

Prueba 1
07/07/2023 - 18:10

Fem., 50m Libre

Absoluto Femenino
Resultados Final

RG	26.21	, GARCIA SILVA ANTIA	GALAICO	12/04/2022
RC	26.48	, GARCIA SILVA, ANTIA	GALAICO	17/07/2021

Clasificación	AN	Tiempo	ABSO	JUNI
---------------	----	--------	------	------

Final A

1.	GARCIA SILVA, Antia	98	C. N. GALAICO	26.97	19,00	-
2.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	27.47	16,00	-
3.	LEMOS FERNANDEZ, Iria	06	C. N. PONTEAREAS	28.06	14,00	-
4.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	28.13	13,00	-
5.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	28.15	12,00	-
6.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	28.58	11,00	-
7.	MARTINEZ OTERO, Eva	08	C. N. MOS	28.65	10,00	-
8.	BALADO PENA, Celtia	07	C. MARINA FERROL	28.76	9,00	-

Final B

9.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	28.64	8,00	-
10.	SUAREZ KITAHORI, Nana S.	05	A. D. FOGAR	28.93	7,00	-
11.	CONS GESTIDO, Victoria Anna	05	RCN VIGO	29.26	6,00	-
12.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	29.33	5,00	-
13.	HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	29.48	4,00	-
14.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	29.53	3,00	-
15.	JIMÉNEZ EZQUERRA, Ana María	07	C. N. FERROL	29.76	2,00	-
16.	GROBA COMESAÑA, Noa	06	RCN VIGO	29.83	1,00	-

Prueba 1
07/07/2023 - 9:30

Fem., 50m Libre

Absoluto Femenino
Resultados Prelim

RG	26.21	GARCIA SILVA ANTIA	GALAICO	12/04/2022
RC	26.48	GARCIA SILVA, ANTIA	GALAICO	17/07/2021

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Femenino					
1.	06	C. N. PONTEAREAS	27.58	- 19,00	A
2.	07	VIGO RIAS BAIXAS	27.79	- 16,00	A
3.	07	C. MARINA FERROL	28.77	- 14,00	A
4.	07	C. N. PORTAMIÑA	29.13	- 13,00	B
5.	06	RCN VIGO	29.48	- 12,00	B
6.	07	C. N. FERROL	29.67	- 11,00	B
7.	06	C. FLUVIAL LUGO	30.02	- 10,00	
8.	06	VIGO RIAS BAIXAS	30.33	- 9,00	
9.	06	C. N. XOVE	30.73	- 8,00	
10.	06	A. D. FOGAR	30.83	- 7,00	
11.	06	C. N. ARTEIXO	30.99	-	-
12.	07	CIDADE SANTIAGO	31.04	- 6,00	
13.	07	C. MARINA FERROL	31.05	- 5,00	
14.	07	C. MARINA FERROL	31.30	-	-
15.	07	C. N. MONFORTE	31.41	- 4,00	
16.	07	C. N. PORTAMIÑA	31.82	-	-
17.	07	A. D. FOGAR	31.84	-	-
18.	07	C. N. GALAICO	35.08	-	-

Absoluto Femenino

1.	98	C. N. GALAICO	27.09	-	- A
2.	06	C. N. PONTEAREAS	27.58	- 19,00	A
3.	04	PABELLON OURENSE	27.63	-	- A
4.	07	VIGO RIAS BAIXAS	27.79	- 16,00	A
5.	03	C. N. PONTEAREAS	28.60	-	- A
6.	10	S. DEP. BOIRO	28.64	-	- A
7.	08	C. N. MOS	28.72	-	- A
8.	07	C. MARINA FERROL	28.77	- 14,00	A
9.	02	VIGO RIAS BAIXAS	28.87	-	- B
10.	05	RCN VIGO	28.95	-	- B
11.	05	A. D. FOGAR	29.05	-	- B
12.	07	C. N. PORTAMIÑA	29.13	- 13,00	B
13.	06	RCN VIGO	29.48	- 12,00	B
14.	05	C. N. GALAICO	29.58	-	- B
15.	07	C. N. FERROL	29.67	- 11,00	B
16.	08	C. N. CULLEREDO	29.70	-	- B
17.	04	C. N. REDONDELA	29.82	-	-
18.	00	C. MARINA FERROL	30.01	-	-
19.	06	C. FLUVIAL LUGO	30.02	- 10,00	
20.	01	C. N. PONTEAREAS	30.16	-	-
21.	08	A. D. FOGAR	30.21	-	-
22.	08	C. N. MOS	30.22	-	-
23.	08	C. FLUVIAL LUGO	30.28	-	-
24.	06	VIGO RIAS BAIXAS	30.33	- 9,00	

Prueba 1, Fem., 50m Libre, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI
25. ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	30.44	-	-
26. BLANCO MENDEZ, Claudia	08	PABELLON OURENSE	30.62	-	-
27. DOVAL CASTRO, Carla	08	C. N. REDONDELA	30.66	-	-
28. BARRO ALVAREZ, Emilia	06	C. N. XOVE	30.73	-	8,00
29. CANO ROSALES, Laura	04	C. N. GALAICO	30.79	-	-
30. BOTANA PEDREIRA, Lola	06	A. D. FOGAR	30.83	-	7,00
31. GARCÍA NAYA, Irene	06	C. N. ARTEIXO	30.99	-	-
32. SUAREZ RIPOLL, Lia	07	CIDADE SANTIAGO	31.04	-	6,00
33. CARRASCO DE CASTRO, Ana	07	C. MARINA FERROL	31.05	-	5,00
34. CORTIÑAS LAIÑO, Carla	05	CIDADE SANTIAGO	31.29	-	-
35. CHUBB PEREIRA, Emma	07	C. MARINA FERROL	31.30	-	-
36. MARTINEZ MORAN, Esther	07	C. N. MONFORTE	31.41	-	4,00
37. PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	31.82	-	-
38. REY PITA, Clara	07	A. D. FOGAR	31.84	-	-
39. MELLID LOSADA, Anxela	07	C. N. GALAICO	35.08	-	-
Baja LOPEZ SANMARTIN, Nerea	96	C. N. FERROL		-	-
Baja HERMIDA ALONSO, Antia	08	C. N. MOS		-	-

Prueba 2
07/07/2023 - 18:15

Masc., 50m Libre

Absoluto Masculino
Resultados Final

RG	22.72	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015
RC	22.72	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015

Clasificación	AN		Tiempo	ABSO	JUNI
---------------	----	--	--------	------	------

Final A

1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	23.98	19,00	-
2.	ARES BARRAL, Anton	00	C. N. PANAS	24.08	16,00	-
3.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	24.19	14,00	-
4.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	24.69	-	-
5.	BRAVO CONDE, Cristian	00	C. N. PANAS	24.80	13,00	-
6.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	24.91	12,00	-
7.	BALSA VIGO, Javier	05	C. N. CORUÑA	24.92	11,00	-
DSQ	LOBELLE GONZALEZ, Ivan	89	C. FLUVIAL LUGO		10,00	-
	<i>Saída anticipada</i>					

Final B

9.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	25.26	9,00	-
10.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	25.33	8,00	-
11.	PINO LORENZO, Brais	01	C. N. PONTEAREAS	25.40	7,00	-
12.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	25.41	6,00	-
13.	RODRIGUEZ QUINTAS, Igor	04	PABELLON OURENSE	25.50	-	-
14.	BURGO BEIRO, Marcos	00	C. FLUVIAL LUGO	25.70	5,00	-
15.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	25.71	4,00	-
16.	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	25.73	3,00	-

Prueba 2
07/07/2023 - 9:39

Masc., 50m Libre

Absoluto Masculino
Resultados Prelim

RG	22.72	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015
RC	22.72	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Masculino					
1.	05	BALSA VIGO, Javier	C. N. CORUÑA	25.00	- 19,00 A
2.	05	PONTON RODRIGUEZ, Javier	C. N. MONFORTE	25.26	- 16,00 B
3.	05	QUIROGA RAMOS, Yago	PABELLON OURENSE	25.40	- 14,00 B
4.	05	DIAZ- BECERRA LOPEZ, Anton	C. N. PORTAMIÑA	26.02	- 13,00
5.	06	ACEVEDO MENDEZ, Gabriel	C. N. PONTEAREAS	26.89	- 12,00
6.	06	SOBRINO BUJIA, Mateo	C. N. CULLEREDO	26.90	- 11,00
7.	06	VAZQUEZ COSTA, Miguel	C. N. GALAICO	26.98	- 10,00
8.	06	LOPEZ RODRIGUEZ, Hugo	C. N. MONFORTE	27.00	- 9,00
9.	06	MENDEZ GARCIA, Xoan	C. N. PORTAMIÑA	27.16	- 8,00
10.	06	MERA TATO, Hugo	C. N. ARZUA	28.03	- -
11.	06	VAZQUEZ FERNANDEZ, Nicolas	C. N. GALAICO	28.18	- -

Absoluto Masculino

1.	03	VAZQUEZ LOPEZ, Martin	C. N. PORTAMIÑA	24.31	- - A
2.	03	NOVO LOPEZ, Brais	C. N. PORTAMIÑA	24.42	- - A
3.	00	ARES BARRAL, Anton	C. N. PANAS	24.51	- - A
4.	03	RODRIGUEZ SANCOSMED, Pablo	C. N. PORTAMIÑA	24.86	- - A
5.	00	BRAVO CONDE, Cristian	C. N. PANAS	24.89	- - A
6.	89	LOBELLE GONZALEZ, Ivan	C. FLUVIAL LUGO	24.93	- - A
7.	04	SEIJO BERMUDEZ, Daniel	C. N. FERROL	24.97	- - A
8.	05	BALSA VIGO, Javier	C. N. CORUÑA	25.00	- 19,00 A
9.	05	PONTON RODRIGUEZ, Javier	C. N. MONFORTE	25.26	- 16,00 B
10.	02	CIVEIRA CORRAL, Samuel	PABELLON OURENSE	25.29	- - B
11.	05	QUIROGA RAMOS, Yago	PABELLON OURENSE	25.40	- 14,00 B
12.	01	PINO LORENZO, Brais	C. N. PONTEAREAS	25.43	- - B
13.	04	RODRIGUEZ QUINTAS, Igor	PABELLON OURENSE	25.44	- - B
14.	00	BURGO BEIRO, Marcos	C. FLUVIAL LUGO	25.47	- - B
15.	02	ABELEIRA ALVAREZ, Carlos	A. D. FOGAR	25.54	- - B
16.	04	RODRIGUEZ DOMINGUEZ, Fco. Javier	C. N. PONTEAREAS	25.58	- - B
17.	08	LEVCHENKO, Nikita	C. N. ARZUA	25.63	2,00 -
18.	98	BOUZAS PEDREIRA, Tomas	C. N. GALAICO	25.71	1,00 -
19.	01	SIMON COTELO, Manuel	C. N. PANAS	25.77	- -
20.	08	RODRIGUEZ VIEITEZ, Hugo	VIGO RIAS BAIXAS	25.84	- -
21.	02	PONTON RODRIGUEZ, Juan	C. N. MONFORTE	25.86	- -
22.	97	UCHA NIETO, Jacobo	C. N. GALAICO	25.88	- -
23.	01	JUNCAL MOREIRA, Pablo	C. N. GALAICO	25.89	- -
24.	07	TABEIRA OLASCOAGA, Tadeo	C. N. FERROL	25.95	- -
25.	05	DIAZ- BECERRA LOPEZ, Anton	C. N. PORTAMIÑA	26.02	- 13,00
26.	00	CARREIRA POSADA, Jorge	C. N. PANAS	26.17	- -
27.	07	PAZOS IGLESIAS, André	RCN VIGO	26.21	- -
28.	93	DEL RIO REGUEIRA, Marcos	C. N. ARTEIXO	26.25	- -
29.	07	PIÑEIRO RODRIGUEZ, Samuel	VIGO RIAS BAIXAS	26.32	- -
30.	07	PEREZ GARCIA, Iker	C. N. GALAICO	26.51	- -
31.	03	CANCELA GOMEZ, Hugo	C. N. PONTEAREAS	26.56	- -

Prueba 2, Masc., 50m Libre, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO	JUNI
32. PEREZ TIERRA, Ismael	02	RCN VIGO	26.65	-	-
33. MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	26.68	-	-
34. DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	26.69	-	-
35. ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	26.89	-	12,00
36. SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	26.90	-	11,00
37. VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	26.98	-	10,00
38. LOPEZ RODRIGUEZ, Hugo	06	C. N. MONFORTE	27.00	-	9,00
39. MENDEZ GARCIA, Xoan	06	C. N. PORTAMIÑA	27.16	-	8,00
40. ALONSO RODRIGUEZ, Javier	01	C. N. PONTEAREAS	27.97	-	-
41. MERA TATO, Hugo	06	C. N. ARZUA	28.03	-	-
42. VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	28.18	-	-
Baja MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO		-	-
Baja BRIÓN SAMPEDRO, Carlos	97	S. DEP. BOIRO		-	-

Prueba 3
07/07/2023 - 18:20

Fem., 400m Libre

Absoluto Femenino
Resultados Final

RG	4:10.13	, CONS GESTIDO, AGUEDA BEATRIZ	GALAICO	29/06/2017
RC	4:19.21	, CARRON MUIÑA, CARLA	ARZUA	18/07/2021

Clasificación			AN			Tiempo	ABSO	JUNI		
Final A										
1.	DE VALDES ALVAREZ, Maria		98	C. N. LICEO		4:16.75	22,00	- RC		
	50m:	30.23 30.23	150m:	1:34.47	32.42	250m:	2:39.38	32.31	350m:	3:44.83 32.91
	100m:	1:02.05 31.82	200m:	2:07.07	32.60	300m:	3:11.92	32.54	400m:	4:16.75 31.92
2.	MOURENZA ROCHA, Ines		07	C. N. PORTAMIÑA		4:25.37	16,00	-		
	50m:	30.90 30.90	150m:	1:37.46	33.48	250m:	2:44.59	33.70	350m:	3:52.52 33.88
	100m:	1:03.98 33.08	200m:	2:10.89	33.43	300m:	3:18.64	34.05	400m:	4:25.37 32.85
3.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA		4:25.45	14,00	-		
	50m:	31.62 31.62	150m:	1:37.92	33.48	250m:	2:45.29	33.97	350m:	3:53.28 33.87
	100m:	1:04.44 32.82	200m:	2:11.32	33.40	300m:	3:19.41	34.12	400m:	4:25.45 32.17
4.	GÓMEZ MESÍAS, Alba		00	C. N. ARTEIXO		4:31.20	13,00	-		
	50m:	30.52 30.52	150m:	1:38.30	34.27	250m:	2:46.49	34.15	350m:	3:56.19 34.96
	100m:	1:04.03 33.51	200m:	2:12.34	34.04	300m:	3:21.23	34.74	400m:	4:31.20 35.01
5.	BARROS DA SILVA, Sofia		09	C. N. GALAICO		4:40.73	12,00	-		
	50m:	32.43 32.43	150m:	1:42.04	35.15	250m:	2:52.88	35.72	350m:	4:05.02 36.18
	100m:	1:06.89 34.46	200m:	2:17.16	35.12	300m:	3:28.84	35.96	400m:	4:40.73 35.71
6.	PARDO CHAS, Eva		04	C. N. FERROL		4:45.26	11,00	-		
	50m:	32.29 32.29	150m:	1:43.02	35.87	250m:	2:55.60	36.65	350m:	4:09.61 37.16
	100m:	1:07.15 34.86	200m:	2:18.95	35.93	300m:	3:32.45	36.85	400m:	4:45.26 35.65
7.	FERNANDEZ AGUION, Sara		07	C. N. CORUÑA		4:51.09	10,00	-		
	50m:	33.45 33.45	150m:	1:45.25	36.27	250m:	2:59.04	37.19	350m:	4:14.69 38.18
	100m:	1:08.98 35.53	200m:	2:21.85	36.60	300m:	3:36.51	37.47	400m:	4:51.09 36.40
8.	ROCHA GONZALEZ, Gisele		09	C. N. GALAICO		4:51.42	9,00	-		
	50m:	32.55 32.55	150m:	1:44.38	36.30	250m:	2:58.90	37.26	350m:	4:14.55 37.52
	100m:	1:08.08 35.53	200m:	2:21.64	37.26	300m:	3:37.03	38.13	400m:	4:51.42 36.87
Final B										
9.	BABARRO LOPEZ, Maria		08	PABELLON OURENSE		4:49.38	8,00	-		
	50m:	33.37 33.37	150m:	1:45.86	36.63	250m:	2:59.92	36.89	350m:	4:13.47 36.89
	100m:	1:09.23 35.86	200m:	2:23.03	37.17	300m:	3:36.58	36.66	400m:	4:49.38 35.91
10.	RODRÍGUEZ RODRÍGUEZ, Paula		08	C. N. ARTEIXO		4:51.47	7,00	-		
	50m:	33.40 33.40	150m:	1:46.06	36.72	250m:	3:00.52	37.26	350m:	4:15.00 37.22
	100m:	1:09.34 35.94	200m:	2:23.26	37.20	300m:	3:37.78	37.26	400m:	4:51.47 36.47
11.	COUCEIRO BARREIRO, Marta		07	SPORTING CASINO		4:53.21	6,00	-		
	50m:	34.73 34.73	150m:	1:49.32	37.78	250m:	3:04.05	37.40	350m:	4:18.36 36.92
	100m:	1:11.54 36.81	200m:	2:26.65	37.33	300m:	3:41.44	37.39	400m:	4:53.21 34.85
12.	VAZQUEZ LIZ, Mireia		08	C. N. PORTAMIÑA		4:53.47	-	-		
	50m:	33.22 33.22	150m:	1:46.80	37.31	250m:	3:01.78	37.14	350m:	4:17.21 37.50
	100m:	1:09.49 36.27	200m:	2:24.64	37.84	300m:	3:39.71	37.93	400m:	4:53.47 36.26
13.	GONZALEZ GONZALEZ, Iara		09	VIGO RIAS BAIXAS		4:53.78	5,00	-		
	50m:	32.73 32.73	150m:	1:45.93	37.16	250m:	3:01.77	38.05	350m:	4:18.23 37.81
	100m:	1:08.77 36.04	200m:	2:23.72	37.79	300m:	3:40.42	38.65	400m:	4:53.78 35.55
14.	FERNANDEZ GRATEROL, Sofia Antia		07	PABELLON OURENSE		4:57.67	4,00	-		
	50m:	34.48 34.48	150m:	1:49.37	37.87	250m:	3:05.04	38.07	350m:	4:20.64 37.80
	100m:	1:11.50 37.02	200m:	2:26.97	37.60	300m:	3:42.84	37.80	400m:	4:57.67 37.03

Prueba 3, Fem., 400m Libre, Final, Absoluto Femenino

Clasificación	AN						Tiempo	ABSO	JUNI		
15. BUJAN ROUCO, Enma	07						4:59.49	-	-		
50m:	33.24	33.24	150m:	1:47.97	37.87	250m:	3:04.47	38.42	350m:	4:22.04	38.72
100m:	1:10.10	36.86	200m:	2:26.05	38.08	300m:	3:43.32	38.85	400m:	4:59.49	37.45
16. SEGOVIA CARBALLO, Paula	00						5:00.01	-	-		
50m:	33.51	33.51	150m:	1:48.21	38.03	250m:	3:05.73	38.89	350m:	4:22.97	37.99
100m:	1:10.18	36.67	200m:	2:26.84	38.63	300m:	3:44.98	39.25	400m:	5:00.01	37.04

Prueba 3
07/07/2023 - 9:50

Fem., 400m Libre

Absoluto Femenino
Resultados Prelim

RG	4:10.13	, CONS GESTIDO, AGUEDA BEATRIZ	GALAICO	29/06/2017
RC	4:19.21	, CARRON MUIÑA, CARLA	ARZUA	18/07/2021

Clasificación	AN	Tempo	ABSO	JUNI
Junior Femenino				
1. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	4:32.24	- 19,00 A
50m: 31.20 31.20	150m: 1:39.18	34.13	250m: 2:47.39	34.30
100m: 1:05.05 33.85	200m: 2:13.09	33.91	300m: 3:22.51	35.12
350m: 3:57.60	35.09	400m: 4:32.24	34.64	
2. FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	4:49.66	- 16,00 A
50m: 32.79 32.79	150m: 1:44.08	35.91	250m: 2:57.86	36.50
100m: 1:08.17 35.38	200m: 2:21.36	37.28	300m: 3:35.60	37.74
350m: 4:12.95	37.35	400m: 4:49.66	36.71	
3. COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	4:55.74	- 14,00 B
50m: 34.63 34.63	150m: 1:48.64	36.80	250m: 3:04.48	38.02
100m: 1:11.84 37.21	200m: 2:26.46	37.82	300m: 3:42.49	38.01
350m: 4:20.03	37.54	400m: 4:55.74	35.71	
4. FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	4:56.62	- 13,00 B
50m: 34.83 34.83	150m: 1:49.08	37.45	250m: 3:04.06	37.45
100m: 1:11.63 36.80	200m: 2:26.61	37.53	300m: 3:41.72	37.66
350m: 4:19.32	37.60	400m: 4:56.62	37.30	
5. BUJAN ROUCO, Enma	07	C. N. XOVE	5:04.28	- 12,00 B
50m: 33.07 33.07	150m: 1:48.64	38.68	250m: 3:07.40	39.45
100m: 1:09.96 36.89	200m: 2:27.95	39.31	300m: 3:47.02	39.62
350m: 4:26.52	39.50	400m: 5:04.28	37.76	
6. VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	5:05.25	- 11,00
50m: 34.44 34.44	150m: 1:48.64	37.24	250m: 3:06.11	39.02
100m: 1:11.40 36.96	200m: 2:27.09	38.45	300m: 3:46.06	39.95
350m: 4:25.90	39.84	400m: 5:05.25	39.35	
7. SANCHEZ JUANE, Maica	07	PABELLON OURENSE	5:17.07	- -
50m: 35.11 35.11	150m: 1:52.42	39.60	250m: 3:12.98	40.10
100m: 1:12.82 37.71	200m: 2:32.88	40.46	300m: 3:53.88	40.90
350m: 4:36.03	42.15	400m: 5:17.07	41.04	
8. GONZALEZ IGLESIAS, Nerea	07	C. FLUVIAL LUGO	5:18.69	- -
50m: 33.68 33.68	150m: 1:51.32	39.95	250m: 3:13.22	41.42
100m: 1:11.37 37.69	200m: 2:31.80	40.48	300m: 3:55.08	41.86
350m: 4:37.88	42.80	400m: 5:18.69	40.81	
Baja CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	-	-

Absoluto Femenino

1. DE VALDES ALVAREZ, Maria	98	C. N. LICEO	4:28.81	- - A
50m: 30.95 30.95	150m: 1:36.99	33.37	250m: 2:44.96	34.18
100m: 1:03.62 32.67	200m: 2:10.78	33.79	300m: 3:19.73	34.77
350m: 3:54.57	34.84	400m: 4:28.81	34.24	
2. CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	4:31.33	- - A
50m: 32.05 32.05	150m: 1:39.66	34.09	250m: 2:48.17	34.12
100m: 1:05.57 33.52	200m: 2:14.05	34.39	300m: 3:22.84	34.67
350m: 3:57.33	34.49	400m: 4:31.33	34.00	
3. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	4:32.24	- 19,00 A
50m: 31.20 31.20	150m: 1:39.18	34.13	250m: 2:47.39	34.30
100m: 1:05.05 33.85	200m: 2:13.09	33.91	300m: 3:22.51	35.12
350m: 3:57.60	35.09	400m: 4:32.24	34.64	
4. GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	4:35.99	- - A
50m: 31.13 31.13	150m: 1:39.11	34.66	250m: 2:49.62	35.20
100m: 1:04.45 33.32	200m: 2:14.42	35.31	300m: 3:25.23	35.61
350m: 4:01.04	35.81	400m: 4:35.99	34.95	
5. BARROS DA SILVA, Sofia	09	C. N. GALAICO	4:41.29	- - A
50m: 32.57 32.57	150m: 1:42.72	35.20	250m: 2:53.78	35.49
100m: 1:07.52 34.95	200m: 2:18.29	35.57	300m: 3:29.73	35.95
350m: 4:05.92	36.19	400m: 4:41.29	35.37	

Prueba 3, Fem., 400m Libre, Prelim, Absoluto Femenino

Clasificación	AN	Tempo	ABSO	JUNI
6. PARDO CHAS, Eva	04 C. N. FERROL	4:46.29	-	- A
50m: 32.81 32.81	150m: 1:44.01 36.33	250m: 2:56.75 35.91	350m: 4:10.08 36.94	
100m: 1:07.68 34.87	200m: 2:20.84 36.83	300m: 3:33.14 36.39	400m: 4:46.29 36.21	
7. FERNANDEZ AGUION, Sara	07 C. N. CORUÑA	4:49.66	-	16,00 A
50m: 32.79 32.79	150m: 1:44.08 35.91	250m: 2:57.86 36.50	350m: 4:12.95 37.35	
100m: 1:08.17 35.38	200m: 2:21.36 37.28	300m: 3:35.60 37.74	400m: 4:49.66 36.71	
8. ROCHA GONZALEZ, Gisele	09 C. N. GALAICO	4:51.15	-	- A
50m: 33.37 33.37	150m: 1:45.75 36.59	250m: 3:00.24 37.29	350m: 4:14.74 37.16	
100m: 1:09.16 35.79	200m: 2:22.95 37.20	300m: 3:37.58 37.34	400m: 4:51.15 36.41	
9. RODRÍGUEZ RODRÍGUEZ, Paula	08 C. N. ARTEIXO	4:51.78	-	- B
50m: 33.57 33.57	150m: 1:46.02 36.68	250m: 3:00.41 37.21	350m: 4:15.28 37.34	
100m: 1:09.34 35.77	200m: 2:23.20 37.18	300m: 3:37.94 37.53	400m: 4:51.78 36.50	
10. BABARRO LOPEZ, Maria	08 PABELLON OURENSE	4:54.81	-	- B
50m: 33.45 33.45	150m: 1:46.13 36.64	250m: 3:00.91 37.37	350m: 4:16.89 38.20	
100m: 1:09.49 36.04	200m: 2:23.54 37.41	300m: 3:38.69 37.78	400m: 4:54.81 37.92	
11. COUCEIRO BARREIRO, Marta	07 SPORTING CASINO	4:55.74	-	14,00 B
50m: 34.63 34.63	150m: 1:48.64 36.80	250m: 3:04.48 38.02	350m: 4:20.03 37.54	
100m: 1:11.84 37.21	200m: 2:26.46 37.82	300m: 3:42.49 38.01	400m: 4:55.74 35.71	
12. FERNANDEZ GRATEROL, Sofia Antia	07 PABELLON OURENSE	4:56.62	-	13,00 B
50m: 34.83 34.83	150m: 1:49.08 37.45	250m: 3:04.06 37.45	350m: 4:19.32 37.60	
100m: 1:11.63 36.80	200m: 2:26.61 37.53	300m: 3:41.72 37.66	400m: 4:56.62 37.30	
13. GONZALEZ GONZALEZ, Iara	09 VIGO RIAS BAIXAS	4:56.81	-	- B
50m: 33.14 33.14	150m: 1:46.93 37.68	250m: 3:02.59 38.06	350m: 4:19.41 38.29	
100m: 1:09.25 36.11	200m: 2:24.53 37.60	300m: 3:41.12 38.53	400m: 4:56.81 37.40	
14. VAZQUEZ LIZ, Mireia	08 C. N. PORTAMIÑA	4:57.90	-	- B
50m: 32.89 32.89	150m: 1:46.88 37.88	250m: 3:04.12 38.42	350m: 4:20.85 38.17	
100m: 1:09.00 36.11	200m: 2:25.70 38.82	300m: 3:42.68 38.56	400m: 4:57.90 37.05	
15. SEGOVIA CARBALLO, Paula	00 C. N. FERROL	5:04.19	-	- B
50m: 33.94 33.94	150m: 1:49.87 38.32	250m: 3:06.90 38.46	350m: 4:24.67 38.84	
100m: 1:11.55 37.61	200m: 2:28.44 38.57	300m: 3:45.83 38.93	400m: 5:04.19 39.52	
16. BUJAN ROUCO, Enma	07 C. N. XOVE	5:04.28	-	12,00 B
50m: 33.07 33.07	150m: 1:48.64 38.68	250m: 3:07.40 39.45	350m: 4:26.52 39.50	
100m: 1:09.96 36.89	200m: 2:27.95 39.31	300m: 3:47.02 39.62	400m: 5:04.28 37.76	
17. VILARNOVO SUÁREZ, Noelia	06 S. DEP. BOIRO	5:05.25	-	11,00
50m: 34.44 34.44	150m: 1:48.64 37.24	250m: 3:06.11 39.02	350m: 4:25.90 39.84	
100m: 1:11.40 36.96	200m: 2:27.09 38.45	300m: 3:46.06 39.95	400m: 5:05.25 39.35	
18. SANCHEZ JUANE, Maica	07 PABELLON OURENSE	5:17.07	-	-
50m: 35.11 35.11	150m: 1:52.42 39.60	250m: 3:12.98 40.10	350m: 4:36.03 42.15	
100m: 1:12.82 37.71	200m: 2:32.88 40.46	300m: 3:53.88 40.90	400m: 5:17.07 41.04	
19. GONZALEZ IGLESIAS, Nerea	07 C. FLUVIAL LUGO	5:18.69	-	-
50m: 33.68 33.68	150m: 1:51.32 39.95	250m: 3:13.22 41.42	350m: 4:37.88 42.80	
100m: 1:11.37 37.69	200m: 2:31.80 40.48	300m: 3:55.08 41.86	400m: 5:18.69 40.81	
Baja CAMPOS TATO, Uxia	05 PABELLON OURENSE		-	-
Baja CARBALLO GONZALEZ, Sofia	06 C. N. PONTEAREAS		-	-

Prueba 4
07/07/2023 - 10:15

Masc., 1500m Libre

Absoluto Masculino
Resultados

RG	15:39.39	, ANDRADE BUDIÑO, GASPAR	ARZUA	06/07/2017
RC	15:39.39	, ANDRADE BUDIÑO, GASPAR	ARZUA	06/07/2017

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Masculino

1. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	16:14.94	19,00	19,00	
50m: 29.02	29.02	450m: 4:41.59	31.55	850m: 8:56.31	32.02	1250m: 13:27.24 33.77
100m: 1:00.35	31.33	500m: 5:13.63	32.04	900m: 9:28.41	32.10	1300m: 14:00.88 33.64
150m: 1:32.16	31.81	550m: 5:45.07	31.44	950m: 10:01.12	32.71	1350m: 14:34.76 33.88
200m: 2:04.05	31.89	600m: 6:16.96	31.89	1000m: 10:36.37	35.25	1400m: 15:08.36 33.60
250m: 2:35.52	31.47	650m: 6:48.58	31.62	1050m: 11:12.51	36.14	1450m: 15:42.00 33.64
300m: 3:07.23	31.71	700m: 7:20.67	32.09	1100m: 11:46.24	33.73	1500m: 16:14.94 32.94
350m: 3:38.59	31.36	750m: 7:52.42	31.75	1150m: 12:19.86	33.62	
400m: 4:10.04	31.45	800m: 8:24.29	31.87	1200m: 12:53.47	33.61	
2. MANEIROS PAZ, Mario	06	C. N. FERROL	16:53.56	14,00	16,00	
50m: 29.92	29.92	450m: 4:55.43	33.38	850m: 9:28.55	34.48	1250m: 14:03.51 34.50
100m: 1:02.05	32.13	500m: 5:29.30	33.87	900m: 10:02.50	33.95	1300m: 14:38.20 34.69
150m: 1:38.78	32.73	550m: 6:03.11	33.81	950m: 10:36.78	34.28	1350m: 15:12.58 34.38
200m: 2:07.37	32.59	600m: 6:37.53	34.42	1000m: 11:11.42	34.64	1400m: 15:46.39 33.81
250m: 2:40.59	33.22	650m: 7:11.48	33.95	1050m: 11:45.88	34.46	1450m: 16:20.15 33.76
300m: 3:14.38	33.79	700m: 7:45.30	33.82	1100m: 12:20.26	34.38	1500m: 16:53.56 33.41
350m: 3:48.14	33.76	750m: 8:19.73	34.43	1150m: 12:54.63	34.37	
400m: 4:22.05	33.91	800m: 8:54.07	34.34	1200m: 13:29.01	34.38	
3. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	17:40.39	10,00	14,00	
50m: 30.35	30.35	450m: 5:10.19	35.66	850m: 9:55.22	35.93	1250m: 14:41.79 35.81
100m: 1:04.30	33.95	500m: 5:45.53	35.34	900m: 10:31.51	36.29	1300m: 15:17.95 36.16
150m: 1:38.83	34.53	550m: 6:20.95	35.42	950m: 11:07.33	35.82	1350m: 15:53.51 35.56
200m: 2:13.56	34.73	600m: 6:56.40	35.45	1000m: 11:42.83	35.50	1400m: 16:29.33 35.82
250m: 2:48.50	34.94	650m: 7:31.97	35.57	1050m: 12:18.30	35.47	1450m: 17:05.39 36.06
300m: 3:23.80	35.30	700m: 8:07.64	35.67	1100m: 12:54.44	36.14	1500m: 17:40.39 35.00
350m: 3:59.23	35.43	750m: 8:43.48	35.84	1150m: 13:30.22	35.78	
400m: 4:34.53	35.30	800m: 9:19.29	35.81	1200m: 14:05.98	35.76	
4. GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	17:48.28	9,00	13,00	
50m: 29.39	29.39	450m: 5:08.75	36.07	850m: 9:57.34	36.45	1250m: 14:48.44 36.48
100m: 1:02.67	33.28	500m: 5:44.78	36.03	900m: 10:33.68	36.34	1300m: 15:24.91 36.47
150m: 1:36.40	33.73	550m: 6:20.22	35.44	950m: 11:09.90	36.22	1350m: 16:00.63 35.72
200m: 2:11.05	34.65	600m: 6:56.31	36.09	1000m: 11:46.23	36.33	1400m: 16:37.41 36.78
250m: 2:46.42	35.37	650m: 7:32.43	36.12	1050m: 12:23.30	37.07	1450m: 17:13.30 35.89
300m: 3:21.65	35.23	700m: 8:08.58	36.15	1100m: 12:59.11	35.81	1500m: 17:48.28 34.98
350m: 3:56.60	34.95	750m: 8:45.35	36.77	1150m: 13:35.32	36.21	
400m: 4:32.68	36.08	800m: 9:20.89	35.54	1200m: 14:11.96	36.64	
5. GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	18:08.17	-	12,00	
50m: 31.75	31.75	450m: 5:19.43	36.70	850m: 10:11.65	36.48	1250m: 15:04.35 36.33
100m: 1:06.06	34.31	500m: 5:56.43	37.00	900m: 10:48.00	36.35	1300m: 15:41.94 37.59
150m: 1:41.84	35.78	550m: 6:32.69	36.26	950m: 11:24.51	36.51	1350m: 16:18.70 36.76
200m: 2:17.00	35.16	600m: 7:09.39	36.70	1000m: 12:01.26	36.75	1400m: 16:55.47 36.77
250m: 2:53.69	36.69	650m: 7:45.69	36.30	1050m: 12:38.06	36.80	1450m: 17:32.10 36.63
300m: 3:29.56	35.87	700m: 8:22.20	36.51	1100m: 13:15.09	37.03	1500m: 18:08.17 36.07
350m: 4:06.45	36.89	750m: 8:58.49	36.29	1150m: 13:52.18	37.09	
400m: 4:42.73	36.28	800m: 9:35.17	36.68	1200m: 14:28.02	35.84	
Baja TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA		-	-	

Prueba 4, Masc., 1500m Libre

Absoluto Masculino

1. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	16:14.94	19,00	19,00		
50m: 29.02	29.02	450m: 4:41.59	31.55	850m: 8:56.31	32.02	1250m: 13:27.24	33.77
100m: 1:00.35	31.33	500m: 5:13.63	32.04	900m: 9:28.41	32.10	1300m: 14:00.88	33.64
150m: 1:32.16	31.81	550m: 5:45.07	31.44	950m: 10:01.12	32.71	1350m: 14:34.76	33.88
200m: 2:04.05	31.89	600m: 6:16.96	31.89	1000m: 10:36.37	35.25	1400m: 15:08.36	33.60
250m: 2:35.52	31.47	650m: 6:48.58	31.62	1050m: 11:12.51	36.14	1450m: 15:42.00	33.64
300m: 3:07.23	31.71	700m: 7:20.67	32.09	1100m: 11:46.24	33.73	1500m: 16:14.94	32.94
350m: 3:38.59	31.36	750m: 7:52.42	31.75	1150m: 12:19.86	33.62		
400m: 4:10.04	31.45	800m: 8:24.29	31.87	1200m: 12:53.47	33.61		
2. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	16:26.04	16,00	-		
50m: 29.06	29.06	450m: 4:49.13	32.96	850m: 9:13.22	33.31	1250m: 13:40.14	33.85
100m: 1:00.85	31.79	500m: 5:22.03	32.90	900m: 9:46.36	33.14	1300m: 14:13.58	33.44
150m: 1:33.08	32.23	550m: 5:54.83	32.80	950m: 10:19.82	33.46	1350m: 14:47.49	33.91
200m: 2:05.41	32.33	600m: 6:27.66	32.83	1000m: 10:52.96	33.14	1400m: 15:20.98	33.49
250m: 2:37.66	32.25	650m: 7:00.61	32.95	1050m: 11:26.22	33.26	1450m: 15:54.24	33.26
300m: 3:10.45	32.79	700m: 7:33.64	33.03	1100m: 11:59.30	33.08	1500m: 16:26.04	31.80
350m: 3:43.30	32.85	750m: 8:06.74	33.10	1150m: 12:32.96	33.66		
400m: 4:16.17	32.87	800m: 8:39.91	33.17	1200m: 13:06.29	33.33		
3. MANEIROS PAZ, Mario	06	C. N. FERROL	16:53.56	14,00	16,00		
50m: 29.92	29.92	450m: 4:55.43	33.38	850m: 9:28.55	34.48	1250m: 14:03.51	34.50
100m: 1:02.05	32.13	500m: 5:29.30	33.87	900m: 10:02.50	33.95	1300m: 14:38.20	34.69
150m: 1:34.78	32.73	550m: 6:03.11	33.81	950m: 10:36.78	34.28	1350m: 15:12.58	34.38
200m: 2:07.37	32.59	600m: 6:37.53	34.42	1000m: 11:11.42	34.64	1400m: 15:46.39	33.81
250m: 2:40.59	33.22	650m: 7:11.48	33.95	1050m: 11:45.88	34.46	1450m: 16:20.15	33.76
300m: 3:14.38	33.79	700m: 7:45.30	33.82	1100m: 12:20.26	34.38	1500m: 16:53.56	33.41
350m: 3:48.14	33.76	750m: 8:19.73	34.43	1150m: 12:54.63	34.37		
400m: 4:22.05	33.91	800m: 8:54.07	34.34	1200m: 13:29.01	34.38		
4. ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	16:55.13	13,00	-		
50m: 29.16	29.16	450m: 4:57.19	34.01	850m: 9:31.68	34.41	1250m: 14:07.11	34.36
100m: 1:01.62	32.46	500m: 5:31.44	34.25	900m: 10:06.07	34.39	1300m: 14:40.72	33.61
150m: 1:34.57	32.95	550m: 6:05.52	34.08	950m: 10:40.61	34.54	1350m: 15:13.79	33.07
200m: 2:08.14	33.57	600m: 6:39.98	34.46	1000m: 11:15.27	34.66	1400m: 15:45.76	31.97
250m: 2:41.86	33.72	650m: 7:14.20	34.22	1050m: 11:49.78	34.51	1450m: 16:22.65	36.89
300m: 3:15.52	33.66	700m: 7:48.68	34.48	1100m: 12:24.13	34.35	1500m: 16:55.13	32.48
350m: 3:49.22	33.70	750m: 8:23.12	34.44	1150m: 12:58.60	34.47		
400m: 4:23.18	33.96	800m: 8:57.27	34.15	1200m: 13:32.75	34.15		
5. COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	16:56.53	12,00	-		
50m: 30.31	30.31	450m: 4:57.28	33.65	850m: 9:29.89	34.10	1250m: 14:05.76	34.74
100m: 1:02.77	32.46	500m: 5:31.25	33.97	900m: 10:04.07	34.18	1300m: 14:40.20	34.44
150m: 1:36.07	33.30	550m: 6:05.17	33.92	950m: 10:38.32	34.25	1350m: 15:14.72	34.52
200m: 2:09.22	33.15	600m: 6:39.15	33.98	1000m: 11:12.72	34.40	1400m: 15:49.07	34.35
250m: 2:42.78	33.56	650m: 7:13.36	34.21	1050m: 11:47.11	34.39	1450m: 16:23.36	34.29
300m: 3:16.24	33.46	700m: 7:47.52	34.16	1100m: 12:21.65	34.54	1500m: 16:56.53	33.17
350m: 3:49.83	33.59	750m: 8:21.46	33.94	1150m: 12:56.23	34.58		
400m: 4:23.63	33.80	800m: 8:55.79	34.33	1200m: 13:31.02	34.79		
6. CUBEIRO ROSENDE, Xoel	07	C. N. LICEO	17:29.72	11,00	-		
50m: 29.83	29.83	450m: 5:03.91	35.16	850m: 9:43.07	35.11	1250m: 14:29.33	37.63
100m: 1:03.63	33.80	500m: 5:38.39	34.48	900m: 10:18.02	34.95	1300m: 15:06.86	37.53
150m: 1:37.05	33.42	550m: 6:13.04	34.65	950m: 10:53.55	35.53	1350m: 15:43.48	36.62
200m: 2:11.01	33.96	600m: 6:47.99	34.95	1000m: 11:28.71	35.16	1400m: 16:19.34	35.86
250m: 2:45.34	34.33	650m: 7:23.35	35.36	1050m: 12:03.78	35.07	1450m: 16:55.90	36.56
300m: 3:19.83	34.49	700m: 7:58.65	35.30	1100m: 12:39.13	35.35	1500m: 17:29.72	33.82
350m: 3:54.56	34.73	750m: 8:32.98	34.33	1150m: 13:15.33	36.20		
400m: 4:28.75	34.19	800m: 9:07.96	34.98	1200m: 13:51.70	36.37		

Prueba 4, Masc., 1500m Libre, Absoluto Masculino

Clasificación			AN			Tempo	ABSO	JUNI				
7.	PEREZ PAZ, Dario		05	C. N. PONTEAREAS		17:40.39	10,00	14,00				
	50m:	30.35	30.35	450m:	5:10.19	35.66	850m:	9:55.22	35.93	1250m:	14:41.79	35.81
	100m:	1:04.30	33.95	500m:	5:45.53	35.34	900m:	10:31.51	36.29	1300m:	15:17.95	36.16
	150m:	1:38.83	34.53	550m:	6:20.95	35.42	950m:	11:07.33	35.82	1350m:	15:53.51	35.56
	200m:	2:13.56	34.73	600m:	6:56.40	35.45	1000m:	11:42.83	35.50	1400m:	16:29.33	35.82
	250m:	2:48.50	34.94	650m:	7:31.97	35.57	1050m:	12:18.30	35.47	1450m:	17:05.39	36.06
	300m:	3:23.80	35.30	700m:	8:07.64	35.67	1100m:	12:54.44	36.14	1500m:	17:40.39	35.00
	350m:	3:59.23	35.43	750m:	8:43.48	35.84	1150m:	13:30.22	35.78			
	400m:	4:34.53	35.30	800m:	9:19.29	35.81	1200m:	14:05.98	35.76			
8.	GOMEZ LIMIA, Pablo		06	C. N. CORUÑA		17:48.28	9,00	13,00				
	50m:	29.39	29.39	450m:	5:08.75	36.07	850m:	9:57.34	36.45	1250m:	14:48.44	36.48
	100m:	1:02.67	33.28	500m:	5:44.78	36.03	900m:	10:33.68	36.34	1300m:	15:24.91	36.47
	150m:	1:36.40	33.73	550m:	6:20.22	35.44	950m:	11:09.90	36.22	1350m:	16:00.63	35.72
	200m:	2:11.05	34.65	600m:	6:56.31	36.09	1000m:	11:46.23	36.33	1400m:	16:37.41	36.78
	250m:	2:46.42	35.37	650m:	7:32.43	36.12	1050m:	12:23.30	37.07	1450m:	17:13.30	35.89
	300m:	3:21.65	35.23	700m:	8:08.58	36.15	1100m:	12:59.11	35.81	1500m:	17:48.28	34.98
	350m:	3:56.60	34.95	750m:	8:45.35	36.77	1150m:	13:35.32	36.21			
	400m:	4:32.68	36.08	800m:	9:20.89	35.54	1200m:	14:11.96	36.64			
9.	MORENO TEIJEIRO, Andre		07	C. FLUVIAL LUGO		17:50.22	-	-				
	50m:	30.52	30.52	450m:	5:13.36	35.77	850m:	10:00.65	36.26	1250m:	14:51.05	36.14
	100m:	1:04.82	34.30	500m:	5:49.74	36.38	900m:	10:36.91	36.26	1300m:	15:27.69	36.64
	150m:	1:39.68	34.86	550m:	6:25.14	35.40	950m:	11:12.95	36.04	1350m:	16:03.85	36.16
	200m:	2:14.72	35.04	600m:	7:01.07	35.93	1000m:	11:49.26	36.31	1400m:	16:39.93	36.08
	250m:	2:49.78	35.06	650m:	7:36.94	35.87	1050m:	12:25.49	36.23	1450m:	17:15.50	35.57
	300m:	3:25.56	35.78	700m:	8:13.12	36.18	1100m:	13:01.85	36.36	1500m:	17:50.22	34.72
	350m:	4:01.28	35.72	750m:	8:48.50	35.38	1150m:	13:38.17	36.32			
	400m:	4:37.59	36.31	800m:	9:24.39	35.89	1200m:	14:14.91	36.74			
10.	GAVIEIRO MONTERO, Raul		07	C. N. PORTAMIÑA		18:05.31	-	-				
	50m:	30.83	30.83	450m:	5:13.06	36.04	850m:	10:02.87	36.49	1250m:	15:00.40	37.19
	100m:	1:04.86	34.03	500m:	5:48.96	35.90	900m:	10:40.12	37.25	1300m:	15:37.99	37.59
	150m:	1:39.72	34.86	550m:	6:24.92	35.96	950m:	11:16.91	36.79	1350m:	16:15.38	37.39
	200m:	2:14.78	35.06	600m:	7:01.07	36.15	1000m:	11:53.95	37.04	1400m:	16:52.92	37.54
	250m:	2:50.27	35.49	650m:	7:37.23	36.16	1050m:	12:31.11	37.16	1450m:	17:29.57	36.65
	300m:	3:25.54	35.27	700m:	8:13.58	36.35	1100m:	13:08.58	37.47	1500m:	18:05.31	35.74
	350m:	4:01.06	35.52	750m:	8:49.74	36.16	1150m:	13:45.69	37.11			
	400m:	4:37.02	35.96	800m:	9:26.38	36.64	1200m:	14:23.21	37.52			
11.	GIL-RIVERA BARBEITO, Pablo		06	A. D. FOGAR		18:08.17	-	12,00				
	50m:	31.75	31.75	450m:	5:19.43	36.70	850m:	10:11.65	36.48	1250m:	15:04.35	36.33
	100m:	1:06.06	34.31	500m:	5:56.43	37.00	900m:	10:48.00	36.35	1300m:	15:41.94	37.59
	150m:	1:41.84	35.78	550m:	6:32.69	36.26	950m:	11:24.51	36.51	1350m:	16:18.70	36.76
	200m:	2:17.00	35.16	600m:	7:09.39	36.70	1000m:	12:01.26	36.75	1400m:	16:55.47	36.77
	250m:	2:53.69	36.69	650m:	7:45.69	36.30	1050m:	12:38.06	36.80	1450m:	17:32.10	36.63
	300m:	3:29.56	35.87	700m:	8:22.20	36.51	1100m:	13:15.09	37.03	1500m:	18:08.17	36.07
	350m:	4:06.45	36.89	750m:	8:58.49	36.29	1150m:	13:52.18	37.09			
	400m:	4:42.73	36.28	800m:	9:35.17	36.68	1200m:	14:28.02	35.84			
Baja	SOUTO RAMOS, Manuel		07	A. D. FOGAR			-	-				
Baja	FERNANDEZ NIETO, Cristian		92	C. N. GALAICO			-	-				
Baja	TIMIRAOS FERNANDEZ, Marcos		05	C. N. PORTAMIÑA			-	-				
Baja	MASSO ROIG, Martin		07	VIGO RIAS BAIXAS			-	-				

Prueba 5
07/07/2023 - 18:45

Fem., 200m Estilos

Absoluto Femenino
Resultados Final

RG	2:12.09	, GOMEZ CORTES, BEATRIZ	GALAICO	24/03/2013
RC	2:15.66	, GOMEZ CORTES, BEATRIZ	GALAICO	29/06/2012

Clasificación			AN			Tiempo	ABSO	JUNI		
Final A										
1.	MOURENZA ROCHA, Sofia		07	C. N. PORTAMIÑA		2:23.34	19,00	-		
	50m:	32.11 32.11	100m:	1:10.59	38.48	150m:	1:49.85	39.26	200m:	2:23.34 33.49
2.	RODRÍGUEZ ALONSO, Julia		05	RCN VIGO		2:28.32	16,00	-		
	50m:	31.27 31.27	100m:	1:11.02	39.75	150m:	1:54.77	43.75	200m:	2:28.32 33.55
3.	ALVAREZ PAZOS, Maria		07	VIGO RIAS BAIXAS		2:29.02	14,00	-		
	50m:	32.36 32.36	100m:	1:12.13	39.77	150m:	1:57.00	44.87	200m:	2:29.02 32.02
4.	FARO MARTINEZ, Carla		03	C. N. PONTEAREAS		2:29.26	13,00	-		
	50m:	31.90 31.90	100m:	1:12.67	40.77	150m:	1:55.50	42.83	200m:	2:29.26 33.76
5.	SÁNCHEZ BELLO, Eva		07	C. N. ARTEIXO		2:31.01	12,00	-		
	50m:	31.79 31.79	100m:	1:09.22	37.43	150m:	1:56.22	47.00	200m:	2:31.01 34.79
6.	BORGE JUSTE, Ines		06	C. N. PONTEAREAS		2:35.43	11,00	-		
	50m:	34.00 34.00	100m:	1:13.64	39.64	150m:	2:00.78	47.14	200m:	2:35.43 34.65
7.	ESTEVEZ MONTES, Naroa		08	C. N. PONTEAREAS		2:35.52	-	-		
	50m:	34.56 34.56	100m:	1:15.44	40.88	150m:	2:00.17	44.73	200m:	2:35.52 35.35
8.	FARIÑA MARTINEZ, Paula		07	C. N. GALAICO		2:36.99	10,00	-		
	50m:	33.01 33.01	100m:	1:15.89	42.88	150m:	2:01.39	45.50	200m:	2:36.99 35.60
Final B										
9.	GIL GARNACHO, Carlota		09	SPORTING CASINO		2:38.14	9,00	-		
	50m:	34.63 34.63	100m:	1:13.71	39.08	150m:	2:02.69	48.98	200m:	2:38.14 35.45
10.	CASCON CALDAS, Karolina		05	C. N. VILAGARCIA		2:38.65	8,00	-		
	50m:	33.41 33.41	100m:	1:14.75	41.34	150m:	2:00.91	46.16	200m:	2:38.65 37.74
11.	DE LA FUENTE PINTOS, Nadia		07	C. N. GALAICO		2:40.61	-	-		
	50m:	33.91 33.91	100m:	1:15.52	41.61	150m:	2:05.84	50.32	200m:	2:40.61 34.77
12.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO		2:41.14	-	-		
	50m:	35.58 35.58	100m:	1:17.03	41.45	150m:	2:05.40	48.37	200m:	2:41.14 35.74
13.	REY PITA, Clara		07	A. D. FOGAR		2:41.24	-	-		
	50m:	35.69 35.69	100m:	1:16.88	41.19	150m:	2:03.49	46.61	200m:	2:41.24 37.75
14.	MARTINEZ ZABALA, Sunai		07	PABELLON OURENSE		2:44.63	-	-		
	50m:	35.41 35.41	100m:	1:18.41	43.00	150m:	2:06.01	47.60	200m:	2:44.63 38.62
15.	SARAIVA HAGE, Andrea C.		05	RCN VIGO		2:46.82	-	-		
	50m:	34.34 34.34	100m:	1:21.63	47.29	150m:	2:08.59	46.96	200m:	2:46.82 38.23
	CARBALLIDO NAYA, Claudia		07	C. N. ARTEIXO		2:46.82	-	-		
	50m:	35.32 35.32	100m:	1:19.17	43.85	150m:	2:07.04	47.87	200m:	2:46.82 39.78

Prueba 5
07/07/2023 - 10:35

Fem., 200m Estilos

Absoluto Femenino
Resultados Prelim

RG	2:12.09	, GOMEZ CORTES, BEATRIZ	GALAICO	24/03/2013
RC	2:15.66	, GOMEZ CORTES, BEATRIZ	GALAICO	29/06/2012

Clasificación			AN			Tiempo	ABSO	JUNI		
Junior Femenino										
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:27.53	-	19,00	A			
	50m: 31.89 31.89	100m: 1:10.56	38.67 150m: 1:51.91	41.35	200m: 2:27.53	35.62				
2.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:30.28	-	16,00	A			
	50m: 32.46 32.46	100m: 1:11.96	39.50 150m: 1:56.18	44.22	200m: 2:30.28	34.10				
3.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:30.79	-	14,00	A			
	50m: 31.56 31.56	100m: 1:09.03	37.47 150m: 1:56.63	47.60	200m: 2:30.79	34.16				
4.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	2:35.38	-	13,00	A			
	50m: 34.11 34.11	100m: 1:13.02	38.91 150m: 2:00.02	47.00	200m: 2:35.38	35.36				
5.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:35.50	-	12,00	A			
	50m: 33.30 33.30	100m: 1:15.16	41.86 150m: 2:00.38	45.22	200m: 2:35.50	35.12				
6.	REY PITA, Clara	07	A. D. FOGAR	2:41.85	-	11,00	B			
	50m: 35.70 35.70	100m: 1:17.87	42.17 150m: 2:04.71	46.84	200m: 2:41.85	37.14				
7.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	2:43.81	-	10,00	B			
	50m: 35.58 35.58	100m: 1:18.03	42.45 150m: 2:07.23	49.20	200m: 2:43.81	36.58				
8.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	2:43.89	-	9,00	B			
	50m: 34.13 34.13	100m: 1:16.33	42.20 150m: 2:07.25	50.92	200m: 2:43.89	36.64				
9.	CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	2:45.46	-	8,00	B			
	50m: 35.81 35.81	100m: 1:18.33	42.52 150m: 2:05.91	47.58	200m: 2:45.46	39.55				
10.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	2:47.58	-	7,00	B			
	50m: 35.17 35.17	100m: 1:20.58	45.41 150m: 2:07.38	46.80	200m: 2:47.58	40.20				

Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:27.53	-	19,00	A			
	50m: 31.89 31.89	100m: 1:10.56	38.67 150m: 1:51.91	41.35	200m: 2:27.53	35.62				
2.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	2:29.61	-	-	A			
	50m: 31.56 31.56	100m: 1:11.37	39.81 150m: 1:54.35	42.98	200m: 2:29.61	35.26				
3.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:30.28	-	16,00	A			
	50m: 32.46 32.46	100m: 1:11.96	39.50 150m: 1:56.18	44.22	200m: 2:30.28	34.10				
4.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:30.79	-	14,00	A			
	50m: 31.56 31.56	100m: 1:09.03	37.47 150m: 1:56.63	47.60	200m: 2:30.79	34.16				
5.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:31.27	-	-	A			
	50m: 30.88 30.88	100m: 1:11.34	40.46 150m: 1:55.76	44.42	200m: 2:31.27	35.51				
6.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	2:35.38	-	13,00	A			
	50m: 34.11 34.11	100m: 1:13.02	38.91 150m: 2:00.02	47.00	200m: 2:35.38	35.36				
7.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:35.50	-	12,00	A			
	50m: 33.30 33.30	100m: 1:15.16	41.86 150m: 2:00.38	45.22	200m: 2:35.50	35.12				
8.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	2:37.52	-	-	A			
	50m: 34.93 34.93	100m: 1:15.75	40.82 150m: 2:01.74	45.99	200m: 2:37.52	35.78				

