32.14	2:01.97
	CARREIRA POSADA, Jorge	00	26.57	31.53	33.28	33.02	2:04.40
9.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	8:10.23	16,00	-	
	GONZALEZ ESTEVEZ, Yoel	07	28.74	31.24	31.90	29.89	2:01.77
	PEREZ PAZ, Dario	05	27.32	31.47	32.18	31.36	2:02.33
	FARO MARTINEZ, Yoel	07	27.83	31.34	32.09	32.75	2:04.01
	MARTINEZ MARTINEZ, Marcos	03	27.48	30.69	31.82	32.13	2:02.12



Prueba 36, Masc., 4 x 200m Libre, Absoluto Masculino

Clasificación				Tiempo	ABSO	JUNI	
10.	A. D. FOGAR 1	A. D. FOGAR		8:13.48	14,00	-	
	FUENTEFRIA FERNANDEZ, Anxo	09	28.43	31.06	32.73	31.70	2:03.92
	RIVAS TORRES, Paulo	08	28.34	32.21	32.85	29.77	2:03.17
	GUITIAN LOPEZ, Xabier	05	28.43	31.66	32.44	33.10	2:05.63
	SOUTO RAMOS, Manuel	07	27.08	30.41	31.43	31.84	2:00.76
11.	C. N. ARZUA 1	C. N. ARZUA		8:21.93	12,00	-	
	LAZIEIEV NEMERSKIY, Aleksandr	09	28.47	31.36	32.76	33.49	2:06.08
	LOPEZ VARELA, Anton	09	28.18	32.69	33.42	32.93	2:07.22
	CARRIL FERNANDEZ, Nicolas	09	27.68	31.62	33.61	33.13	2:06.04
	LEVCHENKO, Nikita	08	26.70	30.55	34.01	31.33	2:02.59
12.	RCN VIGO 1	RCN VIGO		8:22.27	10,00	-	
	ÁLVAREZ VÁZQUEZ, Gael	07	28.88	31.75	33.13	32.52	2:06.28
	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	26.65	30.86	33.99	35.54	2:07.04
	INFESTAS CARAZO, Samuel	03	27.36	30.43	31.77	32.54	2:02.10
	OUBIÑA SÁNCHEZ, Pedro	07	28.55	31.72	33.13	33.45	2:06.85
13.	C. N. CULLEREDO 1	C. N. CULLEREDO		8:29.72	8,00	-	
	RODA MARQUEZ, Joao Victor	07	28.19	31.47	32.30	32.47	2:04.43
	CHACON ALVAREZ, Alejandro	05	27.96	31.60	34.21	35.62	2:09.39
	ARIAS GONZALEZ, Hector	05	30.73	33.82	35.18	34.39	2:14.12
	SOBRINO BUJIA, Mateo	06	27.24	30.24	31.97	32.33	2:01.78
14.	SPORTING CASINO 1	SPORTING CASINO		8:34.43	6,00	-	
	PENAS CAYADO, Fernando	09	28.02	31.38	32.51	32.43	2:04.34
	SUAREZ MARTINEZ, Diego	08	27.00	30.03	31.23	31.55	1:59.81
	GERVENO PRADA, Luis	09	30.66	35.02	35.69	36.48	2:17.85
	SOBRINO NOGALES, Sebastian	08	29.84	33.14	34.47	34.98	2:12.43
Baja	A. DEP. NT. NARON 1	A. DEP. NT. NARON			-	-	



Prueba 37
30/12/2023 - 18:15

Masc., 50m Espalda

Absoluto Masculino
Resultados Final

RG	24.35	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013
RC	24.35	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013

Clasificación	AN	Tiempo	ABSO	JUNI
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Final A

1.	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	26.27	19,00	-
2.	ORECHIA, Agustín	06	CIDADE SANTIAGO	26.45	16,00	-
3.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	26.64	14,00	-
4.	ARIAS FRANCO, Odei	06	C. N. MONFORTE	27.11	13,00	-
5.	CARNEIRO VIQUEIRA, Xabier	00	C. N. PANAS	27.27	12,00	-
DSQ	PONTON RODRIGUEZ, Javier <i>descalificado</i>	05	C. N. MONFORTE		11,00	-

Final B

7.	SUAREZ MARTINEZ, Diego	08	SPORTING CASINO	27.13	10,00	-
8.	PEREZ TIERRA, Ismael	02	C. N. MONFORTE	27.46	-	-
9.	ARES BARRAL, Anton	00	C. N. PANAS	27.51	9,00	-
10.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	27.57	8,00	-
11.	REY PITA, Simon	04	A. D. FOGAR	27.60	7,00	-
12.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	28.07	6,00	-



Prueba 37
30/12/2023 - 9:30

Masc., 50m Espalda

Absoluto Masculino
Resultados Prelim

RG	24.35	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013
RC	24.35	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Masculino					
1.	06	ORECHIA, Agustín	27.15	- 19,00	A
2.	06	ARIAS FRANCO, Odei	27.38	- 16,00	A
3.	08	SUAREZ MARTINEZ, Diego	27.66	- 14,00	B
4.	06	TEIJEIRO PRADO, Xoel	27.71	- 13,00	B
5.	07	CARBALLO RODRIGUEZ, Enrique	27.74	5,00	12,00
6.	06	VARELA PASANDÍN, Manuel	28.08	2,00	11,00
7.	07	SOUTO VILAS, Jorge	28.37	- 10,00	
8.	07	GUNCHE BARREIRO, Paulo	28.39	- 9,00	
9.	07	ÁLVAREZ VÁZQUEZ, Gael	28.90	- 8,00	
10.	06	PAZ RODRIGUEZ, Aritz	28.99	- 7,00	
11.	06	REY MUNIN, Tomas	29.06	- 6,00	
12.	07	GONZALEZ ESTEVEZ, Yoel	29.23	- 5,00	
13.	07	BASADRE GARCIA, Enrique	29.40	- 4,00	
14.	07	PAZOS IGLESIAS, André	29.59	- 3,00	
15.	07	PIÑEIRO RODRIGUEZ, Samuel	29.79	- 2,00	
16.	07	MONTOTO SUAREZ, Pablo	30.24	- 1,00	
17.	08	ALCALDE MAHIA, Jun Bin	30.39	-	-
18.	08	PALLIN BUJAN, Hector	30.50	-	-
19.	07	DE SAN JUAN GARCIA, Nicolas	30.81	-	-
20.	08	MENDEZ-BENEGASSI FDEZ., Adrian	31.00	-	-
21.	07	RABANAL FREIRE, German	31.22	-	-
22.	08	PRIETO ALVITE, Diego	32.09	-	-
23.	06	DIAZ LOPEZ, Mateo	32.20	-	-
24.	08	RODRIGUEZ ARIAS, Jacobo	32.58	-	-
25.	08	AMOEDO CABALEIRO, Jorge	33.64	-	-

Absoluto Masculino

1.	98	SANCHEZ LOUZAN, Daniel	26.62	-	- A
2.	06	ORECHIA, Agustín	27.15	- 19,00	A
3.	00	CARNEIRO VIQUEIRA, Xabier	27.27	-	- A
4.	02	ABELEIRA ALVAREZ, Carlos	27.36	-	- A
5.	06	ARIAS FRANCO, Odei	27.38	- 16,00	A
	05	PONTON RODRIGUEZ, Javier	27.38	-	- A
7.	02	PEREZ TIERRA, Ismael	27.44	-	- B
8.	00	ARES BARRAL, Anton	27.61	-	- B
9.	04	SANCHEZ VAZQUEZ, Antonio	27.65	-	- B
10.	08	SUAREZ MARTINEZ, Diego	27.66	- 14,00	B
11.	06	TEIJEIRO PRADO, Xoel	27.71	- 13,00	B
12.	04	REY PITA, Simon	27.72	-	- B



Prueba 37, Masc., 50m Espalda, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
13.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	27.74	5,00	12,00
14.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	27.81	3,50	-
	RODRIGUEZ PENA, Alejandro	92	RCN VIGO	27.81	3,50	-
16.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	28.08	2,00	11,00
17.	LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL	28.27	1,00	-
18.	SOUTO VILAS, Jorge	07	A. D. FOGAR	28.37	-	10,00
19.	GUNCHE BARREIRO, Paulo	07	C. N. REDONDELA	28.39	-	9,00
20.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	28.44	-	-
21.	RIVAS PEREIRA, Jorge	97	C. N. PANAS	28.53	-	-
22.	RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	28.67	-	-
23.	ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO	28.90	-	8,00
24.	PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE	28.99	-	7,00
25.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	29.06	-	6,00
26.	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	29.23	-	5,00
27.	QUIROGA RAMOS, Noel	00	PABELLON OURENSE	29.34	-	-
28.	BASADRE GARCIA, Enrique	07	C. N. PORTAMIÑA	29.40	-	4,00
29.	PAZOS IGLESIAS, André	07	RCN VIGO	29.59	-	3,00
30.	ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO	29.75	-	-
31.	PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	29.79	-	2,00
32.	NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	30.09	-	-
33.	MONTOTO SUAREZ, Pablo	07	C. N. Ordes	30.24	-	1,00
34.	ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	30.39	-	-
35.	PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO	30.50	-	-
36.	DE SAN JUAN GARCIA, Nicolas	07	C. N. PORTAMIÑA	30.81	-	-
37.	MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO	31.00	-	-
38.	GAYOSO VAZQUEZ, David	00	C. N. PORTAMIÑA	31.10	-	-
39.	RABANAL FREIRE, German	07	C. N. PORTAMIÑA	31.22	-	-
40.	PRIETO ALVITE, Diego	08	C. N. ARTEIXO	32.09	-	-
41.	DIAZ LOPEZ, Mateo	06	C. N. XOVE	32.20	-	-
42.	RODRIGUEZ ARIAS, Jacobo	08	PABELLON OURENSE	32.58	-	-
43.	AMOEDO CABALEIRO, Jorge	08	C. N. REDONDELA	33.64	-	-
44.	CASTRO PRADO (SB3) (S4), Marcos	04	C. N. GALAICO	1:41.36	-	-



Prueba 38
30/12/2023 - 18:20

Fem., 50m Espalda

Absoluto Femenino
Resultados Final

RG	28.61	, RODIÑO MAQUIEIRA, NEREA	GALAICO	19/12/2008
RC	29.10	, RODIÑO MAQUIEIRA, NEREA	GALAICO	27/12/2008

Clasificación AN Tiempo ABSO JUNI

Final A

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	29.16	19,00	-
2.	SOLER LOMBA, Rosalía	00	RCN VIGO	29.94	16,00	-
3.	LEMOS FERNANDEZ, Iria	06	C. N. PONTEAREAS	30.82	14,00	-
4.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	31.11	13,00	-
5.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	31.16	12,00	-
6.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	31.67	11,00	-

Final B

7.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	30.89	10,00	-
8.	CAMBA PRADA, Alexia	05	PABELLON OURENSE	31.38	9,00	-
9.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	31.39	8,00	-
10.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	31.82	-	-
11.	GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS	32.34	7,00	-
12.	SUAREZ RIPOLL, Lia	07	CIDADE SANTIAGO	32.63	6,00	-



Prueba 38
30/12/2023 - 9:42

Fem., 50m Espalda

Absoluto Femenino
Resultados Prelim

RG	28.61	, RODIÑO MAQUIEIRA, NEREA	GALAICO	19/12/2008
RC	29.10	, RODIÑO MAQUIEIRA, NEREA	GALAICO	27/12/2008

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Femenino					
1.	08	SPORTING CASINO	31.01	- 19,00	A
2.	06	C. N. PONTEAREAS	31.04	- 16,00	A
3.	06	C. N. PONTEAREAS	31.68	- 14,00	A
4.	06	C. N. PONTEAREAS	32.09	-	B
	06	VIGO RIAS BAIXAS	32.09	- 13,00	B
6.	07	CIDADE SANTIAGO	32.41	- 12,00	B
7.	06	C. FLUVIAL LUGO	34.04	- 11,00	
8.	08	C. N. PORTAMIÑA	34.40	- 10,00	
9.	07	C. N. PORTAMIÑA	34.52	- 9,00	
10.	07	C. N. ARTEIXO	34.55	- 8,00	
11.	07	C. N. GALAICO	34.56	- 7,00	
12.	07	C. N. PORTAMIÑA	34.73	-	
13.	08	PABELLON OURENSE	34.82	- 6,00	
14.	08	C. N. CORUÑA	34.88	- 5,00	
15.	07	C. N. GALAICO	35.15	- 4,00	
16.	07	C. MARINA FERROL	35.21	- 3,00	
17.	08	VIGO RIAS BAIXAS	35.33	- 2,00	
18.	08	CIDADE SANTIAGO	35.36	- 1,00	
19.	06	A. D. FOGAR	35.43	-	
DSQ	08	C. N. MOS		-	
		<i>Salida anticipada</i>			

Absoluto Femenino

1.	04	C. FLUVIAL LUGO	29.34	-	- A
2.	00	RCN VIGO	30.33	-	- A
3.	08	SPORTING CASINO	31.01	- 19,00	A
4.	06	C. N. PONTEAREAS	31.04	- 16,00	A
5.	04	RCN VIGO	31.23	-	A
6.	06	C. N. PONTEAREAS	31.68	- 14,00	A
7.	10	C. N. PORTAMIÑA	31.87	-	B
8.	05	PABELLON OURENSE	31.91	-	B
9.	06	C. N. PONTEAREAS	32.09	-	B
	06	VIGO RIAS BAIXAS	32.09	- 13,00	B
11.	09	VIGO RIAS BAIXAS	32.19	-	B
12.	07	CIDADE SANTIAGO	32.41	- 12,00	B
13.	10	PABELLON OURENSE	32.47	5,00	-
14.	96	PABELLON OURENSE	32.55	-	-
15.	03	A. DEP. NT. NARON	32.67	4,00	-
16.	00	C. N. MONFORTE	32.87	3,00	-



Prueba 38, Fem., 50m Espalda, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI	
17.	GIL GARNACHO, Carlota	09	SPORTING CASINO	33.06	2,00	-
18.	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	33.23	1,00	-
19.	CHANS FANEGO, Paula	03	C. N. FERROL	33.39	-	-
20.	CARRIL GONZALEZ, Eva	02	PABELLON OURENSE	33.47	-	-
21.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	33.58	-	-
22.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	33.81	-	-
23.	CABANAS DEL RIO, Carla	09	SPORTING CASINO	33.87	-	-
24.	PARDO PIÑEIRO, María	06	C. FLUVIAL LUGO	34.04	-	11,00
25.	GUIRADO AGRA, Sofia	09	C. N. CULLEREDO	34.30	-	-
26.	CARRASCO DE CASTRO, Marina	10	C. MARINA FERROL	34.31	-	-
27.	SALVANTE LAGO, Ainhoa	03	C. N. FERROL	34.32	-	-
28.	CORTIÑAS LAIÑO, Carla	05	CIDADE SANTIAGO	34.35	-	-
29.	ROIS PRADO, Marta	08	C. N. PORTAMIÑA	34.40	-	10,00
30.	PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	34.52	-	9,00
31.	LEMA SIMAL, Nuria	07	C. N. ARTEIXO	34.55	-	8,00
32.	MELLID LOSADA, Anxela	07	C. N. GALAICO	34.56	-	7,00
33.	LÓPEZ ÁLVAREZ, Arsú	02	RCN VIGO	34.58	-	-
34.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	34.73	-	-
35.	BLANCO MENDEZ, Claudia	08	PABELLON OURENSE	34.82	-	6,00
36.	VILLAR ARCEO, Iria	08	C. N. CORUÑA	34.88	-	5,00
37.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	35.15	-	4,00
38.	CARRASCO DE CASTRO, Ana	07	C. MARINA FERROL	35.21	-	3,00
39.	NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS	35.33	-	2,00
40.	ALONSO GARCÍA, María	08	CIDADE SANTIAGO	35.36	-	1,00
41.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	35.43	-	-
DSQ	MARTINEZ OTERO, Eva	08	C. N. MOS		-	-

Salida anticipada



Prueba 39
30/12/2023 - 9:52

Masc., 400m Estilos

Absoluto Masculino
Resultados

RG	4:14.90	, MENDEZ PUGA MARIO	RBAIXAS	16/12/2022
RC	4:17.48	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	05/01/2021

Clasificación	AN	Tempo	ABSO	JUNI
Junior Masculino				
1. NAVARRO LOSADA, Sergi	07	C. N. FERROL 4:33.91	16,00	19,00
50m: 28.65 28.65 150m: 1:35.89 33.88 250m: 2:49.87 41.13 350m: 4:03.21 31.61				
100m: 1:02.01 33.36 200m: 2:08.74 32.85 300m: 3:31.60 41.73 400m: 4:33.91 30.70				
2. MERZLYAKOV KOSTOMAROV, Mikhaïl	07	PABELLON OURENSE 4:50.95	-	16,00
50m: 29.90 29.90 150m: 1:41.31 35.44 250m: 2:59.54 43.15 350m: 4:18.68 34.81				
100m: 1:05.87 35.97 200m: 2:16.39 35.08 300m: 3:43.87 44.33 400m: 4:50.95 32.27				
3. VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO 4:57.28	7,00	14,00
50m: 29.63 29.63 150m: 1:44.64 40.26 250m: 3:05.39 42.48 350m: 4:23.94 35.39				
100m: 1:04.38 34.75 200m: 2:22.91 38.27 300m: 3:48.55 43.16 400m: 4:57.28 33.34				
4. GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA 4:58.23	6,00	13,00
50m: 30.78 30.78 150m: 1:44.95 38.96 250m: 3:07.06 44.10 350m: 4:26.50 34.97				
100m: 1:05.99 35.21 200m: 2:22.96 38.01 300m: 3:51.53 44.47 400m: 4:58.23 31.73				
5. FRAGA VISOS, Teo	08	CIDADE SANTIAGO 5:02.50	-	12,00
50m: 32.53 32.53 150m: 1:48.82 38.99 250m: 3:10.26 43.15 350m: 4:29.03 35.16				
100m: 1:09.83 37.30 200m: 2:27.11 38.29 300m: 3:53.87 43.61 400m: 5:02.50 33.47				
6. ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO 5:07.26	-	11,00
50m: 32.69 32.69 150m: 1:48.91 38.21 250m: 3:12.06 44.84 350m: 4:32.82 34.39				
100m: 1:10.70 38.01 200m: 2:27.22 38.31 300m: 3:58.43 46.37 400m: 5:07.26 34.44				
7. DÍAZ RODAS, Aarón	07	C. N. ARTEIXO 5:10.04	-	10,00
50m: 30.62 30.62 150m: 1:46.79 40.51 250m: 3:10.22 43.44 350m: 4:33.71 37.91				
100m: 1:06.28 35.66 200m: 2:26.78 39.99 300m: 3:55.80 45.58 400m: 5:10.04 36.33				
8. DÍAZ DOMÍNGUEZ, Ricardo	07	C. N. ARTEIXO 5:15.78	-	-
50m: 33.31 33.31 150m: 1:52.50 42.06 250m: 3:19.43 45.95 350m: 4:40.75 36.27				
100m: 1:10.44 37.13 200m: 2:33.48 40.98 300m: 4:04.48 45.05 400m: 5:15.78 35.03				
9. CADAVID RIBEIRO, Tiziano	08	PABELLON OURENSE 5:17.66	-	9,00
50m: 32.97 32.97 150m: 1:53.96 42.39 250m: 3:18.08 43.40 350m: 4:40.78 38.42				
100m: 1:11.57 38.60 200m: 2:34.68 40.72 300m: 4:02.36 44.28 400m: 5:17.66 36.88				
10. LONGUEIRA GILDA, Martín	07	C. Del Mar De San Amos 5:19.60	-	8,00
50m: 33.38 33.38 150m: 1:53.71 40.02 250m: 3:20.50 48.26 350m: 4:45.48 36.12				
100m: 1:13.69 40.31 200m: 2:32.24 38.53 300m: 4:09.36 48.86 400m: 5:19.60 34.12				

Absoluto Masculino

1. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO 4:31.43	19,00	-
50m: 28.43 28.43 150m: 1:35.85 34.52 250m: 2:49.58 39.99 350m: 4:01.58 31.60				
100m: 1:01.33 32.90 200m: 2:09.59 33.74 300m: 3:29.98 40.40 400m: 4:31.43 29.85				
2. NAVARRO LOSADA, Sergi	07	C. N. FERROL 4:33.91	16,00	19,00
50m: 28.65 28.65 150m: 1:35.89 33.88 250m: 2:49.87 41.13 350m: 4:03.21 31.61				
100m: 1:02.01 33.36 200m: 2:08.74 32.85 300m: 3:31.60 41.73 400m: 4:33.91 30.70				



Prueba 39, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN	Tempo	ABSO	JUNI
3. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS 4:41.34	14,00	-
50m: 30.23 30.23 150m: 1:41.96 37.31 250m: 2:57.57 39.31 350m: 4:09.66 33.03		36.30 300m: 3:36.63 39.06 400m: 4:41.34 31.68		
100m: 1:04.65 34.42 200m: 2:18.26				
4. QUIROGA RAMOS, Yago	05	PABELLON OURENSE 4:46.68	13,00	-
50m: 29.72 29.72 150m: 1:39.85 36.29 250m: 2:57.51 42.91 350m: 4:14.36 33.40		36.29 300m: 3:40.96 43.45 400m: 4:46.68 32.32		
100m: 1:03.56 33.84 200m: 2:14.60				
5. LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE 4:48.26	12,00	-
50m: 29.93 29.93 150m: 1:42.19 37.45 250m: 3:00.93 42.49 350m: 4:16.47 32.70		36.25 300m: 3:43.77 42.84 400m: 4:48.26 31.79		
100m: 1:04.74 34.81 200m: 2:18.44				
6. PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS 4:50.55	11,00	-
50m: 31.27 31.27 150m: 1:43.26 36.67 250m: 3:01.38 41.46 350m: 4:17.70 33.75		36.66 300m: 3:43.95 42.57 400m: 4:50.55 32.85		
100m: 1:06.59 35.32 200m: 2:19.92				
7. MERZLYAKOV KOSTOMAROV, Mikhaïl	07	PABELLON OURENSE 4:50.95	-	16,00
50m: 29.90 29.90 150m: 1:41.31 35.44 250m: 2:59.54 43.15 350m: 4:18.68 34.81		35.08 300m: 3:43.87 44.33 400m: 4:50.95 32.27		
100m: 1:05.87 35.97 200m: 2:16.39				
8. TIMIRAOIS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA 4:51.57	10,00	-
50m: 31.29 31.29 150m: 1:45.22 38.37 250m: 3:03.17 40.47 350m: 4:19.26 34.28		37.48 300m: 3:44.98 41.81 400m: 4:51.57 32.31		
100m: 1:06.85 35.56 200m: 2:22.70				
9. FUENTEFRÍA FERNANDEZ, Anxo	09	A. D. FOGAR 4:53.41	9,00	-
50m: 31.20 31.20 150m: 1:46.55 39.09 250m: 3:04.41 40.17 350m: 4:20.86 36.06		37.69 300m: 3:44.80 40.39 400m: 4:53.41 32.55		
100m: 1:07.46 36.26 200m: 2:24.24				
10. MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS 4:56.34	8,00	-
50m: 30.64 30.64 150m: 1:44.14 38.31 250m: 3:03.33 41.98 350m: 4:22.63 34.82		37.21 300m: 3:47.81 44.48 400m: 4:56.34 33.71		
100m: 1:05.83 35.19 200m: 2:21.35				
11. VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO 4:57.28	7,00	14,00
50m: 29.63 29.63 150m: 1:44.64 40.26 250m: 3:05.39 42.48 350m: 4:23.94 35.39		38.27 300m: 3:48.55 43.16 400m: 4:57.28 33.34		
100m: 1:04.38 34.75 200m: 2:22.91				
12. PEREZ PAZ, Dario	05	C. N. PONTEAREAS 4:58.00	-	-
50m: 31.00 31.00 150m: 1:47.71 39.63 250m: 3:08.86 42.96 350m: 4:26.87 34.66		38.19 300m: 3:52.21 43.35 400m: 4:58.00 31.13		
100m: 1:08.08 37.08 200m: 2:25.90				
13. GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA 4:58.23	6,00	13,00
50m: 30.78 30.78 150m: 1:44.95 38.96 250m: 3:07.06 44.10 350m: 4:26.50 34.97		38.01 300m: 3:51.53 44.47 400m: 4:58.23 31.73		
100m: 1:05.99 35.21 200m: 2:22.96				
14. GARRIDO BRUN, Jacobo	02	C. N. PANAS 5:01.37	-	-
50m: 31.21 31.21 150m: 1:47.24 40.57 250m: 3:11.76 45.87 350m: 4:29.77 32.48		38.65 300m: 3:57.29 45.53 400m: 5:01.37 31.60		
100m: 1:06.67 35.46 200m: 2:25.89				
15. FRAGA VISOS, Teo	08	CIDADE SANTIAGO 5:02.50	-	12,00
50m: 32.53 32.53 150m: 1:48.82 38.99 250m: 3:10.26 43.15 350m: 4:29.03 35.16		38.29 300m: 3:53.87 43.61 400m: 5:02.50 33.47		
100m: 1:09.83 37.30 200m: 2:27.11				
16. PENAS CAYADO, Fernando	09	SPORTING CASINO 5:06.90	-	-
50m: 32.27 32.27 150m: 1:48.77 38.89 250m: 3:11.23 44.48 350m: 4:31.95 35.34		37.98 300m: 3:56.61 45.38 400m: 5:06.90 34.95		
100m: 1:09.88 37.61 200m: 2:26.75				
17. ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO 5:07.26	-	11,00
50m: 32.69 32.69 150m: 1:48.91 38.21 250m: 3:12.06 44.84 350m: 4:32.82 34.39		38.31 300m: 3:58.43 46.37 400m: 5:07.26 34.44		
100m: 1:10.70 38.01 200m: 2:27.22				



Prueba 39, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
18. DÍAZ RODAS, Aarón	07	C. N. ARTEIXO	5:10.04	-	10,00	
50m: 30.62 30.62	150m: 1:46.79	40.51	250m: 3:10.22	43.44	350m: 4:33.71	37.91
100m: 1:06.28 35.66	200m: 2:26.78	39.99	300m: 3:55.80	45.58	400m: 5:10.04	36.33
19. DÍAZ DOMÍNGUEZ, Ricardo	07	C. N. ARTEIXO	5:15.78	-	-	
50m: 33.31 33.31	150m: 1:52.50	42.06	250m: 3:19.43	45.95	350m: 4:40.75	36.27
100m: 1:10.44 37.13	200m: 2:33.48	40.98	300m: 4:04.48	45.05	400m: 5:15.78	35.03
20. CADAVID RIBEIRO, Tiziano	08	PABELLON OURENSE	5:17.66	-	9,00	
50m: 32.97 32.97	150m: 1:53.96	42.39	250m: 3:18.08	43.40	350m: 4:40.78	38.42
100m: 1:11.57 38.60	200m: 2:34.68	40.72	300m: 4:02.36	44.28	400m: 5:17.66	36.88
21. LONGUEIRA GILDA, Martín	07	C. Del Mar De San Am	5:19.60	-	8,00	
50m: 33.38 33.38	150m: 1:53.71	40.02	250m: 3:20.50	48.26	350m: 4:45.48	36.12
100m: 1:13.69 40.31	200m: 2:32.24	38.53	300m: 4:09.36	48.86	400m: 5:19.60	34.12



Prueba 40
30/12/2023 - 10:10

Fem., 400m Estilos

Absoluto Femenino
Resultados

RG	4:31.65	, GOMEZ CORTES, BEATRIZ	GALAICO	15/12/2013
RC	4:37.89	, VILAS VIDAL, MARIA	RIVEIRA	30/12/2012

Clasificación	AN		Tiempo		ABSO	JUNI		
Junior Femenino								
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	4:55.78	19,00	19,00		
	50m: 32.11 32.11	150m: 1:47.37	39.26	250m: 3:04.66	40.21	350m: 4:22.63	36.52	
	100m: 1:08.11 36.00	200m: 2:24.45	37.08	300m: 3:46.11	41.45	400m: 4:55.78	33.15	
2.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	5:06.55	13,00	16,00		
	50m: 33.49 33.49	150m: 1:52.64	40.91	250m: 3:13.77	42.38	350m: 4:32.06	35.56	
	100m: 1:11.73 38.24	200m: 2:31.39	38.75	300m: 3:56.50	42.73	400m: 5:06.55	34.49	
3.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	5:25.38	-	14,00		
	50m: 35.28 35.28	150m: 1:57.75	42.47	250m: 3:24.40	45.66	350m: 4:49.28	38.06	
	100m: 1:15.28 40.00	200m: 2:38.74	40.99	300m: 4:11.22	46.82	400m: 5:25.38	36.10	
4.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	5:27.38	10,00	13,00		
	50m: 34.03 34.03	150m: 1:57.70	43.73	250m: 3:26.76	46.27	350m: 4:51.22	37.17	
	100m: 1:13.97 39.94	200m: 2:40.49	42.79	300m: 4:14.05	47.29	400m: 5:27.38	36.16	
5.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	5:30.81	-	12,00		
	50m: 33.60 33.60	150m: 1:57.51	45.56	250m: 3:28.94	46.91	350m: 4:55.02	38.19	
	100m: 1:11.95 38.35	200m: 2:42.03	44.52	300m: 4:16.83	47.89	400m: 5:30.81	35.79	
6.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	5:30.92	-	11,00		
	50m: 34.43 34.43	150m: 1:57.42	42.51	250m: 3:28.13	49.83	350m: 4:56.10	37.04	
	100m: 1:14.91 40.48	200m: 2:38.30	40.88	300m: 4:19.06	50.93	400m: 5:30.92	34.82	
7.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	5:33.08	-	10,00		
	50m: 35.84 35.84	150m: 2:00.39	42.70	250m: 3:28.54	48.16	350m: 4:56.41	38.85	
	100m: 1:17.69 41.85	200m: 2:40.38	39.99	300m: 4:17.56	49.02	400m: 5:33.08	36.67	
8.	PIÑEIRO FERNANDEZ, Antia	08	RCN VIGO	5:41.62	-	9,00		
	50m: 37.18 37.18	150m: 2:05.07	43.89	250m: 3:36.04	47.80	350m: 5:03.71	39.25	
	100m: 1:21.18 44.00	200m: 2:48.24	43.17	300m: 4:24.46	48.42	400m: 5:41.62	37.91	

Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	4:55.78	19,00	19,00		
	50m: 32.11 32.11	150m: 1:47.37	39.26	250m: 3:04.66	40.21	350m: 4:22.63	36.52	
	100m: 1:08.11 36.00	200m: 2:24.45	37.08	300m: 3:46.11	41.45	400m: 4:55.78	33.15	
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	5:03.05	16,00	-		
	50m: 31.32 31.32	150m: 1:46.69	39.41	250m: 3:08.58	42.85	350m: 4:28.48	36.40	
	100m: 1:07.28 35.96	200m: 2:25.73	39.04	300m: 3:52.08	43.50	400m: 5:03.05	34.57	
3.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	5:03.90	14,00	-		
	50m: 32.97 32.97	150m: 1:49.92	40.02	250m: 3:12.17	43.68	350m: 4:30.59	35.04	
	100m: 1:09.90 36.93	200m: 2:28.49	38.57	300m: 3:55.55	43.38	400m: 5:03.90	33.31	
4.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	5:06.55	13,00	16,00		
	50m: 33.49 33.49	150m: 1:52.64	40.91	250m: 3:13.77	42.38	350m: 4:32.06	35.56	
	100m: 1:11.73 38.24	200m: 2:31.39	38.75	300m: 3:56.50	42.73	400m: 5:06.55	34.49	



Prueba 40, Fem., 400m Estilos, Absoluto Femenino

Clasificación			AN				Tempo	ABSO	JUNI			
5.	FARO MARTINEZ, Carla		03	C. N. PONTEAREAS			5:10.50	12,00	-			
	50m:	31.93	31.93	150m:	1:48.62	40.83	250m:	3:13.15	43.50	350m:	4:34.83	37.48
	100m:	1:07.79	35.86	200m:	2:29.65	41.03	300m:	3:57.35	44.20	400m:	5:10.50	35.67
6.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO			5:18.04	11,00	-			
	50m:	32.36	32.36	150m:	1:48.23	39.42	250m:	3:16.68	49.29	350m:	4:42.35	36.66
	100m:	1:08.81	36.45	200m:	2:27.39	39.16	300m:	4:05.69	49.01	400m:	5:18.04	35.69
7.	ESTEVEZ MONTES, Naroa		08	C. N. PONTEAREAS			5:25.38	-	14,00			
	50m:	35.28	35.28	150m:	1:57.75	42.47	250m:	3:24.40	45.66	350m:	4:49.28	38.06
	100m:	1:15.28	40.00	200m:	2:38.74	40.99	300m:	4:11.22	46.82	400m:	5:25.38	36.10
8.	FARIÑA MARTINEZ, Paula		07	C. N. GALAICO			5:27.38	10,00	13,00			
	50m:	34.03	34.03	150m:	1:57.70	43.73	250m:	3:26.76	46.27	350m:	4:51.22	37.17
	100m:	1:13.97	39.94	200m:	2:40.49	42.79	300m:	4:14.05	47.29	400m:	5:27.38	36.16
9.	SUAREZ DOSIL, Claudia		07	C. N. ARTEIXO			5:30.81	-	12,00			
	50m:	33.60	33.60	150m:	1:57.51	45.56	250m:	3:28.94	46.91	350m:	4:55.02	38.19
	100m:	1:11.95	38.35	200m:	2:42.03	44.52	300m:	4:16.83	47.89	400m:	5:30.81	35.79
10.	DE LA FUENTE PINTOS, Nadia		07	C. N. GALAICO			5:30.92	-	11,00			
	50m:	34.43	34.43	150m:	1:57.42	42.51	250m:	3:28.13	49.83	350m:	4:56.10	37.04
	100m:	1:14.91	40.48	200m:	2:38.30	40.88	300m:	4:19.06	50.93	400m:	5:30.92	34.82
11.	ALVITE BERGARA, Nerea		99	C. N. ARTEIXO			5:31.39	-	-			
	50m:	34.77	34.77	150m:	1:58.85	44.91	250m:	3:27.88	46.65	350m:	4:54.31	38.91
	100m:	1:13.94	39.17	200m:	2:41.23	42.38	300m:	4:15.40	47.52	400m:	5:31.39	37.08
12.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO			5:33.08	-	10,00			
	50m:	35.84	35.84	150m:	2:00.39	42.70	250m:	3:28.54	48.16	350m:	4:56.41	38.85
	100m:	1:17.69	41.85	200m:	2:40.38	39.99	300m:	4:17.56	49.02	400m:	5:33.08	36.67
13.	REQUEJO FERNANDEZ, Irene		10	PABELLON OURENSE			5:34.02	-	-			
	50m:	36.49	36.49	150m:	2:01.48	41.28	250m:	3:30.43	49.63	350m:	4:57.69	37.57
	100m:	1:20.20	43.71	200m:	2:40.80	39.32	300m:	4:20.12	49.69	400m:	5:34.02	36.33
14.	PIÑEIRO FERNANDEZ, Antia		08	RCN VIGO			5:41.62	-	9,00			
	50m:	37.18	37.18	150m:	2:05.07	43.89	250m:	3:36.04	47.80	350m:	5:03.71	39.25
	100m:	1:21.18	44.00	200m:	2:48.24	43.17	300m:	4:24.46	48.42	400m:	5:41.62	37.91
15.	GIL GARNACHO, Carlota		09	SPORTING CASINO			5:41.84	-	-			
	50m:	36.20	36.20	150m:	2:03.57	43.21	250m:	3:35.95	50.30	350m:	5:03.92	39.17
	100m:	1:20.36	44.16	200m:	2:45.65	42.08	300m:	4:24.75	48.80	400m:	5:41.84	37.92



Prueba 41
30/12/2023 - 19:23

Masc., 800m Libre

Absoluto Masculino
Resultados

RG	7:55.49	MENDEZ PUGA, Mario	00765	Lugo FRIGSA P25 - Elec.	28/12/2023
RC	8:01.04	, DAVILA LUSTRES, MANUEL		RIVEIRA	30/12/2017

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Masculino

Rank	Name	Age	Club	Time	ABSO	JUNI
1.	MANEIROS PAZ, Mario	06	C. N. FERROL	8:28.17	-	-
	50m: 28.34 28.34	250m: 2:34.12	31.65	450m: 4:42.62	32.17	650m: 6:52.70 32.63
	100m: 59.18 30.84	300m: 3:06.16	32.04	500m: 5:14.79	32.17	700m: 7:25.33 32.63
	150m: 1:30.93 31.75	350m: 3:37.98	31.82	550m: 5:47.56	32.77	750m: 7:57.20 31.87
	200m: 2:02.47 31.54	400m: 4:10.45	32.47	600m: 6:20.07	32.51	800m: 8:28.17 30.97
2.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	8:31.49	-	-
	50m: 29.41 29.41	250m: 2:38.03	32.63	450m: 4:46.61	32.05	650m: 6:55.95 32.64
	100m: 1:00.92 31.51	300m: 3:10.35	32.32	500m: 5:18.63	32.02	700m: 7:28.94 32.99
	150m: 1:32.92 32.00	350m: 3:42.30	31.95	550m: 5:50.95	32.32	750m: 8:01.58 32.64
	200m: 2:05.40 32.48	400m: 4:14.56	32.26	600m: 6:23.31	32.36	800m: 8:31.49 29.91
3.	PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	8:34.56	-	-
	50m: 27.93 27.93	250m: 2:34.99	32.22	450m: 4:44.64	32.77	650m: 6:55.83 33.09
	100m: 58.99 31.06	300m: 3:07.01	32.02	500m: 5:17.23	32.59	700m: 7:29.38 33.55
	150m: 1:30.78 31.79	350m: 3:39.66	32.65	550m: 5:49.62	32.39	750m: 8:02.69 33.31
	200m: 2:02.77 31.99	400m: 4:11.87	32.21	600m: 6:22.74	33.12	800m: 8:34.56 31.87
4.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	8:49.56	-	-
	50m: 29.59 29.59	250m: 2:38.48	32.59	450m: 4:50.91	33.56	650m: 7:07.81 34.53
	100m: 1:01.11 31.52	300m: 3:11.19	32.71	500m: 5:25.10	34.19	700m: 7:42.17 34.36
	150m: 1:33.19 32.08	350m: 3:44.17	32.98	550m: 5:59.11	34.01	750m: 8:16.66 34.49
	200m: 2:05.89 32.70	400m: 4:17.35	33.18	600m: 6:33.28	34.17	800m: 8:49.56 32.90
5.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	8:53.48	-	-
	50m: 30.16 30.16	250m: 2:42.46	33.82	450m: 4:58.75	34.06	650m: 7:14.94 34.13
	100m: 1:02.49 32.33	300m: 3:16.62	34.16	500m: 5:32.69	33.94	700m: 7:49.19 34.25
	150m: 1:35.10 32.61	350m: 3:50.80	34.18	550m: 6:07.14	34.45	750m: 8:22.72 33.53
	200m: 2:08.64 33.54	400m: 4:24.69	33.89	600m: 6:40.81	33.67	800m: 8:53.48 30.76
6.	DIAZ RODRIGUEZ, Ivan	08	C. N. PORTAMIÑA	9:07.87	-	-
	50m: 30.37 30.37	250m: 2:46.16	34.33	450m: 5:05.57	35.34	650m: 7:25.66 34.70
	100m: 1:03.66 33.29	300m: 3:19.86	33.70	500m: 5:40.68	35.11	700m: 8:00.75 35.09
	150m: 1:37.97 34.31	350m: 3:55.12	35.26	550m: 6:15.74	35.06	750m: 8:35.47 34.72
	200m: 2:11.83 33.86	400m: 4:30.23	35.11	600m: 6:50.96	35.22	800m: 9:07.87 32.40
7.	DIAZ-BECERRA LOPEZ, Pedro	07	C. N. PORTAMIÑA	9:08.24	-	-
	50m: 30.32 30.32	250m: 2:46.23	34.74	450m: 5:06.26	34.93	650m: 7:26.72 35.15
	100m: 1:03.35 33.03	300m: 3:21.16	34.93	500m: 5:41.40	35.14	700m: 8:02.08 35.36
	150m: 1:37.04 33.69	350m: 3:56.12	34.96	550m: 6:16.42	35.02	750m: 8:35.96 33.88
	200m: 2:11.49 34.45	400m: 4:31.33	35.21	600m: 6:51.57	35.15	800m: 9:08.24 32.28
8.	GARCÍA AFONSO, Alexis	07	C. N. FERROL	9:09.76	-	-
	50m: 29.66 29.66	250m: 2:43.06	33.96	450m: 5:00.29	34.75	650m: 7:23.19 35.87
	100m: 1:02.03 32.37	300m: 3:17.26	34.20	500m: 5:35.04	34.75	700m: 7:59.45 36.26
	150m: 1:35.30 33.27	350m: 3:52.08	34.82	550m: 6:10.78	35.74	750m: 8:35.13 35.68
	200m: 2:09.10 33.80	400m: 4:25.54	33.46	600m: 6:47.32	36.54	800m: 9:09.76 34.63



Prueba 41, Masc., 800m Libre, Junior Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
9. GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	9:11.05	-	-	
50m: 30.83 30.83	250m: 2:49.05	35.13 450m: 5:09.25	34.70	650m: 7:28.80	34.87	
100m: 1:04.87 34.04	300m: 3:23.59	34.54 500m: 5:43.95	34.70	700m: 8:03.53	34.73	
150m: 1:40.03 35.16	350m: 3:59.17	35.58 550m: 6:18.71	34.76	750m: 8:37.89	34.36	
200m: 2:13.92 33.89	400m: 4:34.55	35.38 600m: 6:53.93	35.22	800m: 9:11.05	33.16	
10. PREGO GROBA, Brais	08	C. N. PONTEAREAS	9:16.64	-	-	
50m: 29.81 29.81	250m: 2:49.10	35.28 450m: 5:10.36	35.71	650m: 7:32.68	35.71	
100m: 1:03.84 34.03	300m: 3:24.19	35.09 500m: 5:46.11	35.75	700m: 8:08.00	35.32	
150m: 1:38.77 34.93	350m: 3:59.45	35.26 550m: 6:21.37	35.26	750m: 8:43.24	35.24	
200m: 2:13.82 35.05	400m: 4:34.65	35.20 600m: 6:56.97	35.60	800m: 9:16.64	33.40	
11. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	9:20.67	-	-	
50m: 31.16 31.16	250m: 2:50.20	35.28 450m: 5:14.20	36.39	650m: 7:36.84	35.18	
100m: 1:05.06 33.90	300m: 3:25.76	35.56 500m: 5:50.63	36.43	700m: 8:12.45	35.61	
150m: 1:39.88 34.82	350m: 4:01.41	35.65 550m: 6:26.37	35.74	750m: 8:47.72	35.27	
200m: 2:14.92 35.04	400m: 4:37.81	36.40 600m: 7:01.66	35.29	800m: 9:20.67	32.95	
12. ORTEGO PORTA, Andre	07	C. N. GALAICO	9:23.87	-	-	
50m: 30.80 30.80	250m: 2:51.18	35.37 450m: 5:14.74	35.85	650m: 7:37.82	36.00	
100m: 1:05.37 34.57	300m: 3:26.69	35.51 500m: 5:50.55	35.81	700m: 8:13.74	35.92	
150m: 1:40.37 35.00	350m: 4:02.62	35.93 550m: 6:26.09	35.54	750m: 8:49.44	35.70	
200m: 2:15.81 35.44	400m: 4:38.89	36.27 600m: 7:01.82	35.73	800m: 9:23.87	34.43	
13. SUBIRAN GOMEZ, Pedro	08	C. FLUVIAL LUGO	9:25.22	-	-	
50m: 30.23 30.23	250m: 2:49.93	35.91 450m: 5:14.81	36.25	650m: 7:37.17	34.90	
100m: 1:04.17 33.94	300m: 3:26.21	36.28 500m: 5:50.88	36.07	700m: 8:13.65	36.48	
150m: 1:38.79 34.62	350m: 4:02.35	36.14 550m: 6:27.01	36.13	750m: 8:50.17	36.52	
200m: 2:14.02 35.23	400m: 4:38.56	36.21 600m: 7:02.27	35.26	800m: 9:25.22	35.05	
14. LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	9:26.58	-	-	
50m: 30.46 30.46	250m: 2:50.21	35.19 450m: 5:14.63	36.71	650m: 7:39.22	36.29	
100m: 1:05.15 34.69	300m: 3:25.84	35.63 500m: 5:50.76	36.13	700m: 8:16.03	36.81	
150m: 1:39.91 34.76	350m: 4:01.62	35.78 550m: 6:26.70	35.94	750m: 8:52.05	36.02	
200m: 2:15.02 35.11	400m: 4:37.92	36.30 600m: 7:02.93	36.23	800m: 9:26.58	34.53	
15. SOBRINO NOGALES, Sebastian	08	SPORTING CASINO	9:32.14	-	-	
50m: 31.71 31.71	250m: 2:52.30	35.96 450m: 5:18.63	37.49	650m: 7:44.30	36.45	
100m: 1:06.51 34.80	300m: 3:28.85	36.55 500m: 5:54.41	35.78	700m: 8:21.09	36.79	
150m: 1:41.12 34.61	350m: 4:05.34	36.49 550m: 6:31.22	36.81	750m: 8:56.75	35.66	
200m: 2:16.34 35.22	400m: 4:41.14	35.80 600m: 7:07.85	36.63	800m: 9:32.14	35.39	
16. GARAIZABAL DE LA MONTAÑA, Carlo	07	C. Del Mar De San Am	9:39.29	-	-	
50m: 32.15 32.15	250m: 2:56.61	36.56 450m: 5:24.17	37.55	650m: 7:52.71	37.51	
100m: 1:07.63 35.48	300m: 3:33.32	36.71 500m: 6:01.46	37.29	700m: 8:29.13	36.42	
150m: 1:43.60 35.97	350m: 4:09.76	36.44 550m: 6:38.20	36.74	750m: 9:04.84	35.71	
200m: 2:20.05 36.45	400m: 4:46.62	36.86 600m: 7:15.20	37.00	800m: 9:39.29	34.45	



Prueba 41, Masc., 800m Libre

Absoluto Masculino

1. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	8:00.16	-	-	RC
50m: 27.58 27.58	250m: 2:29.08	30.54 450m: 4:30.09	30.10	650m: 6:31.17	30.26	
100m: 57.54 29.96	300m: 2:59.58	30.50 500m: 5:00.22	30.13	700m: 7:01.74	30.57	
150m: 1:27.95 30.41	350m: 3:29.90	30.32 550m: 5:30.44	30.22	750m: 7:32.05	30.31	
200m: 1:58.54 30.59	400m: 3:59.99	30.09 600m: 6:00.91	30.47	800m: 8:00.16	28.11	
2. MANEIRO PAZ, Mario	06	C. N. FERROL	8:28.17	-	-	
50m: 28.34 28.34	250m: 2:34.12	31.65 450m: 4:42.62	32.17	650m: 6:52.70	32.63	
100m: 59.18 30.84	300m: 3:06.16	32.04 500m: 5:14.79	32.17	700m: 7:25.33	32.63	
150m: 1:30.93 31.75	350m: 3:37.98	31.82 550m: 5:47.56	32.77	750m: 7:57.20	31.87	
200m: 2:02.47 31.54	400m: 4:10.45	32.47 600m: 6:20.07	32.51	800m: 8:28.17	30.97	
3. MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	8:31.49	-	-	
50m: 29.41 29.41	250m: 2:38.03	32.63 450m: 4:46.61	32.05	650m: 6:55.95	32.64	
100m: 1:00.92 31.51	300m: 3:10.35	32.32 500m: 5:18.63	32.02	700m: 7:28.94	32.99	
150m: 1:32.92 32.00	350m: 3:42.30	31.95 550m: 5:50.95	32.32	750m: 8:01.58	32.64	
200m: 2:05.40 32.48	400m: 4:14.56	32.26 600m: 6:23.31	32.36	800m: 8:31.49	29.91	
4. PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	8:34.56	-	-	
50m: 27.93 27.93	250m: 2:34.99	32.22 450m: 4:44.64	32.77	650m: 6:55.83	33.09	
100m: 58.99 31.06	300m: 3:07.01	32.02 500m: 5:17.23	32.59	700m: 7:29.38	33.55	
150m: 1:30.78 31.79	350m: 3:39.66	32.65 550m: 5:49.62	32.39	750m: 8:02.69	33.31	
200m: 2:02.77 31.99	400m: 4:11.87	32.21 600m: 6:22.74	33.12	800m: 8:34.56	31.87	
5. GARRIDO BRUN, Jacobo	02	C. N. PANAS	8:45.78	-	-	
50m: 29.54 29.54	250m: 2:41.70	33.30 450m: 4:54.91	33.08	650m: 7:07.80	33.21	
100m: 1:02.27 32.73	300m: 3:14.93	33.23 500m: 5:27.98	33.07	700m: 7:41.14	33.34	
150m: 1:35.28 33.01	350m: 3:48.30	33.37 550m: 6:01.28	33.30	750m: 8:14.24	33.10	
200m: 2:08.40 33.12	400m: 4:21.83	33.53 600m: 6:34.59	33.31	800m: 8:45.78	31.54	
6. ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	8:49.56	-	-	
50m: 29.59 29.59	250m: 2:38.48	32.59 450m: 4:50.91	33.56	650m: 7:07.81	34.53	
100m: 1:01.11 31.52	300m: 3:11.19	32.71 500m: 5:25.10	34.19	700m: 7:42.17	34.36	
150m: 1:33.19 32.08	350m: 3:44.17	32.98 550m: 5:59.11	34.01	750m: 8:16.66	34.49	
200m: 2:05.89 32.70	400m: 4:17.35	33.18 600m: 6:33.28	34.17	800m: 8:49.56	32.90	
7. INFESTAS CARAZO, Samuel	03	RCN VIGO	8:53.46	-	-	
50m: 30.30 30.30	250m: 2:43.03	33.43 450m: 4:59.90	33.39	650m: 7:14.69	34.04	
100m: 1:02.88 32.58	300m: 3:17.07	34.04 500m: 5:33.35	33.45	700m: 7:48.47	33.78	
150m: 1:35.71 32.83	350m: 3:51.75	34.68 550m: 6:07.20	33.85	750m: 8:21.35	32.88	
200m: 2:09.60 33.89	400m: 4:26.51	34.76 600m: 6:40.65	33.45	800m: 8:53.46	32.11	
8. GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	8:53.48	-	-	
50m: 30.16 30.16	250m: 2:42.46	33.82 450m: 4:58.75	34.06	650m: 7:14.94	34.13	
100m: 1:02.49 32.33	300m: 3:16.62	34.16 500m: 5:32.69	33.94	700m: 7:49.19	34.25	
150m: 1:35.10 32.61	350m: 3:50.80	34.18 550m: 6:07.14	34.45	750m: 8:22.72	33.53	
200m: 2:08.64 33.54	400m: 4:24.69	33.89 600m: 6:40.81	33.67	800m: 8:53.48	30.76	
9. TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	8:54.49	-	-	
50m: 30.29 30.29	250m: 2:44.76	34.11 450m: 5:00.12	33.66	650m: 7:15.53	33.92	
100m: 1:03.10 32.81	300m: 3:18.77	34.01 500m: 5:33.87	33.75	700m: 7:49.32	33.79	
150m: 1:36.75 33.65	350m: 3:52.61	33.84 550m: 6:07.80	33.93	750m: 8:23.00	33.68	
200m: 2:10.65 33.90	400m: 4:26.46	33.85 600m: 6:41.61	33.81	800m: 8:54.49	31.49	



Prueba 41, Masc., 800m Libre, Absoluto Masculino

Clasificación			AN			Tempo	ABSO	JUNI				
10.	GUTIERREZ MARIÑO, Santiago		02	PABELLON OURENSE		8:59.26	-	-				
	50m:	30.09	30.09	250m:	2:45.40	33.83	450m:	5:01.46	34.25	650m:	7:19.09	34.11
	100m:	1:03.72	33.63	300m:	3:18.76	33.36	500m:	5:35.79	34.33	700m:	7:52.65	33.56
	150m:	1:37.54	33.82	350m:	3:52.90	34.14	550m:	6:10.49	34.70	750m:	8:26.30	33.65
	200m:	2:11.57	34.03	400m:	4:27.21	34.31	600m:	6:44.98	34.49	800m:	8:59.26	32.96
11.	PEREZ PAZ, Dario		05	C. N. PONTEAREAS		9:03.14	-	-				
	50m:	29.88	29.88	250m:	2:45.56	34.09	450m:	5:03.49	34.57	650m:	7:21.53	34.43
	100m:	1:03.15	33.27	300m:	3:19.85	34.29	500m:	5:37.80	34.31	700m:	7:55.93	34.40
	150m:	1:37.28	34.13	350m:	3:54.41	34.56	550m:	6:12.19	34.39	750m:	8:30.25	34.32
	200m:	2:11.47	34.19	400m:	4:28.92	34.51	600m:	6:47.10	34.91	800m:	9:03.14	32.89
12.	DIAZ RODRIGUEZ, Ivan		08	C. N. PORTAMIÑA		9:07.87	-	-				
	50m:	30.37	30.37	250m:	2:46.16	34.33	450m:	5:05.57	35.34	650m:	7:25.66	34.70
	100m:	1:03.66	33.29	300m:	3:19.86	33.70	500m:	5:40.68	35.11	700m:	8:00.75	35.09
	150m:	1:37.97	34.31	350m:	3:55.12	35.26	550m:	6:15.74	35.06	750m:	8:35.47	34.72
	200m:	2:11.83	33.86	400m:	4:30.23	35.11	600m:	6:50.96	35.22	800m:	9:07.87	32.40
13.	DIAZ-BECERRA LOPEZ, Pedro		07	C. N. PORTAMIÑA		9:08.24	-	-				
	50m:	30.32	30.32	250m:	2:46.23	34.74	450m:	5:06.26	34.93	650m:	7:26.72	35.15
	100m:	1:03.35	33.03	300m:	3:21.16	34.93	500m:	5:41.40	35.14	700m:	8:02.08	35.36
	150m:	1:37.04	33.69	350m:	3:56.12	34.96	550m:	6:16.42	35.02	750m:	8:35.96	33.88
	200m:	2:11.49	34.45	400m:	4:31.33	35.21	600m:	6:51.57	35.15	800m:	9:08.24	32.28
14.	GARCÍA AFONSO, Alexis		07	C. N. FERROL		9:09.76	-	-				
	50m:	29.66	29.66	250m:	2:43.06	33.96	450m:	5:00.29	34.75	650m:	7:23.19	35.87
	100m:	1:02.03	32.37	300m:	3:17.26	34.20	500m:	5:35.04	34.75	700m:	7:59.45	36.26
	150m:	1:35.30	33.27	350m:	3:52.08	34.82	550m:	6:10.78	35.74	750m:	8:35.13	35.68
	200m:	2:09.10	33.80	400m:	4:25.54	33.46	600m:	6:47.32	36.54	800m:	9:09.76	34.63
15.	GIL-RIVERA BARBEITO, Pablo		06	A. D. FOGAR		9:11.05	-	-				
	50m:	30.83	30.83	250m:	2:49.05	35.13	450m:	5:09.25	34.70	650m:	7:28.80	34.87
	100m:	1:04.87	34.04	300m:	3:23.59	34.54	500m:	5:43.95	34.70	700m:	8:03.53	34.73
	150m:	1:40.03	35.16	350m:	3:59.17	35.58	550m:	6:18.71	34.76	750m:	8:37.89	34.36
	200m:	2:13.92	33.89	400m:	4:34.55	35.38	600m:	6:53.93	35.22	800m:	9:11.05	33.16
16.	COSTA FERNANDEZ, Lucas		98	C. N. PONTEAREAS		9:13.90	-	-				
	50m:	29.60	29.60	250m:	2:43.06	34.17	450m:	5:04.85	35.82	650m:	7:28.06	35.79
	100m:	1:01.79	32.19	300m:	3:17.90	34.84	500m:	5:40.22	35.37	700m:	8:04.22	36.16
	150m:	1:35.19	33.40	350m:	3:53.18	35.28	550m:	6:16.04	35.82	750m:	8:39.64	35.42
	200m:	2:08.89	33.70	400m:	4:29.03	35.85	600m:	6:52.27	36.23	800m:	9:13.90	34.26
17.	PREGO GROBA, Brais		08	C. N. PONTEAREAS		9:16.64	-	-				
	50m:	29.81	29.81	250m:	2:49.10	35.28	450m:	5:10.36	35.71	650m:	7:32.68	35.71
	100m:	1:03.84	34.03	300m:	3:24.19	35.09	500m:	5:46.11	35.75	700m:	8:08.00	35.32
	150m:	1:38.77	34.93	350m:	3:59.45	35.26	550m:	6:21.37	35.26	750m:	8:43.24	35.24
	200m:	2:13.82	35.05	400m:	4:34.65	35.20	600m:	6:56.97	35.60	800m:	9:16.64	33.40
18.	RIBÓ MIGUEL, Lucas		07	CIDADE SANTIAGO		9:20.67	-	-				
	50m:	31.16	31.16	250m:	2:50.20	35.28	450m:	5:14.20	36.39	650m:	7:36.84	35.18
	100m:	1:05.06	33.90	300m:	3:25.76	35.56	500m:	5:50.63	36.43	700m:	8:12.45	35.61
	150m:	1:39.88	34.82	350m:	4:01.41	35.65	550m:	6:26.37	35.74	750m:	8:47.72	35.27
	200m:	2:14.92	35.04	400m:	4:37.81	36.40	600m:	7:01.66	35.29	800m:	9:20.67	32.95