Prueba 5, Fem., 200m Estilos, Prelim, Absoluto Femenino

Clasificación				AN				Tiempo	ABSO	JUNI		
9.	CASCON CALDAS, Karolina			05	C. N. VILAGARCIA			2:39.22	-	- B		
	50m:	34.34	34.34	100m:	1:16.20	41.86	150m:	2:02.23	46.03	200m:	2:39.22	36.99
10.	REY PITA, Clara			07	A. D. FOGAR			2:41.85	-	11,00 B		
	50m:	35.70	35.70	100m:	1:17.87	42.17	150m:	2:04.71	46.84	200m:	2:41.85	37.14
11.	SARAIVA HAGE, Andrea C.			05	RCN VIGO			2:43.79	-	- B		
	50m:	33.72	33.72	100m:	1:19.51	45.79	150m:	2:05.98	46.47	200m:	2:43.79	37.81
12.	MARTÍNEZ NOVOA, Silvia			06	RCN VIGO			2:43.81	-	10,00 B		
	50m:	35.58	35.58	100m:	1:18.03	42.45	150m:	2:07.23	49.20	200m:	2:43.81	36.58
13.	DE LA FUENTE PINTOS, Nadia			07	C. N. GALAICO			2:43.89	-	9,00 B		
	50m:	34.13	34.13	100m:	1:16.33	42.20	150m:	2:07.25	50.92	200m:	2:43.89	36.64
14.	GIL GARNACHO, Carlota			09	SPORTING CASINO			2:44.05	-	- B		
	50m:	35.71	35.71	100m:	1:17.59	41.88	150m:	2:06.58	48.99	200m:	2:44.05	37.47
15.	CARBALLIDO NAYA, Claudia			07	C. N. ARTEIXO			2:45.46	-	8,00 B		
	50m:	35.81	35.81	100m:	1:18.33	42.52	150m:	2:05.91	47.58	200m:	2:45.46	39.55
16.	MARTINEZ ZABALA, Sunai			07	PABELLON OURENSE			2:47.58	-	7,00 B		
	50m:	35.17	35.17	100m:	1:20.58	45.41	150m:	2:07.38	46.80	200m:	2:47.58	40.20

Prueba 6
07/07/2023 - 18:35

Masc., 200m Estilos

Absoluto Masculino
Resultados Final

RG	2:05.48	, GARCIA SOTO, MARCOS	CNFERRO	20/07/2010
RC	2:07.63	, TABOADA VILA, ALBERTO	POURENSE	26/06/2009

Clasificación			AN			Tempo	ABSO	JUNI		
Final A										
1.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	2:10.54	19,00	-				
	50m: 27.06 27.06	100m: 1:00.18	33.12	150m: 1:39.48	39.30	200m: 2:10.54	31.06			
2.	CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS	2:13.08	16,00	-				
	50m: 28.01 28.01	100m: 1:02.86	34.85	150m: 1:42.11	39.25	200m: 2:13.08	30.97			
3.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	2:13.71	14,00	-				
	50m: 29.24 29.24	100m: 1:04.79	35.55	150m: 1:43.86	39.07	200m: 2:13.71	29.85			
4.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:14.91	13,00	-				
	50m: 28.87 28.87	100m: 1:01.74	32.87	150m: 1:44.02	42.28	200m: 2:14.91	30.89			
5.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	2:19.21	12,00	-				
	50m: 29.53 29.53	100m: 1:04.48	34.95	150m: 1:47.25	42.77	200m: 2:19.21	31.96			
6.	MERZLYAKOV KOSTOMAROV, Mikha	07	PABELLON OURENSE	2:19.45	11,00	-				
	50m: 29.25 29.25	100m: 1:03.69	34.44	150m: 1:46.30	42.61	200m: 2:19.45	33.15			
7.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:20.45	-	-				
	50m: 31.37 31.37	100m: 1:07.52	36.15	150m: 1:47.86	40.34	200m: 2:20.45	32.59			
8.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	2:26.45	-	-				
	50m: 30.14 30.14	100m: 1:10.47	40.33	150m: 1:52.76	42.29	200m: 2:26.45	33.69			
Final B										
9.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:18.82	10,00	-				
	50m: 30.84 30.84	100m: 1:07.19	36.35	150m: 1:46.43	39.24	200m: 2:18.82	32.39			
10.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	2:20.88	9,00	-				
	50m: 29.56 29.56	100m: 1:07.86	38.30	150m: 1:49.29	41.43	200m: 2:20.88	31.59			
11.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:21.16	8,00	-				
	50m: 30.50 30.50	100m: 1:08.26	37.76	150m: 1:48.82	40.56	200m: 2:21.16	32.34			
12.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	2:21.80	7,00	-				
	50m: 30.20 30.20	100m: 1:06.99	36.79	150m: 1:48.11	41.12	200m: 2:21.80	33.69			
13.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	2:22.09	6,00	-				
	50m: 30.57 30.57	100m: 1:09.35	38.78	150m: 1:49.60	40.25	200m: 2:22.09	32.49			
14.	SOUTO VILAS, Jorge	07	A. D. FOGAR	2:22.57	5,00	-				
	50m: 30.60 30.60	100m: 1:08.83	38.23	150m: 1:50.57	41.74	200m: 2:22.57	32.00			
15.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	2:24.57	4,00	-				
	50m: 30.04 30.04	100m: 1:08.04	38.00	150m: 1:51.84	43.80	200m: 2:24.57	32.73			
Baja	CONDE VARELA, David	05	C. N. MONFORTE		3,00	-				

Prueba 6
07/07/2023 - 10:46

Masc., 200m Estilos

Absoluto Masculino
Resultados Prelim

RG	2:05.48	, GARCIA SOTO, MARCOS	CNFERRO	20/07/2010
RC	2:07.63	, TABOADA VILA, ALBERTO	POURENSE	26/06/2009

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Masculino								
1.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:19.53	-	19,00	A	
	50m: 31.37 31.37	100m: 1:07.32	35.95	150m: 1:47.36	40.04	200m: 2:19.53	32.17	
2.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	2:19.83	-	16,00	A	
	50m: 29.43 29.43	100m: 1:06.97	37.54	150m: 1:48.03	41.06	200m: 2:19.83	31.80	
3.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	2:20.14	-	14,00	B	
	50m: 29.44 29.44	100m: 1:05.63	36.19	150m: 1:48.27	42.64	200m: 2:20.14	31.87	
4.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:20.94	-	13,00	B	
	50m: 30.84 30.84	100m: 1:07.91	37.07	150m: 1:49.16	41.25	200m: 2:20.94	31.78	
5.	CONDE VARELA, David	05	C. N. MONFORTE	2:22.37	-	12,00	B	
	50m: 30.27 30.27	100m: 1:08.39	38.12	150m: 1:49.21	40.82	200m: 2:22.37	33.16	
6.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	2:22.57	-	11,00	B	
	50m: 29.62 29.62	100m: 1:05.75	36.13	150m: 1:47.95	42.20	200m: 2:22.57	34.62	
7.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	2:23.00	-	10,00	B	
	50m: 29.77 29.77	100m: 1:08.52	38.75	150m: 1:49.90	41.38	200m: 2:23.00	33.10	
8.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	2:25.70	-	9,00		
	50m: 29.93 29.93	100m: 1:07.88	37.95	150m: 1:50.29	42.41	200m: 2:25.70	35.41	
9.	PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE	2:26.91	-	-		
	50m: 30.54 30.54	100m: 1:08.55	38.01	150m: 1:54.23	45.68	200m: 2:26.91	32.68	
10.	ALBES ALVARIÑO, David	06	A. DEP. NT. NARON	2:32.37	-	8,00		
	50m: 34.22 34.22	100m: 1:15.27	41.05	150m: 1:56.81	41.54	200m: 2:32.37	35.56	

Absoluto Masculino

1.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	2:14.78	-	-	A	
	50m: 27.73 27.73	100m: 1:00.54	32.81	150m: 1:41.64	41.10	200m: 2:14.78	33.14	
2.	CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS	2:15.29	-	-	A	
	50m: 28.68 28.68	100m: 1:04.66	35.98	150m: 1:43.50	38.84	200m: 2:15.29	31.79	
3.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	2:17.88	-	-	A	
	50m: 29.44 29.44	100m: 1:05.00	35.56	150m: 1:44.47	39.47	200m: 2:17.88	33.41	
4.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:17.94	-	-	A	
	50m: 28.80 28.80	100m: 1:02.00	33.20	150m: 1:45.65	43.65	200m: 2:17.94	32.29	
5.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	2:19.00	-	-	A	
	50m: 29.27 29.27	100m: 1:04.11	34.84	150m: 1:47.15	43.04	200m: 2:19.00	31.85	
6.	MERZLYAKOV KOSTOMAROV, Mikha	07	PABELLON OURENSE	2:19.28	-	-	A	
	50m: 29.07 29.07	100m: 1:04.09	35.02	150m: 1:46.84	42.75	200m: 2:19.28	32.44	
7.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:19.53	-	19,00	A	
	50m: 31.37 31.37	100m: 1:07.32	35.95	150m: 1:47.36	40.04	200m: 2:19.53	32.17	
8.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	2:19.83	-	16,00	A	
	50m: 29.43 29.43	100m: 1:06.97	37.54	150m: 1:48.03	41.06	200m: 2:19.83	31.80	

Prueba 6, Masc., 200m Estilos, Prelim, Absoluto Masculino

Clasificación				AN				Tiempo	ABSO	JUNI	
9.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	2:20.14	-	14,00	B				
	50m: 29.44	29.44	100m: 1:05.63	36.19	150m: 1:48.27	42.64	200m: 2:20.14	31.87			
10.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:20.41	-	-	B				
	50m: 30.35	30.35	100m: 1:07.79	37.44	150m: 1:47.89	40.10	200m: 2:20.41	32.52			
11.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:20.94	-	13,00	B				
	50m: 30.84	30.84	100m: 1:07.91	37.07	150m: 1:49.16	41.25	200m: 2:20.94	31.78			
12.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	2:21.59	-	-	B				
	50m: 29.61	29.61	100m: 1:07.57	37.96	150m: 1:49.53	41.96	200m: 2:21.59	32.06			
13.	CONDE VARELA, David	05	C. N. MONFORTE	2:22.37	-	12,00	B				
	50m: 30.27	30.27	100m: 1:08.39	38.12	150m: 1:49.21	40.82	200m: 2:22.37	33.16			
14.	SOUTO VILAS, Jorge	07	A. D. FOGAR	2:22.42	-	-	B				
	50m: 29.57	29.57	100m: 1:05.18	35.61	150m: 1:48.87	43.69	200m: 2:22.42	33.55			
15.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	2:22.57	-	11,00	B				
	50m: 29.62	29.62	100m: 1:05.75	36.13	150m: 1:47.95	42.20	200m: 2:22.57	34.62			
16.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	2:23.00	-	10,00	B				
	50m: 29.77	29.77	100m: 1:08.52	38.75	150m: 1:49.90	41.38	200m: 2:23.00	33.10			
17.	PASTORIZA SANTACLARA, Jorge	97	VIGO RIAS BAIXAS	2:23.70	2,00	-					
	50m: 30.70	30.70	100m: 1:07.64	36.94	150m: 1:49.62	41.98	200m: 2:23.70	34.08			
18.	INFESTAS CARAZO, Samuel	03	RCN VIGO	2:24.26	-	-					
	50m: 29.80	29.80	100m: 1:08.83	39.03	150m: 1:50.24	41.41	200m: 2:24.26	34.02			
19.	MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	2:24.56	-	-					
	50m: 31.18	31.18	100m: 1:09.82	38.64	150m: 1:51.79	41.97	200m: 2:24.56	32.77			
20.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	2:25.70	-	9,00					
	50m: 29.93	29.93	100m: 1:07.88	37.95	150m: 1:50.29	42.41	200m: 2:25.70	35.41			
21.	PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE	2:26.91	-	-					
	50m: 30.54	30.54	100m: 1:08.55	38.01	150m: 1:54.23	45.68	200m: 2:26.91	32.68			
22.	RODRIGUEZ VIEITEZ, Hugo	08	VIGO RIAS BAIXAS	2:27.14	-	-					
	50m: 30.00	30.00	100m: 1:07.57	37.57	150m: 1:53.36	45.79	200m: 2:27.14	33.78			
23.	GARRIDO BRUM, Jacobo	02	C. N. Mataro	2:28.38	-	-					
	50m: 30.69	30.69	100m: 1:09.17	38.48	150m: 1:56.27	47.10	200m: 2:28.38	32.11			
24.	ALBES ALVARIÑO, David	06	A. DEP. NT. NARON	2:32.37	-	8,00					
	50m: 34.22	34.22	100m: 1:15.27	41.05	150m: 1:56.81	41.54	200m: 2:32.37	35.56			
25.	ALONSO RODRIGUEZ, Javier	01	C. N. PONTEAREAS	2:41.09	-	-					
	50m: 31.06	31.06	100m: 1:11.86	40.80	150m: 2:01.74	49.88	200m: 2:41.09	39.35			

Prueba 7
07/07/2023 - 19:15

Fem., 50m Braza

Absoluto Femenino
Resultados Final

RG	32.54	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	23/03/2013
RC	33.30	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/06/2013

Clasificación AN Tiempo ABSO JUNI

Final A

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	34.24	19,00	-
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	34.75	16,00	-
3.	GUDÍN PÉREZ, Andrea	10	C. N. MONFORTE	35.11	14,00	-
4.	RUA COSTOYA, Andrea	06	C. N. ARZUA	35.98	13,00	-
5.	HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	36.26	12,00	-
6.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	36.32	11,00	-
7.	SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	36.83	10,00	-
8.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	36.93	9,00	-

Final B

9.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	37.14	8,00	-
10.	LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	37.17	7,00	-
11.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	37.21	6,00	-
12.	CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	37.47	5,00	-
13.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	37.57	4,00	-
14.	CABANAS DEL RIO, Carla	09	SPORTING CASINO	38.10	3,00	-
15.	CASCON CALDAS, Karolina	05	C. N. VILAGARCIA	38.32	2,00	-
16.	LEIVAS ROCA, Candela	05	C. N. FERROL	38.57	1,00	-

Prueba 7
07/07/2023 - 11:00

Fem., 50m Braza

Absoluto Femenino
Resultados Prelim

RG	32.54	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	23/03/2013
RC	33.30	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/06/2013

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Femenino					
1.	07	C. N. PORTAMIÑA	34.60	- 19,00	A
2.	06	A. D. FOGAR	35.00	- 16,00	A
3.	06	C. N. ARZUA	36.05	- 14,00	A
4.	07	C. N. PORTAMIÑA	36.59	- 13,00	A
5.	07	SPORTING CASINO	37.26	- 12,00	B
6.	06	C. N. MONFORTE	39.11	- 11,00	
7.	06	A. D. FOGAR	39.52	- 10,00	
8.	07	C. N. FERROL	39.59	- 9,00	
9.	07	C. N. ARTEIXO	39.95	- 8,00	
10.	07	S. DEP. BOIRO	39.97	- 7,00	

Absoluto Femenino

1.	07	C. N. PORTAMIÑA	34.60	- 19,00	A
2.	06	A. D. FOGAR	35.00	- 16,00	A
3.	10	C. N. MONFORTE	35.64	-	A
4.	06	C. N. ARZUA	36.05	- 14,00	A
5.	08	C. N. CULLEREDO	36.18	-	A
6.	05	C. N. GALAICO	36.41	-	A
7.	07	C. N. PORTAMIÑA	36.59	- 13,00	A
8.	08	S. DEP. BOIRO	37.12	-	A
9.	07	SPORTING CASINO	37.26	- 12,00	B
10.	08	CIDADE SANTIAGO	37.39	-	B
11.	04	A. DEP. NT. NARON	37.54	-	B
12.	09	RCN VIGO	37.95	-	B
13.	05	C. N. FERROL	38.26	-	B
14.	05	RCN VIGO	38.66	-	B
15.	05	C. N. VILAGARCIA	38.88	-	B
16.	09	SPORTING CASINO	38.94	-	B
17.	08	C. N. REDONDELA	39.03	-	
18.	06	C. N. MONFORTE	39.11	- 11,00	
19.	08	A. D. FOGAR	39.21	-	
20.	09	PABELLON OURENSE	39.38	-	
21.	06	A. D. FOGAR	39.52	- 10,00	
22.	07	C. N. FERROL	39.59	- 9,00	
23.	00	C. MARINA FERROL	39.83	-	
24.	08	C. N. PORTAMIÑA	39.90	-	
25.	04	C. N. GALAICO	39.93	-	
26.	07	C. N. ARTEIXO	39.95	- 8,00	
27.	07	S. DEP. BOIRO	39.97	- 7,00	
28.	08	C. FLUVIAL LUGO	40.55	-	
Baja	05	PABELLON OURENSE		-	

Prueba 8
07/07/2023 - 19:10

Masc., 50m Braza

Absoluto Masculino
Resultados Final

RG	28.77	, PÉREZ LORENZO MANUEL	SDBOIRO	29/03/2023
RC	28.99	, GARCIA SOTO, MARCOS	CNFERRO	28/06/2015

Clasificación AN Tiempo ABSO JUNI

Final A

1.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	30.15	19,00	-
2.	ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	31.17	15,00	-
	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	31.17	15,00	-
4.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	31.19	13,00	-
5.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	31.21	12,00	-
6.	GRAÑA DEL SOLAR, Miguel	08	A. DEP. NT. NARON	31.73	11,00	-
7.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	31.80	10,00	-
8.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	32.22	9,00	-

Final B

9.	ARES BARRAL, Anton	00	C. N. PANAS	32.44	8,00	-
10.	VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	32.47	7,00	-
11.	CONDE VARELA, David	05	C. N. MONFORTE	32.63	6,00	-
12.	PEDROUZO ARES, Miguel	95	ARTABRIA	32.67	5,00	-
13.	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	32.80	4,00	-
14.	PEREZ TIERRA, Ismael	02	RCN VIGO	33.09	3,00	-
15.	DOPICO REY, Anton	97	C. N. FERROL	33.29	2,00	-
Baja	SUAREZ FERNÁNDEZ, Santiago	95	C. N. MONFORTE		1,00	-

Prueba 8
07/07/2023 - 11:08

Masc., 50m Braza

Absoluto Masculino
Resultados Prelim

RG	28.77	, PÉREZ LORENZO MANUEL	SDBOIRO	29/03/2023
RC	28.99	, GARCIA SOTO, MARCOS	CNFERRO	28/06/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Masculino					
1.		PÉREZ LORENZO, Manuel	05 S. DEP. BOIRO	29.93	- 19,00 A
2.		VAZQUEZ FERNANDEZ, Nicolas	06 C. N. GALAICO	31.31	- 16,00 A
3.		SOBRINO BUJIA, Mateo	06 C. N. CULLEREDO	32.35	- 14,00 B
4.		CONDE VARELA, David	05 C. N. MONFORTE	33.09	- 13,00 B
5.		RODRIGUEZ DEL RIO, Miguel	06 PABELLON OURENSE	33.91	- 12,00
6.		PEREZ TEIJEIRA, Iago	06 C. N. XOVE	35.43	- 11,00
7.		ALBES ALVARIÑO, David	06 A. DEP. NT. NARON	36.08	- -

Absoluto Masculino

1.		PÉREZ LORENZO, Manuel	05 S. DEP. BOIRO	29.93	- 19,00 A
2.		PARCERO AREOSO, Xoel	07 CIDADE SANTIAGO	30.99	- - A
3.		ALVAREZ ALVAREZ, Hector	00 PABELLON OURENSE	31.15	- - A
4.		GÓMEZ MESÍAS, Miguel Ángel	03 C. N. ARTEIXO	31.25	- - A
5.		VAZQUEZ FERNANDEZ, Nicolas	06 C. N. GALAICO	31.31	- 16,00 A
6.		GRAÑA DEL SOLAR, Miguel	08 A. DEP. NT. NARON	31.67	- - A
7.		FARO MARTINEZ, Yoel	07 C. N. PONTEAREAS	31.92	- - A
8.		LAGO CASTILLO, Diego	07 C. N. CORUÑA	32.00	- - A
9.		PEDROUZO ARES, Miguel	95 ARTABRIA	32.18	- - B
10.		ARES BARRAL, Anton	00 C. N. PANAS	32.27	- - B
11.		SOBRINO BUJIA, Mateo	06 C. N. CULLEREDO	32.35	- 14,00 B
12.		VAZQUEZ LIZ, Alejandro	03 C. N. PORTAMIÑA	32.46	- - B
13.		PEREZ TIERRA, Ismael	02 RCN VIGO	32.69	- - B
14.		DOPICO REY, Anton	97 C. N. FERROL	32.77	- - B
15.		CONDE VARELA, David	05 C. N. MONFORTE	33.09	- 13,00 B
16.		SUAREZ FERNÁNDEZ, Santiago	95 C. N. MONFORTE	33.25	- - B
17.		RODRÍGUEZ COUSO, Miguel	07 C. N. FERROL	33.58	- -
18.		RODRIGUEZ DEL RIO, Miguel	06 PABELLON OURENSE	33.91	- 12,00
19.		CARRERA COSTAS, Martin	96 C. N. PONTEAREAS	34.00	- -
20.		BLANCO RUIZ, Jacobo	98 C. N. PANAS	34.08	- -
21.		GUTIERREZ MARIÑO, Santiago	02 PABELLON OURENSE	34.31	- -
22.		PINO LORENZO, Brais	01 C. N. PONTEAREAS	34.42	- -
23.		INFESTAS CARAZO, Samuel	03 RCN VIGO	34.48	- -
24.		PEREZ TEIJEIRA, Iago	06 C. N. XOVE	35.43	- 11,00
25.		BELTRAN FREIRIA, Oskar	04 C. N. MOS	35.59	- -
26.		ALBES ALVARIÑO, David	06 A. DEP. NT. NARON	36.08	- -
Baja		MARTINEZ SUAREZ, Diego	99 C. FLUVIAL LUGO	-	-
Baja		LEAL FERNANDEZ, Cibran	00 C. N. GALAICO	-	-
Baja		HERNANDEZ NIÑO, Juan David	99 C. N. GALAICO	-	-

Prueba 9
07/07/2023 - 19:28

Fem., 100m Mariposa

Absoluto Femenino
Resultados Final

RG	1:02.44	, GOMEZ CORTES, BEATRIZ	GALAICO	28/06/2013
RC	1:02.44	, GOMEZ CORTES, BEATRIZ	GALAICO	28/06/2013

Clasificación AN Tiempo ABSO JUNI

Final A

1.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	1:04.79	19,00	-
	50m: 31.32 31.32	100m: 1:04.79	33.47			
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:04.90	16,00	-
	50m: 30.95 30.95	100m: 1:04.90	33.95			
3.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:05.44	14,00	-
	50m: 31.48 31.48	100m: 1:05.44	33.96			
4.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:05.66	13,00	-
	50m: 31.48 31.48	100m: 1:05.66	34.18			
5.	MARIN MARTINEZ, Rosalia	04	C. N. CORUÑA	1:07.19	12,00	-
	50m: 31.11 31.11	100m: 1:07.19	36.08			
6.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	1:09.33	11,00	-
	50m: 32.61 32.61	100m: 1:09.33	36.72			
7.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	1:09.42	10,00	-
	50m: 32.28 32.28	100m: 1:09.42	37.14			
8.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:09.61	9,00	-
	50m: 32.84 32.84	100m: 1:09.61	36.77			

Final B

9.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	1:10.45	8,00	-
	50m: 32.84 32.84	100m: 1:10.45	37.61			
10.	BALADO PENA, Celtia	07	C. MARINA FERROL	1:10.59	7,00	-
	50m: 32.81 32.81	100m: 1:10.59	37.78			
11.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	1:10.86	6,00	-
	50m: 32.69 32.69	100m: 1:10.86	38.17			
12.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	1:12.03	5,00	-
	50m: 33.86 33.86	100m: 1:12.03	38.17			
13.	CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	1:13.19	4,00	-
	50m: 34.50 34.50	100m: 1:13.19	38.69			
14.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	1:13.65	3,00	-
	50m: 34.38 34.38	100m: 1:13.65	39.27			
15.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	1:14.41	-	-
	50m: 34.75 34.75	100m: 1:14.41	39.66			
16.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	1:15.05	2,00	-
	50m: 34.73 34.73	100m: 1:15.05	40.32			

Prueba 9
07/07/2023 - 11:14

Fem., 100m Mariposa

Absoluto Femenino
Resultados Prelim

RG	1:02.44	, GOMEZ CORTES, BEATRIZ	GALAICO	28/06/2013
RC	1:02.44	, GOMEZ CORTES, BEATRIZ	GALAICO	28/06/2013

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Femenino								
1.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:05.12	-	19,00	A	
	50m: 31.22 31.22	100m: 1:05.12	33.90					
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:05.28	-	16,00	A	
	50m: 30.91 30.91	100m: 1:05.28	34.37					
3.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	1:09.25	-	14,00	A	
	50m: 32.36 32.36	100m: 1:09.25	36.89					
4.	BALADO PENA, Celtia	07	C. MARINA FERROL	1:10.53	-	13,00	B	
	50m: 32.02 32.02	100m: 1:10.53	38.51					
5.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	1:12.79	-	12,00	B	
	50m: 34.54 34.54	100m: 1:12.79	38.25					
6.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	1:13.20	-	11,00	B	
	50m: 34.65 34.65	100m: 1:13.20	38.55					
7.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	1:13.82	-	10,00	B	
	50m: 33.37 33.37	100m: 1:13.82	40.45					
8.	ROMANELLI LONGO, Lucia	06	A. D. FOGAR	1:14.23	-	9,00		
	50m: 34.28 34.28	100m: 1:14.23	39.95					
9.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	1:14.36	-	8,00		
	50m: 34.24 34.24	100m: 1:14.36	40.12					
10.	OZORES CHOUZA, Lara	06	S. DEP. BOIRO	1:15.09	-	7,00		
	50m: 34.32 34.32	100m: 1:15.09	40.77					
11.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:17.00	-	6,00		
	50m: 35.53 35.53	100m: 1:17.00	41.47					

Absoluto Femenino

1.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:05.12	-	19,00	A
	50m: 31.22 31.22	100m: 1:05.12	33.90				
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:05.28	-	16,00	A
	50m: 30.91 30.91	100m: 1:05.28	34.37				
3.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	1:05.89	-	-	A
	50m: 30.95 30.95	100m: 1:05.89	34.94				
4.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:07.92	-	-	A
	50m: 32.36 32.36	100m: 1:07.92	35.56				
5.	MARIN MARTINEZ, Rosalía	04	C. N. CORUÑA	1:08.07	-	-	A
	50m: 31.48 31.48	100m: 1:08.07	36.59				
6.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	1:09.25	-	14,00	A
	50m: 32.36 32.36	100m: 1:09.25	36.89				
7.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	1:09.32	-	-	A
	50m: 32.61 32.61	100m: 1:09.32	36.71				

Prueba 9, Fem., 100m Mariposa, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
8.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:09.72	-	- A
	50m: 33.49 33.49	100m: 1:09.72	36.23			
9.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	1:10.36	-	- B
	50m: 32.55 32.55	100m: 1:10.36	37.81			
10.	BALADO PENA, Celtia	07	C. MARINA FERROL	1:10.53	-	13,00 B
	50m: 32.02 32.02	100m: 1:10.53	38.51			
11.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	1:11.80	-	- B
	50m: 33.28 33.28	100m: 1:11.80	38.52			
12.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	1:12.79	-	12,00 B
	50m: 34.54 34.54	100m: 1:12.79	38.25			
13.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	1:13.04	-	- B
	50m: 34.41 34.41	100m: 1:13.04	38.63			
14.	CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	1:13.18	-	- B
	50m: 34.76 34.76	100m: 1:13.18	38.42			
15.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	1:13.20	-	11,00 B
	50m: 34.65 34.65	100m: 1:13.20	38.55			
16.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	1:13.82	-	10,00 B
	50m: 33.37 33.37	100m: 1:13.82	40.45			
17.	CHANS FANEGO, Paula	03	C. N. FERROL	1:13.84	-	-
	50m: 33.85 33.85	100m: 1:13.84	39.99			
18.	CONS GESTIDO, Victoria Anna	05	RCN VIGO	1:13.92	-	-
	50m: 34.20 34.20	100m: 1:13.92	39.72			
19.	ROMANELLI LONGO, Lucia	06	A. D. FOGAR	1:14.23	-	9,00
	50m: 34.28 34.28	100m: 1:14.23	39.95			
20.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	1:14.36	-	8,00
	50m: 34.24 34.24	100m: 1:14.36	40.12			
21.	IBAÑEZ CARRERA, Sara	01	C. N. PONTEAREAS	1:14.61	-	-
	50m: 33.70 33.70	100m: 1:14.61	40.91			
22.	OZORES CHOUZA, Lara	06	S. DEP. BOIRO	1:15.09	-	7,00
	50m: 34.32 34.32	100m: 1:15.09	40.77			
23.	CASCON CALDAS, Karolina	05	C. N. VILAGARCIA	1:15.37	-	-
	50m: 34.75 34.75	100m: 1:15.37	40.62			
24.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:17.00	-	6,00
	50m: 35.53 35.53	100m: 1:17.00	41.47			
Baja	HERMIDA ALONSO, Antia	08	C. N. MOS		-	-

Prueba 10
07/07/2023 - 19:20

Masc., 100m Mariposa

Absoluto Masculino
Resultados Final

RG	52.83	, GARCIA SOTO, MARCOS	CNFERRO	23/07/2009
RC	53.37	, GARCIA SOTO, MARCOS	CNFERRO	26/06/2015

Clasificación AN Tiempo ABSO JUNI

Final A

1.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	58.05	19,00	-
	50m: 27.38 27.38	100m: 58.05	30.67			
2.	REY PITA, Simon	04	A. D. FOGAR	58.45	16,00	-
	50m: 27.42 27.42	100m: 58.45	31.03			
3.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	58.67	14,00	-
	50m: 27.31 27.31	100m: 58.67	31.36			
4.	CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS	58.71	13,00	-
	50m: 27.80 27.80	100m: 58.71	30.91			
5.	MOURE DOVAL, Jose	99	PABELLON OURENSE	59.62	12,00	-
	50m: 28.25 28.25	100m: 59.62	31.37			
6.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	59.89	11,00	-
	50m: 27.92 27.92	100m: 59.89	31.97			
7.	GALAN VICENTE, Pablo	02	A. D. FOGAR	1:00.05	10,00	-
	50m: 28.00 28.00	100m: 1:00.05	32.05			
8.	BRAVO CONDE, Cristian	00	C. N. PANAS	1:00.71	9,00	-
	50m: 28.44 28.44	100m: 1:00.71	32.27			

Final B

9.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:00.54	8,00	-
	50m: 28.47 28.47	100m: 1:00.54	32.07			
10.	DIAZ COUCE, Ruben	06	C. N. FERROL	1:00.60	7,00	-
	50m: 27.98 27.98	100m: 1:00.60	32.62			
11.	RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	1:00.69	6,00	-
	50m: 28.69 28.69	100m: 1:00.69	32.00			
12.	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	1:01.32	5,00	-
	50m: 28.04 28.04	100m: 1:01.32	33.28			
13.	BARROS DA SILVA, Pedro	07	C. N. GALAICO	1:01.96	4,00	-
	50m: 28.66 28.66	100m: 1:01.96	33.30			
14.	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	1:02.67	3,00	-
	50m: 28.93 28.93	100m: 1:02.67	33.74			
15.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	1:02.81	-	-
	50m: 28.43 28.43	100m: 1:02.81	34.38			
16.	CARREIRA POSADA, Jorge	00	C. N. PANAS	1:03.30	2,00	-
	50m: 29.06 29.06	100m: 1:03.30	34.24			

Prueba 10
07/07/2023 - 11:25

Masc., 100m Mariposa

Absoluto Masculino
Resultados Prelim

RG	52.83	GARCIA SOTO, MARCOS	CNFERRO	23/07/2009
RC	53.37	GARCIA SOTO, MARCOS	CNFERRO	26/06/2015

Clasificación		AN		Tiempo	ABSO	JUNI
Junior Masculino						
1.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	58.81	-	19,00 A
	50m: 27.68 27.68	100m: 58.81	31.13			
2.	DIAZ COUCE, Ruben	06	C. N. FERROL	1:00.74	-	16,00 B
	50m: 28.75 28.75	100m: 1:00.74	31.99			
3.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	1:01.26	-	14,00 B
	50m: 28.24 28.24	100m: 1:01.26	33.02			
4.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	1:03.62	-	13,00
	50m: 29.83 29.83	100m: 1:03.62	33.79			
5.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	1:03.73	-	12,00
	50m: 28.99 28.99	100m: 1:03.73	34.74			
6.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	1:04.38	-	11,00
	50m: 31.06 31.06	100m: 1:04.38	33.32			
7.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	1:04.50	-	10,00
	50m: 29.73 29.73	100m: 1:04.50	34.77			
8.	RODRÍGUEZ RODRÍGUEZ, Germán	05	C. N. FERROL	1:04.75	-	9,00
	50m: 30.52 30.52	100m: 1:04.75	34.23			
9.	ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	1:05.52	-	8,00
	50m: 30.07 30.07	100m: 1:05.52	35.45			

Absoluto Masculino

1.	REY PITA, Simon	04	A. D. FOGAR	58.77	-	- A
	50m: 27.65 27.65	100m: 58.77	31.12			
2.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	58.81	-	19,00 A
	50m: 27.68 27.68	100m: 58.81	31.13			
3.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	58.97	-	- A
	50m: 27.13 27.13	100m: 58.97	31.84			
4.	CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS	59.15	-	- A
	50m: 28.23 28.23	100m: 59.15	30.92			
5.	GALAN VICENTE, Pablo	02	A. D. FOGAR	59.87	-	- A
	50m: 27.76 27.76	100m: 59.87	32.11			
6.	MOURE DOVAL, Jose	99	PABELLON OURENSE	59.94	-	- A
	50m: 27.72 27.72	100m: 59.94	32.22			
7.	BRAVO CONDE, Cristian	00	C. N. PANAS	1:00.64	-	- A
	50m: 27.82 27.82	100m: 1:00.64	32.82			
8.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	1:00.67	-	- A
	50m: 28.18 28.18	100m: 1:00.67	32.49			
9.	DIAZ COUCE, Ruben	06	C. N. FERROL	1:00.74	-	16,00 B
	50m: 28.75 28.75	100m: 1:00.74	31.99			

Prueba 10, Masc., 100m Mariposa, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
10.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:01.09	-	- B
	50m: 29.02 29.02	100m: 1:01.09	32.07			
11.	RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	1:01.11	-	- B
	50m: 28.37 28.37	100m: 1:01.11	32.74			
12.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	1:01.26	-	14,00 B
	50m: 28.24 28.24	100m: 1:01.26	33.02			
13.	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	1:01.97	-	- B
	50m: 28.02 28.02	100m: 1:01.97	33.95			
14.	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	1:02.43	-	- B
	50m: 29.02 29.02	100m: 1:02.43	33.41			
15.	BARROS DA SILVA, Pedro	07	C. N. GALAICO	1:02.60	-	- B
	50m: 29.33 29.33	100m: 1:02.60	33.27			
16.	CARREIRA POSADA, Jorge	00	C. N. PANAS	1:02.70	-	- B
	50m: 29.01 29.01	100m: 1:02.70	33.69			
17.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	1:03.62	-	13,00
	50m: 29.83 29.83	100m: 1:03.62	33.79			
18.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	1:03.73	-	12,00
	50m: 28.99 28.99	100m: 1:03.73	34.74			
19.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	1:04.38	-	11,00
	50m: 31.06 31.06	100m: 1:04.38	33.32			
20.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	1:04.50	-	10,00
	50m: 29.73 29.73	100m: 1:04.50	34.77			
21.	RODRÍGUEZ RODRÍGUEZ, Germán	05	C. N. FERROL	1:04.75	-	9,00
	50m: 30.52 30.52	100m: 1:04.75	34.23			
22.	ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	1:05.52	-	8,00
	50m: 30.07 30.07	100m: 1:05.52	35.45			
23.	UCHA NIETO, Jacobo	97	C. N. GALAICO	1:05.59	-	-
	50m: 29.02 29.02	100m: 1:05.59	36.57			
Baja	MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO		-	-
Baja	ARENAS FRANCO, Jose Antonio	04	PABELLON OURENSE		-	-

Prueba 11
07/07/2023 - 19:45

Fem., 200m Espalda

Absoluto Femenino
Resultados Final

RG	2:14.86	, GOMEZ CORTES, BEATRIZ	GALAICO	06/07/2014
RC	2:14.86	, GOMEZ CORTES, BEATRIZ	GALAICO	06/07/2014

Clasificación			AN			Tiempo	ABSO	JUNI		
Final A										
1.	CERNADAS GONZALEZ, Ana		04	C. FLUVIAL LUGO		2:16.48	19,00	-		
	50m:	32.20 32.20	100m:	1:06.47	34.27	150m:	1:41.05	34.58	200m:	2:16.48 35.43
2.	BORRAZAS RODRIGUEZ, Noa		08	SPORTING CASINO		2:22.24	16,00	-		
	100m:	1:10.14 1:10.14	150m:	1:46.50	36.36	200m:	2:22.24	35.74		
3.	BOUZAS PEDREIRA, Alicia		05	C. N. GALAICO		2:23.27	14,00	-		
	50m:	33.99 33.99	100m:	1:10.03	36.04	150m:	1:46.74	36.71	200m:	2:23.27 36.53
4.	CAMBA PRADA, Alexia		05	PABELLON OURENSE		2:26.45	13,00	-		
	50m:	34.22 34.22	100m:	1:11.42	37.20	150m:	1:49.53	38.11	200m:	2:26.45 36.92
5.	BLANCO ROUCO, Carmen		06	VIGO RIAS BAIXAS		2:29.94	12,00	-		
	50m:	36.35 36.35	100m:	1:15.20	38.85	150m:	1:54.51	39.31	200m:	2:29.94 35.43
6.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		2:30.39	11,00	-		
	50m:	35.42 35.42	100m:	1:13.08	37.66	150m:	1:51.71	38.63	200m:	2:30.39 38.68
7.	SOLER LOMBA, Rosalía		00	RCN VIGO		2:33.42	10,00	-		
	50m:	37.38 37.38	100m:	1:17.29	39.91	150m:	1:56.64	39.35	200m:	2:33.42 36.78
8.	CANALDA RAMOS, Laura		09	C. N. CORUÑA		2:35.79	9,00	-		
	50m:	35.73 35.73	100m:	1:14.45	38.72	150m:	1:55.31	40.86	200m:	2:35.79 40.48
Final B										
9.	REQUEJO FERNANDEZ, Irene		10	PABELLON OURENSE		2:32.70	8,00	-		
	50m:	35.89 35.89	100m:	1:15.11	39.22	150m:	1:55.31	40.20	200m:	2:32.70 37.39
10.	GIL GARNACHO, Carlota		09	SPORTING CASINO		2:32.91	7,00	-		
	50m:	36.11 36.11	100m:	1:15.40	39.29	150m:	1:55.21	39.81	200m:	2:32.91 37.70
11.	MARTÍNEZ NOVOA, Ángela		04	RCN VIGO		2:34.97	6,00	-		
	50m:	36.03 36.03	100m:	1:15.04	39.01	150m:	1:54.75	39.71	200m:	2:34.97 40.22
12.	GONZALEZ GONZALEZ, Iara		09	VIGO RIAS BAIXAS		2:36.23	5,00	-		
	50m:	36.44 36.44	100m:	1:16.41	39.97	150m:	1:58.12	41.71	200m:	2:36.23 38.11
13.	ALBES ALVARIÑO, Paula		03	A. DEP. NT. NARON		2:38.10	4,00	-		
	50m:	37.24 37.24	100m:	1:17.09	39.85	150m:	1:58.20	41.11	200m:	2:38.10 39.90
14.	SAAVEDRA BUIDE, Paula		07	C. N. PORTAMIÑA		2:42.55	3,00	-		
	50m:	37.74 37.74	100m:	1:18.48	40.74	150m:	2:00.72	42.24	200m:	2:42.55 41.83
15.	EIJO GIL, Naiara		06	C. N. PONTEAREAS		2:45.25	2,00	-		
	50m:	36.09 36.09	100m:	1:16.96	40.87	150m:	2:01.41	44.45	200m:	2:45.25 43.84
Baja	MARTINEZ OTERO, Eva		08	C. N. MOS			1,00	-		

Prueba 11
07/07/2023 - 11:35

Fem., 200m Espalda

Absoluto Femenino
Resultados Prelim

RG	2:14.86	, GOMEZ CORTES, BEATRIZ	GALAICO	06/07/2014
RC	2:14.86	, GOMEZ CORTES, BEATRIZ	GALAICO	06/07/2014

Clasificación			AN			Tiempo	ABSO	JUNI		
Junior Femenino										
1.	BLANCO ROUCO, Carmen		06	VIGO RIAS BAIXAS		2:29.34	-	19,00	A	
	50m:	34.30 34.30	100m:	1:11.19	36.89	150m:	1:49.78	38.59	200m:	2:29.34 39.56
2.	EIJO GIL, Naiara		06	C. N. PONTEAREAS		2:39.06	-	16,00	B	
	50m:	35.86 35.86	100m:	1:15.65	39.79	150m:	1:57.51	41.86	200m:	2:39.06 41.55
3.	SAAVEDRA BUIDE, Paula		07	C. N. PORTAMIÑA		2:40.21	-	14,00	B	
	50m:	37.02 37.02	100m:	1:17.23	40.21	150m:	1:58.72	41.49	200m:	2:40.21 41.49
4.	SUAREZ RIPOLL, Lia		07	CIDADE SANTIAGO		2:43.18	-	13,00		
	50m:	37.04 37.04	100m:	1:17.65	40.61	150m:	2:00.50	42.85	200m:	2:43.18 42.68
5.	BUJAN ROUCO, Enma		07	C. N. XOVE		2:48.88	-	12,00		
	50m:	39.78 39.78	100m:	1:22.08	42.30	150m:	2:05.65	43.57	200m:	2:48.88 43.23
Absoluto Femenino										
1.	CERNADAS GONZALEZ, Ana		04	C. FLUVIAL LUGO		2:18.38	-	-	A	
	50m:	32.69 32.69	100m:	1:07.05	34.36	150m:	1:41.92	34.87	200m:	2:18.38 36.46
2.	BOUZAS PEDREIRA, Alicia		05	C. N. GALAICO		2:22.36	-	-	A	
	50m:	33.52 33.52	100m:	1:09.95	36.43	150m:	1:46.58	36.63	200m:	2:22.36 35.78
3.	BORRAZAS RODRIGUEZ, Noa		08	SPORTING CASINO		2:24.54	-	-	A	
	50m:	33.38 33.38	100m:	1:11.30	37.92	150m:	1:49.28	37.98	200m:	2:24.54 35.26
4.	CAMBA PRADA, Alexia		05	PABELLON OURENSE		2:25.73	-	-	A	
	50m:	33.75 33.75	100m:	1:10.89	37.14	150m:	1:48.81	37.92	200m:	2:25.73 36.92
5.	BLANCO ROUCO, Carmen		06	VIGO RIAS BAIXAS		2:29.34	-	19,00	A	
	50m:	34.30 34.30	100m:	1:11.19	36.89	150m:	1:49.78	38.59	200m:	2:29.34 39.56
6.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		2:31.64	-	-	A	
	50m:	35.36 35.36	100m:	1:13.17	37.81	150m:	1:52.73	39.56	200m:	2:31.64 38.91
7.	SOLER LOMBA, Rosalía		00	RCN VIGO		2:33.52	-	-	A	
	50m:	36.74 36.74	100m:	1:16.02	39.28	150m:	1:55.11	39.09	200m:	2:33.52 38.41
8.	CANALDA RAMOS, Laura		09	C. N. CORUÑA		2:34.88	-	-	A	
	50m:	35.27 35.27	100m:	1:14.03	38.76	150m:	1:54.68	40.65	200m:	2:34.88 40.20
9.	MARTÍNEZ NOVOA, Ángela		04	RCN VIGO		2:35.04	-	-	B	
	50m:	35.37 35.37	100m:	1:14.11	38.74	150m:	1:55.12	41.01	200m:	2:35.04 39.92
10.	REQUEJO FERNANDEZ, Irene		10	PABELLON OURENSE		2:35.35	-	-	B	
	50m:	35.15 35.15	100m:	1:13.58	38.43	150m:	1:54.66	41.08	200m:	2:35.35 40.69
11.	GONZALEZ GONZALEZ, Iara		09	VIGO RIAS BAIXAS		2:36.72	-	-	B	
	50m:	36.02 36.02	100m:	1:15.48	39.46	150m:	1:56.63	41.15	200m:	2:36.72 40.09
12.	GIL GARNACHO, Carlota		09	SPORTING CASINO		2:37.00	-	-	B	
	50m:	36.51 36.51	100m:	1:16.12	39.61	150m:	1:57.08	40.96	200m:	2:37.00 39.92
13.	MARTINEZ OTERO, Eva		08	C. N. MOS		2:37.55	-	-	B	
	50m:	35.56 35.56	100m:	1:14.91	39.35	150m:	1:56.35	41.44	200m:	2:37.55 41.20

Prueba 11, Fem., 200m Espalda, Prelim, Absoluto Femenino

Clasificación	AN	Tiempo	ABSO	JUNI
14. ALBES ALVARIÑO, Paula	03	2:38.35	-	- B
50m: 36.93 36.93	100m: 1:17.15	40.22	150m: 1:57.91	40.76
200m: 2:38.35				40.44
15. EIJO GIL, Naiara	06	2:39.06	-	16,00 B
50m: 35.86 35.86	100m: 1:15.65	39.79	150m: 1:57.51	41.86
200m: 2:39.06				41.55
16. SAAVEDRA BUIDE, Paula	07	2:40.21	-	14,00 B
50m: 37.02 37.02	100m: 1:17.23	40.21	150m: 1:58.72	41.49
200m: 2:40.21				41.49
17. ESTEVEZ MONTES, Naroa	08	2:42.13	-	-
50m: 39.61 39.61	100m: 1:20.26	40.65	150m: 2:01.56	41.30
200m: 2:42.13				40.57
18. SUAREZ RIPOLL, Lia	07	2:43.18	-	13,00
50m: 37.04 37.04	100m: 1:17.65	40.61	150m: 2:00.50	42.85
200m: 2:43.18				42.68
19. CARRASCO DE CASTRO, Marina	10	2:43.84	-	-
50m: 38.39 38.39	100m: 1:20.00	41.61	150m: 2:02.13	42.13
200m: 2:43.84				41.71
20. BABARRO LOPEZ, Maria	08	2:44.30	-	-
50m: 38.05 38.05	100m: 1:19.50	41.45	150m: 2:02.22	42.72
200m: 2:44.30				42.08
21. VAZQUEZ LIZ, Mireia	08	2:45.67	-	-
50m: 37.18 37.18	100m: 1:18.44	41.26	150m: 2:02.12	43.68
200m: 2:45.67				43.55
22. BUJAN ROUCO, Enma	07	2:48.88	-	12,00
50m: 39.78 39.78	100m: 1:22.08	42.30	150m: 2:05.65	43.57
200m: 2:48.88				43.23
Baja NOGUERAS PORTO, Sara	08		-	-
		C. FLUVIAL LUGO		

Prueba 12
07/07/2023 - 19:36

Masc., 200m Espalda

Absoluto Masculino
Resultados Final

RG	1:57.95	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/04/2009
RC	2:07.12	, TABOADA VILA, ALBERTO	POURENSE	27/06/2009

Clasificación			AN			Tiempo	ABSO	JUNI		
Final A										
1.	ORECHIA, Agustín		06	CIDADE SANTIAGO		2:08.23	19,00	-		
	50m:	30.42 30.42	100m:	1:04.07	33.65	150m:	1:37.48	33.41	200m:	2:08.23 30.75
2.	NAVARRO LOSADA, Sergi		07	C. N. FERROL		2:09.97	16,00	-		
	50m:	30.66 30.66	100m:	1:04.37	33.71	150m:	1:37.26	32.89	200m:	2:09.97 32.71
3.	QUIROGA RAMOS, Yago		05	PABELLON OURENSE		2:11.65	14,00	-		
	50m:	31.59 31.59	100m:	1:04.78	33.19	150m:	1:38.34	33.56	200m:	2:11.65 33.31
4.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS		2:13.12	13,00	-		
	50m:	30.92 30.92	100m:	1:04.97	34.05	150m:	1:39.32	34.35	200m:	2:13.12 33.80
5.	SUAREZ MARTINEZ, Diego		08	SPORTING CASINO		2:13.22	12,00	-		
	50m:	30.75 30.75	100m:	1:05.27	34.52	150m:	1:40.24	34.97	200m:	2:13.22 32.98
6.	CARBALLO RODRIGUEZ, Enrique		07	PABELLON OURENSE		2:15.71	11,00	-		
	50m:	31.46 31.46	100m:	1:05.24	33.78	150m:	1:40.68	35.44	200m:	2:15.71 35.03
7.	REY MUNIN, Tomas		06	CIDADE SANTIAGO		2:16.04	10,00	-		
	50m:	31.86 31.86	100m:	1:06.16	34.30	150m:	1:41.18	35.02	200m:	2:16.04 34.86
8.	GONZALEZ ESTEVEZ, Yoel		07	C. N. PONTEAREAS		2:17.03	9,00	-		
	50m:	31.93 31.93	100m:	1:06.72	34.79	150m:	1:42.19	35.47	200m:	2:17.03 34.84
Final B										
9.	VARELA PASANDÍN, Manuel		06	C. N. ARTEIXO		2:14.64	8,00	-		
	50m:	31.92 31.92	100m:	1:06.38	34.46	150m:	1:40.87	34.49	200m:	2:14.64 33.77
10.	COSTA FERNANDEZ, Lucas		98	C. N. PONTEAREAS		2:16.62	7,00	-		
	50m:	32.45 32.45	100m:	1:06.69	34.24	150m:	1:41.59	34.90	200m:	2:16.62 35.03
11.	CUBEIRO ROSENDE, Xoel		07	C. N. LICEO		2:18.62	6,00	-		
	50m:	32.91 32.91	100m:	1:08.34	35.43	150m:	1:44.10	35.76	200m:	2:18.62 34.52
12.	MANEIROS PAZ, Mario		06	C. N. FERROL		2:20.08	5,00	-		
	50m:	32.80 32.80	100m:	1:07.90	35.10	150m:	1:44.51	36.61	200m:	2:20.08 35.57
13.	DEVESA LOPEZ, Jonathan		06	C. N. PORTAMIÑA		2:21.02	4,00	-		
	50m:	32.92 32.92	100m:	1:08.32	35.40	150m:	1:45.01	36.69	200m:	2:21.02 36.01
14.	ÁLVAREZ VÁZQUEZ, Gael		07	RCN VIGO		2:21.99	3,00	-		
	50m:	33.68 33.68	100m:	1:10.01	36.33	150m:	1:47.24	37.23	200m:	2:21.99 34.75
15.	SIMON COTELO, Manuel		01	C. N. PANAS		2:22.22	2,00	-		
	50m:	32.69 32.69	100m:	1:08.67	35.98	150m:	1:45.73	37.06	200m:	2:22.22 36.49
16.	NUÑEZ SUAREZ, Antón		05	C. FLUVIAL LUGO		2:22.50	1,00	-		
	50m:	33.82 33.82	100m:	1:09.63	35.81	150m:	1:46.60	36.97	200m:	2:22.50 35.90

Prueba 12
07/07/2023 - 11:51

Masc., 200m Espalda

Absoluto Masculino
Resultados Prelim

RG	1:57.95	REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/04/2009
RC	2:07.12	TABOADA VILA, ALBERTO	POURENSE	27/06/2009

Clasificación			AN			Tiempo	ABSO	JUNI		
Junior Masculino										
1.	ORECHIA, Agustín		06	CIDADE SANTIAGO	2:08.66	-	19,00	A		
	50m: 30.27 30.27	100m: 1:02.97		32.70 150m: 1:36.43	33.46	200m: 2:08.66		32.23		
2.	QUIROGA RAMOS, Yago		05	PABELLON OURENSE	2:12.38	-	16,00	A		
	50m: 30.40 30.40	100m: 1:03.08		32.68 150m: 1:37.60	34.52	200m: 2:12.38		34.78		
3.	REY MUNIN, Tomas		06	CIDADE SANTIAGO	2:16.39	-	14,00	A		
	50m: 32.19 32.19	100m: 1:06.57		34.38 150m: 1:41.79	35.22	200m: 2:16.39		34.60		
4.	MANEIROS PAZ, Mario		06	C. N. FERROL	2:16.62	-	13,00	B		
	50m: 32.33 32.33	100m: 1:06.77		34.44 150m: 1:42.15	35.38	200m: 2:16.62		34.47		
5.	VARELA PASANDÍN, Manuel		06	C. N. ARTEIXO	2:16.77	-	12,00	B		
	50m: 32.71 32.71	100m: 1:08.10		35.39 150m: 1:43.29	35.19	200m: 2:16.77		33.48		
6.	DEVESA LOPEZ, Jonathan		06	C. N. PORTAMIÑA	2:20.56	-	11,00	B		
	50m: 33.40 33.40	100m: 1:08.65		35.25 150m: 1:44.56	35.91	200m: 2:20.56		36.00		
7.	NUÑEZ SUAREZ, Antón		05	C. FLUVIAL LUGO	2:22.72	-	10,00	B		
	50m: 34.34 34.34	100m: 1:10.54		36.20 150m: 1:46.98	36.44	200m: 2:22.72		35.74		
8.	LEMA CARBALLO, Pablo		06	C. N. ARTEIXO	2:32.27	-	9,00			
	50m: 35.74 35.74	100m: 1:13.92		38.18 150m: 1:53.23	39.31	200m: 2:32.27		39.04		
9.	FOLGUEIRA DIAZ, Miguel		05	C. FLUVIAL LUGO	2:42.11	-	-			
	50m: 37.80 37.80	100m: 1:19.52		41.72 150m: 2:01.39	41.87	200m: 2:42.11		40.72		

Absoluto Masculino

1.	ORECHIA, Agustín		06	CIDADE SANTIAGO	2:08.66	-	19,00	A		
	50m: 30.27 30.27	100m: 1:02.97		32.70 150m: 1:36.43	33.46	200m: 2:08.66		32.23		
2.	QUIROGA RAMOS, Yago		05	PABELLON OURENSE	2:12.38	-	16,00	A		
	50m: 30.40 30.40	100m: 1:03.08		32.68 150m: 1:37.60	34.52	200m: 2:12.38		34.78		
3.	NAVARRO LOSADA, Sergi		07	C. N. FERROL	2:13.48	-	-	A		
	50m: 31.79 31.79	100m: 1:04.62		32.83 150m: 1:38.29	33.67	200m: 2:13.48		35.19		
4.	CARBALLO RODRIGUEZ, Enrique		07	PABELLON OURENSE	2:15.12	-	-	A		
	50m: 32.13 32.13	100m: 1:07.14		35.01 150m: 1:42.65	35.51	200m: 2:15.12		32.47		
5.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS	2:15.16	-	-	A		
	50m: 31.83 31.83	100m: 1:05.43		33.60 150m: 1:40.34	34.91	200m: 2:15.16		34.82		
6.	GONZALEZ ESTEVEZ, Yoel		07	C. N. PONTEAREAS	2:16.22	-	-	A		
	50m: 32.68 32.68	100m: 1:07.73		35.05 150m: 1:42.71	34.98	200m: 2:16.22		33.51		
7.	REY MUNIN, Tomas		06	CIDADE SANTIAGO	2:16.39	-	14,00	A		
	50m: 32.19 32.19	100m: 1:06.57		34.38 150m: 1:41.79	35.22	200m: 2:16.39		34.60		
8.	SUAREZ MARTINEZ, Diego		08	SPORTING CASINO	2:16.56	-	-	A		
	50m: 31.77 31.77	100m: 1:06.24		34.47 150m: 1:41.41	35.17	200m: 2:16.56		35.15		
9.	MANEIROS PAZ, Mario		06	C. N. FERROL	2:16.62	-	13,00	B		
	50m: 32.33 32.33	100m: 1:06.77		34.44 150m: 1:42.15	35.38	200m: 2:16.62		34.47		

Prueba 12, Masc., 200m Espalda, Prelim, Absoluto Masculino

Clasificación				AN				Tiempo	ABSO	JUNI		
10.	VARELA PASANDÍN, Manuel			06	C. N. ARTEIXO			2:16.77	-	12,00 B		
	50m:	32.71	32.71	100m:	1:08.10	35.39	150m:	1:43.29	35.19	200m:	2:16.77	33.48
11.	COSTA FERNANDEZ, Lucas			98	C. N. PONTEAREAS			2:17.02	-	- B		
	50m:	32.97	32.97	100m:	1:07.06	34.09	150m:	1:42.47	35.41	200m:	2:17.02	34.55
12.	CUBEIRO ROSENDE, Xoel			07	C. N. LICEO			2:20.15	-	- B		
	50m:	33.23	33.23	100m:	1:08.71	35.48	150m:	1:44.92	36.21	200m:	2:20.15	35.23
13.	DEVESA LOPEZ, Jonathan			06	C. N. PORTAMIÑA			2:20.56	-	11,00 B		
	50m:	33.40	33.40	100m:	1:08.65	35.25	150m:	1:44.56	35.91	200m:	2:20.56	36.00
14.	NUÑEZ SUAREZ, Antón			05	C. FLUVIAL LUGO			2:22.72	-	10,00 B		
	50m:	34.34	34.34	100m:	1:10.54	36.20	150m:	1:46.98	36.44	200m:	2:22.72	35.74
	SIMON COTELO, Manuel			01	C. N. PANAS			2:22.72	-	- B		
	50m:	33.03	33.03	100m:	1:08.79	35.76	150m:	1:45.80	37.01	200m:	2:22.72	36.92
16.	ÁLVAREZ VÁZQUEZ, Gael			07	RCN VIGO			2:23.14	-	- B		
	50m:	33.67	33.67	100m:	1:09.95	36.28	150m:	1:46.86	36.91	200m:	2:23.14	36.28
17.	SOUTO VILAS, Jorge			07	A. D. FOGAR			2:24.52	-	-		
	50m:	33.50	33.50	100m:	1:09.99	36.49	150m:	1:47.37	37.38	200m:	2:24.52	37.15
18.	PIÑEIRO RODRIGUEZ, Samuel			07	VIGO RIAS BAIXAS			2:25.17	-	-		
	50m:	34.13	34.13	100m:	1:11.25	37.12	150m:	1:48.80	37.55	200m:	2:25.17	36.37
19.	MARTINEZ MARTINEZ, Marcos			03	C. N. PONTEAREAS			2:26.03	-	-		
	50m:	33.89	33.89	100m:	1:10.86	36.97	150m:	1:48.40	37.54	200m:	2:26.03	37.63
20.	ALVAREZ REPARAZ, Alejandro			04	C. N. GALAICO			2:26.71	-	-		
	50m:	33.61	33.61	100m:	1:10.11	36.50	150m:	1:48.56	38.45	200m:	2:26.71	38.15
21.	LEMA CARBALLO, Pablo			06	C. N. ARTEIXO			2:32.27	-	9,00		
	50m:	35.74	35.74	100m:	1:13.92	38.18	150m:	1:53.23	39.31	200m:	2:32.27	39.04
22.	FOLGUEIRA DIAZ, Miguel			05	C. FLUVIAL LUGO			2:42.11	-	-		
	50m:	37.80	37.80	100m:	1:19.52	41.72	150m:	2:01.39	41.87	200m:	2:42.11	40.72

Prueba 13
07/07/2023 - 12:20

Fem., 4 x 200m Libre

Junior Femenino
Resultados

RG	8:26.39	GALAICO	GALAICO	25/06/2016
RC	8:26.39	GALAICO	GALAICO	25/06/2016

Clasificación

				Tiempo	ABSO	JUNI
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	9:08.83	-	38,00
	MOURENZA ROCHA, Ines	07	30.54 33.31	33.72	33.15	2:10.72
	LOPEZ-FREIRE FRANCIA, Carmen	07	31.22 34.55	37.83	38.42	2:22.02
	MOURENZA ROCHA, Sofia	07	30.33 33.69	33.49	34.06	2:11.57
	SAAVEDRA BUIDE, Paula	07	32.59 36.22	37.54	38.17	2:24.52
2.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	9:22.39	-	32,00
	GIRALDEZ MARTINEZ, Nerea	07	33.80 36.44	37.83	38.75	2:26.82
	TEIJEIRO SABORIDO, Cayetana	06	33.28 37.66	39.16	38.36	2:28.46
	ALVAREZ PAZOS, Maria	07	29.93 32.34	34.30	36.01	2:12.58
	BLANCO ROUCO, Carmen	06	30.81 34.00	34.69	35.03	2:14.53
3.	C. N. ARTEIXO 1		C. N. ARTEIXO	9:25.66	-	28,00
	SÁNCHEZ BELLO, Eva	07	31.00 33.41	34.12	33.94	2:12.47
	GARCÍA NAYA, Irene	06	31.95 37.27	39.35	39.80	2:28.37
	SUAREZ DOSIL, Claudia	07	31.97 35.16	36.60	36.27	2:20.00
	CARBALLIDO NAYA, Claudia	07	32.56 36.19	37.85	38.22	2:24.82
4.	A. D. FOGAR 1		A. D. FOGAR	9:48.92	-	26,00
	REY PITA, Clara	07	33.46 35.84	37.10	36.97	2:23.37
	BOTANA PEDREIRA, Lola	06	33.04 35.79	38.14	37.46	2:24.43
	JIMENEZ COPPA, Carla M.	06	32.63 37.88	39.66	40.51	2:30.68
	PEDREIRA GALEGO, Xiana	06	34.13 38.31	39.59	38.41	2:30.44
Baja	C. N. GALAICO 1		C. N. GALAICO	-	-	-
Baja	C. N. PONTEAREAS 1		C. N. PONTEAREAS	-	-	-

Prueba 14
07/07/2023 - 12:32

Masc., 4 x 100m Libre

Junior Masculino
Resultados

RG	3:30.81	CNFERRO	CNFERRO	23/07/2009
RC	3:32.95	NCORUÑA	NCORUÑA	26/06/2009

Clasificación

					Tiempo	ABSO	JUNI	
1.	PABELLON OURENSE 1		PABELLON OURENSE		3:45.40	-	38,00	
	QUIROGA RAMOS, Yago	05	26.11	54.15	PAZ RODRIGUEZ, Aritz	06	26.87	56.03
	ESTEVEZ CRESPO, Hugo	06	27.24	56.88	RODRIGUEZ DEL RIO, Miguel	06	28.18	58.34
2.	C. N. ARTEIXO 1		C. N. ARTEIXO		3:48.05	-	32,00	
	GARCÍA CASTRO, Mateo	05	26.84	54.70	LEMA CARBALLO, Pablo	06	28.39	1:00.26
	VARELA PASANDÍN, Alejandro	06	27.29	57.15	VARELA PASANDÍN, Manuel	06	26.22	55.94
3.	C. N. MONFORTE 1		C. N. MONFORTE		3:48.67	-	28,00	
	LOPEZ RODRIGUEZ, Hugo	06	27.60	59.71	ARIAS FRANCO, Odei	06	27.14	57.43
	PONTON RODRIGUEZ, Javier	05	25.50	54.07	CONDE VARELA, David	05	26.89	57.46
4.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA		3:50.02	-	26,00	
	DIAZ- BECERRA LOPEZ, Anton	05	26.93	56.17	MENDEZ GARCIA, Xoan	06	26.80	56.93
	FRAGA SAL, Alexandre	06	27.32	57.11	DEVESA LOPEZ, Jonathan	06	27.72	59.81

Prueba 15
07/07/2023 - 17:30

Masc., 4 x 50m Estilos

Absoluto Masculino
Resultados

RG	1:45.95	NCORUÑA	NCORUÑA	26/06/2009
RC	1:45.95	NCORUÑA	NCORUÑA	26/06/2009

Clasificación

			Tempo	ABSO	JUNI	
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	1:46.28	38,00	-
	DIAZ- BECERRA LOPEZ, Anton	05	28.44	VAZQUEZ LOPEZ, Martin	03	24.41
	NOVO LOPEZ, Brais	03	29.60	RODRIGUEZ SANCOSMED, Pablo	03	23.83
2.	C. N. FERROL 1		C. N. FERROL	1:48.73	32,00	-
	NAVARRO LOSADA, Sergi	07	27.90	LOSADA JIMÉNEZ, Sergio	04	25.61
	SEIJO BERMUDEZ, Daniel	04	30.14	TABEIRA OLASCOAGA, Tadeo	07	25.08
3.	PABELLON OURENSE 1		PABELLON OURENSE	1:49.01	28,00	-
	QUIROGA RAMOS, Yago	05	28.32	MOURE DOVAL, Jose	99	26.34
	ALVAREZ ALVAREZ, Hector	00	30.14	CIVEIRA CORRAL, Samuel	02	24.21
4.	A. D. FOGAR 1		A. D. FOGAR	1:50.44	26,00	-
	ABELEIRA ALVAREZ, Carlos	02	28.12	REY PITA, Simon	04	18.09
	GUITIAN LOPEZ, Xabier	05	40.22	GALAN VICENTE, Pablo	02	24.01
5.	C. N. MONFORTE 1		C. N. MONFORTE	1:50.45	24,00	-
	ARIAS FRANCO, Odei	06	28.82	PONTON RODRIGUEZ, Juan	02	25.91
	CONDE VARELA, David	05	31.76	PONTON RODRIGUEZ, Javier	05	23.96
6.	C. N. PANAS 1		C. N. PANAS	1:51.81	22,00	-
	ARES BARRAL, Anton	00	28.28	BRAVO CONDE, Cristian	00	25.61
	BLANCO RUIZ, Jacobo	98	32.96	CARREIRA POSADA, Jorge	00	24.96
7.	C. N. ARTEIXO 1		C. N. ARTEIXO	1:51.83	20,00	-
	VARELA PASANDÍN, Manuel	06	29.36	DEL RIO REGUEIRA, Ruben	93	26.71
	GÓMEZ MESÍAS, Miguel Ángel	03	30.85	RUIBAL CABALLERO, Manuel Fco.	03	24.91
8.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	1:52.41	18,00	-
	GONZALEZ ESTEVEZ, Yoel	07	29.39	CABANA DEL AMO, Pablo	04	26.69
	FARO MARTINEZ, Yoel	07	31.26	PINO LORENZO, Brais	01	25.07
9.	C. N. CORUÑA 1		C. N. CORUÑA	1:54.17	16,00	-
	CUMMINGS CANDAL, James	05	30.75	BALSA VIGO, Javier	05	26.23
	LAGO CASTILLO, Diego	07	31.34	VIÑA ESMORÍS, Martín	06	25.85
10.	C. N. GALAICO 1		C. N. GALAICO	1:54.53	14,00	-
	ALVAREZ REPARAZ, Alejandro	04	31.48	UCHA NIETO, Jacobo	97	26.39
	VAZQUEZ FERNANDEZ, Nicolas	06	31.65	BOUZAS PEDREIRA, Tomas	98	25.01
11.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	1:54.85	12,00	-
	NUÑEZ SUAREZ, Antón	05	30.31	TEIJEIRO PRADO, Xoel	06	25.90
	MORENO TEIJEIRO, Hugo	05	33.40	BURGO BEIRO, Marcos	00	25.24
12.	RCN VIGO 1		RCN VIGO	1:55.05	10,00	-
	PAZOS IGLESIAS, André	07	30.32	CIDRÁS PÉREZ, Fabián	05	26.87
	PEREZ TIERRA, Ismael	02	32.20	INFESTAS CARAZO, Samuel	03	25.66
13.	CIDADE SANTIAGO 1		CIDADE SANTIAGO	1:55.19	8,00	-
	REY MUNIN, Tomas	06	29.80	ORECHIA, Agustín	06	27.60
	PARCERO AREOSO, Xoel	07	30.50	FRAGA VISOS, Teo	08	27.29
14.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	1:56.00	6,00	-
	PIÑEIRO RODRIGUEZ, Samuel	07	30.49	RODRIGUEZ VIEITEZ, Hugo	08	28.23
	PASTORIZA SANTA CLARA, Jorge	97	32.74	MENDEZ PUGA, Mario	03	24.54

Prueba 16
07/07/2023 - 17:40

Fem., 4 x 50m Estilos

Absoluto Femenino
Resultados

RG	2:00.19	GALAICO	GALAICO	22/07/2009
RC	2:00.54	GALAICO	GALAICO	08/07/2017

Clasificación			Tiempo	ABSO	JUNI	
1.	C. N. GALAICO 1		C. N. GALAICO	2:04.83	38,00	-
	BOUZAS PEDREIRA, Alicia	05	32.02	GARCIA SILVA, Antia	98	28.30
	FERNANDEZ PRIETO, Nayara	05	36.56	BARROS DA SILVA, Sofia	09	27.95
2.	RCN VIGO 1		RCN VIGO	2:04.98	32,00	-
	MARTÍNEZ NOVOA, Ángela	04	32.51	SOLER LOMBA, Rosalía	00	29.10
	RODRÍGUEZ ALONSO, Julia	05	35.13	CONS GESTIDO, Victoria Anna	05	28.24
3.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	2:05.19	28,00	-
	LOPEZ-FREIRE FRANCIA, Carmen	07	34.19	MOURENZA ROCHA, Ines	07	29.37
	MOURENZA ROCHA, Sofia	07	33.63	CANDO SANTOS, Raquel	03	28.00
4.	C. N. ARTEIXO 1		C. N. ARTEIXO	2:05.44	26,00	-
	SÁNCHEZ BELLO, Eva	07	32.41	SUAREZ DOSIL, Claudia	07	30.95
	GÓMEZ MESÍAS, Alba	00	33.73	VEIGA SOUTO, Ana	98	28.35
5.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	2:06.65	24,00	-
	EIJO GIL, Naiara	06	33.28	LEMOS FERNANDEZ, Iria	06	29.02
	FARO MARTINEZ, Carla	03	35.89	BORGE JUSTE, Ines	06	28.46
6.	PABELLON OURENSE 1		PABELLON OURENSE	2:07.67	22,00	-
	REQUEJO FERNANDEZ, Irene	10	33.26	FEIJOO GOMEZ, Eva	04	28.87
	GIL POZO, Emma	09	37.59	CAMBA PRADA, Alexia	05	27.95
7.	C. N. MOS 1		C. N. MOS	2:08.51	20,00	-
	MARTINEZ OTERO, Eva	08	32.18	HERMIDA ALONSO, Antia	08	30.05
	PEREIRO RODRIGUEZ, Carolina	08	36.77	SALGUEIRIÑO ÁLVAREZ, Noa	08	29.51
8.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	2:08.75	18,00	-
	BLANCO ROUCO, Carmen	06	32.38	RODRIGUEZ RODRIGUEZ, Nina	02	29.55
	GONZALEZ GONZALEZ, Iara	09	39.53	ALVAREZ PAZOS, Maria	07	27.29
9.	A. D. FOGAR 1		A. D. FOGAR	2:09.72	16,00	-
	SUAREZ KITAHORI, Nana S.	05	33.89	PEDREIRA GALEGO, Xiana	06	31.58
	JIMENEZ COPPA, Carla M.	06	34.57	MOURELLE PENA, Carla	08	29.68
10.	SPORTING CASINO 1		SPORTING CASINO	2:09.96	14,00	-
	BORRAZAS RODRIGUEZ, Noa	08	31.14	GIL GARNACHO, Carlota	09	32.75
	NISTAL PALACIOS, Mariña	07	36.63	COUCEIRO BARREIRO, Marta	07	29.44
11.	C. N. FERROL 1		C. N. FERROL	2:11.33	12,00	-
	CHANS FANEGO, Paula	03	34.16	HERNÁNDEZ FIGUEROA, Ange Ma	09	30.26
	LEIVAS ROCA, Candela	05	37.92	VILLARNOVO PAZOS, Lucia	08	28.99
12.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	2:11.34	10,00	-
	CERNADAS GONZALEZ, Ana	04	30.27	LADRA CAMPO, Martina	08	
	NOGUERAS PORTO, Sara	08	1:41.16	PARDO PIÑEIRO, Maria	06	29.72
13.	S. DEP. BOIRO 1		S. DEP. BOIRO	2:12.37	8,00	-
	OVIÑA PICOS, Nadiuska	10	33.17	GONZÁLEZ OJEA, Carmen	06	32.91
	SÁNCHEZ TOJA, Candela	08	36.40	VILARNOVO SUÁREZ, Noelia	06	29.89
14.	C. MARINA FERROL 1		C. MARINA FERROL	2:14.72	6,00	-
	CHUBB PEREIRA, Emma	07	35.25	BALADO PENA, Celtia	07	30.11
	GARCIA RODRIGUEZ, Andrea	10	39.50	ANEIROS DOPICO, Laura	00	29.86
15.	C. N. CULLEREDO 1		C. N. CULLEREDO	2:15.32	4,00	-
	GUIRADO AGRA, Sofia	09	34.86	FEAL DEVESA, Carlota	09	32.81
	HERNAEZ GONZALEZ, Paula	08	35.86	RODRIGUEZ SUAREZ, Iria	07	31.79

Prueba 17
07/07/2023 - 20:05

Masc., 4 x 100m Libre

Absoluto Masculino
Resultados

RG	3:30.81	CNFERRO	CNFERRO	23/07/2009
RC	3:32.95	NCORUÑA	NCORUÑA	26/06/2009

Clasificación

				Tiempo	ABSO	JUNI		
1.	C. N. PORTAMIÑA 1						- RC	
	NOVO LOPEZ, Brais	03	25.84	53.28	SANCHEZ VAZQUEZ, Antonio	04	26.35	54.29
	RODRIGUEZ SANCOSMED, Pablo	03	24.54	52.67	VAZQUEZ LOPEZ, Martin	03	24.28	51.33
2.	PABELLON OURENSE 1						-	
	QUIROGA RAMOS, Yago	05	26.23	54.51	MOURE DOVAL, Jose	99	25.84	53.03
	CIVEIRA CORRAL, Samuel	02	25.30	54.12	CIVEIRA CORRAL, Raul	02	24.69	52.10
3.	C. FLUVIAL LUGO 1						-	
	TEJUIRO PRADO, Xoel	06	26.39	55.10	LOBELLE GONZALEZ, Ivan	89	26.83	55.81
	PARDO PERNAS, Martin	02	25.09	53.09	ALVAREZ FERNANDEZ, Borja	96	25.46	53.67
4.	C. N. FERROL 1						-	
	SEIJO BERMUDEZ, Daniel	04	26.38	54.27	LOSADA JIMÉNEZ, Sergio	04	26.36	55.50
	NAVARRRO LOSADA, Sergi	07	26.21	54.65	TABEIRA OLASCOAGA, Tadeo	07	26.83	56.05
5.	C. N. PANAS 1						-	
	BRAVO CONDE, Cristian	00	26.66	55.44	ARES BARRAL, Anton	00	24.87	53.16
	SIMON COTELO, Manuel	01	26.75	56.43	CARREIRA POSADA, Jorge	00	25.97	55.56
6.	A. D. FOGAR 1						-	
	GALAN VICENTE, Pablo	02	27.77	55.85	REY PITA, Simon	04	27.15	56.08
	ABELEIRA ALVAREZ, Carlos	02	25.91	55.04	GUITIAN LOPEZ, Xabier	05	27.06	57.13
7.	VIGO RIAS BAIXAS 1						-	
	PASTORIZA SANTA CLARA, Jorge	97	27.95	58.20	PIÑEIRO RODRIGUEZ, Samuel	07	26.20	56.54
	RODRIGUEZ VIEITEZ, Hugo	08	27.24	56.49	MENDEZ PUGA, Mario	03	25.97	53.24
8.	C. N. GALAICO 1						-	
	BARROS DA SILVA, Pedro	07	27.56	56.53	PEREZ GARCIA, Iker	07	27.24	55.13
	BOUZAS PEDREIRA, Tomas	98	25.94	55.99	UCHA NIETO, Jacobo	97	27.86	57.65
9.	C. N. ARTEIXO 1						-	
	GÓMEZ MESÍAS, Miguel Ángel	03	27.04	57.31	DEL RIO REGUEIRA, Marcos	93	26.24	55.92
	GARCÍA CASTRO, Mateo	05	26.30	55.07	DEL RIO REGUEIRA, Ruben	93	27.01	57.21
10.	S. DEP. BOIRO 1						-	
	PÉREZ LORENZO, Manuel	05	26.53	54.41	BRIÓN SAMPEDRO, Carlos	97	27.54	57.38
	SANLÉS DIESTE, Hugo	04	25.61	54.17	ABELLEIRA GÓMEZ, Miguel A.	06	28.59	1:00.54
11.	C. N. CORUÑA 1						-	
	VIÑA ESMORÍS, Martín	06	28.26	59.96	GOMEZ LIMIA, Pablo	06	26.77	56.78
	CUMMINGS CANDAL, James	05	27.15	56.73	BALSA VIGO, Javier	05	25.73	53.66
12.	C. N. PONTEAREAS 1						-	
	RODRIGUEZ DOMINGUEZ, Fco. Jav	04	28.06	59.43	COSTA FERNANDEZ, Lucas	98	27.24	56.51
	CABANA DEL AMO, Pablo	04	25.78	54.36	GONZALEZ ESTEVEZ, Yoel	07	27.35	57.06
13.	RCN VIGO 1						-	
	PAZOS IGLESIAS, André	07	27.75	57.86	INFESTAS CARAZO, Samuel	03	27.07	56.71
	CIDRÁS PÉREZ, Fabián	05	26.64	57.88	PÉREZ TIERRA, Ismael	02	27.02	57.62
14.	CIDADE SANTIAGO 1						-	
	ORECHIA, Agustín	06	28.02	57.75	PARCERO AREOSO, Xoel	07	28.01	1:00.00
	REY MUNIN, Tomas	06	28.28	59.57	FRAGA VISOS, Teo	08	29.38	1:01.63

Prueba 18
07/07/2023 - 20:17

Fem., 4 x 200m Libre

Absoluto Femenino
Resultados

RG	8:26.39	GALAICO	GALAICO	25/06/2016
RC	8:26.39	GALAICO	GALAICO	25/06/2016

Clasificación				Tiempo	ABSO	JUNI	
1.	C. N. GALAICO 1		C. N. GALAICO	8:53.84	38,00	-	
	VIDAL RODRIGUEZ, Mara	10	32.71	36.29	37.48	35.55	2:22.03
	BOUZAS PEDREIRA, Alicia	05	31.14	33.68	34.16	33.44	2:12.42
	GARCIA SILVA, Antia	98	29.63	33.27	33.32	33.26	2:09.48
	BARROS DA SILVA, Sofia	09	29.85	32.98	33.81	33.27	2:09.91
2.	C. N. ARTEIXO 1		C. N. ARTEIXO	8:55.38	32,00	-	
	SÁNCHEZ BELLO, Eva	07	31.34	33.52	34.71	33.99	2:13.56
	VEIGA SOUTO, Ana	98	31.06	33.99	34.66	34.41	2:14.12
	GÓMEZ MESÍAS, Alba	00	28.90	32.00	33.48	33.34	2:07.72
	ALVITE BERGARA, Nerea	99	32.86	35.66	36.26	35.20	2:19.98
3.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	9:03.89	28,00	-	
	FARO MARTINEZ, Carla	03	31.44	34.37	35.92	34.84	2:16.57
	ORTIZ DE GUINEA BASTON, Alba	97	30.41	33.99	35.37	35.20	2:14.97
	BORGE JUSTE, Ines	06	30.97	35.23	36.34	36.41	2:18.95
	LEMONS FERNANDEZ, Iria	06	29.77	33.63	35.32	34.68	2:13.40
4.	PABELLON OURENSE 1		PABELLON OURENSE	9:07.67	26,00	-	
	FEJOO GOMEZ, Eva	04	29.62	32.42	33.08	33.56	2:08.68
	CAMBA PRADA, Alexia	05	29.51	33.82	35.05	34.93	2:13.31
	BABARRO LOPEZ, Maria	08	31.40	35.60	37.20	37.53	2:21.73
	FERNANDEZ GRATEROL, Sofia Antia	07	32.58	36.81	37.67	36.89	2:23.95
5.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	9:10.30	24,00	-	
	ALVAREZ PAZOS, Maria	07	30.98	32.73	33.46	33.65	2:10.82
	RODRIGUEZ RODRIGUEZ, Nina	02	33.27	36.18	35.73	34.56	2:19.74
	BLANCO ROUCO, Carmen	06	30.82	34.37	35.82	35.50	2:16.51
	GONZALEZ GONZALEZ, Iara	09	31.53	36.28	38.61	36.81	2:23.23
6.	RCN VIGO 1		RCN VIGO	9:10.78	22,00	-	
	RODRÍGUEZ ALONSO, Julia	05	31.68	33.72	33.89	33.29	2:12.58
	MARTÍNEZ NOVOA, Ángela	04	31.12	34.47	36.34	37.20	2:19.13
	MARTÍNEZ NOVOA, Silvia	06	31.77	35.26	36.30	35.15	2:18.48
	CONS GESTIDO, Henar Diana	02	30.14	34.58	37.03	38.84	2:20.59
7.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	9:16.86	20,00	-	
	CERNADAS GONZALEZ, Ana	04	30.38	32.61	32.86	32.57	2:08.42
	LADRA CAMPO, Martina	08	31.93	36.34	37.04	37.33	2:22.64
	NOGUERAS PORTO, Sara	08	31.20	35.74	37.48	37.37	2:21.79
	PARDO PIÑEIRO, Maria	06	32.26	36.65	39.24	35.86	2:24.01
8.	C. N. FERROL 1		C. N. FERROL	9:19.40	18,00	-	
	VILLARNOVO PAZOS, Lucia	08	31.85	33.68	34.10	33.38	2:13.01
	SEGOVIA CARBALLO, Paula	00	32.52	37.40	38.70	39.63	2:28.25
	JIMÉNEZ EZQUERRA, Ana María	07	30.72	35.35	38.35	37.32	2:21.74
	PARDO CHAS, Eva	04	30.93	34.53	35.83	35.11	2:16.40
9.	SPORTING CASINO 1		SPORTING CASINO	9:28.93	16,00	-	
	BORRAZAS RODRIGUEZ, Noa	08	30.95	33.70	35.15	34.01	2:13.81
	COUCEIRO BARREIRO, Marta	07	32.48	36.50	36.98	35.92	2:21.88
	CABANAS DEL RIO, Carla	09	33.66	38.37	38.45	37.55	2:28.03
	GIL GARNACHO, Carlota	09	33.10	36.94	38.46	36.71	2:25.21
10.	C. N. CULLEREDO 1		C. N. CULLEREDO	9:50.41	-	-	
	HERNAEZ GONZALEZ, Paula	08	31.90	35.50	36.58	35.57	2:19.55
	FEAL DEVESA, Carlota	09	34.09	37.12	38.44	38.21	2:27.86
	RODRIGUEZ SUAREZ, Iria	07	34.40	38.27	38.98	39.48	2:31.13
	MARTIN VEIRA, Alicia	08	34.77	38.96	40.39	37.75	2:31.87

Prueba 19
08/07/2023 - 18:00

Masc., 50m Mariposa

Absoluto Masculino
Resultados Final

RG	23.77	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015
RC	23.77	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Final A					
1.		PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	25.99 19,00 -
2.		REY PITA, Simon	04	A. D. FOGAR	26.10 16,00 -
3.		MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO	26.16 14,00 -
4.		PONTON RODRIGUEZ, Juan	02	C. N. MONFORTE	26.52 13,00 -
5.		ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	26.60 12,00 -
6.		BRAVO CONDE, Cristian	00	C. N. PANAS	26.61 11,00 -
7.		LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	26.65 10,00 -
Baja		TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	9,00 -
Final B					
9.		PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	26.89 8,00 -
10.		MOURE DOVAL, Jose	99	PABELLON OURENSE	26.91 7,00 -
11.		DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	27.43 6,00 -
12.		UCHA NIETO, Jacobo	97	C. N. GALAICO	27.56 5,00 -
13.		PEREZ TIERRA, Ismael	02	RCN VIGO	27.68 4,00 -
14.		LOBELLE GONZALEZ, Ivan	89	C. FLUVIAL LUGO	27.97 - -
Baja		BALSA VIGO, Javier	05	C. N. CORUÑA	3,00 -
Baja		GALAN VICENTE, Pablo	02	A. D. FOGAR	- -

Prueba 19
08/07/2023 - 9:30

Masc., 50m Mariposa

Absoluto Masculino
Resultados Prelim

RG	23.77	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015
RC	23.77	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Masculino					
1.	05	C. N. MONFORTE	26.59	- 19,00	A
2.	06	C. FLUVIAL LUGO	26.97	- 16,00	A
3.	05	C. N. CORUÑA	27.00	- 14,00	?
4.	05	S. DEP. BOIRO	27.17	- 13,00	B
5.	06	PABELLON OURENSE	27.49	1,00	12,00
6.	06	CIDADE SANTIAGO	27.51	- 11,00	
7.	06	C. N. FERROL	27.58	- 10,00	
8.	06	C. N. ARTEIXO	27.64	- 9,00	
9.	06	C. N. MONFORTE	27.82	- 8,00	
10.	05	RCN VIGO	27.97	- 7,00	
11.	06	C. N. PONTEAREAS	28.45	- 6,00	
12.	06	C. N. CULLEREDO	28.62	- 5,00	
13.	05	A. D. FOGAR	28.84	- 4,00	
14.	05	C. N. FERROL	29.19	- 3,00	
15.	06	A. D. FOGAR	30.17	- 2,00	

Absoluto Masculino

1.	04	A. D. FOGAR	26.43	-	- A
2.	05	C. N. MONFORTE	26.59	- 19,00	A
	00	C. N. PANAS	26.59	-	- A
4.	99	C. FLUVIAL LUGO	26.64	-	- A
5.	04	C. N. FERROL	26.66	-	- A
6.	02	A. D. FOGAR	26.71	-	- A
7.	06	C. FLUVIAL LUGO	26.97	- 16,00	A
8.	05	C. N. CORUÑA	27.00	- 14,00	?
	02	C. N. MONFORTE	27.00	-	- ?
10.	05	S. DEP. BOIRO	27.17	- 13,00	B
11.	02	A. D. FOGAR	27.28	-	- B
12.	99	PABELLON OURENSE	27.31	-	- B
13.	02	RCN VIGO	27.36	-	- B
14.	93	C. N. ARTEIXO	27.38	-	- B
15.	89	C. FLUVIAL LUGO	27.40	-	- B
	97	C. N. GALAICO	27.40	-	- B
17.	04	C. N. PORTAMIÑA	27.45	2,00	-
18.	06	PABELLON OURENSE	27.49	1,00	12,00
19.	06	CIDADE SANTIAGO	27.51	- 11,00	
20.	06	C. N. FERROL	27.58	- 10,00	
21.	02	PABELLON OURENSE	27.60	-	-
22.	07	C. N. FERROL	27.63	-	-
23.	06	C. N. ARTEIXO	27.64	- 9,00	
24.	06	C. N. MONFORTE	27.82	- 8,00	
25.	00	C. N. PANAS	27.92	-	-
26.	05	RCN VIGO	27.97	- 7,00	
27.	01	C. N. GALAICO	28.01	-	-

Prueba 19, Masc., 50m Mariposa, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO	JUNI	
28.	RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	28.03	-	-
29.	BLANCO RUIZ, Jacobo	98	C. N. PANAS	28.09	-	-
30.	BARROS DA SILVA, Pedro	07	C. N. GALAICO	28.18	-	-
	BELTRAN FREIRIA, Oskar	04	C. N. MOS	28.18	-	-
32.	MERZLYAKOV KOSTOMAROV, Mikhai	07	PABELLON OURENSE	28.37	-	-
33.	ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	28.45	-	6,00
34.	BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	28.48	-	-
35.	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	28.62	-	5,00
36.	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	28.63	-	-
37.	ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	28.82	-	-
38.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	28.84	-	4,00
	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	28.84	-	-
40.	PEREZ GARCIA, Iker	07	C. N. GALAICO	28.95	-	-
41.	CANCELA GOMEZ, Hugo	03	C. N. PONTEAREAS	29.08	-	-
42.	RODRÍGUEZ RODRÍGUEZ, Germán	05	C. N. FERROL	29.19	-	3,00
43.	GUIOTTO SANCHEZ, Marco	01	C. N. PANAS	29.71	-	-
44.	GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	30.17	-	2,00
DSQ	LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL		-	-

Saída anticipada

Prueba 19
08/07/2023

Masc., 50m Mariposa

Absoluto Masculino
Resultados Desempate Prelim

RG	23.77	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015
RC	23.77	, GARCIA SOTO, MARCOS	CNFERRO	27/06/2015

Clasificación	AN		Tiempo	ABSO	JUNI
1. PONTON RODRIGUEZ, Juan	02	C. N. MONFORTE	26.38	-	-
2. BALSA VIGO, Javier	05	C. N. CORUÑA	26.71	-	-

Prueba 20
08/07/2023 - 18:05

Fem., 50m Mariposa

Absoluto Femenino
Resultados Final

RG	27.70	, GARCIA SILVA ANTIA	GALAICO	20/07/2022
RC	28.46	, GARCIA SILVA, ANTIA	GALAICO	18/07/2021

Clasificación	AN	Tiempo	ABSO	JUNI
---------------	----	--------	------	------

Final A

1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	29.42	19,00	-
2.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	29.52	16,00	-
3.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	29.53	14,00	-
4.	GARCIA SILVA, Antia	98	C. N. GALAICO	29.54	13,00	-
5.	MARIN MARTINEZ, Rosalia	04	C. N. CORUÑA	29.80	12,00	-
6.	BALADO PENA, Celtia	07	C. MARINA FERROL	30.14	11,00	-
7.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	30.27	10,00	-
8.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	30.58	9,00	-

Final B

9.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	30.66	8,00	-
10.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	30.76	6,50	-
	HERMIDA ALONSO, Antia	08	C. N. MOS	30.76	6,50	-
12.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	31.13	5,00	-
13.	CONS GESTIDO, Henar Diana	02	RCN VIGO	31.29	4,00	-
14.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	31.41	3,00	-
15.	GUNCHE BARREIRO, Sabela	04	C. N. REDONDELA	31.49	2,00	-
16.	CHANS FANEGO, Paula	03	C. N. FERROL	31.77	1,00	-

Prueba 20
08/07/2023 - 9:39

Fem., 50m Mariposa

Absoluto Femenino
Resultados Prelim

RG	27.70	, GARCIA SILVA ANTIA	GALAICO	20/07/2022
RC	28.46	, GARCIA SILVA, ANTIA	GALAICO	18/07/2021

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Femenino					
1.	07	C. N. PORTAMIÑA	29.89	- 19,00	A
2.	06	C. N. PONTEAREAS	30.10	- 16,00	A
3.	07	C. MARINA FERROL	30.23	- 14,00	A
4.	07	C. N. ARTEIXO	30.87	- 13,00	B
5.	07	C. N. ARTEIXO	31.85	- 12,00	
6.	06	A. D. FOGAR	32.06	- 11,00	
7.	06	A. D. FOGAR	32.83	- 10,00	
8.	06	S. DEP. BOIRO	32.85	- 9,00	
9.	07	C. N. GALAICO	32.91	- 8,00	
10.	06	C. N. ARTEIXO	32.94	-	-
11.	06	C. N. PONTEAREAS	33.19	- 7,00	
12.	06	RCN VIGO	33.25	- 6,00	
13.	06	VIGO RIAS BAIXAS	33.35	- 5,00	
14.	06	A. D. FOGAR	33.49	-	-
15.	06	A. D. FOGAR	33.63	-	-
16.	06	S. DEP. BOIRO	33.73	- 4,00	
17.	06	S. DEP. BOIRO	33.83	-	-
18.	07	C. N. ARTEIXO	34.50	-	-
19.	07	C. N. PORTAMIÑA	34.50	- 3,00	
20.	06	C. FLUVIAL LUGO	34.87	-	-
21.	06	C. N. MONFORTE	35.83	-	-

Absoluto Femenino

1.	98	C. N. GALAICO	29.26	-	- A
2.	02	VIGO RIAS BAIXAS	29.78	-	- A
3.	07	C. N. PORTAMIÑA	29.89	- 19,00	A
4.	04	C. N. CORUÑA	29.95	-	- A
5.	05	RCN VIGO	30.09	-	- A
6.	06	C. N. PONTEAREAS	30.10	- 16,00	A
7.	07	C. MARINA FERROL	30.23	- 14,00	A
8.	05	C. N. GALAICO	30.49	-	- A
9.	03	C. N. PONTEAREAS	30.75	-	- B
10.	07	C. N. ARTEIXO	30.87	- 13,00	B
11.	10	S. DEP. BOIRO	30.88	-	- B
12.	09	C. N. FERROL	30.91	-	- B
13.	02	RCN VIGO	31.12	-	- B
14.	03	C. N. FERROL	31.13	-	- B
15.	04	C. N. REDONDELA	31.40	-	- B
16.	08	C. N. MOS	31.54	-	- B
17.	05	RCN VIGO	31.78	-	-
18.	07	C. N. ARTEIXO	31.85	- 12,00	
19.	03	C. N. ARTEIXO	31.96	-	-
20.	06	A. D. FOGAR	32.06	- 11,00	
21.	08	C. N. MOS	32.18	-	-

Prueba 20, Fem., 50m Mariposa, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI	
22.	IBAÑEZ CARRERA, Sara	01	C. N. PONTEAREAS	32.51	-	-
23.	ALBES ALVARIÑO, Paula	03	A. DEP. NT. NARON	32.70	-	-
24.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	32.83	-	10,00
25.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	32.85	-	9,00
26.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	32.87	-	-
27.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	32.91	-	8,00
28.	LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	32.94	-	-
	GARCÍA NAYA, Irene	06	C. N. ARTEIXO	32.94	-	-
30.	SEOANE BAHILLO, Sara	00	RCN VIGO	33.11	-	-
31.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	33.19	-	7,00
32.	GROBA COMESAÑA, Noa	06	RCN VIGO	33.25	-	6,00
33.	CAAMAÑO LOPEZ, Xiana	08	CIDADE SANTIAGO	33.29	-	-
34.	CASCON CALDAS, Karolina	05	C. N. VILAGARCIA	33.30	-	-
35.	TEIJEIRO SABORIDO, Cayetana	06	VIGO RIAS BAIXAS	33.35	-	5,00
36.	SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	33.41	-	-
37.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	33.43	-	-
38.	ROMANELLI LONGO, Lucia	06	A. D. FOGAR	33.49	-	-
39.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	33.57	-	-
40.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	33.63	-	-
41.	FEAL DEVESA, Carlota	09	C. N. CULLEREDO	33.69	-	-
42.	GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	33.73	-	4,00
43.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	33.77	-	-
44.	OZORES CHOUZA, Lara	06	S. DEP. BOIRO	33.83	-	-
45.	VARELA PASANDÍN, Lucía	05	C. N. ARTEIXO	34.06	-	-
46.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	34.40	-	-
47.	CORTIÑAS LAIÑO, Carla	05	CIDADE SANTIAGO	34.41	-	-
48.	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	34.44	-	-
49.	ASENSIO VÁZQUEZ, Nerea	07	C. N. ARTEIXO	34.50	-	-
	PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	34.50	-	3,00
51.	DE ANDRES MAJO, Alejandra	06	C. FLUVIAL LUGO	34.87	-	-
52.	ARIAS PACHECO, Elena	06	C. N. MONFORTE	35.83	-	-
Baja	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL		-	-

Prueba 21
08/07/2023 - 18:10

Masc., 400m Libre

Absoluto Masculino
Resultados Final

RG	3:57.35	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	21/07/2010
RC	3:59.83	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	16/07/2021

Clasificación			AN			Nombre	Tempo	ABSO	JUNI			
Final A												
1.	GARCÍA CASTRO, Mateo		05	C. N. ARTEIXO		3:59.17	22,00	-	RC			
	50m:	28.07	28.07	150m:	1:27.94	30.10	250m:	2:28.28	30.16	350m:	3:29.28	30.43
	100m:	57.84	29.77	200m:	1:58.12	30.18	300m:	2:58.85	30.57	400m:	3:59.17	29.89
2.	PARDO PERNAS, Martin		02	C. FLUVIAL LUGO		4:04.83	16,00	-				
	50m:	28.11	28.11	150m:	1:29.02	30.62	250m:	2:30.05	30.51	350m:	3:32.26	31.38
	100m:	58.40	30.29	200m:	1:59.54	30.52	300m:	3:00.88	30.83	400m:	4:04.83	32.57
3.	CIVEIRA CORRAL, Raul		02	PABELLON OURENSE		4:12.02	14,00	-				
	50m:	29.29	29.29	150m:	1:33.15	32.23	250m:	2:37.62	32.15	350m:	3:42.06	32.05
	100m:	1:00.92	31.63	200m:	2:05.47	32.32	300m:	3:10.01	32.39	400m:	4:12.02	29.96
4.	MANEIROS PAZ, Mario		06	C. N. FERROL		4:13.41	13,00	-				
	50m:	29.03	29.03	150m:	1:32.21	32.04	250m:	2:37.03	32.72	350m:	3:42.23	32.69
	100m:	1:00.17	31.14	200m:	2:04.31	32.10	300m:	3:09.54	32.51	400m:	4:13.41	31.18
5.	GARRIDO BRUM, Jacobo		02	C. N. Mataro		4:20.61	12,00	-				
	50m:	30.11	30.11	150m:	1:35.06	32.72	250m:	2:41.38	33.20	350m:	3:48.81	33.71
	100m:	1:02.34	32.23	200m:	2:08.18	33.12	300m:	3:15.10	33.72	400m:	4:20.61	31.80
6.	MASSO ROIG, Martin		07	VIGO RIAS BAIXAS		4:23.58	11,00	-				
	50m:	29.99	29.99	150m:	1:35.29	33.11	250m:	2:42.48	33.76	350m:	3:50.47	34.02
	100m:	1:02.18	32.19	200m:	2:08.72	33.43	300m:	3:16.45	33.97	400m:	4:23.58	33.11
7.	CUMMINGS CANDAL, James		05	C. N. CORUÑA		4:29.34	10,00	-				
	50m:	29.74	29.74	150m:	1:36.65	33.98	250m:	2:45.63	34.25	350m:	3:55.19	34.78
	100m:	1:02.67	32.93	200m:	2:11.38	34.73	300m:	3:20.41	34.78	400m:	4:29.34	34.15
Baja	ALONSO VIDAL, Teo		07	VIGO RIAS BAIXAS			9,00	-				
Final B												
9.	BARROS DA SILVA, Pedro		07	C. N. GALAICO		4:24.96	8,00	-				
	50m:	29.94	29.94	150m:	1:35.39	32.80	250m:	2:43.11	33.93	350m:	3:51.40	33.72
	100m:	1:02.59	32.65	200m:	2:09.18	33.79	300m:	3:17.68	34.57	400m:	4:24.96	33.56
10.	PEREZ PAZ, Dario		05	C. N. PONTEAREAS		4:26.71	7,00	-				
	50m:	29.79	29.79	150m:	1:36.96	33.80	250m:	2:45.73	34.40	350m:	3:54.04	33.92
	100m:	1:03.16	33.37	200m:	2:11.33	34.37	300m:	3:20.12	34.39	400m:	4:26.71	32.67
11.	GARCÍA AFONSO, Alexis		07	C. N. FERROL		4:27.57	6,00	-				
	50m:	30.05	30.05	150m:	1:36.56	33.61	250m:	2:45.37	34.82	350m:	3:55.00	34.73
	100m:	1:02.95	32.90	200m:	2:10.55	33.99	300m:	3:20.27	34.90	400m:	4:27.57	32.57
12.	MORENO TEIJEIRO, Andre		07	C. FLUVIAL LUGO		4:27.71	5,00	-				
	50m:	29.66	29.66	150m:	1:36.32	33.83	250m:	2:45.10	34.43	350m:	3:54.85	35.05
	100m:	1:02.49	32.83	200m:	2:10.67	34.35	300m:	3:19.80	34.70	400m:	4:27.71	32.86
13.	PASTORIZA SANTA CLARA, Jorge		97	VIGO RIAS BAIXAS		4:27.87	-	-				
	50m:	30.29	30.29	150m:	1:37.29	34.33	250m:	2:46.20	34.45	350m:	3:54.88	34.30
	100m:	1:02.96	32.67	200m:	2:11.75	34.46	300m:	3:20.58	34.38	400m:	4:27.87	32.99
14.	GUTIERREZ MARIÑO, Santiago		02	PABELLON OURENSE		4:28.06	4,00	-				
	50m:	30.17	30.17	150m:	1:36.56	33.52	250m:	2:44.76	34.22	350m:	3:54.28	34.74
	100m:	1:03.04	32.87	200m:	2:10.54	33.98	300m:	3:19.54	34.78	400m:	4:28.06	33.78
15.	GOMEZ LIMIA, Pablo		06	C. N. CORUÑA		4:29.70	3,00	-				
	50m:	28.85	28.85	150m:	1:36.00	34.21	250m:	2:45.70	34.99	350m:	3:55.94	34.57
	100m:	1:01.79	32.94	200m:	2:10.71	34.71	300m:	3:21.37	35.67	400m:	4:29.70	33.76

Prueba 21, Masc., 400m Libre, Final, Absoluto Masculino

Clasificación	AN						Tiempo	ABSO	JUNI			
16.	GOMEZ PUMARIÑO, Samuel						08	C. N. PORTAMIÑA	4:45.50	2,00	-	
	50m:	27.34	27.34	150m:	1:39.39	41.00	250m:	2:54.71	37.52	350m:	4:08.63	36.42
	100m:	58.39	31.05	200m:	2:17.19	37.80	300m:	3:32.21	37.50	400m:	4:45.50	36.87

Prueba 21
08/07/2023 - 9:50

Masc., 400m Libre

Absoluto Masculino
Resultados Prelim

RG	3:57.35	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	21/07/2010
RC	3:59.83	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	16/07/2021

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Masculino						
1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	4:12.31	-	19,00 A
	50m: 29.37 29.37	150m: 1:32.72	31.70	250m: 2:36.52	31.98	350m: 3:41.07 31.94
	100m: 1:01.02 31.65	200m: 2:04.54	31.82	300m: 3:09.13	32.61	400m: 4:12.31 31.24
2.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:14.91	-	16,00 A
	50m: 29.57 29.57	150m: 1:33.57	32.10	250m: 2:38.35	32.30	350m: 3:43.21 32.21
	100m: 1:01.47 31.90	200m: 2:06.05	32.48	300m: 3:11.00	32.65	400m: 4:14.91 31.70
3.	CUMMINGS CANDAL, James	05	C. N. CORUÑA	4:17.47	-	14,00 A
	50m: 28.61 28.61	150m: 1:32.26	32.49	250m: 2:37.71	32.78	350m: 3:44.11 33.27
	100m: 59.77 31.16	200m: 2:04.93	32.67	300m: 3:10.84	33.13	400m: 4:17.47 33.36
4.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	4:29.11	-	13,00 B
	50m: 29.79 29.79	150m: 1:36.51	32.89	250m: 2:45.57	34.29	350m: 3:55.48 34.41
	100m: 1:03.62 33.83	200m: 2:11.28	34.77	300m: 3:21.07	35.50	400m: 4:29.11 33.63
5.	PEREZ PAZ, Dario	05	C. N. PONTEAREAS	4:30.75	-	12,00 B
	50m: 30.24 30.24	150m: 1:38.35	34.56	250m: 2:47.93	35.04	350m: 3:57.58 34.85
	100m: 1:03.79 33.55	200m: 2:12.89	34.54	300m: 3:22.73	34.80	400m: 4:30.75 33.17
6.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	4:31.87	1,00	11,00
	50m: 29.57 29.57	150m: 1:36.50	33.94	250m: 2:46.72	35.15	350m: 3:58.07 35.70
	100m: 1:02.56 32.99	200m: 2:11.57	35.07	300m: 3:22.37	35.65	400m: 4:31.87 33.80
7.	MENDEZ GARCIA, Xoan	06	C. N. PORTAMIÑA	4:33.23	-	10,00
	50m: 30.94 30.94	150m: 1:40.01	34.54	250m: 2:48.87	34.09	350m: 3:59.00 35.21
	100m: 1:05.47 34.53	200m: 2:14.78	34.77	300m: 3:23.79	34.92	400m: 4:33.23 34.23
8.	ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	4:46.44	-	-
	50m: 31.86 31.86	150m: 1:42.20	35.76	250m: 2:55.94	36.98	350m: 4:10.05 36.64
	100m: 1:06.44 34.58	200m: 2:18.96	36.76	300m: 3:33.41	37.47	400m: 4:46.44 36.39
9.	PEREZ TEIJEIRA, Iago	06	C. N. XOVE	4:49.19	-	-
	50m: 30.89 30.89	150m: 1:41.72	36.34	250m: 2:57.11	37.88	350m: 4:13.01 37.60
	100m: 1:05.38 34.49	200m: 2:19.23	37.51	300m: 3:35.41	38.30	400m: 4:49.19 36.18
Baja	TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA		-	-

Absoluto Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	4:12.31	-	19,00 A
	50m: 29.37 29.37	150m: 1:32.72	31.70	250m: 2:36.52	31.98	350m: 3:41.07 31.94
	100m: 1:01.02 31.65	200m: 2:04.54	31.82	300m: 3:09.13	32.61	400m: 4:12.31 31.24
2.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	4:13.59	-	- A
	50m: 28.10 28.10	150m: 1:29.50	30.78	250m: 2:34.60	34.00	350m: 3:41.51 32.71
	100m: 58.72 30.62	200m: 2:00.60	31.10	300m: 3:08.80	34.20	400m: 4:13.59 32.08
3.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:14.91	-	16,00 A
	50m: 29.57 29.57	150m: 1:33.57	32.10	250m: 2:38.35	32.30	350m: 3:43.21 32.21
	100m: 1:01.47 31.90	200m: 2:06.05	32.48	300m: 3:11.00	32.65	400m: 4:14.91 31.70
4.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	4:15.09	-	- A
	50m: 28.77 28.77	150m: 1:33.06	32.55	250m: 2:38.87	32.64	350m: 3:43.87 32.14
	100m: 1:00.51 31.74	200m: 2:06.23	33.17	300m: 3:11.73	32.86	400m: 4:15.09 31.22

Prueba 21, Masc., 400m Libre, Prelim, Absoluto Masculino

Clasificación			AN			Tiempo	ABSO	JUNI		
5.	CUMMINGS CANDAL, James		05	C. N. CORUÑA		4:17.47	-	14,00	A	
	50m:	28.61 28.61	150m:	1:32.26	32.49	250m:	2:37.71	32.78	350m:	3:44.11 33.27
	100m:	59.77 31.16	200m:	2:04.93	32.67	300m:	3:10.84	33.13	400m:	4:17.47 33.36
6.	GARRIDO BRUM, Jacobo		02	C. N. Mataro		4:21.35	-	-	A	
	50m:	29.85 29.85	150m:	1:35.06	32.94	250m:	2:41.66	33.42	350m:	3:49.37 33.84
	100m:	1:02.12 32.27	200m:	2:08.24	33.18	300m:	3:15.53	33.87	400m:	4:21.35 31.98
7.	ALONSO VIDAL, Teo		07	VIGO RIAS BAIXAS		4:21.52	-	-	A	
	50m:	29.44 29.44	150m:	1:34.28	33.01	250m:	2:41.03	33.53	350m:	3:48.29 33.65
	100m:	1:01.27 31.83	200m:	2:07.50	33.22	300m:	3:14.64	33.61	400m:	4:21.52 33.23
8.	MASSO ROIG, Martin		07	VIGO RIAS BAIXAS		4:25.49	-	-	A	
	50m:	30.16 30.16	150m:	1:36.54	33.80	250m:	2:44.28	34.41	350m:	3:52.03 34.12
	100m:	1:02.74 32.58	200m:	2:09.87	33.33	300m:	3:17.91	33.63	400m:	4:25.49 33.46
9.	GOMEZ PUMARIÑO, Samuel		08	C. N. PORTAMIÑA		4:26.94	-	-	B	
	50m:	29.85 29.85	150m:	1:35.35	32.90	250m:	2:43.26	33.95	350m:	3:52.65 34.69
	100m:	1:02.45 32.60	200m:	2:09.31	33.96	300m:	3:17.96	34.70	400m:	4:26.94 34.29
10.	BARROS DA SILVA, Pedro		07	C. N. GALAICO		4:28.59	-	-	B	
	50m:	30.00 30.00	150m:	1:35.45	33.31	250m:	2:44.09	34.71	350m:	3:54.32 35.35
	100m:	1:02.14 32.14	200m:	2:09.38	33.93	300m:	3:18.97	34.88	400m:	4:28.59 34.27
11.	GOMEZ LIMIA, Pablo		06	C. N. CORUÑA		4:29.11	-	13,00	B	
	50m:	29.79 29.79	150m:	1:36.51	32.89	250m:	2:45.57	34.29	350m:	3:55.48 34.41
	100m:	1:03.62 33.83	200m:	2:11.28	34.77	300m:	3:21.07	35.50	400m:	4:29.11 33.63
12.	MORENO TEIJEIRO, Andre		07	C. FLUVIAL LUGO		4:30.15	-	-	B	
	50m:	30.44 30.44	150m:	1:39.04	34.61	250m:	2:47.88	34.61	350m:	3:56.86 34.49
	100m:	1:04.43 33.99	200m:	2:13.27	34.23	300m:	3:22.37	34.49	400m:	4:30.15 33.29
13.	PEREZ PAZ, Dario		05	C. N. PONTEAREAS		4:30.75	-	12,00	B	
	50m:	30.24 30.24	150m:	1:38.35	34.56	250m:	2:47.93	35.04	350m:	3:57.58 34.85
	100m:	1:03.79 33.55	200m:	2:12.89	34.54	300m:	3:22.73	34.80	400m:	4:30.75 33.17
14.	GUTIERREZ MARIÑO, Santiago		02	PABELLON OURENSE		4:30.80	-	-	B	
	50m:	29.47 29.47	150m:	1:36.26	33.84	250m:	2:45.73	34.98	350m:	3:56.35 35.42
	100m:	1:02.42 32.95	200m:	2:10.75	34.49	300m:	3:20.93	35.20	400m:	4:30.80 34.45
15.	GARCÍA AFONSO, Alexis		07	C. N. FERROL		4:30.82	-	-	B	
	50m:	29.57 29.57	150m:	1:35.84	33.38	250m:	2:45.51	34.95	350m:	3:56.17 34.97
	100m:	1:02.46 32.89	200m:	2:10.56	34.72	300m:	3:21.20	35.69	400m:	4:30.82 34.65
16.	PASTORIZA SANTA CLARA, Jorge		97	VIGO RIAS BAIXAS		4:31.30	-	-	B	
	50m:	31.66 31.66	150m:	1:39.56	34.46	250m:	2:49.31	34.88	350m:	3:58.36 34.39
	100m:	1:05.10 33.44	200m:	2:14.43	34.87	300m:	3:23.97	34.66	400m:	4:31.30 32.94
17.	FRAGA SAL, Alexandre		06	C. N. PORTAMIÑA		4:31.87	1,00	11,00		
	50m:	29.57 29.57	150m:	1:36.50	33.94	250m:	2:46.72	35.15	350m:	3:58.07 35.70
	100m:	1:02.56 32.99	200m:	2:11.57	35.07	300m:	3:22.37	35.65	400m:	4:31.87 33.80
18.	MENDEZ GARCIA, Xoan		06	C. N. PORTAMIÑA		4:33.23	-	10,00		
	50m:	30.94 30.94	150m:	1:40.01	34.54	250m:	2:48.87	34.09	350m:	3:59.00 35.21
	100m:	1:05.47 34.53	200m:	2:14.78	34.77	300m:	3:23.79	34.92	400m:	4:33.23 34.23
19.	ROCHA GONZALEZ, Olivier		08	C. N. GALAICO		4:44.76	-	-		
	50m:	29.08 29.08	150m:	1:36.08	34.69	250m:	2:51.64	41.29	350m:	4:07.97 38.16
	100m:	1:01.39 32.31	200m:	2:10.35	34.27	300m:	3:29.81	38.17	400m:	4:44.76 36.79
20.	ABELLEIRA GÓMEZ, Miguel A.		06	S. DEP. BOIRO		4:46.44	-	-		
	50m:	31.86 31.86	150m:	1:42.20	35.76	250m:	2:55.94	36.98	350m:	4:10.05 36.64
	100m:	1:06.44 34.58	200m:	2:18.96	36.76	300m:	3:33.41	37.47	400m:	4:46.44 36.39

Prueba 21, Masc., 400m Libre, Prelim, Absoluto Masculino

Clasificación	AN		Tempo	ABSO	JUNI
21. PEREZ TEJEIRA, Iago	06	C. N. XOVE	4:49.19	-	-
50m: 30.89 30.89	150m: 1:41.72	36.34 250m: 2:57.11	37.88	350m: 4:13.01	37.60
100m: 1:05.38 34.49	200m: 2:19.23	37.51 300m: 3:35.41	38.30	400m: 4:49.19	36.18
Baja SOUTO RAMOS, Manuel	07	A. D. FOGAR		-	-
Baja TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA		-	-

Prueba 22
08/07/2023 - 10:14

Fem., 800m Libre

Absoluto Femenino
Resultados

RG	8:26.54	GOMEZ CORTES, BEATRIZ	GALAICO	21/03/2013
RC	8:41.78	GOMEZ CORTES, BEATRIZ	GALAICO	30/06/2013

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Femenino

1.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	10:02.68	10,00	19,00			
	50m: 33.84	33.84	250m: 3:01.08	37.27	450m: 5:34.04	38.27	650m: 8:08.81	38.54	
	100m: 1:10.03	36.19	300m: 3:38.94	37.86	500m: 6:12.81	38.77	700m: 8:47.69	38.88	
	150m: 1:46.53	36.50	350m: 4:17.07	38.13	550m: 6:51.44	38.63	750m: 9:25.73	38.04	
	200m: 2:23.81	37.28	400m: 4:55.77	38.70	600m: 7:30.27	38.83	800m: 10:02.68	36.95	
2.	COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	10:09.80	-	16,00			
	50m: 35.78	35.78	250m: 3:09.42	38.52	450m: 5:43.01	38.33	650m: 8:16.45	38.51	
	100m: 1:13.88	38.10	300m: 3:47.69	38.27	500m: 6:21.16	38.15	700m: 8:54.70	38.25	
	150m: 1:52.23	38.35	350m: 4:26.53	38.84	550m: 6:59.60	38.44	750m: 9:32.94	38.24	
	200m: 2:30.90	38.67	400m: 5:04.68	38.15	600m: 7:37.94	38.34	800m: 10:09.80	36.86	
3.	FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSI	10:15.47	-	14,00			
	50m: 34.71	34.71	250m: 3:07.45	38.26	450m: 5:42.55	39.18	650m: 8:20.95	39.81	
	100m: 1:12.75	38.04	300m: 3:46.26	38.81	500m: 6:21.88	39.33	700m: 9:00.54	39.59	
	150m: 1:50.54	37.79	350m: 4:24.43	38.17	550m: 7:01.22	39.34	750m: 9:38.90	38.36	
	200m: 2:29.19	38.65	400m: 5:03.37	38.94	600m: 7:41.14	39.92	800m: 10:15.47	36.57	
4.	REY PITA, Clara	07	A. D. FOGAR	10:16.11	-	13,00			
	50m: 34.64	34.64	250m: 3:06.85	38.36	450m: 5:42.11	38.78	650m: 8:19.27	39.90	
	100m: 1:11.87	37.23	300m: 3:45.53	38.68	500m: 6:20.62	38.51	700m: 8:58.84	39.57	
	150m: 1:50.11	38.24	350m: 4:24.44	38.91	550m: 6:59.87	39.25	750m: 9:38.18	39.34	
	200m: 2:28.49	38.38	400m: 5:03.33	38.89	600m: 7:39.37	39.50	800m: 10:16.11	37.93	
5.	JIMÉNEZ EZQUERRA, Ana María	07	C. N. FERROL	10:24.24	-	12,00			
	50m: 35.76	35.76	250m: 3:10.47	39.30	450m: 5:48.96	39.58	650m: 8:28.19	39.99	
	100m: 1:13.39	37.63	300m: 3:50.08	39.61	500m: 6:28.86	39.90	700m: 9:07.41	39.22	
	150m: 1:51.44	38.05	350m: 4:29.98	39.90	550m: 7:08.79	39.93	750m: 9:47.01	39.60	
	200m: 2:31.17	39.73	400m: 5:09.38	39.40	600m: 7:48.20	39.41	800m: 10:24.24	37.23	
Baja	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS		-	-			