Prueba 41, Masc., 800m Libre, Absoluto Masculino

Clasificación			AN			Tiempo	ABSO	JUNI	
19.	ORTEGO PORTA, Andre		07	C. N. GALAICO		9:23.87	-	-	
	50m:	30.80 30.80	250m:	2:51.18 35.37	450m:	5:14.74 35.85	650m:	7:37.82 36.00	
	100m:	1:05.37 34.57	300m:	3:26.69 35.51	500m:	5:50.55 35.81	700m:	8:13.74 35.92	
	150m:	1:40.37 35.00	350m:	4:02.62 35.93	550m:	6:26.09 35.54	750m:	8:49.44 35.70	
	200m:	2:15.81 35.44	400m:	4:38.89 36.27	600m:	7:01.82 35.73	800m:	9:23.87 34.43	
20.	SUBIRAN GOMEZ, Pedro		08	C. FLUVIAL LUGO		9:25.22	-	-	
	50m:	30.23 30.23	250m:	2:49.93 35.91	450m:	5:14.81 36.25	650m:	7:37.17 34.90	
	100m:	1:04.17 33.94	300m:	3:26.21 36.28	500m:	5:50.88 36.07	700m:	8:13.65 36.48	
	150m:	1:38.79 34.62	350m:	4:02.35 36.14	550m:	6:27.01 36.13	750m:	8:50.17 36.52	
	200m:	2:14.02 35.23	400m:	4:38.56 36.21	600m:	7:02.27 35.26	800m:	9:25.22 35.05	
21.	LEIROS FERNANDEZ, Lucas		08	C. N. PONTEAREAS		9:26.58	-	-	
	50m:	30.46 30.46	250m:	2:50.21 35.19	450m:	5:14.63 36.71	650m:	7:39.22 36.29	
	100m:	1:05.15 34.69	300m:	3:25.84 35.63	500m:	5:50.76 36.13	700m:	8:16.03 36.81	
	150m:	1:39.91 34.76	350m:	4:01.62 35.78	550m:	6:26.70 35.94	750m:	8:52.05 36.02	
	200m:	2:15.02 35.11	400m:	4:37.92 36.30	600m:	7:02.93 36.23	800m:	9:26.58 34.53	
22.	SOBRINO NOGALES, Sebastian		08	SPORTING CASINO		9:32.14	-	-	
	50m:	31.71 31.71	250m:	2:52.30 35.96	450m:	5:18.63 37.49	650m:	7:44.30 36.45	
	100m:	1:06.51 34.80	300m:	3:28.85 36.55	500m:	5:54.41 35.78	700m:	8:21.09 36.79	
	150m:	1:41.12 34.61	350m:	4:05.34 36.49	550m:	6:31.22 36.81	750m:	8:56.75 35.66	
	200m:	2:16.34 35.22	400m:	4:41.14 35.80	600m:	7:07.85 36.63	800m:	9:32.14 35.39	
23.	GARAIZABAL DE LA MONTAÑA, Carlo		07	C. Del Mar De San Am		9:39.29	-	-	
	50m:	32.15 32.15	250m:	2:56.61 36.56	450m:	5:24.17 37.55	650m:	7:52.71 37.51	
	100m:	1:07.63 35.48	300m:	3:33.32 36.71	500m:	6:01.46 37.29	700m:	8:29.13 36.42	
	150m:	1:43.60 35.97	350m:	4:09.76 36.44	550m:	6:38.20 36.74	750m:	9:04.84 35.71	
	200m:	2:20.05 36.45	400m:	4:46.62 36.86	600m:	7:15.20 37.00	800m:	9:39.29 34.45	



Prueba 42
30/12/2023 - 18:33

Fem., 100m Braza

Absoluto Femenino
Resultados Final

RG	1:07.80	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	18/04/2009
RC	1:09.21	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/12/2011

Clasificación			AN		Tiempo	ABSO	JUNI
Final A							
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	1:10.16	19,00	-	MMG
	50m: 33.74 33.74	100m: 1:10.16	36.42				
2.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	1:11.91	16,00	-	
	50m: 34.51 34.51	100m: 1:11.91	37.40				
3.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:12.21	14,00	-	
	50m: 34.15 34.15	100m: 1:12.21	38.06				
4.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	1:17.64	13,00	-	
	50m: 36.58 36.58	100m: 1:17.64	41.06				
5.	GUDÍN PÉREZ, Andrea	10	C. N. MONFORTE	1:17.76	12,00	-	
	50m: 36.07 36.07	100m: 1:17.76	41.69				
6.	HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	1:18.16	11,00	-	
	50m: 37.17 37.17	100m: 1:18.16	40.99				
Final B							
7.	CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	1:18.39	10,00	-	
	50m: 36.99 36.99	100m: 1:18.39	41.40				
8.	LEIVAS ROCA, Candela	05	C. N. FERROL	1:18.50	9,00	-	
	50m: 36.72 36.72	100m: 1:18.50	41.78				
9.	PEREZ GARCIA-PICHER, Ana	98	RCN VIGO	1:18.53	8,00	-	
	50m: 37.35 37.35	100m: 1:18.53	41.18				
10.	LOPEZ FRANCO, Maria	07	A. D. FOGAR	1:18.80	7,00	-	
	50m: 37.57 37.57	100m: 1:18.80	41.23				
11.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	1:19.03	6,00	-	
	50m: 37.29 37.29	100m: 1:19.03	41.74				
12.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	1:19.85	-	-	
	50m: 37.68 37.68	100m: 1:19.85	42.17				



Prueba 42
30/12/2023 - 11:03

Fem., 100m Braza

Absoluto Femenino
Resultados Prelim

RG	1:07.80	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	18/04/2009
RC	1:09.21	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/12/2011

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Femenino								
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	1:11.39	3,00	19,00	A	
	50m: 33.89 33.89	100m: 1:11.39	37.50					
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:13.14	-	16,00	A	
	50m: 33.93 33.93	100m: 1:13.14	39.21					
3.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	1:13.67	-	14,00	A	
	50m: 34.21 34.21	100m: 1:13.67	39.46					
4.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	1:17.73	-	13,00	A	
	50m: 35.63 35.63	100m: 1:17.73	42.10					
5.	HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	1:18.46	-	12,00	A	
	50m: 36.84 36.84	100m: 1:18.46	41.62					
6.	CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	1:18.98	-	11,00	B	
	50m: 36.87 36.87	100m: 1:18.98	42.11					
7.	LOPEZ FRANCO, Maria	07	A. D. FOGAR	1:19.08	-	10,00	B	
	50m: 36.79 36.79	100m: 1:19.08	42.29					
8.	SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	1:20.07	5,00	9,00		
	50m: 37.49 37.49	100m: 1:20.07	42.58					
9.	CERDEIRA TEIJEIRA, Clara	08	C. N. PORTAMIÑA	1:20.65	3,00	8,00		
	50m: 37.79 37.79	100m: 1:20.65	42.86					
10.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	1:20.78	1,00	7,00		
	50m: 37.99 37.99	100m: 1:20.78	42.79					
11.	BLANCO IGLESIAS, Carmen	08	CIDADE SANTIAGO	1:21.04	-	6,00		
	50m: 38.70 38.70	100m: 1:21.04	42.34					
12.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	1:21.50	-	5,00		
	50m: 38.04 38.04	100m: 1:21.50	43.46					
13.	CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	1:23.02	-	4,00		
	50m: 38.83 38.83	100m: 1:23.02	44.19					
14.	ARIAS PACHECO, Elena	06	C. N. MONFORTE	1:23.45	-	3,00		
	50m: 38.61 38.61	100m: 1:23.45	44.84					
15.	PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	1:23.47	-	2,00		
	50m: 37.73 37.73	100m: 1:23.47	45.74					
16.	AGUSTI LOPEZ, Erin	08	C. N. XOVE	1:25.11	-	-		
	50m: 39.27 39.27	100m: 1:25.11	45.84					
17.	DOVAL CASTRO, Carla	08	C. N. REDONDELA	1:25.46	-	-		
	50m: 39.35 39.35	100m: 1:25.46	46.11					



Prueba 42, Fem., 100m Braza, Prelim, Junior Femenino

Clasificación	AN	Tiempo	ABSO	JUNI	
18. MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:26.11	-	-
50m: 40.36 40.36	100m: 1:26.11	45.75			

Absoluto Femenino

1. MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	1:11.39	3,00	19,00	A
50m: 33.89 33.89	100m: 1:11.39	37.50				
2. JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:13.14	-	16,00	A
50m: 33.93 33.93	100m: 1:13.14	39.21				
3. CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	1:13.67	-	14,00	A
50m: 34.21 34.21	100m: 1:13.67	39.46				
4. GUDÍN PÉREZ, Andrea	10	C. N. MONFORTE	1:16.52	-	-	A
50m: 35.26 35.26	100m: 1:16.52	41.26				
5. PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	1:17.73	-	13,00	A
50m: 35.63 35.63	100m: 1:17.73	42.10				
6. HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	1:18.46	-	12,00	A
50m: 36.84 36.84	100m: 1:18.46	41.62				
7. PEREZ GARCIA-PICHER, Ana	98	RCN VIGO	1:18.62	-	-	B
50m: 37.54 37.54	100m: 1:18.62	41.08				
8. PAZOS IGLESIAS, Elisa	09	RCN VIGO	1:18.69	-	-	B
50m: 37.32 37.32	100m: 1:18.69	41.37				
9. CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	1:18.98	-	11,00	B
50m: 36.87 36.87	100m: 1:18.98	42.11				
10. LOPEZ FRANCO, Maria	07	A. D. FOGAR	1:19.08	-	10,00	B
50m: 36.79 36.79	100m: 1:19.08	42.29				
11. LEIVAS ROCA, Candela	05	C. N. FERROL	1:19.33	-	-	B
50m: 37.11 37.11	100m: 1:19.33	42.22				
12. SARAIVA HAGE, Andrea C.	05	RCN VIGO	1:19.98	-	-	B
50m: 37.26 37.26	100m: 1:19.98	42.72				
13. SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	1:20.07	5,00	9,00	
50m: 37.49 37.49	100m: 1:20.07	42.58				
14. CAMPOS TATO, Uxia	05	PABELLON OURENSE	1:20.41	4,00	-	
50m: 37.62 37.62	100m: 1:20.41	42.79				
15. CERDEIRA TEIJEIRA, Clara	08	C. N. PORTAMIÑA	1:20.65	3,00	8,00	
50m: 37.79 37.79	100m: 1:20.65	42.86				
16. LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	1:20.75	2,00	-	
50m: 37.70 37.70	100m: 1:20.75	43.05				
17. NISTAL PALACIOS, Mariña	07	SPORTING CASINO	1:20.78	1,00	7,00	
50m: 37.99 37.99	100m: 1:20.78	42.79				
18. BLANCO IGLESIAS, Carmen	08	CIDADE SANTIAGO	1:21.04	-	6,00	
50m: 38.70 38.70	100m: 1:21.04	42.34				



Prueba 42, Fem., 100m Braza, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
19.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	1:21.46	-	-
	50m: 38.05 38.05 100m: 1:21.46		43.41			
20.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	1:21.50	-	5,00
	50m: 38.04 38.04 100m: 1:21.50		43.46			
21.	GARCIA RODRIGUEZ, Andrea	10	C. MARINA FERROL	1:21.89	-	-
	50m: 38.06 38.06 100m: 1:21.89		43.83			
22.	CABANAS DEL RIO, Carla	09	SPORTING CASINO	1:22.99	-	-
	50m: 39.37 39.37 100m: 1:22.99		43.62			
23.	CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	1:23.02	-	4,00
	50m: 38.83 38.83 100m: 1:23.02		44.19			
24.	ARIAS PACHECO, Elena	06	C. N. MONFORTE	1:23.45	-	3,00
	50m: 38.61 38.61 100m: 1:23.45		44.84			
25.	PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	1:23.47	-	2,00
	50m: 37.73 37.73 100m: 1:23.47		45.74			
26.	AGUSTI LOPEZ, Erin	08	C. N. XOVE	1:25.11	-	-
	50m: 39.27 39.27 100m: 1:25.11		45.84			
27.	DOVAL CASTRO, Carla	08	C. N. REDONDELA	1:25.46	-	-
	50m: 39.35 39.35 100m: 1:25.46		46.11			
28.	BELLO ARMADA, Andrea	99	C. N. CULLEREDO	1:25.53	-	-
	50m: 38.86 38.86 100m: 1:25.53		46.67			
29.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:26.11	-	-
	50m: 40.36 40.36 100m: 1:26.11		45.75			



Prueba 43
30/12/2023 - 18:25

Masc., 100m Braza

Absoluto Masculino
Resultados Final

RG	1:01.31	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2016
RC	1:01.31	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2016

Clasificación AN Tiempo ABSO JUNI

Final A

1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	1:02.98	17,50	-
	50m: 29.16 29.16	100m: 1:02.98	33.82			
	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:02.98	17,50	-
	50m: 29.45 29.45	100m: 1:02.98	33.53			
3.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	1:03.69	14,00	-
	50m: 30.23 30.23	100m: 1:03.69	33.46			
4.	SUAREZ MATO, Yoel	04	A. D. FOGAR	1:04.69	13,00	-
	50m: 30.47 30.47	100m: 1:04.69	34.22			
5.	LOPEZ FRANCO, Martin	01	A. D. FOGAR	1:04.85	12,00	-
	50m: 30.59 30.59	100m: 1:04.85	34.26			
6.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	1:05.22	11,00	-
	50m: 31.11 31.11	100m: 1:05.22	34.11			

Final B

7.	ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	1:05.28	10,00	-
	50m: 30.80 30.80	100m: 1:05.28	34.48			
8.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:05.65	9,00	-
	50m: 31.12 31.12	100m: 1:05.65	34.53			
9.	VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	1:06.15	8,00	-
	50m: 31.21 31.21	100m: 1:06.15	34.94			
10.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	1:06.69	7,00	-
	50m: 31.78 31.78	100m: 1:06.69	34.91			
11.	GRAÑA DEL SOLAR, Miguel	08	A. DEP. NT. NARON	1:07.31	6,00	-
	50m: 31.37 31.37	100m: 1:07.31	35.94			
12.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	1:08.00	5,00	-
	50m: 31.99 31.99	100m: 1:08.00	36.01			



Prueba 43
30/12/2023 - 11:14

Masc., 100m Braza

Absoluto Masculino
Resultados Prelim

RG	1:01.31	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2016
RC	1:01.31	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2016

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Masculino								
1.	PARCERO AREOSO, Xoel		07	CIDADE SANTIAGO	1:05.20	-	19,00	A
	50m: 30.72 30.72	100m: 1:05.20		34.48				
2.	FARO MARTINEZ, Yoel		07	C. N. PONTEAREAS	1:06.50	-	16,00	B
	50m: 31.06 31.06	100m: 1:06.50		35.44				
3.	GRAÑA DEL SOLAR, Miguel		08	A. DEP. NT. NARON	1:07.20	-	14,00	B
	50m: 31.96 31.96	100m: 1:07.20		35.24				
4.	LAGO CASTILLO, Diego		07	C. N. CORUÑA	1:07.25	-	13,00	B
	50m: 31.70 31.70	100m: 1:07.25		35.55				
5.	VAZQUEZ FERNANDEZ, Nicolas		06	C. N. GALAICO	1:07.88	2,00	12,00	
	50m: 31.32 31.32	100m: 1:07.88		36.56				
6.	SOBRINO BUJIA, Mateo		06	C. N. CULLEREDO	1:07.96	-	11,00	
	50m: 31.45 31.45	100m: 1:07.96		36.51				
7.	ESTEVEZ CRESPO, Hugo		06	PABELLON OURENSE	1:08.87	-	10,00	
	50m: 32.10 32.10	100m: 1:08.87		36.77				
8.	RODRIGUEZ DEL RIO, Miguel		06	PABELLON OURENSE	1:10.68	-	9,00	
	50m: 33.48 33.48	100m: 1:10.68		37.20				
9.	GONZALEZ GARCIA, Martin		08	C. N. REDONDELA	1:10.94	-	8,00	
	50m: 33.10 33.10	100m: 1:10.94		37.84				
10.	ROCHA GONZALEZ, Olivier		08	C. N. GALAICO	1:11.39	-	7,00	
	50m: 33.74 33.74	100m: 1:11.39		37.65				
11.	GOMEZ PUMARIÑO, Samuel		08	C. N. PORTAMIÑA	1:11.62	-	6,00	
	50m: 33.61 33.61	100m: 1:11.62		38.01				
12.	RODRÍGUEZ COUSO, Miguel		07	C. N. FERROL	1:13.17	-	5,00	
	50m: 33.94 33.94	100m: 1:13.17		39.23				
13.	CILLERO GARCÍA, Antón		08	C. Del Mar De San Am	1:13.77	-	4,00	
	50m: 34.69 34.69	100m: 1:13.77		39.08				
14.	POZO GALLEGU, Brais		07	C. N. PORTAMIÑA	1:14.13	-	3,00	
	50m: 34.71 34.71	100m: 1:14.13		39.42				
15.	DÍAZ RODAS, Aarón		07	C. N. ARTEIXO	1:14.20	-	2,00	
	50m: 35.37 35.37	100m: 1:14.20		38.83				
16.	CADAVID RIBEIRO, Tiziano		08	PABELLON OURENSE	1:14.57	-	-	
	50m: 34.96 34.96	100m: 1:14.57		39.61				
17.	FERNANDEZ BLANCO, Anton		08	C. MARINA FERROL	1:14.85	-	1,00	
	50m: 34.80 34.80	100m: 1:14.85		40.05				



Prueba 43, Masc., 100m Braza, Prelim, Junior Masculino

Clasificación	AN	Tiempo	ABSO	JUNI
18. MUNIN CANDAL, Eric 50m: 35.09 35.09 100m: 1:15.19 40.10	07	CIDADE SANTIAGO	1:15.19	- -
19. GONZALEZ PREGO, Xose 50m: 35.81 35.81 100m: 1:15.30 39.49	08	C. N. CORUÑA	1:15.30	- -
Baja ALBES ALVARIÑO, David	06	A. DEP. NT. NARON	-	-

Absoluto Masculino

1. NOVO LOPEZ, Brais 50m: 29.87 29.87 100m: 1:03.45 33.58	03	C. N. PORTAMIÑA	1:03.45	- - A
2. PÉREZ LORENZO, Manuel 50m: 30.22 30.22 100m: 1:03.88 33.66	05	S. DEP. BOIRO	1:03.88	- - A
3. GÓMEZ MESÍAS, Miguel Ángel 50m: 30.47 30.47 100m: 1:04.94 34.47	03	C. N. ARTEIXO	1:04.94	- - A
4. SUAREZ MATO, Yoel 50m: 30.77 30.77 100m: 1:05.02 34.25	04	A. D. FOGAR	1:05.02	- - A
5. PARCERO AREOSO, Xoel 50m: 30.72 30.72 100m: 1:05.20 34.48	07	CIDADE SANTIAGO	1:05.20	- 19,00 A
6. LOPEZ FRANCO, Martin 50m: 30.61 30.61 100m: 1:05.83 35.22	01	A. D. FOGAR	1:05.83	- - A
7. SEIJO BERMUDEZ, Daniel 50m: 31.15 31.15 100m: 1:06.35 35.20	04	C. N. FERROL	1:06.35	- - B
ALVAREZ ALVAREZ, Hector 50m: 30.22 30.22 100m: 1:06.35 36.13	00	PABELLON OURENSE	1:06.35	- - B
9. FARO MARTINEZ, Yoel 50m: 31.06 31.06 100m: 1:06.50 35.44	07	C. N. PONTEAREAS	1:06.50	- 16,00 B
10. VAZQUEZ LIZ, Alejandro 50m: 31.40 31.40 100m: 1:06.79 35.39	03	C. N. PORTAMIÑA	1:06.79	- - B
11. GRAÑA DEL SOLAR, Miguel 50m: 31.96 31.96 100m: 1:07.20 35.24	08	A. DEP. NT. NARON	1:07.20	- 14,00 B
12. LAGO CASTILLO, Diego 50m: 31.70 31.70 100m: 1:07.25 35.55	07	C. N. CORUÑA	1:07.25	- 13,00 B
13. PEDROUZO ARES, Javier 50m: 31.64 31.64 100m: 1:07.52 35.88	00	C. N. PORTAMIÑA	1:07.52	- -
14. CARRIL FERNANDEZ, Nicolas 50m: 31.34 31.34 100m: 1:07.57 36.23	09	C. N. ARZUA	1:07.57	4,00 -
15. DOMÍNGUEZ FERNÁNDEZ, Pablo 50m: 31.99 31.99 100m: 1:07.65 35.66	01	RCN VIGO	1:07.65	3,00 -
16. VAZQUEZ FERNANDEZ, Nicolas 50m: 31.32 31.32 100m: 1:07.88 36.56	06	C. N. GALAICO	1:07.88	2,00 12,00



Prueba 43, Masc., 100m Braza, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO	JUNI
17. PICALLO MARANTE, Sergio	01	C. N. CORUÑA	1:07.93	1,00	-
50m: 31.87 31.87	100m: 1:07.93	36.06			
18. SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	1:07.96	-	11,00
50m: 31.45 31.45	100m: 1:07.96	36.51			
19. PASTORIZA SANTACLARA, Jorge	97	VIGO RIAS BAIXAS	1:08.77	-	-
50m: 32.24 32.24	100m: 1:08.77	36.53			
20. DOPICO REY, Anton	97	C. N. FERROL	1:08.82	-	-
50m: 31.99 31.99	100m: 1:08.82	36.83			
21. ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	1:08.87	-	10,00
50m: 32.10 32.10	100m: 1:08.87	36.77			
22. FERNANDEZ DEL VALLE, Ivan	05	PABELLON OURENSE	1:09.10	-	-
50m: 32.30 32.30	100m: 1:09.10	36.80			
23. PEDROUZO ARES, Miguel	95	C. N. CORUÑA	1:09.28	-	-
50m: 32.32 32.32	100m: 1:09.28	36.96			
24. FUENTEFRIA FERNANDEZ, Anxo	09	A. D. FOGAR	1:09.34	-	-
50m: 32.62 32.62	100m: 1:09.34	36.72			
25. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	1:09.96	-	-
50m: 33.32 33.32	100m: 1:09.96	36.64			
26. BRAVO CUENCA, Pablo	00	C. N. PANAS	1:10.16	-	-
50m: 32.57 32.57	100m: 1:10.16	37.59			
27. RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	1:10.68	-	9,00
50m: 33.48 33.48	100m: 1:10.68	37.20			
28. GONZALEZ GARCIA, Martin	08	C. N. REDONDELA	1:10.94	-	8,00
50m: 33.10 33.10	100m: 1:10.94	37.84			
29. ROCHA GONZALEZ, Olivier	08	C. N. GALAICO	1:11.39	-	7,00
50m: 33.74 33.74	100m: 1:11.39	37.65			
30. GOMEZ PUMARIÑO, Samuel	08	C. N. PORTAMIÑA	1:11.62	-	6,00
50m: 33.61 33.61	100m: 1:11.62	38.01			
31. MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	1:11.64	-	-
50m: 33.87 33.87	100m: 1:11.64	37.77			
32. RODRÍGUEZ COUSO, Miguel	07	C. N. FERROL	1:13.17	-	5,00
50m: 33.94 33.94	100m: 1:13.17	39.23			
33. CILLERO GARCÍA, Antón	08	C. Del Mar De San Am	1:13.77	-	4,00
50m: 34.69 34.69	100m: 1:13.77	39.08			
34. POZO GALLEGU, Brais	07	C. N. PORTAMIÑA	1:14.13	-	3,00
50m: 34.71 34.71	100m: 1:14.13	39.42			
35. DÍAZ RODAS, Aarón	07	C. N. ARTEIXO	1:14.20	-	2,00
50m: 35.37 35.37	100m: 1:14.20	38.83			
36. CADAVID RIBEIRO, Tiziano	08	PABELLON OURENSE	1:14.57	-	-
50m: 34.96 34.96	100m: 1:14.57	39.61			



Prueba 43, Masc., 100m Braza, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO	JUNI
37. FERNANDEZ BLANCO, Anton 50m: 34.80 34.80 100m: 1:14.85	08	C. MARINA FERROL 40.05	1:14.85	-	1,00
38. MUNIN CANDAL, Eric 50m: 35.09 35.09 100m: 1:15.19	07	CIDADE SANTIAGO 40.10	1:15.19	-	-
39. GONZALEZ PREGO, Xose 50m: 35.81 35.81 100m: 1:15.30	08	C. N. CORUÑA 39.49	1:15.30	-	-
40. CASTRO PRADO (SB3) (S4), Marcos 50m: 1:54.68 1:54.68 100m: 4:05.53	04	C. N. GALAICO 2:10.85	4:05.53	-	-
Baja ALBES ALVARIÑO, David	06	A. DEP. NT. NARON		-	-



Prueba 44
30/12/2023 - 19:05

Fem., 100m Libre

Absoluto Femenino
Resultados Final

RG	55.09	, GOMEZ CORTES, BEATRIZ	GALAICO	30/11/2012
RC	55.74	, GOMEZ CORTES, BEATRIZ	GALAICO	30/12/2012

Clasificación		AN		Tiempo	ABSO	JUNI
Final A						
1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	55.61	22,00	- RC
	50m: 26.90 26.90	100m: 55.61	28.71			
2.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	56.21	16,00	-
	50m: 27.34 27.34	100m: 56.21	28.87			
3.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	59.07	14,00	-
	50m: 27.75 27.75	100m: 59.07	31.32			
4.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	59.86	13,00	-
	50m: 28.99 28.99	100m: 59.86	30.87			
5.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	59.89	12,00	-
	50m: 28.93 28.93	100m: 59.89	30.96			
6.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	59.97	11,00	-
	50m: 28.81 28.81	100m: 59.97	31.16			
Final B						
7.	CONS GESTIDO, Henar Diana	02	RCN VIGO	59.50	10,00	-
	50m: 28.97 28.97	100m: 59.50	30.53			
8.	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL	1:00.23	9,00	-
	50m: 28.97 28.97	100m: 1:00.23	31.26			
9.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	1:00.59	8,00	-
	50m: 29.28 29.28	100m: 1:00.59	31.31			
10.	MARTINEZ OTERO, Eva	08	C. N. MOS	1:01.15	7,00	-
	50m: 29.43 29.43	100m: 1:01.15	31.72			
11.	MARTINEZ GARCIA, Uxia	09	VIGO RIAS BAIXAS	1:01.79	6,00	-
	50m: 29.16 29.16	100m: 1:01.79	32.63			
12.	LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	1:01.87	5,00	-
	50m: 29.40 29.40	100m: 1:01.87	32.47			