Absoluto Femenino

1.	DE VALDES ALVAREZ, Maria	98	C. N. LICEO	8:44.00	19,00	-			
	50m: 30.74	30.74	250m: 2:42.16	33.02	450m: 4:53.63	32.56	650m: 7:05.91	32.94	
	100m: 1:03.40	32.66	300m: 3:15.22	33.06	500m: 5:26.73	33.10	700m: 7:39.21	33.30	
	150m: 1:36.19	32.79	350m: 3:48.00	32.78	550m: 5:59.76	33.03	750m: 8:12.33	33.12	
	200m: 2:09.14	32.95	400m: 4:21.07	33.07	600m: 6:32.97	33.21	800m: 8:44.00	31.67	
2.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	9:17.37	16,00	-			
	50m: 31.89	31.89	250m: 2:47.89	34.52	450m: 5:08.70	35.52	650m: 7:31.61	35.88	
	100m: 1:05.40	33.51	300m: 3:22.55	34.66	500m: 5:44.32	35.62	700m: 8:07.29	35.68	
	150m: 1:39.31	33.91	350m: 3:57.66	35.11	550m: 6:20.04	35.72	750m: 8:42.43	35.14	
	200m: 2:13.37	34.06	400m: 4:33.18	35.52	600m: 6:55.73	35.69	800m: 9:17.37	34.94	
3.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	9:33.35	14,00	-			
	50m: 32.75	32.75	250m: 2:55.62	36.13	450m: 5:20.36	36.23	650m: 7:45.57	36.25	
	100m: 1:07.98	35.23	300m: 3:31.81	36.19	500m: 5:56.77	36.41	700m: 8:21.72	36.15	
	150m: 1:43.40	35.42	350m: 4:08.14	36.33	550m: 6:33.09	36.32	750m: 8:57.91	36.19	
	200m: 2:19.49	36.09	400m: 4:44.13	35.99	600m: 7:09.32	36.23	800m: 9:33.35	35.44	
4.	PARDO CHAS, Eva	04	C. N. FERROL	9:51.69	13,00	-			
	50m: 33.04	33.04	250m: 2:58.92	36.70	450m: 5:27.33	37.09	650m: 7:56.62	37.20	
	100m: 1:08.42	35.38	300m: 3:35.87	36.95	500m: 6:04.74	37.41	700m: 8:34.71	38.09	
	150m: 1:45.37	36.95	350m: 4:13.09	37.22	550m: 6:42.09	37.35	750m: 9:13.03	38.32	
	200m: 2:22.22	36.85	400m: 4:50.24	37.15	600m: 7:19.42	37.33	800m: 9:51.69	38.66	

Prueba 22, Fem., 800m Libre, Absoluto Femenino

Clasificación	AN		Tiempo		ABSO	JUNI					
5. ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	9:56.02	12,00	-						
50m:	34.01	34.01	250m:	3:00.69	37.04	450m:	5:31.68	37.90	650m:	8:03.92	38.20
100m:	1:10.18	36.17	300m:	3:38.02	37.33	500m:	6:09.36	37.68	700m:	8:42.13	38.21
150m:	1:46.60	36.42	350m:	4:15.75	37.73	550m:	6:47.28	37.92	750m:	9:18.62	36.49
200m:	2:23.65	37.05	400m:	4:53.78	38.03	600m:	7:25.72	38.44	800m:	9:56.02	37.40
6. RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	9:58.63	11,00	-						
50m:	33.77	33.77	250m:	3:02.04	37.34	450m:	5:33.64	38.37	650m:	8:06.13	38.20
100m:	1:10.54	36.77	300m:	3:39.53	37.49	500m:	6:11.79	38.15	700m:	8:44.52	38.39
150m:	1:47.52	36.98	350m:	4:17.36	37.83	550m:	6:50.19	38.40	750m:	9:22.59	38.07
200m:	2:24.70	37.18	400m:	4:55.27	37.91	600m:	7:27.93	37.74	800m:	9:58.63	36.04
7. FERNANDEZ AGUIÓN, Sara	07	C. N. CORUÑA	10:02.68	10,00	19,00						
50m:	33.84	33.84	250m:	3:01.08	37.27	450m:	5:34.04	38.27	650m:	8:08.81	38.54
100m:	1:10.03	36.19	300m:	3:38.94	37.86	500m:	6:12.81	38.77	700m:	8:47.69	38.88
150m:	1:46.53	36.50	350m:	4:17.07	38.13	550m:	6:51.44	38.63	750m:	9:25.73	38.04
200m:	2:23.81	37.28	400m:	4:55.77	38.70	600m:	7:30.27	38.83	800m:	10:02.68	36.95
8. COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	10:09.80	-	16,00						
50m:	35.78	35.78	250m:	3:09.42	38.52	450m:	5:43.01	38.33	650m:	8:16.45	38.51
100m:	1:13.88	38.10	300m:	3:47.69	38.27	500m:	6:21.16	38.15	700m:	8:54.70	38.25
150m:	1:52.23	38.35	350m:	4:26.53	38.84	550m:	6:59.60	38.44	750m:	9:32.94	38.24
200m:	2:30.90	38.67	400m:	5:04.68	38.15	600m:	7:37.94	38.34	800m:	10:09.80	36.86
9. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	10:12.74	-	-						
50m:	34.81	34.81	250m:	3:07.14	38.25	450m:	5:40.46	38.22	650m:	8:16.00	39.42
100m:	1:12.31	37.50	300m:	3:45.90	38.76	500m:	6:19.30	38.84	700m:	8:55.25	39.25
150m:	1:50.52	38.21	350m:	4:24.08	38.18	550m:	6:57.74	38.44	750m:	9:34.78	39.53
200m:	2:28.89	38.37	400m:	5:02.24	38.16	600m:	7:36.58	38.84	800m:	10:12.74	37.96
10. FERNANDEZ GRATEROL, Sofia Antia	07	PABELLÓN OURENSI	10:15.47	-	14,00						
50m:	34.71	34.71	250m:	3:07.45	38.26	450m:	5:42.55	39.18	650m:	8:20.95	39.81
100m:	1:12.75	38.04	300m:	3:46.26	38.81	500m:	6:21.88	39.33	700m:	9:00.54	39.59
150m:	1:50.54	37.79	350m:	4:24.43	38.17	550m:	7:01.22	39.34	750m:	9:38.90	38.36
200m:	2:29.19	38.65	400m:	5:03.37	38.94	600m:	7:41.14	39.92	800m:	10:15.47	36.57
11. REY PITA, Clara	07	A. D. FOGAR	10:16.11	-	13,00						
50m:	34.64	34.64	250m:	3:06.85	38.36	450m:	5:42.11	38.78	650m:	8:19.27	39.90
100m:	1:11.87	37.23	300m:	3:45.53	38.68	500m:	6:20.62	38.51	700m:	8:58.84	39.57
150m:	1:50.11	38.24	350m:	4:24.44	38.91	550m:	6:59.87	39.25	750m:	9:38.18	39.34
200m:	2:28.49	38.38	400m:	5:03.33	38.89	600m:	7:39.37	39.50	800m:	10:16.11	37.93
12. JIMÉNEZ EZQUERRA, Ana María	07	C. N. FERROL	10:24.24	-	12,00						
50m:	35.76	35.76	250m:	3:10.47	39.30	450m:	5:48.96	39.58	650m:	8:28.19	39.99
100m:	1:13.39	37.63	300m:	3:50.08	39.61	500m:	6:28.86	39.90	700m:	9:07.41	39.22
150m:	1:51.44	38.05	350m:	4:29.98	39.90	550m:	7:08.79	39.93	750m:	9:47.01	39.60
200m:	2:31.17	39.73	400m:	5:09.38	39.40	600m:	7:48.20	39.41	800m:	10:24.24	37.23
Baja	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	-	-						

Prueba 23
08/07/2023 - 18:33

Masc., 200m Braza

Absoluto Masculino
Resultados Final

RG	2:16.29	, LEIRO ALVAREZ, LUIS	RCNVIGO	05/04/2009
RC	2:20.19	, ABASCAL GALLEGOS, JOAQUIN	POURENSE	30/06/2006

Clasificación	AN			Tempo	ABSO	JUNI
Final A						
1.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	2:27.02	19,00	-
	50m: 33.44 33.44	100m: 1:09.88	36.44 150m: 1:47.81	37.93	200m: 2:27.02	39.21
2.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	2:30.72	16,00	-
	50m: 35.45 35.45	100m: 1:13.46	38.01 150m: 1:52.21	38.75	200m: 2:30.72	38.51
3.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:32.23	14,00	-
	50m: 33.56 33.56	100m: 1:11.36	37.80 150m: 1:51.43	40.07	200m: 2:32.23	40.80
4.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	2:34.46	13,00	-
	50m: 34.45 34.45	100m: 1:13.28	38.83 150m: 1:53.78	40.50	200m: 2:34.46	40.68
5.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:35.06	12,00	-
	50m: 34.78 34.78	100m: 1:14.67	39.89 150m: 1:55.42	40.75	200m: 2:35.06	39.64
6.	VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	2:35.24	10,50	-
	50m: 34.28 34.28	100m: 1:13.08	38.80 150m: 1:53.73	40.65	200m: 2:35.24	41.51
	LAGO CASTILLO, Diego	07	C. N. CORUÑA	2:35.24	10,50	-
	50m: 35.37 35.37	100m: 1:14.64	39.27 150m: 1:55.22	40.58	200m: 2:35.24	40.02
8.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	2:38.73	9,00	-
	50m: 34.94 34.94	100m: 1:13.80	38.86 150m: 1:55.46	41.66	200m: 2:38.73	43.27
Final B						
9.	PEDROUZO ARES, Miguel	95	ARTABRIA	2:35.58	8,00	-
	50m: 35.04 35.04	100m: 1:14.03	38.99 150m: 1:54.00	39.97	200m: 2:35.58	41.58
10.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:35.76	7,00	-
	50m: 35.87 35.87	100m: 1:15.63	39.76 150m: 1:55.66	40.03	200m: 2:35.76	40.10
11.	ALBES ALVARIÑO, David	06	A. DEP. NT. NARON	2:41.24	6,00	-
	50m: 36.15 36.15	100m: 1:17.03	40.88 150m: 1:59.07	42.04	200m: 2:41.24	42.17
12.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	2:42.25	5,00	-
	50m: 37.03 37.03	100m: 1:17.84	40.81 150m: 2:00.14	42.30	200m: 2:42.25	42.11
13.	CONDE VARELA, David	05	C. N. MONFORTE	2:43.49	-	-
	50m: 36.32 36.32	100m: 1:18.83	42.51 150m: 2:02.35	43.52	200m: 2:43.49	41.14
14.	DOPICO REY, Anton	97	C. N. FERROL	2:45.20	4,00	-
	50m: 36.26 36.26	100m: 1:17.86	41.60 150m: 2:01.47	43.61	200m: 2:45.20	43.73
15.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	2:47.76	-	-
	50m: 38.51 38.51	100m: 1:20.77	42.26 150m: 2:04.46	43.69	200m: 2:47.76	43.30
16.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	2:50.00	3,00	-
	50m: 36.24 36.24	100m: 1:19.35	43.11 150m: 2:04.28	44.93	200m: 2:50.00	45.72

Prueba 23
08/07/2023 - 10:26

Masc., 200m Braza

Absoluto Masculino
Resultados Prelim

RG	2:16.29	, LEIRO ALVAREZ, LUIS	RCNVIGO	05/04/2009
RC	2:20.19	, ABASCAL GALLEGOS, JOAQUIN	POURENSE	30/06/2006

Clasificación		AN		Tiempo	ABSO	JUNI
Junior Masculino						
1.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	2:33.99	- 19,00	A
	50m: 35.76 35.76	100m: 1:15.47	39.71 150m: 1:55.59	40.12	200m: 2:33.99	38.40
2.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:34.88	- 16,00	A
	50m: 35.30 35.30	100m: 1:14.62	39.32 150m: 1:55.48	40.86	200m: 2:34.88	39.40
3.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	2:38.87	- 14,00	B
	50m: 34.43 34.43	100m: 1:14.02	39.59 150m: 1:55.67	41.65	200m: 2:38.87	43.20
4.	ALBES ALVARIÑO, David	06	A. DEP. NT. NARON	2:43.63	- 13,00	B
	50m: 37.75 37.75	100m: 1:19.37	41.62 150m: 2:01.67	42.30	200m: 2:43.63	41.96
5.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	2:46.51	- 12,00	B
	50m: 37.65 37.65	100m: 1:19.21	41.56 150m: 2:02.43	43.22	200m: 2:46.51	44.08
6.	CONDE VARELA, David	05	C. N. MONFORTE	2:47.63	- 11,00	B
	50m: 39.07 39.07	100m: 1:23.11	44.04 150m: 2:07.34	44.23	200m: 2:47.63	40.29

Absoluto Masculino

1.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	2:27.75	- -	A
	50m: 33.79 33.79	100m: 1:10.47	36.68 150m: 1:49.28	38.81	200m: 2:27.75	38.47
2.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	2:32.04	- -	A
	50m: 35.23 35.23	100m: 1:13.65	38.42 150m: 1:52.91	39.26	200m: 2:32.04	39.13
3.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:32.82	- -	A
	50m: 34.73 34.73	100m: 1:12.45	37.72 150m: 1:52.78	40.33	200m: 2:32.82	40.04
4.	VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	2:33.06	- -	A
	50m: 34.26 34.26	100m: 1:12.96	38.70 150m: 1:53.00	40.04	200m: 2:33.06	40.06
5.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	2:33.99	- 19,00	A
	50m: 35.76 35.76	100m: 1:15.47	39.71 150m: 1:55.59	40.12	200m: 2:33.99	38.40
6.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:34.88	- 16,00	A
	50m: 35.30 35.30	100m: 1:14.62	39.32 150m: 1:55.48	40.86	200m: 2:34.88	39.40
7.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	2:35.37	- -	A
	50m: 34.68 34.68	100m: 1:13.40	38.72 150m: 1:54.18	40.78	200m: 2:35.37	41.19
8.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	2:36.04	- -	A
	50m: 35.48 35.48	100m: 1:15.42	39.94 150m: 1:56.17	40.75	200m: 2:36.04	39.87
9.	PEDROUZO ARES, Miguel	95	ARTABRIA	2:36.46	- -	B
	50m: 35.11 35.11	100m: 1:15.13	40.02 150m: 1:55.40	40.27	200m: 2:36.46	41.06
10.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:37.54	- -	B
	50m: 35.96 35.96	100m: 1:15.79	39.83 150m: 1:56.13	40.34	200m: 2:37.54	41.41
11.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	2:38.87	- 14,00	B
	50m: 34.43 34.43	100m: 1:14.02	39.59 150m: 1:55.67	41.65	200m: 2:38.87	43.20
12.	DOPICO REY, Anton	97	C. N. FERROL	2:42.22	- -	B
	50m: 36.48 36.48	100m: 1:17.61	41.13 150m: 1:59.44	41.83	200m: 2:42.22	42.78

Prueba 23, Masc., 200m Braza, Prelim, Absoluto Masculino

Clasificación	AN	Tiempo	ABSO	JUNI
13. ALBES ALVARIÑO, David 50m: 37.75 37.75 100m: 1:19.37	06 A. DEP. NT. NARON	2:43.63 42.30	-	13,00 B 2:43.63 41.96
14. ALONSO VIDAL, Teo 50m: 37.98 37.98 100m: 1:18.99	07 VIGO RIAS BAIXAS	2:44.71 42.84	-	- B 2:44.71 42.88
15. MORENO TEIJEIRO, Hugo 50m: 37.65 37.65 100m: 1:19.21	05 C. FLUVIAL LUGO	2:46.51 43.22	-	12,00 B 2:46.51 44.08
16. CONDE VARELA, David 50m: 39.07 39.07 100m: 1:23.11	05 C. N. MONFORTE	2:47.63 44.23	-	11,00 B 2:47.63 40.29
DSQ GRAÑA DEL SOLAR, Miguel <i>Viraxe irregular</i>	08 A. DEP. NT. NARON		-	-
Baja HERNANDEZ NIÑO, Juan David	99 C. N. GALAICO		-	-
Baja ALVAREZ ALVAREZ, Hector	00 PABELLON OURENSE		-	-

Prueba 24
08/07/2023 - 18:25

Fem., 200m Braza

Absoluto Femenino
Resultados Final

RG	2:29.45	, GOMEZ CORTES, BEATRIZ	GALAICO	22/07/2011
RC	2:31.77	, GOMEZ CORTES, BEATRIZ	GALAICO	02/07/2011

Clasificación			AN			Tiempo	ABSO	JUNI		
Final A										
1.	MOURENZA ROCHA, Sofia		07	C. N. PORTAMIÑA		2:35.75	19,00	-		
	50m:	36.07 36.07	100m:	1:15.15	39.08	150m:	1:55.23	40.08	200m:	2:35.75 40.52
2.	JIMENEZ COPPA, Carla M.		06	A. D. FOGAR		2:48.19	16,00	-		
	50m:	37.35 37.35	100m:	1:20.76	43.41	150m:	2:03.56	42.80	200m:	2:48.19 44.63
3.	LEIVAS ROCA, Candela		05	C. N. FERROL		2:50.36	14,00	-		
	50m:	39.51 39.51	100m:	1:23.25	43.74	150m:	2:06.89	43.64	200m:	2:50.36 43.47
4.	PAZOS IGLESIAS, Elisa		09	RCN VIGO		2:50.50	13,00	-		
	50m:	38.94 38.94	100m:	1:22.89	43.95	150m:	2:07.21	44.32	200m:	2:50.50 43.29
5.	NISTAL PALACIOS, Mariña		07	SPORTING CASINO		2:58.05	12,00	-		
	50m:	39.42 39.42	100m:	1:24.58	45.16	150m:	2:11.83	47.25	200m:	2:58.05 46.22
6.	FARIÑA MARTINEZ, Paula		07	C. N. GALAICO		2:58.20	11,00	-		
	50m:	41.45 41.45	100m:	1:27.24	45.79	150m:	2:13.45	46.21	200m:	2:58.20 44.75
7.	SARAIVA HAGE, Andrea C.		05	RCN VIGO		3:00.37	10,00	-		
	50m:	40.20 40.20	100m:	1:26.59	46.39	150m:	2:13.62	47.03	200m:	3:00.37 46.75
8.	ROCHA GONZALEZ, Gisele		09	C. N. GALAICO		3:02.65	9,00	-		
	50m:	41.85 41.85	100m:	1:28.40	46.55	150m:	2:15.43	47.03	200m:	3:02.65 47.22
Final B										
9.	PEREIRO RODRIGUEZ, Carolina		08	C. N. MOS		2:56.03	8,00	-		
	50m:	39.61 39.61	100m:	1:24.51	44.90	150m:	2:10.14	45.63	200m:	2:56.03 45.89
10.	GARCIA RODRIGUEZ, Andrea		10	C. MARINA FERROL		2:58.11	7,00	-		
	50m:	41.12 41.12	100m:	1:26.10	44.98	150m:	2:11.87	45.77	200m:	2:58.11 46.24
11.	LOPEZ RAMUDO, Icia		04	A. DEP. NT. NARON		3:00.03	6,00	-		
	50m:	41.33 41.33	100m:	1:26.09	44.76	150m:	2:13.42	47.33	200m:	3:00.03 46.61
12.	GIL POZO, Emma		09	PABELLON OURENSE		3:01.77	-	-		
	50m:	40.62 40.62	100m:	1:26.67	46.05	150m:	2:14.53	47.86	200m:	3:01.77 47.24
13.	MARTINEZ ZABALA, Sunai		07	PABELLON OURENSE		3:03.03	-	-		
	50m:	42.12 42.12	100m:	1:28.02	45.90	150m:	2:15.19	47.17	200m:	3:03.03 47.84
14.	CABANAS DEL RIO, Carla		09	SPORTING CASINO		3:03.81	-	-		
	50m:	42.75 42.75	100m:	1:29.61	46.86	150m:	2:16.92	47.31	200m:	3:03.81 46.89
15.	RUIZ MARTINEZ, Xiana		07	C. N. FERROL		3:07.49	-	-		
	50m:	41.98 41.98	100m:	1:29.44	47.46	150m:	2:18.20	48.76	200m:	3:07.49 49.29
16.	CARBALLIDO NAYA, Claudia		07	C. N. ARTEIXO		3:10.54	-	-		
	50m:	42.35 42.35	100m:	1:30.25	47.90	150m:	2:20.29	50.04	200m:	3:10.54 50.25

Prueba 24
08/07/2023 - 10:37

Fem., 200m Braza

Absoluto Femenino
Resultados Prelim

RG	2:29.45	GOMEZ CORTES, BEATRIZ	GALAICO	22/07/2011
RC	2:31.77	GOMEZ CORTES, BEATRIZ	GALAICO	02/07/2011

Clasificación			AN			Tiempo	ABSO	JUNI		
Junior Femenino										
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:39.07	-	19,00	A			
	50m: 36.39 36.39	100m: 1:16.69	40.30 150m: 1:57.76	41.07	200m: 2:39.07	41.31				
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	2:51.50	-	16,00	A			
	50m: 38.83 38.83	100m: 1:22.65	43.82 150m: 2:07.09	44.44	200m: 2:51.50	44.41				
3.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:57.18	-	14,00	A			
	50m: 41.20 41.20	100m: 1:26.84	45.64 150m: 2:12.12	45.28	200m: 2:57.18	45.06				
4.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	3:00.10	-	13,00	A			
	50m: 40.39 40.39	100m: 1:25.68	45.29 150m: 2:12.53	46.85	200m: 3:00.10	47.57				
5.	RUIZ MARTINEZ, Xiana	07	C. N. FERROL	3:04.52	-	12,00	B			
	50m: 41.80 41.80	100m: 1:29.01	47.21 150m: 2:16.10	47.09	200m: 3:04.52	48.42				
6.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	3:05.11	-	11,00	B			
	50m: 42.83 42.83	100m: 1:29.76	46.93 150m: 2:17.39	47.63	200m: 3:05.11	47.72				
7.	CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	3:10.34	-	-	B			
	50m: 41.94 41.94	100m: 1:29.90	47.96 150m: 2:19.38	49.48	200m: 3:10.34	50.96				

Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:39.07	-	19,00	A			
	50m: 36.39 36.39	100m: 1:16.69	40.30 150m: 1:57.76	41.07	200m: 2:39.07	41.31				
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	2:51.50	-	16,00	A			
	50m: 38.83 38.83	100m: 1:22.65	43.82 150m: 2:07.09	44.44	200m: 2:51.50	44.41				
3.	LEIVAS ROCA, Candela	05	C. N. FERROL	2:52.09	-	-	A			
	50m: 39.34 39.34	100m: 1:23.29	43.95 150m: 2:07.53	44.24	200m: 2:52.09	44.56				
4.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	2:52.17	-	-	A			
	50m: 40.00 40.00	100m: 1:24.16	44.16 150m: 2:09.03	44.87	200m: 2:52.17	43.14				
5.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	2:57.15	-	-	A			
	50m: 40.72 40.72	100m: 1:26.65	45.93 150m: 2:12.47	45.82	200m: 2:57.15	44.68				
6.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:57.18	-	14,00	A			
	50m: 41.20 41.20	100m: 1:26.84	45.64 150m: 2:12.12	45.28	200m: 2:57.18	45.06				
7.	ROCHA GONZALEZ, Gisele	09	C. N. GALAICO	2:59.82	-	-	A			
	50m: 41.42 41.42	100m: 1:27.15	45.73 150m: 2:13.54	46.39	200m: 2:59.82	46.28				
8.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	3:00.10	-	13,00	A			
	50m: 40.39 40.39	100m: 1:25.68	45.29 150m: 2:12.53	46.85	200m: 3:00.10	47.57				
9.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	3:00.83	-	-	B			
	50m: 41.59 41.59	100m: 1:28.37	46.78 150m: 2:15.42	47.05	200m: 3:00.83	45.41				
10.	LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	3:00.85	-	-	B			
	50m: 42.07 42.07	100m: 1:27.03	44.96 150m: 2:14.52	47.49	200m: 3:00.85	46.33				
11.	GARCIA RODRIGUEZ, Andrea	10	C. MARINA FERROL	3:01.24	-	-	B			
	50m: 40.81 40.81	100m: 1:26.99	46.18 150m: 2:13.48	46.49	200m: 3:01.24	47.76				

Prueba 24, Fem., 200m Braza, Prelim, Absoluto Femenino

Clasificación			AN			Tiempo	ABSO	JUNI	
12.	GIL POZO, Emma		09	PABELLON OURENSE		3:03.98	-	- B	
	50m:	41.46 41.46	100m:	1:28.28	46.82	150m:	2:16.80 48.52	200m:	3:03.98 47.18
13.	RUIZ MARTINEZ, Xiana		07	C. N. FERROL		3:04.52	-	12,00 B	
	50m:	41.80 41.80	100m:	1:29.01	47.21	150m:	2:16.10 47.09	200m:	3:04.52 48.42
14.	MARTINEZ ZABALA, Sunai		07	PABELLON OURENSE		3:05.11	-	11,00 B	
	50m:	42.83 42.83	100m:	1:29.76	46.93	150m:	2:17.39 47.63	200m:	3:05.11 47.72
15.	CABANAS DEL RIO, Carla		09	SPORTING CASINO		3:05.82	-	- B	
	50m:	41.77 41.77	100m:	1:29.36	47.59	150m:	2:17.48 48.12	200m:	3:05.82 48.34
16.	CARBALLIDO NAYA, Claudia		07	C. N. ARTEIXO		3:10.34	-	- B	
	50m:	41.94 41.94	100m:	1:29.90	47.96	150m:	2:19.38 49.48	200m:	3:10.34 50.96
Baja	NOGUERAS PORTO, Sara		08	C. FLUVIAL LUGO			-	-	

Prueba 25
08/07/2023 - 19:08

Masc., 100m Espalda

Absoluto Masculino
Resultados Final

RG	55.28	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	04/04/2009
RC	57.02	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	03/07/2010

Clasificación AN Tiempo ABSO JUNI

Final A

1.	ORECHIA, Agustín	06	CIDADE SANTIAGO	58.69	19,00	-
	50m: 29.00 29.00	100m: 58.69	29.69			
2.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	1:00.59	16,00	-
	50m: 29.59 29.59	100m: 1:00.59	31.00			
3.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	1:00.79	14,00	-
	50m: 29.41 29.41	100m: 1:00.79	31.38			
4.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	1:01.12	13,00	-
	50m: 29.17 29.17	100m: 1:01.12	31.95			
Baja	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA		10,50	-
Baja	NAVARRO LOSADA, Sergi	07	C. N. FERROL		10,50	-
Baja	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA		10,50	-
Baja	SUAREZ MARTINEZ, Diego	08	SPORTING CASINO		10,50	-

Final B

9.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	1:02.54	8,00	-
	50m: 31.47 31.47	100m: 1:02.54	31.07			
10.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	1:02.77	-	-
	50m: 30.67 30.67	100m: 1:02.77	32.10			
11.	SOUTO VILAS, Jorge	07	A. D. FOGAR	1:02.79	7,00	-
	50m: 29.94 29.94	100m: 1:02.79	32.85			
12.	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	1:03.06	6,00	-
	50m: 30.60 30.60	100m: 1:03.06	32.46			
13.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	1:03.10	-	-
	50m: 30.50 30.50	100m: 1:03.10	32.60			
14.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	1:03.12	5,00	-
	50m: 31.29 31.29	100m: 1:03.12	31.83			
15.	REY PITA, Simon	04	A. D. FOGAR	1:04.19	-	-
	50m: 31.05 31.05	100m: 1:04.19	33.14			
Baja	ARIAS FRANCO, Odei	06	C. N. MONFORTE		4,00	-

Prueba 25
08/07/2023 - 10:49

Masc., 100m Espalda

Absoluto Masculino
Resultados Prelim

RG	55.28	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	04/04/2009
RC	57.02	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	03/07/2010

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Masculino								
1.	ORECHIA, Agustín		06	CIDADE SANTIAGO	59.39	-	19,00	A
	50m: 29.59	29.59	100m: 59.39	29.80				
2.	VARELA PASANDÍN, Manuel		06	C. N. ARTEIXO	1:01.23	-	16,00	A
	50m: 29.75	29.75	100m: 1:01.23	31.48				
3.	DIAZ- BECERRA LOPEZ, Anton		05	C. N. PORTAMIÑA	1:02.73	-	14,00	B
	50m: 30.73	30.73	100m: 1:02.73	32.00				
4.	REY MUNIN, Tomas		06	CIDADE SANTIAGO	1:02.86	-	13,00	B
	50m: 30.92	30.92	100m: 1:02.86	31.94				
5.	ARIAS FRANCO, Odei		06	C. N. MONFORTE	1:02.95	-	12,00	B
	50m: 30.43	30.43	100m: 1:02.95	32.52				
6.	NUÑEZ SUAREZ, Antón		05	C. FLUVIAL LUGO	1:04.18	3,00	11,00	
	50m: 30.92	30.92	100m: 1:04.18	33.26				
7.	GUITIANO LOPEZ, Xabier		05	A. D. FOGAR	1:05.19	-	10,00	
	50m: 32.02	32.02	100m: 1:05.19	33.17				
8.	PAZ RODRIGUEZ, Aritz		06	PABELLON OURENSE	1:05.54	-	9,00	
	50m: 31.12	31.12	100m: 1:05.54	34.42				
9.	DEVESA LOPEZ, Jonathan		06	C. N. PORTAMIÑA	1:06.09	-	8,00	
	50m: 32.27	32.27	100m: 1:06.09	33.82				
10.	ARIAS GONZALEZ, Hector		05	C. N. CULLEREDO	1:09.87	-	7,00	
	50m: 33.41	33.41	100m: 1:09.87	36.46				
11.	LEMA CARBALLO, Pablo		06	C. N. ARTEIXO	1:09.95	-	6,00	
	50m: 34.51	34.51	100m: 1:09.95	35.44				

Absoluto Masculino

1.	VAZQUEZ LOPEZ, Martin		03	C. N. PORTAMIÑA	57.93	-	-	A
	50m: 28.59	28.59	100m: 57.93	29.34				
2.	ORECHIA, Agustín		06	CIDADE SANTIAGO	59.39	-	19,00	A
	50m: 29.59	29.59	100m: 59.39	29.80				
3.	NAVARRO LOSADA, Sergi		07	C. N. FERROL	59.52	-	-	A
	50m: 28.81	28.81	100m: 59.52	30.71				
4.	ABELEIRA ALVAREZ, Carlos		02	A. D. FOGAR	1:01.21	-	-	A
	50m: 29.94	29.94	100m: 1:01.21	31.27				
5.	VARELA PASANDÍN, Manuel		06	C. N. ARTEIXO	1:01.23	-	16,00	A
	50m: 29.75	29.75	100m: 1:01.23	31.48				
6.	CARBALLO RODRIGUEZ, Enrique		07	PABELLON OURENSE	1:01.49	-	-	A
	50m: 29.99	29.99	100m: 1:01.49	31.50				
7.	RODRIGUEZ SANCOSMED, Pablo		03	C. N. PORTAMIÑA	1:01.65	-	-	A
	50m: 29.64	29.64	100m: 1:01.65	32.01				

Prueba 25, Masc., 100m Espalda, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
8.	SUAREZ MARTINEZ, Diego	08	SPORTING CASINO	1:01.89	-	- A
	50m: 29.45 29.45	100m: 1:01.89	32.44			
9.	SOUTO VILAS, Jorge	07	A. D. FOGAR	1:02.54	-	- B
	50m: 30.02 30.02	100m: 1:02.54	32.52			
10.	REY PITA, Simon	04	A. D. FOGAR	1:02.60	-	- B
	50m: 30.42 30.42	100m: 1:02.60	32.18			
11.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	1:02.73	-	14,00 B
	50m: 30.73 30.73	100m: 1:02.73	32.00			
12.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	1:02.77	-	- B
	50m: 30.38 30.38	100m: 1:02.77	32.39			
13.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	1:02.86	-	13,00 B
	50m: 30.92 30.92	100m: 1:02.86	31.94			
14.	ARIAS FRANCO, Odei	06	C. N. MONFORTE	1:02.95	-	12,00 B
	50m: 30.43 30.43	100m: 1:02.95	32.52			
15.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	1:03.29	-	- B
	50m: 30.80 30.80	100m: 1:03.29	32.49			
16.	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	1:03.48	-	- B
	50m: 31.53 31.53	100m: 1:03.48	31.95			
17.	NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	1:04.18	3,00	11,00
	50m: 30.92 30.92	100m: 1:04.18	33.26			
18.	BURGO BEIRO, Marcos	00	C. FLUVIAL LUGO	1:04.41	2,00	-
	50m: 31.28 31.28	100m: 1:04.41	33.13			
19.	LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL	1:04.59	1,00	-
	50m: 31.29 31.29	100m: 1:04.59	33.30			
20.	RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	1:04.80	-	-
	50m: 31.12 31.12	100m: 1:04.80	33.68			
21.	LEVCHENKO, Nikita	08	C. N. ARZUA	1:04.92	-	-
	50m: 32.48 32.48	100m: 1:04.92	32.44			
22.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	1:05.19	-	10,00
	50m: 32.02 32.02	100m: 1:05.19	33.17			
23.	PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE	1:05.54	-	9,00
	50m: 31.12 31.12	100m: 1:05.54	34.42			
24.	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	1:05.66	-	-
	50m: 31.78 31.78	100m: 1:05.66	33.88			
25.	DEVESA LOPEZ, Jonathan	06	C. N. PORTAMIÑA	1:06.09	-	8,00
	50m: 32.27 32.27	100m: 1:06.09	33.82			
26.	ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO	1:06.12	-	-
	50m: 31.85 31.85	100m: 1:06.12	34.27			
27.	MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	1:06.36	-	-
	50m: 32.29 32.29	100m: 1:06.36	34.07			
28.	PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	1:06.82	-	-
	50m: 32.15 32.15	100m: 1:06.82	34.67			
29.	SUAREZ RIPOLL, Xian	03	CIDADE SANTIAGO	1:06.87	-	-
	50m: 31.68 31.68	100m: 1:06.87	35.19			

Prueba 25, Masc., 100m Espalda, Prelim, Absoluto Masculino

Clasificación			AN			Tiempo	ABSO	JUNI
30.	BLANCO RUIZ, Jacobo		98	C. N. PANAS		1:06.97	-	-
	50m:	31.89 31.89	100m:	1:06.97	35.08			
31.	VILA PEREIRA, Brais		03	C. N. PONTEAREAS		1:07.14	-	-
	50m:	32.35 32.35	100m:	1:07.14	34.79			
32.	ALVAREZ REPARAZ, Alejandro		04	C. N. GALAICO		1:07.75	-	-
	50m:	33.12 33.12	100m:	1:07.75	34.63			
33.	ARIAS GONZALEZ, Hector		05	C. N. CULLEREDO		1:09.87	-	7,00
	50m:	33.41 33.41	100m:	1:09.87	36.46			
34.	LEMA CARBALLO, Pablo		06	C. N. ARTEIXO		1:09.95	-	6,00
	50m:	34.51 34.51	100m:	1:09.95	35.44			

Prueba 26
08/07/2023 - 19:00

Fem., 100m Espalda

Absoluto Femenino
Resultados Final

RG	1:02.51	, CERNADAS GONZALEZ ANA	CFVLUGO	29/03/2023
RC	1:03.78	, CERNADAS GONZALEZ ANA	CFVLUGO	02/07/2022

Clasificación		AN		Tiempo	ABSO	JUNI
Final A						
1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:03.64	22,00	- RC
	50m: 31.02 31.02	100m: 1:03.64	32.62			
2.	MARIN MARTINEZ, Rosalia	04	C. N. CORUÑA	1:06.72	16,00	-
	50m: 32.62 32.62	100m: 1:06.72	34.10			
3.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	1:06.84	14,00	-
	50m: 32.98 32.98	100m: 1:06.84	33.86			
4.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:07.92	13,00	-
	50m: 34.06 34.06	100m: 1:07.92	33.86			
5.	CAMBA PRADA, Alexia	05	PABELLON OURENSE	1:08.07	12,00	-
	50m: 32.84 32.84	100m: 1:08.07	35.23			
6.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:09.50	11,00	-
	50m: 34.10 34.10	100m: 1:09.50	35.40			
7.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:09.80	10,00	-
	50m: 34.05 34.05	100m: 1:09.80	35.75			
Baja	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO		9,00	-
Final B						
9.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	1:10.00	8,00	-
	50m: 34.11 34.11	100m: 1:10.00	35.89			
10.	GIL GARNACHO, Carlota	09	SPORTING CASINO	1:10.49	7,00	-
	50m: 34.50 34.50	100m: 1:10.49	35.99			
11.	CANALDA RAMOS, Laura	09	C. N. CORUÑA	1:10.65	6,00	-
	50m: 33.88 33.88	100m: 1:10.65	36.77			
12.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:11.69	5,00	-
	50m: 34.79 34.79	100m: 1:11.69	36.90			
13.	VEIGA SOUTO, Ana	98	C. N. ARTEIXO	1:12.30	4,00	-
	50m: 35.21 35.21	100m: 1:12.30	37.09			
14.	GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS	1:12.41	3,00	-
	50m: 35.30 35.30	100m: 1:12.41	37.11			
15.	IBAÑEZ CARRERA, Sara	01	C. N. PONTEAREAS	1:13.09	2,00	-
	50m: 35.25 35.25	100m: 1:13.09	37.84			
16.	CHANS FANEGO, Paula	03	C. N. FERROL	1:15.33	1,00	-
	50m: 36.68 36.68	100m: 1:15.33	38.65			

Prueba 26
08/07/2023 - 11:04

Fem., 100m Espalda

Absoluto Femenino
Resultados Prelim

RG	1:02.51	, CERNADAS GONZALEZ ANA	CFVLUGO	29/03/2023
RC	1:03.78	, CERNADAS GONZALEZ ANA	CFVLUGO	02/07/2022

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Femenino								
1.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:08.13	-	19,00	A	
	50m: 33.61 33.61	100m: 1:08.13	34.52					
2.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:08.32	-	16,00	A	
	50m: 33.30 33.30	100m: 1:08.32	35.02					
3.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:10.82	-	14,00	B	
	50m: 33.80 33.80	100m: 1:10.82	37.02					
4.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:13.09	-	13,00		
	50m: 34.66 34.66	100m: 1:13.09	38.43					
5.	SUAREZ RIPOLL, Lia	07	CIDADE SANTIAGO	1:13.77	-	12,00		
	50m: 35.83 35.83	100m: 1:13.77	37.94					
6.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	1:15.82	-	11,00		
	50m: 36.45 36.45	100m: 1:15.82	39.37					
7.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	1:17.55	-	-		
	50m: 37.87 37.87	100m: 1:17.55	39.68					
8.	PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	1:17.72	-	10,00		
	50m: 37.53 37.53	100m: 1:17.72	40.19					
9.	PARDO PIÑEIRO, Maria	06	C. FLUVIAL LUGO	1:18.15	-	-		
	50m: 37.50 37.50	100m: 1:18.15	40.65					
DSQ	LÓPEZ ANIDO, Natalia	06	C. N. FERROL		-	-		
	<i>Nado irregular</i>							

Absoluto Femenino

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:04.02	-	-	A
	50m: 31.07 31.07	100m: 1:04.02	32.95				
2.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	1:07.06	-	-	A
	50m: 32.93 32.93	100m: 1:07.06	34.13				
3.	MARIN MARTINEZ, Rosalía	04	C. N. CORUÑA	1:07.23	-	-	A
	50m: 32.97 32.97	100m: 1:07.23	34.26				
4.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	1:07.71	-	-	A
	50m: 32.76 32.76	100m: 1:07.71	34.95				
5.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:08.13	-	19,00	A
	50m: 33.61 33.61	100m: 1:08.13	34.52				
6.	CAMBA PRADA, Alexia	05	PABELLON OURENSE	1:08.19	-	-	A
	50m: 33.26 33.26	100m: 1:08.19	34.93				
7.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:08.32	-	16,00	A
	50m: 33.30 33.30	100m: 1:08.32	35.02				
8.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:08.87	-	-	A
	50m: 34.20 34.20	100m: 1:08.87	34.67				

Prueba 26, Fem., 100m Espalda, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
9.	GIL GARNACHO, Carlota	09	SPORTING CASINO	1:10.24	-	- B
	50m: 34.54 34.54	100m: 1:10.24	35.70			
10.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:10.82	-	14,00 B
	50m: 33.80 33.80	100m: 1:10.82	37.02			
11.	VEIGA SOUTO, Ana	98	C. N. ARTEIXO	1:11.18	-	- B
	50m: 34.73 34.73	100m: 1:11.18	36.45			
12.	GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS	1:11.23	-	- B
	50m: 34.58 34.58	100m: 1:11.23	36.65			
13.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	1:11.33	-	- B
	50m: 34.66 34.66	100m: 1:11.33	36.67			
14.	CANALDA RAMOS, Laura	09	C. N. CORUÑA	1:11.82	-	- B
	50m: 34.43 34.43	100m: 1:11.82	37.39			
15.	CHANS FANEGO, Paula	03	C. N. FERROL	1:12.70	-	- B
	50m: 35.88 35.88	100m: 1:12.70	36.82			
16.	IBAÑEZ CARRERA, Sara	01	C. N. PONTEAREAS	1:12.82	-	- B
	50m: 35.30 35.30	100m: 1:12.82	37.52			
17.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:13.09	-	13,00
	50m: 34.66 34.66	100m: 1:13.09	38.43			
18.	GUNCHE BARREIRO, Sabela	04	C. N. REDONDELA	1:13.16	-	-
	50m: 34.72 34.72	100m: 1:13.16	38.44			
19.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	1:13.18	-	-
	50m: 34.60 34.60	100m: 1:13.18	38.58			
20.	SUAREZ KITAHORI, Nana S.	05	A. D. FOGAR	1:13.76	-	-
	50m: 34.89 34.89	100m: 1:13.76	38.87			
21.	SUAREZ RIPOLL, Lia	07	CIDADE SANTIAGO	1:13.77	-	12,00
	50m: 35.83 35.83	100m: 1:13.77	37.94			
22.	ALBES ALVARIÑO, Paula	03	A. DEP. NT. NARON	1:13.81	-	-
	50m: 35.33 35.33	100m: 1:13.81	38.48			
23.	REQUEJO FERNANDEZ, Irene	10	PABELLON OURENSE	1:13.83	-	-
	50m: 36.27 36.27	100m: 1:13.83	37.56			
24.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	1:15.82	-	11,00
	50m: 36.45 36.45	100m: 1:15.82	39.37			
25.	OTERO RICO, Rosette	08	C. N. PONTEAREAS	1:15.90	-	-
	50m: 36.00 36.00	100m: 1:15.90	39.90			
26.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	1:17.55	-	-
	50m: 37.87 37.87	100m: 1:17.55	39.68			
27.	PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	1:17.72	-	10,00
	50m: 37.53 37.53	100m: 1:17.72	40.19			
28.	BLANCO MENDEZ, Claudia	08	PABELLON OURENSE	1:17.99	-	-
	50m: 37.43 37.43	100m: 1:17.99	40.56			
29.	PARDO PIÑEIRO, Maria	06	C. FLUVIAL LUGO	1:18.15	-	-
	50m: 37.50 37.50	100m: 1:18.15	40.65			
30.	CORTIÑAS LAIÑO, Carla	05	CIDADE SANTIAGO	1:18.20	-	-
	50m: 37.93 37.93	100m: 1:18.20	40.27			

Prueba 26, Fem., 100m Espalda, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
31.	VIDAL RODRIGUEZ, Mara	10	C. N. GALAICO	1:18.23	-	-
	50m: 37.19 37.19	100m: 1:18.23	41.04			
DSQ	LÓPEZ ANIDO, Natalia	06	C. N. FERROL		-	-
	<i>Nado irregular</i>					

Prueba 27
08/07/2023 - 19:25

Masc., 200m Mariposa

Absoluto Masculino
Resultados Final

RG	1:59.72	, GARCIA SOTO, MARCOS	CNFERRO	21/07/2009
RC	2:01.13	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	16/07/2021

Clasificación			AN			Tempo	ABSO	JUNI	
Final A									
1.	MARTINEZ NOVOA, Miguel	00	Real Canoe N. C.	1:59.63	22,00	-	RC		
	50m: 27.50 27.50	100m: 57.94	30.44	150m: 1:28.45	30.51	200m: 1:59.63		31.18	
2.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	2:11.02	16,00	-			
	50m: 29.16 29.16	100m: 1:02.38	33.22	150m: 1:36.28	33.90	200m: 2:11.02		34.74	
3.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	2:13.86	14,00	-			
	50m: 29.41 29.41	100m: 1:03.79	34.38	150m: 1:38.04	34.25	200m: 2:13.86		35.82	
4.	CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS	2:14.64	13,00	-			
	50m: 29.44 29.44	100m: 1:03.65	34.21	150m: 1:38.78	35.13	200m: 2:14.64		35.86	
5.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	2:18.74	12,00	-			
	50m: 29.82 29.82	100m: 1:04.43	34.61	150m: 1:41.13	36.70	200m: 2:18.74		37.61	
6.	DIAZ COUCE, Ruben	06	C. N. FERROL	2:19.68	11,00	-			
	50m: 30.24 30.24	100m: 1:05.46	35.22	150m: 1:42.17	36.71	200m: 2:19.68		37.51	
7.	GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA	2:21.55	10,00	-			
	50m: 32.09 32.09	100m: 1:07.74	35.65	150m: 1:44.62	36.88	200m: 2:21.55		36.93	
8.	CUMMINGS CANDAL, James	05	C. N. CORUÑA	2:26.86	9,00	-			
	50m: 30.75 30.75	100m: 1:07.18	36.43	150m: 1:45.92	38.74	200m: 2:26.86		40.94	
Final B									
9.	DÍAZ DOMÍNGUEZ, Ricardo	07	C. N. ARTEIXO	2:22.03	8,00	-			
	50m: 32.65 32.65	100m: 1:08.61	35.96	150m: 1:45.94	37.33	200m: 2:22.03		36.09	
10.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	2:22.89	7,00	-			
	50m: 32.60 32.60	100m: 1:08.44	35.84	150m: 1:46.36	37.92	200m: 2:22.89		36.53	
11.	CUBEIRO ROSENDE, Xoel	07	C. N. LICEO	2:23.23	6,00	-			
	50m: 31.84 31.84	100m: 1:08.50	36.66	150m: 1:45.64	37.14	200m: 2:23.23		37.59	
12.	GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	2:26.74	-	-			
	50m: 33.14 33.14	100m: 1:10.11	36.97	150m: 1:48.62	38.51	200m: 2:26.74		38.12	
13.	DIZ NIEVES, David	04	C. N. FERROL	2:33.11	-	-			
	50m: 31.84 31.84	100m: 1:09.01	37.17	150m: 1:50.53	41.52	200m: 2:33.11		42.58	

Prueba 27
08/07/2023 - 11:20

Masc., 200m Mariposa

Absoluto Masculino
Resultados Prelim

RG	1:59.72	GARCIA SOTO, MARCOS	CNFERRO	21/07/2009
RC	2:01.13	MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	16/07/2021

Clasificación			AN			Tiempo	ABSO	JUNI		
Junior Masculino										
1.	TEIJEIRO PRADO, Xoel		06	C. FLUVIAL LUGO	2:11.88	-	19,00	A		
	50m: 29.76 29.76	100m: 1:02.93		33.17 150m: 1:37.61	34.68	200m: 2:11.88	34.27			
2.	DIAZ COUCE, Ruben		06	C. N. FERROL	2:18.91	-	16,00	A		
	50m: 29.90 29.90	100m: 1:04.16		34.26 150m: 1:40.51	36.35	200m: 2:18.91	38.40			
3.	CUMMINGS CANDAL, James		05	C. N. CORUÑA	2:20.84	-	14,00	A		
	50m: 30.01 30.01	100m: 1:04.07		34.06 150m: 1:40.97	36.90	200m: 2:20.84	39.87			
4.	CIDRÁS PÉREZ, Fabián		05	RCN VIGO	2:23.78	-	13,00	B		
	50m: 30.67 30.67	100m: 1:07.46		36.79 150m: 1:45.00	37.54	200m: 2:23.78	38.78			
5.	GIL-RIVERA BARBEITO, Pablo		06	A. D. FOGAR	2:27.85	-	12,00	B		
	50m: 32.79 32.79	100m: 1:10.06		37.27 150m: 1:48.72	38.66	200m: 2:27.85	39.13			
Baja	TIMIRAOS FERNANDEZ, Marcos		05	C. N. PORTAMIÑA		-	-			
Absoluto Masculino										
1.	MARTINEZ NOVOA, Miguel		00	Real Canoe N. C.	2:02.90	-	-	A		
	50m: 26.45 26.45	100m: 56.68		30.23 150m: 1:29.18	32.50	200m: 2:02.90	33.72			
2.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS	2:10.14	-	-	A		
	50m: 29.03 29.03	100m: 1:01.33		32.30 150m: 1:35.52	34.19	200m: 2:10.14	34.62			
3.	TEIJEIRO PRADO, Xoel		06	C. FLUVIAL LUGO	2:11.88	-	19,00	A		
	50m: 29.76 29.76	100m: 1:02.93		33.17 150m: 1:37.61	34.68	200m: 2:11.88	34.27			
4.	LOSADA JIMÉNEZ, Sergio		04	C. N. FERROL	2:14.68	-	-	A		
	50m: 29.33 29.33	100m: 1:03.10		33.77 150m: 1:38.41	35.31	200m: 2:14.68	36.27			
5.	CABANA DEL AMO, Pablo		04	C. N. PONTEAREAS	2:16.94	-	-	A		
	50m: 30.03 30.03	100m: 1:03.18		33.15 150m: 1:39.29	36.11	200m: 2:16.94	37.65			
6.	DIAZ COUCE, Ruben		06	C. N. FERROL	2:18.91	-	16,00	A		
	50m: 29.90 29.90	100m: 1:04.16		34.26 150m: 1:40.51	36.35	200m: 2:18.91	38.40			
7.	CUMMINGS CANDAL, James		05	C. N. CORUÑA	2:20.84	-	14,00	A		
	50m: 30.01 30.01	100m: 1:04.07		34.06 150m: 1:40.97	36.90	200m: 2:20.84	39.87			
8.	GAVIEIRO MONTERO, Raul		07	C. N. PORTAMIÑA	2:21.41	-	-	A		
	50m: 31.44 31.44	100m: 1:07.16		35.72 150m: 1:44.05	36.89	200m: 2:21.41	37.36			
9.	CIDRÁS PÉREZ, Fabián		05	RCN VIGO	2:23.78	-	13,00	B		
	50m: 30.67 30.67	100m: 1:07.46		36.79 150m: 1:45.00	37.54	200m: 2:23.78	38.78			
10.	DÍAZ DOMÍNGUEZ, Ricardo		07	C. N. ARTEIXO	2:24.88	-	-	B		
	50m: 32.90 32.90	100m: 1:09.72		36.82 150m: 1:47.29	37.57	200m: 2:24.88	37.59			
11.	CUBEIRO ROSENDE, Xoel		07	C. N. LICEO	2:25.25	-	-	B		
	50m: 31.72 31.72	100m: 1:08.38		36.66 150m: 1:46.63	38.25	200m: 2:25.25	38.62			
12.	GIL-RIVERA BARBEITO, Pablo		06	A. D. FOGAR	2:27.85	-	12,00	B		
	50m: 32.79 32.79	100m: 1:10.06		37.27 150m: 1:48.72	38.66	200m: 2:27.85	39.13			
13.	DIZ NIEVES, David		04	C. N. FERROL	2:28.24	-	-	B		
	50m: 32.15 32.15	100m: 1:08.72		36.57 150m: 1:47.74	39.02	200m: 2:28.24	40.50			

Prueba 27, Masc., 200m Mariposa, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
DSQ	GARCIA GARAY, Marcos	01	C. N. PANAS		-	-
	<i>Nado irregular</i>					
Baja	TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA		-	-

Prueba 28
08/07/2023 - 19:15

Fem., 200m Mariposa

Absoluto Femenino
Resultados Final

RG	2:14.57	, OTERO FERNÁNDEZ PAULA	ARTEIXO	22/01/2022
RC	2:14.77	, GOMEZ CORTES, BEATRIZ	GALAICO	30/06/2013

Clasificación	AN		Tiempo		ABSO	JUNI	
Final A							
1.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:20.16	19,00	-	-
	50m: 31.63 31.63	100m: 1:07.34	35.71 150m: 1:43.84	36.50	200m: 2:20.16	36.32	
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:20.40	16,00	-	-
	50m: 31.50 31.50	100m: 1:07.25	35.75 150m: 1:43.86	36.61	200m: 2:20.40	36.54	
3.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	2:30.12	14,00	-	-
	50m: 32.62 32.62	100m: 1:10.68	38.06 150m: 1:49.90	39.22	200m: 2:30.12	40.22	
4.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	2:33.35	13,00	-	-
	50m: 34.67 34.67	100m: 1:12.01	37.34 150m: 1:53.12	41.11	200m: 2:33.35	40.23	
5.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	2:39.12	12,00	-	-
	50m: 34.11 34.11	100m: 1:13.49	39.38 150m: 1:55.98	42.49	200m: 2:39.12	43.14	
6.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	2:41.28	11,00	-	-
	50m: 34.94 34.94	100m: 1:15.35	40.41 150m: 1:57.73	42.38	200m: 2:41.28	43.55	
7.	ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	2:46.52	-	-	-
	50m: 38.65 38.65	100m: 1:20.47	41.82 150m: 2:03.59	43.12	200m: 2:46.52	42.93	
DSQ	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO		10,00	-	-
	<i>Viraxe irregular</i>						
Final B							
9.	ROMANELLI LONGO, Lucia	06	A. D. FOGAR	2:45.70	-	-	-
	50m: 36.30 36.30	100m: 1:17.65	41.35 150m: 2:01.96	44.31	200m: 2:45.70	43.74	
10.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:45.88	-	-	-
	50m: 36.20 36.20	100m: 1:15.67	39.47 150m: 1:59.91	44.24	200m: 2:45.88	45.97	
Baja	OZORES CHOUZA, Lara	06	S. DEP. BOIRO		9,00	-	-

Prueba 28
08/07/2023 - 11:31

Fem., 200m Mariposa

Absoluto Femenino
Resultados Prelim

RG	2:14.57	OTERO FERNÁNDEZ PAULA	ARTEIXO	22/01/2022
RC	2:14.77	GÓMEZ CORTES, BEATRIZ	GALAICO	30/06/2013

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Femenino						
1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:24.66	- 19,00	A
	50m: 33.02 33.02	100m: 1:08.06	35.04 150m: 1:47.22	39.16	200m: 2:24.66	37.44
2.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	2:32.40	- 16,00	A
	50m: 33.50 33.50	100m: 1:11.36	37.86 150m: 1:51.52	40.16	200m: 2:32.40	40.88
3.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	2:38.63	- 14,00	A
	50m: 34.98 34.98	100m: 1:15.78	40.80 150m: 1:55.94	40.16	200m: 2:38.63	42.69
4.	ROMANELLI LONGO, Lucia	06	A. D. FOGAR	2:46.05	- 13,00	B
	50m: 36.35 36.35	100m: 1:17.81	41.46 150m: 2:01.52	43.71	200m: 2:46.05	44.53
5.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:46.32	- 12,00	B
	50m: 34.95 34.95	100m: 1:15.68	40.73 150m: 1:59.68	44.00	200m: 2:46.32	46.64
6.	OZORES CHOUZA, Lara	06	S. DEP. BOIRO	2:54.75	- -	B
	50m: 35.79 35.79	100m: 1:18.61	42.82 150m: 2:05.59	46.98	200m: 2:54.75	49.16

Absoluto Femenino

1.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:22.41	- -	A
	50m: 32.10 32.10	100m: 1:07.99	35.89 150m: 1:44.71	36.72	200m: 2:22.41	37.70
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:24.66	- 19,00	A
	50m: 33.02 33.02	100m: 1:08.06	35.04 150m: 1:47.22	39.16	200m: 2:24.66	37.44
3.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	2:32.40	- 16,00	A
	50m: 33.50 33.50	100m: 1:11.36	37.86 150m: 1:51.52	40.16	200m: 2:32.40	40.88
4.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	2:32.70	- -	A
	50m: 34.03 34.03	100m: 1:12.34	38.31 150m: 1:52.82	40.48	200m: 2:32.70	39.88
5.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	2:38.63	- 14,00	A
	50m: 34.98 34.98	100m: 1:15.78	40.80 150m: 1:55.94	40.16	200m: 2:38.63	42.69
6.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	2:42.95	- -	A
	50m: 35.83 35.83	100m: 1:17.29	41.46 150m: 2:00.54	43.25	200m: 2:42.95	42.41
7.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	2:43.66	- -	A
	50m: 35.13 35.13	100m: 1:15.90	40.77 150m: 1:59.65	43.75	200m: 2:43.66	44.01
8.	ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	2:43.93	- -	A
	50m: 36.97 36.97	100m: 1:17.60	40.63 150m: 2:00.07	42.47	200m: 2:43.93	43.86
9.	ROMANELLI LONGO, Lucia	06	A. D. FOGAR	2:46.05	- 13,00	B
	50m: 36.35 36.35	100m: 1:17.81	41.46 150m: 2:01.52	43.71	200m: 2:46.05	44.53
10.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:46.32	- 12,00	B
	50m: 34.95 34.95	100m: 1:15.68	40.73 150m: 1:59.68	44.00	200m: 2:46.32	46.64
11.	OZORES CHOUZA, Lara	06	S. DEP. BOIRO	2:54.75	- -	B
	50m: 35.79 35.79	100m: 1:18.61	42.82 150m: 2:05.59	46.98	200m: 2:54.75	49.16

Prueba 29
08/07/2023 - 19:45

Masc., 100m Libre

Absoluto Masculino
Resultados Final

RG	50.63	, CAMPOS VARELA, SERGIO	NCORUÑA	08/07/2017
RC	50.79	, GARCIA SOTO, MARCOS	CNFERRO	26/06/2015

Clasificación AN Tiempo ABSO JUNI

Final A

1.	BALSA VIGO, Javier	05	C. N. CORUÑA	53.30	19,00	-
	50m: 26.15 26.15 100m: 53.30		27.15			
2.	MOURE DOVAL, Jose	99	PABELLON OURENSE	53.80	16,00	-
	50m: 26.13 26.13 100m: 53.80		27.67			
3.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	53.84	14,00	-
	50m: 26.42 26.42 100m: 53.84		27.42			
4.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	53.95	13,00	-
	50m: 26.44 26.44 100m: 53.95		27.51			
5.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	54.07	12,00	-
	50m: 26.28 26.28 100m: 54.07		27.79			
6.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	54.19	11,00	-
	50m: 26.37 26.37 100m: 54.19		27.82			
7.	ARES BARRAL, Anton	00	C. N. PANAS	54.72	10,00	-
	50m: 26.81 26.81 100m: 54.72		27.91			

Baja NOVO LOPEZ, Brais 03 C. N. PORTAMIÑA 9,00 -

Final B

9.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	54.21	-	-
	50m: 25.96 25.96 100m: 54.21		28.25			
10.	GALAN VICENTE, Pablo	02	A. D. FOGAR	54.39	8,00	-
	50m: 26.28 26.28 100m: 54.39		28.11			
11.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	54.70	7,00	-
	50m: 26.82 26.82 100m: 54.70		27.88			
12.	BRAVO CONDE, Cristian	00	C. N. PANAS	56.52	6,00	-
	50m: 27.01 27.01 100m: 56.52		29.51			
13.	UCHA NIETO, Jacobo	97	C. N. GALAICO	56.72	5,00	-
	50m: 27.53 27.53 100m: 56.72		29.19			
14.	LOBELLE GONZALEZ, Ivan	89	C. FLUVIAL LUGO	57.42	4,00	-
	50m: 27.56 27.56 100m: 57.42		29.86			
15.	BURGO BEIRO, Marcos	00	C. FLUVIAL LUGO	59.87	-	-
	50m: 28.58 28.58 100m: 59.87		31.29			

Baja NAVARRO LOSADA, Sergi 07 C. N. FERROL 3,00 -

Prueba 29
08/07/2023 - 11:38

Masc., 100m Libre

Absoluto Masculino
Resultados Prelim

RG	50.63	, CAMPOS VARELA, SERGIO	NCORUÑA	08/07/2017
RC	50.79	, GARCIA SOTO, MARCOS	CNFERRO	26/06/2015

Clasificación		AN		Tiempo	ABSO	JUNI
Junior Masculino						
1.	BALSA VIGO, Javier	05	C. N. CORUÑA	53.63	- 19,00	A
	50m: 26.03 26.03	100m: 53.63	27.60			
2.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	54.08	- 16,00	A
	50m: 26.16 26.16	100m: 54.08	27.92			
3.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	54.36	- 14,00	B
	50m: 26.19 26.19	100m: 54.36	28.17			
4.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	56.16	- 13,00	
	50m: 26.98 26.98	100m: 56.16	29.18			
5.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	56.69	- 12,00	
	50m: 27.46 27.46	100m: 56.69	29.23			
6.	PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE	56.73	- 11,00	
	50m: 27.59 27.59	100m: 56.73	29.14			
7.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	57.20	- 10,00	
	50m: 27.78 27.78	100m: 57.20	29.42			
8.	MENDEZ GARCIA, Xoan	06	C. N. PORTAMIÑA	59.12	- 9,00	
	50m: 28.23 28.23	100m: 59.12	30.89			
9.	RODRÍGUEZ RODRÍGUEZ, Germán	05	C. N. FERROL	59.20	- 8,00	
	50m: 28.94 28.94	100m: 59.20	30.26			
10.	LOPEZ RODRIGUEZ, Hugo	06	C. N. MONFORTE	1:00.08	- 7,00	
	50m: 28.83 28.83	100m: 1:00.08	31.25			
11.	ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	1:00.55	- 6,00	
	50m: 29.07 29.07	100m: 1:00.55	31.48			
12.	PEREZ TEIJEIRA, Iago	06	C. N. XOVE	1:01.92	- 5,00	
	50m: 29.64 29.64	100m: 1:01.92	32.28			
13.	ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	1:02.11	-	-
	50m: 30.16 30.16	100m: 1:02.11	31.95			
14.	MERA TATO, Hugo	06	C. N. ARZUA	1:02.44	-	-
	50m: 30.22 30.22	100m: 1:02.44	32.22			

Absoluto Masculino

1.	BALSA VIGO, Javier	05	C. N. CORUÑA	53.63	- 19,00	A
	50m: 26.03 26.03	100m: 53.63	27.60			
2.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	53.90	-	- A
	50m: 26.24 26.24	100m: 53.90	27.66			
3.	MOURE DOVAL, Jose	99	PABELLON OURENSE	54.00	-	- A
	50m: 26.16 26.16	100m: 54.00	27.84			
4.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	54.08	- 16,00	A
	50m: 26.16 26.16	100m: 54.08	27.92			

Prueba 29, Masc., 100m Libre, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
5.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	54.17	-	- A
	50m: 26.50 26.50	100m: 54.17	27.67			
6.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	54.25	-	- A
	50m: 26.51 26.51	100m: 54.25	27.74			
7.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	54.28	-	- A
	50m: 26.40 26.40	100m: 54.28	27.88			
8.	ARES BARRAL, Anton	00	C. N. PANAS	54.34	-	- A
	50m: 26.09 26.09	100m: 54.34	28.25			
9.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	54.36	-	14,00 B
	50m: 26.19 26.19	100m: 54.36	28.17			
10.	GALAN VICENTE, Pablo	02	A. D. FOGAR	54.88	-	- B
	50m: 26.78 26.78	100m: 54.88	28.10			
11.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	55.06	-	- B
	50m: 26.77 26.77	100m: 55.06	28.29			
12.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	55.28	-	- B
	50m: 26.79 26.79	100m: 55.28	28.49			
13.	BURGO BEIRO, Marcos	00	C. FLUVIAL LUGO	55.88	-	- B
	50m: 27.83 27.83	100m: 55.88	28.05			
14.	LOBELLE GONZALEZ, Ivan	89	C. FLUVIAL LUGO	55.98	-	- B
	50m: 26.74 26.74	100m: 55.98	29.24			
15.	UCHA NIETO, Jacobo	97	C. N. GALAICO	56.02	-	- B
	50m: 27.22 27.22	100m: 56.02	28.80			
16.	BRAVO CONDE, Cristian	00	C. N. PANAS	56.14	-	- B
	50m: 27.18 27.18	100m: 56.14	28.96			
17.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	56.16	2,00	-
	50m: 26.78 26.78	100m: 56.16	29.38			
	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	56.16	-	13,00
	50m: 26.98 26.98	100m: 56.16	29.18			
19.	JUNCAL MOREIRA, Pablo	01	C. N. GALAICO	56.19	1,00	-
	50m: 26.84 26.84	100m: 56.19	29.35			
20.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	56.56	-	-
	50m: 27.32 27.32	100m: 56.56	29.24			
21.	TABEIRA OLASCOAGA, Tadeo	07	C. N. FERROL	56.62	-	-
	50m: 27.87 27.87	100m: 56.62	28.75			
22.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	56.69	-	12,00
	50m: 27.46 27.46	100m: 56.69	29.23			
23.	PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE	56.73	-	11,00
	50m: 27.59 27.59	100m: 56.73	29.14			
24.	RODRIGUEZ QUINTAS, Igor	04	PABELLON OURENSE	57.00	-	-
	50m: 27.31 27.31	100m: 57.00	29.69			
25.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	57.20	-	10,00
	50m: 27.78 27.78	100m: 57.20	29.42			
26.	RIVAS TORRES, Paulo	08	A. D. FOGAR	57.21	-	-
	50m: 27.40 27.40	100m: 57.21	29.81			

Prueba 29, Masc., 100m Libre, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
27.	BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	57.35	-	-
	50m: 26.50 26.50 100m: 57.35 30.85					
28.	PINO LORENZO, Brais	01	C. N. PONTEAREAS	57.48	-	-
	50m: 26.91 26.91 100m: 57.48 30.57					
29.	PAZOS IGLESIAS, André	07	RCN VIGO	57.56	-	-
	50m: 27.36 27.36 100m: 57.56 30.20					
30.	PEREZ GARCIA, Iker	07	C. N. GALAICO	57.59	-	-
	50m: 28.18 28.18 100m: 57.59 29.41					
31.	RODA MARQUEZ, Joao Victor	07	C. N. CULLEREDO	57.64	-	-
	50m: 27.69 27.69 100m: 57.64 29.95					
32.	MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	57.79	-	-
	50m: 28.11 28.11 100m: 57.79 29.68					
33.	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	57.80	-	-
	50m: 27.83 27.83 100m: 57.80 29.97					
34.	INFESTAS CARAZO, Samuel	03	RCN VIGO	57.83	-	-
	50m: 27.96 27.96 100m: 57.83 29.87					
35.	GARCÍA AFONSO, Alexis	07	C. N. FERROL	57.89	-	-
	50m: 28.01 28.01 100m: 57.89 29.88					
36.	RODRIGUEZ VIEITEZ, Hugo	08	VIGO RIAS BAIXAS	57.98	-	-
	50m: 28.10 28.10 100m: 57.98 29.88					
37.	GUTIERREZ MARIÑO, Santiago	02	PABELLON OURENSE	58.06	-	-
	50m: 28.19 28.19 100m: 58.06 29.87					
38.	CANCELA GOMEZ, Hugo	03	C. N. PONTEAREAS	58.54	-	-
	50m: 28.42 28.42 100m: 58.54 30.12					
39.	MEIJIDE GIADAS, Diego	00	CIDADE SANTIAGO	58.74	-	-
	50m: 27.86 27.86 100m: 58.74 30.88					
40.	MENDEZ GARCIA, Xoan	06	C. N. PORTAMIÑA	59.12	-	9,00
	50m: 28.23 28.23 100m: 59.12 30.89					
41.	RODRÍGUEZ RODRÍGUEZ, Germán	05	C. N. FERROL	59.20	-	8,00
	50m: 28.94 28.94 100m: 59.20 30.26					
42.	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	59.54	-	-
	50m: 28.19 28.19 100m: 59.54 31.35					
43.	LOPEZ RODRIGUEZ, Hugo	06	C. N. MONFORTE	1:00.08	-	7,00
	50m: 28.83 28.83 100m: 1:00.08 31.25					
44.	ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	1:00.55	-	6,00
	50m: 29.07 29.07 100m: 1:00.55 31.48					
45.	PEREZ TEIJEIRA, Iago	06	C. N. XOVE	1:01.92	-	5,00
	50m: 29.64 29.64 100m: 1:01.92 32.28					
46.	ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	1:02.11	-	-
	50m: 30.16 30.16 100m: 1:02.11 31.95					
47.	MERA TATO, Hugo	06	C. N. ARZUA	1:02.44	-	-
	50m: 30.22 30.22 100m: 1:02.44 32.22					
48.	PONTON RODRIGUEZ, Juan	02	C. N. MONFORTE	1:10.43	-	-
	50m: 31.76 31.76 100m: 1:10.43 38.67					

Prueba 30
08/07/2023 - 19:35

Fem., 200m Libre

Absoluto Femenino
Resultados Final

RG	2:00.13	, GOMEZ CORTES, BEATRIZ	GALAICO	18/07/2014
RC	2:04.04	, GÓMEZ MESÍAS, ALBA	ARTEIXO	06/07/2019

Clasificación			AN			Tempo	ABSO	JUNI		
Final A										
1.	GÓMEZ MESÍAS, Alba		00	C. N. ARTEIXO		2:06.09	19,00	-		
	50m:	30.05 30.05	100m:	1:02.30	32.25	150m:	1:34.46	32.16	200m:	2:06.09 31.63
2.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA		2:07.97	16,00	-		
	50m:	30.93 30.93	100m:	1:03.16	32.23	150m:	1:35.64	32.48	200m:	2:07.97 32.33
3.	DE VALDES ALVAREZ, Maria		98	C. N. LICEO		2:08.10	14,00	-		
	50m:	30.45 30.45	100m:	1:02.51	32.06	150m:	1:35.45	32.94	200m:	2:08.10 32.65
4.	FEIJOO GOMEZ, Eva		04	PABELLON OURENSE		2:08.46	13,00	-		
	50m:	30.97 30.97	100m:	1:03.77	32.80	150m:	1:36.17	32.40	200m:	2:08.46 32.29
5.	GARCIA SILVA, Antia		98	C. N. GALAICO		2:11.40	12,00	-		
	50m:	30.76 30.76	100m:	1:03.88	33.12	150m:	1:36.98	33.10	200m:	2:11.40 34.42
6.	ALVAREZ PAZOS, Maria		07	VIGO RIAS BAIXAS		2:12.08	11,00	-		
	50m:	31.45 31.45	100m:	1:04.99	33.54	150m:	1:38.35	33.36	200m:	2:12.08 33.73
7.	CAMBA PRADA, Alexia		05	PABELLON OURENSE		2:13.08	10,00	-		
	50m:	31.24 31.24	100m:	1:05.19	33.95	150m:	1:39.41	34.22	200m:	2:13.08 33.67
8.	BARROS DA SILVA, Sofia		09	C. N. GALAICO		2:13.10	9,00	-		
	50m:	31.70 31.70	100m:	1:05.14	33.44	150m:	1:39.48	34.34	200m:	2:13.10 33.62
Final B										
9.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		2:13.01	8,00	-		
	50m:	30.84 30.84	100m:	1:03.57	32.73	150m:	1:38.23	34.66	200m:	2:13.01 34.78
10.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO		2:15.63	7,00	-		
	50m:	31.85 31.85	100m:	1:05.98	34.13	150m:	1:40.90	34.92	200m:	2:15.63 34.73
11.	BUSTO LOPEZ, Ana		04	C. FLUVIAL LUGO		2:17.05	6,00	-		
	50m:	31.92 31.92	100m:	1:06.52	34.60	150m:	1:42.15	35.63	200m:	2:17.05 34.90
12.	PARDO CHAS, Eva		04	C. N. FERROL		2:17.40	5,00	-		
	50m:	32.01 32.01	100m:	1:06.49	34.48	150m:	1:42.13	35.64	200m:	2:17.40 35.27
13.	LOPEZ-FREIRE FRANCIA, Carmen		07	C. N. PORTAMIÑA		2:17.64	4,00	-		
	50m:	31.48 31.48	100m:	1:05.94	34.46	150m:	1:41.53	35.59	200m:	2:17.64 36.11
14.	HERNAEZ GONZALEZ, Paula		08	C. N. CULLEREDO		2:17.75	3,00	-		
	50m:	31.64 31.64	100m:	1:06.13	34.49	150m:	1:41.97	35.84	200m:	2:17.75 35.78
15.	FERNANDEZ AGUION, Sara		07	C. N. CORUÑA		2:20.37	2,00	-		
	50m:	32.23 32.23	100m:	1:06.91	34.68	150m:	1:43.43	36.52	200m:	2:20.37 36.94
16.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO		2:21.26	1,00	-		
	50m:	32.83 32.83	100m:	1:08.17	35.34	150m:	1:44.65	36.48	200m:	2:21.26 36.61

Prueba 30
08/07/2023 - 11:52

Fem., 200m Libre

Absoluto Femenino
Resultados Prelim

RG	2:00.13	, GOMEZ CORTES, BEATRIZ	GALAICO	18/07/2014
RC	2:04.04	, GÓMEZ MESÍAS, ALBA	ARTEIXO	06/07/2019

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Femenino						
1.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:11.91	- 19,00	A
	50m: 30.81 30.81	100m: 1:03.95	33.14 150m: 1:38.02	34.07	200m: 2:11.91	33.89
2.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	2:18.32	- 16,00	B
	50m: 31.84 31.84	100m: 1:06.57	34.73 150m: 1:41.84	35.27	200m: 2:18.32	36.48
3.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	2:20.12	- 14,00	B
	50m: 31.94 31.94	100m: 1:06.64	34.70 150m: 1:43.16	36.52	200m: 2:20.12	36.96
4.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	2:20.49	- 13,00	B
	50m: 33.20 33.20	100m: 1:08.55	35.35 150m: 1:45.03	36.48	200m: 2:20.49	35.46
5.	GROBA COMESAÑA, Noa	06	RCN VIGO	2:21.86	- 12,00	
	50m: 32.95 32.95	100m: 1:08.80	35.85 150m: 1:45.17	36.37	200m: 2:21.86	36.69
6.	BUJAN ROUCO, Enma	07	C. N. XOVE	2:22.39	- 11,00	
	50m: 32.73 32.73	100m: 1:08.74	36.01 150m: 1:45.69	36.95	200m: 2:22.39	36.70
7.	TOUCEDA LOURIDO, Laura	07	C. N. VILAGARCIA	2:22.65	- 10,00	
	50m: 32.66 32.66	100m: 1:08.35	35.69 150m: 1:45.45	37.10	200m: 2:22.65	37.20
8.	COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	2:23.07	- 9,00	
	50m: 33.58 33.58	100m: 1:09.83	36.25 150m: 1:46.44	36.61	200m: 2:23.07	36.63
9.	JIMÉNEZ EZQUERRA, Ana María	07	C. N. FERROL	2:24.13	- 8,00	
	50m: 33.43 33.43	100m: 1:10.36	36.93 150m: 1:48.09	37.73	200m: 2:24.13	36.04
10.	FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	2:25.01	- 7,00	
	50m: 34.44 34.44	100m: 1:11.64	37.20 150m: 1:48.75	37.11	200m: 2:25.01	36.26
11.	CARRASCO DE CASTRO, Ana	07	C. MARINA FERROL	2:25.35	- 6,00	
	50m: 33.73 33.73	100m: 1:11.01	37.28 150m: 1:48.79	37.78	200m: 2:25.35	36.56
12.	TEIJEIRO SABORIDO, Cayetana	06	VIGO RIAS BAIXAS	2:25.64	- -	
	50m: 35.21 35.21	100m: 1:11.65	36.44 150m: 1:49.00	37.35	200m: 2:25.64	36.64
13.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	2:28.23	- -	
	50m: 34.58 34.58	100m: 1:11.73	37.15 150m: 1:49.99	38.26	200m: 2:28.23	38.24
14.	SANCHEZ JUANE, Maica	07	PABELLON OURENSE	2:31.11	- -	
	50m: 35.13 35.13	100m: 1:12.86	37.73 150m: 1:52.04	39.18	200m: 2:31.11	39.07
Baja	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS		- -	

Absoluto Femenino

1.	DE VALDES ALVAREZ, Maria	98	C. N. LICEO	2:08.36	- -	A
	50m: 30.65 30.65	100m: 1:02.79	32.14 150m: 1:35.90	33.11	200m: 2:08.36	32.46
2.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	2:08.44	- -	A
	50m: 31.11 31.11	100m: 1:03.13	32.02 150m: 1:36.11	32.98	200m: 2:08.44	32.33
3.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:10.00	- -	A
	50m: 29.90 29.90	100m: 1:02.07	32.17 150m: 1:36.02	33.95	200m: 2:10.00	33.98
4.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	2:10.40	- -	A
	50m: 30.39 30.39	100m: 1:03.38	32.99 150m: 1:36.51	33.13	200m: 2:10.40	33.89

Prueba 30, Fem., 200m Libre, Prelim, Absoluto Femenino

Clasificación			AN			Tiempo	ABSO	JUNI		
5.	GARCIA SILVA, Antia		98	C. N. GALAICO		2:11.53	-	-	A	
	50m:	31.07 31.07	100m:	1:03.48 32.41	150m:	1:36.94 33.46	200m:	2:11.53	34.59	
6.	ALVAREZ PAZOS, Maria		07	VIGO RIAS BAIXAS		2:11.91	-	19,00	A	
	50m:	30.81 30.81	100m:	1:03.95 33.14	150m:	1:38.02 34.07	200m:	2:11.91	33.89	
7.	BARROS DA SILVA, Sofia		09	C. N. GALAICO		2:13.87	-	-	A	
	50m:	30.92 30.92	100m:	1:04.53 33.61	150m:	1:39.27 34.74	200m:	2:13.87	34.60	
8.	CAMBA PRADA, Alexia		05	PABELLON OURENSE		2:14.02	-	-	A	
	50m:	30.92 30.92	100m:	1:04.55 33.63	150m:	1:39.79 35.24	200m:	2:14.02	34.23	
9.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		2:15.53	-	-	B	
	50m:	31.76 31.76	100m:	1:05.40 33.64	150m:	1:40.53 35.13	200m:	2:15.53	35.00	
10.	PARDO CHAS, Eva		04	C. N. FERROL		2:16.51	-	-	B	
	50m:	31.82 31.82	100m:	1:06.01 34.19	150m:	1:41.46 35.45	200m:	2:16.51	35.05	
11.	HERNAEZ GONZALEZ, Paula		08	C. N. CULLEREDO		2:17.22	-	-	B	
	50m:	31.47 31.47	100m:	1:05.98 34.51	150m:	1:41.78 35.80	200m:	2:17.22	35.44	
12.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO		2:18.28	-	-	B	
	50m:	31.60 31.60	100m:	1:05.49 33.89	150m:	1:41.91 36.42	200m:	2:18.28	36.37	
13.	LOPEZ-FREIRE FRANCIA, Carmen		07	C. N. PORTAMIÑA		2:18.32	-	16,00	B	
	50m:	31.84 31.84	100m:	1:06.57 34.73	150m:	1:41.84 35.27	200m:	2:18.32	36.48	
14.	BUSTO LOPEZ, Ana		04	C. FLUVIAL LUGO		2:18.51	-	-	B	
	50m:	31.94 31.94	100m:	1:06.72 34.78	150m:	1:42.71 35.99	200m:	2:18.51	35.80	
15.	FERNANDEZ AGUION, Sara		07	C. N. CORUÑA		2:20.12	-	14,00	B	
	50m:	31.94 31.94	100m:	1:06.64 34.70	150m:	1:43.16 36.52	200m:	2:20.12	36.96	
16.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO		2:20.49	-	13,00	B	
	50m:	33.20 33.20	100m:	1:08.55 35.35	150m:	1:45.03 36.48	200m:	2:20.49	35.46	
17.	ROCHA GONZALEZ, Gisele		09	C. N. GALAICO		2:20.77	-	-		
	50m:	33.05 33.05	100m:	1:08.82 35.77	150m:	1:44.93 36.11	200m:	2:20.77	35.84	
18.	CONS GESTIDO, Henar Diana		02	RCN VIGO		2:20.92	-	-		
	50m:	32.26 32.26	100m:	1:07.43 35.17	150m:	1:44.37 36.94	200m:	2:20.92	36.55	
19.	LADRA CAMPO, Martina		08	C. FLUVIAL LUGO		2:21.42	-	-		
	50m:	32.53 32.53	100m:	1:08.75 36.22	150m:	1:46.18 37.43	200m:	2:21.42	35.24	
20.	GROBA COMESAÑA, Noa		06	RCN VIGO		2:21.86	-	12,00		
	50m:	32.95 32.95	100m:	1:08.80 35.85	150m:	1:45.17 36.37	200m:	2:21.86	36.69	
21.	BUJAN ROUCO, Enma		07	C. N. XOVE		2:22.39	-	11,00		
	50m:	32.73 32.73	100m:	1:08.74 36.01	150m:	1:45.69 36.95	200m:	2:22.39	36.70	
22.	FREIJE TORNEIRO, Aroa		98	C. N. PORTAMIÑA		2:22.53	-	-		
	50m:	32.10 32.10	100m:	1:07.98 35.88	150m:	1:45.10 37.12	200m:	2:22.53	37.43	
23.	TOUCEDA LOURIDO, Laura		07	C. N. VILAGARCIA		2:22.65	-	10,00		
	50m:	32.66 32.66	100m:	1:08.35 35.69	150m:	1:45.45 37.10	200m:	2:22.65	37.20	
24.	COUCEIRO BARREIRO, Marta		07	SPORTING CASINO		2:23.07	-	9,00		
	50m:	33.58 33.58	100m:	1:09.83 36.25	150m:	1:46.44 36.61	200m:	2:23.07	36.63	
25.	JIMÉNEZ EZQUERRA, Ana María		07	C. N. FERROL		2:24.13	-	8,00		
	50m:	33.43 33.43	100m:	1:10.36 36.93	150m:	1:48.09 37.73	200m:	2:24.13	36.04	
26.	REY CONESA, Carolina		04	C. N. FERROL		2:24.74	-	-		
	50m:	32.50 32.50	100m:	1:09.12 36.62	150m:	1:46.83 37.71	200m:	2:24.74	37.91	

Prueba 30, Fem., 200m Libre, Prelim, Absoluto Femenino

Clasificación	AN	Tiempo	ABSO	JUNI
27. SEOANE BAHILLO, Sara	00 RCN VIGO	2:24.94	-	-
50m: 33.05 33.05	100m: 1:09.96 36.91	150m: 1:47.90 37.94	200m: 2:24.94	37.04
28. FERNANDEZ GRATEROL, Sofia Antia	07 PABELLON OURENSE	2:25.01	-	7,00
50m: 34.44 34.44	100m: 1:11.64 37.20	150m: 1:48.75 37.11	200m: 2:25.01	36.26
29. CARRASCO DE CASTRO, Ana	07 C. MARINA FERROL	2:25.35	-	6,00
50m: 33.73 33.73	100m: 1:11.01 37.28	150m: 1:48.79 37.78	200m: 2:25.35	36.56
30. TEIJEIRO SABORIDO, Cayetana	06 VIGO RIAS BAIXAS	2:25.64	-	-
50m: 35.21 35.21	100m: 1:11.65 36.44	150m: 1:49.00 37.35	200m: 2:25.64	36.64
31. SAAVEDRA BUIDE, Paula	07 C. N. PORTAMIÑA	2:28.23	-	-
50m: 34.58 34.58	100m: 1:11.73 37.15	150m: 1:49.99 38.26	200m: 2:28.23	38.24
32. SANCHEZ JUANE, Maica	07 PABELLON OURENSE	2:31.11	-	-
50m: 35.13 35.13	100m: 1:12.86 37.73	150m: 1:52.04 39.18	200m: 2:31.11	39.07
Baja CARBALLO GONZALEZ, Sofia	06 C. N. PONTEAREAS		-	-



Prueba 31
08/07/2023 - 12:35

Masc., 4 x 200m Libre

Junior Masculino
Resultados

RG	7:49.53	POURENSE	POURENSE	05/08/2005
RC	7:49.61	CNLICEO	CNLICEO	06/07/2019

Clasificación

				Tempo	ABSO	JUNI	
1.	PABELLON OURENSE 1		PABELLON OURENSE	8:23.41	-	38,00	
	PAZ RODRIGUEZ, Aritz	06	29.03	31.24	32.23	32.05	2:04.55
	ESTEVEZ CRESPO, Hugo	06	28.93	31.82	33.00	31.22	2:04.97
	RODRIGUEZ DEL RIO, Miguel	06	29.27	32.61	33.93	32.86	2:08.67
	QUIROGA RAMOS, Yago	05	27.93	30.99	33.86	32.44	2:05.22
2.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	8:30.33	-	32,00	
	DIAZ- BECERRA LOPEZ, Anton	05	28.46	30.55	32.08	32.54	2:03.63
	FRAGA SAL, Alexandre	06	28.57	32.33	33.14	32.73	2:06.77
	MENDEZ GARCIA, Xoan	06	29.44	32.75	33.31	31.72	2:07.22
	DEVESA LOPEZ, Jonathan	06	29.44	33.39	34.78	35.10	2:12.71



Prueba 32
08/07/2023 - 12:50

Fem., 4 x 100m Libre

Junior Femenino
Resultados

RG	3:54.86	GALAICO		GALAICO	08/07/2017
RC	3:54.86	GALAICO		GALAICO	08/07/2017

Clasificación

					Tiempo	ABSO	JUNI	
1.	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA	4:13.68	-	38,00	
	MOURENZA ROCHA, Ines	07	29.42	1:01.27	MOURENZA ROCHA, Sofia	07	29.63	1:01.02
	LOPEZ-FREIRE FRANCIA, Carmen	07	30.66	1:03.70	SAAVEDRA BUIDE, Paula	07	32.63	1:07.69
2.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	4:14.09	-	32,00	
	GIRALDEZ MARTINEZ, Nerea	07	31.38	1:07.03	TEIJEIRO SABORIDO, Cayetana	06	31.00	1:05.95
	BLANCO ROUCO, Carmen	06	29.77	1:02.26	ALVAREZ PAZOS, Maria	07	28.70	58.85
3.	C. N. ARTEIXO 1			C. N. ARTEIXO	4:21.88	-	28,00	
	SÁNCHEZ BELLO, Eva	07	30.07	1:02.52	CARBALLIDO NAYA, Claudia	07	32.43	1:08.74
	SUAREZ DOSIL, Claudia	07	31.06	1:04.47	GARCÍA NAYA, Irene	06	31.54	1:06.15
4.	A. D. FOGAR 1			A. D. FOGAR	4:25.79	-	26,00	
	BOTANA PEDREIRA, Lola	06	31.60	1:05.63	PEDREIRA GALEGO, Xiana	06	31.26	1:07.12
	JIMENEZ COPPA, Carla M.	06	30.43	1:06.01	REY PITA, Clara	07	31.85	1:07.03
5.	S. DEP. BOIRO 1			S. DEP. BOIRO	4:35.00	-	24,00	
	VILARNOVO SUÁREZ, Noelia	06	31.92	1:07.10	RAMOS MÍGUEZ, Leyre	06	33.06	1:09.58
	PÉREZ LORENZO, Celia	07	31.76	1:08.05	OZORES CHOUZA, Lara	06	33.00	1:10.27
6.	C. MARINA FERROL 1			C. MARINA FERROL	4:36.23	-	22,00	
	BALADO PENA, Celtia	07	30.83	1:04.94	LOPEZ RODRIGUEZ, Carla	06	34.34	1:15.86
	CHUBB PEREIRA, Emma	07	32.15	1:07.56	CARRASCO DE CASTRO, Ana	07	32.38	1:07.87
Baja	C. N. GALAICO 1			C. N. GALAICO		-	-	
Baja	C. N. PONTEAREAS 1			C. N. PONTEAREAS		-	-	

Prueba 33
08/07/2023 - 17:30

Fem., 4 x 50m Libre

Absoluto Femenino
Resultados

RG	1:48.74	GALAICO	GALAICO	21/07/2009
RC	1:49.05	GALAICO	GALAICO	27/06/2009

Clasificación			Tiempo	ABSO	JUNI	
1.	C. N. PONTEAREAS 1		C. N. PONTEAREAS 1:50.95	38,00	-	
	FARO MARTINEZ, Carla	03	28.63	BORGE JUSTE, Ines	06	28.47
	CARRON MUIÑA, Carla	05	26.69	LEMONS FERNANDEZ, Iria	06	27.16
2.	RCN VIGO 1		RCN VIGO 1:53.05	32,00	-	
	RODRÍGUEZ ALONSO, Julia	05	28.31	CONS GESTIDO, Victoria Anna	05	28.32
	SOLER LOMBA, Rosalía	00	28.74	CONS GESTIDO, Henar Diana	02	27.68
3.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA 1:53.48	28,00	-	
	LOPEZ-FREIRE FRANCIA, Carmen	07	29.55	CANDO SANTOS, Raquel	03	28.42
	MOURENZA ROCHA, Sofia	07	28.25	MOURENZA ROCHA, Ines	07	27.26
4.	C. N. GALAICO 1		C. N. GALAICO 1:53.51	26,00	-	
	GARCIA SILVA, Antia	98	27.50	BOUZAS PEDREIRA, Alicia	05	28.54
	FERNANDEZ PRIETO, Nayara	05	29.12	BARROS DA SILVA, Sofia	09	28.35
5.	C. N. ARTEIXO 1		C. N. ARTEIXO 1:53.55	24,00	-	
	GÓMEZ MESÍAS, Alba	00	27.60	SÁNCHEZ BELLO, Eva	07	28.39
	VEIGA SOUTO, Ana	98	28.50	IGLESIAS MUIÑO, Nerea	03	29.06
6.	C. N. FERROL 1		C. N. FERROL 1:55.54	22,00	-	
	VILLARNOVO PAZOS, Lucia	08	29.17	CHANS FANEGO, Paula	03	29.43
	PARDO CHAS, Eva	04	28.95	LOPEZ SANMARTIN, Nerea	96	27.99
7.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS 1:55.64	20,00	-	
	BLANCO ROUCO, Carmen	06	29.75	RODRIGUEZ RODRIGUEZ, Nina	02	28.50
	GONZALEZ GONZALEZ, Iara	09	29.55	ALVAREZ PAZOS, Maria	07	27.84
8.	PABELLON OURENSE 1		PABELLON OURENSE 1:55.91	18,00	-	
	FEIJOO GOMEZ, Eva	04	27.38	BABARRO LOPEZ, Maria	08	29.68
	CAMBA PRADA, Alexia	05	27.82	MENDEZ BERNARDEZ, Arianna	04	31.03
9.	A. D. FOGAR 1		A. D. FOGAR 1:56.56	16,00	-	
	JIMENEZ COPPA, Carla M.	06	29.54	BOTANA PEDREIRA, Lola	06	29.86
	MOURELLE PENA, Carla	08	29.52	SUAREZ KITAHORI, Nana S.	05	27.64
10.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO 1:57.38	14,00	-	
	BUSTO LOPEZ, Ana	04	29.92	LADRA CAMPO, Martina	08	30.43
	CERNADAS GONZALEZ, Ana	04	27.17	PARDO PIÑEIRO, Maria	06	29.86
11.	C. N. MOS 1		C. N. MOS 1:58.90	12,00	-	
	SALGUEIRIÑO ÁLVAREZ, Noa	08	30.27	HERMIDA ALONSO, Antia	08	29.65
	PEREIRO RODRIGUEZ, Carolina	08	30.42	MARTINEZ OTERO, Eva	08	28.56
12.	C. MARINA FERROL 1		C. MARINA FERROL 2:00.41	10,00	-	
	BALADO PENA, Celtia	07	28.70	CHUBB PEREIRA, Emma	07	30.69
	ANEIROS DOPICO, Laura	00	29.77	CARRASCO DE CASTRO, Ana	07	31.25
13.	S. DEP. BOIRO 1		S. DEP. BOIRO 2:00.77	8,00	-	
	OVIÑA PICOS, Nadiuska	10	28.50	VILARNOVO SUÁREZ, Noelia	06	30.22
	SÁNCHEZ TOJA, Candela	08	29.51	GONZÁLEZ OJEA, Carmen	06	32.54
14.	SPORTING CASINO 1		SPORTING CASINO 2:01.94	6,00	-	
	CABANAS DEL RIO, Carla	09	31.16	GIL GARNACHO, Carlota	09	29.46
	COUCEIRO BARREIRO, Marta	07	30.09	NISTAL PALACIOS, Mariña	07	31.23

Prueba 34
08/07/2023 - 17:40

Masc., 4 x 50m Libre

Absoluto Masculino
Resultados

RG	1:34.98	CNFERRO	CNFERRO	21/07/2009
RC	1:36.20	NCORUÑA	NCORUÑA	27/06/2009

Clasificación			Tiempo	ABSO	JUNI	
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA 1:36.36	38,00	-	
	NOVO LOPEZ, Brais 03	24.25	VAZQUEZ LOPEZ, Martin 03			23.22
	RODRIGUEZ SANCOSMED, Pablo 03	23.97	DIAZ- BECERRA LOPEZ, Anton 05			24.92
2.	C. N. PANAS 1		C. N. PANAS 1:36.95	32,00	-	
	ARES BARRAL, Anton 00	24.24	CARREIRA POSADA, Jorge 00			24.69
	SIMON COTELO, Manuel 01	24.45	BRAVO CONDE, Cristian 00			23.57
3.	PABELLON OURENSE 1		PABELLON OURENSE 1:37.30	28,00	-	
	MOURE DOVAL, Jose 99	24.99	QUIROGA RAMOS, Yago 05			24.26
	CIVEIRA CORRAL, Raul 02	24.08	CIVEIRA CORRAL, Samuel 02			23.97
4.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO 1:39.10	26,00	-	
	MARTINEZ SUAREZ, Diego 99	25.44	TEJEIRO PRADO, Xoel 06			25.04
	LOBELLE GONZALEZ, Ivan 89	24.54	ALVAREZ FERNANDEZ, Borja 96			24.08
5.	C. N. GALAICO 1		C. N. GALAICO 1:40.90	23,00	-	
	JUNCAL MOREIRA, Pablo 01	25.82	PEREZ GARCIA, Iker 07			25.22
	UCHA NIETO, Jacobo 97	24.89	BOUZAS PEDREIRA, Tomas 98			24.97
	C. N. PONTEAREAS 1		C. N. PONTEAREAS 1:40.90	23,00	-	
	RODRIGUEZ DOMINGUEZ, Fco. Jav04	25.43	PINO LORENZO, Brais 01			25.01
	CABANA DEL AMO, Pablo 04	25.14	COSTA FERNANDEZ, Lucas 98			25.32
7.	C. N. FERROL 1		C. N. FERROL 1:41.23	20,00	-	
	SEIJO BERMUDEZ, Daniel 04	24.71	LOSADA JIMÉNEZ, Sergio 04			25.37
	TABEIRA OLASCOAGA, Tadeo 07	25.56	GARCÍA AFONSO, Alexis 07			25.59
8.	C. N. MONFORTE 1		C. N. MONFORTE 1:41.25	18,00	-	
	ARIAS FRANCO, Odei 06	26.18	PONTON RODRIGUEZ, Juan 02			25.45
	PONTON RODRIGUEZ, Javier 05	24.02	CONDE VARELA, David 05			25.60
9.	A. D. FOGAR 1		A. D. FOGAR 1:41.32	16,00	-	
	GALAN VICENTE, Pablo 02	24.80	SOUTO RAMOS, Manuel 07			26.05
	GUITIAN LOPEZ, Xabier 05	25.37	RIVAS TORRES, Paulo 08			25.10
10.	C. N. ARTEIXO 1		C. N. ARTEIXO 1:41.77	14,00	-	
	DEL RIO REGUEIRA, Marcos 93	26.25	GÓMEZ MESÍAS, Miguel Ángel 03			25.13
	DEL RIO REGUEIRA, Ruben 93	25.79	RUIBAL CABALLERO, Manuel Fco.03			24.60
11.	RCN VIGO 1		RCN VIGO 1:42.97	12,00	-	
	PEREZ TIERRA, Ismael 02	25.84	CIDRÁS PÉREZ, Fabián 05			26.03
	INFESTAS CARAZO, Samuel 03	25.93	PAZOS IGLESIAS, André 07			25.17
12.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS 1:43.39	10,00	-	
	PIÑEIRO RODRIGUEZ, Samuel 07	26.37	RODRIGUEZ VIEITEZ, Hugo 08			25.35
	PASTORIZA SANTA CLARA, Jorge97	26.58	MENDEZ PUGA, Mario 03			25.09
13.	S. DEP. BOIRO 1		S. DEP. BOIRO 1:43.83	8,00	-	
	PÉREZ LORENZO, Manuel 05	25.03	BRIÓN SAMPEDRO, Carlos 97			26.23
	SANLÉS DIESTE, Hugo 04	24.69	ABELLEIRA GÓMEZ, Miguel A. 06			27.88
14.	C. N. CORUÑA 1		C. N. CORUÑA 1:44.16	6,00	-	
	VIÑA ESMORÍS, Martín 06	26.31	GOMEZ LIMIA, Pablo 06			26.57
	CUMMINGS CANDAL, James 05	26.82	BALSA VIGO, Javier 05			24.46
15.	CIDADE SANTIAGO 1		CIDADE SANTIAGO 1:46.44	4,00	-	
	SUAREZ RIPOLL, Xian 03	26.71	ORECHIA, Agustín 06			26.21
	MEIJIDE GIADAS, Diego 00	26.56	REY MUNIN, Tomas 06			26.96

Prueba 35
08/07/2023 - 20:15

Fem., 4 x 100m Libre

Absoluto Femenino
Resultados

RG	3:54.86	GALAICO		GALAICO		08/07/2017
RC	3:54.86	GALAICO		GALAICO		08/07/2017

Clasificación

Tiempo ABSO JUNI

Clasificación	Equipo	Tiempo	ABSO	JUNI	
1.	C. N. PONTEAREAS 1 FARO MARTINEZ, Carla CARRON MUIÑA, Carla	03 29.80 05 27.85	1:01.61 57.81	C. N. PONTEAREAS 4:02.34 38,00 BORGE JUSTE, Ines LEMONS FERNANDEZ, Iria	- 06 29.70 1:02.79 06 28.81 1:00.13
2.	C. N. GALAICO 1 BARROS DA SILVA, Sofia ROCHA GONZALEZ, Gisele	09 30.27 09 31.02	1:02.66 1:05.39	C. N. GALAICO 4:07.73 32,00 BOUZAS PEDREIRA, Alicia GARCIA SILVA, Antia	- 05 29.55 1:01.61 98 27.45 58.07
3.	RCN VIGO 1 MARTÍNEZ NOVOA, Ángela SOLER LOMBA, Rosalía	04 30.04 00 30.68	1:03.04 1:02.68	RCN VIGO 4:07.83 28,00 RODRÍGUEZ ALONSO, Julia CONS GESTIDO, Henar Diana	- 05 29.45 1:00.85 02 29.57 1:01.26
4.	C. N. ARTEIXO 1 GÓMEZ MESÍAS, Alba VEIGA SOUTO, Ana	00 28.76 98 29.87	59.38 1:02.60	C. N. ARTEIXO 4:08.46 26,00 SUAREZ DOSIL, Claudia SÁNCHEZ BELLO, Eva	- 07 31.21 1:04.33 07 29.51 1:02.15
5.	VIGO RIAS BAIXAS 1 ALVAREZ PAZOS, Maria RODRIGUEZ RODRIGUEZ, Nina	07 29.22 02 30.49	59.92 1:03.47	VIGO RIAS BAIXAS 4:11.11 24,00 BLANCO ROUCO, Carmen GONZALEZ GONZALEZ, Iara	- 06 31.02 1:02.76 09 30.53 1:04.96
6.	C. FLUVIAL LUGO 1 CERNADAS GONZALEZ, Ana BUSTO LOPEZ, Ana	04 28.55 04 30.63	58.91 1:03.62	C. FLUVIAL LUGO 4:12.54 22,00 LADRA CAMPO, Martina NOGUERAS PORTO, Sara	- 08 31.12 1:04.62 08 30.88 1:05.39
7.	PABELLON OURENSE 1 CAMBA PRADA, Alexia FEIJOO GOMEZ, Eva	05 29.71 04 28.13	1:02.31 58.65	PABELLON OURENSE 4:13.90 20,00 MENDEZ BERNARDEZ, Arianna BABARRO LOPEZ, Maria	- 04 32.10 1:07.85 08 30.67 1:05.09
8.	C. N. FERROL 1 VILLARNOVO PAZOS, Lucia HERNÁNDEZ FIGUEROA, Ange Ma	08 30.22 09 30.84	1:02.72 1:04.47	C. N. FERROL 4:15.66 18,00 JIMÉNEZ EZQUERRA, Ana María PARDO CHAS, Eva	- 07 30.72 1:04.38 04 30.72 1:04.09
9.	S. DEP. BOIRO 1 SÁNCHEZ TOJA, Candela OUVIÑA PICOS, Nadiuska	08 31.83 10 28.27	1:06.13 1:00.33	S. DEP. BOIRO 4:23.11 16,00 VILARNOVO SUÁREZ, Noelia RAMOS MÍGUEZ, Leyre	- 06 32.02 1:06.73 06 33.66 1:09.92
10.	SPORTING CASINO 1 GIL GARNACHO, Carlota COUCEIRO BARREIRO, Marta	09 31.19 07 31.00	1:04.77 1:06.12	SPORTING CASINO 4:28.74 14,00 CABANAS DEL RIO, Carla NISTAL PALACIOS, Mariña	- 09 31.25 1:06.47 07 33.81 1:11.38
Baja	C. N. MOS 1			C. N. MOS	- -

Prueba 36
08/07/2023 - 20:30

Masc., 4 x 200m Libre

Absoluto Masculino
Resultados

RG	7:49.53	POURENSE	POURENSE	05/08/2005
RC	7:49.61	CNLICEO	CNLICEO	06/07/2019

Clasificación

				Tiempo	ABSO	JUNI	
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	7:53.07	38,00	-	
	NOVO LOPEZ, Brais	03	27.11	29.76	30.03	29.43	1:56.33
	RODRIGUEZ SANCOSMED, Pablo	03	26.21	30.14	30.60	31.51	1:58.46
	VAZQUEZ LIZ, Alejandro	03	28.35	30.63	32.82	32.57	2:04.37
	VAZQUEZ LOPEZ, Martin	03	25.16	28.70	30.87	29.18	1:53.91
2.	PABELLON OURENSE 1		PABELLON OURENSE	7:53.40	32,00	-	
	QUIROGA RAMOS, Yago	05	27.62	29.65	30.54	31.24	1:59.05
	CIVEIRA CORRAL, Raul	02	26.36	29.70	30.64	29.73	1:56.43
	CARBALLO RODRIGUEZ, Enrique	07	27.85	30.83	32.21	31.54	2:02.43
	MOURE DOVAL, Jose	99	26.04	28.65	30.62	30.18	1:55.49
3.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	8:03.47	28,00	-	
	BURGO BEIRO, Marcos	00	28.83	31.45	32.43	32.27	2:04.98
	PARDO PERNAS, Martin	02	26.78	29.22	30.34	29.35	1:55.69
	ALVAREZ FERNANDEZ, Borja	96	26.60	29.81	30.94	30.31	1:57.66
	TEJEIRO PRADO, Xoel	06	27.60	31.08	33.00	33.46	2:05.14
4.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	8:10.54	26,00	-	
	PASTORIZA SANTACLARA, Jorge	97	29.17	31.82	32.88	33.09	2:06.96
	MASSO ROIG, Martin	07	28.13	31.12	32.92	33.15	2:05.32
	ALONSO VIDAL, Teo	07	27.95	30.90	31.77	31.72	2:02.34
	MENDEZ PUGA, Mario	03	26.51	29.79	29.88	29.74	1:55.92
5.	C. N. FERROL 1		C. N. FERROL	8:10.90	24,00	-	
	SEIJO BERMUDEZ, Daniel	04	28.46	30.80	31.26	31.37	2:01.89
	TABEIRA OLASCOAGA, Tadeo	07	27.71	31.37	32.67	31.58	2:03.33
	LOSADA JIMÉNEZ, Sergio	04	27.56	31.60	33.06	32.77	2:04.99
	MANEIROS PAZ, Mario	06	27.24	30.15	31.79	31.51	2:00.69
6.	C. N. ARTEIXO 1		C. N. ARTEIXO	8:12.10	22,00	-	
	GARCÍA CASTRO, Mateo	05	27.85	29.65	29.87	29.25	1:56.62
	DEL RIO REGUEIRA, Marcos	93	28.38	31.22	32.43	31.17	2:03.20
	VARELA PASANDÍN, Alejandro	06	28.07	32.46	33.43	33.61	2:07.57
	GÓMEZ MESÍAS, Miguel Ángel	03	27.59	31.03	32.65	33.44	2:04.71
7.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	8:20.75	20,00	-	
	CABANA DEL AMO, Pablo	04	27.90	30.42	31.75	32.30	2:02.37
	COSTA FERNANDEZ, Lucas	98	27.23	31.27	32.84	32.18	2:03.52
	GONZALEZ ESTEVEZ, Yoel	07	28.17	33.42	33.21	32.29	2:07.09
	FARO MARTINEZ, Yoel	07	27.92	31.35	34.16	34.34	2:07.77
8.	A. D. FOGAR 1		A. D. FOGAR	8:21.12	18,00	-	
	SOUTO RAMOS, Manuel	07	28.09	30.69	32.13	31.72	2:02.63
	RIVAS TORRES, Paulo	08	27.08	31.78	32.29	32.38	2:03.53
	GUITIAN LOPEZ, Xabier	05	29.13	32.41	32.92	32.71	2:07.17
	GALAN VICENTE, Pablo	02	28.60	32.42	34.84	31.93	2:07.79
9.	C. N. GALAICO 1		C. N. GALAICO	8:21.95	16,00	-	
	VAZQUEZ COSTA, Miguel	06	27.92	30.11	32.31	33.13	2:03.47
	BARROS DA SILVA, Pedro	07	28.48	31.19	32.90	33.19	2:05.76
	JUNCAL MOREIRA, Pablo	01	29.00	32.17	34.00	34.02	2:09.19
	PÉREZ GARCÍA, Iker	07	28.23	31.77	32.79	30.74	2:03.53
10.	C. N. CORUÑA 1		C. N. CORUÑA	8:29.10	14,00	-	
	BALSA VIGO, Javier	05	27.52	30.92	32.99	31.58	2:03.01
	CUMMINGS CANDAL, James	05	28.28	31.42	32.24	32.30	2:04.24
	GOMEZ LIMIA, Pablo	06	27.33	31.50	33.08	33.59	2:05.50
	VIÑA ESMORÍS, Martín	06	29.80	34.39	36.52	35.64	2:16.35

Prueba 36, Masc., 4 x 200m Libre, Absoluto Masculino

Clasificación				Tiempo	ABSO	JUNI
11.	C. N. PANAS 1		C. N. PANAS	8:40.25	12,00	-
	SIMON COTELO, Manuel	01	28.82 32.51	33.72	34.01	2:09.06
	GARCIA GARAY, Marcos	01	28.95 32.32	34.29	34.52	2:10.08
	ARES BARRAL, Anton	00	29.27 32.67	33.52	33.66	2:09.12
	BRAVO CONDE, Cristian	00	28.03 32.92	35.45	35.59	2:11.99
12.	RCN VIGO 1		RCN VIGO	8:43.42	10,00	-
	ÁLVAREZ VÁZQUEZ, Gael	07	30.47 33.31	35.67	33.91	2:13.36
	PAZOS IGLESIAS, André	07	29.30 33.56	33.02	33.44	2:09.32
	INFESTAS CARAZO, Samuel	03	28.75 31.39	33.38	33.54	2:07.06
	SANTIN MENDEZ, Ruben	07	29.96 33.59	35.05	35.08	2:13.68
13.	CIDADE SANTIAGO 1		CIDADE SANTIAGO	8:49.91	8,00	-
	REY MUNIN, Tomas	06	30.21 33.73	34.95	33.97	2:12.86
	PARCERO AREOSO, Xoel	07	30.37 34.10	34.78	33.81	2:13.06
	ORECHIA, Agustín	06	28.26 32.47	33.97	33.76	2:08.46
	FRAGA VISOS, Teo	08	31.05 34.31	35.46	34.71	2:15.53

Prueba 37
09/07/2023 - 17:00

Masc., 50m Espalda

Absoluto Masculino
Resultados Final

RG	25.36	, PEREIRO CARRIL, OSCAR	ARZUA	25/07/2012
RC	25.52	, PEREIRO CARRIL, OSCAR	ARZUA	30/06/2012

Clasificación	AN		Tiempo	ABSO	JUNI
Final A					
1.	06	CIDADE SANTIAGO	27.33	19,00	- MMG
2.	04	A. D. FOGAR	27.95	16,00	-
3.	02	A. D. FOGAR	28.06	14,00	-
4.	00	C. N. PANAS	28.29	13,00	-
5.	06	C. N. MONFORTE	28.52	12,00	-
6.	05	C. N. MONFORTE	28.84	11,00	-
7.	06	C. N. ARTEIXO	29.35	10,00	-
Baja	03	C. N. PORTAMIÑA		9,00	-
Final B					
9.	02	PABELLON OURENSE	28.70	8,00	-
10.	03	C. N. ARTEIXO	28.81	7,00	-
11.	04	C. N. PORTAMIÑA	28.84	6,00	-
12.	04	C. N. FERROL	28.92	5,00	-
13.	07	PABELLON OURENSE	29.03	4,00	-
14.	05	C. N. PORTAMIÑA	29.23	-	-
	02	RCN VIGO	29.23	3,00	-
16.	04	PABELLON OURENSE	30.24	-	-

Prueba 37
09/07/2023 - 9:30

Masc., 50m Espalda

Absoluto Masculino
Resultados Prelim

RG	25.36	, PEREIRO CARRIL, OSCAR	ARZUA	25/07/2012
RC	25.52	, PEREIRO CARRIL, OSCAR	ARZUA	30/06/2012

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Masculino					
1.	06	ORECHIA, Agustín	27.44	- 19,00	A MMG
2.	05	PONTON RODRIGUEZ, Javier	28.63	- 16,00	A
3.	06	ARIAS FRANCO, Odei	28.75	- 14,00	A
4.	06	VARELA PASANDÍN, Manuel	28.77	- 13,00	A
5.	05	DIAZ- BECERRA LOPEZ, Anton	28.97	- 12,00	B
6.	06	REY MUNIN, Tomas	29.69	- 11,00	
7.	05	NUÑEZ SUAREZ, Antón	30.31	- 10,00	
8.	06	DEVESA LOPEZ, Jonathan	31.68	- 9,00	
9.	05	ARIAS GONZALEZ, Hector	32.18	- 8,00	
10.	06	DIAZ LOPEZ, Mateo	32.35	- 7,00	
11.	05	FOLGUEIRA DIAZ, Miguel	33.22	- 6,00	

Absoluto Masculino

1.	06	ORECHIA, Agustín	27.44	- 19,00	A MMG
2.	03	VAZQUEZ LOPEZ, Martin	27.58	-	A
3.	04	REY PITA, Simon	27.97	-	A
4.	02	ABELEIRA ALVAREZ, Carlos	28.34	-	A
5.	00	ARES BARRAL, Anton	28.60	-	A
6.	05	PONTON RODRIGUEZ, Javier	28.63	- 16,00	A
7.	06	ARIAS FRANCO, Odei	28.75	- 14,00	A
8.	06	VARELA PASANDÍN, Manuel	28.77	- 13,00	A
9.	02	CIVEIRA CORRAL, Samuel	28.88	-	B
10.	04	SEIJO BERMUDEZ, Daniel	28.91	-	B
11.	05	DIAZ- BECERRA LOPEZ, Anton	28.97	- 12,00	B
12.	07	CARBALLO RODRIGUEZ, Enrique	29.04	-	B
13.	04	SANCHEZ VAZQUEZ, Antonio	29.19	-	B
14.	03	GÓMEZ MESÍAS, Miguel Ángel	29.21	-	B
15.	02	PEREZ TIERRA, Ismael	29.23	-	B
16.	04	LOPEZ FERNANDEZ, Martin	29.36	-	B
17.	07	SOUTO VILAS, Jorge	29.45	-	
18.	08	LEVCHENKO, Nikita	29.59	2,00	
19.	00	BURGO BEIRO, Marcos	29.66	1,00	
20.	00	LÓPEZ ANIDO, Nelson Andrés	29.68	-	
21.	06	REY MUNIN, Tomas	29.69	- 11,00	
22.	07	GONZALEZ ESTEVEZ, Yoel	29.71	-	
23.	03	RUIBAL CABALLERO, Manuel Fco.	29.95	-	
24.	05	NUÑEZ SUAREZ, Antón	30.31	- 10,00	
25.	98	BLANCO RUIZ, Jacobo	30.45	-	
26.	03	SUAREZ RIPOLL, Xian	30.49	-	
27.	03	VILA PEREIRA, Brais	30.52	-	
28.	07	ÁLVAREZ VÁZQUEZ, Gael	30.84	-	
29.	07	PIÑEIRO RODRIGUEZ, Samuel	31.17	-	
30.	04	ALVAREZ REPARAZ, Alejandro	31.23	-	
31.	07	GUNCHE BARREIRO, Paulo	31.26	-	