Prueba 44
30/12/2023 - 11:30

Fem., 100m Libre

Absoluto Femenino
Resultados Prelim

RG	55.09	, GOMEZ CORTES, BEATRIZ	GALAICO	30/11/2012
RC	55.74	, GOMEZ CORTES, BEATRIZ	GALAICO	30/12/2012

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Femenino								
1.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	59.68	-	19,00	A	
	50m: 29.09 29.09	100m: 59.68	30.59					
2.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	59.96	-	16,00	A	
	50m: 28.92 28.92	100m: 59.96	31.04					
3.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:00.18	-	14,00	A	
	50m: 29.02 29.02	100m: 1:00.18	31.16					
4.	LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	1:01.67	-	12,50	B	
	50m: 29.84 29.84	100m: 1:01.67	31.83					
	MARTINEZ OTERO, Eva	08	C. N. MOS	1:01.67	-	12,50	B	
	50m: 29.59 29.59	100m: 1:01.67	32.08					
6.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:01.90	4,00	11,00		
	50m: 29.58 29.58	100m: 1:01.90	32.32					
7.	MOURELLE PENA, Carla	08	A. D. FOGAR	1:01.93	2,50	10,00		
	50m: 29.27 29.27	100m: 1:01.93	32.66					
8.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:01.94	-	9,00		
	50m: 29.50 29.50	100m: 1:01.94	32.44					
9.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:02.05	1,00	8,00		
	50m: 29.82 29.82	100m: 1:02.05	32.23					
10.	CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL	1:02.70	-	7,00		
	50m: 30.11 30.11	100m: 1:02.70	32.59					
11.	SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	1:03.35	-	6,00		
	50m: 30.34 30.34	100m: 1:03.35	33.01					
12.	GROBA COMESAÑA, Noa	06	RCN VIGO	1:03.62	-	5,00		
	50m: 30.40 30.40	100m: 1:03.62	33.22					
13.	VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	1:03.96	-	4,00		
	50m: 30.63 30.63	100m: 1:03.96	33.33					
14.	PARDO PIÑEIRO, Maria	06	C. FLUVIAL LUGO	1:04.02	-	3,00		
	50m: 30.35 30.35	100m: 1:04.02	33.67					
15.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	1:04.19	-	2,00		
	50m: 30.87 30.87	100m: 1:04.19	33.32					
16.	GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS	1:04.40	-	-		
	50m: 30.62 30.62	100m: 1:04.40	33.78					
17.	BUJAN ROUCO, Enma	07	C. N. XOVE	1:04.74	-	1,00		
	50m: 30.83 30.83	100m: 1:04.74	33.91					



Prueba 44, Fem., 100m Libre, Prelim, Junior Femenino

Clasificación	AN	Tiempo	ABSO	JUNI
18. GARCÍA NAYA, Irene 50m: 30.62 30.62 100m: 1:05.01	06 C. N. ARTEIXO	1:05.01	-	-
19. BLANCO MENDEZ, Claudia 50m: 30.73 30.73 100m: 1:05.11	08 PABELLON OURENSE	1:05.11	-	-
20. COUCEIRO BARREIRO, Marta 50m: 31.45 31.45 100m: 1:05.29	07 SPORTING CASINO	1:05.29	-	-
21. CARRASCO DE CASTRO, Ana 50m: 31.33 31.33 100m: 1:05.46	07 C. MARINA FERROL	1:05.46	-	-
22. PEREIRA-BORRAJO VAYO, Marta 50m: 31.11 31.11 100m: 1:05.52	08 VIGO RIAS BAIXAS	1:05.52	-	-
23. RAMOS DAYAN, Sabela 50m: 31.10 31.10 100m: 1:05.62	08 C. N. XOVE	1:05.62	-	-
24. FERNANDEZ AGUION, Sara 50m: 31.20 31.20 100m: 1:05.66	07 C. N. CORUÑA	1:05.66	-	-
25. ROIS PRADO, Marta 50m: 31.23 31.23 100m: 1:05.71	08 C. N. PORTAMIÑA	1:05.71	-	-
26. CUGINI LENCE, Emma 50m: 31.82 31.82 100m: 1:05.82	08 C. FLUVIAL LUGO	1:05.82	-	-
27. DOVAL CASTRO, Carla 50m: 31.67 31.67 100m: 1:06.71	08 C. N. REDONDELA	1:06.71	-	-
28. IGLESIAS NOGUEIRAS, Ayla 50m: 32.04 32.04 100m: 1:07.50	08 RCN VIGO	1:07.50	-	-
29. BALADO PENA, Celtia 50m: 35.21 35.21 100m: 1:14.21	07 C. MARINA FERROL	1:14.21	-	-

Absoluto Femenino

1. CARRON MUIÑA, Carla 50m: 26.99 26.99 100m: 55.91	05 C. N. PONTEAREAS	55.91	-	-	A
2. FEIJOO GOMEZ, Eva 50m: 27.57 27.57 100m: 56.92	04 PABELLON OURENSE	56.92	-	-	A
3. OUVIÑA PICOS, Nadiuska 50m: 28.32 28.32 100m: 58.63	10 S. DEP. BOIRO	58.63	-	-	A MMG
4. BORRAZAS RODRIGUEZ, Noa 50m: 29.09 29.09 100m: 59.68	08 SPORTING CASINO	59.68	-	19,00	A
5. ALVAREZ PAZOS, Maria 50m: 28.92 28.92 100m: 59.96	07 VIGO RIAS BAIXAS	59.96	-	16,00	A
6. SÁNCHEZ BELLO, Eva 50m: 29.02 29.02 100m: 1:00.18	07 C. N. ARTEIXO	1:00.18	-	14,00	A
7. LOPEZ SANMARTIN, Nerea 50m: 28.74 28.74 100m: 1:00.41	96 C. N. FERROL	1:00.41	-	-	B



Prueba 44, Fem., 100m Libre, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
8.	CONS GESTIDO, Henar Diana	02	RCN VIGO	1:00.65	-	- B
	50m: 29.31 29.31	100m: 1:00.65	31.34			
9.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	1:01.20	-	- B
	50m: 29.21 29.21	100m: 1:01.20	31.99			
10.	LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	1:01.67	-	12,50 B
	50m: 29.84 29.84	100m: 1:01.67	31.83			
	MARTINEZ OTERO, Eva	08	C. N. MOS	1:01.67	-	12,50 B
	50m: 29.59 29.59	100m: 1:01.67	32.08			
12.	MARTINEZ GARCIA, Uxia	09	VIGO RIAS BAIXAS	1:01.89	-	- B
	50m: 29.49 29.49	100m: 1:01.89	32.40			
13.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:01.90	4,00	11,00
	50m: 29.58 29.58	100m: 1:01.90	32.32			
14.	MOURELLE PENA, Carla	08	A. D. FOGAR	1:01.93	2,50	10,00
	50m: 29.27 29.27	100m: 1:01.93	32.66			
	GONZALEZ BLANCO, Patricia	00	C. N. MONFORTE	1:01.93	2,50	-
	50m: 29.31 29.31	100m: 1:01.93	32.62			
16.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:01.94	-	9,00
	50m: 29.50 29.50	100m: 1:01.94	32.44			
17.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:02.05	1,00	8,00
	50m: 29.82 29.82	100m: 1:02.05	32.23			
18.	CONS GESTIDO, Victoria Anna	05	RCN VIGO	1:02.11	-	-
	50m: 29.56 29.56	100m: 1:02.11	32.55			
19.	PARDO CHAS, Eva	04	C. N. FERROL	1:02.21	-	-
	50m: 30.00 30.00	100m: 1:02.21	32.21			
20.	FREIJE TORNEIRO, Aroa	98	C. N. PORTAMIÑA	1:02.39	-	-
	50m: 29.17 29.17	100m: 1:02.39	33.22			
21.	CANO ROSALES, Laura	04	C. N. GALAICO	1:02.57	-	-
	50m: 29.75 29.75	100m: 1:02.57	32.82			
22.	CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL	1:02.70	-	7,00
	50m: 30.11 30.11	100m: 1:02.70	32.59			
23.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	1:02.88	-	-
	50m: 29.71 29.71	100m: 1:02.88	33.17			
24.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	1:03.02	-	-
	50m: 29.79 29.79	100m: 1:03.02	33.23			
25.	ILLAN LAMAS, Aroa	10	C. N. PORTAMIÑA	1:03.29	-	-
	50m: 29.73 29.73	100m: 1:03.29	33.56			
26.	GONZÁLEZ TOJO, Raquel	99	CIDADE SANTIAGO	1:03.35	-	-
	50m: 30.23 30.23	100m: 1:03.35	33.12			
	SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	1:03.35	-	6,00
	50m: 30.34 30.34	100m: 1:03.35	33.01			



Prueba 44, Fem., 100m Libre, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
28.	VIDAL RODRIGUEZ, Mara	10	C. N. GALAICO	1:03.54	-	-
	50m: 30.52 30.52	100m: 1:03.54	33.02			
29.	GROBA COMESAÑA, Noa	06	RCN VIGO	1:03.62	-	5,00
	50m: 30.40 30.40	100m: 1:03.62	33.22			
30.	ANEIROS DOPICO, Laura	00	C. MARINA FERROL	1:03.75	-	-
	50m: 29.89 29.89	100m: 1:03.75	33.86			
31.	VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	1:03.96	-	4,00
	50m: 30.63 30.63	100m: 1:03.96	33.33			
32.	PARDO PIÑEIRO, Maria	06	C. FLUVIAL LUGO	1:04.02	-	3,00
	50m: 30.35 30.35	100m: 1:04.02	33.67			
33.	INSUA REY, Carmela	09	A. D. FOGAR	1:04.17	-	-
	50m: 31.39 31.39	100m: 1:04.17	32.78			
34.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	1:04.19	-	2,00
	50m: 30.87 30.87	100m: 1:04.19	33.32			
35.	GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS	1:04.40	-	-
	50m: 30.62 30.62	100m: 1:04.40	33.78			
36.	BUJAN ROUCO, Enma	07	C. N. XOVE	1:04.74	-	1,00
	50m: 30.83 30.83	100m: 1:04.74	33.91			
37.	MENDEZ BERNARDEZ, Arianna	04	PABELLON OURENSE	1:04.88	-	-
	50m: 30.70 30.70	100m: 1:04.88	34.18			
38.	GARCÍA NAYA, Irene	06	C. N. ARTEIXO	1:05.01	-	-
	50m: 30.62 30.62	100m: 1:05.01	34.39			
39.	BLANCO MENDEZ, Claudia	08	PABELLON OURENSE	1:05.11	-	-
	50m: 30.73 30.73	100m: 1:05.11	34.38			
40.	COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	1:05.29	-	-
	50m: 31.45 31.45	100m: 1:05.29	33.84			
41.	CARRASCO DE CASTRO, Ana	07	C. MARINA FERROL	1:05.46	-	-
	50m: 31.33 31.33	100m: 1:05.46	34.13			
42.	PEREIRA-BORRAJO VAYO, Marta	08	VIGO RIAS BAIXAS	1:05.52	-	-
	50m: 31.11 31.11	100m: 1:05.52	34.41			
43.	RAMOS DAYAN, Sabela	08	C. N. XOVE	1:05.62	-	-
	50m: 31.10 31.10	100m: 1:05.62	34.52			
44.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	1:05.66	-	-
	50m: 31.20 31.20	100m: 1:05.66	34.46			
45.	ROIS PRADO, Marta	08	C. N. PORTAMIÑA	1:05.71	-	-
	50m: 31.23 31.23	100m: 1:05.71	34.48			
46.	CUGINI LENCE, Emma	08	C. FLUVIAL LUGO	1:05.82	-	-
	50m: 31.82 31.82	100m: 1:05.82	34.00			
47.	DOVAL CASTRO, Carla	08	C. N. REDONDELA	1:06.71	-	-
	50m: 31.67 31.67	100m: 1:06.71	35.04			



Prueba 44, Fem., 100m Libre, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI
48. IGLESIAS NOGUEIRAS, Ayla	08	RCN VIGO	1:07.50	-	-
50m: 32.04 32.04	100m: 1:07.50	35.46			
49. BALADO PENA, Celtia	07	C. MARINA FERROL	1:14.21	-	-
50m: 35.21 35.21	100m: 1:14.21	39.00			
Baja REY CONESA, Carolina	04	C. N. FERROL		-	-



Prueba 45
30/12/2023 - 18:55

Masc., 200m Libre

Absoluto Masculino
Resultados Final

RG	1:47.76	, CAMPOS VARELA, SERGIO	NCORUÑA	29/12/2017
RC	1:47.76	, CAMPOS VARELA, SERGIO	NCORUÑA	29/12/2017

Clasificación	AN			Tempo	ABSO	JUNI
Final A						
1.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	1:48.44	19,00	-
	50m: 25.44 25.44	100m: 52.57	27.13	150m: 1:20.15	27.58	200m: 1:48.44 28.29
2.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:51.82	16,00	-
	50m: 26.00 26.00	100m: 53.48	27.48	150m: 1:22.22	28.74	200m: 1:51.82 29.60
3.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	1:52.33	14,00	-
	50m: 26.44 26.44	100m: 54.99	28.55	150m: 1:23.74	28.75	200m: 1:52.33 28.59
4.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	1:54.35	13,00	-
	50m: 26.67 26.67	100m: 55.45	28.78	150m: 1:25.12	29.67	200m: 1:54.35 29.23
5.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	1:56.41	12,00	-
	50m: 26.57 26.57	100m: 55.73	29.16	150m: 1:25.55	29.82	200m: 1:56.41 30.86
6.	MOURE DOVAL, Jose	99	C. N. MONFORTE	1:58.93	11,00	-
	50m: 25.80 25.80	100m: 53.97	28.17	150m: 1:24.47	30.50	200m: 1:58.93 34.46
Final B						
7.	LEVCHENKO, Nikita	08	C. N. ARZUA	1:57.34	10,00	-
	50m: 28.69 28.69	100m: 58.31	29.62	150m: 1:28.64	30.33	200m: 1:57.34 28.70
8.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	1:57.55	9,00	-
	50m: 27.18 27.18	100m: 56.59	29.41	150m: 1:26.84	30.25	200m: 1:57.55 30.71
9.	SOUTO RAMOS, Manuel	07	A. D. FOGAR	1:58.30	8,00	-
	50m: 27.75 27.75	100m: 57.69	29.94	150m: 1:28.18	30.49	200m: 1:58.30 30.12
10.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	1:58.81	7,00	-
	50m: 27.27 27.27	100m: 57.26	29.99	150m: 1:28.17	30.91	200m: 1:58.81 30.64
Baja	PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA		5,50	-
Baja	MANEIROS PAZ, Mario	06	C. N. FERROL		5,50	-



Prueba 45
30/12/2023 - 11:48

Masc., 200m Libre

Absoluto Masculino
Resultados Prelim

RG	1:47.76	, CAMPOS VARELA, SERGIO	NCORUÑA	29/12/2017
RC	1:47.76	, CAMPOS VARELA, SERGIO	NCORUÑA	29/12/2017

Clasificación				AN				Tiempo	ABSO	JUNI		
Junior Masculino												
1.	PEREZ FERNANDEZ, Brais			07	C. N. PORTAMIÑA			1:56.94	-	- B		
	50m:	27.04	27.04	100m:	56.87	29.83	150m:	1:26.99	30.12	200m:	1:56.94	29.95
2.	LEVCHENKO, Nikita			08	C. N. ARZUA			1:57.21	-	- B		
	50m:	28.18	28.18	100m:	57.42	29.24	150m:	1:27.88	30.46	200m:	1:57.21	29.33
3.	MANEIROS PAZ, Mario			06	C. N. FERROL			1:57.55	-	- B		
	50m:	27.50	27.50	100m:	56.96	29.46	150m:	1:27.60	30.64	200m:	1:57.55	29.95
4.	SOUTO RAMOS, Manuel			07	A. D. FOGAR			1:57.75	-	- B		
	50m:	27.79	27.79	100m:	56.88	29.09	150m:	1:27.16	30.28	200m:	1:57.75	30.59
5.	CARBALLO RODRIGUEZ, Enrique			07	PABELLON OURENSE			1:58.41	-	- B		
	50m:	28.24	28.24	100m:	58.90	30.66	150m:	1:28.82	29.92	200m:	1:58.41	29.59
6.	PAZ RODRIGUEZ, Aritz			06	PABELLON OURENSE			1:59.78	-	-		
	50m:	27.80	27.80	100m:	58.18	30.38	150m:	1:29.17	30.99	200m:	1:59.78	30.61
7.	SUAREZ MARTINEZ, Diego			08	SPORTING CASINO			2:01.17	-	-		
	50m:	28.06	28.06	100m:	58.52	30.46	150m:	1:29.18	30.66	200m:	2:01.17	31.99
8.	GONZALEZ ESTEVEZ, Yoel			07	C. N. PONTEAREAS			2:01.26	-	-		
	50m:	29.01	29.01	100m:	1:00.26	31.25	150m:	1:31.49	31.23	200m:	2:01.26	29.77
9.	PEREZ GARCIA, Iker			07	C. N. GALAICO			2:01.38	-	-		
	50m:	28.59	28.59	100m:	59.50	30.91	150m:	1:31.73	32.23	200m:	2:01.38	29.65
10.	BARROS DA SILVA, Pedro			07	C. N. GALAICO			2:01.50	-	-		
	50m:	28.56	28.56	100m:	59.63	31.07	150m:	1:30.77	31.14	200m:	2:01.50	30.73
11.	GOMEZ LIMIA, Pablo			06	C. N. CORUÑA			2:01.69	-	-		
	50m:	28.57	28.57	100m:	59.50	30.93	150m:	1:31.27	31.77	200m:	2:01.69	30.42
12.	VAZQUEZ COSTA, Miguel			06	C. N. GALAICO			2:01.75	-	-		
	50m:	28.11	28.11	100m:	58.15	30.04	150m:	1:29.52	31.37	200m:	2:01.75	32.23
13.	RODRIGUEZ VIEITEZ, Hugo			08	VIGO RIAS BAIXAS			2:01.85	-	-		
	50m:	28.80	28.80	100m:	59.64	30.84	150m:	1:30.73	31.09	200m:	2:01.85	31.12
14.	MORENO TEIJEIRO, Andre			07	C. FLUVIAL LUGO			2:02.35	-	-		
	50m:	28.06	28.06	100m:	59.31	31.25	150m:	1:31.08	31.77	200m:	2:02.35	31.27
15.	RODA MARQUEZ, Joao Victor			07	C. N. CULLEREDO			2:03.62	-	-		
	50m:	27.53	27.53	100m:	58.22	30.69	150m:	1:30.96	32.74	200m:	2:03.62	32.66
16.	FRAGA SAL, Alexandre			06	C. N. PORTAMIÑA			2:04.52	-	-		
	50m:	28.74	28.74	100m:	1:00.11	31.37	150m:	1:32.22	32.11	200m:	2:04.52	32.30
17.	DIAZ RODRIGUEZ, Ivan			08	C. N. PORTAMIÑA			2:05.56	-	-		
	50m:	28.56	28.56	100m:	1:00.67	32.11	150m:	1:33.70	33.03	200m:	2:05.56	31.86



Prueba 45, Masc., 200m Libre, Prelim, Junior Masculino

Clasificación	AN	Grupo	Equipo	Tiempo	ABSO	JUNI
18. ETAYO GARCIA, Oscar	06	C. N. CORUÑA	2:05.64	-	-	
50m: 28.48 28.48	100m: 1:00.93	32.45	150m: 1:34.01	33.08	200m: 2:05.64	31.63
19. DIAZ-BECERRA LOPEZ, Pedro	07	C. N. PORTAMIÑA	2:05.70	-	-	
50m: 28.32 28.32	100m: 59.65	31.33	150m: 1:32.66	33.01	200m: 2:05.70	33.04
20. PAZOS IGLESIAS, André	07	RCN VIGO	2:06.23	-	-	
50m: 28.16 28.16	100m: 1:00.76	32.60	150m: 1:33.74	32.98	200m: 2:06.23	32.49
21. MENDEZ GARCIA, Xoan	06	C. N. PORTAMIÑA	2:06.66	-	-	
50m: 28.61 28.61	100m: 1:00.61	32.00	150m: 1:33.96	33.35	200m: 2:06.66	32.70
22. ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	2:06.77	-	-	
50m: 28.81 28.81	100m: 1:01.05	32.24	150m: 1:34.02	32.97	200m: 2:06.77	32.75
23. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	2:07.32	-	-	
50m: 28.90 28.90	100m: 1:00.76	31.86	150m: 1:34.14	33.38	200m: 2:07.32	33.18
24. ROCHA GONZALEZ, Olivier	08	C. N. GALAICO	2:08.20	-	-	
50m: 28.88 28.88	100m: 1:00.15	31.27	150m: 1:32.96	32.81	200m: 2:08.20	35.24
25. MERA TATO, Hugo	06	C. N. ARZUA	2:08.68	-	-	
50m: 29.81 29.81	100m: 1:02.58	32.77	150m: 1:35.63	33.05	200m: 2:08.68	33.05
26. PEREZ TEIJEIRA, Iago	06	C. N. XOVE	2:08.73	-	-	
50m: 29.06 29.06	100m: 1:01.71	32.65	150m: 1:35.53	33.82	200m: 2:08.73	33.20
27. SANTÍN MÉNDEZ, Rubén	07	RCN VIGO	2:08.74	-	-	
50m: 30.90 30.90	100m: 1:03.46	32.56	150m: 1:35.68	32.22	200m: 2:08.74	33.06
28. NOGUEIRA-PINTO BLANCO, Hugo	07	PABELLON OURENSE	2:09.06	-	-	
50m: 29.04 29.04	100m: 1:01.21	32.17	150m: 1:35.13	33.92	200m: 2:09.06	33.93
29. ESMORIS SIERRA, Hugo	08	A. D. FOGAR	2:11.92	-	-	
50m: 30.01 30.01	100m: 1:03.00	32.99	150m: 1:37.24	34.24	200m: 2:11.92	34.68
30. REY MUNIN, Tomas	06	CIDADE SANTIAGO	2:12.22	-	-	
50m: 29.06 29.06	100m: 1:02.18	33.12	150m: 1:36.96	34.78	200m: 2:12.22	35.26
31. PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO	2:12.41	-	-	
50m: 29.79 29.79	100m: 1:02.95	33.16	150m: 1:37.50	34.55	200m: 2:12.41	34.91
32. LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	2:12.54	-	-	
50m: 30.32 30.32	100m: 1:04.24	33.92	150m: 1:38.91	34.67	200m: 2:12.54	33.63
33. GONZALEZ PERNAS, Diego	07	A. DEP. NT. NARON	2:14.18	-	-	
50m: 30.42 30.42	100m: 1:03.79	33.37	150m: 1:38.79	35.00	200m: 2:14.18	35.39

Absoluto Masculino

1. SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:52.42	-	-	A
50m: 25.99 25.99	100m: 54.21	28.22	150m: 1:22.95	28.74	200m: 1:52.42	29.47
2. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	1:55.22	-	-	A
50m: 27.09 27.09	100m: 56.90	29.81	150m: 1:26.76	29.86	200m: 1:55.22	28.46
3. CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	1:55.36	-	-	A
50m: 26.81 26.81	100m: 56.29	29.48	150m: 1:26.03	29.74	200m: 1:55.36	29.33

Prueba 45, Masc., 200m Libre, Prelim, Absoluto Masculino

Clasificación	AN	Tempo	ABSO	JUNI
4. MENDEZ PUGA, Mario 50m: 25.87 25.87 100m: 55.54	03	VIGO RIAS BAIXAS 29.67 150m: 1:25.93	1:56.30 30.39	- - A 200m: 1:56.30 30.37
5. ALVAREZ FERNANDEZ, Borja 50m: 27.22 27.22 100m: 57.33	96	C. FLUVIAL LUGO 30.11 150m: 1:27.41	1:56.52 30.08	- - A 200m: 1:56.52 29.11
MOURE DOVAL, Jose 50m: 26.43 26.43 100m: 54.71	99	C. N. MONFORTE 28.28 150m: 1:24.92	1:56.52 30.21	- - A 200m: 1:56.52 31.60
7. PEREZ FERNANDEZ, Brais 50m: 27.04 27.04 100m: 56.87	07	C. N. PORTAMIÑA 29.83 150m: 1:26.99	1:56.94 30.12	- - B 200m: 1:56.94 29.95
8. LEVCHENKO, Nikita 50m: 28.18 28.18 100m: 57.42	08	C. N. ARZUA 29.24 150m: 1:27.88	1:57.21 30.46	- - B 200m: 1:57.21 29.33
9. DEL RIO REGUEIRA, Marcos 50m: 26.80 26.80 100m: 56.47	93	C. N. ARTEIXO 29.67 150m: 1:26.36	1:57.25 29.89	- - B 200m: 1:57.25 30.89
10. MANEIROS PAZ, Mario 50m: 27.50 27.50 100m: 56.96	06	C. N. FERROL 29.46 150m: 1:27.60	1:57.55 30.64	- - B 200m: 1:57.55 29.95
11. SOUTO RAMOS, Manuel 50m: 27.79 27.79 100m: 56.88	07	A. D. FOGAR 29.09 150m: 1:27.16	1:57.75 30.28	- - B 200m: 1:57.75 30.59
12. CARBALLO RODRIGUEZ, Enrique 50m: 28.24 28.24 100m: 58.90	07	PABELLON OURENSE 30.66 150m: 1:28.82	1:58.41 29.92	- - B 200m: 1:58.41 29.59
13. DIAZ- BECERRA LOPEZ, Anton 50m: 27.44 27.44 100m: 57.17	05	C. N. PORTAMIÑA 29.73 150m: 1:27.71	1:58.50 30.54	- - 200m: 1:58.50 30.79
14. CARNEIRO VIQUEIRA, Xabier 50m: 27.60 27.60 100m: 58.01	00	C. N. PANAS 30.41 150m: 1:28.78	1:59.74 30.77	- - 200m: 1:59.74 30.96
15. PAZ RODRIGUEZ, Aritz 50m: 27.80 27.80 100m: 58.18	06	PABELLON OURENSE 30.38 150m: 1:29.17	1:59.78 30.99	- - 200m: 1:59.78 30.61
16. PEDRE SALIDO, Julio 50m: 27.05 27.05 100m: 56.89	03	C. N. FERROL 29.84 150m: 1:28.41	2:00.11 31.52	- - 200m: 2:00.11 31.70
17. SUAREZ MARTINEZ, Diego 50m: 28.06 28.06 100m: 58.52	08	SPORTING CASINO 30.46 150m: 1:29.18	2:01.17 30.66	- - 200m: 2:01.17 31.99
18. GONZALEZ ESTEVEZ, Yoel 50m: 29.01 29.01 100m: 1:00.26	07	C. N. PONTEAREAS 31.25 150m: 1:31.49	2:01.26 31.23	- - 200m: 2:01.26 29.77
19. PEREZ GARCIA, Iker 50m: 28.59 28.59 100m: 59.50	07	C. N. GALAICO 30.91 150m: 1:31.73	2:01.38 32.23	- - 200m: 2:01.38 29.65
20. BARROS DA SILVA, Pedro 50m: 28.56 28.56 100m: 59.63	07	C. N. GALAICO 31.07 150m: 1:30.77	2:01.50 31.14	- - 200m: 2:01.50 30.73
21. GOMEZ LIMIA, Pablo 50m: 28.57 28.57 100m: 59.50	06	C. N. CORUÑA 30.93 150m: 1:31.27	2:01.69 31.77	- - 200m: 2:01.69 30.42
22. VAZQUEZ COSTA, Miguel 50m: 28.11 28.11 100m: 58.15	06	C. N. GALAICO 30.04 150m: 1:29.52	2:01.75 31.37	- - 200m: 2:01.75 32.23
23. SIMON COTELO, Manuel 50m: 27.37 27.37 100m: 57.59	01	C. N. PANAS 30.22 150m: 1:28.94	2:01.79 31.35	- - 200m: 2:01.79 32.85