Prueba 37, Masc., 50m Espalda, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO	JUNI
32. DEVESA LOPEZ, Jonathan	06	C. N. PORTAMIÑA	31.68	-	9,00
33. ARIAS GONZALEZ, Hector	05	C. N. CULLEREDO	32.18	-	8,00
34. DIAZ LOPEZ, Mateo	06	C. N. XOVE	32.35	-	7,00
35. RIVAS TORRES, Paulo	08	A. D. FOGAR	32.40	-	-
36. ALVAREZ LAGO, Rodrigo	00	C. N. MOS	32.75	-	-
37. FOLGUEIRA DIAZ, Miguel	05	C. FLUVIAL LUGO	33.22	-	6,00
DSQ PINO LORENZO, Brais	01	C. N. PONTEAREAS	-	-	-
<i>>15m immersion</i>					

Prueba 38
09/07/2023 - 17:05

Fem., 50m Espalda

Absoluto Femenino
Resultados Final

RG	29.77	, RODIÑO MAQUIEIRA, NEREA	GALAICO	01/04/2011
RC	30.11	, RODIÑO MAQUIEIRA, NEREA	GALAICO	26/06/2009

Clasificación	AN		Tiempo	ABSO	JUNI
Final A					
1.		CERNADAS GONZALEZ, Ana	30.11	22,00	- RC
2.	04	MARIN MARTINEZ, Rosalia	31.12	16,00	-
3.	05	CAMBA PRADA, Alexia	31.33	14,00	-
4.	04	FEIJOO GOMEZ, Eva	31.66	13,00	-
5.	00	SOLER LOMBA, Rosalía	32.09	12,00	-
6.	04	MARTÍNEZ NOVOA, Ángela	32.47	11,00	-
7.	06	EIJO GIL, Naiara	32.80	10,00	-
8.	09	CANALDA RAMOS, Laura	32.88	9,00	-
Final B					
9.	06	BLANCO ROUCO, Carmen	32.95	8,00	-
10.	06	BORGE JUSTE, Ines	33.02	7,00	-
11.	09	HERNÁNDEZ FIGUEROA, Ange Marie	33.13	6,00	-
12.	04	GUNCHE BARREIRO, Sabela	33.19	5,00	-
13.	09	GONZALEZ GONZALEZ, Iara	33.29	4,00	-
14.	07	SUAREZ RIPOLL, Lia	33.64	3,00	-
15.	05	ALFAYA RAFAEL, Julia	33.70	2,00	-
Baja	05	SUAREZ KITAHORI, Nana S.		1,00	-

Prueba 38
09/07/2023 - 9:39

Fem., 50m Espalda

Absoluto Femenino
Resultados Prelim

RG	29.77	, RODIÑO MAQUIEIRA, NEREA	GALAICO	01/04/2011
RC	30.11	, RODIÑO MAQUIEIRA, NEREA	GALAICO	26/06/2009

Clasificación	AN		Tiempo	ABSO	JUNI
Junior Femenino					
1.	06	EIJO GIL, Naiara	32.86	- 19,00	A
2.	06	BLANCO ROUCO, Carmen	33.11	- 16,00	B
3.	07	SUAREZ RIPOLL, Lia	33.37	- 14,00	B
4.	06	BORGE JUSTE, Ines	33.51	- 13,00	B
5.	07	PRIETO CANTEIRO, Alba	35.26	- 12,00	
6.	07	CARBALLIDO NAYA, Claudia	35.79	- 11,00	
7.	07	SAAVEDRA BUIDE, Paula	36.10	- 10,00	
8.	06	PARDO PIÑEIRO, Maria	36.20	- 9,00	
9.	07	CHUBB PEREIRA, Emma	36.57	- 8,00	
10.	06	LÓPEZ ANIDO, Natalia	36.64	-	-
11.	06	PEDREIRA GALEGO, Xiana	36.82	-	-
12.	07	ASENSIO VÁZQUEZ, Nerea	37.03	- 7,00	

Absoluto Femenino

1.	04	CERNADAS GONZALEZ, Ana	30.27	-	- A
2.	04	MARIN MARTINEZ, Rosalia	31.55	-	- A
3.	05	CAMBA PRADA, Alexia	31.72	-	- A
4.	04	FEIJOO GOMEZ, Eva	31.82	-	- A
5.	00	SOLER LOMBA, Rosalía	32.31	-	- A
6.	04	MARTÍNEZ NOVOA, Ángela	32.58	-	- A
7.	06	EIJO GIL, Naiara	32.86	- 19,00	A
8.	09	CANALDA RAMOS, Laura	33.10	-	- ?
	04	GUNCHE BARREIRO, Sabela	33.10	-	- ?
10.	06	BLANCO ROUCO, Carmen	33.11	- 16,00	B
11.	09	GONZALEZ GONZALEZ, Iara	33.34	-	- B
12.	07	SUAREZ RIPOLL, Lia	33.37	- 14,00	B
13.	06	BORGE JUSTE, Ines	33.51	- 13,00	B
14.	09	HERNÁNDEZ FIGUEROA, Ange Marie	33.68	-	- B
15.	05	SUAREZ KITAHORI, Nana S.	33.73	-	- B
16.	05	ALFAYA RAFAEL, Julia	33.77	-	- B
17.	03	ALBES ALVARIÑO, Paula	33.89	-	-
18.	03	CHANS FANEGO, Paula	33.99	-	-
19.	10	REQUEJO FERNANDEZ, Irene	34.11	-	-
20.	04	BUSTO LOPEZ, Ana	34.76	-	-
21.	08	OTERO RICO, Rosette	35.04	-	-
22.	07	PRIETO CANTEIRO, Alba	35.26	- 12,00	
23.	08	BABARRO LOPEZ, Maria	35.27	-	-
24.	10	VIDAL RODRIGUEZ, Mara	35.31	-	-
25.	08	NUÑEZ PARDO, Laura	35.32	-	-
26.	02	LÓPEZ ÁLVAREZ, Arsú	35.40	-	-
27.	08	HERMIDA ALONSO, Antia	35.52	-	-
28.	09	PAZOS IGLESIAS, Elisa	35.53	-	-
29.	07	CARBALLIDO NAYA, Claudia	35.79	- 11,00	
30.	10	CARRASCO DE CASTRO, Marina	35.91	-	-

Prueba 38, Fem., 50m Espalda, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO	JUNI
31.	CORTIÑAS LAIÑO, Carla	05	CIDADE SANTIAGO	35.97	- -
32.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	36.10	- 10,00
33.	PARDO PIÑEIRO, Maria	06	C. FLUVIAL LUGO	36.20	- 9,00
34.	BLANCO MENDEZ, Claudia	08	PABELLON OURENSE	36.28	- -
35.	CHUBB PEREIRA, Emma	07	C. MARINA FERROL	36.57	- 8,00
36.	LÓPEZ ANIDO, Natalia	06	C. N. FERROL	36.64	- -
37.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	36.82	- -
38.	ASENSIO VÁZQUEZ, Nerea	07	C. N. ARTEIXO	37.03	- 7,00

Prueba 38
09/07/2023

Fem., 50m Espalda

Absoluto Femenino
Resultados Desempate Prelim

RG	29.77	, RODIÑO MAQUIEIRA, NEREA	GALAICO	01/04/2011
RC	30.11	, RODIÑO MAQUIEIRA, NEREA	GALAICO	26/06/2009

Clasificación	AN		Tiempo	ABSO	JUNI
1. CANALDA RAMOS, Laura	09	C. N. CORUÑA	32.96	-	-
2. GUNCHE BARREIRO, Sabela	04	C. N. REDONDELA	33.06	-	-

Prueba 39
09/07/2023 - 17:10

Masc., 400m Estilos

Absoluto Masculino
Resultados Final

RG	4:26.60	MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	29/05/2021
RC	4:30.63	GUIOTTO SANCHEZ, MARCO	CDELMAR	05/07/2019

Clasificación			AN			Tempo	ABSO	JUNI	
Final A									
1.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS		4:36.48	19,00	-	
	50m:	29.16 29.16	150m:	1:38.48 36.45	250m:	2:54.06 39.25	350m:	4:06.25 31.60	
	100m:	1:02.03 32.87	200m:	2:14.81 36.33	300m:	3:34.65 40.59	400m:	4:36.48 30.23	
2.	MANEIROS PAZ, Mario		06	C. N. FERROL		4:48.24	16,00	-	
	50m:	30.93 30.93	150m:	1:44.88 37.98	250m:	3:03.72 42.14	350m:	4:18.32 32.24	
	100m:	1:06.90 35.97	200m:	2:21.58 36.70	300m:	3:46.08 42.36	400m:	4:48.24 29.92	
3.	CUMMINGS CANDAL, James		05	C. N. CORUÑA		4:48.29	14,00	-	
	50m:	30.05 30.05	150m:	1:41.65 36.65	250m:	3:00.92 42.48	350m:	4:16.76 32.84	
	100m:	1:05.00 34.95	200m:	2:18.44 36.79	300m:	3:43.92 43.00	400m:	4:48.29 31.53	
4.	QUIROGA RAMOS, Yago		05	PABELLON OURENSE		4:49.11	13,00	-	
	50m:	29.97 29.97	150m:	1:40.75 36.71	250m:	3:00.35 44.17	350m:	4:17.63 33.14	
	100m:	1:04.04 34.07	200m:	2:16.18 35.43	300m:	3:44.49 44.14	400m:	4:49.11 31.48	
5.	CARRERA COSTAS, Martin		96	C. N. PONTEAREAS		4:53.74	12,00	-	
	50m:	31.43 31.43	150m:	1:47.01 39.06	250m:	3:05.58 40.66	350m:	4:21.38 34.17	
	100m:	1:07.95 36.52	200m:	2:24.92 37.91	300m:	3:47.21 41.63	400m:	4:53.74 32.36	
6.	MERZLYAKOV KOSTOMAROV, Mikha		07	PABELLON OURENSE		4:55.60	11,00	-	
	50m:	30.16 30.16	150m:	1:43.28 37.31	250m:	3:03.33 43.84	350m:	4:22.02 34.92	
	100m:	1:05.97 35.81	200m:	2:19.49 36.21	300m:	3:47.10 43.77	400m:	4:55.60 33.58	
7.	TEIJEIRO PRADO, Xoel		06	C. FLUVIAL LUGO		4:58.28	10,00	-	
	50m:	29.49 29.49	150m:	1:45.90 41.29	250m:	3:04.79 39.98	350m:	4:25.92 33.75	
	100m:	1:04.61 35.12	200m:	2:24.81 38.91	300m:	3:52.17 47.38	400m:	4:58.28 32.36	
8.	VAZQUEZ LIZ, Alejandro		03	C. N. PORTAMIÑA		4:59.88	9,00	-	
	50m:	32.41 32.41	150m:	1:48.56 39.45	250m:	3:08.44 41.26	350m:	4:25.47 35.47	
	100m:	1:09.11 36.70	200m:	2:27.18 38.62	300m:	3:50.00 41.56	400m:	4:59.88 34.41	
Final B									
9.	PASTORIZA SANTA CLARA, Jorge		97	VIGO RIAS BAIXAS		5:02.65	8,00	-	
	50m:	32.84 32.84	150m:	1:49.65 39.72	250m:	3:12.82 44.16	350m:	4:29.59 33.90	
	100m:	1:09.93 37.09	200m:	2:28.66 39.01	300m:	3:55.69 42.87	400m:	5:02.65 33.06	
10.	MARTINEZ MARTINEZ, Marcos		03	C. N. PONTEAREAS		5:04.32	7,00	-	
	50m:	31.20 31.20	150m:	1:46.78 39.10	250m:	3:09.57 44.16	350m:	4:30.28 35.15	
	100m:	1:07.68 36.48	200m:	2:25.41 38.63	300m:	3:55.13 45.56	400m:	5:04.32 34.04	
11.	DIAZ COUCE, Ruben		06	C. N. FERROL		5:12.33	-	-	
	50m:	31.28 31.28	150m:	1:48.10 41.21	250m:	3:14.03 46.57	350m:	4:37.26 35.56	
	100m:	1:06.89 35.61	200m:	2:27.46 39.36	300m:	4:01.70 47.67	400m:	5:12.33 35.07	
12.	VARELA PASANDÍN, Alejandro		06	C. N. ARTEIXO		5:20.29	-	-	
	50m:	28.08 28.08	150m:	1:49.50 48.66	250m:	3:19.76 45.96	350m:	4:44.08 36.11	
	100m:	1:00.84 32.76	200m:	2:33.80 44.30	300m:	4:07.97 48.21	400m:	5:20.29 36.21	
Baja	MORENO TEIJEIRO, Hugo		05	C. FLUVIAL LUGO			6,00	-	

Prueba 39
09/07/2023 - 9:48

Masc., 400m Estilos

Absoluto Masculino
Resultados Prelim

RG	4:26.60	MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	29/05/2021
RC	4:30.63	GUIOTTO SANCHEZ, MARCO	CDELMAR	05/07/2019

Clasificación	AN	Tempo	ABSO	JUNI
Junior Masculino				
1. MANEIROS PAZ, Mario	06	C. N. FERROL	4:47.77	- 19,00 A
50m: 30.83 30.83	150m: 1:44.06	37.50	250m: 3:03.69	42.83
100m: 1:06.56 35.73	200m: 2:20.86	36.80	300m: 3:44.94	41.25
			350m: 4:16.95	32.01
			400m: 4:47.77	30.82
2. CUMMINGS CANDAL, James	05	C. N. CORUÑA	4:49.40	- 16,00 A
50m: 29.99 29.99	150m: 1:41.95	37.45	250m: 3:00.77	41.77
100m: 1:04.50 34.51	200m: 2:19.00	37.05	300m: 3:43.50	42.73
			350m: 4:16.61	33.11
			400m: 4:49.40	32.79
3. QUIROGA RAMOS, Yago	05	PABELLON OURENSE	4:55.58	- 14,00 A
50m: 30.20 30.20	150m: 1:42.29	37.81	250m: 3:02.41	43.19
100m: 1:04.48 34.28	200m: 2:19.22	36.93	300m: 3:46.85	44.44
			350m: 4:21.25	34.40
			400m: 4:55.58	34.33
4. TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	5:02.82	- 13,00 A
50m: 29.56 29.56	150m: 1:45.46	40.93	250m: 3:06.77	42.74
100m: 1:04.53 34.97	200m: 2:24.03	38.57	300m: 3:51.79	45.02
			350m: 4:27.63	35.84
			400m: 5:02.82	35.19
5. MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	5:07.36	- 12,00 B
50m: 31.28 31.28	150m: 1:48.84	42.10	250m: 3:12.87	43.77
100m: 1:06.74 35.46	200m: 2:29.10	40.26	300m: 3:57.84	44.97
			350m: 4:32.58	34.74
			400m: 5:07.36	34.78
6. DIAZ COUCE, Ruben	06	C. N. FERROL	5:12.63	- 11,00 B
50m: 30.72 30.72	150m: 1:48.40	42.66	250m: 3:14.39	45.86
100m: 1:05.74 35.02	200m: 2:28.53	40.13	300m: 4:01.36	46.97
			350m: 4:38.12	36.76
			400m: 5:12.63	34.51
7. VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	5:23.31	- 10,00 B
50m: 28.30 28.30	150m: 1:49.60	48.61	250m: 3:21.59	47.33
100m: 1:00.99 32.69	200m: 2:34.26	44.66	300m: 4:09.07	47.48
			350m: 4:46.83	37.76
			400m: 5:23.31	36.48

Absoluto Masculino

1. MANEIROS PAZ, Mario	06	C. N. FERROL	4:47.77	- 19,00 A
50m: 30.83 30.83	150m: 1:44.06	37.50	250m: 3:03.69	42.83
100m: 1:06.56 35.73	200m: 2:20.86	36.80	300m: 3:44.94	41.25
			350m: 4:16.95	32.01
			400m: 4:47.77	30.82
2. CUMMINGS CANDAL, James	05	C. N. CORUÑA	4:49.40	- 16,00 A
50m: 29.99 29.99	150m: 1:41.95	37.45	250m: 3:00.77	41.77
100m: 1:04.50 34.51	200m: 2:19.00	37.05	300m: 3:43.50	42.73
			350m: 4:16.61	33.11
			400m: 4:49.40	32.79
3. QUIROGA RAMOS, Yago	05	PABELLON OURENSE	4:55.58	- 14,00 A
50m: 30.20 30.20	150m: 1:42.29	37.81	250m: 3:02.41	43.19
100m: 1:04.48 34.28	200m: 2:19.22	36.93	300m: 3:46.85	44.44
			350m: 4:21.25	34.40
			400m: 4:55.58	34.33
4. MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	4:56.04	- - A
50m: 30.65 30.65	150m: 1:46.57	41.03	250m: 3:08.65	42.72
100m: 1:05.54 34.89	200m: 2:25.93	39.36	300m: 3:51.03	42.38
			350m: 4:23.72	32.69
			400m: 4:56.04	32.32
5. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	4:56.91	- - A
50m: 32.08 32.08	150m: 1:49.00	40.51	250m: 3:08.16	40.51
100m: 1:08.49 36.41	200m: 2:27.65	38.65	300m: 3:48.89	40.73
			350m: 4:23.45	34.56
			400m: 4:56.91	33.46
6. MERZLYAKOV KOSTOMAROV, Mikhai07		PABELLON OURENSE	4:58.03	- - A
50m: 31.03 31.03	150m: 1:44.94	37.48	250m: 3:05.06	43.97
100m: 1:07.46 36.43	200m: 2:21.09	36.15	300m: 3:49.64	44.58
			350m: 4:24.20	34.56
			400m: 4:58.03	33.83
7. TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	5:02.82	- 13,00 A
50m: 29.56 29.56	150m: 1:45.46	40.93	250m: 3:06.77	42.74
100m: 1:04.53 34.97	200m: 2:24.03	38.57	300m: 3:51.79	45.02
			350m: 4:27.63	35.84
			400m: 5:02.82	35.19

Prueba 39, Masc., 400m Estilos, Prelim, Absoluto Masculino

Clasificación	AN				Tiempo				ABSO	JUNI	
8. VAZQUEZ LIZ, Alejandro	03				C. N. PORTAMIÑA				5:07.16	-	- A
50m:	33.49	33.49	150m:	1:54.34	41.26	250m:	3:16.43	42.01	350m:	4:33.35	36.02
100m:	1:13.08	39.59	200m:	2:34.42	40.08	300m:	3:57.33	40.90	400m:	5:07.16	33.81
9. MORENO TEIJEIRO, Hugo	05				C. FLUVIAL LUGO				5:07.36	-	12,00 B
50m:	31.28	31.28	150m:	1:48.84	42.10	250m:	3:12.87	43.77	350m:	4:32.58	34.74
100m:	1:06.74	35.46	200m:	2:29.10	40.26	300m:	3:57.84	44.97	400m:	5:07.36	34.78
10. PASTORIZA SANTA CLARA, Jorge	97				VIGO RIAS BAIXAS				5:10.21	-	- B
50m:	32.88	32.88	150m:	1:49.44	39.14	250m:	3:13.89	45.51	350m:	4:34.50	36.27
100m:	1:10.30	37.42	200m:	2:28.38	38.94	300m:	3:58.23	44.34	400m:	5:10.21	35.71
11. DIAZ COUCE, Ruben	06				C. N. FERROL				5:12.63	-	11,00 B
50m:	30.72	30.72	150m:	1:48.40	42.66	250m:	3:14.39	45.86	350m:	4:38.12	36.76
100m:	1:05.74	35.02	200m:	2:28.53	40.13	300m:	4:01.36	46.97	400m:	5:12.63	34.51
12. MARTINEZ MARTINEZ, Marcos	03				C. N. PONTEAREAS				5:14.08	-	- B
50m:	32.49	32.49	150m:	1:50.80	41.08	250m:	3:17.11	47.04	350m:	4:39.07	35.36
100m:	1:09.72	37.23	200m:	2:30.07	39.27	300m:	4:03.71	46.60	400m:	5:14.08	35.01
13. VARELA PASANDÍN, Alejandro	06				C. N. ARTEIXO				5:23.31	-	10,00 B
50m:	28.30	28.30	150m:	1:49.60	48.61	250m:	3:21.59	47.33	350m:	4:46.83	37.76
100m:	1:00.99	32.69	200m:	2:34.26	44.66	300m:	4:09.07	47.48	400m:	5:23.31	36.48
DSQ FRAGA VISOS, Teo	08				CIDADE SANTIAGO					-	-
<i>Viraxe irregular</i>											

Prueba 40
09/07/2023 - 17:25

Fem., 400m Estilos

Absoluto Femenino
Resultados Final

RG	4:38.81	, VILAS VIDAL, MARIA	RIVEIRA	20/03/2016
RC	4:53.40	, GOMEZ CORTES, BEATRIZ	GALAICO	01/07/2012

Clasificación			AN			Tempo	ABSO	JUNI		
Final A										
1.	MOURENZA ROCHA, Sofia		07	C. N. PORTAMIÑA		5:01.99	19,00	-		
	50m:	33.01 33.01	150m:	1:51.91	41.27	250m:	3:13.83	41.66	350m:	4:28.02 35.04
	100m:	1:10.64 37.63	200m:	2:32.17	40.26	300m:	3:52.98	39.15	400m:	5:01.99 33.97
2.	RODRÍGUEZ ALONSO, Julia		05	RCN VIGO		5:10.21	16,00	-		
	50m:	31.63 31.63	150m:	1:48.55	41.09	250m:	3:13.70	44.99	350m:	4:35.05 35.94
	100m:	1:07.46 35.83	200m:	2:28.71	40.16	300m:	3:59.11	45.41	400m:	5:10.21 35.16
3.	BOUZAS PEDREIRA, Alicia		05	C. N. GALAICO		5:13.58	14,00	-		
	50m:	32.93 32.93	150m:	1:49.50	39.66	250m:	3:14.56	46.53	350m:	4:37.57 37.24
	100m:	1:09.84 36.91	200m:	2:28.03	38.53	300m:	4:00.33	45.77	400m:	5:13.58 36.01
4.	BARROS DA SILVA, Sofia		09	C. N. GALAICO		5:25.37	13,00	-		
	50m:	34.98 34.98	150m:	1:58.98	43.82	250m:	3:28.05	46.74	350m:	4:51.25 35.65
	100m:	1:15.16 40.18	200m:	2:41.31	42.33	300m:	4:15.60	47.55	400m:	5:25.37 34.12
5.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO		5:25.51	12,00	-		
	50m:	32.96 32.96	150m:	1:53.11	42.54	250m:	3:24.54	49.36	350m:	4:50.88 36.85
	100m:	1:10.57 37.61	200m:	2:35.18	42.07	300m:	4:14.03	49.49	400m:	5:25.51 34.63
6.	ESTEVEZ MONTES, Naroa		08	C. N. PONTEAREAS		5:25.90	11,00	-		
	50m:	36.14 36.14	150m:	1:59.00	42.80	250m:	3:26.23	46.01	350m:	4:49.89 35.80
	100m:	1:16.20 40.06	200m:	2:40.22	41.22	300m:	4:14.09	47.86	400m:	5:25.90 36.01
7.	FARIÑA MARTINEZ, Paula		07	C. N. GALAICO		5:38.18	-	-		
	50m:	34.46 34.46	150m:	2:01.17	44.88	250m:	3:32.93	46.45	350m:	5:00.26 40.06
	100m:	1:16.29 41.83	200m:	2:46.48	45.31	300m:	4:20.20	47.27	400m:	5:38.18 37.92
8.	SUAREZ DOSIL, Claudia		07	C. N. ARTEIXO		5:38.81	-	-		
	50m:	33.88 33.88	150m:	2:00.02	48.18	250m:	3:34.13	48.07	350m:	5:01.70 38.27
	100m:	1:11.84 37.96	200m:	2:46.06	46.04	300m:	4:23.43	49.30	400m:	5:38.81 37.11
Final B										
9.	GIL GARNACHO, Carlota		09	SPORTING CASINO		5:32.33	10,00	-		
	50m:	34.05 34.05	150m:	1:56.51	40.45	250m:	3:27.08	50.65	350m:	4:56.06 38.11
	100m:	1:16.06 42.01	200m:	2:36.43	39.92	300m:	4:17.95	50.87	400m:	5:32.33 36.27
Baja	REY PITA, Clara		07	A. D. FOGAR			9,00	-		

Prueba 40
09/07/2023 - 10:01

Fem., 400m Estilos

Absoluto Femenino
Resultados Prelim

RG	4:38.81	, VILAS VIDAL, MARIA	RIVEIRA	20/03/2016
RC	4:53.40	, GOMEZ CORTES, BEATRIZ	GALAICO	01/07/2012

Clasificación	AN		Tiempo		ABSO	JUNI
Junior Femenino						
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	5:10.38	- 19,00	A
	50m: 33.95 33.95	150m: 1:54.52	41.82	250m: 3:15.89	42.22	350m: 4:35.45 37.57
	100m: 1:12.70 38.75	200m: 2:33.67	39.15	300m: 3:57.88	41.99	400m: 5:10.38 34.93
2.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	5:34.87	- 16,00	A
	50m: 34.63 34.63	150m: 2:01.57	45.07	250m: 3:31.29	46.62	350m: 4:57.34 38.10
	100m: 1:16.50 41.87	200m: 2:44.67	43.10	300m: 4:19.24	47.95	400m: 5:34.87 37.53
3.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	5:39.15	- 14,00	A
	50m: 32.96 32.96	150m: 1:56.91	46.16	250m: 3:31.48	49.66	350m: 5:01.23 39.08
	100m: 1:10.75 37.79	200m: 2:41.82	44.91	300m: 4:22.15	50.67	400m: 5:39.15 37.92
4.	REY PITA, Clara	07	A. D. FOGAR	5:46.00	- 13,00	B
	50m: 37.08 37.08	150m: 2:04.20	45.01	250m: 3:36.60	48.44	350m: 5:06.73 39.74
	100m: 1:19.19 42.11	200m: 2:48.16	43.96	300m: 4:26.99	50.39	400m: 5:46.00 39.27

Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	5:10.38	- 19,00	A
	50m: 33.95 33.95	150m: 1:54.52	41.82	250m: 3:15.89	42.22	350m: 4:35.45 37.57
	100m: 1:12.70 38.75	200m: 2:33.67	39.15	300m: 3:57.88	41.99	400m: 5:10.38 34.93
2.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	5:16.49	- -	A
	50m: 33.21 33.21	150m: 1:50.99	40.43	250m: 3:17.01	46.38	350m: 4:40.66 37.82
	100m: 1:10.56 37.35	200m: 2:30.63	39.64	300m: 4:02.84	45.83	400m: 5:16.49 35.83
3.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	5:17.31	- -	A
	50m: 32.41 32.41	150m: 1:52.05	42.89	250m: 3:19.00	46.13	350m: 4:41.90 37.05
	100m: 1:09.16 36.75	200m: 2:32.87	40.82	300m: 4:04.85	45.85	400m: 5:17.31 35.41
4.	VEIGA SOUTO, Ana	98	C. N. ARTEIXO	5:27.67	- -	A
	50m: 33.78 33.78	150m: 1:55.03	43.12	250m: 3:24.97	49.10	350m: 4:52.42 38.01
	100m: 1:11.91 38.13	200m: 2:35.87	40.84	300m: 4:14.41	49.44	400m: 5:27.67 35.25
	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	5:27.67	- -	A
	50m: 35.47 35.47	150m: 1:59.29	43.47	250m: 3:27.48	46.64	350m: 4:51.71 37.21
	100m: 1:15.82 40.35	200m: 2:40.84	41.55	300m: 4:14.50	47.02	400m: 5:27.67 35.96
6.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	5:30.45	- -	A
	50m: 34.94 34.94	150m: 2:00.16	44.94	250m: 3:30.31	47.30	350m: 4:54.85 36.68
	100m: 1:15.22 40.28	200m: 2:43.01	42.85	300m: 4:18.17	47.86	400m: 5:30.45 35.60
7.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	5:34.87	- 16,00	A
	50m: 34.63 34.63	150m: 2:01.57	45.07	250m: 3:31.29	46.62	350m: 4:57.34 38.10
	100m: 1:16.50 41.87	200m: 2:44.67	43.10	300m: 4:19.24	47.95	400m: 5:34.87 37.53
8.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	5:39.15	- 14,00	A
	50m: 32.96 32.96	150m: 1:56.91	46.16	250m: 3:31.48	49.66	350m: 5:01.23 39.08
	100m: 1:10.75 37.79	200m: 2:41.82	44.91	300m: 4:22.15	50.67	400m: 5:39.15 37.92
9.	GIL GARNACHO, Carlota	09	SPORTING CASINO	5:40.72	- -	B
	50m: 36.57 36.57	150m: 2:01.36	42.07	250m: 3:33.84	50.75	350m: 5:02.59 39.21
	100m: 1:19.29 42.72	200m: 2:43.09	41.73	300m: 4:23.38	49.54	400m: 5:40.72 38.13
10.	REY PITA, Clara	07	A. D. FOGAR	5:46.00	- 13,00	B
	50m: 37.08 37.08	150m: 2:04.20	45.01	250m: 3:36.60	48.44	350m: 5:06.73 39.74
	100m: 1:19.19 42.11	200m: 2:48.16	43.96	300m: 4:26.99	50.39	400m: 5:46.00 39.27

Prueba 40, Fem., 400m Estilos, Prelim, Absoluto Femenino

Clasificación	AN	Tiempo	ABSO	JUNI
Baja CAMPOS TATO, Uxia	05 PABELLON OURENSE		-	-

Prueba 41
09/07/2023 - 10:15

Masc., 800m Libre

Absoluto Masculino
Resultados

RG	8:13.10	, ANDRADE BUDIÑO, GASPAR	CNLICEO	09/04/2019
RC	8:17.60	, ANDRADE BUDIÑO, GASPAR	ARZUA	08/07/2017

Clasificación

AN

Tiempo

ABSO

JUNI

Junior Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	8:16.35	22,00	19,00	RC
	50m: 28.39 28.39	250m: 2:33.08	31.20	450m: 4:38.77	31.97	650m: 6:44.48	31.41
	100m: 59.11 30.72	300m: 3:04.39	31.31	500m: 5:10.53	31.76	700m: 7:15.99	31.51
	150m: 1:30.38 31.27	350m: 3:35.63	31.24	550m: 5:41.98	31.45	750m: 7:46.66	30.67
	200m: 2:01.88 31.50	400m: 4:06.80	31.17	600m: 6:13.07	31.09	800m: 8:16.35	29.69
2.	PEREZ PAZ, Dario	05	C. N. PONTEAREAS	9:13.52	-	16,00	
	50m: 30.21 30.21	250m: 2:48.42	34.83	450m: 5:09.27	35.40	650m: 7:29.56	34.92
	100m: 1:04.37 34.16	300m: 3:23.62	35.20	500m: 5:44.25	34.98	700m: 8:04.85	35.29
	150m: 1:38.97 34.60	350m: 3:58.63	35.01	550m: 6:19.48	35.23	750m: 8:39.70	34.85
	200m: 2:13.59 34.62	400m: 4:33.87	35.24	600m: 6:54.64	35.16	800m: 9:13.52	33.82
3.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	9:21.78	-	14,00	
	50m: 30.60 30.60	250m: 2:50.24	36.05	450m: 5:13.35	35.61	650m: 7:37.47	36.06
	100m: 1:04.84 34.24	300m: 3:26.19	35.95	500m: 5:49.45	36.10	700m: 8:13.07	35.60
	150m: 1:38.75 33.91	350m: 4:02.19	36.00	550m: 6:25.50	36.05	750m: 8:48.27	35.20
	200m: 2:14.19 35.44	400m: 4:37.74	35.55	600m: 7:01.41	35.91	800m: 9:21.78	33.51
4.	GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	9:30.12	-	13,00	
	50m: 32.19 32.19	250m: 2:54.97	34.97	450m: 5:20.59	35.52	650m: 7:44.81	35.92
	100m: 1:07.61 35.42	300m: 3:31.50	36.53	500m: 5:57.26	36.67	700m: 8:20.03	35.22
	150m: 1:43.67 36.06	350m: 4:08.47	36.97	550m: 6:32.64	35.38	750m: 8:55.20	35.17
	200m: 2:20.00 36.33	400m: 4:45.07	36.60	600m: 7:08.89	36.25	800m: 9:30.12	34.92

Baja TIMIRAOS FERNANDEZ, Marcos

05

C. N. PORTAMIÑA

-

-

Absoluto Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	8:16.35	22,00	19,00	RC
	50m: 28.39 28.39	250m: 2:33.08	31.20	450m: 4:38.77	31.97	650m: 6:44.48	31.41
	100m: 59.11 30.72	300m: 3:04.39	31.31	500m: 5:10.53	31.76	700m: 7:15.99	31.51
	150m: 1:30.38 31.27	350m: 3:35.63	31.24	550m: 5:41.98	31.45	750m: 7:46.66	30.67
	200m: 2:01.88 31.50	400m: 4:06.80	31.17	600m: 6:13.07	31.09	800m: 8:16.35	29.69
2.	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	8:51.10	16,00	-	
	50m: 30.30 30.30	250m: 2:41.87	33.01	450m: 4:55.74	33.50	650m: 7:11.00	33.74
	100m: 1:02.79 32.49	300m: 3:15.48	33.61	500m: 5:29.71	33.97	700m: 7:44.93	33.93
	150m: 1:35.75 32.96	350m: 3:48.73	33.25	550m: 6:03.13	33.42	750m: 8:18.42	33.49
	200m: 2:08.86 33.11	400m: 4:22.24	33.51	600m: 6:37.26	34.13	800m: 8:51.10	32.68
3.	GARRIDO BRUM, Jacobo	02	C. N. Mataro	8:53.12	14,00	-	
	50m: 30.82 30.82	250m: 2:44.76	33.66	450m: 4:59.83	33.31	650m: 7:14.34	33.80
	100m: 1:04.02 33.20	300m: 3:18.63	33.87	500m: 5:33.48	33.65	700m: 7:47.80	33.46
	150m: 1:37.37 33.35	350m: 3:52.55	33.92	550m: 6:07.03	33.55	750m: 8:21.37	33.57
	200m: 2:11.10 33.73	400m: 4:26.52	33.97	600m: 6:40.54	33.51	800m: 8:53.12	31.75
4.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	8:57.25	13,00	-	
	50m: 30.27 30.27	250m: 2:44.05	33.63	450m: 5:00.07	34.22	650m: 7:16.61	34.06
	100m: 1:03.40 33.13	300m: 3:17.92	33.87	500m: 5:34.15	34.08	700m: 7:50.73	34.12
	150m: 1:36.82 33.42	350m: 3:51.99	34.07	550m: 6:08.24	34.09	750m: 8:24.26	33.53
	200m: 2:10.42 33.60	400m: 4:25.85	33.86	600m: 6:42.55	34.31	800m: 8:57.25	32.99
5.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	9:07.77	12,00	-	
	50m: 30.74 30.74	250m: 2:47.64	34.34	450m: 5:05.43	34.41	650m: 7:24.82	35.18
	100m: 1:04.68 33.94	300m: 3:22.08	34.44	500m: 5:40.31	34.88	700m: 7:59.47	34.65
	150m: 1:39.07 34.39	350m: 3:56.54	34.46	550m: 6:15.09	34.78	750m: 8:34.15	34.68
	200m: 2:13.30 34.23	400m: 4:31.02	34.48	600m: 6:49.64	34.55	800m: 9:07.77	33.62

Prueba 41, Masc., 800m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO	JUNI	
6. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	9:13.52	-	16,00		
50m: 30.21	30.21	250m: 2:48.42	34.83	450m: 5:09.27	35.40	650m: 7:29.56	34.92
100m: 1:04.37	34.16	300m: 3:23.62	35.20	500m: 5:44.25	34.98	700m: 8:04.85	35.29
150m: 1:38.97	34.60	350m: 3:58.63	35.01	550m: 6:19.48	35.23	750m: 8:39.70	34.85
200m: 2:13.59	34.62	400m: 4:33.87	35.24	600m: 6:54.64	35.16	800m: 9:13.52	33.82
7. GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	9:21.78	-	14,00		
50m: 30.60	30.60	250m: 2:50.24	36.05	450m: 5:13.35	35.61	650m: 7:37.47	36.06
100m: 1:04.84	34.24	300m: 3:26.19	35.95	500m: 5:49.45	36.10	700m: 8:13.07	35.60
150m: 1:38.75	33.91	350m: 4:02.19	36.00	550m: 6:25.50	36.05	750m: 8:48.27	35.20
200m: 2:14.19	35.44	400m: 4:37.74	35.55	600m: 7:01.41	35.91	800m: 9:21.78	33.51
8. GARCÍA AFONSO, Alexis	07	C. N. FERROL	9:21.79	-	-		
50m: 30.96	30.96	250m: 2:49.89	35.68	450m: 5:13.94	35.74	650m: 7:37.98	36.10
100m: 1:04.04	33.08	300m: 3:26.18	36.29	500m: 5:49.86	35.92	700m: 8:13.35	35.37
150m: 1:38.90	34.86	350m: 4:02.19	36.01	550m: 6:25.62	35.76	750m: 8:48.77	35.42
200m: 2:14.21	35.31	400m: 4:38.20	36.01	600m: 7:01.88	36.26	800m: 9:21.79	33.02
9. SOUTO RAMOS, Manuel	07	A. D. FOGAR	9:28.34	-	-		
50m: 30.12	30.12	250m: 2:49.26	35.11	450m: 5:12.61	35.97	650m: 7:40.53	36.88
100m: 1:04.01	33.89	300m: 3:24.78	35.52	500m: 5:49.41	36.80	700m: 8:16.91	36.38
150m: 1:39.05	35.04	350m: 4:00.63	35.85	550m: 6:26.64	37.23	750m: 8:52.86	35.95
200m: 2:14.15	35.10	400m: 4:36.64	36.01	600m: 7:03.65	37.01	800m: 9:28.34	35.48
10. GIL-RIVERA BARBEITO, Pablo	06	A. D. FOGAR	9:30.12	-	13,00		
50m: 32.19	32.19	250m: 2:54.97	34.97	450m: 5:20.59	35.52	650m: 7:44.81	35.92
100m: 1:07.61	35.42	300m: 3:31.50	36.53	500m: 5:57.26	36.67	700m: 8:20.03	35.22
150m: 1:43.67	36.06	350m: 4:08.47	36.97	550m: 6:32.64	35.38	750m: 8:55.20	35.17
200m: 2:20.00	36.33	400m: 4:45.07	36.60	600m: 7:08.89	36.25	800m: 9:30.12	34.92
11. GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	9:34.25	-	-		
50m: 31.74	31.74	250m: 2:55.44	36.29	450m: 5:20.66	36.18	650m: 7:46.26	35.79
100m: 1:07.24	35.50	300m: 3:31.47	36.03	500m: 5:57.28	36.62	700m: 8:22.55	36.29
150m: 1:42.99	35.75	350m: 4:08.06	36.59	550m: 6:34.30	37.02	750m: 8:58.73	36.18
200m: 2:19.15	36.16	400m: 4:44.48	36.42	600m: 7:10.47	36.17	800m: 9:34.25	35.52
Baja TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA		-	-		

Prueba 42
09/07/2023 - 18:05

Fem., 100m Braza

Absoluto Femenino
Resultados Final

RG	1:10.59	, CARBALLO GONZALEZ SOFIA	NPONTEA	22/07/2022
RC	1:12.82	, GOMEZ CORTES, BEATRIZ	GALAICO	07/07/2017

Clasificación AN Tiempo ABSO JUNI

Final A

1.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:17.98	19,00	-
	50m: 34.58 34.58 100m: 1:17.98		43.40			
2.	CONS GESTIDO, Henar Diana	02	RCN VIGO	1:19.91	16,00	-
	50m: 38.26 38.26 100m: 1:19.91		41.65			
3.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	1:19.99	14,00	-
	50m: 37.44 37.44 100m: 1:19.99		42.55			
4.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	1:20.45	13,00	-
	50m: 36.81 36.81 100m: 1:20.45		43.64			
5.	HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	1:20.46	12,00	-
	50m: 36.50 36.50 100m: 1:20.46		43.96			
6.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	1:21.55	11,00	-
	50m: 38.65 38.65 100m: 1:21.55		42.90			
7.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:22.50	10,00	-
	50m: 38.05 38.05 100m: 1:22.50		44.45			
8.	LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	1:23.17	9,00	-
	50m: 39.22 39.22 100m: 1:23.17		43.95			

Final B

9.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	1:21.53	-	-
	50m: 38.13 38.13 100m: 1:21.53		43.40			
10.	LEIVAS ROCA, Candela	05	C. N. FERROL	1:23.15	8,00	-
	50m: 39.04 39.04 100m: 1:23.15		44.11			
11.	SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	1:24.75	-	-
	50m: 39.53 39.53 100m: 1:24.75		45.22			
12.	GIL POZO, Emma	09	PABELLON OURENSE	1:25.10	-	-
	50m: 41.06 41.06 100m: 1:25.10		44.04			
13.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:25.82	-	-
	50m: 40.39 40.39 100m: 1:25.82		45.43			
14.	ROCHA GONZALEZ, Gisele	09	C. N. GALAICO	1:25.92	-	-
	50m: 39.85 39.85 100m: 1:25.92		46.07			
15.	ARIAS PACHECO, Elena	06	C. N. MONFORTE	1:26.03	-	-
	50m: 40.23 40.23 100m: 1:26.03		45.80			
16.	PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	1:26.55	-	-
	50m: 40.21 40.21 100m: 1:26.55		46.34			

Prueba 42
09/07/2023 - 10:26

Fem., 100m Braza

Absoluto Femenino
Resultados Prelim

RG	1:10.59	CARBALLO GONZALEZ SOFIA	NPONTEA	22/07/2022
RC	1:12.82	GOMEZ CORTES, BEATRIZ	GALAICO	07/07/2017

Clasificación			AN		Tiempo	ABSO	JUNI
Junior Femenino							
1.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:17.41	-	19,00	A
	50m: 34.86 34.86	100m: 1:17.41	42.55				
2.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:21.57	-	16,00	A
	50m: 37.31 37.31	100m: 1:21.57	44.26				
3.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	1:21.84	-	14,00	A
	50m: 39.37 39.37	100m: 1:21.84	42.47				
4.	ARIAS PACHECO, Elena	06	C. N. MONFORTE	1:26.11	-	-	B
	50m: 40.12 40.12	100m: 1:26.11	45.99				
5.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:26.43	-	13,00	B
	50m: 41.06 41.06	100m: 1:26.43	45.37				
6.	PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	1:26.62	-	-	B
	50m: 40.10 40.10	100m: 1:26.62	46.52				
7.	RUIZ MARTINEZ, Xiana	07	C. N. FERROL	1:27.54	-	-	
	50m: 40.99 40.99	100m: 1:27.54	46.55				

Absoluto Femenino

1.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:17.41	-	19,00	A
	50m: 34.86 34.86	100m: 1:17.41	42.55				
2.	CONS GESTIDO, Henar Diana	02	RCN VIGO	1:20.26	-	-	A
	50m: 37.79 37.79	100m: 1:20.26	42.47				
3.	HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	1:20.85	-	-	A
	50m: 38.25 38.25	100m: 1:20.85	42.60				
4.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	1:21.28	-	-	A
	50m: 37.10 37.10	100m: 1:21.28	44.18				
5.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	1:21.40	-	-	A
	50m: 38.55 38.55	100m: 1:21.40	42.85				
6.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:21.57	-	16,00	A
	50m: 37.31 37.31	100m: 1:21.57	44.26				
7.	LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	1:21.73	-	-	A
	50m: 39.39 39.39	100m: 1:21.73	42.34				
8.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	1:21.84	-	14,00	A
	50m: 39.37 39.37	100m: 1:21.84	42.47				
9.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	1:22.14	-	-	B
	50m: 38.75 38.75	100m: 1:22.14	43.39				
10.	LEIVAS ROCA, Candela	05	C. N. FERROL	1:23.47	-	-	B
	50m: 39.28 39.28	100m: 1:23.47	44.19				
11.	ROCHA GONZALEZ, Gisele	09	C. N. GALAICO	1:25.03	-	-	B
	50m: 40.18 40.18	100m: 1:25.03	44.85				

Prueba 42, Fem., 100m Braza, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
12.	SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	1:25.09	-	- B
	50m: 39.34 39.34	100m: 1:25.09	45.75			
13.	GIL POZO, Emma	09	PABELLON OURENSE	1:25.71	-	- B
	50m: 40.76 40.76	100m: 1:25.71	44.95			
14.	ARIAS PACHECO, Elena	06	C. N. MONFORTE	1:26.11	-	- B
	50m: 40.12 40.12	100m: 1:26.11	45.99			
15.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:26.43	-	13,00 B
	50m: 41.06 41.06	100m: 1:26.43	45.37			
16.	PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	1:26.62	-	- B
	50m: 40.10 40.10	100m: 1:26.62	46.52			
17.	CABANAS DEL RIO, Carla	09	SPORTING CASINO	1:26.83	-	-
	50m: 41.61 41.61	100m: 1:26.83	45.22			
18.	MOURELLE PENA, Carla	08	A. D. FOGAR	1:27.18	-	-
	50m: 40.29 40.29	100m: 1:27.18	46.89			
19.	RUIZ MARTINEZ, Xiana	07	C. N. FERROL	1:27.54	-	-
	50m: 40.99 40.99	100m: 1:27.54	46.55			
20.	SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	1:29.94	-	-
	50m: 37.14 37.14	100m: 1:29.94	52.80			
21.	CIVEIRA CORRAL, Nerea	04	PABELLON OURENSE	1:31.10	-	-
	50m: 43.18 43.18	100m: 1:31.10	47.92			
Baja	NOGUERAS PORTO, Sara	08	C. FLUVIAL LUGO		-	-
Baja	ANEIROS DOPICO, Laura	00	C. MARINA FERROL		-	-
Baja	CAMPOS TATO, Uxia	05	PABELLON OURENSE		-	-

Prueba 43
09/07/2023 - 18:13

Masc., 100m Braza

Absoluto Masculino
Resultados Final

RG	1:03.70	, CASTELLANOS GOMEZ, SANTIAGO	POURENSE	26/07/1998
RC	1:05.66	, GONZALEZ GARCIA, DAVID	POURENSE	05/07/2019

Clasificación		AN		Tiempo	ABSO	JUNI
Final A						
1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	1:05.63	22,00	- RC
	50m: 31.47 31.47	100m: 1:05.63	34.16			
2.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:07.30	16,00	-
	50m: 31.95 31.95	100m: 1:07.30	35.35			
3.	ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	1:07.32	14,00	-
	50m: 31.42 31.42	100m: 1:07.32	35.90			
4.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:07.62	13,00	-
	50m: 31.84 31.84	100m: 1:07.62	35.78			
5.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	1:08.00	12,00	-
	50m: 31.72 31.72	100m: 1:08.00	36.28			
6.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	1:08.13	11,00	-
	50m: 31.95 31.95	100m: 1:08.13	36.18			
7.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	1:11.30	10,00	-
	50m: 33.16 33.16	100m: 1:11.30	38.14			
8.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	1:12.34	9,00	-
	50m: 32.97 32.97	100m: 1:12.34	39.37			
Final B						
9.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	1:10.64	8,00	-
	50m: 33.93 33.93	100m: 1:10.64	36.71			
10.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	1:10.79	7,00	-
	50m: 33.92 33.92	100m: 1:10.79	36.87			
11.	PEDROUZO ARES, Miguel	95	ARTABRIA	1:11.17	6,00	-
	50m: 33.61 33.61	100m: 1:11.17	37.56			
12.	GRAÑA DEL SOLAR, Miguel	08	A. DEP. NT. NARON	1:11.18	5,00	-
	50m: 33.36 33.36	100m: 1:11.18	37.82			
13.	LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	1:11.38	4,00	-
	50m: 33.01 33.01	100m: 1:11.38	38.37			
14.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	1:12.03	-	-
	50m: 34.80 34.80	100m: 1:12.03	37.23			
15.	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	1:12.80	3,00	-
	50m: 33.74 33.74	100m: 1:12.80	39.06			
16.	DOPICO REY, Anton	97	C. N. FERROL	1:14.09	2,00	-
	50m: 34.06 34.06	100m: 1:14.09	40.03			

Prueba 43
09/07/2023 - 10:36

Masc., 100m Braza

Absoluto Masculino
Resultados Prelim

RG	1:03.70	, CASTELLANOS GOMEZ, SANTIAGO	POURENSE	26/07/1998
RC	1:05.66	, GONZALEZ GARCIA, DAVID	POURENSE	05/07/2019

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Masculino								
1.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:07.04	-	19,00	A	
	50m: 31.32 31.32	100m: 1:07.04	35.72					
2.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	1:11.00	-	16,00	A	
	50m: 32.27 32.27	100m: 1:11.00	38.73					
3.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	1:11.23	-	14,00	B	
	50m: 33.61 33.61	100m: 1:11.23	37.62					
4.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	1:12.13	-	13,00	B	
	50m: 33.95 33.95	100m: 1:12.13	38.18					
5.	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	1:12.86	-	12,00	B	
	50m: 32.90 32.90	100m: 1:12.86	39.96					
6.	CONDE VARELA, David	05	C. N. MONFORTE	1:13.61	1,00	11,00		
	50m: 33.32 33.32	100m: 1:13.61	40.29					
7.	ALBES ALVARIÑO, David	06	A. DEP. NT. NARON	1:15.33	-	10,00		
	50m: 35.91 35.91	100m: 1:15.33	39.42					
8.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	1:16.26	-	9,00		
	50m: 36.22 36.22	100m: 1:16.26	40.04					
9.	DEVESA LOPEZ, Jonathan	06	C. N. PORTAMIÑA	1:18.43	-	8,00		
	50m: 36.39 36.39	100m: 1:18.43	42.04					

Absoluto Masculino

1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	1:06.31	-	-	A	
	50m: 30.73 30.73	100m: 1:06.31	35.58					
2.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:07.04	-	19,00	A	
	50m: 31.32 31.32	100m: 1:07.04	35.72					
3.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:07.91	-	-	A	
	50m: 32.06 32.06	100m: 1:07.91	35.85					
4.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	1:08.04	-	-	A	
	50m: 32.04 32.04	100m: 1:08.04	36.00					
5.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	1:08.42	-	-	A	
	50m: 32.97 32.97	100m: 1:08.42	35.45					
6.	ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	1:08.45	-	-	A	
	50m: 31.20 31.20	100m: 1:08.45	37.25					
7.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	1:10.61	-	-	A	
	50m: 33.00 33.00	100m: 1:10.61	37.61					
8.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	1:11.00	-	16,00	A	
	50m: 32.27 32.27	100m: 1:11.00	38.73					
9.	PEDROUZO ARES, Miguel	95	ARTABRIA	1:11.21	-	-	B	
	50m: 33.27 33.27	100m: 1:11.21	37.94					

Prueba 43, Masc., 100m Braza, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO	JUNI
10.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	1:11.23	-	14,00 B
	50m: 33.61 33.61	100m: 1:11.23	37.62			
11.	LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	1:11.30	-	- B
	50m: 32.19 32.19	100m: 1:11.30	39.11			
12.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	1:11.65	-	- B
	50m: 33.99 33.99	100m: 1:11.65	37.66			
13.	GRAÑA DEL SOLAR, Miguel	08	A. DEP. NT. NARON	1:11.69	-	- B
	50m: 34.60 34.60	100m: 1:11.69	37.09			
14.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	1:12.13	-	13,00 B
	50m: 33.95 33.95	100m: 1:12.13	38.18			
15.	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	1:12.86	-	12,00 B
	50m: 32.90 32.90	100m: 1:12.86	39.96			
16.	DOPICO REY, Anton	97	C. N. FERROL	1:13.49	-	- B
	50m: 33.68 33.68	100m: 1:13.49	39.81			
17.	CONDE VARELA, David	05	C. N. MONFORTE	1:13.61	1,00	11,00
	50m: 33.32 33.32	100m: 1:13.61	40.29			
18.	PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS	1:13.84	-	-
	50m: 34.63 34.63	100m: 1:13.84	39.21			
19.	SUÁREZ COSTA, Luis	96	C. N. ARTEIXO	1:14.73	-	-
	50m: 34.87 34.87	100m: 1:14.73	39.86			
20.	ALBES ALVARIÑO, David	06	A. DEP. NT. NARON	1:15.33	-	10,00
	50m: 35.91 35.91	100m: 1:15.33	39.42			
21.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	1:16.26	-	9,00
	50m: 36.22 36.22	100m: 1:16.26	40.04			
22.	SUAREZ FERNÁNDEZ, Santiago	95	C. N. MONFORTE	1:16.86	-	-
	50m: 35.46 35.46	100m: 1:16.86	41.40			
23.	VILA PEREIRA, Brais	03	C. N. PONTEAREAS	1:17.71	-	-
	50m: 34.87 34.87	100m: 1:17.71	42.84			
24.	DEVESA LOPEZ, Jonathan	06	C. N. PORTAMIÑA	1:18.43	-	8,00
	50m: 36.39 36.39	100m: 1:18.43	42.04			
Baja	HERNANDEZ NIÑO, Juan David	99	C. N. GALAICO		-	-

Prueba 44

Fem., 100m Libre

Absoluto Femenino

09/07/2023 - 18:21

Resultados Final

RG	56.19	, GOMEZ CORTES, BEATRIZ	GALAICO	12/04/2014
RC	57.18	, GOMEZ CORTES, BEATRIZ	GALAICO	04/07/2010

Clasificación AN Tiempo ABSO JUNI

Final A

1.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	58.51	19,00	-
	50m: 28.45 28.45	100m: 58.51	30.06			
2.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	59.02	16,00	-
	50m: 28.61 28.61	100m: 59.02	30.41			
3.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	59.50	14,00	-
	50m: 28.94 28.94	100m: 59.50	30.56			
4.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	59.69	13,00	-
	50m: 29.65 29.65	100m: 59.69	30.04			
5.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	1:01.13	12,00	-
	50m: 29.31 29.31	100m: 1:01.13	31.82			
6.	MARTINEZ OTERO, Eva	08	C. N. MOS	1:02.12	11,00	-
	50m: 29.47 29.47	100m: 1:02.12	32.65			
7.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:02.25	10,00	-
	50m: 29.92 29.92	100m: 1:02.25	32.33			
8.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	1:02.38	9,00	-
	50m: 29.61 29.61	100m: 1:02.38	32.77			

Final B

9.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	1:02.42	8,00	-
	50m: 30.09 30.09	100m: 1:02.42	32.33			
10.	SUAREZ KITAHORI, Nana S.	05	A. D. FOGAR	1:02.57	7,00	-
	50m: 30.15 30.15	100m: 1:02.57	32.42			
11.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:02.63	6,00	-
	50m: 30.51 30.51	100m: 1:02.63	32.12			
12.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	1:02.79	5,00	-
	50m: 30.54 30.54	100m: 1:02.79	32.25			
13.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	1:03.19	4,00	-
	50m: 30.86 30.86	100m: 1:03.19	32.33			
14.	CONS GESTIDO, Victoria Anna	05	RCN VIGO	1:03.23	3,00	-
	50m: 30.31 30.31	100m: 1:03.23	32.92			
15.	FERNANDEZ AGUIÓN, Sara	07	C. N. CORUÑA	1:03.53	2,00	-
	50m: 30.56 30.56	100m: 1:03.53	32.97			
Baja	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	-	-	-