Prueba 45, Masc., 200m Libre, Prelim, Absoluto Masculino

Clasificación	AN	Nombre	Equipo	Tiempo	ABSO	JUNI
24.	08	RODRIGUEZ VIEITEZ, Hugo	VIGO RIAS BAIXAS	2:01.85	-	-
		50m: 28.80 28.80 100m: 59.64 30.84 150m: 1:30.73 31.09 200m: 2:01.85 31.12				
25.	02	GUTIERREZ MARIÑO, Santiago	PABELLON OURENSE	2:02.33	-	-
		50m: 27.56 27.56 100m: 59.20 31.64 150m: 1:30.90 31.70 200m: 2:02.33 31.43				
26.	07	MORENO TEIJEIRO, Andre	C. FLUVIAL LUGO	2:02.35	-	-
		50m: 28.06 28.06 100m: 59.31 31.25 150m: 1:31.08 31.77 200m: 2:02.35 31.27				
27.	05	RODRÍGUEZ RODRÍGUEZ, Germán	C. N. FERROL	2:02.49	-	-
		50m: 28.26 28.26 100m: 59.37 31.11 150m: 1:30.94 31.57 200m: 2:02.49 31.55				
28.	07	RODA MARQUEZ, Joao Victor	C. N. CULLEREDO	2:03.62	-	-
		50m: 27.53 27.53 100m: 58.22 30.69 150m: 1:30.96 32.74 200m: 2:03.62 32.66				
29.	06	FRAGA SAL, Alexandre	C. N. PORTAMIÑA	2:04.52	-	-
		50m: 28.74 28.74 100m: 1:00.11 31.37 150m: 1:32.22 32.11 200m: 2:04.52 32.30				
30.	09	LAZIEIEV NEMERSKIY, Aleksandr	C. N. ARZUA	2:04.89	-	-
		50m: 28.52 28.52 100m: 59.82 31.30 150m: 1:32.50 32.68 200m: 2:04.89 32.39				
31.	08	DIAZ RODRIGUEZ, Ivan	C. N. PORTAMIÑA	2:05.56	-	-
		50m: 28.56 28.56 100m: 1:00.67 32.11 150m: 1:33.70 33.03 200m: 2:05.56 31.86				
32.	06	ETAYO GARCIA, Oscar	C. N. CORUÑA	2:05.64	-	-
		50m: 28.48 28.48 100m: 1:00.93 32.45 150m: 1:34.01 33.08 200m: 2:05.64 31.63				
33.	07	DIAZ-BECERRA LOPEZ, Pedro	C. N. PORTAMIÑA	2:05.70	-	-
		50m: 28.32 28.32 100m: 59.65 31.33 150m: 1:32.66 33.01 200m: 2:05.70 33.04				
34.	07	PAZOS IGLESIAS, André	RCN VIGO	2:06.23	-	-
		50m: 28.16 28.16 100m: 1:00.76 32.60 150m: 1:33.74 32.98 200m: 2:06.23 32.49				
35.	10	CAO HERMO, Breixo	S. DEP. BOIRO	2:06.43	-	-
		50m: 28.17 28.17 100m: 59.35 31.18 150m: 1:32.26 32.91 200m: 2:06.43 34.17				
36.	06	MENDEZ GARCIA, Xoan	C. N. PORTAMIÑA	2:06.66	-	-
		50m: 28.61 28.61 100m: 1:00.61 32.00 150m: 1:33.96 33.35 200m: 2:06.66 32.70				
37.	06	ABELLEIRA GÓMEZ, Miguel A.	S. DEP. BOIRO	2:06.77	-	-
		50m: 28.81 28.81 100m: 1:01.05 32.24 150m: 1:34.02 32.97 200m: 2:06.77 32.75				
38.	07	OUBIÑA SÁNCHEZ, Pedro	RCN VIGO	2:07.32	-	-
		50m: 28.90 28.90 100m: 1:00.76 31.86 150m: 1:34.14 33.38 200m: 2:07.32 33.18				
39.	08	ROCHA GONZALEZ, Olivier	C. N. GALAICO	2:08.20	-	-
		50m: 28.88 28.88 100m: 1:00.15 31.27 150m: 1:32.96 32.81 200m: 2:08.20 35.24				
40.	06	MERA TATO, Hugo	C. N. ARZUA	2:08.68	-	-
		50m: 29.81 29.81 100m: 1:02.58 32.77 150m: 1:35.63 33.05 200m: 2:08.68 33.05				
41.	06	PEREZ TEIJEIRA, Iago	C. N. XOVE	2:08.73	-	-
		50m: 29.06 29.06 100m: 1:01.71 32.65 150m: 1:35.53 33.82 200m: 2:08.73 33.20				
42.	07	SANTÍN MÉNDEZ, Rubén	RCN VIGO	2:08.74	-	-
		50m: 30.90 30.90 100m: 1:03.46 32.56 150m: 1:35.68 32.22 200m: 2:08.74 33.06				
43.	07	NOGUEIRA-PINTO BLANCO, Hugo	PABELLON OURENSE	2:09.06	-	-
		50m: 29.04 29.04 100m: 1:01.21 32.17 150m: 1:35.13 33.92 200m: 2:09.06 33.93				



Prueba 45, Masc., 200m Libre, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI
44. ESMORIS SIERRA, Hugo	08	A. D. FOGAR	2:11.92	-	-	
50m: 30.01 30.01	100m: 1:03.00	32.99	150m: 1:37.24	34.24	200m: 2:11.92	34.68
45. REY MUNIN, Tomas	06	CIDADE SANTIAGO	2:12.22	-	-	
50m: 29.06 29.06	100m: 1:02.18	33.12	150m: 1:36.96	34.78	200m: 2:12.22	35.26
46. PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO	2:12.41	-	-	
50m: 29.79 29.79	100m: 1:02.95	33.16	150m: 1:37.50	34.55	200m: 2:12.41	34.91
47. LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	2:12.54	-	-	
50m: 30.32 30.32	100m: 1:04.24	33.92	150m: 1:38.91	34.67	200m: 2:12.54	33.63
48. GARCIA GARAY, Marcos	01	C. N. PANAS	2:13.28	-	-	
50m: 29.01 29.01	100m: 1:01.22	32.21	150m: 1:36.32	35.10	200m: 2:13.28	36.96
49. GONZALEZ PERNAS, Diego	07	A. DEP. NT. NARON	2:14.18	-	-	
50m: 30.42 30.42	100m: 1:03.79	33.37	150m: 1:38.79	35.00	200m: 2:14.18	35.39
Baja GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO		-	-	
Baja JUNCAL MOREIRA, Pablo	01	C. N. GALAICO		-	-	
Baja RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA		-	-	



Prueba 46
30/12/2023 - 12:28

Fem., 1500m Libre

Absoluto Femenino
Resultados

RG	15:46.06	, VILAS VIDAL, MARIA	RIVEIRA	12/12/2014
RC	16:05.20	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Femenino

1. VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	18:08.26	14,00	19,00		
50m: 31.34	31.34	450m: 5:14.55	36.05	850m: 10:07.31	36.93	1250m: 15:04.68	36.94
100m: 1:05.06	33.72	500m: 5:50.79	36.24	900m: 10:44.52	37.21	1300m: 15:41.75	37.07
150m: 1:39.83	34.77	550m: 6:26.83	36.04	950m: 11:21.63	37.11	1350m: 16:18.76	37.01
200m: 2:15.27	35.44	600m: 7:03.33	36.50	1000m: 11:58.47	36.84	1400m: 16:55.86	37.10
250m: 2:50.94	35.67	650m: 7:39.75	36.42	1050m: 12:35.60	37.13	1450m: 17:32.48	36.62
300m: 3:26.83	35.89	700m: 8:16.42	36.67	1100m: 13:12.75	37.15	1500m: 18:08.26	35.78
350m: 4:02.62	35.79	750m: 8:53.33	36.91	1150m: 13:50.15	37.40		
400m: 4:38.50	35.88	800m: 9:30.38	37.05	1200m: 14:27.74	37.59		
2. RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	18:44.77	11,00	16,00		
50m: 33.18	33.18	450m: 5:28.60	37.90	850m: 10:30.65	38.25	1250m: 15:35.91	38.08
100m: 1:09.22	36.04	500m: 6:05.74	37.14	900m: 11:08.72	38.07	1300m: 16:14.16	38.25
150m: 1:45.87	36.65	550m: 6:43.31	37.57	950m: 11:47.13	38.41	1350m: 16:52.58	38.42
200m: 2:22.54	36.67	600m: 7:21.35	38.04	1000m: 12:25.10	37.97	1400m: 17:30.50	37.92
250m: 2:59.55	37.01	650m: 7:59.15	37.80	1050m: 13:03.37	38.27	1450m: 18:08.82	38.32
300m: 3:36.47	36.92	700m: 8:36.83	37.68	1100m: 13:41.34	37.97	1500m: 18:44.77	35.95
350m: 4:13.25	36.78	750m: 9:14.78	37.95	1150m: 14:19.76	38.42		
400m: 4:50.70	37.45	800m: 9:52.40	37.62	1200m: 14:57.83	38.07		
3. PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	18:58.04	-	14,00		
50m: 34.46	34.46	450m: 5:36.70	38.00	850m: 10:42.33	38.02	1250m: 15:48.01	38.47
100m: 1:11.92	37.46	500m: 6:14.92	38.22	900m: 11:20.52	38.19	1300m: 16:26.11	38.10
150m: 1:49.65	37.73	550m: 6:53.36	38.44	950m: 11:58.59	38.07	1350m: 17:04.23	38.12
200m: 2:27.21	37.56	600m: 7:31.51	38.15	1000m: 12:36.88	38.29	1400m: 17:42.45	38.22
250m: 3:04.86	37.65	650m: 8:09.84	38.33	1050m: 13:15.28	38.40	1450m: 18:20.57	38.12
300m: 3:42.78	37.92	700m: 8:48.00	38.16	1100m: 13:53.40	38.12	1500m: 18:58.04	37.47
350m: 4:20.62	37.84	750m: 9:26.29	38.29	1150m: 14:31.64	38.24		
400m: 4:58.70	38.08	800m: 10:04.31	38.02	1200m: 15:09.54	37.90		
4. MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	19:06.30	-	13,00		
50m: 32.73	32.73	450m: 5:32.78	37.98	850m: 10:39.84	38.12	1250m: 15:50.08	38.85
100m: 1:08.74	36.01	500m: 6:11.41	38.63	900m: 11:18.43	38.59	1300m: 16:29.27	39.19
150m: 1:45.73	36.99	550m: 6:49.99	38.58	950m: 11:57.29	38.86	1350m: 17:08.98	39.71
200m: 2:23.56	37.83	600m: 7:28.11	38.12	1000m: 12:36.01	38.72	1400m: 17:48.59	39.61
250m: 3:01.17	37.61	650m: 8:06.21	38.10	1050m: 13:14.80	38.79	1450m: 18:28.29	39.70
300m: 3:38.48	37.31	700m: 8:44.97	38.76	1100m: 13:53.77	38.97	1500m: 19:06.30	38.01
350m: 4:16.95	38.47	750m: 9:23.12	38.15	1150m: 14:32.42	38.65		
400m: 4:54.80	37.85	800m: 10:01.72	38.60	1200m: 15:11.23	38.81		
5. BABARRO LOPEZ, Maria	08	PABELLON OURENS	19:14.47	-	12,00		
50m: 32.59	32.59	450m: 5:36.07	38.77	850m: 10:45.12	38.51	1250m: 15:58.89	39.55
100m: 1:08.48	35.89	500m: 6:14.79	38.72	900m: 11:24.08	38.96	1300m: 16:38.19	39.30
150m: 1:45.63	37.15	550m: 6:53.79	39.00	950m: 12:03.30	39.22	1350m: 17:17.18	38.99
200m: 2:23.45	37.82	600m: 7:32.56	38.77	1000m: 12:42.26	38.96	1400m: 17:56.52	39.34
250m: 3:01.61	38.16	650m: 8:11.18	38.62	1050m: 13:21.12	38.86	1450m: 18:35.82	39.30
300m: 3:40.10	38.49	700m: 8:49.70	38.52	1100m: 14:00.23	39.11	1500m: 19:14.47	38.65
350m: 4:19.06	38.96	750m: 9:28.15	38.45	1150m: 14:39.82	39.59		
400m: 4:57.30	38.24	800m: 10:06.61	38.46	1200m: 15:19.34	39.52		



Prueba 46, Fem., 1500m Libre, Junior Femenino

Clasificación			AN			Tempo	ABSO	JUNI				
6.	ORTEGO PORTA, Aldara		07	C. N. GALAICO		19:33.61	-	11,00				
	50m:	34.19	34.19	450m:	5:48.72	38.84	850m:	11:05.46	38.77	1250m:	16:20.77	39.31
	100m:	1:12.66	38.47	500m:	6:28.71	39.99	900m:	11:45.72	40.26	1300m:	17:00.07	39.30
	150m:	1:51.68	39.02	550m:	7:07.42	38.71	950m:	12:24.26	38.54	1350m:	17:39.43	39.36
	200m:	2:31.56	39.88	600m:	7:46.49	39.07	1000m:	13:03.49	39.23	1400m:	18:18.89	39.46
	250m:	3:10.79	39.23	650m:	8:26.78	40.29	1050m:	13:43.53	40.04	1450m:	18:56.67	37.78
	300m:	3:50.47	39.68	700m:	9:06.79	40.01	1100m:	14:23.43	39.90	1500m:	19:33.61	36.94
	350m:	4:29.64	39.17	750m:	9:48.15	41.36	1150m:	15:02.27	38.84			
	400m:	5:09.88	40.24	800m:	10:26.69	38.54	1200m:	15:41.46	39.19			
7.	PEREIRA-BORRAJO VAYO, Marta		08	VIGO RIAS BAIXAS		20:16.39	-	-				
	50m:	35.03	35.03	450m:	5:56.52	40.57	850m:	11:24.44	40.95	1250m:	16:51.58	40.95
	100m:	1:13.69	38.66	500m:	6:37.22	40.70	900m:	12:05.58	41.14	1300m:	17:32.83	41.25
	150m:	1:54.00	40.31	550m:	7:18.10	40.88	950m:	12:46.33	40.75	1350m:	18:14.19	41.36
	200m:	2:34.14	40.14	600m:	7:58.42	40.32	1000m:	13:27.57	41.24	1400m:	18:55.10	40.91
	250m:	3:14.60	40.46	650m:	8:39.62	41.20	1050m:	14:08.04	40.47	1450m:	19:36.33	41.23
	300m:	3:55.25	40.65	700m:	9:20.90	41.28	1100m:	14:48.79	40.75	1500m:	20:16.39	40.06
	350m:	4:35.87	40.62	750m:	10:02.49	41.59	1150m:	15:29.86	41.07			
	400m:	5:15.95	40.08	800m:	10:43.49	41.00	1200m:	16:10.63	40.77			
8.	FERNANDEZ GRATEROL, Sofia Antia		07	PABELLON OURENS		20:27.09	-	-				
	50m:	34.25	34.25	450m:	5:57.10	40.68	850m:	11:24.16	40.85	1250m:	16:58.46	42.40
	100m:	1:13.37	39.12	500m:	6:37.61	40.51	900m:	12:05.38	41.22	1300m:	17:41.36	42.90
	150m:	1:53.32	39.95	550m:	7:18.09	40.48	950m:	12:46.58	41.20	1350m:	18:23.79	42.43
	200m:	2:33.67	40.35	600m:	7:58.88	40.79	1000m:	13:27.94	41.36	1400m:	19:06.17	42.38
	250m:	3:14.09	40.42	650m:	8:39.50	40.62	1050m:	14:09.54	41.60	1450m:	19:48.16	41.99
	300m:	3:54.98	40.89	700m:	9:20.67	41.17	1100m:	14:51.90	42.36	1500m:	20:27.09	38.93
	350m:	4:35.73	40.75	750m:	10:02.24	41.57	1150m:	15:33.94	42.04			
	400m:	5:16.42	40.69	800m:	10:43.31	41.07	1200m:	16:16.06	42.12			

Absoluto Femenino

1.	ORTIZ DE GUINEA BASTON, Alba		97	C. N. PONTEAREAS		17:37.35	19,00	-				
	50m:	31.04	31.04	450m:	5:09.03	35.46	850m:	9:53.13	35.84	1250m:	14:39.33	35.91
	100m:	1:04.40	33.36	500m:	5:44.31	35.28	900m:	10:28.54	35.41	1300m:	15:15.49	36.16
	150m:	1:38.68	34.28	550m:	6:19.53	35.22	950m:	11:04.17	35.63	1350m:	15:51.33	35.84
	200m:	2:13.33	34.65	600m:	6:54.96	35.43	1000m:	11:39.69	35.52	1400m:	16:27.30	35.97
	250m:	2:48.19	34.86	650m:	7:30.47	35.51	1050m:	12:15.62	35.93	1450m:	17:03.06	35.76
	300m:	3:23.31	35.12	700m:	8:06.18	35.71	1100m:	12:51.40	35.78	1500m:	17:37.35	34.29
	350m:	3:58.52	35.21	750m:	8:41.88	35.70	1150m:	13:27.46	36.06			
	400m:	4:33.57	35.05	800m:	9:17.29	35.41	1200m:	14:03.42	35.96			
2.	PEREZ GARCIA-PICHER, Ana		98	RCN VIGO		17:58.11	16,00	-				
	50m:	32.79	32.79	450m:	5:19.86	36.07	850m:	10:09.24	36.25	1250m:	14:57.31	36.40
	100m:	1:07.94	35.15	500m:	5:55.84	35.98	900m:	10:45.58	36.34	1300m:	15:33.54	36.23
	150m:	1:43.33	35.39	550m:	6:32.04	36.20	950m:	11:21.67	36.09	1350m:	16:09.83	36.29
	200m:	2:19.25	35.92	600m:	7:07.90	35.86	1000m:	11:57.67	36.00	1400m:	16:46.15	36.32
	250m:	2:55.47	36.22	650m:	7:43.98	36.08	1050m:	12:33.43	35.76	1450m:	17:22.58	36.43
	300m:	3:31.54	36.07	700m:	8:20.12	36.14	1100m:	13:09.08	35.65	1500m:	17:58.11	35.53
	350m:	4:07.59	36.05	750m:	8:56.36	36.24	1150m:	13:45.07	35.99			
	400m:	4:43.79	36.20	800m:	9:32.99	36.63	1200m:	14:20.91	35.84			

Prueba 46, Fem., 1500m Libre, Absoluto Femenino

Clasificación			AN			Tempo	ABSO	JUNI				
3.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		18:08.26	14,00	19,00				
	50m:	31.34	31.34	450m:	5:14.55	36.05	850m:	10:07.31	36.93	1250m:	15:04.68	36.94
	100m:	1:05.06	33.72	500m:	5:50.79	36.24	900m:	10:44.52	37.21	1300m:	15:41.75	37.07
	150m:	1:39.83	34.77	550m:	6:26.83	36.04	950m:	11:21.63	37.11	1350m:	16:18.76	37.01
	200m:	2:15.27	35.44	600m:	7:03.33	36.50	1000m:	11:58.47	36.84	1400m:	16:55.86	37.10
	250m:	2:50.94	35.67	650m:	7:39.75	36.42	1050m:	12:35.60	37.13	1450m:	17:32.48	36.62
	300m:	3:26.83	35.89	700m:	8:16.42	36.67	1100m:	13:12.75	37.15	1500m:	18:08.26	35.78
	350m:	4:02.62	35.79	750m:	8:53.33	36.91	1150m:	13:50.15	37.40			
	400m:	4:38.50	35.88	800m:	9:30.38	37.05	1200m:	14:27.74	37.59			
4.	VIDAL RODRIGUEZ, Mara		10	C. N. GALAICO		18:26.31	13,00	-				
	50m:	32.82	32.82	450m:	5:25.22	36.87	850m:	10:21.56	37.23	1250m:	15:20.55	37.75
	100m:	1:08.09	35.27	500m:	6:01.74	36.52	900m:	10:59.25	37.69	1300m:	15:57.51	36.96
	150m:	1:44.55	36.46	550m:	6:38.67	36.93	950m:	11:36.61	37.36	1350m:	16:35.46	37.95
	200m:	2:20.83	36.28	600m:	7:15.98	37.31	1000m:	12:13.67	37.06	1400m:	17:12.99	37.53
	250m:	2:57.54	36.71	650m:	7:53.13	37.15	1050m:	12:51.08	37.41	1450m:	17:50.26	37.27
	300m:	3:34.38	36.84	700m:	8:29.99	36.86	1100m:	13:28.31	37.23	1500m:	18:26.31	36.05
	350m:	4:11.26	36.88	750m:	9:07.37	37.38	1150m:	14:05.69	37.38			
	400m:	4:48.35	37.09	800m:	9:44.33	36.96	1200m:	14:42.80	37.11			
5.	CANALDA RAMOS, Laura		09	C. N. CORUÑA		18:38.78	12,00	-				
	50m:	32.36	32.36	450m:	5:26.62	37.48	850m:	10:28.47	37.91	1250m:	15:30.72	37.71
	100m:	1:07.56	35.20	500m:	6:04.10	37.48	900m:	11:06.27	37.80	1300m:	16:08.89	38.17
	150m:	1:43.69	36.13	550m:	6:41.72	37.62	950m:	11:44.06	37.79	1350m:	16:47.17	38.28
	200m:	2:20.24	36.55	600m:	7:19.51	37.79	1000m:	12:21.70	37.64	1400m:	17:25.19	38.02
	250m:	2:57.16	36.92	650m:	7:57.10	37.59	1050m:	12:59.29	37.59	1450m:	18:03.10	37.91
	300m:	3:34.32	37.16	700m:	8:34.81	37.71	1100m:	13:37.20	37.91	1500m:	18:38.78	35.68
	350m:	4:11.68	37.36	750m:	9:12.78	37.97	1150m:	14:15.02	37.82			
	400m:	4:49.14	37.46	800m:	9:50.56	37.78	1200m:	14:53.01	37.99			
6.	RODRÍGUEZ RODRÍGUEZ, Paula		08	C. N. ARTEIXO		18:44.77	11,00	16,00				
	50m:	33.18	33.18	450m:	5:28.60	37.90	850m:	10:30.65	38.25	1250m:	15:35.91	38.08
	100m:	1:09.22	36.04	500m:	6:05.74	37.14	900m:	11:08.72	38.07	1300m:	16:14.16	38.25
	150m:	1:45.87	36.65	550m:	6:43.31	37.57	950m:	11:47.13	38.41	1350m:	16:52.58	38.42
	200m:	2:22.54	36.67	600m:	7:21.35	38.04	1000m:	12:25.10	37.97	1400m:	17:30.50	37.92
	250m:	2:59.55	37.01	650m:	7:59.15	37.80	1050m:	13:03.37	38.27	1450m:	18:08.82	38.32
	300m:	3:36.47	36.92	700m:	8:36.83	37.68	1100m:	13:41.34	37.97	1500m:	18:44.77	35.95
	350m:	4:13.25	36.78	750m:	9:14.78	37.95	1150m:	14:19.76	38.42			
	400m:	4:50.70	37.45	800m:	9:52.40	37.62	1200m:	14:57.83	38.07			
7.	PARDAVILA DAVILA, Ainoa		08	VIGO RIAS BAIXAS		18:58.04	-	14,00				
	50m:	34.46	34.46	450m:	5:36.70	38.00	850m:	10:42.33	38.02	1250m:	15:48.01	38.47
	100m:	1:11.92	37.46	500m:	6:14.92	38.22	900m:	11:20.52	38.19	1300m:	16:26.11	38.10
	150m:	1:49.65	37.73	550m:	6:53.36	38.44	950m:	11:58.59	38.07	1350m:	17:04.23	38.12
	200m:	2:27.21	37.56	600m:	7:31.51	38.15	1000m:	12:36.88	38.29	1400m:	17:42.45	38.22
	250m:	3:04.86	37.65	650m:	8:09.84	38.33	1050m:	13:15.28	38.40	1450m:	18:20.57	38.12
	300m:	3:42.78	37.92	700m:	8:48.00	38.16	1100m:	13:53.40	38.12	1500m:	18:58.04	37.47
	350m:	4:20.62	37.84	750m:	9:26.29	38.29	1150m:	14:31.64	38.24			
	400m:	4:58.70	38.08	800m:	10:04.31	38.02	1200m:	15:09.54	37.90			



Prueba 46, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN		Tiempo		ABSO	JUNI
8. MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	19:06.30	-	13,00	
50m: 32.73 32.73	450m: 5:32.78	37.98	850m: 10:39.84	38.12	1250m: 15:50.08	38.85
100m: 1:08.74 36.01	500m: 6:11.41	38.63	900m: 11:18.43	38.59	1300m: 16:29.27	39.19
150m: 1:45.73 36.99	550m: 6:49.99	38.58	950m: 11:57.29	38.86	1350m: 17:08.98	39.71
200m: 2:23.56 37.83	600m: 7:28.11	38.12	1000m: 12:36.01	38.72	1400m: 17:48.59	39.61
250m: 3:01.17 37.61	650m: 8:06.21	38.10	1050m: 13:14.80	38.79	1450m: 18:28.29	39.70
300m: 3:38.48 37.31	700m: 8:44.97	38.76	1100m: 13:53.77	38.97	1500m: 19:06.30	38.01
350m: 4:16.95 38.47	750m: 9:23.12	38.15	1150m: 14:32.42	38.65		
400m: 4:54.80 37.85	800m: 10:01.72	38.60	1200m: 15:11.23	38.81		
9. BABARRO LOPEZ, Maria	08	PABELLON OURENSI	19:14.47	-	12,00	
50m: 32.59 32.59	450m: 5:36.07	38.77	850m: 10:45.12	38.51	1250m: 15:58.89	39.55
100m: 1:08.48 35.89	500m: 6:14.79	38.72	900m: 11:24.08	38.96	1300m: 16:38.19	39.30
150m: 1:45.63 37.15	550m: 6:53.79	39.00	950m: 12:03.30	39.22	1350m: 17:17.18	38.99
200m: 2:23.45 37.82	600m: 7:32.56	38.77	1000m: 12:42.26	38.96	1400m: 17:56.52	39.34
250m: 3:01.61 38.16	650m: 8:11.18	38.62	1050m: 13:21.12	38.86	1450m: 18:35.82	39.30
300m: 3:40.10 38.49	700m: 8:49.70	38.52	1100m: 14:00.23	39.11	1500m: 19:14.47	38.65
350m: 4:19.06 38.96	750m: 9:28.15	38.45	1150m: 14:39.82	39.59		
400m: 4:57.30 38.24	800m: 10:06.61	38.46	1200m: 15:19.34	39.52		
10. ORTEGO PORTA, Aldara	07	C. N. GALAICO	19:33.61	-	11,00	
50m: 34.19 34.19	450m: 5:48.72	38.84	850m: 11:05.46	38.77	1250m: 16:20.77	39.31
100m: 1:12.66 38.47	500m: 6:28.71	39.99	900m: 11:45.72	40.26	1300m: 17:00.07	39.30
150m: 1:51.68 39.02	550m: 7:07.42	38.71	950m: 12:24.26	38.54	1350m: 17:39.43	39.36
200m: 2:31.56 39.88	600m: 7:46.49	39.07	1000m: 13:03.49	39.23	1400m: 18:18.89	39.46
250m: 3:10.79 39.23	650m: 8:26.78	40.29	1050m: 13:43.53	40.04	1450m: 18:56.67	37.78
300m: 3:50.47 39.68	700m: 9:06.79	40.01	1100m: 14:23.43	39.90	1500m: 19:33.61	36.94
350m: 4:29.64 39.17	750m: 9:48.15	41.36	1150m: 15:02.27	38.84		
400m: 5:09.88 40.24	800m: 10:26.69	38.54	1200m: 15:41.46	39.19		
11. PEREIRA-BORRAJO VAYO, Marta	08	VIGO RIAS BAIXAS	20:16.39	-	-	
50m: 35.03 35.03	450m: 5:56.52	40.57	850m: 11:24.44	40.95	1250m: 16:51.58	40.95
100m: 1:13.69 38.66	500m: 6:37.22	40.70	900m: 12:05.58	41.14	1300m: 17:32.83	41.25
150m: 1:54.00 40.31	550m: 7:18.10	40.88	950m: 12:46.33	40.75	1350m: 18:14.19	41.36
200m: 2:34.14 40.14	600m: 7:58.42	40.32	1000m: 13:27.57	41.24	1400m: 18:55.10	40.91
250m: 3:14.60 40.46	650m: 8:39.62	41.20	1050m: 14:08.04	40.47	1450m: 19:36.33	41.23
300m: 3:55.25 40.65	700m: 9:20.90	41.28	1100m: 14:48.79	40.75	1500m: 20:16.39	40.06
350m: 4:35.87 40.62	750m: 10:02.49	41.59	1150m: 15:29.86	41.07		
400m: 5:15.95 40.08	800m: 10:43.49	41.00	1200m: 16:10.63	40.77		
12. FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSI	20:27.09	-	-	
50m: 34.25 34.25	450m: 5:57.10	40.68	850m: 11:24.16	40.85	1250m: 16:58.46	42.40
100m: 1:13.37 39.12	500m: 6:37.61	40.51	900m: 12:05.38	41.22	1300m: 17:41.36	42.90
150m: 1:53.32 39.95	550m: 7:18.09	40.48	950m: 12:46.58	41.20	1350m: 18:23.79	42.43
200m: 2:33.67 40.35	600m: 7:58.88	40.79	1000m: 13:27.94	41.36	1400m: 19:06.17	42.38
250m: 3:14.09 40.42	650m: 8:39.50	40.62	1050m: 14:09.54	41.60	1450m: 19:48.16	41.99
300m: 3:54.98 40.89	700m: 9:20.67	41.17	1100m: 14:51.90	42.36	1500m: 20:27.09	38.93
350m: 4:35.73 40.75	750m: 10:02.24	41.57	1150m: 15:33.94	42.04		
400m: 5:16.42 40.69	800m: 10:43.31	41.07	1200m: 16:16.06	42.12		