Prueba 44
09/07/2023 - 10:46

Fem., 100m Libre

Absoluto Femenino
Resultados Prelim

RG	56.19	, GOMEZ CORTES, BEATRIZ	GALAICO	12/04/2014
RC	57.18	, GOMEZ CORTES, BEATRIZ	GALAICO	04/07/2010

Clasificación			AN			Tiempo	ABSO	JUNI
Junior Femenino								
1.	LEMONS FERNANDEZ, Iria		06	C. N. PONTEAREAS	1:00.09	-	19,00	A
	50m: 30.04	30.04	100m: 1:00.09	30.05				
2.	ALVAREZ PAZOS, Maria		07	VIGO RIAS BAIXAS	1:00.16	-	16,00	A
	50m: 29.62	29.62	100m: 1:00.16	30.54				
3.	SÁNCHEZ BELLO, Eva		07	C. N. ARTEIXO	1:01.64	-	14,00	A
	50m: 30.02	30.02	100m: 1:01.64	31.62				
4.	FERNANDEZ AGUION, Sara		07	C. N. CORUÑA	1:03.76	-	13,00	B
	50m: 30.46	30.46	100m: 1:03.76	33.30				
5.	BLANCO ROUCO, Carmen		06	VIGO RIAS BAIXAS	1:03.84	-	12,00	B
	50m: 30.64	30.64	100m: 1:03.84	33.20				
6.	BORGE JUSTE, Ines		06	C. N. PONTEAREAS	1:04.51	-	11,00	
	50m: 30.86	30.86	100m: 1:04.51	33.65				
7.	BALADO PENA, Celtia		07	C. MARINA FERROL	1:04.83	-	10,00	
	50m: 30.94	30.94	100m: 1:04.83	33.89				
8.	GROBA COMESAÑA, Noa		06	RCN VIGO	1:05.19	-	9,00	
	50m: 30.99	30.99	100m: 1:05.19	34.20				
9.	JIMÉNEZ EZQUERRA, Ana María		07	C. N. FERROL	1:05.34	-	8,00	
	50m: 31.80	31.80	100m: 1:05.34	33.54				
10.	TEIJEIRO SABORIDO, Cayetana		06	VIGO RIAS BAIXAS	1:05.91	-	-	
	50m: 31.69	31.69	100m: 1:05.91	34.22				
11.	BOTANA PEDREIRA, Lola		06	A. D. FOGAR	1:05.96	-	7,00	
	50m: 32.10	32.10	100m: 1:05.96	33.86				
12.	BUJAN ROUCO, Enma		07	C. N. XOVE	1:06.08	-	6,00	
	50m: 31.92	31.92	100m: 1:06.08	34.16				
13.	PARDO PIÑEIRO, Maria		06	C. FLUVIAL LUGO	1:06.38	-	5,00	
	50m: 31.94	31.94	100m: 1:06.38	34.44				
14.	GARCÍA NAYA, Irene		06	C. N. ARTEIXO	1:06.58	-	4,00	
	50m: 32.27	32.27	100m: 1:06.58	34.31				
15.	CARRASCO DE CASTRO, Ana		07	C. MARINA FERROL	1:08.29	-	-	
	50m: 33.46	33.46	100m: 1:08.29	34.83				
16.	PEDREIRA GALEGO, Xiana		06	A. D. FOGAR	1:08.30	-	-	
	50m: 33.09	33.09	100m: 1:08.30	35.21				

Absoluto Femenino

1.	FEIJOO GOMEZ, Eva		04	PABELLON OURENSE	59.48	-	-	A
	50m: 28.61	28.61	100m: 59.48	30.87				
2.	GÓMEZ MESÍAS, Alba		00	C. N. ARTEIXO	59.93	-	-	A
	50m: 28.79	28.79	100m: 59.93	31.14				

Prueba 44, Fem., 100m Libre, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
3.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:00.09	-	19,00 A
	50m: 30.04 30.04	100m: 1:00.09	30.05			
4.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	1:00.16	-	16,00 A
	50m: 29.62 29.62	100m: 1:00.16	30.54			
5.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	1:01.56	-	- A
	50m: 29.76 29.76	100m: 1:01.56	31.80			
6.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:01.64	-	14,00 A
	50m: 30.02 30.02	100m: 1:01.64	31.62			
7.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	1:01.91	-	- A
	50m: 29.97 29.97	100m: 1:01.91	31.94			
8.	MARTINEZ OTERO, Eva	08	C. N. MOS	1:02.41	-	- A
	50m: 29.73 29.73	100m: 1:02.41	32.68			
9.	CONS GESTIDO, Victoria Anna	05	RCN VIGO	1:02.82	-	- B
	50m: 30.07 30.07	100m: 1:02.82	32.75			
10.	SUAREZ KITAHORI, Nana S.	05	A. D. FOGAR	1:02.86	-	- B
	50m: 30.34 30.34	100m: 1:02.86	32.52			
11.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	1:03.00	-	- B
	50m: 30.27 30.27	100m: 1:03.00	32.73			
	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:03.00	-	- B
	50m: 30.63 30.63	100m: 1:03.00	32.37			
13.	HERNÁNDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	1:03.48	-	- B
	50m: 31.02 31.02	100m: 1:03.48	32.46			
14.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	1:03.55	-	- B
	50m: 30.82 30.82	100m: 1:03.55	32.73			
15.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	1:03.76	-	13,00 B
	50m: 30.46 30.46	100m: 1:03.76	33.30			
16.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:03.84	-	12,00 B
	50m: 30.64 30.64	100m: 1:03.84	33.20			
17.	CONS GESTIDO, Henar Diana	02	RCN VIGO	1:03.90	-	-
	50m: 30.57 30.57	100m: 1:03.90	33.33			
18.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	1:04.30	1,00	-
	50m: 30.71 30.71	100m: 1:04.30	33.59			
19.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:04.51	-	11,00
	50m: 30.86 30.86	100m: 1:04.51	33.65			
20.	VEIGA SOUTO, Ana	98	C. N. ARTEIXO	1:04.82	-	-
	50m: 31.07 31.07	100m: 1:04.82	33.75			
21.	BALADO PENA, Celtia	07	C. MARINA FERROL	1:04.83	-	10,00
	50m: 30.94 30.94	100m: 1:04.83	33.89			
22.	GROBA COMESAÑA, Noa	06	RCN VIGO	1:05.19	-	9,00
	50m: 30.99 30.99	100m: 1:05.19	34.20			
23.	LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	1:05.21	-	-
	50m: 31.59 31.59	100m: 1:05.21	33.62			
24.	CANO ROSALES, Laura	04	C. N. GALAICO	1:05.32	-	-
	50m: 30.84 30.84	100m: 1:05.32	34.48			

Prueba 44, Fem., 100m Libre, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO	JUNI
25.	JIMÉNEZ EZQUERRA, Ana María	07	C. N. FERROL	1:05.34	-	8,00
	50m: 31.80 31.80	100m: 1:05.34	33.54			
26.	FREIJE TORNEIRO, Aroa	98	C. N. PORTAMIÑA	1:05.61	-	-
	50m: 30.45 30.45	100m: 1:05.61	35.16			
27.	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	1:05.73	-	-
	50m: 31.54 31.54	100m: 1:05.73	34.19			
28.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	1:05.87	-	-
	50m: 31.45 31.45	100m: 1:05.87	34.42			
29.	TEIJEIRO SABORIDO, Cayetana	06	VIGO RIAS BAIXAS	1:05.91	-	-
	50m: 31.69 31.69	100m: 1:05.91	34.22			
30.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	1:05.96	-	7,00
	50m: 32.10 32.10	100m: 1:05.96	33.86			
31.	BLANCO MENDEZ, Claudia	08	PABELLON OURENSE	1:06.01	-	-
	50m: 31.74 31.74	100m: 1:06.01	34.27			
32.	BUJAN ROUCO, Enma	07	C. N. XOVE	1:06.08	-	6,00
	50m: 31.92 31.92	100m: 1:06.08	34.16			
33.	SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	1:06.34	-	-
	50m: 32.09 32.09	100m: 1:06.34	34.25			
34.	PARDO PIÑEIRO, Maria	06	C. FLUVIAL LUGO	1:06.38	-	5,00
	50m: 31.94 31.94	100m: 1:06.38	34.44			
35.	REY CONESA, Carolina	04	C. N. FERROL	1:06.53	-	-
	50m: 31.75 31.75	100m: 1:06.53	34.78			
36.	GARCÍA NAYA, Irene	06	C. N. ARTEIXO	1:06.58	-	4,00
	50m: 32.27 32.27	100m: 1:06.58	34.31			
37.	MENDEZ BERNARDEZ, Arianna	04	PABELLON OURENSE	1:08.20	-	-
	50m: 33.20 33.20	100m: 1:08.20	35.00			
38.	CARRASCO DE CASTRO, Ana	07	C. MARINA FERROL	1:08.29	-	-
	50m: 33.46 33.46	100m: 1:08.29	34.83			
39.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	1:08.30	-	-
	50m: 33.09 33.09	100m: 1:08.30	35.21			
Baja	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL		-	-
Baja	GARCIA SILVA, Antia	98	C. N. GALAICO		-	-

Prueba 45
09/07/2023 - 18:30

Masc., 200m Libre

Absoluto Masculino
Resultados Final

RG	1:51.08	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	03/04/2009
RC	1:53.01	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/07/2010

Clasificación		AN		Tiempo	ABSO	JUNI	
Final A							
1.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	1:56.74	19,00	-	
	50m: 27.28 27.28	100m: 56.79	29.51	150m: 1:27.27	30.48	200m: 1:56.74	29.47
2.	MOURE DOVAL, Jose	99	PABELLON OURENSE	1:57.06	16,00	-	
	50m: 26.80 26.80	100m: 56.50	29.70	150m: 1:26.65	30.15	200m: 1:57.06	30.41
3.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	1:57.70	14,00	-	
	50m: 27.75 27.75	100m: 57.76	30.01	150m: 1:28.19	30.43	200m: 1:57.70	29.51
4.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:58.30	13,00	-	
	50m: 27.45 27.45	100m: 56.85	29.40	150m: 1:27.29	30.44	200m: 1:58.30	31.01
5.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	1:58.75	12,00	-	
	50m: 26.67 26.67	100m: 56.05	29.38	150m: 1:26.12	30.07	200m: 1:58.75	32.63
6.	CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS	2:01.80	11,00	-	
	50m: 27.89 27.89	100m: 58.38	30.49	150m: 1:29.96	31.58	200m: 2:01.80	31.84
7.	LEVCHENKO, Nikita	08	C. N. ARZUA	2:03.01	10,00	-	
	50m: 28.02 28.02	100m: 58.74	30.72	150m: 1:30.68	31.94	200m: 2:03.01	32.33
Baja	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA		9,00	-	
Final B							
9.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:03.32	8,00	-	
	50m: 29.12 29.12	100m: 1:00.85	31.73	150m: 1:32.71	31.86	200m: 2:03.32	30.61
10.	TABEIRA OLASCOAGA, Tadeo	07	C. N. FERROL	2:03.71	7,00	-	
	50m: 29.48 29.48	100m: 1:01.46	31.98	150m: 1:33.22	31.76	200m: 2:03.71	30.49
11.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	2:03.72	6,00	-	
	50m: 29.69 29.69	100m: 1:00.99	31.30	150m: 1:33.01	32.02	200m: 2:03.72	30.71
12.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	2:03.77	-	-	
	50m: 28.44 28.44	100m: 1:00.02	31.58	150m: 1:32.62	32.60	200m: 2:03.77	31.15
13.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	2:03.83	-	-	
	50m: 28.80 28.80	100m: 1:00.52	31.72	150m: 1:32.62	32.10	200m: 2:03.83	31.21
14.	GARRIDO BRUM, Jacobo	02	C. N. Mataro	2:05.46	5,00	-	
	50m: 30.00 30.00	100m: 1:01.86	31.86	150m: 1:34.19	32.33	200m: 2:05.46	31.27
15.	GARCÍA AFONSO, Alexis	07	C. N. FERROL	2:08.51	4,00	-	
	50m: 29.25 29.25	100m: 1:02.11	32.86	150m: 1:35.19	33.08	200m: 2:08.51	33.32
Baja	CUMMINGS CANDAL, James	05	C. N. CORUÑA		3,00	-	

Prueba 45
09/07/2023 - 10:58

Masc., 200m Libre

Absoluto Masculino
Resultados Prelim

RG	1:51.08	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	03/04/2009
RC	1:53.01	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/07/2010

Clasificación			AN			Tiempo	ABSO	JUNI		
Junior Masculino										
1.	GARCÍA CASTRO, Mateo		05	C. N. ARTEIXO		2:01.41	- 19,00	A		
	50m:	29.03 29.03	100m:	59.73	30.70	150m:	1:30.73	31.00	200m:	2:01.41 30.68
2.	CUMMINGS CANDAL, James		05	C. N. CORUÑA		2:03.11	- 16,00	B		
	50m:	28.96 28.96	100m:	59.98	31.02	150m:	1:31.62	31.64	200m:	2:03.11 31.49
3.	VAZQUEZ COSTA, Miguel		06	C. N. GALAICO		2:03.73	- 14,00	B		
	50m:	29.42 29.42	100m:	1:00.75	31.33	150m:	1:32.77	32.02	200m:	2:03.73 30.96
4.	DIAZ- BECERRA LOPEZ, Anton		05	C. N. PORTAMIÑA		2:04.29	- 13,00	B		
	50m:	29.14 29.14	100m:	1:00.60	31.46	150m:	1:32.71	32.11	200m:	2:04.29 31.58
5.	FRAGA SAL, Alexandre		06	C. N. PORTAMIÑA		2:05.43	- 12,00	B		
	50m:	28.48 28.48	100m:	59.71	31.23	150m:	1:32.74	33.03	200m:	2:05.43 32.69
6.	PAZ RODRIGUEZ, Aritz		06	PABELLON OURENSE		2:06.24	- 11,00			
	50m:	27.76 27.76	100m:	58.68	30.92	150m:	1:31.85	33.17	200m:	2:06.24 34.39
7.	RODRÍGUEZ RODRÍGUEZ, Germán		05	C. N. FERROL		2:07.44	- 10,00			
	50m:	29.32 29.32	100m:	1:01.16	31.84	150m:	1:34.03	32.87	200m:	2:07.44 33.41
8.	GOMEZ LIMIA, Pablo		06	C. N. CORUÑA		2:09.05	- 9,00			
	50m:	29.17 29.17	100m:	1:01.38	32.21	150m:	1:35.07	33.69	200m:	2:09.05 33.98
9.	MENDEZ GARCIA, Xoa		06	C. N. PORTAMIÑA		2:09.27	- -			
	50m:	29.84 29.84	100m:	1:02.47	32.63	150m:	1:36.44	33.97	200m:	2:09.27 32.83
10.	PEREZ PAZ, Dario		05	C. N. PONTEAREAS		2:09.93	- 8,00			
	50m:	29.60 29.60	100m:	1:03.03	33.43	150m:	1:37.48	34.45	200m:	2:09.93 32.45
11.	NUÑEZ SUAREZ, Antón		05	C. FLUVIAL LUGO		2:10.68	- 7,00			
	50m:	30.24 30.24	100m:	1:03.34	33.10	150m:	1:37.39	34.05	200m:	2:10.68 33.29
12.	REY MUNIN, Tomas		06	CIDADE SANTIAGO		2:10.87	- 6,00			
	50m:	29.54 29.54	100m:	1:02.67	33.13	150m:	1:37.71	35.04	200m:	2:10.87 33.16
13.	ABELLEIRA GÓMEZ, Miguel A.		06	S. DEP. BOIRO		2:13.52	- 5,00			
	50m:	31.58 31.58	100m:	1:05.45	33.87	150m:	1:39.88	34.43	200m:	2:13.52 33.64
14.	PEREZ TEIJEIRA, Iago		06	C. N. XOVE		2:14.92	- 4,00			
	50m:	30.47 30.47	100m:	1:04.44	33.97	150m:	1:40.09	35.65	200m:	2:14.92 34.83
15.	MERA TATO, Hugo		06	C. N. ARZUA		2:18.64	- -			
	50m:	31.99 31.99	100m:	1:06.86	34.87	150m:	1:42.92	36.06	200m:	2:18.64 35.72
Baja	BALSA VIGO, Javier		05	C. N. CORUÑA			- -			

Absoluto Masculino

1.	MOURE DOVAL, Jose		99	PABELLON OURENSE		1:57.84	- -	A		
	50m:	27.55 27.55	100m:	57.70	30.15	150m:	1:28.10	30.40	200m:	1:57.84 29.74
2.	CIVEIRA CORRAL, Raul		02	PABELLON OURENSE		1:59.36	- -	A		
	50m:	27.89 27.89	100m:	58.32	30.43	150m:	1:29.32	31.00	200m:	1:59.36 30.04
3.	SANLÉS DIESTE, Hugo		04	S. DEP. BOIRO		1:59.56	- -	A		
	50m:	27.86 27.86	100m:	57.60	29.74	150m:	1:28.55	30.95	200m:	1:59.56 31.01

Prueba 45, Masc., 200m Libre, Prelim, Absoluto Masculino

Clasificación	AN				Tempo	ABSO	JUNI
4. ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO			2:01.19	-	- A
50m: 27.21 27.21	100m: 57.07	29.86	150m: 1:29.82	32.75	200m: 2:01.19	31.37	
5. RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA			2:01.33	-	- A
50m: 28.22 28.22	100m: 59.97	31.75	150m: 1:30.99	31.02	200m: 2:01.33	30.34	
6. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO			2:01.41	-	19,00 A
50m: 29.03 29.03	100m: 59.73	30.70	150m: 1:30.73	31.00	200m: 2:01.41	30.68	
7. LEVCHENKO, Nikita	08	C. N. ARZUA			2:01.90	-	- A
50m: 28.29 28.29	100m: 59.83	31.54	150m: 1:31.85	32.02	200m: 2:01.90	30.05	
8. CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS			2:02.92	-	- A
50m: 28.27 28.27	100m: 58.78	30.51	150m: 1:30.90	32.12	200m: 2:02.92	32.02	
9. CUMMINGS CANDAL, James	05	C. N. CORUÑA			2:03.11	-	16,00 B
50m: 28.96 28.96	100m: 59.98	31.02	150m: 1:31.62	31.64	200m: 2:03.11	31.49	
10. VAZQUEZ COSTA, Miguel	06	C. N. GALAICO			2:03.73	-	14,00 B
50m: 29.42 29.42	100m: 1:00.75	31.33	150m: 1:32.77	32.02	200m: 2:03.73	30.96	
11. DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA			2:04.29	-	13,00 B
50m: 29.14 29.14	100m: 1:00.60	31.46	150m: 1:32.71	32.11	200m: 2:04.29	31.58	
12. TABELIRA OLASCOAGA, Tadeo	07	C. N. FERROL			2:04.98	-	- B
50m: 29.04 29.04	100m: 1:00.70	31.66	150m: 1:33.38	32.68	200m: 2:04.98	31.60	
13. CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE			2:05.15	-	- B
50m: 28.22 28.22	100m: 59.32	31.10	150m: 1:32.34	33.02	200m: 2:05.15	32.81	
14. GARRIDO BRUM, Jacobo	02	C. N. Mataro			2:05.38	-	- B
50m: 29.73 29.73	100m: 1:01.12	31.39	150m: 1:33.30	32.18	200m: 2:05.38	32.08	
15. FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA			2:05.43	-	12,00 B
50m: 28.48 28.48	100m: 59.71	31.23	150m: 1:32.74	33.03	200m: 2:05.43	32.69	
16. GARCÍA AFONSO, Alexis	07	C. N. FERROL			2:06.17	-	- B
50m: 28.68 28.68	100m: 1:00.76	32.08	150m: 1:33.40	32.64	200m: 2:06.17	32.77	
17. RODA MARQUEZ, Joao Victor	07	C. N. CULLEREDO			2:06.21	2,00	-
50m: 28.53 28.53	100m: 59.44	30.91	150m: 1:32.31	32.87	200m: 2:06.21	33.90	
18. PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE			2:06.24	-	11,00
50m: 27.76 27.76	100m: 58.68	30.92	150m: 1:31.85	33.17	200m: 2:06.24	34.39	
19. BARROS DA SILVA, Pedro	07	C. N. GALAICO			2:06.62	1,00	-
50m: 29.35 29.35	100m: 1:00.84	31.49	150m: 1:33.52	32.68	200m: 2:06.62	33.10	
20. PEREZ GARCIA, Iker	07	C. N. GALAICO			2:06.63	-	-
50m: 29.68 29.68	100m: 1:02.02	32.34	150m: 1:34.93	32.91	200m: 2:06.63	31.70	
21. MERZLYAKOV KOSTOMAROV, Mikha	07	PABELLON OURENSE			2:07.02	-	-
50m: 29.63 29.63	100m: 1:02.37	32.74	150m: 1:34.75	32.38	200m: 2:07.02	32.27	
22. GUTIERREZ MARIÑO, Santiago	02	PABELLON OURENSE			2:07.06	-	-
50m: 28.90 28.90	100m: 59.91	31.01	150m: 1:33.46	33.55	200m: 2:07.06	33.60	
23. GALAN VICENTE, Pablo	02	A. D. FOGAR			2:07.33	-	-
50m: 28.68 28.68	100m: 59.72	31.04	150m: 1:32.51	32.79	200m: 2:07.33	34.82	
24. RODRÍGUEZ RODRÍGUEZ, Germán	05	C. N. FERROL			2:07.44	-	10,00
50m: 29.32 29.32	100m: 1:01.16	31.84	150m: 1:34.03	32.87	200m: 2:07.44	33.41	
25. CARREIRA POSADA, Jorge	00	C. N. PANAS			2:07.47	-	-
50m: 29.21 29.21	100m: 1:01.79	32.58	150m: 1:34.84	33.05	200m: 2:07.47	32.63	

Prueba 45, Masc., 200m Libre, Prelim, Absoluto Masculino

Clasificación	AN	Club	Tiempo	ABSO	JUNJ
26. LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	2:08.68	-	-
50m: 29.03 29.03	100m: 1:00.30	31.27 150m: 1:33.15	32.85	200m: 2:08.68	35.53
27. MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	2:08.70	-	-
50m: 29.84 29.84	100m: 1:01.50	31.66 150m: 1:35.10	33.60	200m: 2:08.70	33.60
28. RODRIGUEZ VIEITEZ, Hugo	08	VIGO RIAS BAIXAS	2:08.92	-	-
50m: 29.74 29.74	100m: 1:01.53	31.79 150m: 1:35.14	33.61	200m: 2:08.92	33.78
29. GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	2:09.05	-	9,00
50m: 29.17 29.17	100m: 1:01.38	32.21 150m: 1:35.07	33.69	200m: 2:09.05	33.98
30. MENDEZ GARCIA, Xoan	06	C. N. PORTAMIÑA	2:09.27	-	-
50m: 29.84 29.84	100m: 1:02.47	32.63 150m: 1:36.44	33.97	200m: 2:09.27	32.83
31. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	2:09.93	-	8,00
50m: 29.60 29.60	100m: 1:03.03	33.43 150m: 1:37.48	34.45	200m: 2:09.93	32.45
32. NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	2:10.68	-	7,00
50m: 30.24 30.24	100m: 1:03.34	33.10 150m: 1:37.39	34.05	200m: 2:10.68	33.29
33. REY MUNIN, Tomas	06	CIDADE SANTIAGO	2:10.87	-	6,00
50m: 29.54 29.54	100m: 1:02.67	33.13 150m: 1:37.71	35.04	200m: 2:10.87	33.16
34. INFESTAS CARAZO, Samuel	03	RCN VIGO	2:11.04	-	-
50m: 29.41 29.41	100m: 1:02.55	33.14 150m: 1:36.47	33.92	200m: 2:11.04	34.57
35. ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	2:13.52	-	5,00
50m: 31.58 31.58	100m: 1:05.45	33.87 150m: 1:39.88	34.43	200m: 2:13.52	33.64
36. PEREZ TEIJEIRA, Iago	06	C. N. XOVE	2:14.92	-	4,00
50m: 30.47 30.47	100m: 1:04.44	33.97 150m: 1:40.09	35.65	200m: 2:14.92	34.83
37. MERA TATO, Hugo	06	C. N. ARZUA	2:18.64	-	-
50m: 31.99 31.99	100m: 1:06.86	34.87 150m: 1:42.92	36.06	200m: 2:18.64	35.72
38. GARCIA GARAY, Marcos	01	C. N. PANAS	2:27.67	-	-
50m: 27.70 27.70	100m: 57.15	29.45 150m: 1:44.36	47.21	200m: 2:27.67	43.31
Baja SOUTO RAMOS, Manuel	07	A. D. FOGAR	-	-	-
Baja PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	-	-	-
Baja Balsa VIGO, Javier	05	C. N. CORUÑA	-	-	-
Baja JUNCAL MOREIRA, Pablo	01	C. N. GALAICO	-	-	-

Prueba 46
09/07/2023 - 11:16

Fem., 1500m Libre

Absoluto Femenino
Resultados

RG	16:01.25	, VILAS VIDAL, MARIA	RIVEIRA	21/05/2016
RC	16:48.45	, VILAS VIDAL, MARIA	RIVEIRA	29/06/2013

Clasificación

AN

Tiempo ABSO JUNI

Junior Femenino

1. MARTÍNEZ NOVOA, Sílvia	06	RCN VIGO	19:06.31	12,00	19,00	
50m: 34.34	34.34	450m: 5:41.58	39.07	850m: 10:50.40	38.57	1250m: 15:56.71 37.91
100m: 1:11.09	36.75	500m: 6:20.62	39.04	900m: 11:28.95	38.55	1300m: 16:35.10 38.39
150m: 1:48.87	37.78	550m: 6:59.27	38.65	950m: 12:07.03	38.08	1350m: 17:14.47 39.37
200m: 2:27.04	38.17	600m: 7:37.97	38.70	1000m: 12:45.68	38.65	1400m: 17:53.07 38.60
250m: 3:06.07	39.03	650m: 8:16.47	38.50	1050m: 13:24.32	38.64	1450m: 18:30.27 37.20
300m: 3:44.86	38.79	700m: 8:54.78	38.31	1100m: 14:02.50	38.18	1500m: 19:06.31 36.04
350m: 4:24.03	39.17	750m: 9:33.63	38.85	1150m: 14:41.07	38.57	
400m: 5:02.51	38.48	800m: 10:11.83	38.20	1200m: 15:18.80	37.73	
2. COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	19:26.19	-	16,00	
50m: 35.71	35.71	450m: 5:48.83	38.85	850m: 11:00.56	38.42	1250m: 16:11.87 38.95
100m: 1:14.64	38.93	500m: 6:27.59	38.76	900m: 11:39.54	38.98	1300m: 16:51.60 39.73
150m: 1:53.48	38.84	550m: 7:06.69	39.10	950m: 12:18.05	38.51	1350m: 17:30.42 38.82
200m: 2:33.23	39.75	600m: 7:46.13	39.44	1000m: 12:56.90	38.85	1400m: 18:09.56 39.14
250m: 3:12.25	39.02	650m: 8:24.78	38.65	1050m: 13:35.31	38.41	1450m: 18:48.58 39.02
300m: 3:51.89	39.64	700m: 9:04.05	39.27	1100m: 14:14.57	39.26	1500m: 19:26.19 37.61
350m: 4:31.00	39.11	750m: 9:43.12	39.07	1150m: 14:53.69	39.12	
400m: 5:09.98	38.98	800m: 10:22.14	39.02	1200m: 15:32.92	39.23	
3. FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENS	19:38.60	-	14,00	
50m: 34.45	34.45	450m: 5:41.63	39.05	850m: 10:56.57	40.05	1250m: 16:19.97 41.34
100m: 1:12.02	37.57	500m: 6:20.42	38.79	900m: 11:36.73	40.16	1300m: 17:00.92 40.95
150m: 1:50.24	38.22	550m: 6:59.09	38.67	950m: 12:16.53	39.80	1350m: 17:41.35 40.43
200m: 2:28.28	38.04	600m: 7:38.14	39.05	1000m: 12:56.78	40.25	1400m: 18:21.82 40.47
250m: 3:07.18	38.90	650m: 8:17.67	39.53	1050m: 13:36.90	40.12	1450m: 19:01.08 39.26
300m: 3:45.52	38.34	700m: 8:56.66	38.99	1100m: 14:17.15	40.25	1500m: 19:38.60 37.52
350m: 4:24.21	38.69	750m: 9:36.75	40.09	1150m: 14:58.20	41.05	
400m: 5:02.58	38.37	800m: 10:16.52	39.77	1200m: 15:38.63	40.43	

Absoluto Femenino

1. ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	18:06.60	19,00	-	
50m: 31.96	31.96	450m: 5:19.60	36.41	850m: 10:11.31	36.46	1250m: 15:04.60 36.71
100m: 1:06.91	34.95	500m: 5:55.95	36.35	900m: 10:47.99	36.68	1300m: 15:41.20 36.60
150m: 1:42.69	35.78	550m: 6:32.42	36.47	950m: 11:24.69	36.70	1350m: 16:17.74 36.54
200m: 2:18.74	36.05	600m: 7:08.83	36.41	1000m: 12:01.33	36.64	1400m: 16:54.23 36.49
250m: 2:54.79	36.05	650m: 7:45.39	36.56	1050m: 12:37.97	36.64	1450m: 17:30.58 36.35
300m: 3:30.88	36.09	700m: 8:22.03	36.64	1100m: 13:14.46	36.49	1500m: 18:06.60 36.02
350m: 4:06.92	36.04	750m: 8:58.53	36.50	1150m: 13:51.25	36.79	
400m: 4:43.19	36.27	800m: 9:34.85	36.32	1200m: 14:27.89	36.64	
2. PARDO CHAS, Eva	04	C. N. FERROL	18:26.52	16,00	-	
50m: 32.37	32.37	450m: 5:25.73	37.18	850m: 10:22.16	37.22	1250m: 15:18.51 37.41
100m: 1:07.71	35.34	500m: 6:02.73	37.00	900m: 10:59.12	36.96	1300m: 15:55.51 37.00
150m: 1:44.11	36.40	550m: 6:39.83	37.10	950m: 11:36.14	37.02	1350m: 16:32.78 37.27
200m: 2:20.70	36.59	600m: 7:16.80	36.97	1000m: 12:13.23	37.09	1400m: 17:09.99 37.21
250m: 2:57.56	36.86	650m: 7:54.03	37.23	1050m: 12:50.46	37.23	1450m: 17:47.96 37.97
300m: 3:34.54	36.98	700m: 8:30.90	36.87	1100m: 13:27.15	36.69	1500m: 18:26.52 38.56
350m: 4:11.73	37.19	750m: 9:07.86	36.96	1150m: 14:04.37	37.22	
400m: 4:48.55	36.82	800m: 9:44.94	37.08	1200m: 14:41.10	36.73	

Prueba 46, Fem., 1500m Libre, Absoluto Femenino

Clasificación			AN			Tempo	ABSO	JUNI	
3.	CANALDA RAMOS, Laura		09	C. N. CORUÑA		18:38.10	14,00	-	
	50m:	33.79 33.79	450m:	5:34.23 37.93	850m:	10:34.21 37.06	1250m:	15:33.86 37.53	
	100m:	1:10.48 36.69	500m:	6:12.57 38.34	900m:	11:11.63 37.42	1300m:	16:11.56 37.70	
	150m:	1:47.33 36.85	550m:	6:50.64 38.07	950m:	11:48.96 37.33	1350m:	16:48.65 37.09	
	200m:	2:24.70 37.37	600m:	7:28.06 37.42	1000m:	12:26.30 37.34	1400m:	17:26.22 37.57	
	250m:	3:01.93 37.23	650m:	8:05.11 37.05	1050m:	13:03.60 37.30	1450m:	18:02.93 36.71	
	300m:	3:40.18 38.25	700m:	8:42.56 37.45	1100m:	13:41.07 37.47	1500m:	18:38.10 35.17	
	350m:	4:17.95 37.77	750m:	9:19.70 37.14	1150m:	14:18.25 37.18			
	400m:	4:56.30 38.35	800m:	9:57.15 37.45	1200m:	14:56.33 38.08			
4.	RODRÍGUEZ RODRÍGUEZ, Paula		08	C. N. ARTEIXO		18:58.50	13,00	-	
	50m:	34.03 34.03	450m:	5:36.31 38.16	850m:	10:42.68 38.34	1250m:	15:50.38 37.99	
	100m:	1:10.98 36.95	500m:	6:14.65 38.34	900m:	11:21.41 38.73	1300m:	16:28.93 38.55	
	150m:	1:48.47 37.49	550m:	6:53.16 38.51	950m:	11:59.67 38.26	1350m:	17:06.97 38.04	
	200m:	2:26.19 37.72	600m:	7:31.59 38.43	1000m:	12:38.84 39.17	1400m:	17:45.09 38.12	
	250m:	3:03.83 37.64	650m:	8:09.82 38.23	1050m:	13:17.33 38.49	1450m:	18:22.64 37.55	
	300m:	3:41.86 38.03	700m:	8:48.20 38.38	1100m:	13:55.61 38.28	1500m:	18:58.50 35.86	
	350m:	4:19.89 38.03	750m:	9:26.09 37.89	1150m:	14:34.07 38.46			
	400m:	4:58.15 38.26	800m:	10:04.34 38.25	1200m:	15:12.39 38.32			
5.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO		19:06.31	12,00	19,00	
	50m:	34.34 34.34	450m:	5:41.58 39.07	850m:	10:50.40 38.57	1250m:	15:56.71 37.91	
	100m:	1:11.09 36.75	500m:	6:20.62 39.04	900m:	11:28.95 38.55	1300m:	16:35.10 38.39	
	150m:	1:48.87 37.78	550m:	6:59.27 38.65	950m:	12:07.03 38.08	1350m:	17:14.47 39.37	
	200m:	2:27.04 38.17	600m:	7:37.97 38.70	1000m:	12:45.68 38.65	1400m:	17:53.07 38.60	
	250m:	3:06.07 39.03	650m:	8:16.47 38.50	1050m:	13:24.32 38.64	1450m:	18:30.27 37.20	
	300m:	3:44.86 38.79	700m:	8:54.78 38.31	1100m:	14:02.50 38.18	1500m:	19:06.31 36.04	
	350m:	4:24.03 39.17	750m:	9:33.63 38.85	1150m:	14:41.07 38.57			
	400m:	5:02.51 38.48	800m:	10:11.83 38.20	1200m:	15:18.80 37.73			
6.	ALVITE BERGARA, Nerea		99	C. N. ARTEIXO		19:12.09	11,00	-	
	50m:	34.68 34.68	450m:	5:35.53 38.03	850m:	10:43.15 38.57	1250m:	15:54.11 39.85	
	100m:	1:11.88 37.20	500m:	6:13.25 37.72	900m:	11:21.66 38.51	1300m:	16:33.62 39.51	
	150m:	1:49.07 37.19	550m:	6:51.36 38.11	950m:	12:00.15 38.49	1350m:	17:13.63 40.01	
	200m:	2:26.19 37.12	600m:	7:29.49 38.13	1000m:	12:39.19 39.04	1400m:	17:53.54 39.91	
	250m:	3:03.82 37.63	650m:	8:07.96 38.47	1050m:	13:17.85 38.66	1450m:	18:33.20 39.66	
	300m:	3:41.61 37.79	700m:	8:46.59 38.63	1100m:	13:56.37 38.52	1500m:	19:12.09 38.89	
	350m:	4:19.59 37.98	750m:	9:26.02 39.43	1150m:	14:34.95 38.58			
	400m:	4:57.50 37.91	800m:	10:04.58 38.56	1200m:	15:14.26 39.31			
7.	COUCEIRO BARREIRO, Marta		07	SPORTING CASINO		19:26.19	-	16,00	
	50m:	35.71 35.71	450m:	5:48.83 38.85	850m:	11:00.56 38.42	1250m:	16:11.87 38.95	
	100m:	1:14.64 38.93	500m:	6:27.59 38.76	900m:	11:39.54 38.98	1300m:	16:51.60 39.73	
	150m:	1:53.48 38.84	550m:	7:06.69 39.10	950m:	12:18.05 38.51	1350m:	17:30.42 38.82	
	200m:	2:33.23 39.75	600m:	7:46.13 39.44	1000m:	12:56.90 38.85	1400m:	18:09.56 39.14	
	250m:	3:12.25 39.02	650m:	8:24.78 38.65	1050m:	13:35.31 38.41	1450m:	18:48.58 39.02	
	300m:	3:51.89 39.64	700m:	9:04.05 39.27	1100m:	14:14.57 39.26	1500m:	19:26.19 37.61	
	350m:	4:31.00 39.11	750m:	9:43.12 39.07	1150m:	14:53.69 39.12			
	400m:	5:09.98 38.98	800m:	10:22.14 39.02	1200m:	15:32.92 39.23			
8.	FERNANDEZ GRATEROL, Sofia Antia		07	PABELLON OURENSI		19:38.60	-	14,00	
	50m:	34.45 34.45	450m:	5:41.63 39.05	850m:	10:56.57 40.05	1250m:	16:19.97 41.34	
	100m:	1:12.02 37.57	500m:	6:20.42 38.79	900m:	11:36.73 40.16	1300m:	17:00.92 40.95	
	150m:	1:50.24 38.22	550m:	6:59.09 38.67	950m:	12:16.53 39.80	1350m:	17:41.35 40.43	
	200m:	2:28.28 38.04	600m:	7:38.14 39.05	1000m:	12:56.78 40.25	1400m:	18:21.82 40.47	
	250m:	3:07.18 38.90	650m:	8:17.67 39.53	1050m:	13:36.90 40.12	1450m:	19:01.08 39.26	
	300m:	3:45.52 38.34	700m:	8:56.66 38.99	1100m:	14:17.15 40.25	1500m:	19:38.60 37.52	
	350m:	4:24.21 38.69	750m:	9:36.75 40.09	1150m:	14:58.20 41.05			
	400m:	5:02.58 38.37	800m:	10:16.52 39.77	1200m:	15:38.63 40.43			

Prueba 47
09/07/2023 - 12:00

Masc., 4 x 100m Estilos

Junior Masculino
Resultados

RG	3:54.87	RCNVIGO	RCNVIGO	24/07/2009
RC	3:56.08	NCORUÑA	NCORUÑA	28/06/2009

Clasificación

					Tempo	ABSO	JUNI	
1.	PABELLON OURENSE 1				PABELLON OURENSE	4:10.13	-	38,00
	QUIROGA RAMOS, Yago	05	29.10	59.92	ESTEVEZ CRESPO, Hugo	06	28.51	1:01.38
	RODRIGUEZ DEL RIO, Miguel	06	34.52	1:11.55	PAZ RODRIGUEZ, Aritz	06	27.10	57.28
2.	C. N. MONFORTE 1				C. N. MONFORTE	4:11.43	-	32,00
	ARIAS FRANCO, Odei	06	29.81	1:01.98	PONTON RODRIGUEZ, Javier	05	26.25	59.37
	CONDE VARELA, David	05	33.69	1:11.14	LOPEZ RODRIGUEZ, Hugo	06	27.71	58.94
3.	C. N. ARTEIXO 1				C. N. ARTEIXO	4:18.51	-	28,00
	VARELA PASANDÍN, Manuel	06	29.57	1:01.44	GARCÍA CASTRO, Mateo	05	28.72	1:00.64
	VARELA PASANDÍN, Alejandro	06	35.62	1:15.73	LEMA CARBALLO, Pablo	06	28.23	1:00.70
4.	C. N. PORTAMIÑA 1				C. N. PORTAMIÑA	4:23.79	-	26,00
	DIAZ- BECERRA LOPEZ, Anton	05	29.87	1:02.36	FRAGA SAL, Alexandre	06	31.03	1:06.68
	DEVESA LOPEZ, Jonathan	06	35.02	1:16.35	MENDEZ GARCIA, Xoan	06	27.77	58.40

Prueba 48
09/07/2023 - 12:10

Fem., 4 x 100m Estilos

Junior Femenino
Resultados

RG	4:23.20	GALAICO	GALAICO	03/07/2011
RC	4:23.20	GALAICO	GALAICO	03/07/2011

Clasificación

					Tiempo	ABSO	JUNI	
1.	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA	4:38.58	-	38,00	
	SAAVEDRA BUIDE, Paula	07	36.52	1:16.01	MOURENZA ROCHA, Ines	07	29.55	1:04.84
	MOURENZA ROCHA, Sofia	07	34.73	1:13.99	LOPEZ-FREIRE FRANCIA, Carmen	07	30.42	1:03.74
2.	C. N. ARTEIXO 1			C. N. ARTEIXO	4:49.26	-	32,00	
	SÁNCHEZ BELLO, Eva	07	33.47	1:08.45	SUAREZ DOSIL, Claudia	07	31.75	1:09.33
	CARBALLIDO NAYA, Claudia	07	39.38	1:25.83	GARCÍA NAYA, Irene	06	31.21	1:05.65
3.	A. D. FOGAR 1			A. D. FOGAR	4:54.13	-	28,00	
	REY PITA, Clara	07	38.04	1:18.58	PEDREIRA GALEGO, Xiana	06	32.68	1:13.70
	JIMENEZ COPPA, Carla M.	06	35.26	1:17.88	BOTANA PEDREIRA, Lola	06	31.02	1:03.97
4.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	4:56.52	-	26,00	
	BLANCO ROUCO, Carmen	06	34.62	1:10.19	ALVAREZ PAZOS, Maria	07	31.75	1:09.04
	GIRALDEZ MARTINEZ, Nerea	07	42.95	1:32.19	TEJEIRO SABORIDO, Cayetana	06	30.26	1:05.10
Baja	C. N. GALAICO 1			C. N. GALAICO		-	-	
Baja	C. N. PONTEAREAS 1			C. N. PONTEAREAS		-	-	

Prueba 49
09/07/2023 - 19:15

Masc., 4 x 100m Estilos

Absoluto Masculino
Resultados

RG	3:54.87	RCNVIGO	RCNVIGO	24/07/2009
RC	3:56.08	NCORUÑA	NCORUÑA	28/06/2009

Clasificación

Tiempo ABSO JUNI

Clasificación	Tiempo	ABSO	JUNI
1. C. N. PORTAMIÑA 1 VAZQUEZ LOPEZ, Martin 03 28.18 NOVO LOPEZ, Brais 03 29.76	C. N. PORTAMIÑA SANchez VAZQUEZ, Antonio 04 26.69 RODRIGUEZ SANCOSMED, Pablo 03 24.45	3:53.51 45,00	- RG 58.94 52.98
2. PABELLON OURENSE 1 QUIROGA RAMOS, Yago 05 29.02 ALVAREZ ALVAREZ, Hector 00 30.86	PABELLON OURENSE MOURE DOVAL, Jose 99 27.64 CIVEIRA CORRAL, Raul 02 25.53	3:57.56 32,00	- 58.87 52.85
3. C. N. ARTEIXO 1 VARELA PASANDÍN, Manuel 06 29.57 GÓMEZ MESÍAS, Miguel Ángel 03 31.09	C. N. ARTEIXO VARELA PASANDÍN, Alejandro 06 27.66 RUIBAL CABALLERO, Manuel Fco.03 25.98	4:03.41 28,00	- 1:00.46 55.20
4. C. N. FERROL 1 LÓPEZ ANIDO, Nelson Andrés 00 30.33 SEJO BERMUDEZ, Daniel 04 30.99	C. N. FERROL LOSADA JIMÉNEZ, Sergio 04 25.96 TABELIRA OLASCOAGA, Tadeo 07 25.82	4:03.76 26,00	- 58.03 54.42
5. A. D. FOGAR 1 ABELEIRA ALVAREZ, Carlos 02 29.74 GUITIAN LOPEZ, Xabier 05 33.85	A. D. FOGAR REY PITA, Simon 04 26.99 GALAN VICENTE, Pablo 02 25.82	4:04.89 24,00	- 57.89 53.80
6. C. N. PONTEAREAS 1 GONZALEZ ESTEVEZ, Yoel 07 30.33 FARO MARTINEZ, Yoel 07 32.04	C. N. PONTEAREAS CABANA DEL AMO, Pablo 04 26.82 COSTA FERNANDEZ, Lucas 98 26.09	4:06.79 22,00	- 58.77 55.81
7. C. N. PANAS 1 ARES BARRAL, Anton 00 30.28 BLANCO RUIZ, Jacobo 98 33.73	C. N. PANAS GARCIA GARAY, Marcos 01 34.05 BRAVO CONDE, Cristian 00 26.46	4:10.08 20,00	- 1:04.70 55.37
8. CIDADE SANTIAGO 1 ORECHIA, Agustín 06 29.31 PARCERO AREOSO, Xoel 07 31.61	CIDADE SANTIAGO FRAGA VISOS, Teo 08 32.14 SUAREZ RIPOLL, Xian 03 26.78	4:12.89 18,00	- 1:08.39 57.53
9. VIGO RIAS BAIXAS 1 PIÑEIRO RODRIGUEZ, Samuel 07 31.85 PASTORIZA SANTA CLARA, Jorge97 33.69	VIGO RIAS BAIXAS MENDEZ PUGA, Mario 03 27.74 RODRIGUEZ VIEITEZ, Hugo 08 27.02	4:14.79 16,00	- 59.78 56.65
10. RCN VIGO 1 ÁLVAREZ VÁZQUEZ, Gael 07 32.62 PEREZ TIERRA, Ismael 02 33.36	RCN VIGO CIDRÁS PÉREZ, Fabián 05 27.93 PAZOS IGLESIAS, André 07 26.51	4:16.81 14,00	- 1:00.74 56.55
11. C. N. CORUÑA 1 GOMEZ LIMIA, Pablo 06 33.38 LAGO CASTILLO, Diego 07 33.27	C. N. CORUÑA CUMMINGS CANDAL, James 05 33.17 BALSA VIGO, Javier 05 24.83	4:18.12 12,00	- 1:07.79 52.58
12. C. N. GALAICO 1 ROCHA GONZALEZ, Olivier 08 33.95 VAZQUEZ FERNANDEZ, Nicolas 06 32.23	C. N. GALAICO BARROS DA SILVA, Pedro 07 28.95 PEREZ GARCIA, Iker 07 27.06	4:25.69 10,00	- 1:03.17 57.74
DSQ C. FLUVIAL LUGO 1 <i>Nado irregular posta 1</i> ALVAREZ FERNANDEZ, Borja, PARDO PERNAS, Martin, MORENO TEIJEIRO, Hugo, TEIJEIRO PRADO, Xoel	C. FLUVIAL LUGO	-	-



Cto. Galego de Natación Júnior e Absoluto de Verán
Ourense, Rosario Dueñas, 7 - 9/7/2023, P50 Elec.

Prueba 50
09/07/2023 - 19:30

Fem., 4 x 100m Estilos

Absoluto Femenino
Resultados

RG	4:23.20	GALAICO	GALAICO	03/07/2011
RC	4:23.20	GALAICO	GALAICO	03/07/2011

Clasificación

					Tiempo	ABSO	JUNI	
1.	C. N. PONTEAREAS 1			C. N. PONTEAREAS	4:28.95	38,00	-	
	BORGE JUSTE, Ines	06	33.34	1:10.52	LEMOS FERNANDEZ, Iria	06	29.67	1:04.41
	FARO MARTINEZ, Carla	03	35.87	1:17.21	CARRON MUIÑA, Carla	05	26.95	56.81
2.	RCN VIGO 1			RCN VIGO	4:31.53	32,00	-	
	SOLER LOMBA, Rosalía	00	33.43	1:06.81	RODRÍGUEZ ALONSO, Julia	05	29.64	1:03.88
	PAZOS IGLESIAS, Elisa	09	36.60	1:19.43	CONS GESTIDO, Henar Diana	02	29.20	1:01.41
3.	C. N. ARTEIXO 1			C. N. ARTEIXO	4:35.15	28,00	-	
	SÁNCHEZ BELLO, Eva	07	33.70	1:09.12	SUAREZ DOSIL, Claudia	07	31.70	1:09.06
	GÓMEZ MESÍAS, Alba	00	34.26	1:15.01	VEIGA SOUTO, Ana	98	29.47	1:01.96
4.	PABELLON OURENSE 1			PABELLON OURENSE	4:42.33	26,00	-	
	CAMBA PRADA, Alexia	05	32.17	1:07.89	FEIJOO GOMEZ, Eva	04	30.22	1:05.63
	GIL POZO, Emma	09	38.38	1:24.05	BABARRO LOPEZ, Maria	08	30.25	1:04.76
5.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	4:42.73	24,00	-	
	BLANCO ROUCO, Carmen	06	34.08	1:09.17	RODRIGUEZ RODRIGUEZ, Nina	02	31.28	1:07.66
	GONZALEZ GONZALEZ, Iara	09	40.17	1:26.31	ALVAREZ PAZOS, Maria	07	28.59	59.59
6.	C. N. GALAICO 1			C. N. GALAICO	4:47.84	22,00	-	
	BOUZAS PEDREIRA, Alicia	05	32.61	1:07.13	DE LA FUENTE PINTOS, Nadia	07	32.48	1:11.98
	ROCHA GONZALEZ, Gisele	09	40.28	1:26.65	BARROS DA SILVA, Sofia	09	29.39	1:02.08
7.	C. N. FERROL 1			C. N. FERROL	4:47.86	20,00	-	
	VILLARNOVO PAZOS, Lucia	08	34.31	1:11.16	HERNÁNDEZ FIGUEROA, Ange Ma	09	31.76	1:10.26
	LEIVAS ROCA, Candela	05	38.11	1:22.03	PARDO CHAS, Eva	04	30.75	1:04.41
8.	C. N. MOS 1			C. N. MOS	4:50.58	18,00	-	
	MARTINEZ OTERO, Eva	08	34.34	1:11.56	HERMIDA ALONSO, Antia	08	33.71	1:12.27
	PEREIRO RODRIGUEZ, Carolina	08	37.13	1:21.35	SALGUEIRIÑO ÁLVAREZ, Noa	08	31.02	1:05.40
9.	SPORTING CASINO 1			SPORTING CASINO	5:01.36	16,00	-	
	GIL GARNACHO, Carlota	09	34.79	1:11.28	COUCEIRO BARREIRO, Marta	07	36.32	1:19.68
	NISTAL PALACIOS, Mariña	07	38.73	1:23.02	CABANAS DEL RIO, Carla	09	32.23	1:07.38
10.	C. MARINA FERROL 1			C. MARINA FERROL	5:01.39	14,00	-	
	CARRASCO DE CASTRO, Ana	07	37.62	1:18.09	BALADO PENA, Celtia	07	32.06	1:12.31
	GARCIA RODRIGUEZ, Andrea	10	38.93	1:24.47	ANEIROS DOPICO, Laura	00	30.84	1:06.52
11.	C. N. CULLEREDO 1			C. N. CULLEREDO	5:06.21	-	-	
	GUIRADO AGRA, Sofia	09	36.41	1:15.87	FEAL DEVESA, Carlota	09	38.06	1:18.52
	HERNAEZ GONZALEZ, Paula	08	41.55	1:23.22	MARTIN VEIRA, Alicia	08	33.15	1:08.60
Baja	C. FLUVIAL LUGO 1			C. FLUVIAL LUGO	-	-	-	



CLASIFICACION ABSOLUTA

Todas las pruebas

Masc., Abs.

1. C. N. Pabellón Ourense	00101	434,00
2. C. N. Portamiñá Lugo	01156	388,50
3. C. N. Ferrol	00674	347,50
4. C. N. Arteixo	01133	300,00
5. C. N. Ponteareas	00878	296,00
6. C. Fluvial De Lugo	00398	278,00
7. Agrup. Dep. Fogar	00617	234,00
8. C. N. Vigo Rías Baixas	00765	215,00
9. C. N. Panas	01785	200,00
10. C. N. Coruña	00186	168,50
11. C. Dep. N. Cidade De Santiago	01295	152,00
12. C. N. Galaico	00784	143,00
13. C. N. Monforte De Lemos	00837	120,00
14. Soc. Dep. Cul. N. Boiro	P1106	106,00
15. Real C. Náutico De Vigo	00071	74,00
16. C. N. Mataro	00106	31,00
17. C. N. Liceo	01269	23,00
18. Sporting C. Casino	00287	22,50
19. Real Canoe N. C.	00053	22,00
Agrup. Dep. Náutico De Narón	00639	22,00
21. C. Mar De Artabria	01564	19,00
22. C. N. Arzúa	P1112	14,00
23. C. N. Culleredo	01433	9,00

Fem., Abs.

1. Real C. Náutico De Vigo	00071	387,00
2. C. N. Ponteareas	00878	378,00
3. C. N. Galaico	00784	349,00
4. C. N. Arteixo	01133	331,00
5. C. N. Portamiñá Lugo	01156	278,00
6. C. N. Vigo Rías Baixas	00765	246,00
7. C. N. Pabellón Ourense	00101	239,00
8. C. N. Ferrol	00674	234,00
9. Sporting C. Casino	00287	164,00
10. C. Fluvial De Lugo	00398	136,00
11. C. N. Coruña	00186	118,00
12. Agrup. Dep. Fogar	00617	107,00
13. C. N. Mos	01424	99,50
14. Soc. Dep. Cul. N. Boiro	P1106	86,50
15. C. Marina Ferrol	00146	64,00
16. C. N. Liceo	01269	55,00
17. C. N. Culleredo	01433	35,00
18. Agrup. Dep. Náutico De Narón	00639	26,00
19. C. N. Monforte De Lemos	00837	14,00
20. C. N. Arzúa	P1112	13,00
21. C. Dep. N. Cidade De Santiago	01295	12,00
22. C. N. Vilagarcía Soc. Dep.	P1107	10,00
23. C. N. Redondela	00873	9,00



Cto. Galego de Natación Júnior e Absoluto de Verán
Ourense, Rosario Dueñas, 7 - 9/7/2023, P50 Elec.

Todos, Abs.

1. C. N. Ponteareas	00878	674,00
2. C. N. Pabellón Ourense	00101	673,00
3. C. N. Portamiñá Lugo	01156	666,50
4. C. N. Arteixo	01133	631,00
5. C. N. Ferrol	00674	581,50
6. C. N. Galaico	00784	492,00
7. Real C. Náutico De Vigo	00071	461,00
C. N. Vigo Rías Baixas	00765	461,00
9. C. Fluvial De Lugo	00398	414,00
10. Agrup. Dep. Fogar	00617	341,00
11. C. N. Coruña	00186	286,50
12. C. N. Panas	01785	200,00
13. Soc. Dep. Cul. N. Boiro	P1106	192,50
14. Sporting C. Casino	00287	186,50
15. C. Dep. N. Cidade De Santiago	01295	164,00
16. C. N. Monforte De Lemos	00837	134,00
17. C. N. Mos	01424	99,50
18. C. N. Liceo	01269	78,00
19. C. Marina Ferrol	00146	64,00
20. Agrup. Dep. Náutico De Narón	00639	48,00
21. C. N. Culleredo	01433	44,00
22. C. N. Mataro	00106	31,00
23. C. N. Arzúa	P1112	27,00
24. Real Canoe N. C.	00053	22,00
25. C. Mar De Artabria	01564	19,00
26. C. N. Vilagarcía Soc. Dep.	P1107	10,00
27. C. N. Redondela	00873	9,00



CLASIFICACION JÚNIOR

Todas las pruebas

Masc., Abs.

1. C. N. Pabellón Ourense	00101	324,00
2. C. N. Arteixo	01133	249,00
3. C. N. Portamiñá Lugo	01156	248,00
4. C. N. Monforte De Lemos	00837	218,00
5. C. N. Coruña	00186	161,00
6. C. Fluvial De Lugo	00398	154,00
7. C. N. Ferrol	00674	147,00
8. C. Dep. N. Cidade De Santiago	01295	112,00
9. C. N. Galaico	00784	93,00
10. C. N. Ponteareas	00878	82,00
11. Agrup. Dep. Fogar	00617	77,00
12. Soc. Dep. Cul. N. Boiro	P1106	72,00
13. C. N. Culleredo	01433	57,00
14. Real C. Náutico De Vigo	00071	41,00
15. Agrup. Dep. Náutico De Narón	00639	31,00
16. C. N. Xove	00622	27,00

Fem., Abs.

1. C. N. Portamiñá Lugo	01156	381,00
2. Agrup. Dep. Fogar	00617	245,00
3. C. N. Arteixo	01133	242,00
4. C. N. Vigo Rías Baixas	00765	234,00
5. C. N. Ponteareas	00878	179,00
6. Sporting C. Casino	00287	94,00
7. C. N. Galaico	00784	92,00
C. Marina Ferrol	00146	92,00
9. Soc. Dep. Cul. N. Boiro	P1106	86,00
10. C. N. Pabellón Ourense	00101	85,00
11. Real C. Náutico De Vigo	00071	81,00
12. C. N. Coruña	00186	62,00
13. C. N. Ferrol	00674	60,00
14. C. N. Xove	00622	49,00
15. C. Dep. N. Cidade De Santiago	01295	45,00
16. C. Fluvial De Lugo	00398	24,00
17. C. N. Monforte De Lemos	00837	15,00
18. C. N. Arzúa	P1112	14,00
19. C. N. Vilagarcía Soc. Dep.	P1107	10,00

Todos, Abs.