Prueba 47
30/12/2023 - 19:13

Masc., 50m Mariposa

Absoluto Masculino
Resultados Final

RG	23.31	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	23.31	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Final A					
1.	03	C. N. PORTAMIÑA	23.75	19,00	-
2.	05	C. N. MONFORTE	25.16	16,00	-
3.	06	CIDADE SANTIAGO	25.25	14,00	-
4.	99	C. FLUVIAL LUGO	25.48	13,00	-
5.	06	C. FLUVIAL LUGO	25.65	12,00	-
6.	00	C. N. PANAS	25.99	11,00	-
Final B					
7.	01	C. N. PANAS	25.87	10,00	-
8.	96	C. FLUVIAL LUGO	26.04	-	-
9.	04	A. D. FOGAR	26.06	9,00	-
10.	04	C. N. FERROL	26.13	8,00	-
11.	99	C. N. FERROL	26.34	7,00	-
12.	08	C. N. ARZUA	26.63	6,00	-



Prueba 47
30/12/2023 - 12:50

Masc., 50m Mariposa

Absoluto Masculino
Resultados Prelim

RG	23.31	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	23.31	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Masculino					
1.	06	C. FLUVIAL LUGO	25.57	- 19,00	A
2.	06	CIDADE SANTIAGO	25.62	- 16,00	A
3.	08	C. N. ARZUA	25.86	- 14,00	B MMG
4.	06	PABELLON OURENSE	26.41	3,00	13,00
5.	06	C. N. ARTEIXO	26.81	- 12,00	
6.	06	C. N. FERROL	26.89	- 11,00	
7.	08	A. D. FOGAR	27.26	- 10,00	
8.	07	C. N. REDONDELA	27.33	- 9,00	
9.	06	C. N. MONFORTE	27.37	- 8,00	
10.	06	C. N. CORUÑA	27.69	- 6,50	
	07	PABELLON OURENSE	27.69	- 6,50	
12.	07	C. N. GALAICO	27.78	- 5,00	
13.	08	C. N. PORTAMIÑA	28.28	- 4,00	
14.	07	C. N. CULLEREDO	28.41	- 3,00	
15.	07	C. N. XOVE	29.11	- 2,00	
16.	08	C. Del Mar De San Amarc	29.26	- 1,00	
17.	07	A. DEP. NT. NARON	29.50	-	-
18.	07	C. N. FERROL	29.89	-	-
19.	07	C. N. PORTAMIÑA	29.91	-	-
20.	07	C. N. Ordes	30.04	-	-
21.	06	C. N. PORTAMIÑA	30.17	-	-
22.	07	C. N. PONTEAREAS	30.20	-	-
23.	07	C. N. ARTEIXO	30.22	-	-
24.	08	CIDADE SANTIAGO	30.93	-	-
25.	08	CIDADE SANTIAGO	33.06	-	-

Absoluto Masculino

1.	03	C. N. PORTAMIÑA	24.64	-	- A
2.	05	C. N. MONFORTE	25.43	-	- A
3.	99	C. FLUVIAL LUGO	25.52	-	- A
4.	06	C. FLUVIAL LUGO	25.57	- 19,00	A
5.	06	CIDADE SANTIAGO	25.62	- 16,00	A
6.	00	C. N. PANAS	25.74	-	- A
7.	96	C. FLUVIAL LUGO	25.82	-	- B
8.	08	C. N. ARZUA	25.86	- 14,00	B MMG
9.	04	C. N. FERROL	25.94	-	- B
	01	C. N. PANAS	25.94	-	- B
11.	04	A. D. FOGAR	26.01	-	- B
12.	99	C. N. FERROL	26.25	-	- B



Prueba 47, Masc., 50m Mariposa, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO	JUNI	
13.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	26.27	5,00	-
14.	GALAN VICENTE, Pablo	02	A. D. FOGAR	26.36	4,00	-
15.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	26.41	-	-
	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	26.41	3,00	13,00
17.	FERRON GUTIERREZ, Juan	03	C. N. MOS	26.50	2,00	-
18.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	26.53	1,00	-
19.	ARES BARRAL, Anton	00	C. N. PANAS	26.56	-	-
20.	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	26.62	-	-
21.	PEREZ TIERRA, Ismael	02	C. N. MONFORTE	26.67	-	-
22.	UCHA NIETO, Jacobo	97	C. N. GALAICO	26.71	-	-
23.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	26.81	-	12,00
24.	DIAZ COUCE, Ruben	06	C. N. FERROL	26.89	-	11,00
25.	CARREIRA POSADA, Jorge	00	C. N. PANAS	26.98	-	-
26.	RODRIGUEZ PENA, Alejandro	92	RCN VIGO	27.09	-	-
27.	RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	27.17	-	-
28.	RIVAS TORRES, Paulo	08	A. D. FOGAR	27.26	-	10,00
29.	BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	27.29	-	-
30.	GUNCHE BARREIRO, Paulo	07	C. N. REDONDELA	27.33	-	9,00
31.	ARIAS FRANCO, Odei	06	C. N. MONFORTE	27.37	-	8,00
32.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	27.41	-	-
33.	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	27.46	-	-
34.	RIVAS PEREIRA, Jorge	97	C. N. PANAS	27.54	-	-
35.	ETAYO GARCIA, Oscar	06	C. N. CORUÑA	27.69	-	6,50
	BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	27.69	-	-
	MERZLYAKOV KOSTOMAROV, Mikhai	07	PABELLON OURENSE	27.69	-	6,50
38.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	27.72	-	-
39.	PEREZ GARCIA, Iker	07	C. N. GALAICO	27.78	-	5,00
40.	QUIROGA RAMOS, Noel	00	PABELLON OURENSE	27.81	-	-
41.	BELTRAN FREIRIA, Oskar	04	C. N. MOS	28.09	-	-
42.	ROIS PRADO, Luis	08	C. N. PORTAMIÑA	28.28	-	4,00
43.	RODA MARQUEZ, Joao Victor	07	C. N. CULLEREDO	28.41	-	3,00
44.	RODRIGUEZ BARREIRA, Mateo	07	C. N. XOVE	29.11	-	2,00
45.	CILLERO GARCÍA, Antón	08	C. Del Mar De San Amarc	29.26	-	1,00
46.	PORTELA LEIRA, Miguel	07	A. DEP. NT. NARON	29.50	-	-
47.	RODRÍGUEZ COUSO, Miguel	07	C. N. FERROL	29.89	-	-
48.	DE SAN JUAN GARCIA, Nicolas	07	C. N. PORTAMIÑA	29.91	-	-
49.	MONTOTO SUAREZ, Pablo	07	C. N. Ordes	30.04	-	-
50.	MENDEZ GARCIA, Xoan	06	C. N. PORTAMIÑA	30.17	-	-
51.	ESPERÓN RODRÍGUEZ, Rodrigo	07	C. N. PONTEAREAS	30.20	-	-
52.	DÍAZ DOMÍNGUEZ, Ricardo	07	C. N. ARTEIXO	30.22	-	-
53.	LOUREIRO GONZALEZ, Roi	08	CIDADE SANTIAGO	30.93	-	-
54.	REY MUNIN, Alonso	08	CIDADE SANTIAGO	33.06	-	-
Baja	LOBELLE GONZALEZ, Ivan	89	C. FLUVIAL LUGO	-	-	-
Baja	JUNCAL MOREIRA, Pablo	01	C. N. GALAICO	-	-	-
Baja	CAMPOS VARELA, Sergio	96	C. N. PANAS	-	-	-



Prueba 48
30/12/2023 - 19:18

Fem., 50m Mariposa

Absoluto Femenino
Resultados Final

RG	27.76	, GARCIA SILVA ANTIA	GALAICO	17/12/2022
RC	27.81	, GARCIA SILVA ANTIA	GALAICO	29/12/2021

Clasificación	AN		Tiempo	ABSO	JUNI
Final A					
1.		GÓMEZ MESÍAS, Alba	28.16	19,00	-
2.		SOLER LOMBA, Rosalía	28.41	16,00	-
3.		LEMOS FERNANDEZ, Iria	28.57	14,00	-
4.		RODRIGUEZ RODRIGUEZ, Nina	28.80	13,00	-
5.		CERNADAS GONZALEZ, Ana	29.20	12,00	-
6.		BALADO PENA, Celtia	29.36	11,00	-
Final B					
7.		HERMIDA ALONSO, Antia	29.49	10,00	-
8.		CHANS FANEGO, Paula	30.08	9,00	-
9.		FARO MARTINEZ, Carla	30.09	8,00	-
10.		HERNÁNDEZ FIGUEROA, Ange Marie	30.44	7,00	-
11.		CAL FERNÁNDEZ, Victoria	30.48	6,00	-
Baja		OUVIÑA PICOS, Nadiuska		5,00	-



Prueba 48
30/12/2023 - 13:01

Fem., 50m Mariposa

Absoluto Femenino
Resultados Prelim

RG	27.76	, GARCIA SILVA ANTIA	GALAICO	17/12/2022
RC	27.81	, GARCIA SILVA ANTIA	GALAICO	29/12/2021

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Femenino					
1.	06	C. N. PONTEAREAS	29.24	- 19,00	A
2.	07	C. MARINA FERROL	29.64	- 16,00	?
3.	08	C. N. MOS	29.71	- 14,00	B
4.	08	RCN VIGO	30.43	- 13,00	B
5.	08	C. N. FERROL	31.13	- 12,00	
6.	07	C. N. ARTEIXO	31.29	1,50 11,00	
7.	08	C. FLUVIAL LUGO	31.44	- 10,00	
8.	06	A. D. FOGAR	31.45	- 9,00	
9.	06	S. DEP. BOIRO	31.93	- 8,00	
10.	06	C. N. PONTEAREAS	32.32	- 7,00	
11.	06	A. D. FOGAR	32.38	- 6,00	
12.	06	C. N. ARTEIXO	32.49	- 5,00	
13.	07	C. N. GALAICO	32.71	- 4,00	
14.	06	A. D. FOGAR	32.80	- -	
15.	06	S. DEP. BOIRO	32.82	- 3,00	
16.	08	S. DEP. BOIRO	33.11	- -	
17.	08	C. N. ARTEIXO	33.20	- -	
18.	06	RCN VIGO	33.24	- 2,00	
19.	06	A. DEP. NT. NARON	33.25	- 0,50	
	08	C. N. PORTAMIÑA	33.25	- 0,50	
21.	07	C. N. ARTEIXO	33.37	- -	
22.	06	C. N. MONFORTE	33.39	- -	
23.	07	C. N. PORTAMIÑA	33.65	- -	
24.	06	S. DEP. BOIRO	33.66	- -	
25.	08	C. N. GALAICO	33.67	- -	
26.	07	VIGO RIAS BAIXAS	34.30	- -	
27.	07	C. N. ARTEIXO	34.60	- -	
28.	07	CIDADE SANTIAGO	34.74	- -	
29.	08	RCN VIGO	35.31	- -	

Absoluto Femenino

1.	00	RCN VIGO	28.40	- -	A
2.	00	C. N. ARTEIXO	28.61	- -	A
3.	02	VIGO RIAS BAIXAS	28.99	- -	A
4.	06	C. N. PONTEAREAS	29.24	- 19,00	A
5.	04	C. FLUVIAL LUGO	29.36	- -	A
6.	07	C. MARINA FERROL	29.64	- 16,00	?
	03	C. N. PONTEAREAS	29.64	- -	?
8.	08	C. N. MOS	29.71	- 14,00	B



Prueba 48, Fem., 50m Mariposa, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI			
9.		OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	30.07	-	-	B
10.		CAL FERNÁNDEZ, Victoria	08	RCN VIGO	30.43	-	13,00	B
11.		CHANS FANEGO, Paula	03	C. N. FERROL	30.50	-	-	B
12.		HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	30.71	-	-	B
13.		LOPEZ GOMEZ, Antia	09	C. MARINA FERROL	30.83	4,00	-	
14.		SANTISO PRADO, Ana Maria	96	PABELLON OURENSE	30.93	3,00	-	
15.		CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL	31.13	-	12,00	
16.		SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	31.29	1,50	11,00	
		CARRIL GONZALEZ, Eva	02	PABELLON OURENSE	31.29	1,50	-	
18.		GONZÁLEZ TOJO, Raquel	99	CIDADE SANTIAGO	31.36	-	-	
19.		LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	31.44	-	10,00	
20.		JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	31.45	-	9,00	
21.		CONS GESTIDO, Victoria Anna	05	RCN VIGO	31.47	-	-	
22.		ALBES ALVARIÑO, Paula	03	A. DEP. NT. NARON	31.49	-	-	
23.		ALONSO NICOLAO, Candela	09	RCN VIGO	31.62	-	-	
24.		VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	31.93	-	8,00	
25.		ANEIROS DOPICO, Laura	00	C. MARINA FERROL	31.99	-	-	
26.		EIJO GIL, Naiara	06	C. N. PONTEAREAS	32.32	-	7,00	
27.		MACÍAS FERNÁNDEZ, Miriam	09	C. N. ARTEIXO	32.37	-	-	
28.		BOTANA PEDREIRA, Lola	06	A. D. FOGAR	32.38	-	6,00	
29.		RODRIGUEZ VIÑA, Valeria	09	A. D. FOGAR	32.39	-	-	
30.		GARCÍA NAYA, Irene	06	C. N. ARTEIXO	32.49	-	5,00	
31.		GARCÍA ESPAÑA, Elena	09	S. DEP. BOIRO	32.52	-	-	
32.		SEGOVIA CARBALLO, Paula	00	C. N. FERROL	32.65	-	-	
33.		DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	32.71	-	4,00	
34.		FEAL DEVESA, Carlota	09	C. N. CULLEREDO	32.77	-	-	
35.		PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	32.80	-	-	
36.		GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	32.82	-	3,00	
37.		SALVANTE LAGO, Ainhoa	03	C. N. FERROL	32.84	-	-	
38.		VARELA PASANDÍN, Lucía	05	C. N. ARTEIXO	33.09	-	-	
39.		SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	33.11	-	-	
40.		INSUA FREITAS, Catalina	08	C. N. ARTEIXO	33.20	-	-	
41.		GROBA COMESAÑA, Noa	06	RCN VIGO	33.24	-	2,00	
42.		LÓPEZ BOUZA, Andrea	06	A. DEP. NT. NARON	33.25	-	0,50	
		CERDEIRA TEIJEIRA, Clara	08	C. N. PORTAMIÑA	33.25	-	0,50	
44.		LEMA SIMAL, Nuria	07	C. N. ARTEIXO	33.37	-	-	
45.		ARIAS PACHECO, Elena	06	C. N. MONFORTE	33.39	-	-	
46.		ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	33.63	-	-	
47.		PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	33.65	-	-	
48.		OZORES CHOUZA, Lara	06	S. DEP. BOIRO	33.66	-	-	
49.		FARIÑA MARTINEZ, Carmen	08	C. N. GALAICO	33.67	-	-	
50.		GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS	34.30	-	-	
51.		ASENSIO VÁZQUEZ, Nerea	07	C. N. ARTEIXO	34.60	-	-	
52.		SUAREZ RIPOLL, Lia	07	CIDADE SANTIAGO	34.74	-	-	
53.		IGLESIAS NOGUEIRAS, Ayla	08	RCN VIGO	35.31	-	-	



Prueba 48
30/12/2023

Fem., 50m Mariposa

Absoluto Femenino
Resultados Desempate Prelim

RG	27.76	, GARCIA SILVA ANTIA	GALAICO	17/12/2022
RC	27.81	, GARCIA SILVA ANTIA	GALAICO	29/12/2021

Clasificación	AN		Tiempo	ABSO	JUNI
1. BALADO PENA, Celtia	07	C. MARINA FERROL	29.47	-	-
2. FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	29.67	-	-



Prueba 49
30/12/2023 - 13:25

Masc., 4 x 100m Estilos

Junior Masculino
Resultados

RG	3:44.83	NCORUÑA		NCORUÑA	29/12/2008
RC	3:44.83	NCORUÑA		NCORUÑA	29/12/2008

Clasificación

Tiempo ABSO JUNI

Rank	Club	Time	Time	Time	Time	Time	Time	Time
1.	CIDADE SANTIAGO 1			CIDADE SANTIAGO	3:58.95	-	38,00	
	REY MUNIN, Tomas	06	30.58	1:03.31	ORECHIA, Agustín	06	25.92	56.56
	PARCERO AREOSO, Xoel	07	29.98	1:04.18	LOUREIRO GONZALEZ, Roi	08	25.82	54.90
2.	PABELLON OURENSE 1			PABELLON OURENSE	3:59.36	-	32,00	
	CARBALLO RODRIGUEZ, Enrique	07	29.12	59.15	MERZLYAKOV KOSTOMAROV, Mil	07	27.16	59.37
	ESTEVEZ CRESPO, Hugo	06	31.37	1:07.61	PAZ RODRIGUEZ, Aritz	06	25.51	53.23
3.	C. N. FERROL 1			C. N. FERROL	4:02.41	-	28,00	
	NAVARRO LOSADA, Sergi	07	27.15	56.57	DIAZ COUCE, Ruben	06	26.81	58.49
	RODRÍGUEZ COUSO, Miguel	07	33.46	1:12.33	MANEIROS PAZ, Mario	06	26.36	55.02
4.	C. N. CORUÑA 1			C. N. CORUÑA	4:08.30	-	26,00	
	ALCALDE MAHIA, Jun Bin	08	31.57	1:04.64	ETAYO GARCIA, Oscar	06	28.11	1:02.40
	LAGO CASTILLO, Diego	07	31.47	1:07.39	GOMEZ LIMIA, Pablo	06	25.15	53.87
5.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	4:08.88	-	24,00	
	PIÑEIRO RODRIGUEZ, Samuel	07	30.18	1:02.11	RODRIGUEZ VIEITEZ, Hugo	08	29.69	1:03.64
	ALONSO VIDAL, Teo	07	31.66	1:08.74	MASSO ROIG, Martin	07	26.43	54.39
6.	C. N. GALAICO 1			C. N. GALAICO	4:09.26	-	22,00	
	MENDEZ-BENEGASSI FDEZ., Adria	08	31.86	1:06.39	BARROS DA SILVA, Pedro	07	27.84	1:01.57
	VAZQUEZ FERNANDEZ, Nicolas	06	30.48	1:07.64	PEREZ GARCIA, Iker	07	25.29	53.66
7.	C. N. ARTEIXO 1			C. N. ARTEIXO	4:09.53	-	20,00	
	VARELA PASANDÍN, Manuel	06	28.36	58.61	DÍAZ DOMÍNGUEZ, Ricardo	07	29.57	1:03.38
	DÍAZ RODAS, Aarón	07	33.74	1:12.71	VARELA PASANDÍN, Alejandro	06	25.92	54.83
8.	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA	4:10.09	-	18,00	
	BASADRE GARCIA, Enrique	07	30.15	1:02.81	ROIS PRADO, Luis	08	28.80	1:02.89
	GOMEZ PUMARIÑO, Samuel	08	32.71	1:10.92	PEREZ FERNANDEZ, Brais	07	25.49	53.47
9.	A. D. FOGAR 1			A. D. FOGAR	4:12.12	-	16,00	
	RIVAS TORRES, Paulo	08	31.07	1:04.62	GIL-RIVERA BARBEITO, Pablo	06	29.21	1:03.91
	SOUTO VILAS, Jorge	07	31.96	1:08.57	SOUTO RAMOS, Manuel	07	26.07	55.02
10.	RCN VIGO 1			RCN VIGO	4:20.96	-	14,00	
	ÁLVAREZ VÁZQUEZ, Gael	07	30.02	1:02.85	SANTÍN MÉNDEZ, Rubén	07	29.41	1:06.44
	OUBIÑA SÁNCHEZ, Pedro	07	35.98	1:16.79	PAZOS IGLESIAS, André	07	25.65	54.88
11.	C. N. PONTEAREAS 1			C. N. PONTEAREAS	4:21.95	-	12,00	
	GONZALEZ ESTEVEZ, Yoel	07	30.84	1:03.30	FARO MARTINEZ, Yoel	07	28.13	1:02.65
	PREGO GROBA, Brais	08	35.08	1:15.57	ESPERÓN RODRÍGUEZ, Rodrigo	07	29.15	1:00.43
12.	C. Del Mar De San Amaro 1			C. Del Mar De San Am	4:27.76	-	10,00	
	LONGUEIRA GILDA, Martín	07	32.76	1:07.67	GARAZABAL DE LA MONTAÑA, Carlos	07	30.20	1:05.86
	CILLERO GARCÍA, Antón	08	34.71	1:14.52	PEREZ MOURE, Nicolas	06	28.15	59.71
13.	C. FLUVIAL LUGO 1			C. FLUVIAL LUGO	4:32.13	-	8,00	
	PALLIN BUJAN, Hector	08	30.86	1:05.12	SUBIRAN GOMEZ, Pedro	08	30.87	1:07.14
	LEGASPI GARCIA, Carlos	08	39.03	1:23.99	MORENO TEJEIRO, Andre	07	26.31	55.88



Prueba 50
30/12/2023 - 13:43

Fem., 4 x 100m Estilos

Junior Femenino
Resultados

RG	4:14.39	GALAICO		GALAICO		30/12/2010
RC	4:14.39	GALAICO		GALAICO		30/12/2010

Clasificación

Tiempo ABSO JUNI

Rank	Club	Time	Time	Time	Time	Time	Time	Time
1.	C. N. PORTAMIÑA 1			4:35.40	-	38,00		
	PRIETO CANTEIRO, Alba	07	34.98	1:12.11	MOURENZA ROCHA, Ines	07	28.92	1:03.47
	CERDEIRA TEJEIRA, Clara	08	36.52	1:19.90	LOPEZ-FREIRE FRANCIA, Carmen	07	28.51	59.92
2.	C. N. MOS 1			4:35.76	-	32,00		
	MARTINEZ OTERO, Eva	08	33.10	1:09.41	HERMIDA ALONSO, Antia	08	31.60	1:08.02
	PEREIRO RODRIGUEZ, Carolina	08	35.16	1:16.07	SALGUEIRIÑO ÁLVAREZ, Noa	08	29.61	1:02.26
3.	C. N. ARTEIXO 1			4:40.42	-	28,00		
	SÁNCHEZ BELLO, Eva	07	32.02	1:06.53	SUAREZ DOSIL, Claudia	07	31.27	1:07.57
	CARBALLIDO NAYA, Claudia	07	37.64	1:22.26	GARCÍA NAYA, Irene	06	30.09	1:04.06
4.	A. D. FOGAR 1			4:43.46	-	26,00		
	LOPEZ FRANCO, María	07	35.43	1:14.62	BOTANA PEDREIRA, Lola	06	32.76	1:11.49
	JIMENEZ COPPA, Carla M.	06	33.68	1:15.14	MOURELLE PENA, Carla	08	29.22	1:02.21
5.	C. N. PONTEAREAS 1			4:45.27	-	24,00		
	LEMOS FERNANDEZ, Iria	06	33.54	1:09.99	CARBALLO GONZALEZ, Sofia	06	31.90	1:09.98
	ESTEVEZ MONTES, Naroa	08	39.68	1:23.54	BORGE JUSTE, Ines	06	28.99	1:01.76
6.	CIDADE SANTIAGO 1			4:48.79	-	22,00		
	SUAREZ RIPOLL, Lia	07	34.06	1:09.78	CAAMAÑO LOPEZ, Xiana	08	33.02	1:12.29
	BLANCO IGLESIAS, Carmen	08	37.55	1:20.15	ALONSO GARCÍA, María	08	30.76	1:06.57
7.	SPORTING CASINO 1			4:51.36	-	20,00		
	BORRAZAS RODRIGUEZ, Noa	08	32.63	1:06.34	SALLERES MOURO, Candela	07	37.58	1:21.71
	NISTAL PALACIOS, Mariña	07	36.90	1:18.97	COUCEIRO BARREIRO, Marta	07	30.98	1:04.34
8.	C. N. FERROL 1			4:53.68	-	18,00		
	LÓPEZ ANIDO, Natalia	06	37.68	1:17.55	CARRASCO BOUZAMAYOR, Sabe	08	32.60	1:10.21
	VILLARNOVO PAZOS, Lucia	08	36.96	1:20.21	DÍAZ ARMADA, Zoe	07	31.24	1:05.71
9.	PABELLON OURENSE 1			5:00.70	-	16,00		
	BLANCO MENDEZ, Claudia	08	35.83	1:14.35	FERNANDEZ GRATEROL, Sofia An	07	34.94	1:16.64
	MARTINEZ ZABALA, Sunai	07	39.94	1:24.97	BABARRO LOPEZ, María	08	30.89	1:04.74
10.	C. FLUVIAL LUGO 1			5:01.50	-	14,00		
	PARDO PIÑEIRO, María	06	35.02	1:12.21	LADRA CAMPO, Martina	08	33.57	1:12.19
	CUGINI LENCE, Emma	08	41.97	1:29.71	GONZALEZ IGLESIAS, Nerea	07	32.01	1:07.39
11.	C. N. GALAICO 1			5:05.90	-	-		
	MELLID LOSADA, Anxela	07	36.00	1:15.00	DE LA FUENTE PINTOS, Nadia	07	33.79	1:14.42
	PEREIRA URGAL, María	08	41.21	1:30.24	ORTEGO PORTA, Aldara	07	31.89	1:06.24
12.	VIGO RIAS BAIXAS 1			5:07.69	-	-		
	NUÑEZ PARDO, Laura	08	35.74	1:13.98	GIRALDEZ MARTINEZ, Nerea	07	34.27	1:15.61
	PARDAVILA DAVILA, Ainoa	08	42.38	1:31.60	PEREIRA-BORRAJO VAYO, Marta	08	31.76	1:06.50
DSQ	RCN VIGO 1				-	-		
	<i>Salida anticipada 2º posta</i>							
	MARTÍNEZ NOVOA, Silvia	06	36.02	1:14.68	CAL FERNÁNDEZ, Victoria	08		
	SOUSA ÁLVAREZ, Noa	07			GROBA COMESAÑA, Noa	06		



Prueba 51
30/12/2023 - 20:05

Masc., 4 x 100m Estilos

Absoluto Masculino
Resultados

RG	3:44.83	NCORUÑA		NCORUÑA		29/12/2008
RC	3:44.83	NCORUÑA		NCORUÑA		29/12/2008

Clasificación

					Tiempo	ABSO	JUNI	
1.	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA	3:45.53	38,00	-	
	VAZQUEZ LOPEZ, Martin	03	26.09	SANCHEZ VAZQUEZ, Antonio	04	26.41	58.30	
	NOVO LOPEZ, Brais	03	28.87	RODRIGUEZ SANCOSMED, Pablo	03	23.81	51.28	
2.	A. D. FOGAR 1			A. D. FOGAR	3:51.75	32,00	-	
	ABELEIRA ALVAREZ, Carlos	02	27.99	REY PITA, Simon	04	26.05	57.32	
	SUAREZ MATO, Yoel	04	30.08	GALAN VICENTE, Pablo	02	24.42	51.93	
3.	C. N. FERROL 1			C. N. FERROL	3:52.12	28,00	-	
	NAVARRRO LOSADA, Sergi	07	27.26	LOSADA JIMÉNEZ, Sergio	04	25.74	56.57	
	SEIJO BERMUDEZ, Daniel	04	30.33	LOSADA JIMENEZ, Alvaro	99	24.88	53.41	
4.	PABELLON OURENSE 1			PABELLON OURENSE	3:52.53	26,00	-	
	CARBALLO RODRIGUEZ, Enrique	07	28.22	QUIROGA RAMOS, Yago	05	26.61	58.72	
	ALVAREZ ALVAREZ, Hector	00	30.15	CIVEIRA CORRAL, Raul	02	24.46	51.06	
5.	C. N. ARTEIXO 1			C. N. ARTEIXO	3:52.76	24,00	-	
	VARELA PASANDÍN, Manuel	06	28.28	VARELA PASANDÍN, Alejandro	06	27.06	58.89	
	GÓMEZ MESÍAS, Miguel Ángel	03	29.51	GARCÍA CASTRO, Mateo	05	25.13	52.14	
6.	C. N. PANAS 1			C. N. PANAS	3:54.77	22,00	-	
	CARNEIRO VIQUEIRA, Xabier	00	28.98	GARCIA GARAY, Marcos	01	25.74	55.99	
	ARES BARRAL, Anton	00	30.20	BRAVO CONDE, Cristian	00	24.73	52.46	
7.	C. N. MONFORTE 1			C. N. MONFORTE	3:58.87	20,00	-	
	ARIAS FRANCO, Odei	06	29.63	PEREZ TIERRA, Ismael	02	27.16	59.80	
	MOURE DOVAL, Jose	99	30.69	PONTON RODRIGUEZ, Javier	05	24.22	51.50	
8.	C. N. PONTEAREAS 1			C. N. PONTEAREAS	4:02.18	18,00	-	
	GONZALEZ ESTEVEZ, Yoel	07	29.81	RODRIGUEZ DOMINGUEZ, Fco. Jav	04	27.34	1:00.04	
	FARO MARTINEZ, Yoel	07	31.02	PINO LORENZO, Brais	01	25.01	54.54	
9.	CIDADE SANTIAGO 1			CIDADE SANTIAGO	4:03.04	16,00	-	
	REY MUNIN, Tomas	06	30.71	ORECHIA, Agustín	06	26.13	56.92	
	PARCERO AREOSO, Xoel	07	30.30	LOUREIRO GONZALEZ, Roi	08	26.86	56.61	
10.	RCN VIGO 1			RCN VIGO	4:05.37	14,00	-	
	RODRIGUEZ PENA, Alejandro	92	28.67	CIDRÁS PÉREZ, Fabián	05	27.65	1:01.67	
	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	31.12	INFESTAS CARAZO, Samuel	03	26.38	55.73	
11.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	4:05.92	12,00	-	
	PIÑEIRO RODRIGUEZ, Samuel	07	29.94	RODRIGUEZ VIEITEZ, Hugo	08	28.08	1:01.45	
	PASTORIZA SANTACLARA, Jorge	97	30.78	ALONSO VIDAL, Teo	07	25.51	54.08	
12.	C. N. ARZUA 1			C. N. ARZUA	4:10.85	10,00	-	
	LOPEZ VARELA, Anton	09	33.33	LEVCHENKO, Nikita	08	27.44	1:00.43	
	CARRIL FERNANDEZ, Nicolas	09	30.76	LAZIEIEV NEMERSKIY, Aleksandr	09	25.38	54.56	
13.	C. N. CORUÑA 1			C. N. CORUÑA	4:11.43	8,00	-	
	ALCALDE MAHIA, Jun Bin	08	31.08	PICALLO MARANTE, Sergio	01	27.85	1:00.62	
	PEDROUZO ARES, Miguel	95	32.12	SENDINO GESTOSO, Roi	01	26.21	57.03	



Prueba 51, Masc., 4 x 100m Estilos, Absoluto Masculino

Clasificación					Tiempo	ABSO	JUNI	
14.	SPORTING CASINO 1		SPORTING CASINO		4:15.04	6,00	-	
	SUAREZ MARTINEZ, Diego	08	28.12	58.68	SOBRINO NOGALES, Sebastian	08	29.79	1:05.03
	GERVENO PRADA, Luis	09	34.11	1:13.40	PENAS CAYADO, Fernando	09	27.42	57.93
15.	A. DEP. NT. NARON 1		A. DEP. NT. NARON		4:19.90	-	-	
	MEIZOSO FERNANDEZ, Daniel	09	31.84	1:07.28	PORTELA LEIRA, Miguel	07	30.15	1:05.46
	GRAÑA DEL SOLAR, Miguel	08	31.21	1:07.49	GONZALEZ PERNAS, Diego	07	28.74	59.67
DSQ	C. N. GALAICO 1		C. N. GALAICO			-	-	
	<i>Salida anticipada 2º posta</i>							
	ALVAREZ REPARAZ, Alejandro	04	30.22	1:02.17	BARROS DA SILVA, Pedro	07		
	VAZQUEZ FERNANDEZ, Nicolas	06			PEREZ GARCIA, Iker	07		
DSQ	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO			-	-	
	<i>sobrepasar 15 mts</i>							
	TEIJEIRO PRADO, Xoel, ALVAREZ FERNANDEZ, Borja, PARDO PERNAS, Martin, MORENO TEIJEIRO, Andre							



Prueba 52
30/12/2023 - 20:27

Fem., 4 x 100m Estilos

Absoluto Femenino
Resultados

RG	4:14.39	GALAICO		GALAICO		30/12/2010
RC	4:14.39	GALAICO		GALAICO		30/12/2010

Clasificación

Tiempo ABSO JUNI

1.	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA	4:18.61	38,00	-		
	LOPEZ-FREIRE FRANCIA, Celia	10	31.72	1:05.43	MOURENZA ROCHA, Ines	07	28.50	1:02.72	
	MOURENZA ROCHA, Sofia	07	32.58	1:09.76	CANDO SANTOS, Raquel	03	28.66	1:00.70	
2.	RCN VIGO 1			RCN VIGO	4:24.20	32,00	-		
	MARTÍNEZ NOVOA, Ángela	04	32.42	1:08.99	SOLER LOMBA, Rosalía	00	28.80	1:02.87	
	RODRÍGUEZ ALONSO, Julia	05	34.03	1:13.49	CONS GESTIDO, Henar Diana	02	27.76	58.85	
3.	C. N. ARTEIXO 1			C. N. ARTEIXO	4:24.43	28,00	-		
	SÁNCHEZ BELLO, Eva	07	31.72	1:05.73	SUAREZ DOSIL, Claudia	07	31.65	1:07.74	
	GÓMEZ MESÍAS, Alba	00	32.84	1:10.85	VEIGA SOUTO, Ana	98	28.67	1:00.11	
4.	PABELLON OURENSE 1			PABELLON OURENSE	4:29.50	26,00	-		
	REQUEJO FERNANDEZ, Irene	10	32.36	1:06.75	FEIJOO GOMEZ, Eva	04	29.90	1:04.37	
	CAMPOS TATO, Uxia	05	36.53	1:18.33	CAMBA PRADA, Alexia	05	28.08	1:00.05	
5.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	4:35.38	24,00	-		
	BLANCO ROUCO, Carmen	06	32.32	1:06.86	RODRIGUEZ RODRIGUEZ, Nina	02	31.02	1:07.21	
	GONZALEZ GONZALEZ, Iara	09	36.76	1:20.75	ALVAREZ PAZOS, Maria	07	28.56	1:00.56	
6.	C. N. FERROL 1			C. N. FERROL	4:39.59	22,00	-		
	VILLARNOVO PAZOS, Lucia	08	33.34	1:10.19	HERNÁNDEZ FIGUEROA, Ange Ma	09	31.00	1:10.67	
	LEIVAS ROCA, Candela	05	35.28	1:17.49	LOPEZ SANMARTIN, Nerea	96	28.66	1:01.24	
7.	C. FLUVIAL LUGO 1			C. FLUVIAL LUGO	4:40.49	20,00	-		
	CERNADAS GONZALEZ, Ana	04	30.52	1:02.48	LADRA CAMPO, Martina	08	32.90	1:11.12	
	PARDO PIÑEIRO, Maria	06	39.45	1:25.23	BUSTO LOPEZ, Ana	04	28.90	1:01.66	
8.	CIDADE SANTIAGO 1			CIDADE SANTIAGO	4:44.15	18,00	-		
	SUAREZ RIPOLL, Lia	07	34.29	1:09.78	CAAMAÑO LOPEZ, Xiana	08	33.06	1:12.20	
	BLANCO IGLESIAS, Carmen	08	37.96	1:20.39	GONZÁLEZ TOJO, Raquel	99	29.12	1:01.78	
9.	C. N. GALAICO 1			C. N. GALAICO	4:46.08	16,00	-		
	VIDAL RODRIGUEZ, Mara	10	35.06	1:14.18	BARROS DA SILVA, Sofia	09	33.34	1:11.97	
	FERNANDEZ PRIETO, Nayara	05	35.55	1:19.27	CANO ROSALES, Laura	04	28.38	1:00.66	
10.	SPORTING CASINO 1			SPORTING CASINO	4:48.87	14,00	-		
	GIL GARNACHO, Carlota	09	33.39	1:08.73	BORRAZAS RODRIGUEZ, Noa	08	35.25	1:16.07	
	NISTAL PALACIOS, Mariña	07	37.31	1:20.14	COUCEIRO BARREIRO, Marta	07	30.30	1:03.93	
11.	C. N. CULLEREDO 1			C. N. CULLEREDO	4:56.13	12,00	-		
	GUIRADO AGRA, Sofia	09	35.24	1:13.36	FEAL DEVESA, Carlota	09	33.93	1:13.59	
	HERNAEZ GONZALEZ, Paula	08	36.77	1:20.79	MARTIN VEIRA, Alicia	08	32.15	1:08.39	
12.	A. DEP. NT. NARON 1			A. DEP. NT. NARON	4:58.59	10,00	-		
	ALBES ALVARIÑO, Paula	03	33.43	1:09.54	PEREZ MARTINEZ, Sara	10	38.27	1:23.64	
	LOPEZ RAMUDO, Icia	04	37.24	1:19.99	LÓPEZ BOUZA, Andrea	06	30.78	1:05.42	
DSQ	C. N. PONTEAREAS 1			C. N. PONTEAREAS		-	-		
	<i>Salida anticipada 2º posta</i>								
	EIJO GIL, Naiara	06	32.85	1:08.24	LEMONS FERNANDEZ, Iria	06			
	CARBALLO GONZALEZ, Sofia	06			CARRON MUIÑA, Carla	05			



Prueba 52, Fem., 4 x 100m Estilos, Absoluto Femenino

Clasificación

Tiempo ABSO JUNI

DSQ C. MARINA FERROL 1
Salida anticipada

C. MARINA FERROL

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CARRASCO DE CASTRO, Marina, GARCIA RODRIGUEZ, Andrea, LOPEZ GOMEZ, Antia, ANEIROS DOPICO, Laura



CLASIFICACION JÚNIOR

52 of 53 Events

Masc., Abs.

1. C. N. Ferrol	00674	362,00
2. C. N. Pabellón Ourense	00101	326,50
3. C. N. Portamiñá Lugo	01156	326,00
4. C. Dep. N. Cidade De Santiago	01295	265,00
5. Agrup. Dep. Fogar	00617	235,00
6. C. N. Galaico	00784	232,00
7. C. N. Vigo Rías Baixas	00765	223,50
8. C. N. Arteixo	01133	196,00
9. C. N. Coruña	00186	182,00
10. C. N. Ponteareas	00878	156,00
11. C. Fluvial De Lugo	00398	129,00
12. Real C. Náutico De Vigo	00071	117,00
13. C. N. Arzúa	P1112	68,00
14. C. Del Mar De San Amaro	00282	66,00
15. Sporting C. Casino	00287	62,00
16. C. N. Culleredo	01433	55,00
17. C. N. Monforte De Lemos	00837	46,00
18. Agrup. Dep. Náutico De Narón	00639	44,00
19. C. N. Redondela	00873	41,00
20. C. N. Liceo	01269	33,00
21. C. N. Xove	00622	19,00
22. C. Marina Ferrol	00146	13,00
23. C. N. Ordes	01766	9,00
24. Soc. Dep. Cul. N. Boiro	P1106	5,00

Fem., Abs.

1. C. N. Portamiñá Lugo	01156	455,00
2. C. N. Ponteareas	00878	359,00
3. C. N. Arteixo	01133	302,00
4. Agrup. Dep. Fogar	00617	236,00
5. C. N. Vigo Rías Baixas	00765	219,00
6. C. N. Mos	01424	216,00
7. Real C. Náutico De Vigo	00071	192,50
8. C. N. Ferrol	00674	147,00
9. Sporting C. Casino	00287	138,00
10. C. Fluvial De Lugo	00398	115,50
11. C. Dep. N. Cidade De Santiago	01295	110,50
12. C. N. Pabellón Ourense	00101	109,50
13. C. N. Galaico	00784	106,00
14. Soc. Dep. Cul. N. Boiro	P1106	90,50
15. C. N. Culleredo	01433	46,00
16. C. Marina Ferrol	00146	40,00
17. C. N. Coruña	00186	17,00
18. C. N. Monforte De Lemos	00837	16,00
19. C. N. Redondela	00873	8,00
20. C. N. Xove	00622	6,00
21. Agrup. Dep. Náutico De Narón	00639	0,50



Todos, Abs.

1. C. N. Portamiñá Lugo	01156	781,00
2. C. N. Ponteareas	00878	515,00
3. C. N. Ferrol	00674	509,00
4. C. N. Arteixo	01133	498,00
5. Agrup. Dep. Fogar	00617	471,00
6. C. N. Vigo Rías Baixas	00765	442,50
7. C. N. Pabellón Ourense	00101	436,00
8. C. Dep. N. Cidade De Santiago	01295	375,50
9. C. N. Galaico	00784	338,00
10. Real C. Náutico De Vigo	00071	309,50
11. C. Fluvial De Lugo	00398	244,50
12. C. N. Mos	01424	216,00
13. Sporting C. Casino	00287	200,00
14. C. N. Coruña	00186	199,00
15. C. N. Culleredo	01433	101,00
16. Soc. Dep. Cul. N. Boiro	P1106	95,50
17. C. N. Arzúa	P1112	68,00
18. C. Del Mar De San Amaro	00282	66,00
19. C. N. Monforte De Lemos	00837	62,00
20. C. Marina Ferrol	00146	53,00
21. C. N. Redondela	00873	49,00
22. Agrup. Dep. Náutico De Narón	00639	44,50
23. C. N. Liceo	01269	33,00
24. C. N. Xove	00622	25,00
25. C. N. Ordes	01766	9,00



Récords batidos por prueba...

Todas las pruebas

Masc., 50m Libre							
2.	Serie 4	Levchenko, Nikita	08	P1112	23.83	Mellores Marcas	15
Masc., 100m Libre							
17.	Serie 1	Levchenko, Nikita	08	P1112	52.82	Mellores Marcas	15
Masc., 800m Libre							
4.	Serie 5	Mendez Puga, Mario	03	00765	7:55.49	Records Galegos Depor	Open
41.	Serie 5	García Castro, Mateo	05	01133	8:00.16	Records Cto. Galego Depor	Open
41.	Serie 5	García Castro, Mateo	05	01133	8:00.16	Mellores Marcas	18
Masc., 1500m Libre							
4.	Serie 5	Mendez Puga, Mario	03	00765	14:58.31	Records Galegos Depor	Open
4.	Serie 5	Mendez Puga, Mario	03	00765	14:58.31	Records Cto. Galego Depor	Open
Masc., 50m Espalda							
15.	Serie 1	Suarez Martinez, Diego	08	00287	26.66	Mellores Marcas	15
15.	Serie 3	Navarro Losada, Sergi	07	00674	26.27	Mellores Marcas	16
Masc., 100m Espalda							
25.	Serie 4	Navarro Losada, Sergi	07	00674	55.84	Mellores Marcas	16
25.	Final A	Navarro Losada, Sergi	07	00674	55.63	Mellores Marcas	16
Masc., 200m Espalda							
12.	Serie 5	Navarro Losada, Sergi	07	00674	2:00.49	Mellores Marcas	16
12.	Final A	Navarro Losada, Sergi	07	00674	1:59.27	Mellores Marcas	16
Masc., 50m Braza							
8.	Serie 3	Parcerro Areoso, Xoel	07	01295	29.71	Mellores Marcas	16
8.	Serie 3	Graña Del Solar, Miguel	08	00639	29.99	Mellores Marcas	15
8.	Serie 6	Carril Fernandez, Nicolas	09	P1112	30.73	Mellores Marcas	14
8.	Serie 8	Pérez Lorenzo, Manuel	05	P1106	28.69	Mellores Marcas	18
8.	Final A	Pérez Lorenzo, Manuel	05	P1106	28.53	Mellores Marcas	18
8.	Final A	Parcerro Areoso, Xoel	07	01295	29.59	Mellores Marcas	16
Masc., 200m Braza							
23.	Serie 4	Fuentefria Fernandez, Anxo	09	00617	2:25.96	Mellores Marcas	14
Masc., 50m Mariposa							
47.	Serie 5	Levchenko, Nikita	08	P1112	25.86	Mellores Marcas	15
Masc., 4 x 50m Libre							
34.	Serie 3	C. N. Portamiñá Lugo		01156	1:32.13	Records Cto. Galego Depor	Open
NOVO LOPEZ, Brais, RODRIGUEZ SANCOSMED, Pablo, SANCHEZ VAZQUEZ, Antonio, VAZQUEZ LOPEZ, Martin							
Masc., 4 x 100m Libre							
17.	Serie 3	C. N. Portamiñá Lugo		01156	3:23.79	Records Galegos Depor	Open
NOVO LOPEZ, Brais, RODRIGUEZ SANCOSMED, Pablo, DIAZ- BECERRA LOPEZ, Anton, VAZQUEZ LOPEZ, Martin							
17.	Serie 3	C. N. Portamiñá Lugo		01156	3:23.79	Records Cto. Galego Depor	Open
NOVO LOPEZ, Brais, RODRIGUEZ SANCOSMED, Pablo, DIAZ- BECERRA LOPEZ, Anton, VAZQUEZ LOPEZ, Martin							
Fem., 50m Libre							
1.	Serie 9	Carron Muiña, Carla	05	00878	26.18	Mellores Marcas	18
1.	Final A	Carron Muiña, Carla	05	00878	26.17	Mellores Marcas	18

Fem., 100m Libre

44.	Serie 7	Ouviña Picos, Nadiuska	10	P1106	58.63	Mellores Marcas	13
44.	Final A	Carron Muiña, Carla	05	00878	55.61	Records Cto. Galego Depor	Open

Fem., 50m Espalda

16.	Serie 3	Lopez-Freire Francia, Celia	10	01156	30.83	Mellores Marcas	13
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Fem., 100m Espalda

26.	Serie 6	Lopez-Freire Francia, Celia	10	01156	1:05.20	Mellores Marcas	13
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Fem., 200m Espalda

11.	Serie 4	Requejo Fernandez, Irene	10	00101	2:21.94	Mellores Marcas	13
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Fem., 50m Braza

7.	Serie 7	Gudín Pérez, Andrea	10	00837	34.27	Mellores Marcas	13
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Fem., 100m Braza

42.	Final A	Mourenza Rocha, Sofia	07	01156	1:10.16	Mellores Marcas	16
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Fem., 4 x 50m Libre

33.	Serie 3	C. N. Ponteareas		00878	1:47.13	Records Cto. Galego Depor	Open
CARRON MUIÑA, Carla, FARO MARTINEZ, Carla, BORGE JUSTE, Ines, LEMOS FERNANDEZ, Iria							

Fem., 4 x 50m Estilos

16.	Serie 3	C. N. Ponteareas		00878	1:57.98	Records Cto. Galego Depor	Open
EIJO GIL, Naiara, CARBALLO GONZALEZ, Sofia, LEMOS FERNANDEZ, Iria, CARRON MUIÑA, Carla							



Mejor rendimiento por puntos

52 of 53 Events

Puntos: FINA 2023

Masc.

1. MENDEZ PUGA, Mario	03	C. N. Vigo Rías Baixas	1500m Libre	14:58.31	837
2. GARCÍA CASTRO, Mateo	05	C. N. Arteixo	800m Libre	8:00.16	787
3. VAZQUEZ LOPEZ, Martin	03	C. N. Portamiñá Lugo	50m Mariposa	23.75	768
4. SANLÉS DIESTE, Hugo	04	Soc. Dep. Cul. N. Boiro	200m Libre	1:51.82	701
5. NAVARRO LOSADA, Sergi	07	C. N. Ferrol	200m Espalda	1:59.27	694
6. PARDO PERNAS, Martin	02	C. Fluvial De Lugo	200m Libre	1:52.33	692
7. ALVAREZ FERNANDEZ, Borja	96	C. Fluvial De Lugo	200m Estilos	2:04.66	680
8. NOVO LOPEZ, Brais	03	C. N. Portamiñá Lugo	100m Braza	1:02.98	676
PÉREZ LORENZO, Manuel	05	Soc. Dep. Cul. N. Boiro	100m Braza	1:02.98	676
10. MANEIROS PAZ, Mario	06	C. N. Ferrol	800m Libre	8:28.17	664

Fem.

1. CARRON MUIÑA, Carla	05	C. N. Pontearreas	200m Libre	1:59.26	791
2. GÓMEZ MESÍAS, Alba	00	C. N. Arteixo	200m Libre	2:02.57	728
3. FEIJOO GOMEZ, Eva	04	C. N. Pabellón Ourense	200m Libre	2:02.86	723
4. MOURENZA ROCHA, Ines	07	C. N. Portamiñá Lugo	400m Libre	4:19.27	710
5. CERNADAS GONZALEZ, Ana	04	C. Fluvial De Lugo	200m Espalda	2:13.51	707
6. MOURENZA ROCHA, Sofia	07	C. N. Portamiñá Lugo	100m Braza	1:10.16	702
7. CARBALLO GONZALEZ, Sofia	06	C. N. Pontearreas	200m Braza	2:33.03	680
8. ORTIZ DE GUINEA BASTON, A.	97	C. N. Pontearreas	800m Libre	9:12.84	644
JIMENEZ COPPA, Carla M.	06	Agrup. Dep. Fogar	100m Braza	1:12.21	644
10. SOLER LOMBA, Rosalía	00	Real C. Náutico De Vigo	100m Mariposa	1:02.87	635



Medallistas por Club

52 of 53 Events

Medalla	Prueba	Grupo de edad	Nombre	AN	Marca
Agrup. Dep. Fogar					
Plata	51. Masc., 4 x 100m Estilos	Absoluto Masculino	A. D. FOGAR 1		3:51.75
	7. Fem., 50m Braza	Absoluto Femenino	JIMENEZ COPPA, Carla M.	06	33.32
Bronce	37. Masc., 50m Espalda	Absoluto Masculino	ABELEIRA ALVAREZ, Carlos	02	26.64
	34. Masc., 4 x 50m Libre	Absoluto Masculino	A. D. FOGAR 1		1:35.14
	31. Masc., 4 x 200m Libre	Junior Masculino	A. D. FOGAR 1		8:04.33
	15. Masc., 4 x 50m Estilos	Absoluto Masculino	A. D. FOGAR 1		1:44.71
	42. Fem., 100m Braza	Absoluto Femenino	JIMENEZ COPPA, Carla M.	06	1:12.21
	24. Fem., 200m Braza	Absoluto Femenino	JIMENEZ COPPA, Carla M.	06	2:41.85
C. Dep. N. Cidade De Santiago					
Oro	49. Masc., 4 x 100m Estilos	Junior Masculino	CIDADE SANTIAGO 1		3:58.95
Plata	37. Masc., 50m Espalda	Absoluto Masculino	ORECHIA, Agustín	06	26.45
	12. Masc., 200m Espalda	Absoluto Masculino	ORECHIA, Agustín	06	2:05.06
Bronce	25. Masc., 100m Espalda	Absoluto Masculino	ORECHIA, Agustín	06	56.86
	47. Masc., 50m Mariposa	Absoluto Masculino	ORECHIA, Agustín	06	25.25
C. Fluvial De Lugo					
Oro	21. Masc., 100m Estilos	Absoluto Masculino	ALVAREZ FERNANDEZ, Borja	96	57.83
	6. Masc., 200m Estilos	Absoluto Masculino	ALVAREZ FERNANDEZ, Borja	96	2:04.66
	39. Masc., 400m Estilos	Absoluto Masculino	PARDO PERNAS, Martin	02	4:31.43
	38. Fem., 50m Espalda	Absoluto Femenino	CERNADAS GONZALEZ, Ana	04	29.16
	26. Fem., 100m Espalda	Absoluto Femenino	CERNADAS GONZALEZ, Ana	04	1:02.13
	11. Fem., 200m Espalda	Absoluto Femenino	CERNADAS GONZALEZ, Ana	04	2:13.51
Plata	19. Masc., 400m Libre	Absoluto Masculino	PARDO PERNAS, Martin	02	4:00.09
	27. Masc., 200m Mariposa	Absoluto Masculino	TEIJEIRO PRADO, Xoel	06	2:06.92
	17. Masc., 4 x 100m Libre	Absoluto Masculino	C. FLUVIAL LUGO 1		3:28.53
Bronce	45. Masc., 200m Libre	Absoluto Masculino	PARDO PERNAS, Martin	02	1:52.33
	10. Masc., 100m Mariposa	Absoluto Masculino	TEIJEIRO PRADO, Xoel	06	57.18
	36. Masc., 4 x 200m Libre	Absoluto Masculino	C. FLUVIAL LUGO 1		7:47.59
C. N. Arteixo					
Oro	19. Masc., 400m Libre	Absoluto Masculino	GARCÍA CASTRO, Mateo	05	3:53.90
	41. Masc., 800m Libre	Absoluto Masculino	GARCÍA CASTRO, Mateo	05	8:00.16
	48. Fem., 50m Mariposa	Absoluto Femenino	GÓMEZ MESÍAS, Alba	00	28.16
Plata	4. Masc., 1500m Libre	Absoluto Masculino	GARCÍA CASTRO, Mateo	05	15:34.36
	30. Fem., 200m Libre	Absoluto Femenino	GÓMEZ MESÍAS, Alba	00	2:02.57
Bronce	8. Masc., 50m Braza	Absoluto Masculino	GÓMEZ MESÍAS, Miguel Ángel	03	29.56
	43. Masc., 100m Braza	Absoluto Masculino	GÓMEZ MESÍAS, Miguel Ángel	03	1:03.69
	11. Fem., 200m Espalda	Absoluto Femenino	SÁNCHEZ BELLO, Eva	07	2:23.74
	9. Fem., 100m Mariposa	Absoluto Femenino	GÓMEZ MESÍAS, Alba	00	1:03.81
	35. Fem., 4 x 100m Libre	Absoluto Femenino	C. N. ARTEIXO 1		4:00.27
	13. Fem., 4 x 200m Libre	Junior Femenino	C. N. ARTEIXO 1		9:08.63
	18. Fem., 4 x 200m Libre	Absoluto Femenino	C. N. ARTEIXO 1		8:47.38
	50. Fem., 4 x 100m Estilos	Junior Femenino	C. N. ARTEIXO 1		4:40.42
	52. Fem., 4 x 100m Estilos	Absoluto Femenino	C. N. ARTEIXO 1		4:24.43