1. C. N. Portamiñá Lugo	01156	629,00
2. C. N. Arteixo	01133	491,00
3. C. N. Pabellón Ourense	00101	409,00
4. Agrup. Dep. Fogar	00617	322,00
5. C. N. Ponteareas	00878	261,00
6. C. N. Vigo Rías Baixas	00765	234,00
7. C. N. Monforte De Lemos	00837	233,00
8. C. N. Coruña	00186	223,00
9. C. N. Ferrol	00674	207,00
10. C. N. Galaico	00784	185,00
11. C. Fluvial De Lugo	00398	178,00
12. Soc. Dep. Cul. N. Boiro	P1106	158,00
13. C. Dep. N. Cidade De Santiago	01295	157,00

14. Real C. Náutico De Vigo	00071	122,00
15. Sporting C. Casino	00287	94,00
16. C. Marina Ferrol	00146	92,00
17. C. N. Xove	00622	76,00
18. C. N. Culleredo	01433	57,00
19. Agrup. Dep. Náutico De Narón	00639	31,00
20. C. N. Arzúa	P1112	14,00
21. C. N. Vilagarcía Soc. Dep.	P1107	10,00

Medallistas por prueba

Todas las pruebas

1. Fem., 50m Libre

Absoluto Femenino

1.	GARCIA SILVA, Antia	98	C. N. GALAICO	26.97	-	-
2.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	27.47	-	-
3.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	28.06	-	-

1. Fem., 50m Libre

Junior Femenino

1.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	27.58	-	- A
2.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	27.79	-	- A
3.	BALADO PENA, Celtia	07	C. MARINA FERROL	28.77	-	- A

2. Masc., 50m Libre

Absoluto Masculino

1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	23.98	-	-
2.	ARES BARRAL, Anton	00	C. N. PANAS	24.08	-	-
3.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	24.19	-	-

2. Masc., 50m Libre

Junior Masculino

1.	BALSA VIGO, Javier	05	C. N. CORUÑA	25.00	-	- A
2.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	25.26	-	- B
3.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	25.40	-	- B

3. Fem., 400m Libre

Absoluto Femenino

1.	DE VALDES ALVAREZ, Maria	98	C. N. LICEO	4:16.75	-	- RC
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	4:25.37	-	-
3.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	4:25.45	-	-

3. Fem., 400m Libre

Junior Femenino

1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	4:32.24	-	- A
2.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	4:49.66	-	- A
3.	COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	4:55.74	-	- B

4. Masc., 1500m Libre

Junior Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	16:14.94	-	-
2.	MANEIROS PAZ, Mario	06	C. N. FERROL	16:53.56	-	-
3.	PEREZ PAZ, Dario	05	C. N. PONTEAREAS	17:40.39	-	-

4. Masc., 1500m Libre

Absoluto Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	16:14.94	-	-
2.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	16:26.04	-	-
3.	MANEIROS PAZ, Mario	06	C. N. FERROL	16:53.56	-	-

5. Fem., 200m Estilos Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:23.34	-	-
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:28.32	-	-
3.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:29.02	-	-

5. Fem., 200m Estilos Junior Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:27.53	-	- A
2.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:30.28	-	- A
3.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:30.79	-	- A

6. Masc., 200m Estilos Absoluto Masculino

1.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	2:10.54	-	-
2.	CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS	2:13.08	-	-
3.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	2:13.71	-	-

6. Masc., 200m Estilos Junior Masculino

1.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:19.53	-	- A
2.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	2:19.83	-	- A
3.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	2:20.14	-	- B

7. Fem., 50m Braza Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	34.24	-	-
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	34.75	-	-
3.	GUDÍN PÉREZ, Andrea	10	C. N. MONFORTE	35.11	-	-

7. Fem., 50m Braza Junior Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	34.60	-	- A
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	35.00	-	- A
3.	RUA COSTOYA, Andrea	06	C. N. ARZUA	36.05	-	- A

8. Masc., 50m Braza Absoluto Masculino

1.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	30.15	-	-
2.	ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	31.17	-	-
2.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	31.17	-	-

8. Masc., 50m Braza Junior Masculino

1.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	29.93	-	- A
2.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	31.31	-	- A
3.	SOBRINO BUJIA, Mateo	06	C. N. CULLEREDO	32.35	-	- B

9. Fem., 100m Mariposa Absoluto Femenino

1.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	1:04.79	-	-
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:04.90	-	-
3.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:05.44	-	-

9. Fem., 100m Mariposa Junior Femenino

1.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:05.12	-	- A
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:05.28	-	- A
3.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	1:09.25	-	- A

10. Masc., 100m Mariposa Absoluto Masculino

1.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	58.05	-	-
2.	REY PITA, Simon	04	A. D. FOGAR	58.45	-	-
3.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	58.67	-	-

10. Masc., 100m Mariposa Junior Masculino

1.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	58.81	-	- A
2.	DÍAZ COUCE, Ruben	06	C. N. FERROL	1:00.74	-	- B
3.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	1:01.26	-	- B

11. Fem., 200m Espalda Absoluto Femenino

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	2:16.48	-	-
2.	BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	2:22.24	-	-
3.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	2:23.27	-	-

11. Fem., 200m Espalda Junior Femenino

1.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	2:29.34	-	- A
2.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	2:39.06	-	- B
3.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	2:40.21	-	- B

12. Masc., 200m Espalda Absoluto Masculino

1.	ORECHIA, Agustín	06	CIDADE SANTIAGO	2:08.23	-	-
2.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:09.97	-	-
3.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	2:11.65	-	-

12. Masc., 200m Espalda Junior Masculino

1.	ORECHIA, Agustín	06	CIDADE SANTIAGO	2:08.66	-	- A
2.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	2:12.38	-	- A
3.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	2:16.39	-	- A

13. Fem., 4 x 200m Libre Junior Femenino

1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	9:08.83	-	-
2.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	9:22.39	-	-
3.	C. N. ARTEIXO 1		C. N. ARTEIXO	9:25.66	-	-

14. Masc., 4 x 100m Libre Junior Masculino

1.	PABELLON OURENSE 1		PABELLON OURENSE	3:45.40	-	-
2.	C. N. ARTEIXO 1		C. N. ARTEIXO	3:48.05	-	-
3.	C. N. MONFORTE 1		C. N. MONFORTE	3:48.67	-	-

15. Masc., 4 x 50m Estilos				Absoluto Masculino	
1.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	1:46.28	-	-
2.	C. N. FERROL 1	C. N. FERROL	1:48.73	-	-
3.	PABELLON OURENSE 1	PABELLON OURENSE	1:49.01	-	-
16. Fem., 4 x 50m Estilos				Absoluto Femenino	
1.	C. N. GALAICO 1	C. N. GALAICO	2:04.83	-	-
2.	RCN VIGO 1	RCN VIGO	2:04.98	-	-
3.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	2:05.19	-	-
17. Masc., 4 x 100m Libre				Absoluto Masculino	
1.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	3:31.57	-	- RC
2.	PABELLON OURENSE 1	PABELLON OURENSE	3:33.76	-	-
3.	C. FLUVIAL LUGO 1	C. FLUVIAL LUGO	3:37.67	-	-
18. Fem., 4 x 200m Libre				Absoluto Femenino	
1.	C. N. GALAICO 1	C. N. GALAICO	8:53.84	-	-
2.	C. N. ARTEIXO 1	C. N. ARTEIXO	8:55.38	-	-
3.	C. N. PONTEAREAS 1	C. N. PONTEAREAS	9:03.89	-	-
19. Masc., 50m Mariposa				Absoluto Masculino	
1.	PONTON RODRIGUEZ, Javier	05 C. N. MONFORTE	25.99	-	-
2.	REY PITA, Simon	04 A. D. FOGAR	26.10	-	-
3.	MARTINEZ SUAREZ, Diego	99 C. FLUVIAL LUGO	26.16	-	-
19. Masc., 50m Mariposa				Junior Masculino	
1.	PONTON RODRIGUEZ, Javier	05 C. N. MONFORTE	26.59	-	- A
2.	TEIJEIRO PRADO, Xoel	06 C. FLUVIAL LUGO	26.97	-	- A
3.	BALSA VIGO, Javier	05 C. N. CORUÑA	27.00	-	- ?
20. Fem., 50m Mariposa				Absoluto Femenino	
1.	MOURENZA ROCHA, Ines	07 C. N. PORTAMIÑA	29.42	-	-
2.	LEMONS FERNANDEZ, Iria	06 C. N. PONTEAREAS	29.52	-	-
3.	RODRIGUEZ RODRIGUEZ, Nina	02 VIGO RIAS BAIXAS	29.53	-	-
20. Fem., 50m Mariposa				Junior Femenino	
1.	MOURENZA ROCHA, Ines	07 C. N. PORTAMIÑA	29.89	-	- A
2.	LEMONS FERNANDEZ, Iria	06 C. N. PONTEAREAS	30.10	-	- A
3.	BALADO PENA, Celtia	07 C. MARINA FERROL	30.23	-	- A
21. Masc., 400m Libre				Absoluto Masculino	
1.	GARCÍA CASTRO, Mateo	05 C. N. ARTEIXO	3:59.17	-	- RC
2.	PARDO PERNAS, Martin	02 C. FLUVIAL LUGO	4:04.83	-	-
3.	CIVEIRA CORRAL, Raul	02 PABELLON OURENSE	4:12.02	-	-

21. Masc., 400m Libre Junior Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	4:12.31	-	-	A
2.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:14.91	-	-	A
3.	CUMMINGS CANDAL, James	05	C. N. CORUÑA	4:17.47	-	-	A

22. Fem., 800m Libre Junior Femenino

1.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	10:02.68	-	-	
2.	COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	10:09.80	-	-	
3.	FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	10:15.47	-	-	

22. Fem., 800m Libre Absoluto Femenino

1.	DE VALDES ALVAREZ, Maria	98	C. N. LICEO	8:44.00	-	-	
2.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	9:17.37	-	-	
3.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	9:33.35	-	-	

23. Masc., 200m Braza Absoluto Masculino

1.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	2:27.02	-	-	
2.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	2:30.72	-	-	
3.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:32.23	-	-	

23. Masc., 200m Braza Junior Masculino

1.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	2:33.99	-	-	A
2.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:34.88	-	-	A
3.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	2:38.87	-	-	B

24. Fem., 200m Braza Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:35.75	-	-	
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	2:48.19	-	-	
3.	LEIVAS ROCA, Candela	05	C. N. FERROL	2:50.36	-	-	

24. Fem., 200m Braza Junior Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:39.07	-	-	A
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	2:51.50	-	-	A
3.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:57.18	-	-	A

25. Masc., 100m Espalda Absoluto Masculino

1.	ORECHIA, Agustín	06	CIDADE SANTIAGO	58.69	-	-	
2.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	1:00.59	-	-	
3.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	1:00.79	-	-	

25. Masc., 100m Espalda Junior Masculino

1.	ORECHIA, Agustín	06	CIDADE SANTIAGO	59.39	-	-	A
2.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	1:01.23	-	-	A
3.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	1:02.73	-	-	B

26. Fem., 100m Espalda Absoluto Femenino

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:03.64	-	-	RC
2.	MARIN MARTINEZ, Rosalia	04	C. N. CORUÑA	1:06.72	-	-	
3.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	1:06.84	-	-	

26. Fem., 100m Espalda Junior Femenino

1.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:08.13	-	-	A
2.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:08.32	-	-	A
3.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:10.82	-	-	B

27. Masc., 200m Mariposa Absoluto Masculino

1.	MARTINEZ NOVOA, Miguel	00	Real Canoe N. C.	1:59.63	-	-	RC
2.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	2:11.02	-	-	
3.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	2:13.86	-	-	

27. Masc., 200m Mariposa Junior Masculino

1.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	2:11.88	-	-	A
2.	DIAZ COUCE, Ruben	06	C. N. FERROL	2:18.91	-	-	A
3.	CUMMINGS CANDAL, James	05	C. N. CORUÑA	2:20.84	-	-	A

28. Fem., 200m Mariposa Absoluto Femenino

1.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:20.16	-	-	
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:20.40	-	-	
3.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	2:30.12	-	-	

28. Fem., 200m Mariposa Junior Femenino

1.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:24.66	-	-	A
2.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	2:32.40	-	-	A
3.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	2:38.63	-	-	A

29. Masc., 100m Libre Absoluto Masculino

1.	BALSA VIGO, Javier	05	C. N. CORUÑA	53.30	-	-	
2.	MOURE DOVAL, Jose	99	PABELLON OURENSE	53.80	-	-	
3.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	53.84	-	-	

29. Masc., 100m Libre Junior Masculino

1.	BALSA VIGO, Javier	05	C. N. CORUÑA	53.63	-	-	A
2.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	54.08	-	-	A
3.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	54.36	-	-	B

30. Fem., 200m Libre Absoluto Femenino

1.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:06.09	-	-	
2.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	2:07.97	-	-	
3.	DE VALDES ALVAREZ, Maria	98	C. N. LICEO	2:08.10	-	-	

30. Fem., 200m Libre				Junior Femenino		
1.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:11.91	-	- A
2.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	2:18.32	-	- B
3.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	2:20.12	-	- B
31. Masc., 4 x 200m Libre				Junior Masculino		
1.	PABELLON OURENSE 1		PABELLON OURENSE	8:23.41	-	-
2.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	8:30.33	-	-
32. Fem., 4 x 100m Libre				Junior Femenino		
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	4:13.68	-	-
2.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	4:14.09	-	-
3.	C. N. ARTEIXO 1		C. N. ARTEIXO	4:21.88	-	-
33. Fem., 4 x 50m Libre				Absoluto Femenino		
1.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	1:50.95	-	-
2.	RCN VIGO 1		RCN VIGO	1:53.05	-	-
3.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	1:53.48	-	-
34. Masc., 4 x 50m Libre				Absoluto Masculino		
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	1:36.36	-	-
2.	C. N. PANAS 1		C. N. PANAS	1:36.95	-	-
3.	PABELLON OURENSE 1		PABELLON OURENSE	1:37.30	-	-
35. Fem., 4 x 100m Libre				Absoluto Femenino		
1.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	4:02.34	-	-
2.	C. N. GALAICO 1		C. N. GALAICO	4:07.73	-	-
3.	RCN VIGO 1		RCN VIGO	4:07.83	-	-
36. Masc., 4 x 200m Libre				Absoluto Masculino		
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	7:53.07	-	-
2.	PABELLON OURENSE 1		PABELLON OURENSE	7:53.40	-	-
3.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	8:03.47	-	-
37. Masc., 50m Espalda				Absoluto Masculino		
1.	ORECHIA, Agustín	06	CIDADE SANTIAGO	27.33	-	- MMG
2.	REY PITA, Simon	04	A. D. FOGAR	27.95	-	-
3.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	28.06	-	-
37. Masc., 50m Espalda				Junior Masculino		
1.	ORECHIA, Agustín	06	CIDADE SANTIAGO	27.44	-	- A MMG
2.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	28.63	-	- A
3.	ARIAS FRANCO, Odei	06	C. N. MONFORTE	28.75	-	- A

38. Fem., 50m Espalda Absoluto Femenino

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	30.11	-	-	RC
2.	MARIN MARTINEZ, Rosalia	04	C. N. CORUÑA	31.12	-	-	
3.	CAMBA PRADA, Alexia	05	PABELLON OURENSE	31.33	-	-	

38. Fem., 50m Espalda Junior Femenino

1.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	32.86	-	-	A
2.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	33.11	-	-	B
3.	SUAREZ RIPOLL, Lia	07	CIDADE SANTIAGO	33.37	-	-	B

39. Masc., 400m Estilos Absoluto Masculino

1.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	4:36.48	-	-	
2.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:48.24	-	-	
3.	CUMMINGS CANDAL, James	05	C. N. CORUÑA	4:48.29	-	-	

39. Masc., 400m Estilos Junior Masculino

1.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:47.77	-	-	A
2.	CUMMINGS CANDAL, James	05	C. N. CORUÑA	4:49.40	-	-	A
3.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	4:55.58	-	-	A

40. Fem., 400m Estilos Absoluto Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	5:01.99	-	-	
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	5:10.21	-	-	
3.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	5:13.58	-	-	

40. Fem., 400m Estilos Junior Femenino

1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	5:10.38	-	-	A
2.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	5:34.87	-	-	A
3.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	5:39.15	-	-	A

41. Masc., 800m Libre Junior Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	8:16.35	-	-	RC
2.	PEREZ PAZ, Dario	05	C. N. PONTEAREAS	9:13.52	-	-	
3.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	9:21.78	-	-	

41. Masc., 800m Libre Absoluto Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	8:16.35	-	-	RC
2.	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	8:51.10	-	-	
3.	GARRIDO BRUM, Jacobo	02	C. N. Mataro	8:53.12	-	-	

42. Fem., 100m Braza Absoluto Femenino

1.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:17.98	-	-	
2.	CONS GESTIDO, Henar Diana	02	RCN VIGO	1:19.91	-	-	
3.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	1:19.99	-	-	

42. Fem., 100m Braza Junior Femenino

1.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:17.41	-	-	A
2.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:21.57	-	-	A
3.	NISTAL PALACIOS, Mariña	07	SPORTING CASINO	1:21.84	-	-	A

43. Masc., 100m Braza Absoluto Masculino

1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	1:05.63	-	-	RC
2.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:07.30	-	-	
3.	ALVAREZ ALVAREZ, Hector	00	PABELLON OURENSE	1:07.32	-	-	

43. Masc., 100m Braza Junior Masculino

1.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:07.04	-	-	A
2.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	1:11.00	-	-	A
3.	ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	1:11.23	-	-	B

44. Fem., 100m Libre Absoluto Femenino

1.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	58.51	-	-	
2.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	59.02	-	-	
3.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	59.50	-	-	

44. Fem., 100m Libre Junior Femenino

1.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:00.09	-	-	A
2.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	1:00.16	-	-	A
3.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:01.64	-	-	A

45. Masc., 200m Libre Absoluto Masculino

1.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	1:56.74	-	-	
2.	MOURE DOVAL, Jose	99	PABELLON OURENSE	1:57.06	-	-	
3.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	1:57.70	-	-	

45. Masc., 200m Libre Junior Masculino

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	2:01.41	-	-	A
2.	CUMMINGS CANDAL, James	05	C. N. CORUÑA	2:03.11	-	-	B
3.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	2:03.73	-	-	B

46. Fem., 1500m Libre Junior Femenino

1.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	19:06.31	-	-	
2.	COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	19:26.19	-	-	
3.	FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	19:38.60	-	-	

46. Fem., 1500m Libre Absoluto Femenino

1.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	18:06.60	-	-	
2.	PARDO CHAS, Eva	04	C. N. FERROL	18:26.52	-	-	
3.	CANALDA RAMOS, Laura	09	C. N. CORUÑA	18:38.10	-	-	

47. Masc., 4 x 100m Estilos		Junior Masculino		
1. PABELLON OURENSE 1	PABELLON OURENSE	4:10.13	-	-
2. C. N. MONFORTE 1	C. N. MONFORTE	4:11.43	-	-
3. C. N. ARTEIXO 1	C. N. ARTEIXO	4:18.51	-	-
48. Fem., 4 x 100m Estilos		Junior Femenino		
1. C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	4:38.58	-	-
2. C. N. ARTEIXO 1	C. N. ARTEIXO	4:49.26	-	-
3. A. D. FOGAR 1	A. D. FOGAR	4:54.13	-	-
49. Masc., 4 x 100m Estilos		Absoluto Masculino		
1. C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	3:53.51	-	- RG
2. PABELLON OURENSE 1	PABELLON OURENSE	3:57.56	-	-
3. C. N. ARTEIXO 1	C. N. ARTEIXO	4:03.41	-	-
50. Fem., 4 x 100m Estilos		Absoluto Femenino		
1. C. N. PONTEAREAS 1	C. N. PONTEAREAS	4:28.95	-	-
2. RCN VIGO 1	RCN VIGO	4:31.53	-	-
3. C. N. ARTEIXO 1	C. N. ARTEIXO	4:35.15	-	-

Medallistas por Club

Todas las pruebas

Medalla	Prueba	Grupo de edad	Nombre	AN	Marca
Agrup. Dep. Fogar					
Oro	42. Fem., 100m Braza	Junior Femenino	JIMENEZ COPPA, Carla M.	06	1:17.41
	42. Fem., 100m Braza	Absoluto Femenino	JIMENEZ COPPA, Carla M.	06	1:17.98
Plata	37. Masc., 50m Espalda	Absoluto Masculino	REY PITA, Simon	04	27.95
	19. Masc., 50m Mariposa	Absoluto Masculino	REY PITA, Simon	04	26.10
	10. Masc., 100m Mariposa	Absoluto Masculino	REY PITA, Simon	04	58.45
	7. Fem., 50m Braza	Junior Femenino	JIMENEZ COPPA, Carla M.	06	35.00
	7. Fem., 50m Braza	Absoluto Femenino	JIMENEZ COPPA, Carla M.	06	34.75
	24. Fem., 200m Braza	Junior Femenino	JIMENEZ COPPA, Carla M.	06	2:51.50
	24. Fem., 200m Braza	Absoluto Femenino	JIMENEZ COPPA, Carla M.	06	2:48.19
Bronce	37. Masc., 50m Espalda	Absoluto Masculino	ABELEIRA ALVAREZ, Carlos	02	28.06
	48. Fem., 4 x 100m Estilos	Junior Femenino	A. D. FOGAR 1		4:54.13
C. Dep. N. Cidade De Santiago					
Oro	37. Masc., 50m Espalda	Junior Masculino	ORECHIA, Agustín	06	27.44
	37. Masc., 50m Espalda	Absoluto Masculino	ORECHIA, Agustín	06	27.33
	25. Masc., 100m Espalda	Junior Masculino	ORECHIA, Agustín	06	59.39
	25. Masc., 100m Espalda	Absoluto Masculino	ORECHIA, Agustín	06	58.69
	12. Masc., 200m Espalda	Junior Masculino	ORECHIA, Agustín	06	2:08.66
	12. Masc., 200m Espalda	Absoluto Masculino	ORECHIA, Agustín	06	2:08.23
Bronce	12. Masc., 200m Espalda	Junior Masculino	REY MUNIN, Tomas	06	2:16.39
	38. Fem., 50m Espalda	Junior Femenino	SUAREZ RIPOLL, Lia	07	33.37
C. Fluvial De Lugo					
Oro	10. Masc., 100m Mariposa	Junior Masculino	TEIJEIRO PRADO, Xoel	06	58.81
	10. Masc., 100m Mariposa	Absoluto Masculino	TEIJEIRO PRADO, Xoel	06	58.05
	27. Masc., 200m Mariposa	Junior Masculino	TEIJEIRO PRADO, Xoel	06	2:11.88
	6. Masc., 200m Estilos	Absoluto Masculino	ALVAREZ FERNANDEZ, Borja	96	2:10.54
	38. Fem., 50m Espalda	Absoluto Femenino	CERNADAS GONZALEZ, Ana	04	30.11
	26. Fem., 100m Espalda	Absoluto Femenino	CERNADAS GONZALEZ, Ana	04	1:03.64
	11. Fem., 200m Espalda	Absoluto Femenino	CERNADAS GONZALEZ, Ana	04	2:16.48
Plata	21. Masc., 400m Libre	Absoluto Masculino	PARDO PERNAS, Martin	02	4:04.83
	4. Masc., 1500m Libre	Absoluto Masculino	PARDO PERNAS, Martin	02	16:26.04
	19. Masc., 50m Mariposa	Junior Masculino	TEIJEIRO PRADO, Xoel	06	26.97
Bronce	29. Masc., 100m Libre	Absoluto Masculino	ALVAREZ FERNANDEZ, Borja	96	53.84
	19. Masc., 50m Mariposa	Absoluto Masculino	MARTINEZ SUAREZ, Diego	99	26.16
	17. Masc., 4 x 100m Libre	Absoluto Masculino	C. FLUVIAL LUGO 1		3:37.67
	36. Masc., 4 x 200m Libre	Absoluto Masculino	C. FLUVIAL LUGO 1		8:03.47
C. Marina Ferrol					
Bronce	1. Fem., 50m Libre	Junior Femenino	BALADO PENA, Celtia	07	28.77
	20. Fem., 50m Mariposa	Junior Femenino	BALADO PENA, Celtia	07	30.23
C. N. Arteixo					
Oro	45. Masc., 200m Libre	Junior Masculino	GARCÍA CASTRO, Mateo	05	2:01.41
	21. Masc., 400m Libre	Junior Masculino	GARCÍA CASTRO, Mateo	05	4:12.31
	21. Masc., 400m Libre	Absoluto Masculino	GARCÍA CASTRO, Mateo	05	3:59.17
	41. Masc., 800m Libre	Junior Masculino	GARCÍA CASTRO, Mateo	05	8:16.35
	41. Masc., 800m Libre	Absoluto Masculino	GARCÍA CASTRO, Mateo	05	8:16.35
	4. Masc., 1500m Libre	Junior Masculino	GARCÍA CASTRO, Mateo	05	16:14.94
	4. Masc., 1500m Libre	Absoluto Masculino	GARCÍA CASTRO, Mateo	05	16:14.94
	23. Masc., 200m Braza	Absoluto Masculino	GÓMEZ MESÍAS, Miguel Ángel	03	2:27.02

	44. Fem., 100m Libre	Absoluto Femenino	GÓMEZ MESÍAS, Alba	00	58.51
	30. Fem., 200m Libre	Absoluto Femenino	GÓMEZ MESÍAS, Alba	00	2:06.09
	26. Fem., 100m Espalda	Junior Femenino	SÁNCHEZ BELLO, Eva	07	1:08.13
Plata	9. Fem., 100m Mariposa	Absoluto Femenino	GÓMEZ MESÍAS, Alba	00	1:04.79
	25. Masc., 100m Espalda	Junior Masculino	VARELA PASANDÍN, Manuel	06	1:01.23
	14. Masc., 4 x 100m Libre	Junior Masculino	C. N. ARTEIXO 1		3:48.05
	28. Fem., 200m Mariposa	Junior Femenino	SUAREZ DOSIL, Claudia	07	2:32.40
	18. Fem., 4 x 200m Libre	Absoluto Femenino	C. N. ARTEIXO 1		8:55.38
Bronce	48. Fem., 4 x 100m Estilos	Junior Femenino	C. N. ARTEIXO 1		4:49.26
	45. Masc., 200m Libre	Absoluto Masculino	GARCÍA CASTRO, Mateo	05	1:57.70
	25. Masc., 100m Espalda	Absoluto Masculino	VARELA PASANDÍN, Manuel	06	1:00.79
	10. Masc., 100m Mariposa	Junior Masculino	VARELA PASANDÍN, Alejandro	06	1:01.26
	6. Masc., 200m Estilos	Junior Masculino	VARELA PASANDÍN, Manuel	06	2:20.14
	47. Masc., 4 x 100m Estilos	Junior Masculino	C. N. ARTEIXO 1		4:18.51
	49. Masc., 4 x 100m Estilos	Absoluto Masculino	C. N. ARTEIXO 1		4:03.41
	44. Fem., 100m Libre	Junior Femenino	SÁNCHEZ BELLO, Eva	07	1:01.64
	9. Fem., 100m Mariposa	Junior Femenino	SUAREZ DOSIL, Claudia	07	1:09.25
	5. Fem., 200m Estilos	Junior Femenino	SÁNCHEZ BELLO, Eva	07	2:30.79
	40. Fem., 400m Estilos	Junior Femenino	SUAREZ DOSIL, Claudia	07	5:39.15
	32. Fem., 4 x 100m Libre	Junior Femenino	C. N. ARTEIXO 1		4:21.88
	13. Fem., 4 x 200m Libre	Junior Femenino	C. N. ARTEIXO 1		9:25.66
	50. Fem., 4 x 100m Estilos	Absoluto Femenino	C. N. ARTEIXO 1		4:35.15

C. N. Arzúa

Bronce	7. Fem., 50m Braza	Junior Femenino	RUA COSTOYA, Andrea	06	36.05
--------	--------------------	-----------------	---------------------	----	-------

C. N. Coruña

Oro	2. Masc., 50m Libre	Junior Masculino	BALSA VIGO, Javier	05	25.00
	29. Masc., 100m Libre	Junior Masculino	BALSA VIGO, Javier	05	53.63
	29. Masc., 100m Libre	Absoluto Masculino	BALSA VIGO, Javier	05	53.30
Plata	22. Fem., 800m Libre	Junior Femenino	FERNANDEZ AGUION, Sara	07	10:02.68
	45. Masc., 200m Libre	Junior Masculino	CUMMINGS CANDAL, James	05	2:03.11
	39. Masc., 400m Estilos	Junior Masculino	CUMMINGS CANDAL, James	05	4:49.40
	3. Fem., 400m Libre	Junior Femenino	FERNANDEZ AGUION, Sara	07	4:49.66
	38. Fem., 50m Espalda	Absoluto Femenino	MARIN MARTINEZ, Rosalia	04	31.12
Bronce	26. Fem., 100m Espalda	Absoluto Femenino	MARIN MARTINEZ, Rosalia	04	1:06.72
	21. Masc., 400m Libre	Junior Masculino	CUMMINGS CANDAL, James	05	4:17.47
	41. Masc., 800m Libre	Junior Masculino	GOMEZ LIMIA, Pablo	06	9:21.78
	19. Masc., 50m Mariposa	Junior Masculino	BALSA VIGO, Javier	05	27.00
	27. Masc., 200m Mariposa	Junior Masculino	CUMMINGS CANDAL, James	05	2:20.84
	39. Masc., 400m Estilos	Absoluto Masculino	CUMMINGS CANDAL, James	05	4:48.29
	30. Fem., 200m Libre	Junior Femenino	FERNANDEZ AGUION, Sara	07	2:20.12
	46. Fem., 1500m Libre	Absoluto Femenino	CANALDA RAMOS, Laura	09	18:38.10

C. N. Culleredo

Bronce	8. Masc., 50m Braza	Junior Masculino	SOBRINO BUJIA, Mateo	06	32.35
--------	---------------------	------------------	----------------------	----	-------

C. N. Ferrol

Oro	39. Masc., 400m Estilos	Junior Masculino	MANEIROS PAZ, Mario	06	4:47.77
Plata	21. Masc., 400m Libre	Junior Masculino	MANEIROS PAZ, Mario	06	4:14.91
	4. Masc., 1500m Libre	Junior Masculino	MANEIROS PAZ, Mario	06	16:53.56
	12. Masc., 200m Espalda	Absoluto Masculino	NAVARRO LOSADA, Sergi	07	2:09.97
	43. Masc., 100m Braza	Absoluto Masculino	SEIJO BERMUDEZ, Daniel	04	1:07.30
	10. Masc., 100m Mariposa	Junior Masculino	DIAZ COUCE, Ruben	06	1:00.74
	27. Masc., 200m Mariposa	Junior Masculino	DIAZ COUCE, Ruben	06	2:18.91
	39. Masc., 400m Estilos	Absoluto Masculino	MANEIROS PAZ, Mario	06	4:48.24

	15. Masc., 4 x 50m Estilos	Absoluto Masculino	C. N. FERROL 1		1:48.73
	46. Fem., 1500m Libre	Absoluto Femenino	PARDO CHAS, Eva	04	18:26.52
Bronce	4. Masc., 1500m Libre	Absoluto Masculino	MANEIROS PAZ, Mario	06	16:53.56
	10. Masc., 100m Mariposa	Absoluto Masculino	LOSADA JIMÉNEZ, Sergio	04	58.67
	27. Masc., 200m Mariposa	Absoluto Masculino	LOSADA JIMÉNEZ, Sergio	04	2:13.86
	6. Masc., 200m Estilos	Absoluto Masculino	SEIJO BERMUDEZ, Daniel	04	2:13.71
	24. Fem., 200m Braza	Absoluto Femenino	LEIVAS ROCA, Candela	05	2:50.36

C. N. Galaico

Oro	1. Fem., 50m Libre	Absoluto Femenino	GARCIA SILVA, Antia	98	26.97
	18. Fem., 4 x 200m Libre	Absoluto Femenino	C. N. GALAICO 1		8:53.84
	16. Fem., 4 x 50m Estilos	Absoluto Femenino	C. N. GALAICO 1		2:04.83
Plata	8. Masc., 50m Braza	Junior Masculino	VAZQUEZ FERNANDEZ, Nicolas	06	31.31
	8. Masc., 50m Braza	Absoluto Masculino	VAZQUEZ FERNANDEZ, Nicolas	06	31.17
	43. Masc., 100m Braza	Junior Masculino	VAZQUEZ FERNANDEZ, Nicolas	06	1:11.00
	40. Fem., 400m Estilos	Junior Femenino	FARIÑA MARTINEZ, Paula	07	5:34.87
	35. Fem., 4 x 100m Libre	Absoluto Femenino	C. N. GALAICO 1		4:07.73
Bronce	45. Masc., 200m Libre	Junior Masculino	VAZQUEZ COSTA, Miguel	06	2:03.73
	23. Masc., 200m Braza	Junior Masculino	VAZQUEZ FERNANDEZ, Nicolas	06	2:38.87
	26. Fem., 100m Espalda	Absoluto Femenino	BOUZAS PEDREIRA, Alicia	05	1:06.84
	11. Fem., 200m Espalda	Absoluto Femenino	BOUZAS PEDREIRA, Alicia	05	2:23.27
	24. Fem., 200m Braza	Junior Femenino	FARIÑA MARTINEZ, Paula	07	2:57.18
	28. Fem., 200m Mariposa	Junior Femenino	DE LA FUENTE PINTOS, Nadia	07	2:38.63
	40. Fem., 400m Estilos	Absoluto Femenino	BOUZAS PEDREIRA, Alicia	05	5:13.58

C. N. Liceo

Oro	3. Fem., 400m Libre	Absoluto Femenino	DE VALDES ALVAREZ, Maria	98	4:16.75
	22. Fem., 800m Libre	Absoluto Femenino	DE VALDES ALVAREZ, Maria	98	8:44.00
Bronce	30. Fem., 200m Libre	Absoluto Femenino	DE VALDES ALVAREZ, Maria	98	2:08.10

C. N. Mataro

Bronce	41. Masc., 800m Libre	Absoluto Masculino	GARRIDO BRUM, Jacobo	02	8:53.12
--------	-----------------------	--------------------	----------------------	----	---------

C. N. Monforte De Lemos

Oro	19. Masc., 50m Mariposa	Junior Masculino	PONTON RODRIGUEZ, Javier	05	26.59
	19. Masc., 50m Mariposa	Absoluto Masculino	PONTON RODRIGUEZ, Javier	05	25.99
Plata	2. Masc., 50m Libre	Junior Masculino	PONTON RODRIGUEZ, Javier	05	25.26
	37. Masc., 50m Espalda	Junior Masculino	PONTON RODRIGUEZ, Javier	05	28.63
	47. Masc., 4 x 100m Estilos	Junior Masculino	C. N. MONFORTE 1		4:11.43
Bronce	37. Masc., 50m Espalda	Junior Masculino	ARIAS FRANCO, Odei	06	28.75
	14. Masc., 4 x 100m Libre	Junior Masculino	C. N. MONFORTE 1		3:48.67
	7. Fem., 50m Braza	Absoluto Femenino	GUDÍN PÉREZ, Andrea	10	35.11

C. N. Pabellón Ourense

Oro	45. Masc., 200m Libre	Absoluto Masculino	CIVEIRA CORRAL, Raul	02	1:56.74
	23. Masc., 200m Braza	Junior Masculino	ESTEVEZ CRESPO, Hugo	06	2:33.99
	6. Masc., 200m Estilos	Junior Masculino	RODRIGUEZ DEL RIO, Miguel	06	2:19.53
	14. Masc., 4 x 100m Libre	Junior Masculino	PABELLON OURENSE 1		3:45.40
	31. Masc., 4 x 200m Libre	Junior Masculino	PABELLON OURENSE 1		8:23.41
	47. Masc., 4 x 100m Estilos	Junior Masculino	PABELLON OURENSE 1		4:10.13
Plata	29. Masc., 100m Libre	Absoluto Masculino	MOURE DOVAL, Jose	99	53.80
	45. Masc., 200m Libre	Absoluto Masculino	MOURE DOVAL, Jose	99	1:57.06
	25. Masc., 100m Espalda	Absoluto Masculino	CARBALLO RODRIGUEZ, Enrique	07	1:00.59
	12. Masc., 200m Espalda	Junior Masculino	QUIROGA RAMOS, Yago	05	2:12.38
	8. Masc., 50m Braza	Absoluto Masculino	ALVAREZ ALVAREZ, Hector	00	31.17
	23. Masc., 200m Braza	Junior Masculino	RODRIGUEZ DEL RIO, Miguel	06	2:34.88

	6. Masc., 200m Estilos	Junior Masculino	ESTEVEZ CRESPO, Hugo	06	2:19.83
	17. Masc., 4 x 100m Libre	Absoluto Masculino	PABELLON OURENSE 1		3:33.76
	36. Masc., 4 x 200m Libre	Absoluto Masculino	PABELLON OURENSE 1		7:53.40
	49. Masc., 4 x 100m Estilos	Absoluto Masculino	PABELLON OURENSE 1		3:57.56
	1. Fem., 50m Libre	Absoluto Femenino	FEIJOO GOMEZ, Eva	04	27.47
	44. Fem., 100m Libre	Absoluto Femenino	FEIJOO GOMEZ, Eva	04	59.02
Bronce	2. Masc., 50m Libre	Junior Masculino	QUIROGA RAMOS, Yago	05	25.40
	29. Masc., 100m Libre	Junior Masculino	QUIROGA RAMOS, Yago	05	54.36
	21. Masc., 400m Libre	Absoluto Masculino	CIVEIRA CORRAL, Raul	02	4:12.02
	12. Masc., 200m Espalda	Absoluto Masculino	QUIROGA RAMOS, Yago	05	2:11.65
	43. Masc., 100m Braza	Junior Masculino	ESTEVEZ CRESPO, Hugo	06	1:11.23
	43. Masc., 100m Braza	Absoluto Masculino	ALVAREZ ALVAREZ, Hector	00	1:07.32
	39. Masc., 400m Estilos	Junior Masculino	QUIROGA RAMOS, Yago	05	4:55.58
	34. Masc., 4 x 50m Libre	Absoluto Masculino	PABELLON OURENSE 1		1:37.30
	15. Masc., 4 x 50m Estilos	Absoluto Masculino	PABELLON OURENSE 1		1:49.01
	22. Fem., 800m Libre	Junior Femenino	FERNANDEZ GRATEROL, S.	07	10:15.47
	46. Fem., 1500m Libre	Junior Femenino	FERNANDEZ GRATEROL, S.	07	19:38.60
	38. Fem., 50m Espalda	Absoluto Femenino	CAMBA PRADA, Alexia	05	31.33

C. N. Panas

Plata	2. Masc., 50m Libre	Absoluto Masculino	ARES BARRAL, Anton	00	24.08
	34. Masc., 4 x 50m Libre	Absoluto Masculino	C. N. PANAS 1		1:36.95

C. N. Pontareas

Oro	1. Fem., 50m Libre	Junior Femenino	LEMONS FERNANDEZ, Iria	06	27.58
	44. Fem., 100m Libre	Junior Femenino	LEMONS FERNANDEZ, Iria	06	1:00.09
	46. Fem., 1500m Libre	Absoluto Femenino	ORTIZ DE GUINEA BASTON, Alba97	18	06:60
	38. Fem., 50m Espalda	Junior Femenino	EIJO GIL, Naiara	06	32.86
	9. Fem., 100m Mariposa	Junior Femenino	LEMONS FERNANDEZ, Iria	06	1:05.12
	33. Fem., 4 x 50m Libre	Absoluto Femenino	C. N. PONTEAREAS 1		1:50.95
	35. Fem., 4 x 100m Libre	Absoluto Femenino	C. N. PONTEAREAS 1		4:02.34
	50. Fem., 4 x 100m Estilos	Absoluto Femenino	C. N. PONTEAREAS 1		4:28.95
Plata	41. Masc., 800m Libre	Junior Masculino	PEREZ PAZ, Dario	05	9:13.52
	41. Masc., 800m Libre	Absoluto Masculino	COSTA FERNANDEZ, Lucas	98	8:51.10
	6. Masc., 200m Estilos	Absoluto Masculino	CABANA DEL AMO, Pablo	04	2:13.08
	11. Fem., 200m Espalda	Junior Femenino	EIJO GIL, Naiara	06	2:39.06
	20. Fem., 50m Mariposa	Junior Femenino	LEMONS FERNANDEZ, Iria	06	30.10
	20. Fem., 50m Mariposa	Absoluto Femenino	LEMONS FERNANDEZ, Iria	06	29.52
Bronce	4. Masc., 1500m Libre	Junior Masculino	PEREZ PAZ, Dario	05	17:40.39
	23. Masc., 200m Braza	Absoluto Masculino	FARO MARTINEZ, Yoel	07	2:32.23
	1. Fem., 50m Libre	Absoluto Femenino	LEMONS FERNANDEZ, Iria	06	28.06
	22. Fem., 800m Libre	Absoluto Femenino	ORTIZ DE GUINEA BASTON, Alba97	97	9:33.35
	26. Fem., 100m Espalda	Junior Femenino	BORGE JUSTE, Ines	06	1:10.82
	9. Fem., 100m Mariposa	Absoluto Femenino	LEMONS FERNANDEZ, Iria	06	1:05.44
	28. Fem., 200m Mariposa	Absoluto Femenino	ORTIZ DE GUINEA BASTON, Alba97	97	2:30.12
	18. Fem., 4 x 200m Libre	Absoluto Femenino	C. N. PONTEAREAS 1		9:03.89

C. N. Portamiñá Lugo

Oro	2. Masc., 50m Libre	Absoluto Masculino	VAZQUEZ LOPEZ, Martin	03	23.98
	43. Masc., 100m Braza	Absoluto Masculino	NOVO LOPEZ, Brais	03	1:05.63
	34. Masc., 4 x 50m Libre	Absoluto Masculino	C. N. PORTAMIÑA 1		1:36.36
	17. Masc., 4 x 100m Libre	Absoluto Masculino	C. N. PORTAMIÑA 1		3:31.57
	36. Masc., 4 x 200m Libre	Absoluto Masculino	C. N. PORTAMIÑA 1		7:53.07
	15. Masc., 4 x 50m Estilos	Absoluto Masculino	C. N. PORTAMIÑA 1		1:46.28
	49. Masc., 4 x 100m Estilos	Absoluto Masculino	C. N. PORTAMIÑA 1		3:53.51
	3. Fem., 400m Libre	Junior Femenino	MOURENZA ROCHA, Ines	07	4:32.24
	7. Fem., 50m Braza	Junior Femenino	MOURENZA ROCHA, Sofia	07	34.60

	7. Fem., 50m Braza	Absoluto Femenino	MOURENZA ROCHA, Sofia	07	34.24
	24. Fem., 200m Braza	Junior Femenino	MOURENZA ROCHA, Sofia	07	2:39.07
	24. Fem., 200m Braza	Absoluto Femenino	MOURENZA ROCHA, Sofia	07	2:35.75
	20. Fem., 50m Mariposa	Junior Femenino	MOURENZA ROCHA, Ines	07	29.89
	20. Fem., 50m Mariposa	Absoluto Femenino	MOURENZA ROCHA, Ines	07	29.42
	28. Fem., 200m Mariposa	Junior Femenino	MOURENZA ROCHA, Ines	07	2:24.66
	5. Fem., 200m Estilos	Junior Femenino	MOURENZA ROCHA, Sofia	07	2:27.53
	5. Fem., 200m Estilos	Absoluto Femenino	MOURENZA ROCHA, Sofia	07	2:23.34
	40. Fem., 400m Estilos	Junior Femenino	MOURENZA ROCHA, Sofia	07	5:10.38
	40. Fem., 400m Estilos	Absoluto Femenino	MOURENZA ROCHA, Sofia	07	5:01.99
	32. Fem., 4 x 100m Libre	Junior Femenino	C. N. PORTAMIÑA 1		4:13.68
	13. Fem., 4 x 200m Libre	Junior Femenino	C. N. PORTAMIÑA 1		9:08.83
Plata	48. Fem., 4 x 100m Estilos	Junior Femenino	C. N. PORTAMIÑA 1		4:38.58
	31. Masc., 4 x 200m Libre	Junior Masculino	C. N. PORTAMIÑA 1		8:30.33
	30. Fem., 200m Libre	Junior Femenino	LOPEZ-FREIRE FRANCIA, C.	07	2:18.32
	30. Fem., 200m Libre	Absoluto Femenino	CANDO SANTOS, Raquel	03	2:07.97
	3. Fem., 400m Libre	Absoluto Femenino	MOURENZA ROCHA, Ines	07	4:25.37
	22. Fem., 800m Libre	Absoluto Femenino	CANDO SANTOS, Raquel	03	9:17.37
	42. Fem., 100m Braza	Junior Femenino	LOPEZ-FREIRE FRANCIA, C.	07	1:21.57
	9. Fem., 100m Mariposa	Junior Femenino	MOURENZA ROCHA, Ines	07	1:05.28
	9. Fem., 100m Mariposa	Absoluto Femenino	MOURENZA ROCHA, Ines	07	1:04.90
Bronce	28. Fem., 200m Mariposa	Absoluto Femenino	MOURENZA ROCHA, Ines	07	2:20.40
	2. Masc., 50m Libre	Absoluto Masculino	NOVO LOPEZ, Brais	03	24.19
	25. Masc., 100m Espalda	Junior Masculino	DIAZ- BECERRA LOPEZ, Anton	05	1:02.73
	3. Fem., 400m Libre	Absoluto Femenino	CANDO SANTOS, Raquel	03	4:25.45
	11. Fem., 200m Espalda	Junior Femenino	SAAVEDRA BUIDE, Paula	07	2:40.21
	33. Fem., 4 x 50m Libre	Absoluto Femenino	C. N. PORTAMIÑA 1		1:53.48
	16. Fem., 4 x 50m Estilos	Absoluto Femenino	C. N. PORTAMIÑA 1		2:05.19

C. N. Vigo Rías Baixas

Oro	39. Masc., 400m Estilos	Absoluto Masculino	MENDEZ PUGA, Mario	03	4:36.48
	30. Fem., 200m Libre	Junior Femenino	ALVAREZ PAZOS, Maria	07	2:11.91
	11. Fem., 200m Espalda	Junior Femenino	BLANCO ROUCO, Carmen	06	2:29.34
Plata	23. Masc., 200m Braza	Absoluto Masculino	MENDEZ PUGA, Mario	03	2:30.72
	27. Masc., 200m Mariposa	Absoluto Masculino	MENDEZ PUGA, Mario	03	2:11.02
	1. Fem., 50m Libre	Junior Femenino	ALVAREZ PAZOS, Maria	07	27.79
	44. Fem., 100m Libre	Junior Femenino	ALVAREZ PAZOS, Maria	07	1:00.16
	38. Fem., 50m Espalda	Junior Femenino	BLANCO ROUCO, Carmen	06	33.11
	26. Fem., 100m Espalda	Junior Femenino	BLANCO ROUCO, Carmen	06	1:08.32
	5. Fem., 200m Estilos	Junior Femenino	ALVAREZ PAZOS, Maria	07	2:30.28
	32. Fem., 4 x 100m Libre	Junior Femenino	VIGO RIAS BAIXAS 1		4:14.09
	13. Fem., 4 x 200m Libre	Junior Femenino	VIGO RIAS BAIXAS 1		9:22.39
Bronce	44. Fem., 100m Libre	Absoluto Femenino	ALVAREZ PAZOS, Maria	07	59.50
	20. Fem., 50m Mariposa	Absoluto Femenino	RODRIGUEZ RODRIGUEZ, Nina	02	29.53
	5. Fem., 200m Estilos	Absoluto Femenino	ALVAREZ PAZOS, Maria	07	2:29.02

Real C. Náutico De Vigo

Oro	46. Fem., 1500m Libre	Junior Femenino	MARTÍNEZ NOVOA, Silvia	06	19:06.31
	28. Fem., 200m Mariposa	Absoluto Femenino	RODRÍGUEZ ALONSO, Julia	05	2:20.16
Plata	42. Fem., 100m Braza	Absoluto Femenino	CONS GESTIDO, Henar Diana	02	1:19.91
	5. Fem., 200m Estilos	Absoluto Femenino	RODRÍGUEZ ALONSO, Julia	05	2:28.32
	40. Fem., 400m Estilos	Absoluto Femenino	RODRÍGUEZ ALONSO, Julia	05	5:10.21
	33. Fem., 4 x 50m Libre	Absoluto Femenino	RCN VIGO 1		1:53.05
	16. Fem., 4 x 50m Estilos	Absoluto Femenino	RCN VIGO 1		2:04.98
	50. Fem., 4 x 100m Estilos	Absoluto Femenino	RCN VIGO 1		4:31.53
Bronce	42. Fem., 100m Braza	Absoluto Femenino	PAZOS IGLESIAS, Elisa	09	1:19.99
	35. Fem., 4 x 100m Libre	Absoluto Femenino	RCN VIGO 1		4:07.83

Real Canoe N. C.

Oro	27. Masc., 200m Mariposa	Absoluto Masculino	MARTINEZ NOVOA, Miguel	00	1:59.63
-----	--------------------------	--------------------	------------------------	----	---------

Soc. Dep. Cul. N. Boiro

Oro	8. Masc., 50m Braza	Junior Masculino	PÉREZ LORENZO, Manuel	05	29.93
	8. Masc., 50m Braza	Absoluto Masculino	PÉREZ LORENZO, Manuel	05	30.15
	43. Masc., 100m Braza	Junior Masculino	PÉREZ LORENZO, Manuel	05	1:07.04
Plata	29. Masc., 100m Libre	Junior Masculino	PÉREZ LORENZO, Manuel	05	54.08

Sporting C. Casino

Plata	22. Fem., 800m Libre	Junior Femenino	COUCEIRO BARREIRO, Marta	07	10:09.80
	46. Fem., 1500m Libre	Junior Femenino	COUCEIRO BARREIRO, Marta	07	19:26.19
	11. Fem., 200m Espalda	Absoluto Femenino	BORRAZAS RODRIGUEZ, Noa	08	2:22.24
Bronce	3. Fem., 400m Libre	Junior Femenino	COUCEIRO BARREIRO, Marta	07	4:55.74
	42. Fem., 100m Braza	Junior Femenino	NISTAL PALACIOS, Mariña	07	1:21.84

Mejor rendimiento por puntos

Todas las pruebas

Puntos: FINA 2022

Masc.

1. MARTINEZ NOVOA, Miguel	00	Real Canoe N. C.	200m Mariposa	1:59.63	793
2. GARCÍA CASTRO, Mateo	05	C. N. Arteixo	400m Libre	3:59.17	779
3. PARDO PERNAS, Martin	02	C. Fluvial De Lugo	400m Libre	4:04.83	726
4. VAZQUEZ LOPEZ, Martin	03	C. N. Portamiñá Lugo	100m Espalda	57.93	717
5. ORECHIA, Agustín	06	C. Dep. N. Cidade De Santiago	100m Espalda	58.69	689
6. MENDEZ PUGA, Mario	03	C. N. Vigo Rías Baixas	400m Estilos	4:36.48	685
7. Balsa VIGO, Javier	05	C. N. Coruña	100m Libre	53.30	681
8. CIVEIRA CORRAL, Raul	02	C. N. Pabellón Ourense	200m Libre	1:56.74	667
9. ALVAREZ FERNANDEZ, Borja	96	C. Fluvial De Lugo	200m Estilos	2:10.54	666
10. MOURE DOVAL, Jose	99	C. N. Pabellón Ourense	100m Libre	53.80	662

Fem.

1. DE VALDES ALVAREZ, Maria	98	C. N. Liceo	800m Libre	8:44.00	791
2. CERNADAS GONZALEZ, Ana	04	C. Fluvial De Lugo	200m Espalda	2:16.48	738
3. GÓMEZ MESÍAS, Alba	00	C. N. Arteixo	200m Libre	2:06.09	719
4. MOURENZA ROCHA, Sofia	07	C. N. Portamiñá Lugo	200m Braza	2:35.75	710
5. MOURENZA ROCHA, Ines	07	C. N. Portamiñá Lugo	400m Libre	4:25.37	707
6. CANDO SANTOS, Raquel	03	C. N. Portamiñá Lugo	400m Libre	4:25.45	706
7. FEIJOO GOMEZ, Eva	04	C. N. Pabellón Ourense	200m Libre	2:08.46	680
8. GARCIA SILVA, Antia	98	C. N. Galaico	50m Libre	26.97	676
9. RODRÍGUEZ ALONSO, Julia	05	Real C. Náutico De Vigo	200m Mariposa	2:20.16	656
ALVAREZ PAZOS, Maria	07	C. N. Vigo Rías Baixas	100m Libre	59.50	656

Récords batidos por prueba...

Todas las pruebas

Masc., 400m Libre

21. Final A García Castro, Mateo 05 01133 3:59.17 Records Cto. Galego Depor P5Open

Masc., 800m Libre

41. Serie 2 García Castro, Mateo 05 01133 8:16.35 Records Cto. Galego Depor P5Open

Masc., 50m Espalda

37. Serie 2 Orechia, Agustín 06 01295 27.44 Meliores Marcas P50 17

37. Final A Orechia, Agustín 06 01295 27.33 Meliores Marcas P50 17

Masc., 100m Braza

43. Final A Novo Lopez, Brais 03 01156 1:05.63 Records Cto. Galego Depor P5Open

Masc., 200m Mariposa

27. Final A MARTINEZ NOVOA, Miguel 00 00053 1:59.63 Records Cto. Galego Depor P5Open

Masc., 4 x 100m Libre

17. Serie 2 C. N. Portamiñá Lugo 01156 3:31.57 Records Cto. Galego Depor P5Open
NOVO LOPEZ, Brais, RODRIGUEZ SANCOSMED, Pablo, SANCHEZ VAZQUEZ, Antonio, VAZQUEZ LOPEZ, Martin

Masc., 4 x 100m Estilos

49. Serie 2 C. N. Portamiñá Lugo 01156 3:53.51 Records Galegos Depor P50 Open
VAZQUEZ LOPEZ, Martin, NOVO LOPEZ, Brais, SANCHEZ VAZQUEZ, Antonio, RODRIGUEZ SANCOSMED, Pablo

49. Serie 2 C. N. Portamiñá Lugo 01156 3:53.51 Records Cto. Galego Depor P5Open
VAZQUEZ LOPEZ, Martin, NOVO LOPEZ, Brais, SANCHEZ VAZQUEZ, Antonio, RODRIGUEZ SANCOSMED, Pablo

Fem., 400m Libre

3. Final A De Valdes Alvarez, Maria 98 01269 4:16.75 Records Cto. Galego Depor P5Open

Fem., 50m Espalda

38. Final A Cernadas Gonzalez, Ana 04 00398 30.11 Records Cto. Galego Depor P5Open

Fem., 100m Espalda

26. Final A Cernadas Gonzalez, Ana 04 00398 1:03.64 Records Cto. Galego Depor P5Open

FICHA TÉCNICA DA COMPETICIÓN

Competición: CAMPIONATO GALEGO DE NATACIÓN JÚNIOR E ABSOLUTO OPEN DE VERÁN

Datas: 7 ó 9 de xullo de 2023

Número de sesións: 06

Piscina: ROSARIO DUEÑAS

Concello: OURENSE

Lonxitude: 50

Número de pistas: 8

Temperatura da auga: 27°

Relación de clubs participantes e persoa acreditada:

Agrup. Dep. Fogar	C. N. Arzúa	C. N. Monforte De Lemos	C. N. Vigo Rías Baixas
Agrup. Dep. Náutico Narón	C. N. Coruña	C. N. Mos	C. N. Vilagarcía Soc. Dep.
C. Dep. N. Cid. Santiago	C. N. Culleredo	C. N. Pabellón Ourense	C. N. Xove
C. Fluvial De Lugo	C. N. Ferrol	C. N. Panas	Real C. Náutico De Vigo
C. Mar De Artabria	C. N. Galaico	C. N. Ponteareas	Real Canoe N. C.
C. Marina Ferrol	C. N. Liceo	C. N. Portamiñá Lugo	Soc. Dep. Cul. N. Boiro
C. N. Arteixo	C. N. Mataro	C. N. Redondela	Sporting C. Casino

Director de competición: SANTIAGO ESCUDERO PEREIRA

Composición do xurado principal

Posto	Nome e apelidos	LICENZA
Xuíza árbitra feminino:	TORNERO VIÑAS, INES	1040656
Xuíza árbitra masculino:	SANCHEZ DE PAZ, ELENA	1039291
Xuíza árbitra feminino:	DEIBE PIÑON, LIDIA	1038062
Xuíz saídas masculino:	SANCHEZ FERNANDEZ, PATRICIO	1037196
Xuíza estilos /viraxes:	RODRIGUEZ PEREZ, LORENA	1041231
Xuíza estilos /viraxes:	GONZALEZ AVENDAÑO, LUCIA	1038929
Xuíza estilos /viraxes:	VAZQUEZ PARCERO, MARTA	1036387
Xuíza estilos /viraxes:	ORTEGO PORTA, ANTIA	1033256

Outros postos do xurado ao dorso
Tipo de cronometraxe: AUTOMÁTICA

Hora comezo: 9:30 | 17:30 | 9:30 | 17:30 | 9:30 | 17:00 **Hora remate:** 12:45 | 20:25 | 12:30 | 20:25 | 11:50 | 19:35

Incidencias da competición:

Certifico a veracidade dos datos que figuran nestes resultados:

OURENSE, 9 de XULLO de 2023

 Asinado: **Xuíces árbitros**

FICHA TÉCNICA DA COMPETICIÓN

Axudante do xuíz de saídas: CRESPO IBOR, LAURA | NARANJO ESTEVEZ, ROI

Xefe de cronometradores: ESTEVEZ SANTOS, MARCOS

Cronometradores:

Pista 1: GÓMEZ MONTECELO, LUCÍA

Pista 2: AGROMAYOR DEL RIO, CARMELA

Pista 3: RUIZ PEREZ, IRIA

Pista 4: GOMEZ NOVOA, UXIA

Pista 5: VILLA MARTINEZ, ANNE

Pista 6: FROUFE FABELLO, ANTIA

Pista 7: FROUFE FABELLO, UXIA

Pista 8: IGLESIAS LOZANO, ÁLVARO | FABELLO GONZALEZ, PATRICIA

Cronometrador volante: DE LA FUENTE ALVAREZ, ALBA
IGLESIAS LOZANO, ÁLVARO
VAZQUEZ MADURGA, IVAN

Locutora: AMEJEIRAS SOTO, ANTIA

Resultados: MUÑIZ FONTOIRA, DANIEL

Cronometraxe electrónica: GALLEGO FERNANDEZ, JOSÉ LUIS | BARRAL TRÍPOLI, FRANCISCO

Técnico de son: SANTISO PRADO, ALEJANDRO