C. N. Ferrol

Oro	12. Masc., 200m Espalda	Absoluto Masculino	NAVARRO LOSADA, Sergi	07	1:59.27
	14. Masc., 4 x 100m Libre	Junior Masculino	C. N. FERROL 1		3:37.68
	31. Masc., 4 x 200m Libre	Junior Masculino	C. N. FERROL 1		7:58.98
Plata	41. Masc., 800m Libre	Absoluto Masculino	MANEIROS PAZ, Mario	06	8:28.17
	25. Masc., 100m Espalda	Absoluto Masculino	NAVARRO LOSADA, Sergi	07	55.63
	6. Masc., 200m Estilos	Absoluto Masculino	NAVARRO LOSADA, Sergi	07	2:07.18
	39. Masc., 400m Estilos	Absoluto Masculino	NAVARRO LOSADA, Sergi	07	4:33.91
	1. Fem., 50m Libre	Absoluto Femenino	LOPEZ SANMARTIN, Nerea	96	27.04
Bronce	19. Masc., 400m Libre	Absoluto Masculino	MANEIROS PAZ, Mario	06	4:06.64
	4. Masc., 1500m Libre	Absoluto Masculino	MANEIROS PAZ, Mario	06	16:12.05
	27. Masc., 200m Mariposa	Absoluto Masculino	LOSADA JIMÉNEZ, Sergio	04	2:08.49
	21. Masc., 100m Estilos	Absoluto Masculino	SEIJO BERMUDEZ, Daniel	04	59.00
	49. Masc., 4 x 100m Estilos	Junior Masculino	C. N. FERROL 1		4:02.41
	51. Masc., 4 x 100m Estilos	Absoluto Masculino	C. N. FERROL 1		3:52.12
	20. Fem., 800m Libre	Absoluto Femenino	VILLARNOVO PAZOS, Lucia	08	9:18.40
	46. Fem., 1500m Libre	Absoluto Femenino	VILLARNOVO PAZOS, Lucia	08	18:08.26

C. N. Galaico

Oro	37. Masc., 50m Espalda	Absoluto Masculino	SANCHEZ LOUZAN, Daniel	98	26.27
Bronce	14. Masc., 4 x 100m Libre	Junior Masculino	C. N. GALAICO 1		3:40.11

C. N. Monforte De Lemos

Plata	47. Masc., 50m Mariposa	Absoluto Masculino	PONTON RODRIGUEZ, Javier	05	25.16
	21. Masc., 100m Estilos	Absoluto Masculino	MOURE DOVAL, Jose	99	58.18
Bronce	29. Masc., 100m Libre	Absoluto Masculino	MOURE DOVAL, Jose	99	51.97
	6. Masc., 200m Estilos	Absoluto Masculino	MOURE DOVAL, Jose	99	2:09.64
	7. Fem., 50m Braza	Absoluto Femenino	GUDÍN PÉREZ, Andrea	10	34.65

C. N. Mos

Plata	50. Fem., 4 x 100m Estilos	Junior Femenino	C. N. MOS 1		4:35.76
Bronce	32. Fem., 4 x 100m Libre	Junior Femenino	C. N. MOS 1		4:12.93

C. N. Pabellón Ourense

Plata	23. Masc., 200m Braza	Absoluto Masculino	ALVAREZ ALVAREZ, Hector	00	2:22.52
	49. Masc., 4 x 100m Estilos	Junior Masculino	PABELLON OURENSE 1		3:59.36
	44. Fem., 100m Libre	Absoluto Femenino	FEIJOO GOMEZ, Eva	04	56.21
Bronce	30. Fem., 200m Libre	Absoluto Femenino	FEIJOO GOMEZ, Eva	04	2:02.86
	3. Fem., 400m Libre	Absoluto Femenino	FEIJOO GOMEZ, Eva	04	4:26.50

C. N. Panas

Oro	27. Masc., 200m Mariposa	Absoluto Masculino	GARCIA GARAY, Marcos	01	2:06.36
Plata	10. Masc., 100m Mariposa	Absoluto Masculino	GARCIA GARAY, Marcos	01	56.48
	34. Masc., 4 x 50m Libre	Absoluto Masculino	C. N. PANAS 1		1:34.40
	15. Masc., 4 x 50m Estilos	Absoluto Masculino	C. N. PANAS 1		1:44.52
Bronce	2. Masc., 50m Libre	Absoluto Masculino	ARES BARRAL, Anton	00	23.30
	17. Masc., 4 x 100m Libre	Absoluto Masculino	C. N. PANAS 1		3:31.08

C. N. Pontearreas

Oro	1. Fem., 50m Libre	Absoluto Femenino	CARRON MUIÑA, Carla	05	26.17	
	44. Fem., 100m Libre	Absoluto Femenino	CARRON MUIÑA, Carla	05	55.61	
	30. Fem., 200m Libre	Absoluto Femenino	CARRON MUIÑA, Carla	05	1:59.26	
	3. Fem., 400m Libre	Absoluto Femenino	CARRON MUIÑA, Carla	05	4:13.19	
	46. Fem., 1500m Libre	Absoluto Femenino	ORTIZ DE GUINEA BASTON, Alba	97	17:37.35	
	7. Fem., 50m Braza	Absoluto Femenino	CARBALLO GONZALEZ, Sofia	06	33.24	
	24. Fem., 200m Braza	Absoluto Femenino	CARBALLO GONZALEZ, Sofia	06	2:33.03	
	22. Fem., 100m Estilos	Absoluto Femenino	LEMONS FERNANDEZ, Iria	06	1:06.86	
	33. Fem., 4 x 50m Libre	Absoluto Femenino	C. N. PONTEAREAS 1		1:47.13	
	35. Fem., 4 x 100m Libre	Absoluto Femenino	C. N. PONTEAREAS 1		3:53.65	
	18. Fem., 4 x 200m Libre	Absoluto Femenino	C. N. PONTEAREAS 1		8:25.98	
	16. Fem., 4 x 50m Estilos	Absoluto Femenino	C. N. PONTEAREAS 1		1:57.98	
	Plata	20. Fem., 800m Libre	Absoluto Femenino	ORTIZ DE GUINEA BASTON, Alba	97	9:12.84
		42. Fem., 100m Braza	Absoluto Femenino	CARBALLO GONZALEZ, Sofia	06	1:11.91
		32. Fem., 4 x 100m Libre	Junior Femenino	C. N. PONTEAREAS 1		4:11.56
	Bronce	13. Fem., 4 x 200m Libre	Junior Femenino	C. N. PONTEAREAS 1		9:04.04
		23. Masc., 200m Braza	Absoluto Masculino	FARO MARTINEZ, Yoel	07	2:23.40
39. Masc., 400m Estilos		Absoluto Masculino	CARRERA COSTAS, Martin	96	4:41.34	
1. Fem., 50m Libre		Absoluto Femenino	LEMONS FERNANDEZ, Iria	06	27.17	
38. Fem., 50m Espalda		Absoluto Femenino	LEMONS FERNANDEZ, Iria	06	30.82	
48. Fem., 50m Mariposa		Absoluto Femenino	LEMONS FERNANDEZ, Iria	06	28.57	
28. Fem., 200m Mariposa		Absoluto Femenino	ORTIZ DE GUINEA BASTON, Alba	97	2:25.99	
5. Fem., 200m Estilos	Absoluto Femenino	FARO MARTINEZ, Carla	03	2:24.80		

C. N. Portamiña Lugo

Oro	2. Masc., 50m Libre	Absoluto Masculino	VAZQUEZ LOPEZ, Martin	03	22.45	
	25. Masc., 100m Espalda	Absoluto Masculino	VAZQUEZ LOPEZ, Martin	03	53.57	
	43. Masc., 100m Braza	Absoluto Masculino	NOVO LOPEZ, Brais	03	1:02.98	
	23. Masc., 200m Braza	Absoluto Masculino	NOVO LOPEZ, Brais	03	2:17.84	
	47. Masc., 50m Mariposa	Absoluto Masculino	VAZQUEZ LOPEZ, Martin	03	23.75	
	10. Masc., 100m Mariposa	Absoluto Masculino	VAZQUEZ LOPEZ, Martin	03	55.26	
	34. Masc., 4 x 50m Libre	Absoluto Masculino	C. N. PORTAMIÑA 1		1:32.13	
	17. Masc., 4 x 100m Libre	Absoluto Masculino	C. N. PORTAMIÑA 1		3:23.79	
	36. Masc., 4 x 200m Libre	Absoluto Masculino	C. N. PORTAMIÑA 1		7:42.13	
	15. Masc., 4 x 50m Estilos	Absoluto Masculino	C. N. PORTAMIÑA 1		1:42.63	
	51. Masc., 4 x 100m Estilos	Absoluto Masculino	C. N. PORTAMIÑA 1		3:45.53	
	20. Fem., 800m Libre	Absoluto Femenino	MOURENZA ROCHA, Ines	07	9:00.79	
	42. Fem., 100m Braza	Absoluto Femenino	MOURENZA ROCHA, Sofia	07	1:10.16	
	24. Fem., 200m Braza	Absoluto Femenino	MOURENZA ROCHA, Sofia	07	2:33.03	
	28. Fem., 200m Mariposa	Absoluto Femenino	MOURENZA ROCHA, Ines	07	2:17.44	
	5. Fem., 200m Estilos	Absoluto Femenino	MOURENZA ROCHA, Sofia	07	2:19.62	
	40. Fem., 400m Estilos	Absoluto Femenino	MOURENZA ROCHA, Sofia	07	4:55.78	
	32. Fem., 4 x 100m Libre	Junior Femenino	C. N. PORTAMIÑA 1		4:07.84	
	13. Fem., 4 x 200m Libre	Junior Femenino	C. N. PORTAMIÑA 1		8:56.30	
	50. Fem., 4 x 100m Estilos	Junior Femenino	C. N. PORTAMIÑA 1		4:35.40	
	52. Fem., 4 x 100m Estilos	Absoluto Femenino	C. N. PORTAMIÑA 1		4:18.61	
	Plata	2. Masc., 50m Libre	Absoluto Masculino	NOVO LOPEZ, Brais	03	23.02
		8. Masc., 50m Braza	Absoluto Masculino	NOVO LOPEZ, Brais	03	28.96
31. Masc., 4 x 200m Libre		Junior Masculino	C. N. PORTAMIÑA 1		8:03.38	
3. Fem., 400m Libre		Absoluto Femenino	MOURENZA ROCHA, Ines	07	4:19.27	
9. Fem., 100m Mariposa		Absoluto Femenino	MOURENZA ROCHA, Ines	07	1:03.59	

	33. Fem., 4 x 50m Libre	Absoluto Femenino	C. N. PORTAMIÑA 1	1:48.94
	18. Fem., 4 x 200m Libre	Absoluto Femenino	C. N. PORTAMIÑA 1	8:28.60
	16. Fem., 4 x 50m Estilos	Absoluto Femenino	C. N. PORTAMIÑA 1	1:57.99
Bronce	26. Fem., 100m Espalda	Absoluto Femenino	LOPEZ-FREIRE FRANCIA, Celia 10	1:05.24
	40. Fem., 400m Estilos	Absoluto Femenino	SANTAS VAZQUEZ, Laura 09	5:03.90

C. N. Vigo Rías Baixas

Oro	45. Masc., 200m Libre	Absoluto Masculino	MENDEZ PUGA, Mario 03	1:48.44
	4. Masc., 1500m Libre	Absoluto Masculino	MENDEZ PUGA, Mario 03	14:58.31
Plata	14. Masc., 4 x 100m Libre	Junior Masculino	VIGO RIAS BAIXAS 1	3:39.18
	36. Masc., 4 x 200m Libre	Absoluto Masculino	VIGO RIAS BAIXAS 1	7:43.68
	11. Fem., 200m Espalda	Absoluto Femenino	BLANCO ROUCO, Carmen 06	2:20.89
Bronce	41. Masc., 800m Libre	Absoluto Masculino	MASSO ROIG, Martin 07	8:31.49
	22. Fem., 100m Estilos	Absoluto Femenino	RODRIGUEZ RODRIGUEZ, Nina 02	1:08.81

Real C. Náutico De Vigo

Oro	9. Fem., 100m Mariposa	Absoluto Femenino	SOLER LOMBA, Rosalía 00	1:03.31
Plata	46. Fem., 1500m Libre	Absoluto Femenino	PEREZ GARCIA-PICHER, Ana 98	17:58.11
	38. Fem., 50m Espalda	Absoluto Femenino	SOLER LOMBA, Rosalía 00	29.94
	26. Fem., 100m Espalda	Absoluto Femenino	SOLER LOMBA, Rosalía 00	1:04.51
	48. Fem., 50m Mariposa	Absoluto Femenino	SOLER LOMBA, Rosalía 00	28.41
	28. Fem., 200m Mariposa	Absoluto Femenino	RODRÍGUEZ ALONSO, Julia 05	2:19.69
	22. Fem., 100m Estilos	Absoluto Femenino	CONS GESTIDO, Henar Diana 02	1:07.84
	5. Fem., 200m Estilos	Absoluto Femenino	RODRÍGUEZ ALONSO, Julia 05	2:22.99
	40. Fem., 400m Estilos	Absoluto Femenino	RODRÍGUEZ ALONSO, Julia 05	5:03.05
	35. Fem., 4 x 100m Libre	Absoluto Femenino	RCN VIGO 1	3:59.57
	52. Fem., 4 x 100m Estilos	Absoluto Femenino	RCN VIGO 1	4:24.20
Bronce	33. Fem., 4 x 50m Libre	Absoluto Femenino	RCN VIGO 1	1:49.46
	16. Fem., 4 x 50m Estilos	Absoluto Femenino	RCN VIGO 1	2:01.04

Soc. Dep. Cul. N. Boiro

Oro	29. Masc., 100m Libre	Absoluto Masculino	SANLÉS DIESTE, Hugo 04	51.36
	8. Masc., 50m Braza	Absoluto Masculino	PÉREZ LORENZO, Manuel 05	28.53
	43. Masc., 100m Braza	Absoluto Masculino	PÉREZ LORENZO, Manuel 05	1:02.98
Plata	29. Masc., 100m Libre	Absoluto Masculino	PÉREZ LORENZO, Manuel 05	51.75
	45. Masc., 200m Libre	Absoluto Masculino	SANLÉS DIESTE, Hugo 04	1:51.82
Bronce	44. Fem., 100m Libre	Absoluto Femenino	OUVIÑA PICOS, Nadiuska 10	59.07

Sporting C. Casino

Bronce	12. Masc., 200m Espalda	Absoluto Masculino	SUAREZ MARTINEZ, Diego 08	2:06.44
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Medallistas por prueba

52 of 53 Events

1. Fem., 50m Libre

Absoluto Femenino

1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	26.17	-	-	MMG
2.	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL	27.04	-	-	
3.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	27.17	-	-	

2. Masc., 50m Libre

Absoluto Masculino

1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	22.45	-	-	
2.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	23.02	-	-	
3.	ARES BARRAL, Anton	00	C. N. PANAS	23.30	-	-	

3. Fem., 400m Libre

Absoluto Femenino

1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	4:13.19	-	-	
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	4:19.27	-	-	
3.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	4:26.50	-	-	

4. Masc., 1500m Libre

Absoluto Masculino

1.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	14:58.31	-	-	RG
2.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	15:34.36	-	-	
3.	MANEIROS PAZ, Mario	06	C. N. FERROL	16:12.05	-	-	

5. Fem., 200m Estilos

Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:19.62	-	-	
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:22.99	-	-	
3.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	2:24.80	-	-	

6. Masc., 200m Estilos

Absoluto Masculino

1.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	2:04.66	-	-	
2.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:07.18	-	-	
3.	MOURE DOVAL, Jose	99	C. N. MONFORTE	2:09.64	-	-	

7. Fem., 50m Braza

Absoluto Femenino

1.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	33.24	-	-	
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	33.32	-	-	
3.	GUDÍN PÉREZ, Andrea	10	C. N. MONFORTE	34.65	-	-	

8. Masc., 50m Braza						Absoluto Masculino
1.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	28.53	-	- MMG
2.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	28.96	-	-
3.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	29.56	-	-
9. Fem., 100m Mariposa						Absoluto Femenino
1.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:03.31	-	-
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:03.59	-	-
3.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	1:03.81	-	-
10. Masc., 100m Mariposa						Absoluto Masculino
1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	55.26	-	-
2.	GARCIA GARAY, Marcos	01	C. N. PANAS	56.48	-	-
3.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	57.18	-	-
11. Fem., 200m Espalda						Absoluto Femenino
1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	2:13.51	-	-
2.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	2:20.89	-	-
3.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:23.74	-	-
12. Masc., 200m Espalda						Absoluto Masculino
1.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	1:59.27	-	- MMG
2.	ORECHIA, Agustín	06	CIDADE SANTIAGO	2:05.06	-	-
3.	SUAREZ MARTINEZ, Diego	08	SPORTING CASINO	2:06.44	-	-
13. Fem., 4 x 200m Libre						Junior Femenino
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	8:56.30	-	-
2.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	9:04.04	-	-
3.	C. N. ARTEIXO 1		C. N. ARTEIXO	9:08.63	-	-
14. Masc., 4 x 100m Libre						Junior Masculino
1.	C. N. FERROL 1		C. N. FERROL	3:37.68	-	-
2.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	3:39.18	-	-
3.	C. N. GALAICO 1		C. N. GALAICO	3:40.11	-	-
15. Masc., 4 x 50m Estilos						Absoluto Masculino
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	1:42.63	-	-
2.	C. N. PANAS 1		C. N. PANAS	1:44.52	-	-
3.	A. D. FOGAR 1		A. D. FOGAR	1:44.71	-	-

16. Fem., 4 x 50m Estilos Absoluto Femenino

1.	C. N. PONTEAREAS 1	C. N. PONTEAREAS	1:57.98	-	-	RC
2.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	1:57.99	-	-	
3.	RCN VIGO 1	RCN VIGO	2:01.04	-	-	

17. Masc., 4 x 100m Libre Absoluto Masculino

1.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	3:23.79	-	-	RG
2.	C. FLUVIAL LUGO 1	C. FLUVIAL LUGO	3:28.53	-	-	
3.	C. N. PANAS 1	C. N. PANAS	3:31.08	-	-	

18. Fem., 4 x 200m Libre Absoluto Femenino

1.	C. N. PONTEAREAS 1	C. N. PONTEAREAS	8:25.98	-	-	
2.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	8:28.60	-	-	
3.	C. N. ARTEIXO 1	C. N. ARTEIXO	8:47.38	-	-	

19. Masc., 400m Libre Absoluto Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	3:53.90	-	-
2.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	4:00.09	-	-
3.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:06.64	-	-

20. Fem., 800m Libre Absoluto Femenino

1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	9:00.79	-	-
2.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	9:12.84	-	-
3.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	9:18.40	-	-

21. Masc., 100m Estilos Absoluto Masculino

1.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	57.83	-	-
2.	MOURE DOVAL, Jose	99	C. N. MONFORTE	58.18	-	-
3.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	59.00	-	-

22. Fem., 100m Estilos Absoluto Femenino

1.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:06.86	-	-
2.	CONS GESTIDO, Henar Diana	02	RCN VIGO	1:07.84	-	-
3.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:08.81	-	-

23. Masc., 200m Braza Absoluto Masculino

1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	2:17.84	-	-
2.	ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	2:22.52	-	-
3.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:23.40	-	-

24. Fem., 200m Braza Absoluto Femenino

1.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	2:33.03	-	-
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:33.03	-	-
3.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	2:41.85	-	-

25. Masc., 100m Espalda Absoluto Masculino

1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	53.57	-	-
2.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	55.63	-	- MMG
3.	ORECHIA, Agustín	06	CIDADE SANTIAGO	56.86	-	-

26. Fem., 100m Espalda Absoluto Femenino

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:02.13	-	-
2.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:04.51	-	-
3.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	1:05.24	-	-

27. Masc., 200m Mariposa Absoluto Masculino

1.	GARCIA GARAY, Marcos	01	C. N. PANAS	2:06.36	-	-
2.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	2:06.92	-	-
3.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	2:08.49	-	-

28. Fem., 200m Mariposa Absoluto Femenino

1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:17.44	-	-
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:19.69	-	-
3.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	2:25.99	-	-

29. Masc., 100m Libre Absoluto Masculino

1.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	51.36	-	-
2.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	51.75	-	-
3.	MOURE DOVAL, Jose	99	C. N. MONFORTE	51.97	-	-

30. Fem., 200m Libre Absoluto Femenino

1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	1:59.26	-	-
2.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:02.57	-	-
3.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	2:02.86	-	-

31. Masc., 4 x 200m Libre Junior Masculino

1.	C. N. FERROL 1		C. N. FERROL	7:58.98	-	-
2.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	8:03.38	-	-
3.	A. D. FOGAR 1		A. D. FOGAR	8:04.33	-	-

32. Fem., 4 x 100m Libre

Junior Femenino

1. C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	4:07.84	-	-
2. C. N. PONTEAREAS 1	C. N. PONTEAREAS	4:11.56	-	-
3. C. N. MOS 1	C. N. MOS	4:12.93	-	-

33. Fem., 4 x 50m Libre

Absoluto Femenino

1. C. N. PONTEAREAS 1	C. N. PONTEAREAS	1:47.13	-	- RC
2. C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	1:48.94	-	-
3. RCN VIGO 1	RCN VIGO	1:49.46	-	-

34. Masc., 4 x 50m Libre

Absoluto Masculino

1. C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	1:32.13	-	- RC
2. C. N. PANAS 1	C. N. PANAS	1:34.40	-	-
3. A. D. FOGAR 1	A. D. FOGAR	1:35.14	-	-

35. Fem., 4 x 100m Libre

Absoluto Femenino

1. C. N. PONTEAREAS 1	C. N. PONTEAREAS	3:53.65	-	-
2. RCN VIGO 1	RCN VIGO	3:59.57	-	-
3. C. N. ARTEIXO 1	C. N. ARTEIXO	4:00.27	-	-

36. Masc., 4 x 200m Libre

Absoluto Masculino

1. C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	7:42.13	-	-
2. VIGO RIAS BAIXAS 1	VIGO RIAS BAIXAS	7:43.68	-	-
3. C. FLUVIAL LUGO 1	C. FLUVIAL LUGO	7:47.59	-	-

37. Masc., 50m Espalda

Absoluto Masculino

1. SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	26.27	-	-
2. ORECHIA, Agustín	06	CIDADE SANTIAGO	26.45	-	-
3. ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	26.64	-	-

38. Fem., 50m Espalda

Absoluto Femenino

1. CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	29.16	-	-
2. SOLER LOMBA, Rosalía	00	RCN VIGO	29.94	-	-
3. LEMOS FERNANDEZ, Iria	06	C. N. PONTEAREAS	30.82	-	-

39. Masc., 400m Estilos

Absoluto Masculino

1. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	4:31.43	-	-
2. NAVARRO LOSADA, Sergi	07	C. N. FERROL	4:33.91	-	-
3. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	4:41.34	-	-

40. Fem., 400m Estilos Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	4:55.78	-	-
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	5:03.05	-	-
3.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	5:03.90	-	-

41. Masc., 800m Libre Absoluto Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	8:00.16	-	- RC
2.	MANEIROS PAZ, Mario	06	C. N. FERROL	8:28.17	-	-
3.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	8:31.49	-	-

42. Fem., 100m Braza Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	1:10.16	-	- MMG
2.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	1:11.91	-	-
3.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:12.21	-	-

43. Masc., 100m Braza Absoluto Masculino

1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	1:02.98	-	-
1.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:02.98	-	-
3.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	1:03.69	-	-

44. Fem., 100m Libre Absoluto Femenino

1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	55.61	-	- RC
2.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	56.21	-	-
3.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	59.07	-	-

45. Masc., 200m Libre Absoluto Masculino

1.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	1:48.44	-	-
2.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:51.82	-	-
3.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	1:52.33	-	-

46. Fem., 1500m Libre Absoluto Femenino

1.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	17:37.35	-	-
2.	PEREZ GARCIA-PICHER, Ana	98	RCN VIGO	17:58.11	-	-
3.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	18:08.26	-	-

47. Masc., 50m Mariposa Absoluto Masculino

1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	23.75	-	-
2.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	25.16	-	-
3.	ORECHIA, Agustín	06	CIDADE SANTIAGO	25.25	-	-

48. Fem., 50m Mariposa Absoluto Femenino

1.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	28.16	-	-
2.	SOLER LOMBA, Rosalía	00	RCN VIGO	28.41	-	-
3.	LEMOS FERNANDEZ, Iria	06	C. N. PONTEAREAS	28.57	-	-

49. Masc., 4 x 100m Estilos Junior Masculino

1.	CIDADE SANTIAGO 1		CIDADE SANTIAGO	3:58.95	-	-
2.	PABELLON OURENSE 1		PABELLON OURENSE	3:59.36	-	-
3.	C. N. FERROL 1		C. N. FERROL	4:02.41	-	-

50. Fem., 4 x 100m Estilos Junior Femenino

1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	4:35.40	-	-
2.	C. N. MOS 1		C. N. MOS	4:35.76	-	-
3.	C. N. ARTEIXO 1		C. N. ARTEIXO	4:40.42	-	-

51. Masc., 4 x 100m Estilos Absoluto Masculino

1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	3:45.53	-	-
2.	A. D. FOGAR 1		A. D. FOGAR	3:51.75	-	-
3.	C. N. FERROL 1		C. N. FERROL	3:52.12	-	-

52. Fem., 4 x 100m Estilos Absoluto Femenino

1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	4:18.61	-	-
2.	RCN VIGO 1		RCN VIGO	4:24.20	-	-
3.	C. N. ARTEIXO 1		C. N. ARTEIXO	4:24.43	-	-

CLASIFICACION ABSOLUTA

52 of 53 Events

Masc., Abs.

1. C. N. Portamiñá Lugo	01156	534,50
2. C. N. Ferrol	00674	374,50
3. C. N. Pabellón Ourense	00101	351,50
4. Agrup. Dep. Fogar	00617	350,00
5. C. N. Panas	01785	307,00
6. C. N. Arteixo	01133	300,00
7. C. Fluvial De Lugo	00398	246,00
8. C. N. Monforte De Lemos	00837	238,50
9. C. N. Vigo Rías Baixas	00765	193,00
10. C. N. Ponteareas	00878	175,00
11. C. N. Galaico	00784	156,50
12. C. Dep. N. Cidade De Santiago	01295	141,00
13. Soc. Dep. Cul. N. Boiro	P1106	114,50
14. Real C. Náutico De Vigo	00071	108,00
15. C. N. Arzúa	P1112	106,00
16. C. N. Coruña	00186	61,00
17. Sporting C. Casino	00287	55,00
18. C. N. Liceo	01269	24,00
Agrup. Dep. Náutico De Narón	00639	24,00
20. C. N. Culleredo	01433	23,00
21. C. N. Mos	01424	6,00
22. C. N. Ordes	01766	3,00

Fem., Abs.

1. C. N. Ponteareas	00878	498,50
2. Real C. Náutico De Vigo	00071	441,00
3. C. N. Portamiñá Lugo	01156	417,50
4. C. N. Arteixo	01133	311,50
5. C. N. Ferrol	00674	276,00
6. C. N. Vigo Rías Baixas	00765	273,00
7. C. N. Pabellón Ourense	00101	236,50
8. C. N. Galaico	00784	185,00
9. C. Fluvial De Lugo	00398	183,00
10. Sporting C. Casino	00287	127,00
11. Agrup. Dep. Fogar	00617	113,50
12. C. Dep. N. Cidade De Santiago	01295	99,00
13. Soc. Dep. Cul. N. Boiro	P1106	95,00
14. C. N. Mos	01424	92,00
15. C. N. Culleredo	01433	55,00
16. C. Marina Ferrol	00146	46,00
17. Agrup. Dep. Náutico De Narón	00639	45,00
18. C. N. Monforte De Lemos	00837	37,50
19. C. N. Coruña	00186	20,00
20. C. N. Redondela	00873	1,00



Todos, Abs.

1. C. N. Portamiñá Lugo	01156	952,00
2. C. N. Ponteareas	00878	673,50
3. C. N. Ferrol	00674	650,50
4. C. N. Arteixo	01133	611,50
5. C. N. Pabellón Ourense	00101	588,00
6. Real C. Náutico De Vigo	00071	549,00
7. C. N. Vigo Rías Baixas	00765	466,00
8. Agrup. Dep. Fogar	00617	463,50
9. C. Fluvial De Lugo	00398	429,00
10. C. N. Galaico	00784	341,50
11. C. N. Panas	01785	307,00
12. C. N. Monforte De Lemos	00837	276,00
13. C. Dep. N. Cidade De Santiago	01295	240,00
14. Soc. Dep. Cul. N. Boiro	P1106	209,50
15. Sporting C. Casino	00287	182,00
16. C. N. Arzúa	P1112	106,00
17. C. N. Mos	01424	98,00
18. C. N. Coruña	00186	81,00
19. C. N. Culleredo	01433	78,00
20. Agrup. Dep. Náutico De Narón	00639	69,00
21. C. Marina Ferrol	00146	46,00
22. C. N. Liceo	01269	24,00
23. C. N. Ordes	01766	3,00
24. C. N. Redondela	00873	1,00

